Frank to Succeed Panhorst as Director

H. E. Panhorst Resigns To Assume New Duties In Nursing Home Field

Harry E. Panhorst has submitted his resignation as director of Barnes Hospital to the Barnes Board of Trustees, Edgar M. Queeny, chairman of the board, has announced.

Effective June 30

Mr. Panhorst, who has held the top administration post at Barnes since 1962, resigned effective June 30, 1966, to take a position as administrator and part owner of Clayton House, a nursing home at Old Woods Mill and Clayton Roads. He also will serve in the same capacities at other nursing homes now in the planning stages.

Mr. Queeny said he greatly regretted Mr. Panhorst's resignation.

In tendering his resignation, Mr. Panhorst said, "I am deeply appreciative of the many years I was privileged to serve Barnes and I sincerely regret leaving my associates and Barnes Hospital."

20 Years

A member of the staff at Barnes since 1946, Mr. Panhorst holds undergraduate degrees from Central College in Fayette, Mo., and the University of Missouri. He has a master's degree in hospital administration from Washington University School of Medicine. He is a Regent in the American College of Hospital Administrators and a former president (1956-57) of the Missouri Hospital Assn.

He has served on numerous committees of various associations, on the local, state and national level.

Served in Infantry

A native of St. Clair, Mo., Mr. Panhorst served in the infantry during World War II and held the rank of major at the time of his discharge in 1945. He is married, with four children. His home is at 9563 Plainfield, Rock Hill.

Board of Trustees Elects Robert Frank New Acting Director

Mr. Panhorst served in the infantry from Washington University. He has a B.S. degree in commerce. He has a master's degree in hospital administration from St. Louis University. Before joining the Barnes Hospital staff in 1961, he was associated with De Paul Hospital. He is a member of the American College of Hospital Administrators, a professional society for hospital administrators.

Mr. Frank and his wife, Mary Catherine, live at 10300 Badgley with their two children.

Nurses Sharpen Skills in Refresher Course

Thirty registered nurses who have not practiced their professions for some time are attending the first six-week nurse refresher course at Barnes Hospital. The 18-hour-a-week program began on March 1, and because of a large response to the program, a second six-week course will begin on April 26.

The course is designed to familiarize the nurse with changes that have occurred in the profession so that she may return to nursing with the necessary knowledge and confidence.

Course Objectives

1. To make the nurse proficient in her knowledge and administration of today's drugs; and
2. To teach her the latest diagnostic and therapeutic methods in both medical and surgical nursing.

Each nurse filled out a questionnaire on her first day of class which asked her familiarity with certain procedures, the types of patients she has cared for, and what equipment she has used. In this way the instructors know which areas to emphasize most when teaching total patient care.

108 Hours

The nurses will have spent 108 hours in class at the end of the six-week program, with 81 hours of theory or instruction and 27 hours of clinical experience. The methods of teaching include lectures, demonstrations, return demonstrations, films, clinical experience and quizzes.

The teaching staff consists of physicians, professional licensed nurses, registered pharmacists, dieticians, physical therapists, radiologists, inhalation therapists, laboratory technicians and sales representatives.

30 Enrolled

The first 30 RNs enrolled in the course are: Mrs. Evelyn Arowson, Mrs. Cressa Baird, Mrs. Marcella Baldwin, Mrs. Jona Ferris, Mrs. Betty Jane Ford, Mrs. Catherine Hawkins, Mrs. Shirley Hebenstreit, Mrs. Dolores Kassly, Mrs. Mabel Kelley, Mrs. Nora Kramer, Mrs. Martha Lemcoer, Mrs. Madie Lewis, Mrs. Kathryn Linders, Mrs. Wilma Mitchell, Mrs. Alice Norcross, Miss Dorothy O'Neill, Mrs. Catherine Parsons, Mrs. Nancy Ponce, Mrs. Teresa Pongeauw, Mrs. Alberta Ross, Mrs. Margaret Schmaeng, Mrs. Jean Scott, Mrs. Victoria Slackman, Mrs. Mona Sloan, Mrs. (Continued on Page 6)
Wishing Well Donates Furniture

The new homelike furniture on 6200 was purchased with $17,000 profits from the Wishing Well Gift Shop. Mrs. Dottie Grattan, co-chairman (seated), and Mrs. Jane Dean, chairman, of the Wishing Well Board, visit Herschel Adams of Barnes' maintenance dept., who was a recent patient on the floor.

Chaplain's Corner

By Chaplain George A. Bowles

There is no substitute for LOYALTY. Very few would argue about the importance of this element of human character, and few would say that we would get along just as well without it. It is one of those things that we have taken for granted far too often, while it is something that could easily die and vanish without careful cultivation.

We have a tendency to confine our consideration of loyalty to a scope that is far too small. We get aroused about it when we think of it in regard to the needs of our country. We certainly apply it to the interests of the family to which we belong, and especially in times of individual needs of various members of this group. The word has a particular ring to it when we think of our individual responsibilities in the protection of our freedoms. These are all most worthy considerations.

The trouble sometimes is that we do not make the maximum, or even modest use of this element in daily living. In this neglect we fail to find friends...
Kidney Therapy, Research Conducted Here

The association of University Anesthetists held its annual meeting March 12-13 in St. Louis.

The meeting opened with a business session on Saturday at the Chase-Park Plaza Hotel. Papers were presented on Saturday, and a panel discussed clinical methods of anesthesia on Sunday morning. A debate on "Education in Anesthesia" was also a high light of the conference.

All of Sunday's sessions were held in Clifton Auditorium. Many informal gatherings provided ample opportunity for A.U.A. members and guests to exchange numerous ideas.

More than 150 persons attended including members of the St. Louis Society of Anesthesiologists who were special guests.

Dr. Robert Dodds, anesthetologist-in-chief at Barnes and professor of anesthesiology at Washington University School of Medicine, served as treasurer and as a member of the A.U.A.'s executive council from 1961-63.

A.U.A. membership is limited to 100 persons. It was founded in 1953.

Dr. Benjamin E. Esten of Tufts School of Medicine succeeded Dr. M. T. Jenkins of Southwestern Medical School, University of Texas, as A.U.A. president at the meeting.

Lord Russell Brock is 1966 Recipient Of Lister Medal

Lord Brock, who did post-graduate work at Barnes in 1935, was recently awarded the 1966 Lister Medal. The medal is awarded once every three years "for distinguished contributions to surgical science."

Lord Brock, a specialist in heart and lung surgery, is well known for developing the techniques of segmental resection of lungs. He was one of the first to use hyperthermia (reduces the oxygen need during operations) in cardiac surgery.

At present he is president of the Royal College of Surgeons of England and is a surgeon at Guy's and Brompton Hospitals in London.

The Lister Medal was presented to Dr. Evarts Graham, former surgeon-in-chief at Barnes, in 1942 for his contribution to surgery.

This time, there are a total of approximately 150 patients who receive kidney dialysis regularly, in the U. S. today."

Kidney Machines

In the treatment rooms, the big artificial kidney machines stand, looking—and operating—something like old-time washing machines. There are four artificial kidney machines at Barnes, and they are used for persons with temporary kidney failure, who eventually will regain the functions of their kidneys, as well as for the persons who must rely on the artificial kidney to live.

"Kidney disease is caused by damage to the nephrons in the kidney. So far, no way has been found to treat ten or twelve patients with chronic kidney failure. At this time, there are a total of approximately 150 patients who receive kidney dialysis regularly, in the U. S. today."

(Continued on Page 8)
PREPARING BANDAGES which will be saturated with silver nitrate is Mrs. Margaret Linss, head nurse, in the Burn Unit. The large vat at left is used to prepare the solution every other day. Personnel in the unit wear brown uniforms because of silver nitrate stains.

CHECKING THE PROGRESS of a patient in the ear, nose and throat unit on 600 McMillan are Mrs. Mary Moore, senior nurse assistant (left), and Miss JoAnn Martin, R.N.

PATIENTS IN THE CHEST UNIT have the latest facilities at their disposal. Many patients in intensive care receive intravenous fluids as shown here by Miss Sandra Guyer, R.N.

TAKING THE BLOOD PRESSURE of a patient in the ear, nose and throat unit is Mrs. Alice Windom, L.P.N., as the patient’s daughter looks on.
Although the idea of locating beds of acutely ill patients near the nursing station is not new, until the early 1950's intensive care units were scattered and isolated—rarely found in civilian hospitals. For years this principle of intensive or constant care was used by the armed forces in time of war. But, the widespread use of intensive care units—where the progress of several patients is watched closely—is still relatively new in the United States. Some hospitals have provided intensive care for one patient at a time (Massachusetts General in Boston and Bellevue in New York), but the unit principle has just become popular in recent years.

The general purpose of an intensive care unit is to provide high level nursing care for patients who require continuous comprehensive observation and detailed intensive care. A few of the specific objectives of such units are: To save lives; to reduce the length of the critical period; to prepare patients for convalescence and the eventual attainment of optimum health; to incorporate many time-saving features (such as easily accessible or built-in equipment) within the unit; and to conserve nursing resources.

These units were not planned as a replacement for a recovery room or post-anesthesia room which had been established to provide for the immediate post-operative care of the surgical patient. The patient admitted to an intensive care unit might never have a surgical procedure performed.

Specialized features, equipment and supplies are common to all intensive care units at Barnes Hospital. Some of them are: a) piped-in oxygen; b) wall-mounted suction; c) compressed air; d) wall-mounted blood pressure machines; e) appropriate emergency equipment; f) a utility area; g) a nursing station for patients' charts; and h) a medication area. All unnecessary furniture is removed from these units, thereby facilitating ease of movement by the staff.

Other features have been added to individual units at Barnes. For example, the Chest Unit has cardiac monitoring equipment, and 600 McMillan has a temperature and humidity control system, as well as ceiling-mounted intravenous standards and wall-mounted bedside tables.

Five intensive care units are in operation at Barnes Hospital. The newest, the Cardiac Care Unit, opened in January, was explained in detail in the March issue of the Bulletin.

The Neuro-Surgical Unit was opened in the fall of 1961. It is located on 3 Wohl and is concerned with the special care of the neuro-surgical patient. Patients admitted to this unit have head injuries, tumors or aneurysm of the brain or spinal cord.

(Continued on Page 6)
LEARNING ABOUT MEDICATIONS are three RNs taking Barnes' nurse refresher course. (Left to right) Mrs. W. Van Hook, Mrs. C. Hawkins and Mrs. M. Schmaeng. Their instructor, Mrs. Marion Langer, looks on.

Focus on Nursing
Written by Nursing Service at Barnes Hospital

Know Your Nursing Divisions

2418 WARD

2418 Ward Medicine is a 38-bed unit, primarily for female patients and, on occasion, male patients of clinic status. Since late summer and early fall of 1963, the ward has taken on a new appearance. At that time the large 22-bed room was divided into cubicles of 1 to 3 beds, thus providing an atmosphere more conducive to rest and privacy.

Nursing responsibilities are many and varied. Personnel require a well rounded experience and must be alert, observant, and able to differentiate signs and symptoms of disease process. A knowledge of the various diagnostic procedures, their significance, effect on the patient's welfare, and application to nursing is essential. A major portion of nursing time is spent making certain the patient and her family understand all aspects of illness, hospitalization and care preparatory to discharge.

Patients assigned to 2418 are seen prior to admission in Wohl Clinic and followed after discharge by the clinic and the Visiting Nurse Association. V.N.A. furnishes the continuity of care by communicating with the medical staff regarding the patient's progress at home.

The ward is used extensively for teaching purposes and is utilized by the medical school for senior students, all professional nursing programs, practical nurse programs, and for training subsidiary staff.

The nursing personnel include: Head Nurse, Mrs. P. Cres-sie; Staff Nurses, Miss B. Black, Mrs. B. Hawkins, Miss V. Hutchinson, Miss M. Mercan, Mrs. M. Neumann; Licensed Practical Nurses, Mrs. M. Caesar, Miss M. Hadfield, Mrs. D. Smith; Nurse Assistants, Mrs. M. Adams, Mrs. B. Bingham, Mrs. M. Boyd, Mrs. P. Daniels, Miss C. Ervin, Miss A. Federick, Mrs. G. Kuhn, Mrs. C. Moore, Mrs. L. Pitts Mrs. J. Stewart, Mrs. E. Travers, Mrs. J. Ward, Miss A. Wommack, Mrs. R. Wright; Ward Clerks, Mrs. G. Bowers, Mrs. G. Brown, Miss L. Stoops.

5 WOHL CLINIC

The Medicine Clinic is located on the 5th floor in the David P. Wohl Jr. Memorial Clinic Building, 4950 Audubon Avenue. The Medicine Clinic includes General Medicine Clinic and thirteen (Continued on Page 7)

Color-Keyed Rotation Board

Is New Student Nursing Aid

THE NEW STUDENT NURSING BOARD is reviewed by (left) Mrs. Adelaide Kloepper, instructor, and Mrs. E. Travers, co-instructor of the student nursing programs, in the Nursing Office. Color-coded signals on the rotation board show how many students are assigned to, and which schools are represented on a particular nursing division.

Four schools of nursing use the facilities of Barnes Hospital in giving their students clinical experience. More than 400 student nurses are rotated through the various nursing divisions at the hospital.

Each school has its own graduation requirements. Barnes Hospital School of Nursing gives a R.N. diploma; Washington University School awards both the R.N. and a bachelor's degree; Forest Park Community College has an associate degree program and the St. Louis Board of Education has a School of Practical Nursing. The students are rotated around parts of the hospital, giving them an opportunity to gain a broad knowledge of the many phases of clinical nursing.

Refresher Course

(Continued from Page 1)

Dorothy Slott, Mrs. Margaret Strauss, Mrs. Waltraud Van-Hook, Mrs. Gladys Williams, Mrs. Mary Witusinski and Mrs. Ethel Bland.

Cost of the six-week course is $30 which will be refunded if the nurse remains at Barnes for at least six months, working a 16-hour week or more.

Intensive Care

(Continued from Page 5)

The Chest Surgery Unit on 2200 was opened in the fall of 1963. Patients admitted to this unit have chest injuries, tumors, aneurysms, or they have just had open-heart surgery.

One of the newer units was opened in December 1964 on 600 McMillan for the care of ear, nose and throat patients. The type of patients cared for here are primarily post-operative laryngectomy patients or any patient who needs intensive and close supervision.

The Hartford Burn Unit, nationally known for its silver nitrate treatment of severely burned patients, can also be called an intensive care unit. The gauze dressings used are soaked in a solution of 0.5 per cent silver nitrate and require frequent changing. The dressings must be kept moist at all times.
Nursing Divisions (Continued from Page 6)

mesialty clinics. Some medical specialty clinics have research projects in progress—i.e., the metabolism, dermatology, arthritis, hypertension, and renal clinics. Procedures for research projects are performed with the assistance of nursing personnel who must be aware of the special needs and treatments for these patients.

The medical coverage in the clinic consists of house staff, private and full-time medical teaching staff, and medical students. Student nurses are assigned on rotation to this clinical area for out-patient experience.

Nursing care includes assistance with all diagnostic examinations, procedures, and follow-up care for all ward medical patients who are discharged from the hospital. Out-patient nurses are responsible for teaching individual patients how to care for themselves and for teaching certain classes to a group of patients—e.g., the diabetic class which is held twice each week. These classes teach patients to understand the meaning of diabetes, the signs and symptoms of the disease and the importance of proper diet and diabetic medications, injectable and oral. Out-patient nursing requires much skill and an acute awareness of signs and symptoms of many medical diseases particularly since the nurse is not able to observe the patient in a controlled situation over a long period of time (as is the case when the patient is hospitalized).

She must be aware of the patient’s illness, treatments, and understanding of his psychological needs. She must also be certain that both the patient and his family understand the prescribed treatment as ordered by the doctor. Many times patients have family and personal problems which hamper their recovery. Some patients utilize many community facilities. Nurses must be aware of all community facilities available to the patient—i.e., licensed practical nurses, medical social workers, etc.

Nursing referrals for home nursing care are made to the Visiting Nurse Association and, 2) Social Service referrals are utilized for personal problems.

The nursing staff on 5th floor: Head Nurse, Mrs. I. O'Sullivan; Assistant Head Nurse, Miss C. Hornby; Staff Nurse, Mrs. J. Thomas; Licensed Practical Nurses, Miss R. Akcik, Mrs. G. Dowling, Mrs. C. Ross; Nurse Assistant, Mrs. M. Johnson; Service Manager, Mrs. A. Donahue; Ward Clerks, Mrs. L. Baum, Mrs. F. McClain, Mrs. M. Strickland, Mrs. E. Zoeller.

MESSENGER OF MONTH

Mrs. Tommie Goins (left) receives a certificate from Miss Nancy Craig, assistant director, naming her "Messenger of the Month."

Mrs. Tommie Goins, dispatch messenger No. 38, was named "Escort Messenger of the Month" on March 11. She was presented a certificate of merit in the office of Nancy Craig, assistant director. Her supervisor, William Logan, attended the presentation.

Mrs. Goins has been at Barnes for six months. She is the mother of two children, Dennis Frederick, 2, and Pamela Sue, 11 months.

After completing a high school equivalency test, Mrs. Goins hopes to become a practical nurse. She was especially fond of biology when she attended Roosevelt High School.

She was rated on the qualities of punctuality, reliability, appearance, patient interest, courtesy, attitude, improvement and productivity, by a panel of four.

Solarium and Pool Opened for Patients

THE POOL AND SOLARIUM on the 18th floor of Queeny Tower is now open to in-patients at Barnes for therapeutic exercise. Patients need a written order from their physicians to swim.

The swimming pool and solarium on the 18th floor of Queeny Tower opened March 16. With the opening of this service, all of the facilities in Queeny Tower are now available for health care.

Use of the pool will be limited to in-patients of Barnes Hospital, including the ambulatory care patients in the Tower. Patients who wish to use it for therapeutic exercise must obtain a written order from their physicians. The pool will be open from 9 a.m. to 5 p.m. seven days a week.

The pool, with its removable roof for sunning in the warm months, is the only all-weather rooftop pool in St. Louis, and the only one of its kind in the hospital field today. It is 29 feet long, with a maximum width of 16 feet, and holds 10,000 gallons of water.

Lee Meriwether, Noted Diplomat, Dies at Age 103

Lee Meriwether, noted St. Louis author, diplomat and world traveler, died unexpectedly of a heart attack March 12 at Barnes. He was 103 years old. Mr. Meriwether was at Barnes recovering from surgery to repair a hip fracture after a fall March 5 at his home.

He was probably the oldest patient on record at Barnes, according to Mrs. Mae Martin, supervisor in admitting. The nurses on his floor called him "alert and congenial"—a pleasant personality.

At a party on his 103rd birthday last Christmas, Mr. Meriwether told guests that he expected publication this spring of his updated memoirs, "My First 103 Years." Shortly before his birthday, he returned home after his 78th trip abroad—returning after a two-month Mediterranean tour. He was the first centenarian ever issued a passport by the State Department.

Publication Wins Prize In Industrial Press Competition

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Publication Wins Award—Accepting an award made to Barnes’ publication for coverage of the United Fund campaign is Mrs. Connie Barton, public relations manager. Gary Adamson, at left, managing editor of Optimist Magazine, the official publication of Optimist International, presented awards to industrial publications cited by the Industrial Press Association for outstanding coverage. The Hospital Record, predecessor to the Hospital Bulletin as Barnes’ magazine, won second place for best single picture.

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Intensive Care Units (Continued from Page 6)

1) Security because the patient is in an open area and under constant supervision; 2) better nursing care and more time actually spent with the patient; 3) more opportunity for continuing education of the staff, as well as being a more interesting and stimulating area for the staff; and 4) more efficient management of personnel.

The hospital as a whole benefits by providing better patient care and a more efficient utilization of staff.
The image contains a mix of content from different sections. Here is a structured representation of the text:

**Covered Wagon Trip Recalled by Patient, 98**

A recent Barnes’ patient, Mrs. Fannie Wilber, has traveled long distances in probably every kind of conveyance popular in the United States. This was possible because Mrs. Wilber was born in 1867, and she’s now 98 years old.

Later, after she was married, she and her own family moved to Kansas in a covered wagon shortly after her father returned home from the Civil War.

For years she has been an active member of the Grace Methodist Church in St. Louis.

**Patients Practice Putts**

PRACTICING THEIR PUTTS while their nurse, Miss Carol Liess, waits patiently to give them their medications are (left) Joe Hill and (right) Charles Gerlt, recent patients who roomed together on 5 Wohl. They shot their balls into a Dixie cup located on the far end of the waiting room. Mrs. Gerlt (seated) and Mrs. Abbie Barnes, ward clerk, look on.

**Four Cytology Students Hold Graduation Luncheon in Tower**

A recent Barnes’ patient, Mrs. Fannie Wilber, has traveled long distances in probably every kind of conveyance popular in the United States. This was possible because Mrs. Wilber was born in 1867, and she’s now 98 years old.

A native of the state of Iowa, at the age of six, she and her family moved to Kansas in a covered wagon shortly after her father returned home from the Civil War.

Later, after she was married, she and her own family moved to Joplin, Mo., all of the way west to Colorado — quite a feat in the automobiles of 1910. In 1916 the family moved to St. Louis where they have lived for 50 years.

Just five years ago, at the age of 93, Mrs. Wilber took a jet plane to California — a form of transportation that has come a long way from the days of the covered wagon.

For years she has been an active member of the Grace Methodist Church in St. Louis.

**Kidney Transplant**

Patients studied under the grant will eventually receive a kidney transplanted from another person, someone who has just died, with the same blood type. When this occurs, they will no longer require regular dialysis treatments with the artificial kidney. The kidney transplanted from another donor has an average life span of about a year and a half, but new developments promise to increase this. When the transplanted kidney ceases to function, dialysis treatments must be resumed, or another kidney transplanted.

**THE OFFICIAL SYMBOL of Barnes’ safety and security guards is this new emblem which immediately identifies them as Barnes’ guards. The men began wearing the blue-and-gold emblems on their sleeves March 14.**

Cost of the treatment, twice a week for a year, is close to $10,000, Dr. Bricker estimates.

**New Safety Emblem**

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**HOSPITAL BULLETIN is published monthly for and about personnel and friends of Barnes Hospital and units operated by Barnes, which include Barnard Hospital and the following operated for Washington University School of Medicine: Maternity, McMillan, Bernard and Wohl Hospitals and the Barnes Hospital Plaza, St. Louis, Mo. 63110. Telephone: PO. 7-6498, Ext. 362, 439.**

**BARNES HOSPITAL Plaza St. Louis, Mo. 63110**

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