Mr. Joseph Savon, Physical Therapist, stands beside a diathermy apparatus in the newly opened Department of Physical Medicine at the Jewish Hospital which began giving service on February 1.
From time to time, persons in charge of various activities at the Hospital will be asked to report on their departments to the readers of "216." This month's column is submitted by Miss Helen K. Latta, Chief Dietitian for 15 years.

D.L.

"What shall we eat?" is an expression familiar to all who have a part in planning menus, whether it be for a family of two or 500.

This is also one of the many problems solved daily by the Dietary Department, which is composed of several integral units. The activities of the department and its 80 employees are directed by trained dietitians and unit supervisors.

The personnel in the food production unit consist of the chefs, cooks, butcher, vegetable and salad women and sanitation men. They all have an important part in the preparation of the 900 meals for patients and 800 meals for employees served daily.

Patient food service is provided by the kosher kitchens, therapeudic diet kitchen and general diet service. Two cafeterias operate for the convenience of patients' visitors and employees. These are open for three regular meals, midnight supper, and for snack hours twice a day.

Dietary training is provided for the student nurses in the classroom and in the diet kitchen. Both in-and out-patients receive diet instructions from the dieticians.

The center of these activities is the main kitchen. In the last few months, it has had much obsolete equipment replaced with modern installations which have improved the efficiency in the present kitchen and which will be used in the new kitchen of the addition to the hospital.

The major pieces of equipment to be replaced were the bank of ranges and the broiler. This range layout of stainless steel, includes one large floor type broiler, one open top range with overhead broiler and oven underneath and three closed top ranges with ovens underneath. In addition to these are two deep fat fryers as well as a double deck automatic gas roasting oven.

Two Robinsons, Glen (left) and Paul work at new ranges shortly after they were installed.

Other pieces of equipment replaced were the floor model electric mixing machine which can mash up to 80 quarts of potatoes at one time. An electric vegetable cutter and slicer cuts all sizes and shapes of vegetables and some fruits and does large quantities much faster than they can be done by hand.

In the meat preparation department there are the gleaming new steak-master and angle-feed slicer that enable the butcher and cooks to tenderize meat and slice it to the desired uniform thickness.

(Cont. on Page 3)
Two aluminum and stainless steel tray carts recently purchased with electric ovens and ice compartments carry special diets to three private floors and have proved a satisfactory means of keeping hot foods hot and cold foods cold.

Some new labor saving devices have been utilized such as prepackaged individual servings of salt, pepper, sugar, preserves and jelly in paper and plastic containers. An item that has done much to make more attractive service is the tray cover with the Jewish Hospital picture on it.

All of these many advances are but a few of those planned for creating the finest possible food service in the integrated medical center. Projects for the future include a super-fleet of tray carriers, centralized dish-washing, attractive dining areas for patients in the solaria, and a modern cafeteria for employees.

International College Of Surgeons Meet Here

The Jewish Hospital will be host to members of the International College of Surgeons who are attending a regional meeting in St. Louis on March 30, 31 and April 1. Surgeons from several states in the central United States and Canada will participate.

On Monday, March 30, a session dealing with clinical and research problems in surgery will be held in the meeting room at the Nurses’ Residence. Dr. Paul S. Lowenstein is Chairman and Dr. J. G. Probststein is a member of the Arrangements Committee.

The gentleman above, caught in the act of slicing a succulent silver from the Meleagris gallopavo is George Quick, chef supreme of the Jewish Hospital. Since September 24, 1927, he has not only sliced turkey, but has cooked several thousand of them as well. He is in his glory while frying 500 chops and his wife has never been able to give him that “standing over the hot stove” routine.

Outside his culinary accomplishments, he is an ardent Republican (surpassed only by Anesthetist Dorothy Schmidt), a churchman of vigor, bowls occasionally, and engages in carpentry frequently.

His surname which correctly implies a nimble wit, has not favored him in his recent bouts with the new mixing machine and he can often be seen wiping mashed potatoes from his glasses.

In spite of such minor misfortunes, he continues to prepare the excellent cuisine for which he is known.

DID YOU KNOW?

... that in 1952, the DEPARTMENT OF RADIOLOGY took 24,594 X-RAY FILMS.
AUXILIARY TRIBUTE FUND

The Tribute Fund is the Auxiliary’s newest undertaking. It will serve a three-fold purpose. The forthcoming revenue will be used for:

1. Surgical applicances for indigent clinic patients (special bandages, crutches, etc.)
2. Improving and enlarging the patients’ library.
3. Furthering research.

Although still in a state of organization, we hope that the Tribute Fund will be well received by the Auxiliary and its many friends. All contributions will be graciously received and properly acknowledged by our newly appointed chairman, Mrs. Henry H. Stern.

We feel that the Tribute Fund is off to a splendid start with the appointment of its chairman. Mrs. Stern is prepared to receive all contributions. Contact her by mail at 6310 Waterman or by phone at PA. 6310.

MEMBERSHIP REACHES 1500 MARK

We are pleased with our enrollment but feel that this is only the beginning. The Membership Committee is working diligently but needs the help of each and every Auxiliary Member to attain its goal of several thousand members. This is your Auxiliary! Help it grow! Do contact all prospective members and invite them to our Annual Meeting in May. Detailed information of the May meeting will be published in the next bulletin. Membership blanks can be obtained by calling Mrs. Harry Milton, Membership Chairman at TE. 4-8225.

GIFT GALLERY PERSONALITY OF THE MONTH

She’s blonde and cute . . . 108 pounds of dynamite . . . Works in an office five days a week . . . Tired by Friday? . . . Undoubtedly . . . That doesn’t stop her . . . You can find her every Friday, Saturday, and Sunday evening working in the Gift Gallery . . . Why give up so much of one’s time? . . . She just enjoys doing it . . . Likes people and her sales ability proves it . . . What’s her formula for success? . . . Friendliness more than anything . . . Make a lot of friends there . . . Any outside interests? . . . Certainly . . . loves all kinds of sports . . . Has a 135 bowling average . . . She’s bowling them over at the Gift Gallery, too . . . Her name:

THE GIFT GALLERY SALUTES “Burnell Aaron.”
STUDENT NURSES CAPPED

The traditional candlelight capping ceremony was held for these student nurses on February 13. They are: (from left to right) Front row: Sara Buescher, Martha Kyle, Shirley Weaver, Pat Starr, Kathleen Traylor, Shirley Sigg, Dorothy Widner, Connie Reynolds, Jane Johnson. Second row: Juanita Carter, Jay Pittenger, Jean Tharp, Joyce Kemper, Joan Hiesrodt, Margaret Placke. Third row: Ila Jean Thombinson, Georgia Graham, Willa Mae Grove. Fourth row: Darlene Wilkinson, Frances Delaloye, Clara Grandhomme, Shirley Pittman.

REPORT ON ISOTOPE PROGRAM

The following is an extract of a progress report on the radioisotope program recently submitted by Dr. H. R. Senturia, Chairman of the Radioisotope Committee.

The radiisotope laboratory has been in existence for slightly more than two years. During 1951, 222 patients were seen in the laboratory and this increased to a total of 341 patients in 1952. The bulk of the work consists of tracer studies and therapy with Iodine 131. A few cases have received Phosphorous 32 for therapeutic purposes and in the past few months we have been using radioactive colloidal gold.

Authorization has been received from the Atomic Energy Commission for the use of Chromium 51, Iodine 131, iodinated human serum albumin, di-iodo-fluorescein, Phosphorus 32, and radioactive colloidal gold. We are planning to ask authorization for the use of Cobalt 60 in needle form.

Several research problems have been carried out by Dr. Blumenthal and a major research project dealing with the correlation of the basal metabolic rate, the iodine uptake test, and a special calculator is being carried out at the present time. A problem dealing with radioactive testosterone is under consideration.

An isotope journal club has been formed which meets monthly at which time problems in connection with the functioning of the isotope laboratory are discussed as well as a review of the pertinent literature.
Divisional Patter

Social Service Signals
(MEDICAL SOCIAL SERVICE DIVISION)

Staff meetings in February were devoted to the fields of vocational and clinical psychology in order that we would be more familiar with these professions and make better use of the assistance they can give us.

Mr. Walter Levy talked with us on February 13, explaining the work done by the Jewish Employment and Vocational Services, the types of vocational tests administered and the efforts made to place people in suitable employment.

On February 27, Mrs. Libby Bass, a clinical psychologist discussed with us the various psychological tests and their value to us in working with the patient.

Fee Fee Frolics
(CHRONIC DISEASE DIVISION)

Mrs. Mollie Cohn is the person who supervises the preparation of the tasty and nourishing meals served to both patients and employees. With the help of Mrs. Bonnie Stevens, Mrs. Birdie Fox, and Mrs. Jessie Hoover, over 300 meals are planned, cooked, and served to more than 120 people each day.

Special diets (salt free and diabetic) make up about 20% of all the meals served and are cooked in kosher style as are all the general diets. A non-kosher kitchen is maintained for employees and some patients.

A word of thanks goes to Mrs. Vera Bronstein who visits the San weekly and bakes cakes, strudel and other favorite dishes for the patients. A member of the Auxiliary, she has been serving delicacies for many years.

On February 28, Steve Zemelman, a clever magician of 14 years entertained the patients, visitors, and employees with his masterful collection of tricks.

Miriam Murmurs
(REHABILITATION DIVISION)

NEW FUND FOR REHABILITATION DIVISION

$1,050.00 has been contributed to establish a new fund at the Jewish Hospital for the Miriam Rehabilitation Division. It is known as the Miriam Rehabilitation Fund of the Jewish Hospital of St. Louis. The donors, Mrs. Maurice Mendle, Mrs. Herman Seldin, Mrs. Elmer Abramson, Mrs. Richard Weil, Mrs. Harvey Frohlichstein, and Mrs. Harry Franc, Jr., started this fund for the purpose of buying specialized services such as speech therapy and specialized equipment such as braces, prosthesis, and wheel chairs for those patients of the rehabilitation department who would be unable to buy them for themselves.

INTEREST IN REHABILITATION EXPANDING IN OTHER LOCAL HOSPITALS

Dr. Otakar Machek, Director of Miriam Hospital conducted a demonstration on two paraplegic patients for the house staff at City Hospital. Miriam Hospital’s rehabilitation team consisting of Dr. Machek, a physical therapist, an occupational therapist, a medical social service worker, a clinical psychologist and a vocational counselor all went to City Hospital so that the demonstration would show each phase of Miriam’s program.
Recent Donations to Jewish Hospital

Research Tribute Fund

Donor: Mrs. Herman C. Orchard

In memory of:
Mr. Jake Katz
Mr. Leo Abrams
Mrs. Beatie Oxenhandler
Mr. Joseph Batt
Mr. Leo Abrams

David & Cecile Friedman
Mrs. Arthur Scharff
Dr. & Mrs. Carl J. Heifetz
Sadae & Lillian Landau
Dr. & Mrs. Melvin B. Kirstein
Dr. & Mrs. Carl J. Heifetz
Dr. Samuel D. Soule
Mrs. Aaron Levy & Nelle Sichel
Dr. & Mrs. Jacob Stolar
Dr. Paul Lowenstein
Dr. & Mrs. Carl J. Heifetz
Mr. Nat Koplar
Mrs. Helen Platt
Dr. & Mrs. Harry Rosenbaum

Donor: In honor of:
Mrs. Herman C. Orchard
Mr. & Mrs. Theo Samuels

Louis M. Monheimer Memorial Fund

Donor: In memory of:
Dr. & Mrs. Lawrence M. Aronberg
Mr. David Yankauer
Dr. J. G. Probststein

Sadae & Lillian Landau
Dr. Abe Margulis

Building Fund

Donor: In honor of:
Mr. & Mrs. J. Sydney Salkey

General Fund

Mrs. Pauline Silver
Passover Contribution for Kosher Kitchen

Equipment Fund

Mr. Sam Rich

Special Fund

Glynn Printing Co.

MIRIAM MURMURS (Cont. from page 6)

DONORS TO THE MIRIAM HOSPITAL SPECIAL FUND:

In memory of:
Mrs. Max Sandperl
Mr. Irving Sorgor
Father of Mrs. Jason Kowin

Mr. C. Harris
Mr. Oscar Greenwald
Mrs. Dorothy Oberlander
Mrs. Jennie Levin
Mrs. Morris Kleinhauser

Mr. & Mrs. Sam Shure
Mrs. Edward Magnus
Mrs. Erwin Bry

Mr. & Mrs. S. M. & Mr. L. T. Arnold
Miss Tess Haas
Mr. & Mrs. Mike Cohen
Dr. & Mrs. Carl J. Heifetz
Dr. & Mrs. J. G. Probststein

In honor of:
Mr. & Mrs. Abe Casset
Mr. Benjamin Loeb

Mr. & Mrs. Mike Cohen.
Mrs. Walter Zelnicker
Mrs. J. M. Levy
Mrs. Julia Stern

Mr. & Mrs. Leo Kraus’ 70th Wedding Anniversary
Mr. Lee, Mr. Pat, Miss Gladys Kempner & Mrs. Fanny Adove

This fund has been in existence for many years and is used for the patients now at Miriam Hospital. Mrs. Lawton Levy has just been reappointed chairman of this fund.

Research Grant Given
By Morton D. May

It has been announced that Mr. Morton D. May has given $5000.00 to the David May-Florence G. May Research Fund from the May Research Foundation.

The grant is to be used for research in the field of arteriosclerosis with particular reference to vascular changes in various diseases of the pancreas.

THE TEST TUBE

Bonnie Oxenhandler of the Bacteriology laboratory has announced her engagement to Dr. Aaron Bernstein. They are planning a small wedding at the home of Bonnie’s mother on May 3.

Wilda Ullery of the Hematology Laboratory is engaged to Doyne Reeves. No plans have been made for the wedding as yet.
New Equipment Needed

Currently needed are several new incubators to augment those we now have in service as well as to replace those that are becoming obsolete.

Pictured above is an incubator that will soon be available in an explosion proof model for about $300. This may be set up as a memorial donation.

ADMITTING OFFICES RELOCATED

The Admitting Offices have been moved from the first floor to the ground floor, just inside the Forest Park entrance. The new Admitting Suite has a waiting room and two private admitting booths.

This move was made to obtain more space and privacy, and also in anticipation of possible temporary closure of the ambulance entrance when new construction begins.

STAFF ROUNDS

Dr. J. G. Probststein lectured to the American Physical Therapy Association at St. John’s Hospital on March 3.