SPECIAL ISSUE
A REPORT TO THE COMMUNITY

NATIONAL HOSPITAL WEEK • MAY 12-18, 1957
PROGRESS IN 1956
By David Littauer, M.D., Executive Director
Completion of major areas of construction permitted us to take significant strides in patient care, educational, research, and administrative services.

Patient Care Services
Twenty-four new private rooms, equipped with central oxygen supply, patient-nurse audio-visual call, air conditioning, and motorized beds were added to the capacity of the central floors of the main building. With completion of several floors of the Mark C. Steinberg Memorial Hospital, the chronic disease division and the rehabilitation division were moved from the suburbs to the central institution, where all of the facilities of diagnosis and treatment are available to these groups of long-term patients.

All of the new Operating Department (including an excellent Post-Operative Recovery Room), except five rooms for minor surgery, was put into use. The Out-Patient Department moved into part of its new quarters in mid-1956; by year-end, work was well along toward completing the remainder.

Home Care, begun as a pilot project in 1953, continued to prosper and was made a permanent program at the end of its 3-year trial. Patients who require long-term treatment at a less intensive level than in a hospital, who are home-bound, and who cannot afford to pay the full cost of service, are cared for in their homes by teams of doctors, nurses, social workers, homemakers, and others. This releases hospital beds for those who need them.

(Continued on page 5)
A REVIEW OF 1956
Some high points in the life of Jewish Hospital

JANUARY . . . JH receives approval from American Board of Radiology for a two-year residency training program . . . JH receives approval from the Council on Dental Education, ADA, for its rotating internship program . . . New record system for cancer registries adopted January 1 . . .

FEBRUARY . . . JH receives approval for two-year residency training program from American Board of Obstetrics and Gynecology . . . David Barrett, Columbia University School of Public Health student, begins a year's residency in Hospital Administration at JH . . . Mead Johnson Co. awards grant of $4,000 to Dr. Morton D. Pareira, Director, Division of Surgery, to support investigation into the relationship of undernutrition to surgical risk . . . School of Nursing holds "Capping Exercises" for 55 students at Kingsway Hotel on February 16 . . . Paul R. Wozniak, Assistant Director for Fiscal Services, elected President of St. Louis Chapter of American Association of Hospital Accountants . . . Annual Valentine party for Chronic Disease Division patients held at the Sanatorium on February 14, under auspices of Sanatorium Auxiliary . . .

MARCH . . . Ninth annual Jack H. Tritt Memorial Lecture is held March 29, with Dr. Leon Schiff, Professor of Clinical Medicine at the University of Cincinnati School of Medicine, speaking on "Pitfalls in the Etiologic Diagnosis of Jaundice" . . . Anonymous donor provides funds for establishment of Cardio-Pulmonary Laboratory in the Division of Medicine, to contain special equipment useful in the diagnosis of heart and lung diseases; Dr. Herbert Zimmerman will join the Division in July as a research and clinical associate, and will conduct routine functions and research of the lab . . . David A. Gee, Associate Director, named chairman of Social Welfare Group in the 1956 Jewish Federation Welfare Fund Campaign . . . Formation of the Chronic Division Auxiliary, junior group of the Jewish Sanatorium Auxiliary, announced . . . Alex Sonnenwirth, Director, Department of Bacteriology, elected Secretary of the Missouri Division of the Society of American Bacteriologists . . . Results of National Intern Matching Plan arrive on March 10; JH receives its full complement of 15 interns . . .

APRIL . . . Samuel B. Westlake ENT Research Fund established by his patients and friends, to purchase equipment for hearing tests and for research projects in diseases of the ear, nose and throat . . . Student Council elects new officers: Avis Winningham, President; Beverly Daly, 1st Vice President; Sylvia Henley, 2nd Vice President; Nita Smid, Secretary-Treasurer; and Virginia Sachan, Parliamentarian. On Dr. Jules Kopp elected an Honorary Life Member of the American Social Hygiene Association . . . Drs. Sol Sherry, Leonard Berg and Seymour Monat receive promotions at Washington University School of Medicine — Dr. Sherry to rank of Professor in Department of Medicine; Dr. Berg to rank of Assistant Professor in Clinical Neurology, and Dr. Monat to rank of Assistant Professor in Clinical Obstetrics and Gynecology . . . Medical Staff holds annual meeting and elects Dr. Samuel D. Soule, President; Dr. Max Deutch, Vice President, and Dr. Morris Alex, Secretary . . . As reported in Time magazine, Dr. Herman T. Blumenthal, Director, Division of Laboratories, presents his thesis that emotional stress is the main cause of arteriosclerosis . . . JH receives approval from American Board of Pathology for a four-year residency training program . . . George Horne, Pharmacist, chosen as Jewish Federation Fund drive leader for the Hospital . . . Marjorie Boulton, C.R.L., elected President of the Mid-West Association of Medical Record Librarians . . .

MAY . . . School of Nursing graduation exercises held on May 14th for 41 students, with Mrs. Edward Brungard, Director of Public Welfare of the City of St. Louis, featured speaker . . . Dr. David Littauer represents JH at annual meeting of National Conference of Jewish Communal Service; is Chairman of Health Services Subcommittee . . . Dr. Jane Loevinger, Clinical Psychologist, receives $11,385 National Institutes of Health grant . . . Damon Runyon Memorial Fund awards $4,500 grant to Dr. Blumenthal . . . Three grants received by Dr. Sherry for various research studies . . . $12,000 from Lederle Laboratories Division of American Cyanamid Company, $3,975 from the St. Louis Heart Association, and $2,000 from the Upjohn Company . . .

JUNE . . . JH collects $2,155.20 for Jewish Welfare Fund drive, a 53% increase over amount secured in 1955 . . . Drs. Abe E. Braverman, Fotios Smyrniotis and Ram A. Joshi appointed Research Fellows — Drs. Braverman and Smyrniotis in the Division of Medicine, and Dr. Joshi in the Division of Laboratories . . . Funds are made available by the Jewish Aid Committee of the Jewish Federation of St. Louis for establishment of a House Staff Loan Fund to provide financial aid for needy and worthy resident staff members . . . Dedication Committee begins to develop plans for three-day dedicatory exercises in October, to include
scientific sessions, Women’s Day for women’s organizations, and a program for nurses . . .

**JULY** . . . Dr. Sidney Goldring named Director of newly-created Department of Neurosurgery of the Division of Surgery . . . Dr. Noah Susman joins the professional staff of the Division of Radiology as Assistant Radiologist . . . JH qualifies for a grant of $226,640 from the federal government under the terms of the Hill-Burton Hospital Construction Act, with allocations as follows: adult psychiatry, $131,640; rehabilitation division, $95,000 . . . Operating Department moves to new and spacious quarters on 2nd floor of Mark C. Steinberg Memorial Hospital . . .

**AUGUST** . . . JH signs contract with the Missouri State Crippled Children’s Service to provide rehabilitation care for physically disabled children referred by the service . . . Dr. Daniel D. Klaff elected to Active Fellowship in the American Laryngological, Rhinological and Otological Society . . . Two research grants totaling $41,800 are awarded to Dr. Blumenthal by the National Institutes of Health . . .

**SEPTEMBER** . . . 19 students in School of Nursing receive full scholarships, provided by the following organizations: St. Louis Jewish Scholarship Foundation (10), Jewish Hospital Medical Center Auxiliary; Gertrude Charities Society; Soroptimists International of St. Louis; American Legion Auxiliary, Ninth District; and Marion Memorial Hospital . . . John Fordon appointed Director of Public Relations and Hospital Information Office . . . 70 new students enroll in the School of Nursing . . .

**OCTOBER** . . . 3,200 people participate in dedication of JH medical center October 14-16, beginning with a ribbon-cutting ceremony and tea on Sunday, October 14. An all-day medical session for St. Louis area physicians, having as participants Dr. Lester R. Dragstedt, Chicago; Dr. Louis M. Rousselow, New York; Dr. William Dameshek, Boston, and Dr. Alfred Gelhorn, New York; a luncheon for graduate nurses, and a banquet for medical staff members, with Dr. W. Barry Wood, Jr., of Baltimore as principal speaker, are featured events of October 15. The ceremonies conclude on Tuesday, October 16 with a luncheon for the Women’s Auxiliary, and the formal dedication banquet, with Dr. Jack Masur, Assistant Surgeon General, presenting the key address. JH employees are honored at a tea on Sunday October 21, and take tours of new areas . . . Patients of Miriam Rehabilitation Hospital in Webster Groves and the Jewish Sanatorium in Robertson are moved to their new facilities in the Mark C. Steinberg Memorial Hospital . . . Cardiac catheterizations introduced into the program of the Division of Medicine . . . Milton C. Kentes becomes Personnel Director . . .

**NOVEMBER** . . . Dr. Littauer receives appointments to Committee on Chronic Illness and Committee on Disaster Planning of the American Hospital Association . . . JH employees contribute $2800 to United Fund drive . . . First annual Samuel B. Westlake Lecture is given on November 30th, with Dr. Victor Goodhill, Professor of Clinical Otology at the University of Southern California, speaking on “Recent Developments in the Surgical and Medical Treatment of Deafness” . . . Surgical technical aide training program begins, to train non-professional personnel to assist in care of patients in the Operating Department . . .

**DECEMBER** . . . $536,650 pledged to JH by 55 civic and philanthropic leaders, toward goal of $1,050,000 drive for funds to complete building program and provide essential additions . . . Dr. Anthony P. Fletcher appointed Associate in the Division of Medicine . . . Davey “Nose” Bold featured entertainer at Employees’ Holiday Party on December 20th, attended by over 500 employees . . . Rabbi Ernst Appel, Pastoral Visitor for St. Louis Rabbinical Association, conducts Chanuka services for JH patients . . . Clover Room Coffee Shop and Gift Gallery begin booming business in their new location . . . G. Martin Frentzel is appointed Director of Plant Operation and Maintenance . . . First electron microscope to be installed in a St. Louis hospital arrives at JH . . . National Heart Institute of U. S. Public Health Service awards an additional $29,300 grant to Dr. Sherry for cardiovascular research.
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Due to a shortage of nurses, it was necessary to discontinue temporarily Group Nursing, which was instituted in 1955 as a nursing service between floor care and private duty nursing; it is ideal for the patient who does not need the full-time service of a private duty nurse, yet requires more nursing care than the floor staff is normally equipped to give, at a charge within the reach of most patients. It is hoped that this service can be resumed shortly.

11,579 patients were admitted during 1956. They received 107,473 days of care. 1161 were “service” cases, cared for without charge or at a greatly reduced, below-cost rate. The out-patient department had almost 20,000 visits. The Division of Radiology performed 22,000 examinations and treatments, and the clinical laboratories carried out 163,000 diagnostic procedures, an increase of 20,000 from the previous year.

Education

Closely related to patient care are the educational programs sponsored by the medical center. Educational activities of high quality attract more and better young doctors and student nurses, which reflects itself in better patient care. In 1956, the Hospital was one of only two in St. Louis, and possibly in all Missouri, that attracted its full complement of interns. There is also a resident staff composed of physicians who have completed their internship and are studying a specialty.

The School of Nursing enrolled 69 students, the largest class since the days of the cadet program during World War II, and was able to select the best of a large number of applicants.

Several senior medical students from Washington University chose to spend their elective period at the Hospital, and student X-ray technicians and laboratory technologists were trained in the courses conducted by the Hospital.

Research

During 1956, nineteen research laboratory rooms were completed, equipped and put into use. This has set the stage for considerable expansion of medical research activities in future years. Research projects are now under way in various aspects of the cause of arteriosclerosis, the cause and transmission of cancer, the metabolism of the post-operative patient, the use of enzymes in various illnesses, cardio-pulmonary function, the use of new type of insulin, and in several other areas. A major responsibility still facing us is to provide a sustaining research budget to enhance funds obtained from public and private sources.

Administrative Services

Progress in administration went hand in hand with developments in patient care, education, and research. Completion of new construction, for example, provided new and more efficient business offices, central supply station, admitting offices, personnel department, volunteer service offices, social service department. The Gift Gallery moved into its new quarters and the coffee shop began operation even though its facilities were not finished.

A number of studies were made by our industrial engineer in aspects of laundry operation, nursing, food service, printed forms, and the operating department. The cost analysis system instituted two years before was further refined, giving a clearer picture of the unit costs of each type of service. Preparation was made to install IBM equipment for the business office. The dietary department was divided into a department of food service, under the direction of an experienced food service manager, and a department of dietetics and nutrition, headed by trained dietitians. Because of construction problems in the kitchen area, this plan did not yield the hoped-for results in 1956.

As we move forward into 1957, we look toward the completion of new construction and alterations, so that we can consolidate the gains already made, stabilize programs that have been affected by the building project, and continue to develop new fields of service by the Medical Center.
**Medicine** . . . Division of Medicine, Sol Sherry, M.D., Director — With an average monthly admission rate of over 300 patients, the Division gave 40,000 days of patient care during 1956. Included in this Division are the Departments of Internal Medicine and Dermatology. The Heart Station, an adjunct of the Division, made over 4800 electrocardiographic examinations in the year. Research programs underway in this Division include fundamental and clinical studies on fibrinolysins, the development of enzyme diagnostic aids, the use of new oral agents in the treatment of diabetes, and cardiovascular and pulmonary research.

**Laboratories** . . . Division of Pathology and Laboratories, Herman T. Blumenthal, M.D., Director — Almost 163,000 examinations were performed during 1956, an increase of 13% over 1955. Included here are the sections of Biochemistry, Bacteriology-Immunology, Cytology, Chemistry, Hematology, Pathology, and Urinalysis.

Research projects currently under investigation in the Division include studies on the effects of aging of endocrine glands, arteriosclerosis and its complications, causes of cancer in infants, congenital defects in children, isolation of a specific organism in Hodgkin's Disease, derivation of a diagnostic tool from the study of changes of serum levels of various enzymes in patients with cancer, and the homotransplantability of tissues.

**Rehabilitation** . . . Department of Physical Medicine and Rehabilitation, John W. Deyton, M.D., Medical Director — The Department admitted 197 patients during 1956, and gave a total of 6,444 days of care. Included in the Department are the sections of Physical Therapy, which treated 1,083 patients who made 13,189 visits; Occupational Therapy, which treated 372 patients who made 6,170 visits; Rehabilitation Nursing, Speech Therapy, Activities of Daily Living, etc.
Surgery . . . Division of Surgery, Morton D. Pareira, M. D., Director — Giving a total of 16,725 days of care in 1956, the Division performed 1931 major and 3047 minor surgical procedures. Included in this Division are the Departments of General Surgery, Anesthesiology, Neurosurgery, Orthopedic Surgery, and Urology, and the sections of plastic and thoracic surgery and ano-proctology.

Research projects under study in the Division include endocrine and metabolic activity in malnutrition, intestinal obstruction, the nature of surgical risk, an hepatic factor in glucose assimilation, and neurosurgical research.

Ob-Gyn . . . Division of Obstetrics and Gynecology, David Rothman, M. D., Director — The Division performed 1621 deliveries, cared for 679 gynecologic cases, and 1622 newborn, giving a total of 28,429 days of care.

Research on (1) the placenta in various disease states associated with pregnancy and (2) on the efficacy of various hormones on senile patients and patients with various gynecologic-endocrine abnormalities is currently being carried out in the Division in collaboration with the Division of Laboratories, through funds made available by the Noshim Rachmonioth Society's Frances D. Israel Fund, and the Upjohn Fund.

X-Ray . . . Division of Radiology, Hyman R. Senturia, M. D., Director — A total of 20,206 radiographic and radioscopic examinations were performed on 14,020 patients during 1956. Within this Division are the Departments of Diagnostic Roentgenology, Therapeutic Roentgenology, Radium Therapy, and a Radio-Isotope Laboratory, the latter served by 3 consulting nuclear physicists.

A School of Radiologic Technology is also conducted by the Division with four students selected annually for a two-year training period.
**Pediatrics**... Department of Pediatrics, Marshall B. Greenman, M.D., Director—This Department had an average monthly admission rate of 84 patients, and gave 4,636 days of patient care during the year. It participates in the Well-Baby and Pediatric Clinics of the Out-Patient Department, and has under its jurisdiction the Nursery of the Division of Obstetrics.

**Social Service**... Medical Social Service, Miss Mary F. McKeever, M.A., Director—The Department cared for 569 patients during 1956, conducting 3,454 interviews and making 324 home visits. The home care social worker made 1,488 visits and interviews.

**O P D**... Out-Patient Department Mrs. Dorothy Rigdon, Administrative Assistant—10,980 individuals made 19,444 clinic visits in 1956. A grand total of 910 Clinic patients were admitted to the Hospital during the year, and 1,358 new patients were referred by various sources.

Clinics operated include: Dental, Allergy, Arthritic, Chest, Dermatology, Diabetic, Medical (general), Neurology, Psychiatry, Gynecology, Obstetrics, Otolaryngology, Pediatrics, Chiropody, Orthopedics, Proctology, Surgery (general), Surgery (minor), Tumor, and Urology.

**Chronic**... Chronic Disease Division, Franz U. Steinberg, M.D., Medical Director—The Division gave 25,673 days of care to 81 patients during 1956, serving the chronically ill who can benefit from prolonged hospitalization. Services provided include nursing care, occupational and recreational therapy, physical therapy, and intensive social service coverage.
Pharmacy . . . Pharmacy, George V. Horne, Ph.G., Chief Pharmacist — A total of 29,387 prescriptions were filled by the Department in 1956, broken down as follows: In-Patients — 10,654; Out-Patients — 16,801; Home Care — 1,932. Requisitions for narcotics and barbiturates totaled 8,160, and 40,045 orders for floor stock items were processed. Patient charges totaled 75,230.

Dentistry . . . Department of Dentistry, Calvin H. Weiss, D. D. S., Director — A total of 198 days’ care was given to 69 patients requiring hospitalization for oral surgery. The Department includes such branches as Operative Dentistry, Prosthetics, Oral Surgery, Periodontia, Pedodontia, and Orthodontia. All phases of dental practice are covered in the Dental Clinic, where 679 patient visits were made in 1956.

Psychiatry . . . Department of Neuropsychiatry, Irwin Levy, M.D., Director — This Department cared for 103 patients, giving a total of 1,401 days of care. Included in it are the sections of Neurology and Psychiatry. The services of a full-time clinical psychologist are available. An adjunct of the Department is the Electroencephalography Station, which performed 392 tests during the year. In addition, a 35-bed adult psychiatric unit and a 17-bed child psychiatric unit are being constructed. Research is currently being conducted on objective personality evaluations of women.

Home Care . . . Home Care Department, I. Jerome Flance, M.D., Medical Director — The Department admitted 117 patients during 1956, giving 14,526 patient days of care. Home Care physicians made 327 visits to patients’ homes; visits by social workers, nurses, occupational and physical therapists, laboratory technicians, housekeepers, and volunteers totaled 4,822.
Edna E. Peterson, R.N., Director — The School of Nursing graduated 41 students in 1956, 32 of whom remained as employees of the Nursing Department of the Jewish Hospital. Seventy students enrolled in the September 1956 class, and 61 of these students received their caps on February 14, 1957.

Through the interest and generosity of the Women’s Auxiliary, student rooms in the Shoenberg Memorial have been completely refurnished and redecorated. An excellent recreational program has also been made possible through the Auxiliary’s efforts.

The Student Nurse Council enjoyed a most active and successful year. Particularly outstanding was the contribution of the Choral Club, directed by Mr. Alvin Burmeister, Purchasing Agent, and the successful season of the basketball team, which won the all-city championship.

Under the chairmanship of Mrs. Harry L. Franc, Jr., the Committee on the School of Nursing and Nursing Service has given valuable assistance to the School’s publicity, recruitment, and recreational programs.

WOMEN’S AUXILIARY . . . Mrs. Minna Milton, President — The Women’s Auxiliary completes its fifth official year with the annual meeting on April 12th. The highlight of this year’s achievement was the opening of the Coffee Shop and the Gift Gallery’s move into its beautiful new quarters.

Raising funds for various Hospital projects continues to occupy eight busy committees: Baby Photo and Baby Alumnae supply extra funds for Obstetrics and Pediatrics; the Clover Earning project will soon have enough money to buy air-conditioning equipment for the wards; the Magazine Group augments funds for the Medical Library; the Tribute Fund is turned over for research and is also used to purchase braces, supports and other appliances for clinic patients; and money earned by Life Membership and by the Gift Gallery and Coffee Shop is currently being used to finish the rehabilitation and refurnishing of the Shoenberg Memorial. In addition, the Auxiliary supplies recreation and scholarships for student nurses.

To the 2,780 members of the Auxiliary, however, the heart of the program is not fund raising, but volunteer service. Four hundred devoted women work every week in more than 30 different hospital areas. The services they give, and the warm touch they provide, is a great source of pride to the Auxiliary.

VOLUNTEER SERVICES PROGRAM . . . Mrs. Sophia Rosenkranz, Director

Over 400 women work weekly to provide directly and indirectly the “plus” and luxury attentions which mean so much for patient care. With warmth and friendliness they go about their tasks, working in Central Supply, Pharmacy, Medical Records, Nursing Divisions, Clinical Laboratories, Out-Patient Clinic, Coffee Shop and Gift Gallery. In addition, they deliver flowers directly to patients, and escort in-coming patients to their rooms.

Volunteers assist as needed in the nursing areas, enabling nursing personnel to concentrate more fully on patient care, and with clerical work in many other departments.

Throughout, they perform the most menial tasks without complaint, happy in the knowledge that they are instrumental in providing good patient-hospital relations.
THE MEDICAL STAFF . . . Samuel D. Soule, M.D., President — It is through the standing and special committees of the Medical Staff that “the work gets done”, and it is to them that I would like to address these comments.

The Medical Records Committee, led by Dr. Sol Weisman, has continued to maintain the high quality of our medical records. Dr. Jerome Simon and members of his Advisory Committee to Nursing Service have been working closely with Miss Peterson and the Board Nursing Committee. The Welfare Committee, administered by Dr. William Marmor and his associates, replaces the old “Necrology” Committee and is doing much the maintain intra-staff rapport. The Medical Library Committee, chaired by Dr. I. C. Middleman, has done a splendid job in making the needs of the library recognized in the community. Dr. Ray Charnas and the Jack Tritt Memorial Lecture Committee have arranged their lectures most capably. Dr. Martin Bergmann continues his research in Disaster Planning. Dr. Leo Sachar and his committee continue to work closely with the Hospital Pharmacist. The Staff Problems and Policies Committee, under the guidance of Dr. Sam Schneider, has accepted its responsibilities as advisor to the President of Staff on such matters as the House Staff loan program and the professional discount problem.

It is to these and the many other unmentioned committees of the Medical Staff, their chairmen and members, that I express my most sincere appreciation.

DIRECTORS OF SERVICES FOR 1957

CLINICAL SERVICE

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<th>Department of Dentistry</th>
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<td>Division of Medicine</td>
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Chronic Disease Division | Franz U. Steinberg, M.D., Medical Director
Heart Station           | Edward Massie, M.D., Director
Home Care Department    | I. J. Plance, M.D., Director
Medical Service, Jewish Orthodox Old Folks Home | Roy Greenbaum, M.D., Medical Director
A hospital's chief reason for existence is the provision of the best in medical care for the doctor's patient. This care, however, includes not only the provision of the most modern facilities and the finest professional equipment, but also such items as good food, tastily prepared; clean patient rooms; courteous service; and efficient business administration. In addition, in order to completely fulfill its responsibility to the community, a large medical center such as Jewish Hospital also undertakes major programs of research and education.

But all this costs money! The following "pies" will reveal just how much!

OUR TOTAL INCOME: $3,167,315.00

- 83% from Patient Charges
- 7% Jewish Federation
- 8% United Fund
- 2% Endowments

(These figures do not represent receipts and expenditures for the Research Institute)

OUR TOTAL EXPENSES: $3,173,110.00

- 10% Food
- 22% Supplies
- 61% Salaries
- 3% Utilities
- 4% Maintenance, Replacement & Repair of Equipment

FREE CARE. — Last year, Jewish Hospital gave $332,727 worth of free Hospital care to the thousands of needy in the community who required it.