"A STITCH IN TIME SAVES NINE" -- IN THE BARNES LINEN ROOM!

Presided over by soft-spoken, accommodating MARY SMITH, the Barnes Linen Room is a veritable beehive of activity, illustrating daily the time-worn maxim about a "stitch in time."

However, a little known fact to many people is that the Linen Room not only mends all the hospital linen, but also makes a great deal of the new linen used at Barnes. Power machines, operated by eight seamstresses, hum all day long, turning out the myriad pieces of linen required to meet the needs of a large institution such as ours. In order to keep enough new material cut for the seamstresses, the supervisor and her assistant use an electric cutter which cuts through many thicknesses of cloth at one time. Some of the new linen manufactured in this department include: all operating room linen, the uniforms worn by pantry maids and dishwashers, all curtains, slip covers, and draperies.

Not to be overlooked, however, is the gigantic task of mending the used linen. For instance, one seam-

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BE SELFISH -- THE SMART WAY!!

Count up the hours you spend going to and from work, and on the job -- it takes a bigger slice out of your twenty-four hours than the time you spend sleeping -- it takes more time than you spend with your family, or on recreation and leisure. If most of our waking hours are wrapped up with our work, then it's important for us to get a kick out of our job!

It stands to reason that anything that will make our job easier and more pleasant will go a long way toward accomplishing this. A sure-fire key to success along these lines is getting along with other people: the people we work with -- our fellow employees -- and the people we work for -- our patients. You might say that patients are our real bosses -- they're our bread and butter.

Some people practice good human relations naturally, but most of us have to think a little bit about ourselves to get into the groove. Practicing good human relations is an art, but it can be learned.

Life is made up of little things -- you wake up in the morning -- put one foot on the floor -- then the other -- and so on. You do one little thing after another all day long. The art of good human relations is doing these little things the right way in dealing with other people.

Knowing your job well and giving efficient service includes a lot of little things -- saying "Good Morning" or "Hello" uses only half a breath. It takes only a second to say "Thank You" or "Good-bye." We use fifty-four muscles of the face to frown -- and only seventeen to smile! Doing these little things the right way will pay you dividends. The other fellow will usually act the same way, because courtesy is contagious!

Most people react alike. Just like bouncing a rubber ball against a wall -- what you put out, you'll get back -- cuss a man and ninety-eight chances out of one hundred he'll cuss you right back -- flare up at a woman and -- Bang! she'll hop all over you, even if she is a lady. On the other hand, a friendly manner stands ninety-eight chances in one hundred of getting a friendly reaction -- because most people really want to get along with other people.

All people are selfish to a greater or lesser degree. When was the last time you picked up a banquet picture or family group photograph? What did you look for first? "That's me, right there, second from the left." Honestly now, didn't you? So does any other normal person. Remember this in dealing with other people, and your job and your life will be easier. Joe doesn't care how much your tooth hurts; he wants to tell you about his backache! Another thing! The sweetest words to a person in any language is his own name.

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ADMINISTRATORS ATTEND MEETINGS

DR. FRANK BRADLEY, Director of the Barnes Group, MRS. CORNELIA KNOWLES, Associate Director of McCollin Hospital, MISS GRACE HUEY, Associate Director of Maternity Hospital, MR. HARRY. PANHORST, Associate Director of the Washington University Clinics, and MR. WILLIAM ANDERSON, Comptroller, attended the annual meeting of the Mid-West Hospital Association held at the Hotel President in Kansas City on April 12, 13, and 14, as well as a meeting of the Missouri Hospital Association on April 11.

Mrs. Knowles was one of the speakers on a panel concerning psychiatric care of the patient at the meeting of the Mid-West Hospital Association, the title of her discussion being "The General Hospital's Responsibilities."

Dr. Bradley gave a brief address entitled "Organizing Nursing Commissions at the State and Local Levels, Similar to the National Joint Commission for the Improvement of the Care of the Patient."

BE SELFISH -- THE SMART WAY!!

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Use it, say it, write it, as often as you can -- and be sure you spell or pronounce it correctly! Treat people as individuals and chances are they will react toward you in the same highly gratifying manner.

Since we are all selfish to a certain extent, let's see what we can "get out of" practicing good human relations: We can make our jobs easier and more pleasant -- our jobs can be fun. By consciously trying to understand what makes people "tick," we can act accordingly and

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EARLY CHAPEL SERVICES INSTITUTED

On Easter Sunday morning, the first of the early chapel services was held in the hospital chapel from 6:00 to 6:30, with an overflowing crowd of student nurses, hospital personnel, and even a few patients. The 6:00 o'clock service was requested primarily by the student nurses and, because of its overwhelming success, will become a regular Sunday-morning feature.

A Zenith record player, recently donated by a former patient, adds much to the services which are conducted by our chaplain, REVEREND GEORGE BOWLES. All hospital personnel are cordially invited to attend. The afternoon services at 3:15 o'clock will continue to be held as usual.

BARNES EMPLOYEE NEW PRESIDENT OF MISSOURI SOCIETY OF MEDICAL TECHNOLOGISTS

MILDRED OSWALD, of the Barnes Hospital Laboratories, has been elected the new president of the Missouri Society of Medical Technologists. In June, she will go to Houston, Texas, to attend a convention of the American Society of Medical Technologists, of which the Missouri Society is a branch.

Miss Oswald came to Barnes almost four years ago, and is the director of the School of Medical Technology here at the hospital as well as the head of the Clinical Microscopy Laboratory.

A noted game hunter has been reported missing for weeks. It is feared that something he disagreed with ate him.
stress is kept busy mending nothing but the linen used in the operating rooms each day! All identification stamping on new linens is done by this department also.

The maintenance of the patients' clothing room adjacent to the Linen Room is another Linen Room function. All ward patients' street clothing is checked in the clothing room where it remains until the patients' discharge.

Great stacks of linen pass over the counter of the Linen Room each day - a procedure which usually keeps the supervisor, her assistant, and the floor lady on the run, taking care of the dozens of people who come each day to pick up or leave linens.

The entire staff of the Linen Room - twelve members in all - is decidedly feminine, but they all do a man-sized job in keeping Barnes supplied with the necessary linens.

REPORT CHANGE OF NAME OR ADDRESS

The Personnel Office requests that any employee who has had a change of name, address, or telephone number since coming on staff, report such changes to one of the members of the staff in the Personnel Office if this has not already been done. It is particularly important that name changes are reported so that Metropolitan Life Insurance policies may be corrected.

CORRECTION

We regret that in the article on the Admitting Office in last month's issue of the Hospital Record, the name of DOROTHY PAPPAS was omitted as one of the executive assistants in the Admitting Office.
KNOW YOUR STAFF

HOWARD HEHNER, genial manager of the Store Room, might well be written up as one of our “Old Timers,” because it was back in the roaring twenties - September 4, 1928, to be specific - that he became a member of the Barnes Group.

A native St. Louisan, Mr. Hehner was born on June 25, 1913. He spent many of his earlier years in Southern Illinois, however, moving around so frequently that he acquired the distinction of being the only member of his gang who had attended the sixth grade in three different places! His family finally moved back to St. Louis where he attended Roosevelt High School, and at the age of fifteen, Mr. Hehner came to Barnes, starting as a clerk in the Store Room. It was in 1940 that he became manager of the Store Room, the position he holds to this day.

He is grateful to Barnes for many things, but chief among them is the opportunity it afforded him for meeting his wife, Gladys, who was at that time a member of the staff in the Accounting Office.

He likes to fish in his spare time, and has some favorite spots down in the Ozarks that he haunts during the summer. Another of his favorite pastimes is cooking, with spaghetti as his favorite dish. He claims making the spaghetti is easy, but that the sauce for it is another matter. “In good spaghetti,” he maintains, “the sauce is the thing!” Like most residents of St. Louis, Mr. Hehner is an avid baseball fan, and has been a staunch supporter of the St. Louis Browns for years. He also plays on the Administration softball team.

Mr. Hehner has literally “grown up” with Barnes. His job here was the first he ever had, and after almost twenty-two years, he is still going strong. Here’s hoping we see him around for a good many years to come!

WANTED

Any employees who have any old books, magazines, playing cards, or games that they no longer want, are urgently requested to turn them in at the Personnel Office. These will be used by the Red Cross Gray Ladies in conjunction with their work with the patients.

A modern girl is one who sticks by the spinning wheel - until her chips give out.

The one-armed stranger winced as the barber nicked him again. But the man with the razor chattered on, unnoticing. “Haven’t you been in here before?” he babbled.

“No,” replied the stranger sadly. “I lost this arm in a sawmill.”
OLD TIMERS

It has been said that no termite could know more about what goes on behind the walls of Maternity Hospital than does JAMES R. PRUITT, general maintenance man. Mr. Pruitt began his long acquaintance with the Medical Group 'way back in March, 1918, when he started to work at the Power Plant. It was in January of 1930, that he was transferred to Maternity Hospital where he has become almost as much a part of the hospital as the bricks and mortar that go to make up the building itself.

Born in Maries County, Missouri, Mr. Pruitt came to St. Louis in 1907. He got a job in the store room at St. Luke's Hospital and remained there for about five years. He remembers the time spent at St. Luke's with a great deal of fondness, for it was there that he met, courted, and won his lovely wife, Martha, who was a fellow employee.

A seven year period as ledger clerk for the East St. Louis Street Car Company followed his job at St. Luke's. Then, after a short time at a paper mill, Mr. Pruitt came to the Medical Group, where, thirty-two years later, he is still holding forth in his little shop down in the basement of Maternity.

He has two sons, "two wonderful daughter-in-laws," and three grandchildren. His favorite off-duty pastime is "tinkering" around his own house.

When asked if he had seen many changes around the hospital, Mr. Pruitt laughingly exclaimed that most of us would have had a hard time recognizing the Barnes Group as it was when he came. There were a lot of weed patches around here in those days, and he can remember when trucks used to get stuck in the mud over at the Power House. He has seen the Power House rebuilt, the construction of the Dental School, Mc Millan and Maternity Hospitals, and the many additions to Barnes.

He is still fascinated by the great numbers of babies that leave the hospital each year. "They're the most interesting part of my job," he said, and in closing, he added, "In spite of some of the griping I may have done, it has been a pleasure to be able to serve so long. Everyone has been wonderful, for which I am most grateful."

Policeman to pedestrian just struck by a hit-and-run driver: "Did you get his license number?"
Victim: "No, but I would know his laugh anywhere."
Recently Clinical Microscopy and Surgical Pathology moved to their new homes on the third floor of the Service Building. Pictured above is a portion of the new Clinical Microscopy Laboratory. Visitors are welcome.

29 for her marriage to Harry Hoenig. The ceremony will take place at St. Luke's Church. --- CHARLES, "The Cysto Kid," ROBINSON, Orderly in Cystoscopy, is back at work again after his vacation. His comment regarding the latter was, "Man, what a vacation!" --- It was a baby girl for the WARREN ARNOLD's - he's the Baker in the Main Kitchen. The new arrival, born in Maternity, has been named Marilyn Joyce. --- Habitues of the Drug Store Fountain certainly hated to say "Goodbye" to STEVE IVAZES, Fountain Manager. Steve, whose ready smile and friendly manner made him a favorite of everyone, has taken a job with the government.

ON THE SCENE

THELMA HUGHES, Barnes Record Library, is back at work after taking a week's vacation to help her folks move into their newly acquired home in Vinita Park. She dropped into the Record Library a few days before Easter, bringing with her Easter eggs cleverly decorated in caricature of each of her fellow workers' personalities. --- DR. and MRS. HENRY BOPP have just returned from a two-week trip throughout the midwest. Mrs. Bopp is JOAN BOPP of the Chemistry Lab. --- Cute little ELLEN ALESHIRE, Secretary in the McMillan Doctors' Office, has selected April

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at Lambert Field. ILSE NAGEL, former Cafeteria Checker, has succeeded Steve as Fountain Manager. --- That beautiful sun tan LAURA HUNT, Secretary to Mrs. Knowles, is wearing was acquired on her two-week vacation in Florida. --- It's mighty good to see DRS. ERVIN LIPSCHITZ, FEVZI RENDA, and DAVID LIEBERMAN back on their feet again after brief illnesses. --- POLLY EXNER, Antioch College Student, is the latest addition to the Lab Office. She will spend the next four months working at Barnes as a part of her college curriculum, after which she will return to Antioch in Ohio. --- The staff up in Barnes OR enjoyed the visits not long ago of three former employees. MARY MAJOR and CHARLENE GALLOWAY, both residents of California now, dropped in to see the old gang for a little while, as did IRMA HANNING who is now supervisor of Surgery at Jefferson Hillman Hospital in Birmingham, Alabama. --- DR. and MRS. GEORGE SCHEER have just returned from a glorious trip through the south, which included Florida, the Gulf Coast, and New Orleans. Mrs. Scheer (she's DEE SCHEER, Exec. Assistant in Maternity Admitting) claims that her lunch at Arnaud's and dinner at Antoine's lived up to her fondest expectations. She's turned horticulturist the past few days, having been entrusted with the African violets belonging to GRACE HUEY, while the latter is in Kansas City. --- RICHARD CROSS, Physical Therapy Orderly, is back on the job again after a short stay on 0400. --- Lubbock, Texas is to be the new home of RUBY BROOKS, former Assistant Supervisor in Barnes OR. She left our staff March 22, to accept a position in the Lone Star State. --- MARGIE HYATT, Dietitian, and DR. TED CAPECI, Surgical Intern, have recently announced their engagement. They plan to be married June 24, after which they will make their home in New York City for a time. --- From all reports, ESTELLE FRANKS, Mc Millan Admitting Clerk, and her husband, DR. CECIL FRANKS, Assistant Resident on ENT, are really having a marvelous time on their vacation down in Mississippi. --- "Pedro Luis" is the name given to DR. JOSÉ BELLO's new son and heir, born March 25, at Maternity Hospital. --- Congratulations are also in order for DR. BERNARD LIPMAN and his wife. They are the proud parents of a new baby boy, Larry Allen.

ON THE SCENE REPORTERS FOR APRIL

Jo Ann Carmichael
Ralph Crockett
Margaret Daves
Judy Kelley
Angie Laury
Gertrude Ray
Doris Spangle
Charlotte Tachman
Mildred White

BE SELFISH -- THE SMART WAY!!

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win new friends every day. Opportunity sooner or later knocks on the door of the person who knows how to get along with others. We can improve our social and family relations off-the-job. The same principles work everywhere, every day.

Be wise - capitalize on these suggestions. Be wisely selfish -- and see if you don't reap dividends that will make it all worth the extra time and effort it takes to be courteous.

Condensed from an article by J. C. FARIS, Manager of the Customer Business Department, Union Electric Company.