Wabash Drilling Co. Receives Contract For East Pavilion Piers; First Stage of Construction Work on 229 Concrete Shafts Has Begun

Standing before the construction equipment being moved onto the site of the East Pavilion building at Barnes Hospital are Raymond E. Rowland, right, chairman of the Barnes board of trustees, and William H. Danforth, left, vice chancellor for medical affairs at Washington University Medical School. Visible in the rear is the front entrance to Maternity Hospital.

"The Wabash Drilling Co. has begun work under an $188,020 contract for construction of piers to support the East Pavilion addition to Barnes Hospital," Raymond E. Rowland, chairman of the Barnes Hospital board of directors, announced recently. The piers are the first step in building the new 12-story addition.

Sixty to eighty feet below grade level—that's how deep 229 cylindrical concrete piers have to be sunk to hold the weight of the East Pavilion. The piers must penetrate six to ten feet into a solid strata of limestone rock that runs 50 or more feet below the earth's surface in this area.

During the pier and building construction the historic main entrance to Barnes, open since 1914, will be closed. "It will mean noise, but no more than that which accompanied the Rand-Johnson elevator installation," according to James C. Claywell, Barnes' chief engineer. "There will be no demolition involved in the pier work," he said; "for later work, however, some demolition of existing buildings will be required."

To permit the work to proceed, Barnes Hospital Plaza will be closed from the west boundary of Euclid avenue to Rand-Johnson.

To be sure the piers rest in bedrock without faults or crevasses beneath it, test bores ten feet below the depth of the piers, 66 in all, are being made at the location of each four-pier cluster in order to establish the strength of the rock at that point. To meet specifications, the rock must have a bearing value of 100 tons per square foot. The maximum bearing value of one pier will be 252,000 pounds or 314 tons. The concrete will have a strength of 6,000 pounds or three tons per square inch in 28 days. The aim is to have the strength of the concrete and the bearing on the rock about equal.

"A handsome young lady weighing about 120 pounds and standing on one spike heel will exert a greater unit pressure on the heel than the East Pavilion will on the rock," asserted William C. E. Becker, structural engineer for the project.

The part of the piers set in rock will have a diameter of two feet topped by a 30-inch shaft of concrete in the ground above the rock to the level of the excavated foundation. The pier work will require a minimum of four months to complete. It is expected to take approximately 27 additional months to finish the brick-faced concrete East Pavilion designed by Kenneth E. Wischmeyer and partners to blend with the exterior of Queeny Tower.

A core boring to establish the depth and strength of the rock is made before each pier is sunk. A hole three feet in diameter is drilled to the point

('Serving Your Fellow Man is Where True Happiness Lies,' 71 Nursing Graduates Told at Commencement Exercises

"Each of us strives continually for happiness, but of one thing we can be certain, no one really finds happiness without giving of himself, without serving his fellow man. I know of no profession where there is greater opportunity to serve and reap the inherent rewards of this, than in the nursing profession."

These remarks were made by Oliver H. Duggins, chairman of the Life Science Division and professor of anatomy at Forest Park Community College, in his address to the 1969 graduating class of the Barnes Hospital School of Nursing. Dr. Duggins spoke to 71 graduates at the August 30 ceremony in Graham Chapel on the Washington University campus.

Robert E. Frank, director of Barnes Hospital, introduced Mr. Duggins. After the invocation by Barnes' Chaplain George Bowles, Miss Helen McMurtry, associate director of nursing education, gave the welcoming address. The class was then presented to Mr. Frank who awarded diplomas to each of the graduates.

Miss McMurtry gave each graduate her school pin, and Mrs. Foyce Scherer, alumnae president, presented each woman with a red rose. After presentation of awards, benediction was offered by the Rev. Robert Krawinkel, Catholic chaplain at Barnes. Musical selections were presented by the choir composed of nursing school students directed by Robert L. Adams.

Winner of the Copher Award, a scholarship based on outstanding total performance, was Roberta Grace, Richmond Heights.

Hospital Auxiliary awards went to Mary Miller, Champaign, Ill., and Janet Shown, Tuscola, Ill. Donna Davis, Springfield, Ill., received an award for outstanding academic achievement.

New nurses are:

(Continued on page 8)
Pie-eating Processers Get Pie-eyed At Financial Division Picnic

On July 12 the hospital’s departments reporting to John Warmbrodt, deputy director, and Bob McAuliffe, controller, gathered with their families at Spring Forest for an all-day picnic. Highlight of the affair was a series of pie-eating contests for various classes of contestants divided by age and sex. Grand champion of the event was Everett Menendez, data processing chief, who with no hands or eating utensils, managed to lick his plate the cleanest the fastest.

Other events and activities pursued by the energetic group included softball, swimming, and an egg-throwing contest, an event almost as messy as the pie-eating competition, which was won by the team of Everett and Helen Menendez. A barbecue supper featuring “lots of good food” topped off the happy day.

Eight Doctors Receive Appointments to the Attending Staff

New attending staff appointments include Dr. Richard Clark, assistant surgeon, department of cardiothoracic surgery; Dr. Ralph A. W. Lehman, assistant surgeon, department of neurosurgery; Dr. John C. Van Gilder, assistant surgeon, department of neurosurgery; Dr. Ercument A. Kopman, assistant anesthesiologist, department of anesthesiology; Dr. William J. Phillips, assistant physician, 114 North Taylor; Dr. Michael S. Huckman, assistant radiologist, department of radiology; Dr. Alan L. Goldman, assistant pediatrician, 950 Francis Place; Dr. Stanley D. Johnsen, assistant pediatrician, Children’s Hospital.

Reported off staff were Dr. Charles Witte, assistant surgeon; Dr. Alberto deJesus, assistant anesthesiologist; Dr. John A. Hodak, assistant radiologist; Dr. Dominick Zapanta, 2nd year resident, anesthesiology.

Join in the Game of ‘Name the Group’

James Lipton’s book, An Exaltation of Larks, has set off a revival of the game of group names, exemplified by “a pride of lions.” At a recent medical meeting, Lea & Feibiger’s Ken Bussy and Eunice Stevens of Harper & Row’s medical division were joined by Dr. Henry Mariott in a mild collective seizure yielding these, among others:

- A bank of hematologists
- A spectacle of ophthalmologists
- A patch of allergists
- A click of cardiologists
- A piddle of urologists

And what about:

- A brace of prosthetists
- A pile of proctologists
- A prod of diagnosticians
- A squall of pediatricians
- A bellyful of gastroenterologists
- A wave of neurologists
- A pulsation of sphygmologists

From here on, you’re on your own.

Eleven Dietetic Interns Complete Year’s Training -- Two Will Stay At Barnes

Training in diet therapy for hospitalized patients is part of the training of dietetic interns at Barnes. The interns spend 14 weeks on in-patient service planning modified diets in cooperation with physicians and nurses. Recent graduates of the program shown above are: (from left: Mrs. Gayle Puntney, a University of Missouri graduate; Mrs. Lisa Chambers, from Iowa State University; Miss Barbara Lawrence, a graduate of the University of Minnesota; and Miss Audy R. Milner of Grambling College.) Mrs. Puntney and Mrs. Chambers have joined the dietary staff at Barnes. Dietetic Intern Graduates examining a new convection oven in the dietary department’s renovated bake shop area are, from left: Miss Suzanne Jeffers, dietetic intern from Louisiana State University; Mrs. Jessie Nelke, dietetic intern from Fontbonne College; Mrs. Virginia Watts, food service assistant; and dietetic interns, Mrs. Linda Bjurberg, a University of California graduate and Miss Carolyn Ortego, a graduate of the University of Southern California. Graduates of Barnes’ dietetic internship program are eligible for American Dietetic Association membership.

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Constance C. Barton, Director
Shirley F. Brown, Writer
John Manley, Associate Editor
Barnes' Teenage Volunteers Honored for Summer Service

More than 200 teenage boys and girls who have spent the summer months as volunteers at Barnes Hospital were honored for contributing a total of over 12,000 hours to the hospital during June, July, and August. The young people were guests of the St. Louis Cardinals Baseball Club at the Cardinals-Astro game August 28.

preceding the game, the group met in the Port 400 Room of the Pet Milk Building, where special recognition was given to five teenagers for more than 500 hours of service. They were Tracy Adams, Anita Northcutt, Tom Sapp, Liz Turner and Cynthia Hellman.

Sixty young people were honored for contributing 100 or more hours of service. Those with more than one year's service include 34 who were awarded a two-year bar and 11 who received three-year bars.

Mrs. Raymond E. Meisenheimer, president of the Barnes Hospital Auxiliary, welcomed the group. Girls, who wore their candy stripe pinafores, were given their matching caps for one year's service and boys received gold bars. Making these awards was Mrs. George DuBois, candy stripe chairman, Mrs. Harry Holmes, volunteer chairman, and Mrs. Esteban Carliaga, assistant candy stripe chairman.

Candy striper who took part in this program are: Nancy Gmoser and Ann Barnard who entertained with guitar music and singing; and Margaret Kay, Karen Minor, Elizabeth Turner, Jeff

Noted Plastic Surgeon, Dr. Louis Byars Dies

Dr. Louis T. Byars, 62, noted plastic surgeon, writer and medical instructor, died Aug. 8 at Barnes after a long illness.

Known as “Bill,” he was graduated from the University of Arkansas in 1928, and Washington Medical School in 1932. Upon graduation, he served his internship at Barnes. Dr. Byars was appointed as Barnes Hospital Assistant surgeon in 1935. He was a founding member of the American Board of Plastic Surgery.

Dr. Byars was also active as a regent of the American College of Surgeons and president of the American Society of Plastic Surgeons.

A contributor to surgical publications Dr. Byars wrote several books and he was best known for his writings on hypospadias and parotid tumors.

Doctors Seeking Women for Vascular Study

Dr. Charles Kilo of the Department of Medicine and Dr. Joseph R. Williamson of the Department of Pathology are currently studying vascular basement membrane thickness in diabetes mellitus and arteriosclerosis. The basement membrane is a thick cuff of material which surrounds all vessels and functions as a “final” filter of substances passing from the blood to tissues. Thickening of this membrane occurs, with high frequency, in diabetes and probably plays an important role in the development of kidney disease, gangrene, and blindness in patients with diabetes.

The two doctors have found that vascular basement membranes become thicker in “normal” men with increasing age. Since this might be related to the high incidence of heart disease and vascular diseases in men, they are seeking to determine whether similar thickening of vascular basement membrane changes occur in females. The doctors say they need more women 45 years of age, or older (without a family history of diabetes) to participate in the study.

“Women interested in participating should call my office, Ext. 455, or Dr. Kilo at 965-5868,” said Dr. Williamson.

Danish Hospital Administrators Visit Barnes To Study Equipment

On July 16 a group of hospital administrators from Denmark visited Barnes as part of a four-day tour of four U.S. hospitals chosen to represent the newest and most modern hospital equipment in America. Escorted by John Hillenbrand, an executive of a hospital supply company, the group arrived by private plane at 5 p.m. and toured Barnes with Mr. Frank before having dinner in Queeny Tower.

The group of visiting Danes included Olaf Beck, bornester major, who corresponds to a position as chairman of the board of all hospitals in Denmark; Mogens Jorgensen, physician and head of the department of electronic data processing for the country; Mona Frederiksen, matron, who corresponds to our director of nursing; Denmark; Ditler Nielsen, Danish designer, and Povl Lange, chief hospital administrator for the nation. (All titles apply to jurisdiction over the entire country as Denmark's medical system is socialized and government-run from a central planning body.)

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Barnes employees come to work via many modes of transportation. The majority ride cars or buses, but a few of the sporty employees prefer to arrive on bicycles or motorcycles, such as Miss Jeanne Wright, associate director of nursing, shown above crossing the Wohl bridge. The shrill noise of an approaching motorcycle causes the bleary, waking eyes of startled employees to dilate rapidly as the morning stillness is broken.

Many employees enjoy walking to work, seeing the sights and people in the parks and interesting streets near the hospital. Some employees even jog to work. Whatever the mood of the morning or the mode of transportation, and regardless of rain, snow, sleet or wind, over 3,500 Barnes employees manage somehow each day to accomplish their own "Mission: Arrival."

MISSION:
ARRIVAL

An alarm shatters a pleasant dream, the night's calamities penetrate the consciousness via the droning voice of the news announcer coming through a clock radio by the bedside, the cold nose of "man's best friend" insists firmly that it is time to arise—these are some of the ways Barnes employees are signaled that it is the hour for the day to begin.

And then, between the moment of the first eye opening or stirrings of a new day and the moment of becoming a nurse, dispatcher, technician, secretary or doctor ready to go to work, comes the daily challenge of "Mission: Arrival."

Just getting out of the house can be a problem. Many people agree that the early morning hours can be hazardous to family harmony. There are people who do not want to talk before breakfast. Others jump out of bed bright and gay, ready for jokes and repartee. Some like to sleep until the last possible moment and then fling themselves into frantically paced morning routines timed to the second. Others consider such things as reading the morning paper, watching the news on TV, watering the lawn, or going for a jog, as necessary parts of their early morning rituals for which time must be allowed.

Barnes employees have equally varied notions about the best way to travel from home to hospital. Buses or cars are favored by the majority of employees, as evidenced by the activity at bus stops and in parking areas at the times shifts change. A substantial number of Barnes commuters ride the shuttle bus that operates between the Washington University main campus and the Medical School.

Many employees who live close enough enjoy walking to work and seeing the sights and people in the parks and interesting streets near the hospital. A few of the more sporting in the group arrive jauntily on bicycles or motorcycles. Whatever the mood of the morning or the mode of transportation, and regardless of rain, snow, sleet or wind, over 3,500 Barnes employees manage somehow each day to accomplish their own "Mission: Arrival."

... Many Barnes employees heed the familiar words of advice: "Take a bus and leave the driving to us..."
Mrs. Rosalie Miller, a research assistant in the Psychiatry Department at Renard Hospital, and Frank Mannino, a sophomore medical student at Washington University, converse while riding to work. Mrs. Miller rides about one mile to work everyday "if the weather is nice."

Dr. Carl Harford, professor of medicine at Wohl Hospital, and a substantial number of commuters ride the shuttle buses that operate between Washington University's main campus and the School of Medicine. The bus leaves Barnes every half hour. This mode of transportation eliminates parking and traffic problems.

Mrs. Elizabeth Miller, a secretary for in-patient admitting at Maternity Hospital, feeds the birds on the way to work. "I enjoy feeding them because I feel sorry for them, especially in the winter. My favorites are the sparrows—they're the ugliest."

John Warmbrodt, deputy director at Barnes Hospital, enters the Wayco Parking Lot via the most common way of getting to work—the motor vehicle.
Many Interesting Ideas Exist Here
On Remembering Birthdays, Events

Gift giving at work can be a headache, but only if you let it. Barnes employees seem to agree. Some departments that pool their pennies to celebrate special occasions have an interesting array of ideas to share:

Barnes' maintenance department uses advertising techniques to alert its staff of 76 when an important event is about to take place. The department's latest effort was in behalf of Barbara Kaiser. A blackboard, prominently displayed in the main office of the department, announced: "Wedding bells will ring—contribute for a gift—cake and coffee Thursday 4 p.m." Full response by the employees resulted in a gala party for all, and a wooden washboard and check for the new Mrs. Kaiser.

When staff members on the 5th floor of Malinckrodt ask new employees "When's your birthday?" they're not interested in astrology. Phil Sotir, supervisor in children's x-ray, said the question is important event is about to take place. The department's latest effort was in behalf of Barbara Kaiser. A blackboard, prominently displayed in the main office of the department, announced: "Wedding bells will ring—contribute for a gift—cake and coffee Thursday 4 p.m." Full response by the employees resulted in a gala party for all, and a wooden washboard and check for the new Mrs. Kaiser.

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'Danny Students' Enjoy Barnes Hospitality

Remember the melancholy lyrics of the song, “Ole’ Danny Boy,” and how it brings tears to the eyes of an Irishman as he ponders his beloved homeland?

However, being a ‘Danny Boy’ and being a ‘Danny Student’ are two completely different things for Larry Hirato, Oahu, Hawaii, who toured here recently with 40 other outstanding college seniors majoring in home economics and agriculture, chosen to represent their home states. The Danny students are selected by their educational institution as the most outstanding student of the department. In fact, Larry flatly denied being homesick for Diamondhead and the sand and surf. He was too busy with the month-long seminar held both in St. Louis and at a camp in Michigan.

“It’s a great program, and it helps people from many areas get acquainted,” Larry said. Upon graduation, Larry said he will join the Peace Corps, thus putting his education to practical use.

The Danforth program was instituted 32 years ago by William H. Danforth, former chairman of the board and founder of Ralston Purina Co. During their two weeks in St. Louis, the Danny Boys toured various educational companies and institutions in “an attempt to broaden the student’s awareness to the world around them.”

For a number of years, Barnes has provided a tour of its facilities to the Danforth girls, usually in July, and the boys in August. During the tours, the students visited dietary, occupational and physical therapy, central service, clinical laboratories, nursery, pharmacy, burn unit, Queeny Tower rooms, and viewed surgery. Forty-eight Danny girls were here.

The group was welcomed to Barnes by Robert E. Frank, director.

LARRY HIRATO, a Danny boy from Hawaii, does not have time to think about anything else as a Barnes tour director outlines the busy activities in the Danforth chapel.

The Danforth girls, who visited Barnes on Aug. 5, had a moment before lunch to relax at the Queeny Tower swimming pool. They are, left to right: Julie Gullickson, South Dakota, Chris Erne, Idaho, and Sharon O’Quinn, North Carolina.

IN DIETETIC AREA, Miss Carolyn McGuire, a dietetic intern, explains the tray assembly procedure in the food preparation area to Danny Boys. In this area, 5,300 meals are prepared each day.

Miss Sandy Moody, South Carolina, center, facing the patient, and other Danny girls listen as a Barnes staff member outlines treatment and care of patient receiving a treatment on the artificial kidney. Danny girls are selected by their educational institutions “for being the most outstanding home economics student in their department.”
Black is Beautiful
Cosmetic Show Scheduled

Miss Blanche Calloway, sister of the famed Cab Calloway and a former show business personality, will demonstrate a new line of cosmetics made especially for the nation’s 22 million black consumers in the Wishing Well on Monday and Tuesday, September 8 and 9, from 11:00 a.m. to 1 p.m. A woman will be selected from the audience to be the subject of a make-up demonstration by Miss Calloway.

Mrs. Clarence Hein, cosmetics buyer for the Wishing Well, and Mrs. Spencer Allen, Wishing Well chairman, contacted Miss Calloway who is president of the cosmetics company, because they believe there is a good market for the products which use the keyline: "Black is Beautiful," among patients and employees.

New Nurses (Continued from Page 1)


Janet Farmer, Mt. Vernon, Ill.; Rita Favre, Marris, Ill.; Linda Fick, St. Louis; Charla Fountain, Centralia, Mo.; Barbara Frick, Dongola, Ill.; Jacqueline Gaddy, East Alton, Ill.; Kathleen Gass, Belleville, Ill.; Susan Ginter, Bridgeton, Mo.; Judith Goedecker, St. Louis; Roberta Grace, Richmond Heights, Mo.; Connie Graning, Bloomington, Ill.; Kathleen Green, Bogata, Columbia; Margaret Grinsdale, Dalton City, Ill.; Debra Juhl, Lincoln, Ill.; Sharon Harris, East St. Louis; Kathry Holt, Kirkwood; Eva Horn, East Alton, Ill.; Dana Huelisamn, Albuquerque, New Mexico; Diane Hulsey, Jennings, Mo.; Rebecca James, Kankakee, Ill.; Agnes Johnson, Kirkwood; Linda Jungers, Centralia, Ill.; Patricia Kearney, Mattoon, Ill.; Linda Kohler, Imperial, Mo.; Virginia Korte, St. Louis; Marilee Kuhn, Granite City, Ill.; Cheryl Lefevre, Carthage, Mo.; Karen Linke, Greenville, Ohio; Linda McCall, New Harmony, Indiana; Judith McCreary, San Antonio, Tex.

Patricia Maune, Washington, Mo.; Mary Miller, Champaign, Ill.; Mary Minton, East Alton, Ill.; Donna Moody, Jacksonville, Ill.; Carolyn Nichoff, Peoria, Ill.; Vickie Olson, St. Louis; Donna Ottomter, High Ridge, Mo.; Diane Pope, Decatur; Katherine Schneiter, St. Louis; Janet Shown, Tuscola, Ill.; Jane Spurrer, Mexico, Mo.; Kathryn Straatmann, Washington, Mo.; Lynne Tecklenburg, Salem, Ill.; Andrea Thomas, Decatur; Linda Urden, Terre Haute; Mary Marvel, St. Louis; Kathleen Weber, Tuscola, Ill.; Evalie Weithsain, Centralia, Ill.; Rebecca Williams, Bloomington, Ill.; Cindy Wombles, Rockport, Ill.; Sydney Wooten, Chenoa, Ill. (Continued from Page 1)

Piers (Con't from page 1)

where the rock starts, and then a hole two feet in diameter is drilled into the rock to the needed depth. The three-foot shaft will be lined with a steel casing into which steel reinforcing rods will be placed and concrete poured. When the concrete has set, the steel casing will be withdrawn. The reinforcing rods will extend out of the concrete to provide anchorage for a cap unifying the four piers in the cluster to distribute the load. The pier cap which will be poured after the excavation has been made engages all the piers in a cluster which then supports a building column.

The four piers in each cluster are set three feet six inches on centers with a bay module of some 21 feet between clusters. Each set of piers will be poured to the depth of the foundation at that point, in most cases about 20 or 25 feet below the surface.

More than five years of planning have been required to bring the East Pavilion this close to reality. Those on the Barnes staff who have worked longest and hardest toward this goal are Robert E. Frank, director; John L. Warmbrot, deputy director; Ann B. Vose, director of nursing and associate director; Crawford O. Ver million, associate director; Robert E. McAlufie, controller; Joseph T. Greco, associate director; and Thomas C. Winston, assistant director. Most of their labors are now over and the project is in the hands of Mr. Claywell, Mr. Becker, and the contractors who will make the dreams and plans materialize.

'Sup, Up, and Away!’ for Hospital Fund Drive!

UP, UP, AND AWAY—Julie Andres, 2, daughter of Mr. and Mrs. Eugene H. Andres of Columbia, Ill., was visited by Edwin M. Clark, individual gifts chairman of the Barnes Hospital Fund, during her recent hospitalization in the McMillan Building of Barnes Hospital. Passing the halfway mark in the Hospital Fund Drive is a giant forward step toward reaching the goal, and "We are stepping up efforts to reach our goal quickly."