John M. Shoenberg is Re-elected President of Hospital Board

John M. Shoenberg has been re-elected president of the board of directors of Jewish Hospital for another year. He has been president since 1958. Stanley M. Richman was newly elected to a one-year term as a vice president. Re-elected to one-year terms were Edward F. Schweich, Millard A. Waldheim, Joseph F. Buiwitch, and Edward B. Greensfelder, vice president.

Psychotherapy Use Cited For Infertility

Psychotherapy is a fruitful approach for women who have difficulty in becoming pregnant when there is no apparent organic cause, three Jewish Hospital staff members reported recently.

In an article in the American Journal of Obstetrics and Gynecology, Dr. David Rothman, director, department of obstetrics and gynecology, Dr. Alex H. Kaplan, director, department of psychiatry, and Miss Elizabeth Nettles, psychologist, described the cases of six women who complained of infertility and who later delivered healthy babies after psychotherapy given by the obstetrician.

The six patients received psychotherapy stressing "the development of a warm accepting relationship between the patient and the physician with history taking, ventilation, confession, encouragement, and emotional support."

"At the onset of therapy," the article said, "all of the patients were infertile for periods of between one and four years." Sessions varied among the patients from eight in a four-month period to 25 over a year.

"The common psychological feature exhibited by the group supports the basic concept of an infertile woman as a infantile dependent individual, unable to express anger to her parents for fear of being rejected, starved, or destroyed," the article said. "In general, they were overprotected and felt uneasy as they developed a feminine identification because of marked dependency to a hostile rejecting mother."

"Becoming pregnant meant accepting sexual feelings, being compatible in competing with a stronger maternal figure, giving up the fantasy of remaining a child, and not having to compete with the unborn child. Since the meeting of any of these demands was frightening, infertility was the symptom of choice."

The psychotherapeutic sessions encouraged the women to recognize previously blocked hostile feelings and their unconscious fears of pregnancy. "Very frequently the patients, through dreams or expressed feelings, could accurately predict their own pregnancy," the article reports.

Psychotherapy is a fruitful approach for women who have difficulty in becoming pregnant when there is no apparent organic cause.

Federation Record Set

Another Jewish Federation campaign has ended at the hospital, with a new record established. The total collection was $6,590, which was $2,590 over the campaign goal. There were 373 pledges and $57 cash gifts from 960 employees. (In 1961, a total of $3,650 was raised from 903 employees.)

The campaign was conducted during the first two weeks in April. Sixty-five team captains assisted in the intensive drive.

Herman L. Kaplow, executive director of the Jewish Federation, said of the campaign, "This is an outstanding accomplishment and a testimonial to the understanding and the generosity of the hospital's employees and the effectiveness of those who assumed leadership capacities in this effort.

"We share with all the hospital's employees a great sense of pride that they must feel from their accomplishments, and on behalf of our campaign leadership I want to extend our deepest gratitude for a job extremely well done."

Last year, the Federation contributed $360,000 to the hospital for full or partial support of the Aaron Waldheim clinics, the medical and surgical teaching programs, the home care program, and the chronic illness division.

Robert Rubright was campaign chairman and Daniel Anzel was co-chairman.

Seventeen New Interns Will Join Hospital House Staff on July 1

Seventeen new interns will join the hospital's house staff July 1, it was announced recently by Dr. Morton D. Pareira, chairman of the house staff and education committee. Fifteen of the interns were obtained through the National Internship Matching Program (NIMP). Two dental interns were not processed through NIMP. The matching program acts as a clearing agency.

Jewish Hospital asked for seven mixed (medicine-surgery) interns and matched seven. It also matched eight of the ten rotating general interns it sought.

According to figures compiled by NIMP, Jewish Hospital in matching 88% of those internships sought did much better than the national average. Among all U.S. hospitals, the percentage of interns matched was 35%; among Missouri hospitals, 38%; and among St. Louis hospitals, 40%.

$1,500 Gift From Ben A'Kiba Group

The 500-member Ben A'Kiba Aid Society, celebrating its 70th anniversary, has presented the hospital a check for $1,500 for the maintenance of the Ben A'Kiba out-patient play therapy section of the Ellen Steinberg Division of Child Psychiatry.

The money will also be used to purchase appliances and underwrite the cost of patient care in the section.

There were 2,293 out-patient visits to the division in 1961, Dr. Naomi Rae-Grant, clinical director, reported. She forecasted an increase in out-patient evaluations and therapy sessions in 1962.
New X-Ray Table is Gem

A new light green stainless steel fluoroscopy X-ray table is now in use in the X-ray department. The table, a Picker Citation, cost $8,220.

The new table is more durably constructed and more esthetically designed than the 12-year-old table it replaced, Kenneth Marks, X-ray co-ordinator, said. It offers excellent radiation protection, features transistors for controlling the tilt, and permits technicians to carry out a variety of special X-ray procedures.

“It is the best looking and the most utilitarian table we have ever put out,” a Picker representative remarked.

Road Work Nears Mid-Summer End

After a severe winter and heavy spring rains, construction work on the Forest Park Parkway on the north side of the hospital is heading toward a mid-summer completion. The construction officials estimate that sometime between mid-July or early August construction to Euclid Avenue will be finished and ready for paving.

The paving part of the Compton Avenue to Millbrook Boulevard parkway will take about one year. Traffic will roll on the parkway about August, 1963.

In the meantime, vehicular approaches to the hospital on Forest Park Avenue have been drastically cut. Only the Forest Park Avenue ambulance entrance is accessible to emergency vehicles which may enter Forest Park from Kingshighway and swing around the entrance to unload passengers. No parking is permitted in the entrance area.

Employees are requested to have their drivers pick them up or wait for them at the Parkview entrance of the hospital and not by the entrance by the doctor's parking lot or in the adjoining alley.

Jane Frick is Student Nurse Queen

Jane Frick, senior from Richmond Heights, was elected queen of the student nurses' senior dance held in early May. Seniors Joyce Enloe, past president of the student council, Beverly Logan, Sharon McMasters, and Georgia Waite were attendants.

Sterling silver charm bracelets were presented to the queen and her attendants by the hospital Auxiliary which sponsored the annual event.

Dr. Eisenstein Gets Training Grant

A five-year, $87,720 grant from the United States Public Health Service has been awarded to Dr. Albert B. Eisenstein, director of the department of medicine, for a program to train and prepare young physicians in fields of endocrinology and diabetes.

The purpose of the training grant is to encourage physicians to become teachers of the two specialties as well as to develop among them competence in research and in patient care, Dr. Eisenstein said.

Two summer fellowships for medical school students are also provided by the grant.

During initial stages of the program, trainees will conduct laboratory research in endocrinology.

The first trainee will collaborate with Dr. Eisenstein on research on the effects of adrenal cortical hormones in carbohydrate metabolism. The trainee will work in the recently established Endocrine Clinic, and the Diabetes Clinic, where he will receive advanced patient care experience.
June 1962

In Memory Of

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CONTRIBUTIONS TO JEWISH HOSPITAL FONDS

Contributions received are used for research, educational, and clinical purposes. The following contributions were received during the period November 4, 1961 to February 7, 1962.

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HERE'S FIRST LOOK AT NEW GROUP OF INTERNS

General rotating intern, Jerry L. Beguelin is a Centralia, Illinois resident who graduated from Washington University in 1958 with an A.B. in chemistry and who will receive an M.D. from that university's medical school in June. He has done independent laboratory research in the departments of pharmacology, psychiatry, physiology, and surgery at the medical school.

Another rotating intern, Ivan S. Cliff, is an Edwardsville, Illinois resident and graduate of Washington U. He graduates from the university if Illinois in June and will be married later in the month. He served an externship here last summer and had a research fellowship in Washington University's department of bacteriology. Included in his hobbies are sailing and tennis.

Serving a mixed internship will be Marzell A. Stander, Jr., '58 graduate of the University of Chattanooga. He will get his M.D. from Emory University School of Medicine, Atlanta, in June. He is married and is now a Chattanooga resident. He externed at Barrow's Fletcher Hospital, Chattanooga. His hobby is photography.

Steven M. Freedman is a St. Louis resident who will begin a mixed internship after graduation from Washington University School of Medicine in June. His A.B. degree is also from Washington U., where he was active in fraternity affairs. He has done research in psychiatry at the medical school and in the infectivity of schistosoma mansoni at the U.S. Army Tropical Center, San Juan, Puerto Rico. His future plans include private practice in internal medicine.

Planning a mixed internship, Jon E. Gustafson is from Independence, Missouri. Married, he received his B.A. degree with honors from Yale University in 1958. He will get his M.D. in June from Washington University School of Medicine where, in 1959 and 1960, he was awarded student research fellowships to support his studies in psychiatry. Part of this work has already been published. He has externed here and is interested in model construction and music.

Charles T. Herbert will serve a dental internship. Born in St. Louis, he presently lives in Memphis, Tennessee and is married. He received a B.A. in chemistry from Missouri University in 1959 and will graduate from the University of Tennessee School of Dentistry in June. He enjoys hunting and fishing.

Taking on a mixed internship will be Donald G. Kanefield, Washington U., '57 and Washington U. School of Medicine, June, 1962. He is married and is a native of St. Louis. During his senior year, he externed at Hamilton Medical Convalescent Center. In college, he was elected to Phi Beta Kappa and several other honorary organizations. He has done research in urological surgery and may eventually specialize in either urological or orthopedic surgery.

Lester L. Mann will become a general rotating intern after graduation from St. Louis University School of Medicine. He received his B.A. from Goshen College in 1957. A resident of St. Louis, he is married with three children. He hopes eventually to have a general medical practice.

Another general rotating intern, Gerald E. Murdock, Jr., is a Buffalo, Wyoming, native and graduate of the University of Wyoming where he was elected to several honorary organizations, including Phi Beta Kappa. He graduates in June from Washington U. School of Medicine. Hoping to eventually specialize in surgery, he has served externships at Jewish, St. Luke's, and Missouri Baptist Hospitals and has done research in physiology at medical school. Sports and reading are among his hobbies.

Morton Rothbard, who will serve a mixed internship, has a B.A. from Syracuse University, an M.S. from Northwestern U. and a Ph.D. from the University of Notre Dame. He will receive his M.D. from St. Louis University School of Medicine this June. He externed at DePaul and Jewish Hospitals and had research fellowships at the University of Notre Dame and St. Louis U. Medical School. He plays the violin, likes tennis.

Donald M. Rubin will begin a general rotating internship. Holder of an A.B. from Washington University, he will receive his M.D. from St. Louis University in June. He is single. While at Washington U., he was news editor of the campus newspaper. He participated in a public health research project concerned with chronic diseases and disability. He plays the piano, enjoys baseball.

Theodore C. Stander, Jr., planning a dental internship, is from Denver, Colorado. Trained as a technician in the United States Air Force, he received a diploma in medical technology from Brooks Army Hospital, Fort Sam Houston, Texas. He received a B.S. from the University of Denver in 1958; in June, he will graduate from St. Louis U. School of Dentistry. He is married, has three children.

Silver Spring, Maryland is the home of Arthur W. Traum, who will serve a rotating internship. He graduated in 1958 from Brown University; he will get his M.D. from the University of Maryland School of Medicine this June. A recipient of a research fellowship from the Maryland state health department, he externed in two Baltimore hospitals. Copy editor of his medical school year-book, he is single and plans a private practice in internal medicine.

Walter C. Vashaw, Jr., will begin a mixed internship after his graduation from St. Louis University School of Medicine. A resident of Roche- ter, Pennsylvania, he received a B.S. degree from Geneva College in 1958. Single, his future plans include private practice, the mission field, teaching and research. Reading, woodworking, and boating are his hobbies.

M.D. BRIEFS

Dr. Ben H. Senturia, director, department of otolaryngology, attended the meeting of the Council of the American Otolologic Society in Dallas, Texas and later presented a paper at the Society's scientific program entitled: "Histopathologic changes associated with middle ear effusion in experimental animals". Collaborating on the papers were Dr. Robert Alvin of the pathology department and Mr. Charles T. Carr.

Dr. Senturia also lectured recently to the Virginia Society of Oph- thalmology and Otolaryngology in Norfolk.

Dr. Daniel D. Klafl, associate otolaryngologist, was appointed assistant professor of otolaryngology at Washington University School of Medicine.

Dr. William DeLoach, assistant professor of psychiatry at South- west University Medical School, Dallas, Texas, visited the Division of Adult Psychiatry recently. He studied the clinical and administra- tive operation of the unit.
New Unit Aids Blood Analysis

The job of analyzing constituents in human blood in the biochemistry laboratory has been eased with the addition of a second Auto Analyzer as well as supplementary equipment for the first machine, Dr. Sam Frankel, biochemist, reported.

The combined units — total cost, about $15,000 — do four laboratory procedures simultaneously. One unit does blood sugars and urea nitrogens; another does sodiums and potassiums.

The enlarged Auto Analyzers make for a certain amount of patient comfort, Dr. Frankel said, in that smaller quantities of blood are required for the tests.

The big advantage of the Auto Analyzers is that while they are operating, a technician is free to do other work. The machines don’t get weary after 150 or 200 laboratory tests, and they don’t lose precision either.

The pair of Auto Analyzers now operate a total of 9 to 10 hours daily. This volume will be stepped up considerably soon, Dr. Frankel said. About 10 other laboratory tests that are now done manually will be put through the machines in the future, he said. Included would be transaminases, cholesterol, and uric acids. The two instruments do the work of 2½ technicians.

Jewish is the only St. Louis area hospital which has such an extensive complex of Auto Analyzers with a flame photometer, which burns processed blood and shows the intensity of certain constituents — sodiums and potassiums — by the intensity of the color emitted.

N. R. Gift Supports Obstetrical Research

Obstetrical research at the hospital got a recent boost with a $3,000 check from the Noshim Rachmonioth Mothers and Babies Welfare Society. The check was presented to Dr. David Littauer by Mrs. Billie Ellis, who left the hospital in May.

Outgoing council officers are: Joyce Enloe, president; Donna Cook, secretary; Darlene Santen, treasurer; and Miss Hoppe, vice president.

Jamaican Joins Research Team

Gladstone Fairweather, a native of Kingston, Jamaica, is a new research assistant in the Institute of Experimental Pathology.

“Stoney” came to the United States five years ago. He attended William Jewell College in Liberty, Missouri, where he obtained a B.A. in biology. He is now doing graduate work at Southern Illinois University.

His goal is research and teaching. “I would like to teach at the West Indies University in Jamaica and do cancer research, if possible,” explained the smiling Jamaican, pausing briefly from his microscope work.

Gladstone works afternoons here reading cytology slides and assists in a project concerning thyroid deficiencies. He plays golf, ping pong or handball and sings Calypso songs during non-academic hours.

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Since 1946, the NR Society has contributed $38,500 to the Frances D. Israel Obstetrical Research Fund. The society’s affiliated group, the Nadah Club, has contributed $4,000 to the fund since 1958.
Nursing Study
Grant Awarded

A three-year study of ideologies in nursing, including a review of nursing values, attitudes, and behavior, will be undertaken by Dr. Albert F. Wessen and Dr. John Stern of the Medical Care Research Center. The National Institutes of Health awarded the study group a three-year $120,000 grant.

Dr. Stern is professor and head of the division of medical psychology at Washington University School of Medicine and research associate, Medical Care Research Center and Dr. Albert F. Wessen is associate professor of sociology at Washington University and executive director of the Medical Care Research Center.

During the first year of the study, the group will develop, evaluate and validate three related techniques for assessing the role performance of student and professional nurses. The final two years will be given to a study of how students become professional nurses in various schools of nursing.

"The study should clarify the process by which nursing education achieves — or fails to achieve — its goals," the investigators said. "That is, we believe that we shall be able to define the relative contributions of school and education activities and of service and on-the-job activities to the establishment of the attitudes and values of nurses."

It is anticipated that the research program will contribute new knowledge concerning the criteria of "good nursing care" and will answer such questions as, What educational ideologies and programs are particularly successful in developing desired role performance by nursing personnel? and, At what point in the period of professional training can it be said that attitudes and values characteristic of the professional nurse emerge and become stabilized?

The investigators hope that the study will shed light upon the individual characteristics that are most desirable for nursing students in given training programs.

The second adult male volunteer at the hospital is Mr. Alvin Jacks, who retired recently after many years with Eagle Stamp Company. A fellow volunteer, Mr. Edward Posin, works weekly in the Accounting department.

Rabbi Abraham Halpern Is Dead

Rabbi Abraham E. Halpern, spiritual leader for 45 years of B'nai Amoona Congregation, died in the hospital in early April. He was 71 years old.

Active in religious and civic affairs since his arrival in St. Louis in 1917, he founded the Kosher kitchens at the hospital. He was a board member of the Jewish Federation, Associated Hebrew Schools, St. Louis Children's Home, the Urban League, and Va'ad Ho'eir.

The Kosher kitchens — one for milk, another for meat — prepare about 85 meals daily in separate facilities within the hospital's main kitchen.

"We will miss Rabbi Halpern dearly," said Mrs. Dora Wolff, active in religious and civic affairs since his arrival in St. Louis in 1917, he founded the Kosher kitchens at the hospital. He was a board member of the Jewish Federation, Associated Hebrew Schools, St. Louis Children's Home, the Urban League, and Va'ad Ho'eir.

The Kosher kitchens — one for milk, another for meat — prepare about 85 meals daily in separate facilities within the hospital's main kitchen. Rabbi Halpern frequently visited the kitchens, making sure the special food was prepared properly, checking the utensils, and inspecting other details of the strictly-run facilities.