Hospital Art Show
Winners Announced

Winners of the third Jewish Hospital Art Show, September 20-27, were selected by St. Louis artists William Quinn and Kent Addison. The winners in each category are:

Oil Painting—first place, "Landscape" by Dorothy Dabek; second place, "Pampered Child" by David Durham; honorable mention, "Pat Hellen" by Barbara Holtz; "After the Rain" by Gerald Van Nov; "Study in Blue" by Mrs. Benj. Cohen; "Azaleas" by Gina Jick; "Patricia" by Lois Kennedy; "Early Self-Portrait" by Selma Haskell and "Orange Vase" by Doris Goldman.

Silver—first place, "Blue Ring" by Mrs. Arthur Baer; honorable mention, "Bouche" by Mrs. Arthur Baer; "Fork and Spoon" by Beatrice Wolff.

Sculpture—first place, "Flight" by Marion Lassar; second place, "New Horizons" by Agnes Batey; honorable mention, "Figure in Wood" by Dr. Horwitz; "Girl in Swing" by Agnes Bae.

Prints—first place, "Primm's Microscope" by David Durham; second place, "Second of June" by Beatrice Wolff.

Drawings—first place, "Leivy" by Lois Kennedy; second place, "Holly" by Barbara Holtz.

Water colors—first place, "Boats" by Pamela Langfield; second place, "Still Life with Figure" by Lois Kennedy and honorable mention, "This, Our World" by Ruth Carpenter. Chairman of the show was Mrs. Frank P. Wolff, others on her committee were Mrs. Seymour Walla, Mrs. Sol Dabinisky, Mrs. Gilbert Lassar, Mrs. Eugene Glick, Mrs. Joseph Berger II, Miss Kay Richman and Mrs. Arthur Baer.

Hospital Art Show

Paris Flight Planned
By Women's Auxiliary

The Auxiliary's on the go — to Paris, France — via a luxury Boeing 707 Air France jetliner.

It's the Auxiliary's first Clover Charter Flight to Europe — an unique travel plan designed by the Auxiliary board and the air line especially for Auxiliary members.

The non-stop flight will depart May 2, 1965 from Lambert Field in St. Louis and will return from Paris three weeks later, on May 23.

While in Europe, Auxiliary members will be on their own. Some may spend all three weeks in Paris, Switzerland, England, the Riviera, or simply browse through Europe. This is a tour that is "very personally yours."

You might say it is "portal to portals." That is one of the unique features of the flight — you begin your vacation at home, but in New York City. Thus, there is no $180 fare, just to New York. It's that much cheaper.

Yes, it is first class all the way which means you enjoy gourmet food and cocktails with your friends, and there is ample leg room. First class also means the added bonus of 60 pounds of luggage.

Who's eligible? Paid-up members of the Jewish Hospital Auxiliary and members of their immediate families residing in the same household. Eligibility requirements are in accordance with rules set forth by the International Air Transportation Association.

For further information, contact: Mrs. Walter Sears, chairman, VO 3-3911, Mrs. Stanley Richman, PA 8-835, or Mrs. Irving Longy, W 5-7870.

United Fund Opens Oct. 8
Hospital Goal is $12,250

Jewish Hospital's annual employee campaign for the local United Fund began a little later this year, October 8, but will carry with it the same vim and vitality of past campaigns.

William Chiles, campaign director, stated that this year's quota will be $12,250. Employees will be asked to complete their pledges in a 15-day period ending October 23 and to return them to their departmental team captains.

For years, the hospital has led the way among other St. Louis hospitals in total collections made and percentage of employees contributing.

In last year's campaign, 1,045 employees contributed $11,075 to the campaign. It was 111 per cent of the hospital's $1,000 quota. In 1962, a total of $12,293 was raised.

The 70 team captains appointed to help supervise the campaigning will once again stress the United Fund's fair share method of giving—one hour's pay per month over a 15-month period. The majority of employee contributions in recent years has followed the fair share principle.

David A. Gee, executive director, has strongly endorsed the 1964 campaign and its quota here. He and members of the administration will attend departmental rallies in person to tell employers of the great need to support the United Fund in its activities here and in the community at large.

Local watchbirds will again be watching the traditional United Fund thermometer located in the lobby. Its mercury rises as employee contributions close in on the hospital quota.

Assisting campaign director Chiles will be Miss Edna Peterson, director of nursing, who will be co-chairman, Miss Rays Richman of the Public Relations staff will be coordinator of the campaign for the second year.

Heading the physician's end of the campaign will be Dr. Hyman Sontuza, director of the department of radiology. In 1963, 117 physicians (excluding full-time physicians who contributed to the hospital campaign) contributed in excess of $9,900.

Two $15,000 Gifts Establish Scholarships, Professorship

Two $15,000 gifts establishing a perpetual post-graduate nursing scholarship fund and a visiting professorship in surgery, have been presented to Jewish Hospital by Mr. and Mrs. Leon J. Leonson of St. Louis.

The Freida H. Leonson Nursing Scholarship, established by Mr. Leonson in honor of his wife, will enable one or two qualified graduating seniors of the hospital school of nursing to continue with post-graduate training in the nursing field. The first scholarships will be presented at the August 1965 school of nursing commencement.

Mr. Leonson said that his interest in the shortage of graduate nurses prompted his scholarship gift.

The second gift established is the J. G. Proebstlin Visiting Professorship of Surgery at the hospital. It was made by the Leonsons out of "friendship and appreciation" for Dr. Jacob G. Proebstlin, a Jewish Hospital senior surgeon and a family friend and physician for 60 years.

The Proebstlin professorship will bring a nationally distinguished surgeon to the hospital annually for lectures, rounds, and consultations. It is expected that the first visiting professor will be appointed in early 1965.

Members of the committee to choose the visiting professor are: Dr. Morton D. Par- eira, director of surgery at the hospital; David A. Gee, executive director; Dr. Proebstlin and the Leonson's daughter, Naomi Wagner (Mrs. Ira L. Wagner), of St. Louis.

Dr. Moore Heads
W. U. Medical Center

Dr. Carl V. Moore, Professor of medicine at Washington University School of Medicine and physician-in-chief at Barnes Hospital, has been appointed president of the Washington University Medical School and Associated Hospitals.

The associated hospitals include Jewish, Barnes, St. Louis Children's, and Barnes hospitals.
Hay Fever Sneezer’s Sneezes Are Seldom Caused by Hay

"The biggest problem in the summer is hay fever," said Dr. Arnold Dankner, assistant in internal medicine at Jewish Hospital, "and it isn't caused by hay at all. Farmers called it that because they noticed their eyes watered and they sneezed during haying season. Actually, hay fever is caused by ragweed pollen.

"Rose fever isn't caused by roses either. In fact, it and most hay fever like symptoms in May or June are usually due to grass pollens. Some people are more or less allergic to certain kinds of grass pollen." Dr. Dankner. "But we find that one person in eight will be allergic to something.

"You are not born with a specific allergy—but have the capacity to become allergic to something. You may become sensitive by repeatedly coming into contact with certain foreign substances. You can inherit a tendency for becoming allergic; your parents or relatives with allergies predispose you to it, though they were each allergic to different substances.

"An allergy is a violent reaction by the body to a foreign substance. The tearing and sneezing caused by many pollens is simply an effort of the body to rid itself of every bit of pollen, although the substance may not be harmful. At least, other people are able to get along with it.

"Is everybody allergic to something? Practically speaking, no," answered Dr. Dankner. "But we find that one person in eight will be allergic to something significant in his lifetime."

Do we outlaw allergies? "Perhaps. Some people say they do. Others don't.

"Hillbilly Shangri-La" Preserves Ozark's Culture: Living Center of Yesterday, U.S.A.

The Sunday papers invite you to visit The Village of St. Francois, "the Village that really wasn't, but now is."

This reconstructed 18th and 19th century village, 9 miles south of Farmington, in Missouri Ozark foothills, was built by one man, Dr. Alfred Fleishman, Jewish Hospital internist.

The Village is primitive, as Ozark life really was. The 135-year old Conrad house, where Dr. Fleishman has kept a family home for generations; a general store from Bismarck, Mo., a dance hall from Doe Run, Mo., a 17-year old church from Lesterville and the Village's 86-years old and still working, and the other 20 buildings, were all collected and restored under Dr. Fleishman's direction.

"It calls it the village of "Yesterday, U.S.A." and "a hillbilly shangri-la." But it is not a ghost town, it is a living center of Ozark culture.

As visitors wander through The Village streets, they see the one-room, 75-year old cabin, used by the village potter, making wares of the period; the Hog and Leon Shop, where hand-looped rugs and corn hook, hickey-out, Apple Creamy and Raggedy Ann dolls, are made by the villagers; the Grist Mill, still in operation; the 75-year old woodcraft and cabinet shop, where the village carpenter works, the blacksmith shop, where an old blacksmith taught his trade to a "young one" who will continue it.

Just this July, the American Handicraft Company and the Tandy Leather Company, held a crafts school there, teaching basketweaving, block printing, copper tooling and copper enameling.

"But getting back to The Village," he said, "I use what you would call my golf country. To the layman this would mean, he likes finding The Village of St. Francois, take Highway 67 to Farmington, then N to Highway II, for 1/2 mile. Then go 5 miles to Highway AA, 4 miles to The Village roadways.

The Village is open year around, with children's groups and schools admitted free.

"Finnish Doctor Gives Guest Lecture"

At the 1967 Annual Convention of the American Hospital Association in Chicago, "216" was submitted in the Mackenzie Hospital Public Relations Department for 20 years by the "Hospital Management."
Q: How to Learn to Paint?
A: ‘Jump In’ Artist Says

“Get a starter kit and jump in,” advised Jerry Van Noy, child care worker at Jewish Hospital, when asked how he learned to paint. He was working on a still life in his 3rd floor studio in Gaslight Square.

It looked like an artist studio — bare, with the exception of a sagging divan, a stove with paint pots, a couple of tables with more paint supplies, an antique Flemish wall screen and an old desk converted into a carpenter’s table. Fancy black grills covered half of the tall windows. The walls were paneled with red and gold patterned velvet paper in gold molding, put up, he said, on the whim of the former tenant for a formal party, “tails and all.” On the panels hung his pictures.

Do you need an inspiration or do you just paint?

“That depends,” he said. “Sometimes I’m inspired; other times, I just start to paint and see what will turn up. But I would say, the only way to paint is to start with an idea.”

How long does it take to paint a picture?

Letter Cites Yalem Gifts

Editor, 216

Jewish Hospital of St. Louis
St. Louis, Missouri 63110

Dear Sir:

It was indeed inspiring to read the article on the first page of the last issue of 216 [Vol. 13 — No. 1 JAN-MAY, 1964] describing the latest magnificent gifts to the Jewish Hospital made by Mr. Charles H. Yalem and Mrs. Carlyln H. Wahl, widow of the late philanthropist David P. Wahl. I feel sure that perhaps just as many worthy causes they supported were not mentioned because of space or other reasons.

The next to the last paragraph in the article describing Mr. Yalem’s gifts begins, “Mr. Yalem’s major gifts in recent years include:”. Perhaps because of personal interest, enthusiasm, or both, I feel compelled to call attention to an omission in the list of “major gifts”.

Although compared to a monetary sense with the gifts described after the above quotation, this gift was not a “major one”. It was, however, in my opinion and in the opinion of others at the Washington University School of Medicine major in its purpose and accomplishments. I refer to Mr. Yalem’s unassuming, quiet, relatively unpublicized, but thoughtful and generous gift in 1961, which established the James H. Yalem Prize in Dermatology at the Washington University School of Medicine. This is a monetary prize similar to a number of other prizes in different subjects awarded to the medical students. It is awarded by a faculty committee annually to a member of the senior class for outstanding work in dermatology.

We have considered this a “major” contribution, since to our knowledge it is the first medical student award in Dermatology permanently established in a medical school in this country. More important, it has served to generate interest, enthusiasm, clinical knowledge, and research in dermatology by the medical students.

Sincerely yours,

LAWRENCE K. HALPEN, M.D.
Director, Division of Dermatology Jewish Hospital of St. Louis

Auxiliary to Hear Dr. Joyce Brothers

Double-headliners for the Annual Fall Women’s Auxiliary meeting on September 27 at the Westwood Country Club, will be the Hospital volunteer’s and Dr. Joyce Brothers, popular psychologist.

Dr. Brothers has become familiar to millions of Americans through her ABC television program, a monthly column in Good Housekeeping, a daily column in 300 newspapers and many guest appearances on panel television shows. Her down to earth approach to questions on marriage, sex and single life leave the viewers with delightful subjects.

The VIP’s of the program, however, will be the hospital volunteers. They will be summoned by a court announcer and page to receive their honors. White bars to be worn on the uniform are given for every 100 hours of service. A gold disc is given for the first 500 hours. For every 1000 hours of service after the first 500, the gold disc is re-engraved.

Records for service this year closed September 16.

Mrs. Earl Susman, auxiliary president said, “It is a privilege to honor our volunteers and present them with their well-deserved awards.”

Whittaker chairman is Mrs. Donald Quicksilver. Serving on her committee are Mrs. John Tilden Hearst, Mrs. Allen Molasky and Mrs. Stanley Mulvin.

Chapel Given Lamp

A 100-year old Shabbes Light was presented to the Jewish Hospital chapel by the A. W. Baum family in memory of Ruth Rubein Katz and Alva R. Baum. The lamp was bequeathed to America by Mrs. Baum’s grandfather, Samuel Katz, in 1853, from Germany. It will burn perpetually in the hospital chapel — now by electricity instead of the original oil. Cauliflower-shaped lights were lit on Friday evening to burn through the Sabbath.

Director Hired For Fund Raising, Public Relations

Max Appel, 32, has been appointed director of research and public information at Jewish Hospital and will begin his duties here in mid-November.

He is presently the assistant national campaign director for the National Jewish Hospital in Denver, Colorado, a position he has held since 1962.

At Jewish Hospital, Appel will be responsible for the fund raising and public relations activities of the hospital. Funds for research, educational and certain patient care programs are needed to augment federal and Jewish Federation. The hospital hopes to establish permanent endowed funds for this purpose. In addition, Appel will conduct all phases of the hospital’s patient relations program.

In 1960, Appel became director of NJH’s Development Committee and Jewish Federation. The hospital headquarters are needed to augment federal and Jewish Federation. The hospital hopes to establish permanent endowed funds for this purpose. In addition, Appel will conduct all phases of the hospital’s patient relations program.

In 1960, Appel became director of NJH’s Development Committee and in 1962, he was appointed director of the hospital’s North West regional office in Seattle, Wash.

Appel was formerly employed by the United Jewish Appeal as a field representative and in when in the U.S. Navy was a newspaper editor.

A Denver native, he holds a B.A. degree from the University of Colorado and did graduate work at Boston University’s graduate school of public relations and communications.

He is married, the father of two young children.
Contributions to Jewish Funds

DONOR

IN MEMORY OF

HORACE CORNETTIUS

ANNA APFLER

DONOR

IN MEMORY OF

ROSE GERMAN

ANNAN LEVIN

DONOR

IN MEMORY OF

BEN GIBIAN

HARRIET BURMAN

DONOR

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LEWIS RETTMAN

DONOR

IN MEMORY OF

SARAH COHEN GARSON

HENDRICKA BURMAN

DONOR

IN MEMORY OF

DOROTHY EINSTEIN

ROBERT S. LAROY

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IN MEMORY OF

TILLIE FAIER

MAY FROZEN CARROLL

DONOR

IN MEMORY OF

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MR. AND MRS. CLARENCE S. LAROY

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IN MEMORY OF

NORA E. GIBLAN

MR. AND MRS. EDWARD L. KRAVITZ

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IN MEMORY OF

SARAH GERMAN

MR. AND MRS. HARRY A. ROSS

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WILLIAM GLADSTONE

MR. AND MRS. LAURIE GLICK

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EMIL FLEISCHKAR

MR. AND MRS. JOHN M. KULBOFF

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IN MEMORY OF

JOSEPH L. KUNZ

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

JOSEPHINE L. KUNZ

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

WESLEY L. KUSHNER

MR. AND MRS. LEWIS KULBERG

DONOR

IN MEMORY OF

ELAINE L. KUSKOL

MR. AND MRS. LEWIS KULBERG

DONOR

IN MEMORY OF

HAROLD KUSKOL

MR. AND MRS. LEWIS KULBERG

DONOR

IN MEMORY OF

MARY KUSZKUL

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

HARRY KUSZKUL

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

DOROTHY KUSZKUL

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

THEODORE L. KUSZKUL

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

EDWIN L. KUSZKUL

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

HARRY L. LAFKOWITZ

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

MICHAEL L. LAFKOWITZ

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SAMUEL L. LAFKOWITZ

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IN MEMORY OF

DAVID LAFKOWITZ

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

MAX LAFKOWITZ

MR. AND MRS. LEWIS KULBERG

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IN MEMORY OF

ALFRED LAFKOWITZ

MR. AND MRS. LEWIS KULBERG
DONOR IN HONOR OF

Mr. and Mrs. Edward Wittwitz
Mrs. Julia Ginsberg (Julia and Sam Ginsberg Cancer Research and Therapy Fund)

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Mr. and Mrs. Frank Kaplan

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Mr. and Mrs. Louis R. Putzel

Mr. and Mrs. Michael Maremont

Mr. and Mrs. Samuel L. Zalk

Mr. and Mrs. Edward Wittwitz

Mr. and Mrs. Robert L. Levin (Both of Twin)

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Mr. and Mrs. Robert L. Levin (Mother’s Day)
Hospital Art Show Attracts Visitors

Mr. and Mrs. David A. Gee admire oil paintings.

Drawings attract many visitors as Mrs. Frank P. Wolff, Art Show Chairman, and Mrs. Earl Susman, Auxiliary President, admire the second place oil painting, "Pampered Child" by David Durham.
Doctor Studying Rat Liver’s Life

In a clear plastic box, filled with wires and tubes through which liquids flow, Dr. Albert R. Eisenstein and his staff are keeping rat livers alive. The liver is removed from the rat, kept supplied with the nutrients and oxygen needed, and then transplanted to its new environment: the perfusion chamber.

The chamber, which artificially reproduces the atmosphere of the body, was developed by Dr. Joseph William of the Department of Pathology at Washington University. It was built by Robert Connon, technician working with Dr. Eisenstein, and took two months to assemble. The intricate network of tubes permits the liver to be perfused with vital nutrients and solutions necessary in the experiment.

Dr. Eisenstein is conducting research in the area of carbohydrate metabolism — how the body stores and uses sugars and starches with specific emphasis on the effect of cortisone on this process.

The liver acts as a storehouse for carbohydrates which have been converted into a substance called glycogen. Glycogen is found in liver cells and it has been learned that the addition of cortisone increases the production of glycogen.

The liver in the perfusion chamber (and small slices of liver kept alive in a Dubois metabolic incubator), continue to produce glycogen. When cortisone or a cortisone-like substance is added, the production of glycogen increases.

The question that Dr. Eisenstein and other scientists have been asking is: How does the hormone stimulate the formation of carbohydrates? The theory is that cortisone stimulates formation of certain enzymes — catalytic agents — which act in producing glycogen from glucose in the cells, thereby increasing carbohydrate production.

In order to test this theory, Dr. Eisenstein has employed agents which inhibit arteriolization of the enzyme inhibitor and cortisone were added to the liver, glycogen production was reduced.

It was found that the enzyme inhibitor alone reduced the production of glycogen. The fact that being conducted by Dr. Eisenstein and his group will improve our knowledge of the way in which the liver works, the effect of cortisone on the body and may have some bearing on the continuing research being conducted into the causes of diabetes.

Dr. Connon, a technician on this project are: Mrs. Beata Brummer, and Carmen Millian, Kenneth Schmidt, medical student at the University of Illinois; Mrs. Joella Utley and Miss Wendy Rabinowich, medical students at Washington University.

Hospital Rabbi Has Office But No Temple or Synagogue

OBSERVING A LIVER IN THE GLASS PERFUSION CHAMBER, DR. ALBERT EISENSTEIN, L. M. D., AND TECHNICIAN ROBERT CONNON CONTINUE THEIR CARBOHYDRATE RESEARCH.

When light number 456 flashes on the hospital call board, it means that someone wants to talk to the chaplain — a chaplain who has an office but no temple or synagogue.

For, as chaplain for the Jewish Federation, Rabbi Lawrence Siegel, serves the Jewish Community as a whole, acting as a clergymen to persons who are not affiliated with a congregation.

During a typical week Rabbi Siegel attends group therapy sessions at the State Hospital Youth Center where he is a co-therapist for a group of teen-age girls, visits the City Jail when needed, confers with other rabbis in the community, calls on all unaffiliated patients, and plays a recorded concert of Jewish music for patients on the chronic disease division of Jewish hospital; shows movies to children at the State School; attends grand rounds at State Hospital. The door of his study, at Jewish, Barnes, State, John G. Cochran Veterans or Scott AFB Hospitals, is always open to persons of all faiths who wish to consult him.

Every Saturday morning Rabbi Siegel conducts services for patients and their families in the chapel on the first floor of Jewish Hospital. On Jewish holidays he conducts special services or rituals for hospitalized patients.

Rabbi Siegel was ordained at the Hebrew Union College in Cincinnati.

Dr. Zeinert Dies

Dr. Oliver R. Zeinert, 79, member of the Emeritus staff of Jewish Hospital, died July 7, at his home in Cincinnati.

Dr. Zeinert joined the staff of Jewish Hospital in 1928. In 1929, he was appointed chief surgeon of Missouri Pacific Hospital and held that position for 25 years. Upon his retirement in 1953, he was again appointed to the general staff of Jewish Hospital and later, in 1954, to the emeritus staff.

He served five years on the examination staff of the American College of Surgeons, assisting in the accreditation of hospitals. He was a graduate of the University of Michigan School of Medicine.

He is survived by his wife, Mrs. Emma F. Wilson Zeinert, a former administrator of Jewish Hospital.

Muscle Tester Developed Here

A research fund has been established in the name of Bernard Lieberman, by Mrs. Harry Lieberman, Abe Lieberman, and friends, for origanal research on Parkinson's disease.

Dr. Franz U. Steinberg, director of the school, is in charge of the research. The project will involve developing a testing device to assess muscle rigidity — one of the most disabling features of Parkinson's disease.

Dental Project Gets Third-Year Renewal

A three-year grant renewal from the United States Public Health Service for a hospital-based demonstration program of comprehensive dental care for chronically ill, aged and handicapped persons, has been announced by Dr. Calvin H. Weis, Director of the Hospital's Division of Dentistry and Project Director announced. Various members of the hospital's dental staff have been participating on this project for the past two years.

The goal of the project is to demonstrate to dentists, physicians, hospital administrators, community health planners, and students the role of dentists in the hospital-based health team, with emphasis on providing dental care in a hospital setting for long-term patients whose primary problems are medical.

Special problems related to a dental care program such as transportation, operating room usage, and handling of appointments, will be studied. Social and medical factors affecting patients' ability to receive dental care will also be studied.

A series of local and regional seminars have been held to familiarize professional groups with administrative and dental problems involved in treating long-term and handicapped patients.

"The project at Jewish Hospital is unique as a hospital-based program encompassing types of aged, chronically ill, and handicapped persons," said Dr. William J. Putnam, chief, disease control branch, division of dental public health and research.

He said, "Jewish Hospital was selected for this demonstration project as a result of a survey of hospital facilities, well-developed research programs, dental school training of sources of appropriate patients and strategic geographic location."
Don't Ban Cigarettes Doctor Says: Prohibition Would Bring Bootleg Cigarettes

"If we banned smoking," said Dr. Alfred Goldman, consultant in chest diseases at Jewish Hospital, "it would be like a return to prohibition, when people often drank poor whiskey. They would smoke bootleg cigarettes."

Taking a relaxed puff on his pipe, he added, "now take a pipe. It is much safer than cigarettes, I light it with considerable gusto, take a few puffs, then it goes out. The next thing I'll do is to clean it. You can't inhale pipe smoke much, but the cigarette smoker gets it all in here," he said, pointing to his chest.

"The final proof of the lung cancer smoking problem would be in the experimental production of lung cancer in laboratory animals.

"Education of the public starting with the school child is the most logical answer to the smoking problem at this time. I have three sons, none of whom smoke. They read the literature and have learned for themselves. The American College of Chest Physicians has taken a definite stand to the smoking problem at this time. I will give an address at the inaugural ceremony of the Chest to be held October 11th in the annual meeting of the International Congress on Diseases of India, Nehru, at the meeting in Mexico: The Hyperventilation Syndrome—overbreathing.

"This forced respiration is very common," Dr. Goldman said. "You see it daily in any large clinic, or in any situation where people are nervous, tense or upset. They will involuntarily overbreathe. This changes the chemical balance of their blood to such an extent that their hands get numb and tingly, they get headaches, feel dizzy, and they may faint, get tetany and even convulsions." Dr. Goldman became interested in hyperventilation while a medical student, working on the effects of chilling on the membranes of the nose and throat. The chilling caused the subjects to overbreathe.

"You probably have not heard about these experiments. We took off all our clothes and sat in a refrigerator with cold air blowing on our backs. Then we did certain tests that showed that cooling causes blood vessels in the nose and throat to constrict and reduce the blood supply, and we postulated that this caused bacteria to thrive and incite infection. "And I've had frequent colds ever since."

Patients Vote

"Of course I voted," a former patient at Jewish Hospital told a friend, "I requested an absentee ballot through the hospital." This could have been one of a dozen patients at Jewish Hospital speaking, for providing absentee ballots has been a service at Jewish Hospital for many years. One patient received his ballot from the election board, he filled it out before going to one of the hospital's two rotary publics. The completed ballots were mailed by 4:30 p.m. Tuesday, August 4, to meet the midnight deadline.

医疗人员

Dr. Martin Roseman, M.D., teaching staff of Jewish Hospital, gave a speech on "The Diagnosis and Treatment of Thyroid Disease with Radioisotopes," recently to the Puerto Rican Medical Society, Puerto Rico.


Dr. B. Y. Glassberg, associate in internal medicine, gave a speech on "Prenatal Sexual Behavior—It's Effect on Marital Adjustment—One American's Point of View," by invitation to the International Commission on Marriage and Marriage Guidance, in Munich, Germany. He also attended the International Union of Family Organizations in Munich and the International Congress on Social Psychiatry—section on marriage counseling and family problems in London.

Suggestion Winners Announced

Four Jewish Hospital employees were awarded $5 cash prizes by the suggestion committee for ideas adding to the safety and efficiency of the hospital. The winners, from left, are: Amelia Autul, housekeeping; who suggested placing Non-Skid mats in the patient's room, Venetian Blinds and Medical Staff; who suggested making a change in the nurses' station; who suggested placing a shelf and writing paper in the doctors' message center, under the telephone. Not present was Larry Brown, one Yeoh, who recommended a sign on one South to direct visitors to the information desk and cashier office.
2 Rehab Grants Receive Renewal

Grants totaling $75,489 for the Department of Rehabilitation at Jewish Hospital have been reissued by the U.S. Public Health Service.

Renewed for a third year is a $45,656 grant for the Training Center for Coordinated Home Care and Other Out-of-Hospital Health Services. Now two years old, the center trains and orients members of the health professions in the principles and techniques of care for the long-term ill and physically disabled. Emphasis is given to methods of home care under an organized home-care program or in homes for the aged or nursing homes.

Programs for the next 12 months include training courses on rehabilitation techniques for nurses, home personnel, medical social workers, counselors, and others involved in the health care of the aged. The program also includes supervised experience for professional students in home health care and a research project on the rehabilitation of Congestive Heart Failure Patients.

A $29,833 grant for a research and demonstration project on the Rehabilitation of Congenital Heart Failure Patients has been renewed for a second year. The study is to determine the effects of drugs and surgery on the patients with congenital heart disease.

Scholarship Given

In Fuller's Honor

A $10,000 scholarship fund has been established in memory of the late Leo C. Fuller, by his daughters, Mrs. Morton Bearman and Mrs. Roberts Weinstock, for graduate study in nursing. Miss Fuller succeeded his father as chairman of the board of Stix, Baer and Fuller, and was active in many St. Louis organizations: St. Louis Council on World Affairs, St. Louis Symphony Society, The Boy's Town of St. Louis and the Jewish Community Centers Association.

The $530 scholarship was awarded for the first time at nursing graduation to Miss Sylvia Miller. She will begin a part-time graduate program at the University of Illinois this fall.

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Ward Clerks Assist Nurses, Doctor, Talk to Patients

This summer, four college girls, all daughters of Jewish Hospital employees, were hired as temporary ward clerks. They received a week's training and then assisted the other employees.

They found that the duties of the ward clerk and her role in the hospital did not pass the dramatic quality found in some other hospital jobs. They were not called upon to treat the ill or to console the stricken, but if there were no one else to care for the sick, the ward clerk would have to.

The first ward clerk came to work at Jewish Hospital in 1959. Her duties were defined in clerical terms: handle intercoms, receive visitors, provide supplies, and answer telephones. But if there were no one else to care for the sick, the ward clerk still had to be there.

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Wearing new blue smocks, these summer ward clerks are all daughters of Jewish Hospital employees: (left to right) Miss Lois Krater, junior at St. Louis University, daughter of Dr. Mary Krater, graduate of Jewish Hospital School of Nursing; Miss Nancy Ruppert, senior, University of Missouri; daughter of Miss George Ruppert, supervisor in nursing service, Miss Barbara Chamlm, sophomore, George Peabody College for Teachers; Miss Katie Bishop, freshman, Monmouth College, Monmouth, Ill., daughter of Dr. Mary Bishop, assistant clinical director, division of army psychiatry.

Hospitals Win Membership Trophy

The Jewish Hospital housekeepers have won a trophy — along with the housekeepers of 32 other institutions in St. Louis. The Anna Langdon trophy was awarded to the St. Louis chapter of the National Executive Housekeepers Assoc. for the highest percentage of certified membership in the country.

"Education is one of the purposes of the organization," said Mrs. Beulah L. Sanders, executive housekeeper at Jewish Hospital and founder, as well as past president, of the St. Louis chapter.

"By 1971, anyone desiring to be an executive housekeeper, in charge of housekeeping in an institution, will need a college degree and one year of internships. Four universities now offer housekeeping degrees."

"Our aim," she said, "is to upgrade housekeeping into a professional field."

That's why Mrs. Sanders became interested in the organization. "St. Louis was the only city in this area that didn't have a chapter of the NEHA.

At a seminar for housekeepers in 1960 at Catholic Hospital Assn. in St. Louis, Mrs. Sanders talked with the national president of the NEHA. When she returned to St. Louis she invited several housekeepers to a "housekeepers workshop" — a roundtable discussion of mutual problems.

In 1961 the group received a charter. Now, Jewish Hospital offers both short courses and extension courses in executive housekeeping. This fall a 10-week, 30 hour credit course will be held in Steinberg auditorium. Topics to be covered are: psychology, economics, supervision techniques, department organization, communications, interpersonal relations, budgeting, interior design, work standards, safety, disaster planning, isolation cleaning and techniques.

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