What is a nurse? Who shall say but those of us who have received her care when we have needed it? It has been said that a nurse gives of herself—her time, energy and trained intelligence—that others, less fortunate, may live in health and happiness. What greater gift than this?
CIVIL DEFENSE

The presentation of the civil defense plan for our medical center was continued at the last two Departmental Conferences held on April 16 and April 30. At these meetings the following department heads participated: Nursing - Miss Ann Campbell; Personnel - Mrs. Martha Spencer; Dietary - Miss Henrietta Becker; Chaplain - Reverend George Bowles; Pharmacy - Mrs. Florence Mueller; Laundry - Mr. Julius Krasner; Telephone - Miss Rose Tullmann; Internal Guard - Mr. Webster Limbaugh; Laboratories - Dr. William Harrington; and Radiology - Mr. James Morgan.

At the present time the Civil Defense Committee is working with the Administration of St. Louis Children’s Hospital in the process of integrating their plan with that of the entire medical center.

NAVY MEDICAL SERVICE CORPS OFFICERS TO STUDY AT BARNES

Two Navy Medical Service Corps officers, Lt. Com. L. E. Bond and Lt. R. Edlund, who are enrolled in the Food Management course of the School of Hotel Administration, Cornell University, Ithaca, New York, will come to Barnes on June 9, and remain through June 23. These officers will conduct a field problem and prepare a report of their study of our Dietary De-

GENERAL PAUL I. ROBINSON GUEST AT MEDICAL CENTER

GENERAL PAUL I. ROBINSON, Commanding General, Fitzsimmons General Hospital, Denver, Colorado, was in St. Louis May 12 and 13 to lecture to the students in the course in Hospital Administration of Washington University.

General Robinson, who has been a guest speaker at our medical center a number of times in the past, is a 1928 graduate of the Washington University School of Medicine, and has been in the army since 1929.

Subjects discussed by the General during his two-day visit at the hospital included: medical service in the federal government, hospital organization within the army, medical supply, and medical personnel.

On Tuesday, May 13, General Robinson was guest of honor at a reception attended by the faculty of the School of Hospital Administration at the home of Dr. and Mrs. Frank Bradley.

Barnes Hospital was chosen because the physical layout of our hospital group and the problems of food service to patients are comparable to a number of naval hospitals.
Nursing is one of the oldest arts, its history extending back to the very beginning of mankind. Details of its early history are lost to us, because the act of nursing was considered such a matter-of-course thing that recorders of ancient history felt that it did not warrant mentioning. Nevertheless, the need for this kind of care has always been present, and for centuries nurses gave their lives to the service of the sick out of love and charity. The work they did, however, was not of a kind which required technical training, and nursing was considered one of the lowliest forms of occupation. It was for Florence Nightingale to supply the leadership which lifted nursing from the low estate into which it had fallen to the technically trained and skilled profession we know it to be today. The story of Miss Nightingale’s efforts to raise the standards of nursing through the establishment of proper training schools is one which we have all known since primary school days. She realized that, while a strong impulse or motive to care for those who are suffering or helpless is absolutely essential in a good nurse, that, alone, is not enough. Coupled with this attribute must be the necessary knowledge and skill which can only be attained through a formal education in nursing. Today’s registered nurse is a product of at least three years’ intensive training in an accredited school of nursing, and many have received their Bachelor of Science degree in nursing.

The Washington University School of Nursing, many of whose graduates are represented on our staff, was established in 1905, and throughout the years has enjoyed the reputation of conforming to the highest standards in nursing education. The present school was an outgrowth of the Training School for Nurses organized by Washington University, which gave instruction to its students in the Washington University Hospital and dispensaries and the old St. Louis Children’s Hospital. In 1914 the school moved to new quarters adjoining Barnes Hospital and the new St. Louis Children’s Hospital. In the years since then, the Barnes group of hospitals has provided the student nurses with a training ground for practical application of their classroom work, without which they would be restricted to a very primitive type of apprenticeship. In 1924 the University reorganized the Training School as a School of Nursing and established a five-year program leading to a Bachelor of Science degree in nursing. The three-year diploma program is still in effect at the school.

(Continued on next page)

THE FLORENCE NIGHTINGALE PLEDGE

I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.
The capping ceremony is one of the highlights in the careers of first-year students. This denotes the successful completion of five months of pre-clinical training.

A SALUTE TO OUR NURSES
(Continued from preceding page)

Since nursing requires integrity, high intelligence and deep interest in service to others, only those applicants whose credentials indicate satisfactory scholarship, personal fitness for nursing, maturity, and good general health are accepted as students. Candidates for a degree in nursing must have completed a two-year course of pre-nursing curriculum either in the College of Liberal Arts at Washington University or in any other accredited college or university. Classes are admitted to the School of Nursing in June and September of each year. The pro-

In the solarium classroom atop the Nurses’ Residence, "probies" receive instruction in physiology. Later on, the knowledge received in this class will be put to the test in actual experience here in the hospital.
A scene in the Recovery Room where students are receiving instruction in care of the patient following surgery. Bedside care is an aspect of nursing stressed throughout the training period.

A SALUTE TO OUR NURSES
(Continued from preceding page)

Program covers a period of thirty-six months of classwork and supervised clinical experience.

The first five months are designated as the pre-clinical period and are devoted to the study of the basic physical, biological, and social sciences related to nursing and the study of beginning nursing. After five weeks the student is assigned to a hospital division, under the supervision of the Instructors of Nursing Arts, for selected practice to supplement laboratory practice in the classroom. The following thirty-one months are designated as the clinical period. Instruction is given in the theory of nursing related to medicine, surgery, obstetrics, gynecology, pediatrics, communicable diseases, and psychiatry, and in the practical application of such theory in the corresponding clinical services. In general, classwork (Continued on next page)
Nursing is excellent experience for a later career as homemaker. In the nurseries students learn on a large scale the care of infants. This is a premature baby who will be kept in the incubator until he is strong enough to survive on the outside.

A SALUTE TO OUR NURSES

(Continued from preceding page)

and clinical experience are concurrent and the student is assisted in the application of the principles of care discussed in the classroom in the actual care of individual patients.

Biggest event in the lives of senior nursing students at Washington University these days is their approaching graduation which will take place on June 11 on the University campus. As the members of the Class of 1952 put the finishing touches on the three years of their nursing education, they are shopping for the crisp, new white uniforms, mark of the professional nurse, which they will don at graduation time, casting aside forever their green and white garb, badge of the student nurse. These young women have come a long way since their "probie" days, when, capless, black-stockinged, and quaking, they attended their first classes. They have made the hurdle of all the "firsts" that loom so large at the beginning of their training - first time on the ward, first time in surgery, first hypodermic given, etc. Although the basic course in nursing will be completed, the learning process will go on throughout their careers. Many of the young graduates will enroll in college programs leading to preparation for advanced responsibility in nursing.

The recent history of nursing has been that of a dynamic, progressive movement - one which is still going forward. The future will, undoubtedly, add new, even more interesting chapters to the story.

Cover girl on the front is pretty MISS PEARL LOUISE COOPER, Washington University Nursing School graduate, and member of our staff since September, 1950. She has been a Head Nurse on 8200 nursing division since last June. Photograph, ASHEN-BRENNER STUDIO. Others by VINCENT PRICE STUDIO and W. U. PHOTOGRAPHIC SERVICE.
Within the next few weeks, thousands of our American young people will be graduated from our high schools, colleges and universities. Some of these will be from our own homes, and we share a certain sense of accomplishment with them. There is a sense in which we should be concerned about this event for all of these young people, for graduation marks a step toward progress for all who experience the event.

Words of praise and words of advice will be abundant in the commencement addresses they will hear. The speakers will be leaders from the fields of education, government, industry, religion and all of the recognized professions. The comments will come from rich backgrounds of experience, and from dreams that have and have not been realized by the speakers.

Of the many things that will be said to these graduates, a general emphasis will be that the future is in their hands. This will be said in various ways, but the idea will be the same. In a way, this is not fair. The adults of more mature years still have some responsibilities to carry. Few of us want to admit that we are through, or that we are to be pushed aside by those of fewer years. It is also true that the young people should not be expected to carry the whole load, or solve all the problems that adults have so generously created.

Life is definitely a sharing process. When this is realized in the home the members get along in a rather satisfactory way. When the workers on any job realize that sharing is necessary, the weight of the task is not overpowering. This element is essential in every profession that has been created. A wholesome social life demands it.

The young people who graduate this year face a world with many unsolved problems. Let us remember that such has been true of every graduating class. It is generally true that sincere counsel, given by understanding loved ones and friends is appreciated by modern youth. Young people will feel free to ask for such counsel. Adults should feel complimented with every opportunity to give it.
KNOW YOUR STAFF

MISS BETTY BISHOP, new Director of Occupational Therapy, describes herself as "a cautious New Englander" and maintains that she will probably see very little of St. Louis until she becomes accustomed to our brand of traffic! She is quick to add, however, that she has found her stay in St. Louis - and at Barnes - most enjoyable thus far.

Miss Bishop was born the youngest of three girls in Meriden, Connecticut, and has spent most of her life in the east. She attended college at Duke University, majoring in sociology and graduating in 1943 with an A.B. degree. While an undergraduate, she belonged to many musical organizations and was a member of Alpha Chi Omega social sorority. The year following her graduation she spent as a social worker at the Family and Children's Society in Baltimore, Maryland.

In 1944 she went into the Women's Army Corps and was assigned to the division of educational reconditioning, work for which she was trained at Washington and Lee University. Much of the work during her two years in service was concerned with Occupational Therapy and it was at this time that she conceived the idea of making a career of it.

She was discharged as a sergeant in 1946 and accepted a position as an Occupational Therapy Assistant at the Long Island Home in Amityville, New York. She spent a year here while waiting to enter the School of Occupational Therapy at Columbia University. She started her formal training in the fall of 1947, taking the advanced standing course, and graduated in January, 1949. The morning after graduation found her back at the Long Island Home in Amityville, but this time as Director! It was here that she spent the past three years before coming on staff at Barnes on May 7. She is a member of the American Occupational Therapy Association and will join the Missouri Association.

One of the biggest changes in her life since coming to St. Louis is that of learning to do her own housework in her apartment. She claims that she has her "hobbies" all day on the job and rather likes something other than any form of handicraft in her spare moments. She much prefers swimming, horseback riding, music and plays as pastime.

We would like to take this opportunity to welcome Miss Bishop as a member of our medical group, and to wish her much success in her new position.

MABEL SNODSMITH
1887-1952

It is with a great deal of regret that we report the death on April 13 of MISS MABEL SNODSMITH, who, until she became ill several months ago, was an aide in the Central Supply Room. Miss Snodsmith had been a faithful employee since February, 1951, and during the time she was with us she made many friends. We wish to extend to Miss Snodsmith's family our sincerest sympathy.
MAY I
ADMINISTRATION vs. MEDICINE

The 1952 softball season opened on Thursday, May 1 instead of May 2 as was previously scheduled, with the Administration team, behind 6-hit pitching by CHILTON, nailing the Medicine nine by the score of 17-9.

The first two innings were slug fests as both teams came through with 9 runs each. Medicine tallied 4 in the first and 5 in the second. This being the first game of the season, there were a number of errors that were costly to both teams.

A couple of highlights of the game: GIESELMAN's home run with the sacks loaded; CIAMPA's (he's shortstop for Medicine) 2 hits in 2 trips, coupled with some fine fielding; and KEPPEL, CHILTON and WEISSGERBER's 9 out of the 14 total hits for Administration.

We had a couple of Hospital Administration students in the lineup - THOMAS in right field for Medicine and BOULENGER on second base for Administration.

Star of the Game: CHILTON

MAY 9
ADMINISTRATION vs. MED STUDENTS

In May 9, in the first game of a doubleheader, Administration and the AMYGDALOIDS (Med Students) played the 7 full innings with Administration finally emerging as victor in the contest by a score of 19-18. (Pitchers' duel?!) Star of the Game: EVERETT "COOKIE" MENENDEZ, who doubled in the seventh to score the tying and winning run.

DR. BRADLEY ELECTED TO EXECUTIVE BOARD OF INTER-PROFESSIONAL HEALTH COUNCIL

The Inter-Professional Health Council of Metropolitan St. Louis held its first election of permanent officers at a meeting held Thursday, April 24, in the Council room of the St. Louis Medical Society Building.

DR. FRANK R. BRADLEY, Director of Barnes Hospital and President of the Greater St. Louis Hospital Council, was elected to the Executive Board of the Council.

Organization of the Inter-Professional Council, which was completed with the passage of By-laws at its March meeting and the election of officers in April, was to accomplish the following objects, as set forth in its By-laws: (1) to promote public health; (2) to coordinate organized efforts of the professions engaged in the practice of the healing arts and sciences, and (3) to foster inter-professional relations.

Officers elected at the meeting included DR. VICTOR E. SCHERMAN, President; DR. PAUL F. O'BRIEN, Vice-President; MISS EDNA E. PETERSON, Secretary-Treasurer.

DENTAL STUDENTS vs. MEDICINE

In the second game the Dental Students filled, drilled, pulled, bridged and gapped the Medicine team by the score of 7-2. MOODY hurled for the students and gave only a few scattered hits.

Star of the Game: MILLS of the Dental Students who got 4 hits for 4 trips to the plate.

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BARNES PERSONALITY

Our nomination for one of the most conscientious employees at Barnes is MRS. AURELIA CAESAR, who, according to her supervisor, would come in to work several hours early every day if she were permitted to do so. Mrs. Caesar, who is Nursing Assistant in charge of the Clinic Linen Room and the sterilization of all supplies used in the Clinic, says, “I just like to make sure that I have all the linens and instruments ready when the doctors and nurses need them,” by way of explanation for her early-bird tendencies.

Mrs. Caesar has been a Barnes Hospital employee for almost seven years. When her only son went into the service in 1943, she came to work in the Clinic Linen Room, staying until March of 1946 when her son came home from the war. In September, 1948, Mrs. Caesar returned to her old job in the Clinic and has continued to be a credit to the hospital in the ensuing years.

Mrs. Caesar’s only other job was at the old Nugent’s Department Store here in St. Louis, where she worked as cashier and sales clerk for about seven years, starting at the age of fourteen. She met her husband, whose name - believe it or not - is Julius Fred Caesar, while they were fellow-employees at Nugent’s. They have one son, Julius Fred Caesar, Jr., and a two-year old grandson, Julius Fred Caesar, III.

This month’s personality loves traveling and prefers air travel to any other mode of transportation. Keeping house for her husband takes up the greater part of her off-duty time, but Mrs. Caesar manages to find time to spend one afternoon and evening per week with a bed-ridden friend, an activity she has pursued for many years. Movies and reading, especially biographies, are two of her favorite pastimes and cake baking is her specialty.

(Continued on Page 11)
George is a great "kidder."

So when George brought his alarm clock to the beach with him, his friends good-naturedly prepared for an explosion. When George is around, things usually pop!

But to hear George tell it, this was one of the few times in his life that he was serious. "It may look silly," he explained, "but I'll be darned if I'm going to let a sunburn ruin my vacation this year."

"I'm taking my sunshine in small doses - 10 minutes at first, until I've built up a nice base. Then I'll get myself a tan that will be the envy of every handsome lifeguard on the beach."

No need to carry along an alarm clock when you set out for your suntan, but it does make sense to take the sun in easy stages. It's also a good idea to use a suntan lotion. Countless vacations are ruined each year because of sunburn. Don't let sunburn interfere with your well-planned holiday.

Those who have suffered will tell you that even mild sunburn is painfully uncomfortable. For many, it means sleepless nights, unrelenting burning, and just plain misery. Severe sunburn - which covers a large portion of the body - is dangerous. Prolonged, direct exposure to the sun's rays may cause sunstroke. No question about it - too much sun is cause for alarm.

While sunburn can disturb your holidays, it's also a good idea to remember that there are other vacation hazards which, year after year, cancel vacation activities. Swimming, boating, and motoring, for example, are great; but it's smart to play it safe. Overexertion or an accident can be costly from the standpoint of dollars and cents and in time lost from vacation fun. Be careful, too, of your drinking water, of insects, and of plants which often spoil a well-planned vacation camping trip.

REMEMBER, IT'S YOUR VACATION. DON'T SPOIL IT!
MARY HEMMY, who has resigned as Director of the Social Service Department, was guest of honor at a farewell tea on May 16 given by the Clinic department heads on the roof of the Rand-Johnson Building. --- JOAN HEADY, Maternity Nursing Office Secretary, left our staff the middle of this month to await the arrival of a new member in the Heady household. --- It's certainly nice to have LIDA KERR, Paymaster, back at work again following her recent illness. --- Our sincere sympathy to JEAN BURNS, Nursing Supervisor, on the death of her mother; to ANNA ADAMS, Barnes Head Nurse, on the death of her father; and to DR. and MRS. C. J. WHEELER, both Barnes employees, on the death of their father. --- MARIE ZIMMERMANN and VIOLA CHENEY, Medical Record Librarians, recently attended the Midwest and Tri-State Hospital Conventions, respectively. Miss Zimmermann attended a two-day meeting for medical record librarians in connection with the Midwest Convention in Kansas City, while Mrs. Cheney went to Tri-State in Chicago. Mrs. Cheney also made a brief visit to the University Hospital of the University of Michigan at Ann Arbor. --- CHAPLAIN GEORGE BOWLES has been invited to become a member of the Association of Mental Hospital Chaplains, a section of the American Psychiatric Association. --- JOYCE GIBBONS MILLER, former Main Kitchen Dietitian, visited the hospital earlier this month. Mrs. Miller now makes her home in Iowa. --- Congratulations to DR. DUFF ALLEN, who will be honored next month at the commencement exercises of his old alma mater, Drury College. --- On April 26 and 27, DR. BRADLEY and HARRY E. PANHORST attended the American College of Hospital Administrators Workshop in Chicago. --- Other representatives of Barnes Hospital at the Midwest Hospital Convention included Mr. Panhorst and TERRY YATES, Administrative Resident. They also attended the Tri-State Convention as did WARREN SIMMONS, Administrative Intern. --- We were sorry to say good-bye to DR. and MRS. RALPH GAMMILL who left Barnes on May 9 to go to Houston, Texas, where Dr. Gammill will continue in his work in ophthalmology. We all knew Mrs. Gammill as Secretary to Chief Dietitian, HENRIETTA BECKER.

An old maid, shocked at the language of some ditch-diggers working near her home, complained to their foreman. The foreman promised to inquire into the matter, and called one of the men over.

"What's all this about profane language?" he demanded.

"Why, boss," replied Pete, the ditch-digger, "it's nothing at all. Me and Butch was working there side by side, and I accidentally let my pick slip and hit him on the head. And Butch looked at me and said, 'Now, really, Peter, in the future you must handle that implement with more caution.'"

Doctor - "For your operation will you have gas, chloroform or ether?"

Patient - "I believe in patronizing home industry. Give me a local anesthetic."

A lad applied for a job at a drugstore. His interviewer began to fill in the form.

"Your name?"

"Henry Ford," answered the boy.

"That's a pretty well-known name, isn't it?"

"It ought to be," said the boy. "I've been delivering groceries around this neighborhood for two years."