THE CHRISTMAS STORY
According to ST. LUKE 2:1-20

Now it came to pass in those days, that a decree went forth from Caesar Augustus that a census of the whole world should be taken. This first census took place while Cyrius was governor of Syria. And all were going, each to his own town, to register.

And Joseph also went from Galilee out of the town of Nazareth into Judea to the town of David, which is called Bethlehem, being of the family and house of David, to register together with Mary his espoused wife who was with child.

And it came to pass while they were there, that the days for her to be delivered were fulfilled. And she brought forth her firstborn son, wrapped him in swaddling clothes and laid him in a manger because there was no room for them in the inn.

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MEMORIAL SERVICES FOR IRMA B. DELL

On Wednesday, December 3, memorial services were held for the late IRMA B. DELL, who had been a private duty nurse serving at Barnes Hospital for a great many years. Miss Dell died on November 22, 1952, following a long illness. Although she had been in poor health for quite a while, she continued to work until last September when her condition forced her to quit.

It has been announced that her will directed that her body should go to the Washington University School of Medicine for scientific study and research. Miss Dell was a graduate of the Washington University School of Nursing in the Class of 1917. During World War I, she served in the Army Nurse Corps. Most of her nursing career had been spent as a private duty nurse at Barnes Hospital. Her reputation as a devoted nurse was known to everyone.

The memorial services, which were attended by many of her friends, were conducted by CHAPLAIN GEORGE BOWLES. Musical selections were given by some of the student nurses.

The Administration wishes to thank all the individuals who contributed to the care of the late IRMA B. DELL. These contributions have been placed in the hospital’s Memorial Fund.

WHAT’S GOING ON?

The expansion of our medical center, including the construction of Wohl Hospital, and the anticipated addition of Renard and Barnard Free Skin and Cancer Hospitals, has necessitated a program of expanding the facilities of our Telephone Office.

Workmen are at present installing new equipment in our Telephone Office which will result in a seven position board and two hundred additional stations. 65 new trunk lines are being added to the board. The office itself is being enlarged by knocking down the wall between the Telephone Office and the old Dietary Office. This will allow for future expansion as well as the work being done at present.

Another recent change necessitated by the extensive building program was the moving of the Mail Office from its former cramped quarters to the recently vacated Surgical Secretary’s Office at the northeast corner of the Administration Building. New mailboxes with combination locks have been installed in the new office which moved into its enlarged quarters on December 14.

DRUG STORE WINDOWS FEATURE WORK OF BARNES EMPLOYEES

The east show windows of the Drug Store, usually reserved for the work of contemporary St. Louis artists, is featuring during December a nurse recruitment display by some of our hospital employees. Objects attracting most attention in these windows are the miniature dolls clad in exact replicas of the student nurse uniforms worn throughout the history of the Washington University School of Nursing.

Credit for this month’s Drug Store window feature goes to MISS MARJORIE ERLINGER, Public Relations Assistant, and MRS. MARTHA SPENCER, Personnel Director, who were ably assisted by MRS. ZOE BROWN, Laboratory, and DR. FRED NICHOLS.
GREETINGS FROM DR. FRANK BRADLEY

It is a shame that Christmas does not come more often than once a year and afford us the opportunity of wishing you health and happiness more frequently.

With all good wishes for a Merry Christmas and a Happy New Year.

Cordially,

F. R. Bradley, M.D.
Director

ANNUAL CHRISTMAS PROGRAM DECEMBER 24

The annual Christmas program will be held in Barnes Lobby at 3:30 p.m. on Wednesday, December 24. The program is planned for all patients who can leave their rooms and for employees who are able to leave their jobs for a short time. Tray cards will be distributed to the patients prior to the 24th, informing them of this special Christmas program. All the employees are being asked to cooperate in volunteering their services in assisting those patients who are able to attend to get down to the Lobby.

CHAPLAIN GEORGE BOWLES will preside at the program, an annual affair in our medical center. DR. FRANK C. TUCKER, Pastor of Centenary Church, will give a brief message. BISHOP IVAN LEE HOLT, who ordinarily gives the Christmas message, will be unable to attend this year as he is in India. The new District Superintendent of the Methodist Church in this area, DR. HERMAN LUETZOW, will offer the prayer.

Musical selections will be given by the Harris Teachers College Glee Club under the direction of MISS HELEN GRAVES, Professor of Music at Harris. There will also be carol singing around the tree.

DRS. EASTWOOD AND BARTLETT PERFECT SAFER ANESTHESIA

Two of our medical center doctors have recently disclosed a new, safer method of giving anesthesia which, in certain operations, results in a relatively painless incision for as long as two weeks.

DR. ROBERT BARTLETT, member of our staff and Assistant Professor of Clinical Surgery at the School of Medicine, and DR. DOUGLAS W. EASTWOOD, Director of the Division of Anesthesiology, have announced that this new method lets the abdomen relax without any of the undesirable and sometimes dangerous features of deep ether or spinal anesthesia after certain types of abdominal operations.

The patient is able to minimize post-operative pulmonary complications such as pneumonia by being able to breathe deeply and cough immediately following surgery, something he could not do if he were suffering pain from the incision. Complications such as blood clots can be cut with this new anesthesia because the patient is able to walk within a few hours after the operation. He is alert more quickly and needs less nursing care and morphine.

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DR. WILLIAM HARRINGTON CONDUCTS SUCCESSFUL BLOOD RESEARCH

DR. WILLIAM J. HARRINGTON, Assistant Professor of Medicine at Washington University School of Medicine, and until last summer, Associate Director of Laboratories at Barnes Hospital, has recently disclosed his successful experiments with blood.

Purpose of the project was to solve the mystery of a serious bleeding disease known as thrombocytopenic purpura, in which persons afflicted with the disease lack platelets, the cells that help to clot blood. People suffering with this disease bleed into the skin and internal organs, and if this bleeding has occurred in the brain, they may have strokes or die. There are some known causes of this, but it was the unexplained cases in which Dr. Harrington was interested.

His theory that people with unexplained cases had something in their blood which was destroying platelets faster than they could be made in the body proved to be correct. Experiments made on himself and several of his associates by injections of blood from people suffering from purpura, caused them to develop the bleeding disease. It was discovered that an antibody, or antagonistic factor toward platelets, was present in the sick people's blood.

DR. A. N. ARNESON ELECTED PRESIDENT OF MEDICAL SOCIETY

DR. A. N. ARNESON, a member of our medical staff, has been elected President of the St. Louis Medical Society to serve during 1953, succeeding DR. JEROME I. SIMIN. DR. DAVID N. KERR, also of our staff, is to serve as Secretary of the group during the coming year.

Dr. Arneson is a 1928 graduate of Washington University School of Medicine, where he has been a member of the faculty for all but three of the years since his graduation. He is Professor in Clinical Obstetrics and Gynecology and Associate Professor in Clinical Radiology. He is also Chief of Staff at Barnard Free Skin and Cancer Hospital and attending Gynecologist here at Barnes Hospital.

Dr. Arneson is a past president of the American Radium Society, the St. Louis Gynecology Society, and the St. Louis Surgical Society.

Dr. Harrington found that there are types of platelets, just as there are types of red cells which determine blood types. This is an entirely new discovery. Transfusions of blood of the right platelet type can help some victims of purpura. Although Dr. Harrington says the work is still in the experimental stage, it is expected that the discovery will prove to be of value not only to sufferers of purpura, but also for people with radiation sickness. The latter might include cancer patients treated with x-ray or persons exposed to A-bomb rays.

Dr. Harrington, a native of Boston, and graduate of Tufts Medical School, has been a member of our medical center since July, 1950.
DO YOU REMEMBER ---

when Barnes Hospital celebrated its silver anniversary back in December of 1939? In celebration of the event, a number of innovations in the hospital were put into operation.

One of the most important of these was the opening of the sixth floor of the Rand Johnson Building. Unfinished since the completion of the new surgical wing several years before, the new floor blossomed forth with twenty-four private rooms and suites, decorated and furnished in a cheerful, homelike way completely foreign to what people had grown to expect in the sterile atmosphere of a hospital. The month before the anniversary celebration, the deluxe floor had been open to the public for inspection.

Other innovations at Barnes, completion of which were arranged to coincide with the anniversary celebration, included the modern new Drug Store, Cafeteria, Barber Shop and Beauty Shop on the main floor, and the manufacturing Pharmacy and Solution Room on the ground floor.

Then, as now, Barnes Hospital was noted for its unique developments in the hospital field. Dr. Bradley termed the innovations as another step toward making the hospital a better host for its patients.

BARNES CIVIL DEFENSE PLAN REPRINTED BY MISSOURI CIVIL DEFENSE COMMISSION

The Barnes Hospital Civil Defense Plan, six months in the making, has been reprinted by the Missouri Civil Defense Commission for distribution to other institutions and organizations to aid them in developing their own disaster plans.

It was felt by the Civil Defense Commission that the Barnes plan reflected much of the necessary planning and detail organization that would be necessary in the successful handling of the heavy casualty load resulting from an atomic attack.

The Barnes Hospital plan was first published in May, 1952. HARRY E. PANCHORST, Associate Director of the Washington University Clinics, was Chairman of the committee which drafted our plan.

LYDIA ROBERTS RECEIVES 1952 COPHER AWARD

LYDIA J. ROBERTS, Ph.D., was the recipient of the 1952 MARJORIE HLSIZER COPHER Award. This is a memorial award given annually at the national convention of the American Dietetic Association for outstanding accomplishment in the field of dietetics, and is the highest honor the Association can bestow.

The award, made possible by an anonymous gift of $5,000 to Barnes Hospital, was established in 1944 in memory of Marjorie Hulsizer Copher, whose brilliant career in dietetics is known to all members of the profession. Mrs. Copher, late wife of DR. GLOVER COPHER of our staff, was a dietitian at Barnes Hospital from 1921 to 1925. Prior to this, she had served with distinction during World War I, being deco-
WOULD YOU BELIEVE IT?

Would you believe that last year, of the 378,114 examinations conducted by our Laboratory, 8,616 were blood transfusions?

It seems hard to believe that, not so many years ago, blood transfusions were very uncommon. However, today, they are an accepted part in the treatment of many patients, and our Laboratory has a special division devoted entirely to the work of supplying the blood needed for these transfusions. Pints of blood, kept in sealed containers at a certain temperature, are always on hand in our Blood Bank, making it no longer necessary to send out feverish calls for a donor to give a direct transfusion. The 8,616 transfusions given at Barnes last year represent an infinite number of operations on the part of our Laboratory staff. The processing of the blood taken from donors is a complicated procedure, calling for constant checking and rechecking every step of the way until it is given to the patient.

THE CHRISTMAS STORY

(Continued from Page 1)

And there were shepherds in the same district living in the fields and keeping watch over their flock by night. And behold, an angel of the Lord stood by them and the glory of God shone about them and they feared exceedingly.

And the angel said to them, "Do not be afraid, for behold, I bring you good news of great joy which shall be to all the people, for today, in the town of David, Savior has been born to you who is Christ the Lord. And this shall be a sign to you; you will find an infant wrapped in swaddling clothes and lying in a manger." And suddenly there was with the angel a multitude of the heavenly host praising God and saying, "Glory to God in the highest and on earth peace among men of goodwill."

And it came to pass when the angels had departed from them into heaven, that the shepherds were saying to one another, "Let us go over to Bethlehem and see this thing that has come to pass which the Lord has made known to us."

So they went with haste, and they found Mary and Joseph and the babe lying in the manger. And when they had seen, they understood what had been told them concerning this child. And all who heard marvelled at the things told them by the shepherds. But Mary kept in mind all these things, pondering them in her heart. And the shepherds returned, glorifying and praising God for all that they had heard and seen, even as it was spoken to them.

ST. LUKE 2:1-20
KNOW YOUR STAFF

MRS. MALVINA BAUMSTARK, better known to her co-workers as “Mrs. B”, came to our medical center almost nine years ago. At that time, she had plans to stay just until the war was over, but like all “best laid plans”, hers went slightly astray, and she is still holding forth in a big way as Manager of the Clinic Medical Record Department. “It sort of gets you after awhile, and you just can’t leave”, she explains.

Mrs. Baumstark, mother of two boys and one girl, and grandmother to a brood of ten, spent the first five years of her stay at Barnes as Secretary in the GU Clinic. In August of 1949, she stepped up to Manager of the Clinic Medical Record Department, a job about which she is most enthusiastic.

This month’s personality lives in Kirkwood where she has spent all of her life. She is active in church work, enjoys bridge, canasta, good operas and plays, and loves to travel. Her favorite food is fried chicken. The greatest interests she has are her home and family. “They are the most important things in the world to me”, is how she describes her feelings on the latter subject.

BARNES FAMILY ALBUM

This member of our Barnes family is a graduate of the Washington University School of Nursing and has been an employee since 1941. She held several different jobs in our medical center before assuming her present position in September of 1945. We won’t tell you what she does now, because that would give it away, but we will say that the younger generation is of primary concern to her. Another hint - this month’s “guess-who” personality has the prettiest blue eyes we’ve seen in a long time. - - Do you know who she is?

LYDIA ROBERTS RECEIVES 1952 COPHER AWARD

(Continued from Page 5)

rated by King George V of England and by the French Government for her work in dietetics among the troops. Her death in 1935 cut short a career distinguished by its civilian activities as well as the work she did overseas.

This year’s winner of the Copher Award is Head of the Department of Home Economics at the University of Puerto Rico. Outstanding among her many accomplishments was the establishment of a dietary internship at this university.
How many of you were here in December of 1947 and remember what was going on in our medical center at that time?

Then, as now, the usual pre-Christmas bustle was apparent in all the departments. The Physical Therapy Department came up with the most original decorations that year with brightly painted Christmas figures on all their windows. The members of the Dietary Department managed to find time in their busy schedules to make candy favors for the patients' Christmas trays. The annual Christmas Chapel service was scheduled for December 21 with the late BISHOP BROOMFIELD as speaker. The Lobby service, at which BISHOP HOLT was to speak, was scheduled for December 24. The interns in Maternity were making big plans for their Christmas party in McMillan Lunch Counter, and JESSIE LITTLE was taking care of the arrangements for the Housekeeping Department's Yuletide party. FRED MENENDEZ was organizing a party at the American Legion Hall for the members of the IBM Department.

NANCY SCHWARZ was the new Editor of the Hospital Record, replacing LIBBY SHANLEY, who was leaving to be married. Other items appearing in the Record that month included the announcement that Maternity Hospital had received some new incubators - the gifts of DRs. McNALLY, HOEBS, HUTTO, ROYSTON, KREBS, ROBLEE, and BROWN. Other additions in Maternity included the construction of a new room on the eighth floor. New nurse cadets who had just been placed on the nursing staff included, among others: VIRGINIA BASTIAN, ELEANOR WRIGHT, ELIZABETH GARRETT, FRANCES CARR and SARA KEY. RUDY KASAL, of Maintenance, had become the proud grandfather of a baby girl on December 8. The employees were suffering their share of illness that month with MAE MARTIN, FRED MENENDEZ, LIDA MARGARET WEBER, of Maternity Nursing, was attending a course in premature care at Margaret Hague Maternity Hospital in New Jersey.

It is possible for Christmas to have a great variety of meanings to all of us. Whatever our backgrounds and understandings might be, we are all of one accord in our awareness of the fact that Christmas time is here again. The atmosphere seems to be charged with an understanding that is peculiar to the season through which we are now passing.

This is a season of busy days - planning, shopping, visiting and decorating. In all of the hurry and confusion, let us remember that Christmas is a Christian festival. It is likewise a beautiful family festival. Let us, therefore, take time for the things which will make Christmas a fitting celebration of the birthday of the One for whom the day stands. It is a time when we seem to have a very real desire to make others happy, when good neighborliness comes in an easier way - to those who live next door and to those who live in far places.

Those who exerted the early influences in bringing about the festival of Christmas based hope in an event that can be summed up in one statement - "Unto you is born a Savior which is Christ the Lord". This statement, as such, did not cure all of the ills that existed in the human family.
BARNES PERSONALITY

MRS. MARGARET DAVES, Information Clerk in McMillan Hospital, counts as her biggest thrill since coming to work at our medical center, the registration of the first patient to enter McMillan when it opened back in 1943. "I had a very possessive air toward that first patient," she recalls today. Mrs. Daves started her career here on June 28, 1943, in Barnes Admitting, but has been in McMillan ever since it opened. Mrs. Daves, who started her life as Margaret Mudd in nearby St. Charles, Missouri, comes from a medical family (the daughter of a physician, she has two brothers who are also doctors), and so she says it was quite natural that she should have liked hospital work right from the start.

Mrs. Daves spent her childhood in St. Charles as one of seven children and remembers her home as a "regular clubhouse for all the children and their friends". She attended Warrensburg State Teachers' College and took extension work at the University of Colorado. She taught for a time before accompanying her husband to the Arizona desert for his health. They lived there for four years, and Mrs. Daves recalls her casual kind of life there with a great deal of fondness. Upon the death of her husband, she moved to San Francisco to take up a life exactly opposite from that she lived on the desert. Her brother was Commanding Officer at Letterman General Hospital, and she spent a large part of her adult life acting as official hostess for him, a job exacting in its requirements, but very pleasant, nonetheless. She returned to St. Louis in 1943 and came to Barnes shortly thereafter.

Mrs. Daves has a wide variety of interests. Traveling, the theatre, reading, knitting, long drives in the country, football, and having friends to her apartment for an evening of bridge and conversation all rank high on the list of things she likes to do.

Here's the young lady with the big hairbow as she looks today. She is none other than MISS GRACE HUEY, Associate Director of Maternity Hospital.
ON THE SCENE

Congratulations to DR. and MRS. C. J. WHEELER on the birth of a son on November 21. --- Medart's in Clayton was the scene of the annual Christmas party given on December 4 by the Clinic nurses. This year invitations were sent to all former Clinic nurses, many of whom showed up to join in the festivities. --- Best wishes to CAROL ODOM, Assistant Head Nurse in Barnes OR who left our staff to go into the Army Nurse Corps. --- JANE PRESSON, Personnel Secretary, was guest of honor on December 10 at a surprise birthday party given at the home of MARJORIE ERLINGER, Public Relations Assistant. --- Congratulations to SANDI MASON, Barnes Credit, on her promotion to Credit officer. She replaces MAE MARTIN, who will go to Barnes Admitting on January 5 as an Executive Assistant. Mrs. Martin, incidentally, has recently celebrated her twelfth anniversary as a Barnes employee. --- Sincerest sympathy to JESSIE WALLACE, Clinic Lunch Counter, on the death of her sister on November 29. --- VESTA HAMRICK, Assistant Superintendent of Nurses in Maternity, and WILDA CARSON, Assistant Superintendent of Nurses in the Clinic, attended an institute on Nursing Services Administration, sponsored by the American Hospital Association in Chicago the week of December 8. --- A Christmas Day wedding is being planned by BETTY MURRELL, Cafeteria Order Girl, who will be married to JOSEPH JACKSON. --- The Washington University Nurses Alumnae Association reports that its bazaar on December 4 was a huge success. Proceeds from the bazaar will be used to purchase a gift for the Nursing School. --- We certainly hate to lose FRANCES NOR- BURY and SARA KEY, Executive Assistants in Barnes Admitting, who left the staff December 14. They are both returning to their homes in the south - Mrs. Norbury, to Gulfport, Mississippi, where she will await the return of her husband, DR. FRANK NORBURY, from the Army, and Miss Key, to St. Petersburg, Florida. --- The Christmas carols you will hear in our corridors this afternoon are to be sung by the choir of the Walther League of the Lutheran Church. --- The student nurses have really gotten into the Christmas spirit in a big way the past week or two. On December 10, had a tree-trimming party in the Rose Room of the Residence, to which the medical and dental students and the house staff were invited. On December 12, the "Angel Formal" was held in the Residence. Santa Claus, comic presents, and a combo for dancing provided the evening's entertainment. The Cafeteria was the scene on December 18 of their annual candlelight dinner at which MISS LOUISE KNAPP, Director of the School of Nursing, read the Christmas story. Afterward, the girls carolled in the corridors of the hospital. --- Best wishes for much happiness to JULIA HARRIS, Dietary Maid, who became the bride of SGT. WALLACE MOODY on December 15 in Corinth, Mississippi. --- JEAN SHELTON, Assistant Director of the Laboratories, has just returned from a vacation in her home town of Mount Vernon, Illinois. --- JANE NIPP SALIBA, Head Nurse in the OR, is leaving the staff at the end of the year to accompany her husband to Schenectady, New York. Mr. and Mrs. Saliba were married on November 22. --- Best wishes for speedy recovery to MISS LOUISE HILL who has been a patient in the hospital. --- VIRGINIA MAY, Cashier in Barnes, has recently announced her engagement to HENRY JOHNSTOWN. The wedding is scheduled to take place on December 31 at West Park Baptist Church.
Large windows and two-way communication set between patient's room and nurse's station enable patient and visitor to see each other and converse safely.

A HOSPITAL WITHIN A HOSPITAL

The two isolation units of Barnes Hospital were established in 1943, with the assistance of a grant from the St. Louis and St. Louis County chapters of the National Foundation for Infantile Paralysis. This was another example of putting into action the pledge of our hospital group to serve the community as completely as possible.

The isolation units at Barnes are located on the first and second floors in the east wing of the hospital. Each unit consists of four single rooms, a utility room and an inside nursing station. Patients admitted to the isolation units are placed on one of three types of individual isolation: respiratory, intestinal or contact. The technique of caring for communicable diseases varies somewhat in each of the above-mentioned types of isolation, but it is always a complex operation, calling for absolute adherence on the part of everyone to all the regulations designed for the safety of both patients and the personnel caring for them. These precautionary measures surround every bit of care the patients in the isolation units receive. Even such a seemingly simple act as serving the meals requires the most detailed planning.

It is obvious that the exclusion of all visitors is essential if the spread of infection is to be avoided. In accordance with this principal, the doors to the rooms in the isolation division are always kept closed. The nurse's station is arranged so that relatives or other visitors (Continued on Page 12)
but it gave the hope that was able to lead one on from one challenge to another. For many hundreds of years these words have actually been the basis for the most beautiful festival that the Christian part of the world has known. The spirit of it has been contagious in every part of the world where it has been given a place, even among those who profess no interest in the cause that has resulted from His life.

Over nineteen hundred years ago a life came into being which changed the course of the world. True historians and folk of the most humble sort have not been able to forget this fact or erase it from the pages of human happenings. Jesus lived and worked among members of the human family for the space of a few short years, yet because He came, men down through the centuries have continued to sing “Glory to God in the highest, and on earth peace, good will toward men”.

We are always able to find some individuals who do not wish to be included among those who have the Christmas spirit as most of us understand it. They claim to be interested in what we might well term absolute perfection - though they do not actually find it in many areas of living. They question what some of us mean by peace and good will, in a world where there is a degree of hatred and war. There is a stated determination to wait for the coming of perfect peace and widespread good will before admitting any interest in a cause which is established on such elements. Well, there is much that might be said on this subject and in behalf of such individuals. One thing should be certain - those of us who do find meaning in Christmas of 1952 must be sympathetic toward, not critical of, those who do not. The development of such an attitude will add something to the season that we could not otherwise have.