On January 1, the Social Service Department became officially a part of the Washington University Clinics and Allied Hospitals. Ably headed by MISS MARY LEWIS, who supervises the activities of twenty-one social workers and eight clerical personnel, this department is another of the departments which contributes its share in affording the most complete care to our patients it is possible to give.
RED CROSS DRIVE OPENS MARCH 1

The 1953 Red Cross Drive will open on March 1, and this year, as usual, Barnes employees will have the opportunity to contribute to this worthwhile cause. This year’s goal for the Greater St. Louis area is $1,257,092.

We are all familiar with the role the Red Cross plays. This year, Red Cross has the added responsibility of collecting 2 million additional units of blood to be used in combating poliomyelitis in epidemic areas. In addition, this money will support the following Red Cross Activities: disaster relief, first aid training, water safety, home nursing, service to the Armed Forces, emergency aid to families of service men, blood for the Defense Department, blood for civilians, and Junior Red Cross. Over one-third of the goal will be allocated for the procurement of blood.

Pledge cards may be obtained in the Personnel Office. There will be no payroll deduction this year; however, donations may be made by cash or check, or if requested, the Red Cross will bill you directly at your home. Everyone is urged to make his contribution as generous as possible.

SCHOOL OF NURSING HOLDS OPEN HOUSE FOR GIRL SCOUTS

On January 17, approximately 100 Girl Scouts from the St. Louis area were guests of the School of Nursing at an all-day program which started at nine o’clock in the morning with a talk on Nursing by MISS RUBY POTTER, Assistant Director of the School of Nursing. A tour throughout the medical center completed the morning’s activities, followed by lunch in the Barnes Cafeteria. In the afternoon, the guests met and talked with student nurses and visited in their rooms.

Purpose of the program was to give these young girls, all of whom were interested in Nursing as a career, some idea of what a hospital and nurses’ training course are like. The Administration of the Nursing School wishes to thank everyone who cooperated in helping to make the open house a success.

CLASS OF SEPTEMBER, 1952, TO RECEIVE CAPS

The Graham Memorial Chapel of Washington University will be the scene on February 27 of the capping of the students of the Class of September, 1952, at the School of Nursing. When a student nurse receives her cap, it indicates that she has successfully completed five months of pre-clinical training.

Following the solemn ceremony, an informal reception for the students and their families will be held in the Lounge of the Residence.

REDUCED RATES ON TICKETS FOR HOME SHOW

The Personnel Office has a limited number of tickets for the Home Show to be held at Kiel Auditorium February 21 through March 1. These tickets, when presented at the box office at the Auditorium, are good for a saving of $.15 on a $.50 admission.
SOCIAL WORK - ANOTHER SERVICE INCLUDED IN MODERN MEDICAL CARE

On January 1, the Social Service Department became officially a part of the Washington University Clinics and Allied Hospitals. Established in 1910, our Social Service Department is one of the oldest departments of this kind in the country. It was founded by a committee of the Board of Managers of St. Louis Children's Hospital, and grew out of the committee's activities in trying to meet some of the needs of sick children. As our medical center developed, the services of this department expanded to include Barnes, McMillan, and St. Louis Maternity Hospitals and the Washington University Clinics.

Social work in hospitals and clinics was established as early as 1905 under the leadership of physicians and laymen who believed that adequate medical care included attention to the personal and social problems associated with illness. Changes in medicine and communities were posing new problems in the care of clinic and ward patients. Immigration and the growth of industrial centers had greatly increased the demand for services of hospitals and clinics, and at the same time, increasing use of hospitals and clinics was being made in preference to medical care at home. In addition, as specialization in the medical profession developed, physicians were no longer able to apply a personal knowledge of the patient's home environment as an aid in his treatment. The development of social work in the medical field grew out of the need for someone to assist the patient and his family to deal with problems in their personal lives which might form obstacles to satisfactory medical treatment, rehabilitation, and prevention of further illness.

Stated briefly, the primary purpose of our Social Service Department is to help the patient obtain the maximum benefit from available medical care. Our social work-

(Continued on next page)

In the interview, the case-worker and the patient talk together in a planned, purposeful way about personal problems which might have a significant effect on his physical recovery.
SOCIAL WORK - ANOTHER SERVICE INCLUDED IN MODERN MEDICAL CARE
(Continued from preceding page)

Social workers operate as one part of the medical team under the leadership and direction of the physician and in collaboration with other medical personnel. The primary tool of social casework is the interview, in which the worker and patient can talk together in a planned, purposeful way about personal problems which might have a significant effect on his physical recovery. Pertinent matters such as the patient's job, his ability to obtain employment if a physical handicap results from his illness, and the attitude of his family toward his illness are some of the numerous problems with which the social worker helps the patient to cope. A patient may be seen by the caseworker only once or he may be seen over a period of as long as a year. Caseworkers are assigned to patients according to medical services: for instance, a worker assigned to OB in the Clinics also handles cases in that division in the hospital. This system provides for a continuity as well as economy of service. Referrals to our Social Service Department usually come from the medical staff.

The Social Service Department participates in the teaching of medical, nursing, physical therapy, hospital administration and dietetics students as well as in the training of students in social service, taking their work at Washington University. At present, there are five social service students taking their field work in our department. In order to qualify as a social worker in our medical group, the individual must have her Master's degree in social work. Students are required to do field work throughout their two-year course of graduate study - the first in some family agency and the second in the field in which the student plans to make her career.

The Social Service Department is ably headed by MISS MARY LEWIS who supervises the activities of twenty-one social workers (three of whom have teaching responsibilities in the Washington University Medical School) and eight clerical personnel. Although the results of the work done by this department cannot be given a monetary evaluation, the essential value of the work may be seen in fewer hospital readmissions, fewer instances when the patient discontinues treatment before its completion, increased independence on the part of individuals physically handicapped from their illnesses, and the prevention of further disability caused by social and emotional problems. The Social Service Department is another of the departments of the hospital which contributes its share in affording the most complete care to our patients that it is possible to give.

In the picture on the preceding page, the social worker is MISS CLARICE ROOT. The part of the patient is played by MISS P. WINDERS, Clinic Secretary.

NURSES' BAKE SALE FEBRUARY 26

The lounge of the Nurses' Residence will be the scene from 1-4 on Thursday, February 26, of a bake sale sponsored by the Alumnae Association of the Washington University School of Nursing. The general public is invited to attend the sale, which will feature home-baked goods. Anyone wishing to make donations of bakery goods may leave them in the front office of the Residence. Needless to say, all donations will be gratefully accepted! For further information, contact MISS MARY BAER, Secretary of the Alumnae Association, at the School.

There was once a sailor who treated all of his girls to wine because he wanted a little port in every sweetheart.
WOULD YOU BELIEVE IT?

A little known fact to many Barnes employees is that the Sewing Room on the ground floor not only mends all the hospital linen, but also makes a great deal of the new linens used at Barnes. The decidedly feminine staff in the Sewing Room did a man-sized job last year in turning out the articles mentioned in the accompanying statistics. However, this, by no means, represents a complete list of the thousands of pieces of linen made last year in this department.

2186 glove pockets
6026 surgical masks
1776 doctors' caps
1050 bedside table covers
1350 baby dresses
1300 baby sheets

1800 tape hangers
1800 baby pads
4476 18 x 18 wrappers
2218 OR towels
2288 Central Supply towels
1340 dish towels

UNIVERSITY SURGEONS MEET FEBRUARY 12-14

The Washington University School of Medicine was host to the fourteenth annual meeting of the Society of University Surgeons on February 12-14. DR. EUGENE BRICKER is President of the Society, which presented a combined program in conjunction with St. Louis University School of Medicine.

The welcoming speech was made to the more than 150 members attending the meetings by DEAN ROBERT MOORE in the Medical School Auditorium, where the first day's sessions were held. A buffet luncheon was served at the Nurses' Residence and that night a dinner dance for members, wives, and guests of the Society was held in the Tiara Room of the Park Plaza Hotel.

The meetings on the thirteenth were held in the Regency Room of the Chase Hotel where, that evening, the annual dinner was held. The meeting continued through noon on the fourteenth, with the presentation of more scientific papers, a feature throughout the three-day session.

Among those of the staff here who presented papers at the meeting were:


DRS. WILLIAM BARRY WOOD, JR., WILLIAM J. HARRINGTON, VIRGIL LOEB, JR., C. BARBER MUELLER, A. PORPORIS, HARVEY BUTCHER, WILLIAM SLEATOR, OLIVER LOWRY, C. E. LISCHER, C. A. McAFEE, and CHARLES ECKERT.
BARNES PERSONALITY

HELEN DePRENDER’s reputation for liking people and wanting to “do for them” (as she states it) is well known around the hospital and especially up on 6200 where her jolly laugh and motherly efficiency have made her mighty popular with the personnel as well as the patients.

Mrs. DePrender came to Barnes in November, 1946, following a three and a half year stint as nurse aide down at the Jefferson Barracks Hospital. She started out at Barnes as a nurse aide on 7200 nursing division and in November of 1951, she moved down to 6200 where she holds forth today. It was back in June, 1949, that she was promoted to Nurse Assistant.

Mrs. DePrender came into the world down in Hartshorne, Oklahoma, but she and her sister left there when she was fifteen years old and went to Cleveland, Ohio, where she got a job baking in a pastry shop. The experience she gained there comes in handy today when she whips up a batch of her famous home-made bread or biscuits, she says.

She came to St. Louis in 1922 and was married shortly thereafter to CHARLES De

BARNES FAMILY ALBUM

This solemn-looking young miss behind the big pocketbook has been a familiar sight around these parts since back in October, 1945. She started her career in our medical center as a floor secretary, but that is not the job she holds today. Particularly popular with some of our employees around the 6th and 21st of each month, this employee recently surprised everyone with the news of her forthcoming marriage. Another hint - she has short brown hair, grey-green eyes, and has an affinity for pretty clothes.

PRENDER, whom she met at a party. Her son, WILLIAM, and his wife have presented her with two grandsons, around whom this month’s personality claims all her interests are centered. Too busy for a hobby, Mrs. DePrender nevertheless, finds time to be active in the Alter Society of St. Pius Church and to do a little baby sitting with those wonderful grandchildren.

At Alcatraz, a convict frantically summoned a guard, pointed at the rain pouring through the roof, and snarled, “This pen leaks!”
The engagement of MISS MARY TERESA HALLORAN to DR. WILLIAM J. HARRINGTON was announced recently. --- Congratulations to DR. HAROLD ROBERTS, who has been elected Secretary of the St. Louis Diabetic Society for the second year in a row. Congratulations are also in order for DR. A. N. ARNESON, who has been elected a member of the Board of Chancellors of the American College of Radiology. --- Several Barnes employees had Valentine's Day weddings: MILLIE SIMPSON, IBM, became the bride of MIL. PALMER on the fourteenth, and MINNIE JACKSON, Nurse Assistant in Barnes Recovery Room, was married to LEROY SIMPSON on that day. On February 13, the employees of the Recovery Room had a party in Minnie's honor. --- CHRISTINE NELSON, Head Nurse in Barnes OR, spent a delightful vacation at the Mardi Gras in New Orleans. --- Others who enjoyed vacations in the sunny south are DR. and MRS. WILLIAM AIKMAN, who acquired their nice tans at Pass-a-Grille, Florida. --- DR. BISHWA BAGCHEE, Administrative Resident, was speaker on January 30 at the annual luncheon of the Veterans of the China-Burma-India sector of World War II. Dr. Bagchee was also host on January 26 to a group of doctors from twelve different lands who attended a reception commemorating the third anniversary of the Indian Republic. --- Student nurses threw caution to the wind when they entertained students from the Medical and Dental Schools and members of the fraternities from out on the Hill with a Friday-the-Thirteenth Mixer in the Lounge of the Nurses' Residence. --- The American Protestant Hospital Association held its annual meeting in Chicago February 12-13. CHAPLAIN GEORGE BOWLES and HARRY PANHORST attended. On the two days preceding this meeting, Chaplain Bowles attended the annual convention in Chicago of the National Association of Hospitals and Homes of the Methodist Church. He was also present at a convocation of Methodist ministers of an eight state area on February 4-5, at Southern Methodist University, Dallas, Texas. --- Best wishes for much success to AUDREY NEUWIRTH, Head Nurse in Barnes OR, who will leave February 24 to report for duty with the U.S. Navy Nurse Corps at St. Albans, New York. --- Our sincere sympathy to BERTHA BREWER, Cafeteria Counterwoman, on the death of her sister, and to MARTHA KALTWASSER, Assistant Secretary in Barnes Nursing Office, on the death of her mother. --- ELSA KREGER, exchange Student Anesthetist from Denmark, has completed her work here and has gone to McNeil Memorial Hospital at Berwyn, Illinois, for a three-month period. After a tour of the United States, she will return to her native Denmark. She has asked that we thank everyone for the many kindnesses shown her while she was here. --- Our nomination for proudest father of the month goes to JOHN WEISSGERBER, IBM, whose wife presented him with a baby daughter, MARY SUSAN, on January 16 at Maternity Hospital. The Weissgerbers already have three sons. --- Other proud new parents are DR. and MRS. SAM GUZE who also had a little girl in Maternity on January 30. --- Assistant Supervisor in McMillan OR, ILSE SCHRUEER, left February 1 to await an arrival in the Scheuer household. --- VIRGINIA COPP, Executive Assistant in McMillan Admitting, returned from her one-week vacation, which she spent at home, looking fit as a fiddle. --- Good luck to ADELE HEUMANN, Formula Room Dietitian, who left February 15 to start her new job as Therapeutic Dietitian at Jefferson Barracks Hospital. --- The Nurses' Home will be the scene tonight of an open house for alums, students, and friends prior to their attending the Cen-
KNOW YOUR STAFF

MISS MARY LEWIS, a charmingly businesslike young woman who wishes people would get over the idea that a social worker is a sort of "lady bountiful", directs the activities of the Social Service Department in our medical center. She took over her duties as Director of Social Service in June of last year, following a varied and interesting career in her chosen field of work.

Born in Osceola, Iowa, Miss Lewis made her home up in the land of the "tall corn" until her graduation from the University of Iowa where she majored in education. She initiated the children of her home town into the "three R's" for a time, then went to Caldwell, Idaho, as teacher in the junior high school there. During her days as a teacher she became interested in Social Work and finally returned to the University of Iowa for the first year of her graduate study in what was to be her life's work. The second year of her two-year course she took at Washington University, doing her field work right here in our own medical center.

In January, 1942, she accepted a position in the Midwestern Area of the American Red Cross, being assigned first as a caseworker at Fitzsimmons General Hospital in Denver, Colorado. From that point on, she held jobs with increasing responsibility at O'Reilly General Hospital in Springfield, Missouri, and Schick General Hospital at Clinton, Iowa, and then became Red Cross Field Supervisor in the hospitals in a number of the states in this area. She saw overseas duty in England and France during the latter months of the war in Europe, and returned to the United States after VE day.

Miss Lewis came to our medical center in June, 1946, as supervisor of a unit of students. In 1947, she became casework supervisor and assistant to the Director, a position she held until last June. She is an active member of the American Association of Medical Social Workers and the American Association of Social Workers, and participates in numerous activities of the various social work organizations. Favorite pastimes include golf, swimming, music, plays, and traveling.

ON THE SCENE
(Continued from Page 7)

tennial Celebration at Washington University Field House. --- DR. JOSEPH OGURA will give a course from February 28 through March 7, in nasal reconstruction in McMillan OR. Heads of departments from several universities, as well as some of our staff members, will attend. --- Besl wishes for a speedy recovery to MARY ELLEN BARRETT, Clinic Medical Records, who is a patient in the hospital. --- On February 13, DR. FRANK BRADLEY attended a meeting of the Joint Committee of the American College of Radiology and the American Hospital Association in Chicago.

At a circus recently, a girl told her escort, "What a thrill! I just met a two-headed man face-to-face-to-face."
CHAPLAIN’S CORNER
by
GEORGE BOWLES

Many of our interests and activities of the program of life center around events that have come to have real meaning across the years. Many of these events come to us as great gifts from other generations. They are not of our making, but we gladly include them as our prize possessions. They have been paid for by individuals who have had interests outside personal realms, and often the price has been very high.

What are some of these events? As American citizens we look back to victories which are reviewed each year on Independence Day. Even back of that was a day of Thanksgiving for a beginning that was made by the strong and the stalwart. Certain days stand out in our American program of life because they remind us of the birth of the father of our country, a liberator, and many others who have given us much that we claim with great pride. People of a freedom-loving land owe so very much to the past heritage out of which they have been privileged to develop, and when this is recognized on a wide scale, there is hope for a good future. Generally speaking, we can claim this state of affairs is our good fortune.

There are other events, aside from those of a national nature, which have to do with the developments of our interests and the shaping of our activities. We could list them in several areas of life, and some in the area of religion. Christmas is one of the major events among Christians and non-Christians of our land. The attitudes and purposes which center about the day are not the same, but the spirit

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5 YEARS AGO IN THE RECORD
February, 1948

The February, 1948, issues of the Hospital Record contained a two-part history of Barnes Hospital and its founder, ROBERT A. BARNES. There was a Blue Cross membership drive going on that month - a month which was characterized by lots of rain and cold weather. It was in the middle of one of these cold snaps that the Maintenance crew set about revamping the ice plant. The thirteenth fell on a Friday that year and the old superstition seemed to hold true for the public - on that day, Barnes had more patients than on any other day in its history up to that point. The census that day was 437. MRS. CORNELIA KNOWLES had the distinction of being the first “personality of the month” when her life story was presented in the February issue.

Among personal items was news that: MARLENE HUNTER, Dietitian, had made a visit to her sister in Indianapolis. - ALICE KELLY, Assistant Housekeeper, had visited her mother up in Minnesota. - BERTHA TYSON, Pharmacy, was recovering from an illness which had her hospitalized. - LIBBY SHANLEY, former editor of the Hospital Record, had been married to DR. THOMAS FERGUSON, and had moved to Durham, North Carolina. - METHEL ANN TEAGARDEN, McMillan Admitting, had been one of the guests of honor at a surprise party given by MRS. KNOWLES. Methel Ann was planning her marriage to LEDN ROGERS that fall. - HARRIET ABBOTT had transferred from McMillan floor secretary to secretary in the Nursing Office.

Two tourists had rented a tandem bicycle and struggled valiantly to the top of a high hill. “Phew,” exclaimed the one in front, “I thought we’d never make it.” “Me neither,” agreed the one in back, “and if I hadn’t kept the brake on, I bet we’d have slid all the way back at that.”
LYDIA J. ROBERTS RECEIVES 1952 MARJORIE HULSIZER COPHER AWARD
(Reprinted from an Editorial appearing in the JOURNAL OF THE AMERICAN DIETETIC ASSOCIATION, Volume 28, Number 12, December, 1952.)

At the Annual Banquet held in Minneapolis on October 24, the highest honor of The American Dietetic Association was conferred on DR. LYDIA J. ROBERTS - that of the MARJORIE HULSIZER COPHER Award. In presenting the award to Dr. Roberts, MARGARET A. OHILSON, Ph.D., President, said:

"The Marjorie Hulsizer Copher Award was established in 1944 when anonymous funds were given to Barnes Hospital, St. Louis, Missouri, for the purpose of perpetuating the name of Mrs. Copher in the field of dietetics. An additional sum has since been added to the original contribution, and interest from the fund is given each year to a person selected by the Executive Board of The American Dietetic Association, with the advice of the Director of Barnes Hospital. The award is recognition of distinguished service to the profession of dietetics and represents the highest honor by which The American Dietetic Association recognizes its members. This year, Lydia Jane Roberts has been selected as the recipient of the Copher Award.

The members of this audience are familiar with the many contributions to nutrition and dietetics made by Dr. Roberts. The latest of particular interest to this Association is her sponsorship of home economics education at the University of Puerto Rico which led to the approval this year of the first dietetic internship established outside of the borders of the forty-eight states. She is now on leave from the Inter-American Institute of Agricultural Sciences at Turiabla helping to develop home economics education for South and Central America.

I first learned to know Dr. Roberts through her book, "Nutrition Work With Children," the first edition of which came off the press about the time I entered graduate school. It was and is a classic in the assessment of nutritional status in children. In 1936, the American Home Economics Association recommended Dr. Roberts for the Borden Award in recognition of her contribution to the nutrition of children living in institutions.

The tribute which is engraved on the plaque of this Award and which was written by THELMA PORTER, Ph.D., student of Dr. Roberts, expresses better than I can, the esteem in which the members of this Association hold Dr. Roberts. I should like to read it to you:

'Lydia Jane Roberts, in recognition of a distinguished leader and teacher of human nutrition; exponent of the ideals of The American Dietetic Association; pioneer in the development of nutrition work with children; and outstanding contributor to the establishment of sound national and international policies concerning nutrition. Her unusual ability to interpret scientific information and to devise methods of applying the principles of nutrition to human needs has led to the improvement of human welfare. Because of her broad interest and ambitious spirit, many have been inspired to follow her leadership.'

Dr. Roberts, it gives me great pleasure to present you with the Marjorie Hulsizer Copher Award and to extend my best wishes to you."

In accepting the Award, Dr. Roberts reviewed the work of Mrs. Copher, saying:

"It is indeed an honor to have been selected as the one who is this year to help to keep in our remembrance the name of Mrs. Marjorie Hulsizer Copher. I wonder if you all know who and what Mrs. Copher

(Continued on next page)
was and why she is honored by this Association. I must confess that I did not until I was told that I was to receive the honor of the Award this year. Thinking that some of you may also wish to know of Mrs. Copher, I believe it would be fitting for me to review some of her work, as it was set forth in the December 1945 issue of the Journal:

'Mrs. Copher was distinguished for her services during World War I and for her professional activities in The American Dietetic Association. In May 1917 she went overseas as a dietitian with the Peter Bent Brigham Base Hospital Unit of Boston. For her services she was decorated by King George V of England and by the French Government. Later she was transferred to the A.E.F. as Dietitian of Base Hospital No. 57 in Paris. Mrs. Copher was one of the first to introduce the comparatively new profession of dietetics into the British Army. She was called the 'Home Sister' in contrast to the British Army Nurse's title of 'Nursing Sister.' Mrs. Copher became a member of the American Dietetic Association in 1921 and served long and actively in the Association as contributing editor of the Current Literature Section of the Journal, and later as a member of the Journal Board.

She was Chief Dietitian at Barnes Hospital from 1921 to 1925 when she resigned to marry Dr. Glover H. Copher, Associate Professor of Surgery at Washington University. Mrs. Copher died at Barnes Hospital on May 19, 1935, cutting short a distinguished career.'

Her husband is still active in the field of medicine at Barnes Hospital.

Former recipients of the Marjorie Hulsizer Copher Award have been Ruby Motley (now

Answer to this month's “guess-who” picture is Miss Doris Spangle, soon to become the bride of Gordon L. Kennedy. Miss Spangle is Secretary to Miss Ann Campbell, Superintendent of Nurses.

Ambrust), then First Lieutenant in the Medical Department of the Army (1945); Mary Pascoe Huddleston, former Editor of this Journal (1946); Lulu G. Graves, first President of the American Dietetic Association (1947); Grace Bulman, Chief, Dietetic Division, Department of Medicine and Surgery, Veterans Administration (1948); Fairfax Proudfit, long on the staff of The John Gaston Hospital, Memphis, and author of the well-known text, "Nutrition and Diet Therapy" (1949); Mary deGarmo Bryan, former Professor of Institution Management, Teachers College, Columbia University (1950); and Lenna Cooper, co-founder of The American Dietetic Association (1951).

I am proud and honored to join this distinguished group, and above all to be the one who this year calls to your memory the services rendered by Mrs. Marjorie Hulsizer Copher.'
DO YOU REMEMBER

when, looking northeast toward Barnes Hospital, the view looked like this? Those of you who were around back in the 1920’s undoubtedly can recall when the River Des Peres (in foreground of picture) wound its somewhat odiferous way through the park. However, today, the river is underground, and Jefferson Lake stands on the spot where the river was at one time. The Barnes skyline of that day was a far cry from the impressive one of today which is such a favorite with professional photographers.

CHAPLAIN'S CORNER
(Continued from Page 9)

of it has become engrained into the general program of life as we know it.

Another important event of a religious nature is Easter. Preceding this day is the season we know as Lent, which started this week with Ash Wednesday. The meaning of this season will vary with individuals. For some, it will have no conscious meaning at all, while for others, it will be a time of memory of and appreciation for life lived. This can be a profitable time of adjustment in regard to our habits of living and our attitudes toward our fellow men. There is no question as to the need of such adjustments for all of us, if we are honest with ourselves.

One might justly say that events and seasons should not be necessary in character development. Possibly so, but as we already have them in our inheritance, we might profitably make use of them.