Hospital Board Elects 3 Members

Joseph F. Rowitch, president, recently announced that three new members have been elected to the Hospital Board of Directors.

Bram J. Lewin and Elliot H. Stein were newly elected to the board; Alfred Fleishman replaces Morris A. Shenker, who has left the Board of Directors because of his election as president of the Jewish Federation. Re-elected members include: James Arthur Baer, H. Norman Bierman, Julius Cohen, Saul A. Dubinsky, Lee M. Liberman, Mrs. Harry Milton, Herbert S. Schiele, and Gordon Gertler.

Bram J. Lewin

Bram J. Lewin, vice-president of Mofac Industries, has been a member of the J.C.C.A. Board as well as the Jewish Center for Community Services.

Dr. John Greene, Visiting Professor

Dr. John W. Greene, Jr., professor of obstetrics and gynecology at the University of Kentucky, recently spoke at the Hospital during a Visiting Professorship Forum on February 11.

The two panel discussions held at Steinberg Auditorium were supported by the Dr. Leon Foster Fund, and public and sponsored by the hostel. The meeting will be held at 8:05 p.m. on February 21 in the auditorium of the Moses Shoenberg Nurses' Residence. The subject will be "The Psychotherapy of Racial Violence."

Dr. West received his degrees at the University of Minnesota, and advanced training at the University of Minnesota Hospitals; Payne Whitney Clinic of the New York Hospital (Cornell Medical Center); and at the Topeka Institute for Psychoanalysis.

He has been head of the Department of Psychiatry, Neurol- ogy and Behavioral Sciences, at the University Hospital, School of Medicine since 1954. He is a member of 25 national societies, and has his biography listed in American Men of Science, Leaders in American Science and Who's Who in the South and Southwest.

A grant of $500,000 has been received by Jewish Hospital from the Louis D. Beaumont Foundation. The announcement was recently made at a Hospital Board of Directors meeting.

The unrestricted gift will be known at the Louis D. Beaumont Endowment Fund for Medical Education and Research.

Mr. Beaumont, one of the founders of the May Department Stores Company, died in 1942 leaving the bulk of his fortune in trust for philanthropic purposes. The Foundation primarily promotes the philanthropic, cultural, and education welfare of those communities in which 'The May Department Stores Company' has established its major stores. Presi- dent of the Foundation is Edgar H. Kahn, Jr., vice-president of Ford Motor Co.

At a health, research, and educa- tional institution, Jewish Hos- pital has been a frequent recipient of funds from the Foundation. The Hospital received $300,500 during the fiscal year of 1954, and an additional $300,000 during the 1962 Development Fund campaign. The major portion of funds received from the Foundation have been used on hospital programs at the hospital. In 1961, the Department of Pathology and Laboratories received a donation of $50,000 to undertake a two-year program of research for "Marie's Ataxia", a disease which concerns the loss of recognition.

The funds were used to develop laboratory tests with which to establish the diagnosis of ataxia in a patient, and to follow the course of the disease.

More than $30,000 has been donated to the Department of Surgery, especially for work in nose and throat diseases as wells as hearing disorders.

Mr. Beaumont's nephew, Morton J. May, was the original contributor to research at Jewish Hospital, and continued to contribute to the hospital.

Dr. John Jolton West, head of the department of psychiatry at the University of Oklahoma, will be a guest speaker for a joint meet- ing of the staff of the Division of Adult Psychiatry and the Eastern Missouri Psychiatric Society. The meeting will be held at 8:05 p.m. on February 21 in the auditorium of the Moses Shoenberg Nurses' Residence. The subject will be "The Psychotherapy of Racial Violence."

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Teen-Agers Attend Program For “Careers in Health”

"Careers in Health" was the theme of the program for teenagers sponsored by the auxiliaries of the three teaching hospitals affiliated with Washington University School of Medicine — Jewish, Barnes and Children's.

All teenagers in the St. Louis area interested in a career in health were invited to attend the Sunday afternoon institute.

It is anticipated that through the refresher course for R.N.’s, many graduate nurses in the community will be encouraged to re-enter the profession.

Nurses Have New Duties

Mrs. Ruth Muegge, R.N., B.S., administrative assistant in nursing service will assume the duties of coordinating the in-service education program at the Hospital.

Mrs. Ruth Muegge

Her responsibilities will include: 1) developing an orientation program for new personnel; 2) developing and carrying out on-the-job training for non-professional personnel; 3) providing continuing staff development for all personnel; 4) planning a refresher course for registered nurses.

Mrs. Edith Dawson

Mrs. Edith Dawson, R.N., will assist Mrs. Muegge in the orientation program and on-the-job training for non-professional personnel.

Mrs. Muegge and Mrs. Dawson will also familiarize new employees with the job aid file system. They will inform personnel about any new equipment to be used on the floors; how to use it; and what results to look for in the patient’s reactions.

Dr. Ralph Graff Joins Staff in Surgery

Ralph Graff, M.D., has joined the Jewish Hospital medical staff as a full-time associate in Surgery. His duties in the Department of Surgery here will include continuation and expansion of his research; performance of clinical work on his own patients; and teaching of house staff and medical students.

A graduate of Washington University School of Medicine, he served an internship and surgical residency at Jewish Hospital (1957-62). From 1962 to 1964, he was chief of surgery at Dunham Army Hospital, Carlile Barracks, Penn. Following his duty in the army, he was awarded a post-doctoral Fellowship from the National Science Foundation for study of transplantation and transplantation genetics. He spent 18 months at the Jackson Laboratory, Bar Harbor, Maine, working with George Snell, M.D., renowned authority in transplantation genetics.

While at the Jackson Laboratory Dr. Graff investigated in detail several of the genes involved in the rejection of grafted tissue. Such genes are called histocompatibility genes. Certain products of these genes, called antigens, have also been the subject of Dr. Graff’s studies. Such antigens are located in the cell membranes of most tissues. If an animal comes in contact with a foreign antigen, either in the form of bacteria or a tissue graft, he will produce substances called antibodies which will in turn destroy the foreign antigen. It is this mechanism which protects the individual from infection as well as preventing successful tissue transplants.

Dr. Graff said that through the use of purified antigen preparations, and with an increased knowledge of the histocompatibility genes, it is hoped that a type of tolerance can be produced that will prevent the rejection of tissue grafts without destroying the individuals ability to protect himself from infection. Dr. Graff’s research at the Jackson Laboratory have led to four publications; he is the senior author of each of them.

Dr. Graff is married, and has two children.

New Location For Inhalation Therapy

Inhalation therapy has recently moved to a room on the ground floor, across from the Birthing Room. It was previously located on the first floor, across from the Birth Room.

Miss Betty Short was recently appointed the assistant supervisor as supervisor of the section. She has recently returned to the Hospital from the direction of Vince Richter, news director of KMOX Radio, St. Louis. She recently assisted in the American Hospital Association year-end news in depth round-up.

Miss Linda Sue Heisel is the first female inhalation therapist at the Hospital. She recently assumed her duties as a member of a team of seven therapists under the direction of Vince Richter, chief inhalation therapist.

Mrs. Beverly Monical, R.P.T., has recently returned to the Hospital from Director of Physical Therapy as supervisor of the section. She will be available for discussion of physical therapy problems with staff physicians.

Mrs. Beverly Schulze, R.N., clinical instructor in medical-surgical nursing, recently attended a two-day post-graduate course in cardiovascular nursing presented at the University of Kansas Medical Center in Kansas City. A written summary of her findings was presented during a faculty meeting.

Harlan E. Shake, M.T. (ASCP), has recently taken the position of administrative supervisor of the Department of Pathology and Laboratories. Mr. Shake was previously supervisor of the technicians working in the laboratories at night and on Sundays. He has been with the hospital since 1959.

Miss Betty Short was recently appointed as the assistant supervisor in Central Supply. She has been with the hospital for 7½ years.

 Hunley Stanolokoloege, 33, will join the staff of Jewish Hospital on July 1 as an administrative resident. Mr. Kolodziej is presently a student at Washington University and formerly was assistant director at St. Louis University Hospitals.

Miss Lois Small received her R.N. and B.S. degrees from Montana State University. She did some of the work on her masters degree at Long Beach State, in Long Beach, California, and received her M.N. from Montana State University.

Before coming to St. Louis, she worked at Rancho Los Amigos, in Downey, Calif.
In 1839 Simon Pollak was finishing his first year in America with a long bout of fever contracted while plowing the backwoods on horseback. He was too ill to be considered a doctor and was serving time on horseback. His professional chores, though strenuous, had been insufficient to afford him to accumulate $3000 in gold coins, a remarkable achievement considering the widespread financial crisis of those years. His patron and host, a slave-owning planter of the South, became a frequent guest in the Pollak household, and the two soon were in the habit of going horseback riding together, decided to cut himself in on the bounty by denying that he was a doctor. He was not trusted to him for safekeeping.

After this experience Simon Pollak looked for more civilized surroundings to settle in. The town of Nashville, this proved to be a fortunate move. Here he soon became a first-rate physician and living among the leading families, where he had an opportunity to absorb their culture and learn the English language and Southern civilization. He became recognized as a physician by the leading citizens, and was asked to join the founder's group of the local medical society. Among his many acquaintances in Nashville were two presidents, ex-president Andrew Jackson and future president General Zacharias Taylor. The latter was to have a decisive influence on his career, when he suggested a move to New York.

In 1843 Dr. Pollak could no longer resist the call of the Mississippi. With his now substantial resources, which included the $3000 his former patron had forced him to return, he bought an estate in the parish of Pointe-Claire in the vicinity of Montreal. He cleared himself among the local gentility.

This venture was a short and a most unsuccessful one. He moved near the Mississippi sprang the dikes and swallowed his land. Roused and maintained in New Orleans by his friendly neighbor, the General, he learned of beckoning possibilities in the sister town of St. Louis. Thus it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. That it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. That it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. That it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. That it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. That it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. That it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. That it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. That it happened that on the 1st of March 1845 Dr. Pollak landed in St. Louis. 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Contributions to Jewish Hospital Funds

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MRS. NADEAN WRIGHT, (right) supervisor of Central Supply, demonstrates new equipment to Mrs. Letha Sampson, Youth Corps Volunteer, in planning for this year’s new Equipment Fair to be held on March 3.

New Equipment Fair to be Held

MRS. NADINE WRIGHT, (right) supervisor of Central Supply, will again coordinate this year’s Equipment Fair to be held on March 3 from 9 a.m. to 4 p.m. in the MAC Room.

Representatives from many companies will demonstrate new products to members of the Jewish Hospital staff, giving background information on the equipment as well as discussing possible reactions of the patients.

To the friends of Doctor Foster:

It is with deep appreciation that I thank you for the generous contributions you have made to the Leon Foster Fund for Ongoing Education in Obstetrics and Gynecology. Your kindness has meant a great deal to our family in the past few months.

Sincerely,

Mrs. Leon Foster
Switchboard Operators Do Rapid Transit Work

Communication in the hospital has its nerve center at the switchboard. This switchboard is not run by an electronic computer, but by qualified and experienced women who are alert, sensitive and accurate in their work. Speed is an essential part of this job. They instinctively distinguish emergency calls from business calls; they try to rapidly cipher through the information given them to connect the caller with the most expedient route for his particular needs. There are four positions at the switchboard, and most of the operators rotate through each of them. The busiest hours on the board are from 8 a.m. to 11 a.m. and again from 2 p.m. to 5 p.m. The evenings, though less hectic than daytime work, have their exclusive business: emergency calls are in a higher ratio, the switchboard must also be prepared for the following day of work.

Message Center

Physicians' exchange calls are frequent during the evening as well as the day; most doctors talk to the message center and send them at all times during their stay in the hospital. Numbers on a glass panel light up in hallways and main areas to attract the doctor's attention if he is needed; a buzzing signal is used in time of urgency as well as a loud speaker system.

Mrs. Dorothy Blattner, chief operator, usually works in the #1 position, taking care of the messages for doctors after noon each day. She also takes care of the lines within the hospital. Mrs. Margaret Henson works in the message center at night, and has been with the hospital for 21 years. Mrs. Ethel Hakk has had more than 30 years experience with Western Union, beginning her first job on the switchboard in the Army Signal Corps as a WAC in World War II. Mrs. Mary Sangert had experience for Western Union, and was recruited by Mrs. Thura Quillinan who began working at Bell Telephone Co., then came to Jewish Hospital. Mr. and Mrs. Alex Davids, two children, were the first operators.

“Things have changed since then!”

Mrs. Ethel Ryan began working at Bell Telephone Co. in her high school days. Mrs. Helen McMillen, second largest expenditure, was first operator, has been working at the hospital since last summer. The 6th full-time worker is Mrs. Eleanor Sweeney. Part-time workers include Mrs. Ruth Briscoe, Mrs. Denna Byrnes, Mrs. Helen Diaz-Granados, Mrs. Quillinan and Mrs. Ryan.

Hazard

Some of the hazards of the occupation include frazzled nerves and black hands from frequent handling of plugs. Despite the tension of rush hours, the operators take pride in doing their job well. Each one knows that if she is absent, the next girl will have to cover twice as much work. Sometimes she is a great deal of responsibility. Working in a confined area, each operator is aware of her neighbor, since the four positions are not separate posts, but an integral working team.

The P.B.X. operators help Jewish Hospital to run more efficiently by their alert and rapid work.

Medicare On KFUO Radio

The Home Care Training Center developed three programs for broadcast over KFUO Radio in January, concerning problems of planning and the Health Services under Medicare.

Dr. Ronald Almog, executive director of the St. Louis Health and Welfare Council and Mrs. Sandra Howell, coordinator of the Training Center, discussed agency cooperation and suggested approaches to providing services on January 10. Dr. F. U. Steinberg and Mrs. Marcella Cohen, director of the St. Louis Nurses Assoc., discussed personnel needs for the care of elderly patients at home on January 17 and Dr. Morris Alex, chairman of the board, care charge for the St. Louis Medicare Task Force, was interviewed January 24 on the subject of the development of coordinated services for the aged.

The recordings of the broadcast on KFUO will be made available to Missouri agencies and communities for information and discussion.

Security Benefits

All persons 65 or older who are not receiving Social Security benefits, railroad retirement or a Federal civil service annuity, must file an application by March 31, 1966, to become eligible for health and medical insurance benefits when Medicare becomes effective in July, 1966.

Mrs. Margaret Henson

Just a reminder to those who are unable to use tickets at the last minute or who have extra tickets for the symphony or theater; they would be most welcome for the house staff and nurses, and ore to be given to the Personnel Office.

PAGE 7
Mrs. Beverly Schulze, R.N., nursing instructor, answers questions from one of the junior students during a recent team meeting in the nursing conference room on 3 Steinberg.

Nursing Instructors Cooperate
For Patient Service; Student Needs

“You cannot teach feelings... but you can help the nursing student try to develop sensitivity.”

Mrs. Cathyle Willems, R.N.

closely with Mrs. Marianne Bekal, a graduate of the Jewish Hospital School of Nursing, Class of ’60, who has a head nurse on 3 Steinberg since August of last year. Mrs. Beverly Schulze, R.N., another clinical nursing instructor in medical surgical nursing, is the 3 South counterpart of Mrs. Willems. She and Mrs. H. Gail Medviter, (J. H. School of Nursing, Class of 1960) head nurse there, also strive to make team meetings meet the need for better care of patients at Jewish Hospital.

During the team meeting, the nursing instructor (and sometimes the head nurse as well) sit in as advisors or reference persons. The meeting is conducted by the team leader of the nursing students. Discussion varies from concern over a change in diet for a particular patient; emotional support for a large family of a critical patient; to correct technique or emphasizing professional ethics.

Team Nursing

Team nursing began as a response to the shortage of nurses. As a teaching device, it provides an insight to greater responsibility for each nursing student. It is both a learning tool and a more efficient way of dealing with critical patients.

Good communications is vital in nursing. There must be accuracy and understanding in the communication, for instructors must keep in close touch with head nurses, staff nurses, practical nurses, orderlies, nurses aides, technicians from every laboratory and department of the hospital, the house staff, and private physicians, not to mention visitors of the patients. As part of their job of learning about communication the nursing students are taught the responsibility of accurate observations charted in concise, professional language as an alert to others on the medical team as to the patient’s progress. But nursing students and R.N.’s are more than accurate observers, good communicators “middle men”.

They add the warmth of their personalities to the aseptic conditions of the hospital, making the patient feel as if there is a close team of competent personnel to care for him at Jewish Hospital.

These four efficient R.N.’s who work closely together on the third floor provide patients with fine service, and nursing students with rewarding clinical experience.

Two Medicare Institutes Planned
For Home Health Service Study

Two Medicare Institutes were planned by Dr. Franz U. Steinberg, director, Department of Long Term Care, and Mrs. Sandra Howell, coordinator of the Jewish Hospital Regional Training Center for Home Care. One was held February 9-11 and the other will be held May 4-6.

In addition to Dr. Steinberg, other participating doctors from the Hospital included Morris Alex, Aaron Birnbaum, Benjamin A. Borovsky and Jerome J. Gilfen.

Departmental representatives from the Hospital included James O. Hegner, Ph.D., associate director, and Phillip Bassin, assistant director; Robert Hickok, director; Rehabilitation and Miss Emily Getz, R.N.; nursing coordinator.

In-patients in the division of adult psychiatry have been offered wholesome and diversified activities through the recreational therapy program. This program is especially designed as a part of the therapeutic community to offer accepted outlets for the energies and creative needs of the patients. In preparation and fulfillment of the program, Roosevelt Johnson, recreational director, attempts to establish a rapport with each of the patients. In his opinion the program is part of the reconstitution of the patient. “The end product is the discharge of the patient from the hospital,” he said.

The age and sex of the patient are important factors considered in planning the activities. Efforts are made for an equal representation of adults and adolescents on the activities planning committee.

Patient Leaders

Through this committee the patients are encouraged to take the lead in planning and carrying out activities that are of interest to them.

Each person in the division is encouraged to participate in all of the activities, limited only by his capabilities.

Modified Activities

During the year modification of old activities held the interest of the patients, as well as new additions to the program. One of the more accepted of the modified activities is shuffleboard on courts improvised with a marking tape placed on the floor of halls in both the open and closed wards.

Pong ping is another popular indoor activity. Games are held in the lounge areas, and patients who plan tournaments match the players according to their abilities to insure an even match.

Competitions are de-emphasized in this unit of the hospital. Quiet games, music, dancing, movies, art, drama, reading and hobbies are some of the activities held in the lounges. Patients prepare and serve snacks there each evening.

Swimming is held outdoors in the summer at the Epworth School for Girls. Last fall, the City of St. Louis granted permission for the use of a pool at a nearby recreation center, complete with lifeguards for the winter months.

Transportation

Transportation to and from activities out of the hospital is provided by the Hospital VW bus. The nurses’ gymnasium serves the needs for indoor sports. In the past, patients went there for one-hour periods three times per week. Later in the year when construction was taking place, the patients were limited in the use of the area.

Equipment plays a significant role in the program. The large recreation expense is for repair of televisions and phonographs. Most of the equipment is selected by patients at group meetings.

The group first discusses the feasibility. These group discussions also offer an opportunity for concrete help for the patients.

The program, according to Mr. Johnson, meets the needs of the patients in the adult psychiatry division by offering constructive use of leisure time activities to establish a feeling of well-being for each patient. Recreational therapy is integral in the overall treatment program.