Employes Respond To Patient's Wish For Sister's Visit

Eva Brown was a patient on 2200 nursing division so often that the staff there got to know her well. And they warmed to her courage, her pleasant cheerful attitude. They knew that Mrs. Brown had a lot of reasons to be depressed.

Mrs. Brown's heart was badly defective. She entered the hospital this summer for her fourth open heart operation, her third complete valve replacement. Her doctors and nurses knew that the prognosis was not good. They were concerned that her heart would not last until the operation could be performed.

One wish was constantly expressed by Mrs. Brown. She wanted to see her sister, who lives in California. It had been years since the two women had been together and Mrs. Brown knew this might be the last chance for a reunion.

But the Browns' saving had been exhausted by her years of poor health. Barnes personnel knew this, and the staff wanted this woman who had so endeared herself to them to have this wish come true. They let her minister at Cross Keys Baptist Church know, and the congregation there donated $50 towards the bus fare for her sister to come to St. Louis.

Then the Barnes personnel gave $75 more from their own pockets, making it possible for Mrs. Imogene Clayborn of Brawley, Calif., to get to her sister's bedside the weekend before her surgery.

(Continued on page 3)

Rex Ward To Direct United Fund Campaign

Rex Ward, director of training, will serve as the Barnes Hospital chairman for the 1974 United Fund Drive which will begin Oct. 1.

Mr. Ward plans to speak to department head and management group meetings prior to the drive and will work with other hospital personnel to insure that all employes will be contacted. Mr. Ward said he hopes the drive will be a short one. "We want to have a short, concentrated drive at Barnes to reach and surpass our goal," he said.

"I believe the United Fund drive is the best way to take care of those who are

Summer vacations aren't all fun and games, as little Barnes patient, Julie Kraft, 6, knows. Tonsillectomies, formerly saved for Christmas holidays, are in season in the summer, since air conditioning makes the recovery a cool experience. Julie's mother, Mrs. Ronald Kraft, can have a sense of humor about the whole affair, since Julie is doing nicely. But the new stuffed mouse will have to wait for its freckled friend to recover a bit more—Julie isn't in a playful mood yet. Each year approximately 850 tonsillectomies and adenoidectomies are performed in Barnes' East Pavilion.

Redevelopment Plan To Be Completed

A comprehensive redevelopment plan for a 36-block area surrounding the Washington University Medical Center will be completed in September by the Redevelopment Corporation. The plan will be reviewed by the corporation's board of directors and submitted to the St. Louis Board of Aldermen for approval.

Plans will include housing, retail and commercial facilities in the 185 acres bounded generally by Oakland Ave. on the south, Boyle Ave. on the east, Lindell Blvd. on the north and Kingshighway. Many existing buildings would be preserved and a variety of new housing units would be built. Construction could begin next spring with first occupancy by the fall of 1975. Complete redevelopment of the area will take five years and cost upwards of $60 million.

"The central west end has retained most of its distinctiveness that has made it a superb area for the growth and development of the medical center," said Dr. Samuel B. Guze, vice chancellor for medical affairs of Washington University.

"However, there are indicators, such as deterioration of some buildings and loss of population, that show the need for revitalization of the neighborhood."

Dr. Guze said: "It is our hope that the redevelopment project will stabilize and improve the environment and quality of the area and make it a truly enjoyable place to live and work."

Employes of Barnes recently received a questionnaire from the Redevelopment Corporation, results of which are designed to enable planners to more accurately determine what type of housing and facilities would be needed by employes of the medical center and others who would like to live in the area.

Financing for the redevelopment will come from conventional financing sources and from a pledge of about $30 million in low interest financing from the Missouri Housing Development Commission.

Barnes Hospital
St. Louis, Missouri

September, 1974
First Basewoman? Doctor Says Yes

Dr. Virginia Badger, Barnes and Children’s hospitals orthopedic surgeon, doesn’t see the time when a woman will play tackle for the football Cardinals but she does believe that women and girls should become more active in sports.

“One of the main values of sports or athletics is that exercise can keep a person, child, man or woman, looking and feeling younger,” Dr. Badger said. An American Medical Association committee on medical aspects of sports said in 1964, “The woman who maintains a high level of health and fitness can meet family or career responsibilities more effectively and can pursue avocational interests more enjoyably.”

Dr. Badger sees the increased emphasis on girls and women in sports as a good thing. “I am not advocating contact sports such as football or ice hockey but I do believe there is nothing wrong with having a coeducation team in a non-contact sport such as volleyball or swimming.”

This summer national publicity focused on Little League baseball programs where only boys had been allowed to participate. Now girls can be and are members of the teams of many colleges and universities, such as Washington University in St. Louis, which has announced plans for new or expanded coeducational sports activities. The State of Kentucky is among the first to initiate a full scale of high school sports for girls on a level equal to that for boys.

In June of this year the Journal of the American Medical Association reported that girls’ participation in high school sports has increased 175 per cent in the last two years. The publication said, “It is in the long range interests of both male and female athletes that they have their own programs.”

Dr. Badger believes that participants in non-contact sports should be matched according to weight and height rather than age.

“Girls mature more quickly than boys,” Dr. Badger said. This is borne out by the fact that in some Little League play, the more mature girls have played baseball with more skill and ability than many of their male teammates.

“But after maturation, boys tend to have stronger muscles and more weight,” Dr. Badger said. “Heavy contact sports are unwise because of these physical differences. There is a real chance of injury when participants are not matched in weight and strength. By the time a girl is 13 or 14 she may not be able to hit a ball as far as a boy the same age. This is due to definite physiological differences between men and women.” Dr. Badger said.

“One of the differences is that women tend to have a lower center of gravity which might hinder them in some sports. But women tend to be more flexible than men. They are generally better gymnasts than men and many women are better swimmers.”

(Continued on page 7)

Employe Anniversaries

The following Barnes Hospital employes celebrated significant employment anniversaries between Jan. 1 and June 30, 1974.

FIFTY YEARS
Bernice Scott, supervisor, clinic cashiering.

TWENTY-FIVE YEARS
Elizabeth Wood, secretary, anesthesia education; Sarah Buck, pharmacist technician II, pharmacy; Finis McDermott, optician, optical shop; Alice Jones, chief technician, central service; Jonnie French, nurse assistant, nursing service.

TWENTY YEARS
Angela Barbour, clerk, medical staff, inpatient medical records; Eila Daniels, senior nurse assistant, nursing service; Esther Patricia Granger, head nurse, nursing service; Mary Farlow, senior nurse assistant, nursing service; Carmel Wright, nurse anesthetist, anesthesia; Betty Collins, administrative secretary, administration; Joseph Milton, custodian II, housekeeping; Georgia Leaks, custodian I, housekeeping.

FIFTEEN YEARS
Apphias Moore, custodian I, housekeeping; Nella Meeks, custodian I, housekeeping; Julia Taylor, senior nurse assistant, nursing service; Mary Betty, assistant chief technician, laboratories; Pauline Schafer, food service worker I, dietetics.

Mae Bridges, senior nurse assistant, nursing service; Irene Schnage, dietitian’s assistant, dietetics; Rose Stephens, group leader, laboratories; Mildred Halliburton, LPN, nursing service; Marie Rhodes, associate director, nursing service; Daisy McAlister, senior nurse assistant, nursing service; Mildred Jones, aide, laboratories.

Mildred Ireland, senior nurse assistant, nursing service; Elizabeth Burton, custodian I, housekeeping; Hippolyte Johnson, chief technician, central service; Blossie Smith, nurse assistant, nursing service; Margie Sykes, food service worker I, dietetics.

Betty Robinson, OR technician, nursing service; Martha Hoelscher, information clerk, in-patient admitting; Thelma Ray, LPN, nursing service; Thelma Stocking, OR technician III, nursing service; Katie Walker, senior nurse assistant, nursing service.

TEN YEARS
Ester Scheer, clerk, patient accounts, credit and collection; Dorothy Batt, head nurse, nursing service; Charles Hugger, custodian II, housekeeping; Dorothy Willis, food service worker I, dietetics.

(Continued on page 3)
Interns Earn Diplomas

Nine of fourteen nurses recently completing the nurse intern program at Barnes Hospital have elected to remain with the hospital and have been assigned to various nursing divisions.

The nurse interns completed the program Aug. 9 and were honored during an informal reception in Queeny Tower. They received certificates of completion from Donna Lederle, instructor in staff development and program coordinator, and from Robert E. Frank, president of the hospital. Refreshments were provided by the dietetics department.

During the 10 week course the interns, registered nurses from various nursing schools, were given an orientation to Barnes. They also were given additional training in patient bedside care procedures, medications and nursing team leading.

As part of the continuing program, nurse interns rotate through all three nursing shifts and are also assigned some weekend duty. Approximately 75 per cent of nurses in the program have remained at Barnes.

Nurses completing the course and remaining with the hospital are Robyn Vallino, now working in the emergency room; Lynn Guidelhus, labor and delivery; Deborah Coan, 6400; Aleaer Smith, 9400; Leo Voepel, respiratory intensive care unit; Elizabeth Filcraft, 8200 (coronary care unit); Sandra Jansen, three Barnard; Kathleen Schroeder, 6400; and Jenny Earthal, 9400.

Also completing the course were Laura Patterson, Janice Saenger, Carolyn Coffin, Janet Hanpeter and Shirley Mank.

Leo Voepel, the only male in the most recent nurse intern class, accepts diploma from hospital President Robert E. Frank.

Anniversaries...

(Continued from page 2)

Nathala Gossby, nurse assistant, nursing service; Thalma Smith, nurse assistant, nursing service; Gracie Stevenson, equipment assistant; respiratory therapy; Thomas Zinser, assistant manager, credit and collection; Karen Turner, unit manager, nursing service.

Louise Hambrick, dietitian’s assistant, dietetics; Jessie Quigley, cashier, clinic cashiering; Bernice Johnson, LPN, nursing service; Rhoda Brownell, LPN, nursing service; Marcella Hudson, LPN, nursing service; Katie Payne, LPN-Psych technician, nursing service; Myrtle Northcutt, LPN, nursing service; Edna Coad, LPN, nursing service.

Norma Foster, buyer, purchasing; Mary Jane Hirstein, staff nurse, nursing service; Ellen Bohac, chief credit clerk, credit and collection; Nita Hilkerbrand, unit manager, nursing service; Carol Hausser, assistant supervisor, cashiering, in-patient; Pine Vann, assistant supervisor, laundry; Charlotte Haller, admitting officer, in-patient admitting; Nell Lee Mann, senior nurse assistant, nursing service; Betty Jean Vincent, nurse assistant, nursing service; Cleo Gray, nurse assistant, nursing service; Anna Lee Michel, credit clerk, credit and collection; Helen Ogles, nurse anesthetist, anesthesia; Alise Lee McGuity, custodian 1, housekeeping; Ruth Azenolo, admitting interviewer, in-patient admitting; Frankie Bogan, aide, central service; Nancy Jones, senior nurse assistant, nursing service.

Catherine Taylor, secretary, laundry; Winifred Blohm, secretary, laboratories; Glenwood Harvey, maintenance man A, maintenance; Vivian Randolph, LPN nursing service; Edna Bell, nurse assistant, nursing service; Alloon Wells, blood drawer, laboratories; Costella Grey, food service worker II, dietetics; Patricia Henry, credit secretary, credit and collection; Mary Anderson, sewing machine operator, laundry; Kathleen Foster, blood drawer, laboratories.

Joseph Rodgers, maintenance man C, maintenance; Joyce Wolff, credit clerk, credit and collection; Betty Dickey, cashier, clinic cashiering; Mary Watts, scheduling secretary, in-patient admitting; Alexis Fowler, maintenance man A, maintenance; Nelda James, credit clerk, credit and collection; Betty Mamalian, LPN, nursing service; Rebecca Brinkley, psychiatric technician, nursing service.

Doctor’s Notes

Dr. Joseph Ogura, otolaryngologist-in-chief at Barnes, has received a $50,791 grant to coordinate the planning of a national cooperative study for diagnosis and treatment of head and neck cancers.

Dr. Edwin H. Rohlfing, a pediatrician emeritus at Barnes, died July 16 at the age of 80. He had retired from practice in 1968.

Dr. J. Heinrich Joist, director of the hemostasis and thrombosis laboratory, presented a paper at a seminar on “Lipids and Thrombosis” in Norway and also spoke at the University of Cologne School of Medicine in Germany.

Barnes physician Dr. Frank J. Catanzaro has been named to the newly-created post of medical director of Baptist Hospital in Baldwin, Mo.

Dr. C. Elliott Bell, Barnes physician, has received a $153,533 grant to study antigens and immunity in human bronchogenic carcinoma. The grant to study lung cancer is from the National Cancer Institute.

Dr. Saul Boyarsky, Barnes surgeon, has been reappointed to a second term on the surgical forum committee of the American College of Surgeons.

Dr. Donald W. Goodwin, Barnes psychiatrist, recently spoke at an alcohol and drug abuse seminar at West Virginia University in Morgantown.

Dr. H. Mitchell Perry, Barnes physician, recently spoke on “Hypertension—Screening, Evaluation and Treatment” at the Academy of Medicine in Wilmington, Del.

Patient’s Wish...

(Continued from page 1)

Last month, time ran out for Eva Brown. All the miracles of modern medicine could no longer keep her heart beating. She died during open heart surgery.

But her one last, special wish had been granted. “What we really wanted was to send Mrs. Brown home feeling well enough to resume her normal life,” said Mary Jo Gleason, head nurse on 2200. “It was some consolation to us that at least we could do some small thing to make her last days a little happier.”

Mrs. Brown’s husband, Raymond, said, “The personnel on 2200 are real professionals. We have nothing but praise for them and will be forever thankful to them. Everything that could have been done for my wife was done with skill and understanding.”
Frank Knox, laundry manager, is pictured with a supply of new washcloths. Unfortunately, of all the cloths in this picture, only the number he's holding up will return. The larger percentage will disappear—where? Mr. Knox would really like to know.

"It's just plain hard to believe people would steal from a hospital."—Bill Burkett, acting security director
The Case Of The Purloined Pen

Where Have All The Washcloths Gone?

Ball-point pens with the name "Barnes Hospital" imprinted on them are scattered all over the metropolitan St. Louis area. No, the hospital did not have a massive giveaway of its pens, but, at one time or another, most employees have put a pen into a pocket without thinking about it. Many times the pen ends up at home.

Even the taking of a pen can be classified as theft. A large amount of money is spent each year on items which often disappear, items such as ball-point pens, washcloths, plastic trash can liners and many other products used in the hospital. And the person who can rationalize taking small articles may find it easier to take more expensive items such as scissors or blankets.

There is a problem of thievery among persons in the medical center complex—employees, patients and visitors. Soap, washcloths, sheets, ashtrays, tissues and other small items are "walking out" of the hospital in increasing numbers.

Barnes used more than 100,000 pens last year (the secret to the low cost of the pens is that the barrels are shorter than in most pens). Currently the hospital is putting into use 6,000 ashtrays each year at a cost of 20 cents each and uses approximately 480,000 plastic waste basket and trash can liners annually at a cost of 7 cents each.

Another item which disappears or is lost with great frequency is washcloths. Approximately 5,300 dozen washcloths were put into use during the first six months of 1974. Frank Knox, laundry manager, reported that only ten percent of that amount was returned to the laundry.

"We really don't have a problem with the theft of major items," said Bill Burkett, acting director of security. "We still have the problem of small larcenies and with the loss of numerous smaller things."

Other items which are taken often include cleaning materials, facial tissue, toilet paper, towels, bandages and band aids, some food products, spoons and forks and rubber gloves. Mr. Burkett said that security personnel regularly check the contents of bags, boxes and purses that are taken from the hospital and that three plainclothes security officers routinely patrol the medical center premises.

"Of course we can't possibly catch everyone who wants to take a box of facial tissue home with them," Mr. Burkett said. "But we are stepping up our efforts in this regard and there are problems. One is that we have more than 15,000 people come in and go out of the medical center in a 24-hour period. And it's just plain hard to believe people would steal from a hospital.

"Of the thefts that we have discovered and investigated we have found that, generally speaking, it is not the lowest paid employees who take things. It is the employee earning what we consider the 'average' wage at Barnes," Mr. Burkett said.

Currently an ad hoc committee of department heads is studying the problem and is expected to make a recommendation to establish a new disciplinary action code for employees caught with hospital property.

Ed Thurman, director of safety, is chairman of the ad hoc committee and other committee members are Marie Rhodes, associate director in the nursing service; Paul Hartwell, chief cashier; Fern Bridgetorth, director of central service; Florence Mueller, director of the pharmacy; and Kurt Bemberg, chief engineer.

While theft of minor items of hospital property remains a concern inside the medical complex, crime in the area around the center decreased in the first five months of 1974 as compared to the same period last year.

St. Louis Police Department reports show decreases in such areas as robbery, assault, burglary, motor vehicle theft and larceny. The only crime which showed an increase was vandalism with ten incidents reported this year compared to six for the same period last year.
Payroll Requires Close Coordination

It's just paper, not very big in size. It arrives every two weeks and doesn't seem to stay around very long. It is green but all too often leaves us later in the red. But whatever our feelings about it, it's one big reason why we are here. “It” is our paycheck.

The 4,025 full and part-time employees of Barnes receive paychecks bi-weekly which total more than $1,100,000 and the processing of time sheets, operations of the computer and distribution of checks requires extensive work and careful coordination.

The basis for all payroll preparation is the time sheet, pre-printed by computer with employee name, number and wage and salary codes. The time sheets are filled out every other week by each department and submitted to the payroll office on Monday of pay week.

Winston Vaughn, payroll supervisor, checks the time sheets submitted and payroll controls are established. The controls become a permanent record of payroll controls. The lists of time sheets plus other information regarding deductions which are fed into the computer in data processing.

Mr. Vaughn said that most problems concerning paychecks come from time sheets which have been improperly filled out. “When we have an irate employee walk in and say they didn’t get their paycheck or there is an error, we can usually trace the problem back to the time sheet or the check being held on the employee’s floor or in the department,” Mr. Vaughn said. “I don’t blame the employee for getting mad. We track the problem down so that it can be corrected as soon as possible.”

Mr. Vaughn said that only once has there been a major problem with meeting the payroll deadline. Because status changes were not put into the program an entire set of checks was incorrect and a new set had to be prepared. (But the payroll office didn’t keep the incorrect checks for samples, the checks were shredded.)

No matter how much it’s for, a paycheck is never enough. One employee remarked, wistfully, that it would double his pleasure if he could use the Xerox machine every other Friday for just one more copy of that welcome slip of paper, the paycheck.

United Fund...

(Continued from page 1)

less fortunate than we are,” Mr. Ward said. “We would like for each employee to pledge to give their ‘fair share’ but at the same time we realize that individual family situations may mean that one employee’s ‘fair share’ is different from that of another employee.”

Again this year employees will be able to have their pledge to the United Fund deducted from their paychecks on a regular basis throughout the next 12 months. The United Fund supports more than 100 health, welfare and child-serving agencies.
The following is a list of honorees (names in boldface) and contributors to the Barnes Hospital Tribute Fund from July 19 to August 20, 1974.

In Memory Of:
Mother of Mr. DuBois
Mr. and Mrs. Stanley Kolker
Mrs. Vera Smith McAister
Mrs. T. Donald Moore
Stephen Warner
Clifford G. Neill, D.D.S.

Deceased Members of U.M.W. Festus
Crystal City United Methodist Church
United Methodist Women Festus
Crystal City

B'rith Room
Is Dedicated

The B'rith Room on the fifth floor of the East Pavilion was officially dedicated Aug. 12 during religious services.

Dr. Samuel Guze, vice chancellor for medical affairs of Washington University, spoke during the service for the room which is located on an obstetrics floor of the building, and which will be used for circumcision ceremonies and also for consultation. Also participating were Rabbi Jeffrey Stiffman, president of the St. Louis Rabbinical Association; Rabbi Sheldon Switkin, former president of the association and Rabbi Lawrence Siegel, who serves as the Jewish Chaplain at Barnes.

Dr. H. Marvin Camel, Barnes obstetrician-gynecologist, and his wife, presented a Mezuzah, a symbol of the Jewish religion containing several verses from the Old Testament. The Mezuzah was brought to the U.S. from Israel by Dr. and Mrs. Camel.

Rabbi Switkin was president of the St. Louis Rabbinical Association at the time the original plans for the room were made in 1967. The East Pavilion was dedicated and occupied in late 1972.

First Basewoman...

(Continued from page 2)

Dr. Badger said she has not noticed any significant increase in the number or seriousness of athletic injuries among girls or women. “It may be a little too early to answer the question because of the recent increase in the number of female participants,” she said.

Dr. Badger also said that the increase in the number of female athletes is part of a changing society. “Most men won’t admit it but many of them get less exercise than their wives. Although more women are in the work force, the average housewife gets more exercise during a week of housework and looking after children than her husband if he sits behind a desk all week and then plays golf or bowls on a weekend.

“Men who don’t believe this should reverse roles with their wives. They would understand how tiring it is to be a housewife and how much energy is consumed looking after the children, especially those below ten years of age.”

“Roles are changing. For instance, many men can sew as well as women and women are qualified in areas which once were dominated by males, such as my own field,” said Dr. Badger who is one of about two dozen women in the country who are orthopedic surgeons.
Dispatch Employee enjoys African Trip

Most employees like to “get away from it all” during vacations but dispatch employee Brooks Pumphrey really did. His recent vacation took him from the corridors of Barnes to the back roads of Africa.

His three week tour included rural villages as well as urban centers in Ghana, Kenya and Tanzania. In Ghana, Mr. Pumphrey met a tribal medicine man and learned of a national campaign to change from driving on the left side of the road to the right side.

Also during his trip Mr. Pumphrey visited the African health center in Kenya and spent five days on safari in the national parks of Tanzania.

New Dietetic Interns Begin Training

A new class of fifteen dietetic interns has begun their study at Barnes Hospital according to Doris Canada, director of dietetics.

Interns are college graduates who go through an internship program before they become full time dietitians. Many former interns have joined the Barnes staff.

New interns are Jan Anderson, Dutton, Ala.; Carol Austin, Englewood, Colo.; Judith Doss, Shelbyville, Ind.; Barbara Foster, Springfield, Ohio; Janice Johnson, Santa Cruz, Cal.; Elaine Kam-meyer, Soap Lake, Wash.; Margaret Kuehler, St. Charles, Mo.; and Kristine Low, Logan, Utah.


Hospital Happenings

Barnes Nursing service sponsored the annual picnic for nursing personnel Aug. 14. Sandra Schultz of 11200 served as picnic committee chairman and other committee members were Judy Lange, 9100; Jill Henderson, 5 Wohl; Helen Russell, 4 and 5 Renard; Joan Reinert, emergency room; Skip Henry, unit manager of 6200 and 7200; and Wendy Simmons, unit manager of Renard.

The picnic was held near the hospital in Forest Park and 856 meals were served.

A class of 86 students are enrolled in the fall’s first year student class at the Barnes School of Nursing. New students went through a week of orientation sessions in mid-August and are now taking regular classes.

There soon will be an extra day in which to get a haircut at Barnes Hospital. The Barber shop begins its Saturday hours on Sept. 7 and will be open Monday through Saturday from 8 a.m. to 5 p.m. Fred Kossman will be on duty Saturdays and will be off Wednesdays. Ernie Bolin will be on duty Monday through Friday.

An appreciation day for employees of Central Service will be held Sept. 10. Fern Bridgeforth, department coordinator, said that hospital administrators will speak to central service employees and that refreshments will be served. Flowers will be presented to employees.

Committee Includes Launusby

Executive housekeeper Ernest Launusby has been named to serve on the planning committee for the 1975 Midwest Health Congress sponsored by the American Hospital Association. The congress will be in Kansas City.