Redevelopment To Begin

A 36-block area near Barnes Hospital will soon be getting a new look as work begins on the Washington University Medical Center Redevelopment plan. The plan received approval of the St. Louis board of aldermen in mid-February.

The $50 million project will take nine years to complete and is the biggest privately organized plan in terms of area in the city’s history. The redevelopment area will be east and south of the medical center in an area bounded roughly by Kingshighway on the west, Boyle on the east, Oakland on the south and Lindell on the north.

Land acquisition has begun and the first construction will be the new $11 million Blue Cross headquarters building on Forest Park Avenue. Ground breaking for the building will occur soon. Also scheduled for construction along Forest Park are a 200-family, garden apartment project and a 200-unit low-rise housing facility for elderly persons.

The comprehensive redevelopment plan will include housing, retail and commercial facilities in the 185 acres. Many existing buildings will be preserved and a variety of new housing units will be built. Plans also provide for expansion of rental facilities and multi-family buildings.

The Barnes Hospital board of directors, at their February meeting, adopted a resolution formally recording its grief at the passing of Mrs. Ethel Schneider Queeny on Feb. 9.

The resolution said that Mrs. Queeny and her husband, the late Edgar Monsanto Queeny shared a great love of St. Louis and Barnes Hospital and together realized a dream for their community and the health of its citizens with the growth of the medical center.

Contracts Are Let For Construction Of Services Building

A contract has been signed with G. L. Tarlton Construction Co. for the razing of the number four building and construction of a new facility on the site to be named the Mr. and Mrs. Henry W. Peters Memorial Building.

The project, which costs approximately $8 million, will provide new or expanded facilities for the Barnes diagnostic laboratories, data processing, social work, dietetic nursing, doctors' offices and administrative offices. No date has been set for the beginning of the project which has the approval of the Alliance for Regional Community Health (ARCH).

The Barnes Hospital board of directors had approved the project at its February meeting. The building to be razed is part of the original Barnes Hospital and is immediately west of the former Maternity Hospital building. Traffic flow along the main east-west hospital corridor will not be interrupted except for dust and debris barriers similar to ones now constructed near the 1200 work area.

The laboratory facilities will occupy the second and third floors on the south side of the corridor with the first floor providing space for various offices. The first and second floors on the north side of the corridor will be used by data processing and the diagnostic laboratories.

Renovation work in the former 1200 ward areas is on schedule and should be finished by mid-summer.

Board Resolution Honors Mrs. Queeny

The Barnes Hospital board of directors, at their February meeting, adopted a resolution formally recording its grief at the passing of Mrs. Ethel Schneider Queeny on Feb. 9.

The resolution said that Mrs. Queeny and her husband, the late Edgar Monsanto Queeny shared a great love of St. Louis and Barnes Hospital and together realized a dream for their community and the health of its citizens with the growth of the medical center.

The resolution states “Although their financial support of Queeny Tower is just one of many generous contributions to Barnes Hospital, it bears their name and stands as a symbol of the impact of this couple on the health care of their city.

(Continued on page 6)
Childbirth Classes Stress Role Of Father

It takes two to have a baby. A father can play a major role during pregnancy and this role is emphasized in the prepared childbirth classes conducted at Barnes Hospital. Classes discuss the need for parents to work together to cope with the stresses of pregnancy and childbirth.

The Barnes nursing service sponsors the continuing series of childbirth classes designed to help both mother and father recognize their human feelings and prepare for the birth of a child. Three Barnes registered nurses, Trudy Goetting, who developed the classes, Nancy Cooksey and Kitty Knight, teach the classes held in the Barnes School of Nursing building.

Actually two series of classes are offered. An early pregnancy class meets two times and emphasizes the need for prenatal care, nutrition and coping with psychological changes. These classes, which cost $5, are for couples who know little about pregnancy.

The second series consists of six weekly meetings, costing $15, which provide information on body changes late in pregnancy and the mechanics of labor and delivery. Mothers enrolled in this class are normally in the last 2 months of pregnancy.

The class also includes a tour of the Barnes labor and delivery areas and maternity floors. A seventh class also is held and is a "reunion" of the couples in the class along with their newborn children.

Nancy Cooksey, wife of Barnes cardiologist, John Cooksey, said that the classes are designed to provide much more than the mechanics of childbirth. "We feel we are unique here at Barnes," she said, "We try to show the couple that it is possible for them to grow closer during the pregnancy.

"We attempt to provide avenues of communication so they can thoroughly discuss their feelings and any problems which they may have. We try to get the point across that the father is important, that his role is important."

Mrs. Cooksey also said that the classes provide information on all types of childbirth because "a mother will not know until she goes into labor, what type of labor she will have. There are no 'textbook' labors and deliveries."

Classes are conducted utilizing printed materials, films and other visual aids. Classes are taught at three times during the week with 20 couples in each class so that a total of 60 couples may be attending the classes at any given time. Approximately 90 per cent of the couples enrolled in the sessions have their babies at Barnes.

Barnes has, for several years, allowed fathers to be present in the delivery room. Portions of the class are designed to enable fathers to learn how to be helpful to the mother in delivery. The instructors emphasize that the question of whether or not to be present in delivery is entirely up to the father. "We don't try to force him to do something he doesn't want to do," Mrs. Cooksey said. More than 60 per cent of the fathers in the classes go into the delivery room and serve as "labor coaches."

While the classes include the mechanics, such as body and breathing exercises, Mrs. Cooksey said, "We emphasize human feelings. We are teaching people who have real emotions, real doubts and real fears."
Patients Use Chemotherapy Clinic

After nine months with Barnes Hospital’s new chemotherapy clinic, Dr. George Hill, Barnes surgeon and clinic director, feels that such a clinic is the best answer for the cancer patient who is being treated with drug therapy.

“The patient receives more than just drug therapy here,” Dr. Hill said. “This person is benefiting from a multidisciplinary approach, with specialized records and charts which make information on the patient immediately available.” The clinic, located on the second floor of Wohl Clinics building, centralizes much of the chemotherapy services available in the medical center.

Surgery and radiation therapy are the methods used to treat most cancers initially, and are still the major methods for curing cancer.

The clinic serves as a referral center for patients who may have had surgery, radiation treatments, or a combination of both. The outpatient center treats patients on the average of once a week depending on the patients' needs.

Chemotherapy is the use of drugs to treat many varied forms of cancer. Approximately 40 drugs are being used on a regular basis to treat cancer patients. Other medical preparations such as hormones and vaccines are used in some cases and some experimental drugs, approved for research by the National Cancer Institute in Bethesda, Md., also are used occasionally.

“Our major concern, in addition to administering chemotherapy, is supportive care,” Dr. Hill said. “Our patients require frequent visits, careful counseling and other medications during the course of the illness.

“We are not dreamers. We try to be honest with our patients and if we find that a condition is very serious, we have found that the patient wants to be told. We do know, however, that many cancers can be controlled and some, such as Burkitt’s lymphoma, testicular cancer and some sarcomas and melanomas, can be cured if detected early enough.”

Two nurse-oncologists handle much of the day-to-day work, including obtaining information from patients, administering chemotherapy and keeping records. Registered nurses Peggy Nelson and Cindy Mantz, also work closely with the patients. (Oncology is the study of tumors.)

While some people think of chemotherapy as a last resort, Dr. Hill and many other doctors disagree. “We don’t think of chemotherapy in that way. We view it as another useful way in which to treat cancer, including cancer in early as well as advanced stages, in addition to surgery and radiation treatments.”

The treatment which each patient receives is determined by the form of cancer with which the patient is afflicted, the progression of the cancer and the patient’s age and general condition.

“Although we try to avoid overlapping chemotherapy with surgery or radiation therapy, it is sometimes necessary,” Dr. Hill said. Chemotherapy treatments may produce severe side effects such as nausea or loss of hair but Dr. Hill said, “We only use the amount of drugs that the individual can tolerate.

“Control of cancer is a realistic goal,” Dr. Hill said. “Approximately three-fourths of our chemotherapy patients return to normal lives although they have to work at it.”

Chemotherapy treatments have been available to Barnes patients for many years but the establishment of the chemotherapy clinic last year provided a centralized location for the service. The clinic is administered by the department of surgery.

Dr. Hill and another Barnes surgeon, Dr. Gordon Philpott, are in charge of the clinic which also has offices, in a similar program, at City Hospital. The clinics are staffed by the same personnel and provide a continuity of services.

Dr. Hill said that he hopes to expand the chemotherapy clinic at Barnes “when we have a good foundation established, then we will try to add personnel and expand our services.”

Is chemotherapy effective? Dr. Hill said he knows former patients who have been free of cancer for at least two years. “We feel that chemotherapy is an answer, not the only one, but one of the answers to this disease,” he said.

“We don’t hold out any false hopes to our patients. Most will ultimately die of cancer. But we provide a treatment which has been effective for some persons and as we learn more, we hope to control and even cure more forms of this disease.”

Barnes Observes Week For Student Nurses

A faculty-student volleyball game and a luncheon were among activities held by the Barnes School of Nursing to celebrate Student Nurse Week in March.

Buttons denoting Student Nurse Week were worn by students who also enjoyed a pizza party sponsored by the nursing service, a special tea, distribution of corsages and the luncheon for all student nurses, faculty members and nursing staff.

Miss Barbara Bradshaw, director of the school, said the activities were held to recognize the dedication and efforts of persons entering the field of nursing.
In a little known scientific breakthrough that startled the medical world a few years ago, the Internal Revenue Service perfected a method of getting blood from a turnip, a feat previously thought to be impossible. This year, in another giant step forward for mankind, a process is being discussed which would give that legendary turnip a transfusion rather than bleeding it.

With the filing deadline for both federal and state income tax returns upon us, many Barnes Hospital employees have received or are expecting to receive refunds ranging from a few dollars to substantial sums. Meanwhile, they are looking forward to the possibility of income tax rebates.

More than $4 million was withheld from Barnes employee paychecks last year for federal income taxes, $438,847 for state income tax and $289,080 for city earnings tax according to assistant controller Bob Rechtien.

Because some employees do not claim all the exemptions to which they are entitled and receive refunds, the figures may be more than the amounts actually paid by employees. Some employees, however, have other sources of income or have a spouse working. These will be paying additional money to meet their tax liability.

Many employees filed their tax returns early because they were getting refunds. Most interviewed had definite plans for the money and, in some cases, the money had already been spent.

Many, like John Clark of the security department, said the money was going into a savings account. “We try to save what we can but it’s pretty difficult with the cost of everything going up. At least here at Barnes we have received raises which help with inflation. I would like to know what our taxes are really being spent for,” Mr. Clark said.

Costella Grey in food service said she was putting part of her refund into a savings account to “save for the depression” which she feels is coming. She is using the remainder of the refund to help fix up her home. Jackie O’Rourke, an admitting officer in the emergency room, said she also planned to save part of the refund and would use the rest for a “well-deserved vacation.”

Some employees interviewed said they would use their refunds to pay bills, make repairs on automobiles or homes, or even for paying other tax bills.

Agnes Bardot of telecommunications said she would use her tax refund to pay a city property tax. “We’ve done this for years and it seems to work out well for us,” she said. “I’ve gotten to where I really don’t count on seeing any of the refund money.”
Billie Nelson of central service said she would use her refund for minor repairs and to redecorate her home, and Diane Way of admitting will use her refund to “pay bills and buy a few needed extras.” Sharon Thomasson of dietary is going to move into her own apartment, and Marge Perry of the chaplain’s office said her refund will be used to pay for a major furnace repair bill.

Even though car sales are at low ebb, many employees will use the refund to purchase new or used automobiles. “I’m going to use my refund to buy a car to replace the one which was stolen from me,” said Jerry Simmons of food service. Diane Betzer of patient accounts will be buying a new car, her first, and Karen Lambert of telecommunications and Karen Schee- 

Refunds figure in the marriage plans of at least two employees. Lucy Grindon of admitting said she plans to be married April 25 and the refund will go into plans for the wedding and for setting up housekeeping. Lari Harris of maintenance will marry Anita Turner of food service May 4 and has put his refund into a savings account until needed for the wedding.

Some employees will use refund money for vacations as well emergency room nurses Linda McDonald, who will visit in upstate New York, and Pat Ferguson, who is planning a trip to Florida. Patricia McLafferty of social service will go to San Francisco.

Several employees said they would buy things for their children and one of the more unique things is “half a piano.” Anne Harter of social service said her refund will pay for about half of a piano which she wants to purchase so her children will continue piano lessons.

Of course some employees will have to pay additional taxes. One employee who asked not to be identified said, “I had planned to make a car insurance payment with my refund. Now I have to pay about another $100 and I’m going to wait until the last minute before I mail my returns. And, I’ll probably have to walk to the post office to do it.”
PSRO Utilizes Medical Auditing

What's a PSRO?

PSRO stands for Professional Standards Review Organization, and it is a system of medical auditing using criteria approved by the medical staff to insure patients receive appropriate medical treatment.

Under federal legislation, effective Jan. 1, 1975, all parts of the country must be included in a regional PSRO unit. Cemproc, Inc., Central Eastern Missouri Professional Review Organization Committee, is a physician group seeking to administer the PSRO program in the metropolitan area.

Cemproc, if approved as this area's PSRO administrative agency, would have overall regulatory responsibility but could delegate medical auditing duties to hospitals. (All short-stay hospitals are obligated to participate in the PSRO program.)

The Department of Health, Education and Welfare (HEW) is currently setting up guidelines for the establishment of criteria.

Barnes began to expand its existing medical auditing procedures last July, preparing for implementation of the PSRO law. The Medical Audit Committee has 15 clinical subcommittees, one for each clinical medical service. Each service has developed or is developing medical care criteria for its patients.

The chairman of each clinical subcommittee serves on the Medical Audit Committee. Criteria developed includes reasons for admission, recommended diagnostic tests, courses of treatment, usual length of stay, complications which might prolong the stay, management of complications and discharge.

Mary Palank, medical care evaluation analyst, and two assistants, Celeste Gude and Judy Herron, check charts of patients who have been discharged to see if the treatment and/or surgical procedure which the patient received meets the criteria established by the Barnes medical staff.

In the event that the care indicated in the chart does not fit the established criteria, the reports are reviewed by the Medical Audit Committee. The Medical Audit Committee submits their report to the Medical Advisory Committee, which, in turn, reports to the Barnes board of directors.

If corrective action is indicated, the actions may take forms ranging from counseling and formal educational processes to suspension of the doctor involved.

The Medical Audit Committee must provide data to the local PSRO unit so the unit can determine if quality patient care is being provided. The PSRO determines whether physicians and hospitals are providing services which are medically necessary, that the quality of care meets professionally recognized standards and whether some services could be provided on an out-patient basis. The PSRO unit makes reports to HEW.

At the hospital, each clinical subcommittee must participate in four medical care evaluation studies for 1975.

While the idea of PSRO may be new, the auditing concept is not. Medical auditing for both current and former patients has been recommended for sometime by the Joint Commission on Accreditation of Hospitals and the Barnes nursing service has an auditing procedure for nursing service, also a JCAH requirement.

PSRO is, however, the first governmental regulations which strictly controls the way in which doctors can practice their profession. PSRO has been opposed by many members of medical societies although some doctors believe the regulations are good ones.

Dr. Marvin Camel, Barnes obstetrician-gynecologist and chairman of the Medical Audit Committee, believes the PSRO program is workable and that ultimately it will save the patient and hospital money. "PSRO should upgrade patient care facilities and even improve the quality of that care in many hospitals."

"I believe it will have limited impact at Barnes because we already have a ‘built-in’ auditing program with our students, interns and residents. They are constantly questioning the reason for particular patient treatment methods and surgical procedures."

The initiation of PSRO regulations has meant more work for more people at Barnes. A number of new employees have been hired and computer support is being used in the medical audit process.

Staff Changes

The president's office reports the following physicians on staff: Dr. Federico Reiter, assistant radiologist, effective Feb. 1 and Dr. Arthur B. Jenny, assistant neurosurgeon, effective Jan. 1.

Dr. Marvin Camel and Mary Palank review patient chart with evaluation assistants Celeste Gude and Judy Herron.

Queeney...

(Continued from page 1)

and the worldwide health care community.”

Mrs. Queeny's will was filed in early March and stipulates that most of her estate goes to Edgar M. Queeny Memorial Trust Fund to be used by the Barnes board of directors for hospital improvements.

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Gifts To Barnes Hospital Tribute Fund

The following is a list of honorees (names in **boldface**) and contributors to the Barnes Hospital Tribute Fund from Feb. 20 to March 20, 1975.

In Memory Of:

- Mrs. Ethel Schneider Queeny
- Dr. and Mrs. Henry G. Schwartz
- Mr. Richard T. Clark
- Mr. William M. Rand
- Leonard and Rosalie Hornbein
- Col. and Mrs. E. B. Downing
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Mr. Joseph Gelber

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Dr. and Mrs. James Bryan

Mr. O. A. Erickson
Mr. and Mrs. Stanley P. Koller

In Honor Of:

Speedy Recovery for Andy Lowy
Reggie and William Klein

Golden Anniversary of
Mr. and Mrs. Sherman Blustein
Dr. and Mrs. Leonard Berg

Henry G. Schwartz
Nancy Craig

Mrs. Romaine Orthwein and
Mr. James Busch
Mr. and Mrs. M. R. Chambers

Cancer Research
Mrs. Edward J. Burgard

Employes To Display Hobbies

Barnes employes now have the opportunity to display their hobbies. A large display case has been constructed and installed in an alcove on the ground floor of the East Pavilion, near the west elevators. Employes are invited to display their hobbies by calling Bill Davis in the personnel office for more information.

Offices Are Re-Relocated

The employment and personnel health offices were expected to be back home by mid-April. The offices were temporarily relocated as a result of the renovation of the 1200 area. Work providing extra support for the floor of the new medical records area in 1200 necessitated the temporary relocation.

Tea Honors Davis

A tea was held in March for former Barnes chaplain Robert Davis who has moved to Tennessee.
Ten Anesthesia Students Complete Course Work

Ten students have completed the course work April 1 and have graduated from the Barnes School of Nurse Anesthesia. They were guests at a dinner in Queeny Tower.

Receiving diplomas from the school were Virginia Laboube Hall, Hermann, Mo.; Michael Grotzinger, Bossier City, La.; Ann Baily, St. Louis; Larry Rawlings, Mattoon, Ill.; Mattie Hamilton, Pagedale, Mo.; Billy Ann Roberts, Normandy, Mo.; Patricia Klump, Brentwood, Mo.; Barbara Curtis, Vacaville, Cal.; Judith Baietto, Chesterfield, Mo.; and Elizabeth Bates, Kansas City, Mo.

Hospital Happenings

Unit Clerk and Unit Aid Appreciation Day will be held April 8 with the 146 clerks and aids receiving corsages to mark the day.

Father Robert Krawinkel, Barnes Catholic chaplain, is serving this year as past-president of the Archdiocesan Chaplains Council.

Barnes Hospital employees will participate in the observance of National Medical Laboratory Week from April 14-19.

Irene Dorner, chief technologist in the blood bank, recently presented the L. Jean Stubbins Annual Lecture to the South Central Association of Blood Banks meeting in New Orleans, La.

Dr. John W. Lewis, director of laboratory computing at Barnes, spoke on “Impact of Computers on Medicine, Past, Present, and Future” at a meeting of the Metro-St. Louis chapter of the Data Processing Managers Association.

What’s Inside?

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Dr. Ronald M. Burde, Barnes ophthalmologist, was one of seven nationally recognized specialists who spoke at the annual meeting of the New Orleans (La.) Academy of Ophthalmology.

Dr. John C. Herweg, Barnes pediatrician and associate dean of the Washington University School of Medicine, spoke on medical school admissions at the February meeting of the Barnes Hospital Society.

Three Barnes doctors participated in a recent cancer workshop presented by Washington University School of Medicine and Mallinckrodt Institute of Radiology. The workshop was on “Rhabdomyosarcoma in Children” and featured Dr. Teresa Vietti, pediatrician; Dr. John Kissane, pathologist; and Dr. Abdel Ragab, pediatrician.

Dr. Elwyn J. Anthony, Barnes child psychiatrist, spoke at an adolescent psychology and psychiatry seminar in Denver, Col.

Dr. Nathan A. Womack, former Barnes surgeon, died Feb. 2 at his home in Chapel Hill, N.C. He was 73 years of age.