Furnace only one of construction or renovation projects

The drilling of piers for the West Pavilion is among construction or renovation projects now underway at Barnes Hospital. In addition, several other projects, designed to improve patient care facilities, areas for support services and improve living quarters for students at Barnes School of Nursing, have been completed during recent months.

Pier work is expected to be completed early this year and actual construction of the $50 million West Pavilion should begin in May according to Thomas Winston, vice president of the hospital. The building should be completed in 1980.

Other projects nearing completion include the Peters Memorial Building to replace the old number four building. The main level of the Peters Building has been occupied and the second floor will have been occupied in late December. The third floor is scheduled to be finished by mid-January. The portion of the old number four building on the north side of the corridor will be finished early in 1977.

Central service has moved back into renovated facilities in the basement level of the Peters Building. The department had temporarily been located on two floors of the East Pavilion. Respiratory therapy, nursing offices for associate directors, the Barnes doctors office, print shop, the education and training offices and the dietetics offices are on the first floor.

Extension of East Pavilion elevator service to the terrace level is almost finished. The extension will connect all four elevators on the west end of the building with the tunnel leading to the sub-surface garage. This work will have been completed in late December.

The eleventh floor of the East Pavilion has been redesigned to provide more space for teaching aspects to the patient care area dealing with stroke patients. A Jan. 17 completion date is expected.

Renovation work is proceeding along the main hospital corridor near the Danforth Chapel. The work will provide an area for an information desk. Dispatch and mailroom facilities on the ground level of the old Barnes building are being renovated to provide additional office space and to add space for department operation. The sign shop will be moved to the Peters Building early this year.

The burn unit, an intensive care area, will be moved Jan. 7 to the third floor of Barnard Hospital. Acute kidney rooms, now located on the second floor near laboratory areas, also will be located then to 3 Barnard. The burn unit move is necessitated by the West Pavilion construction. The kidney room move will provide additional beds for those patients suffering from acute renal failure.

The twelfth floor of Queeny Tower has been converted from a self-care floor to acute care beds and will house patients formerly on 3 Barnard. Air conditioning was improved at nurses stations on floors nine through twelve of Rand-Johnson.

A three-bed expansion was made possible by renovation of the cardiothoracic intensive care unit on the second floor of Rand-Johnson. Renovation of the general surgical ICU on the fifth floor of Rand-Johnson has been completed.

New intensive care units have been opened on two floors, one for medical patients on the ninth floor of Rand-Johnson and one for orthopedic intensive care patients on the ninth floor of the East Pavilion.

School of Nursing students' residential areas have been remodeled and a $400,000 project to update safety features of the building is now nearing completion.

Future projects include the renovation of the laboratory areas in the number three building and the replanting of trees and vines over the sub-surface garage which died during the prolonged dry weather last summer.

"We have accomplished a great deal this past year," Mr. Winston said. "Each of the projects fit into our overall plan of providing the best facilities possible so that we can continue to give the best in patient care."

Board votes increase in employe wages

The Barnes board of directors has approved a general wage increase for hospital employes bringing the minimum wage in the hospital to $3 per hour and increasing the hourly wage for most graded and non-graded employes. The increase went into effect Dec. 19, 1976.

Hospital President Robert E. Frank, in making the announcement, said the increase in the minimum wage represents an increase of 6.75 percent. All other pay grades will be increased on an adjusted basis resulting in a 5 percent increase in the highest pay grades through the seventh step.

The board action means that Barnes will remain significantly ahead of the minimum wage which (Continued on next page)
Wage increase . . .

(Continued from page 1)

the government sets for hospital employees, at $2.30 an hour.

"This wage increase reflects the hospital's concern that its employees wages keep pace with the rising cost-of-living," Mr. Frank said. "We had a good year in 1976 and the main reason for that was the extra effort which employees gave to provide the best medical care available anywhere."

Patient celebrates 100th birthday early

A 100th birthday comes rarely, so when a patient in Barnes' Wohl Hospital was to be discharged a month before his centennial celebration, the nursing personnel decided to give an early birthday party.

Pearly Fleet, who will celebrate his 100th birthday on Jan. 6, was honored with a cake and refreshments during a party on Wohl's fifth floor. "We just couldn't let him leave without a party of some type," said head nurse Jill Henderson. "We really became fond of him during his hospitalization."

Mr. Fleet, who moved to St. Louis with his family in the 1890's, was born in Kentucky and was raised in Jonesboro, Ark. He was hospitalized for congestive heart problems and received a pacemaker during his stay at Barnes.

Answering the famous question "To what do you owe your long life?", Mr. Fleet said "I have lived a Christian life and don't have any vices such as smoking or drinking." He said that he did not expect to see another 100 years of life mainly because "my feet hurt too bad, I just can't get around like I used to do."

He said his stay at Barnes had been pleasant because of the care he had received from everyone, especially the nurses. "They are so nice," he said. "I could not have been treated any better, anywhere."

Neurologist establishes fund for teaching

Dr. Andrew Jones, a former Barnes neurologist and specialist in encephalitis, has established a $150,000 endowment fund to promote teaching and practice in clinical neurology.

Dr. Jones was a member of the medical staff from 1922 until retirement in 1965. During the 1930s, he published several articles on the outbreak of encephalitis lethargica (sleeping sickness). He was chief of the encephalitis section of Barnes during World War II.

Dr. Jones, and his wife, Gretchen have stipulated that the fund be used for the support of the department of neurology after the couple's death. The money is now in a charitable trust fund.

Dr. William Landau, neurologist-in-chief at Barnes, said he was gratified that a member of the academic family could be so generous.

Three join medical staff

Three physicians have been added to the medical staff, according to the President's Office. They are Dr. Joseph Witztum, assistant physician in the Lipid Research Center; Dr. Michael Scher, assistant physician in the medical care group; and Dr. Richard Assaf, assistant anesthesiologist.
Computed tomography (CT), one of the major developments in radiology during recent years, is drawing fire from some physicians and consumer groups who believe that questions concerning cost-effectiveness and marginal utility of CT scanning should be answered before CT becomes an entrenched diagnostic tool.

Since the advent of CT scanning at Barnes Hospital, radiologists at the Mallinckrodt Institute of Radiology have been performing just such an evaluation. Preliminary results indicate that brain and whole body scanning are accurate diagnostic procedures which can save the patient money and time in the hospital by expediting or obviating the diagnostic work-up or surgery.

The radiologists have been reviewing patient records for the past ten months and have found that those patients who received CT scans from the two EMI brain scanners and the two EMI whole body scanners have benefited from fewer invasive diagnostic procedures and exploratory surgeries.

The study team is headed by Dr. Ronald Evens, director of Mallinckrodt Institute of Radiology. Members include Dr. Stuart Sagel, Dr. Robert Stanley, Dr. Robert Levitt, Dr. R. Gilbert Jost, and Ms. Nancy Levitt, R.T.

Preliminary results have shown that CT scanning has been particularly useful in diagnosing problems related to organs in the abdomen. The liver, pancreas and retroperitoneum are difficult organs to study with conventional radiographic techniques. But results from CT scanning indicate that CT is a sensitive and specific diagnostic tool for these organs.

For instance, experience with CT scanning of the liver and biliary tract at Barnes Hospital has shown that 90 percent of pathologically proven space-occupying lesions within the liver can be identified using CT.

Moreover, the nature of 70 percent of these lesions can be clarified using this tool. Obstructive (surgical) jaundice can be differentiated from non-obstructive (medical) jaundice in 90 percent of cases. Often the site or cause of obstruction can be diagnosed. The need for invasive diagnostic procedures and exploratory laparotomies has been reduced.

In addition, the value of CT brain scans already has been accepted by neurologists and neurosurgeons. The use of CT brain scans has greatly reduced the number of invasive diagnostic tests such as cerebral angiograms and pneumoencephalograms at Barnes Hospital.

Dr. Levitt believes that more stringent government and third-party payer regulations will limit the use of CT unless the diagnostic and clinical efficacy of CT scanning can be demonstrated to health care providers. "Guidelines for the purchase and use of body scanners must be established by the medical profession on the basis of clinical research rather than by government regulation," he said.

The study here is among the first in the nation to provide solid data which can be used by medical personnel along with health and governmental agencies to make decisions on whether or not CT scanners are justified, and, if so, how many in a given population area.

"What we are finding is that there are specific parts of the body in which CT scanning can provide the most accurate diagnosis at the lowest cost to the patient," Dr. Levitt said.

A part of the study on the effect of CT scanning on patient management included a review of medical records of patients who had scans while at Barnes Hospital. The review was assisted by the medical records department and a luncheon was recently given by Dr. Levitt and his wife for the medical records employees.

Dr. Levitt feels that the value of CT in patient management is as important as an evaluation of its diagnostic effectiveness. "Whatever the diagnostic efficacy of CT, it should not become a part of the radiologic armamentarium unless it significantly affects patient care."

Since CT body scanners were introduced in 1975, medical interest has risen rapidly and EMI has received more than 200 orders for body scanners within the continental United States at a cost of more than 90 million dollars. Several manufacturers in the United States have developed CT scanners and have received many more orders.

Food baskets brighten holidays for chronically ill

A grandmother trying to raise a number of small grandchildren comes to Barnes Hospital three times each week for dialysis treatment. Because she is chronically ill, she is unable to work. A mother of eight children has cancer and the family depends on the oldest child, a 19-year-old boy, for financial support.

For these families and others, Christmas holidays were a little brighter this year because of the work of the hospital's social work department and many individual employees throughout the medical center.

Just prior to the Christmas holidays, the social work department distributed food baskets to 10 families of chronically ill patients. The food was donated by employees on nursing divisions, laboratories, telecommunications, the School of Nursing and the kidney center and social work.

Patricia McLaFerty of social work said that a list of less fortunate patients was collected from social workers throughout the hospital and those in the most need were selected to receive the Christmas food baskets. "The chronically ill, dependent on set limited incomes because of inability to work, have trouble making ends meet at any time during the year," Ms. McLaFerty said. "At Christmas, their needs naturally increase and we are happy that for some of those patients we have been able to make their Christmas a little brighter."

A variety of foods and household products was collected and assembled so that those chosen to receive the goods could easily pick them up. "We tried to tailor the baskets to the family's needs," said Virginia Lenobel, a social worker. "For instance we included non-sugar items in the food for a diabetic patient and we put a little extra candy in the baskets for families with several children."

The distribution marked the third year food baskets have been distributed and each year the amount of food donated grows. "It started off as only a department idea but, through word-of-mouth, the idea has spread and this year we have literally had hundreds of dollars of food and goods donated for these families," said social worker Roslyn Hofstein.

Money is also donated by employees and is used to buy turkeys which are included in the baskets of the most needy. "We have a difficult time trying to decide who gets what but we do the best we can with what we have," said Ms. McLaFerty.

Evelyn Bonander, director of social work, said the recipients are very grateful. "We can tell that the food baskets really make a difference for them during the holidays. Of course, we see these people often during the year and it makes us feel better to know that not only have we helped them receive excellent medical care, but we demonstrated that we really do care by making the holidays happier for them."

Roslyn Hofstein and Virginia Lenobel of social work sort food for the food baskets which were delivered to the families of chronically ill patients prior to Christmas.
The corner of Laclede and Euclid, as architects envision it in the future.

Euclid-Laclede may play double role in near future

The corner at Laclede and Euclid, as it appears now. Architects are proposing that the street be repaved, lighting changed, street furniture and signage added to give a sense of arrival and of place. At right is the Town Hall restaurant, which has just undergone a total refurbishing inside.
"There are ten thousand people in the medical center across Forest Park Boulevard, but only a few of them cross this intersection each day to spend their time and money in the Euclid-Laclede area," said Gene Kilgen of the Washington University Medical Center Redevelopment Corporation.

That's something Mr. Kilgen would like to change. The Euclid-Laclede area is one with unique charm, a location that should attract the many types of health care employees who work at Barnes and other similar institutions.

The urban planners, architects and others who are projecting a future for Euclid-Laclede see it playing a double role—as a place for neighboring employees to eat, shop and relax at lunch time or after work; and as a center for groceries and other convenience goods and services for the thousands of residents who live near the site.

"If the number of shoppers and restaurant patrons increases greatly, the upgrading of buildings will take place swiftly. A profitable commercial area can uplift itself; it's when trade falls off that decay and declining property values are inevitable," said Mr. Kilgen.

He explained that the urban redevelopment process has six basic steps leading up to the actual construction or rehabilitation product: planning; acquiring property; relocating persons or businesses when necessary; demolishing existing buildings in some cases; implementing public improvements to enhance the environment, and selling the property for redevelopment. "At this point the private or institutional investor must step in to actually finance and implement the project."

The streets, sidewalks and lighting in the area are now being studied by an architectural firm which is designing new paving, curbs, lighting, signage, street graphics, planting and street furniture. The alley just north of Forest Park Boulevard is going to become an attractive walkway on both sides of Euclid. Throughout the area, wheelchair ramps are incorporated in repaving plans. Special brick sidewalks and street lights will give atmosphere. The "cobra" lights are highly functional but architects who are working as design consultants on the project are hopeful that the City of St. Louis will authorize the use of lighting fixtures similar to those in the accompanying sketch. All of these scheduled public improvements have been allocated by the city, through community development revenue sharing funds, to help generate the private-sector reinvestment that will make the project a success.

Already many improvements are in evidence in the area. Tom's Bar and Grill, at 20 South Euclid,

(Continued on next page)
is a new restaurant opened last summer using artifacts from the historic homes in the area—furnishings and woodwork from many of St. Louis’ late 1800 and early 1900 buildings. A skylight brings the warmth of daylight to the mellow wood during the daylight hours. The center bar is an antique breakfront from a family estate on West Pine. “The idea is to retain some of the heritage of the Central West End and the city,” said Tom Dimitriades, owner of the restaurant. Until 11 years ago, the Dimitriades’ family home was on the site at the corner of Forest Park and Euclid, where the family now owns a car wash and service station.

The supermarket will include about 15,000 to 20,000 square feet, slightly smaller than most supermarkets in the suburbs, but considerably larger than other stores in the area.

A parking lot on Laclede with access from both Taylor and Euclid with 50 off-street spaces will be opened soon. Later a 100-space lot will be opened on the north side of Laclede, Kilgen said.

Two electric trams now travel through the central west end, from 11 a.m. to 2 p.m. Patrons of the sponsoring businesses may ride free of charge. Called the “firefly” tram, the vehicle is environmentally non-polluting, and has an easy curbside access. The vehicles carry 15 to 16 passengers and run each hour in an area generally bounded by Kingshighway, Forest Park, McPherson and Newstead.

The Park Forest Improvement Association, composed of concerned citizens who are interested in the future of the entire area, heard Mr. Kilgen’s report on the plans for Euclid-Laclede at their November meeting.

The architect’s plans include high posts at the intersection of Forest Park and Euclid. The posts would carry banners during special promotional events and at other times would be markers to give a sense of entrance to the area. Another recommendation is for unique paving in this sector to show that it is a separate but unique shopping area. Raised pavement at intersections is suggested, because this will slow traffic.

A supermarket, so that residents and persons who work in this area can buy groceries at chain store prices, is one of the important goals of the Redevelopment Corporation. Gene Kilgen says that in the next six months, he expects a chain supermarket will commit to build on Laclede between Euclid and Taylor. “Three chains have expressed interest in this location, but they are concerned about parking space since they are more accustomed to building in wide-open spaces than in densely populated urban areas.”

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Tribute Fund

The following is a list of honorees (names in boldface) and contributors to the Barnes Hospital Tribute Fund from Nov. 19 to Dec. 20, 1976.

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Barnes Bulletin

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(Continued on next page)
Lucy Diggs retires after 21 years

Lucy Diggs, a nurse assistant at Barnes Hospital for more than 21 years, retired Dec. 2. She had been a Barnes employe since 1955 and had served on 0300, 0400, 3200 and 8200.

"I really have mixed emotions about retiring," Mrs. Diggs said. "I am leaving better off than when I came and I feel like I have been blessed to have a job at Barnes. I have always tried to practice the Golden Rule and I think that most of the people I have worked with, and my patients, have returned the favor."

She plans to continue her mission work and become more involved in Sunday School activities at her church during her retirement. "I think I can be of particular help to those who are sick," she said.

Her co-employes gave her a party on 11200 where she was working at the time of her retirement. Along with some other gifts, she received a money tree.

Mrs. Diggs has five children, all living in St. Louis. One daughter, Doris Ackerson, works on 7400.

Cuddeford re-elected association president

James Cuddeford, a staff member of the Barnes Hospital School of Nurse Anesthesia and assistant to the education director, has been re-elected president of the Missouri Association of Nurse Anesthetists.

Mr. Cuddeford joined the Barnes anesthesia staff in 1971 and is a former board member of the Missouri Association of Nurse Anesthetists.

Hartstein speaks at meetings

Dr. Jack Hartstein, Barnes ophthalmologist, recently spoke at intraocular lens symposia in Montreal, Canada, and in New York City. He also spoke on ultrasound cataract surgery in Chattanooga, Tennessee, and at the Southern Medical Association meeting in New Orleans.