BARNES HOSPITAL AUXILIARY COMPLETES FIRST YEAR OF SERVICE

At the annual meeting of the Women's Auxiliary of the Washington University Clinics on May 14, 1959, following several joint meetings between volunteer groups in the Medical Center, officers were elected, Membership and Nominating Committees were voted in, and Committee Chairmen were appointed.

A year has passed, and the Barnes Hospital Auxiliary can be justly proud of its progress. Volunteers have continued to serve in the Washington University Clinics - in Ob/Gyn, ENT, Eye, Medicine C, Screening, Admitting, Medical Records, Pharmacy, Lab, and the Sub-Station where laboratory reports are transcribed into clinic patients' charts. Service has also been continued in McMillan at the Doctor's Information Desk and in Dietary. The food cart for Operating Room personnel, a tremendously helpful project requiring constant staffing, has also been continued.

Services have been extended during the past year to several areas within the hospital - Dietary, Pharmacy, Blood Donor Room, Medical Records, Gift Shop, Personnel Office, Laboratory Office Records Department, and in assembling the Heart-Lung machine. Projects recently undertaken include staffing a supplementary information desk in the Barnes Lobby, a gift cart for patients, and a new - born baby photo program in Maternity Hospital.

In Renard Hospital, Auxiliary volunteers assist in Dietary, Occupational Therapy, Recreation, and the Information Desk. Of particular interest in Renard is the patients' "Bridge Club" which volunteers have operated for the past two years. In the recently completed Irene Johnson Institute of Rehabilitation, volunteers work with the receptionist and, from a food cart in the recreation room, serve noon meals to patients.

Emphasis has also been placed during the past year on the Junior Volunteers or "Candy Stripe" group. These teen-agers, working on

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Wedding bells rang for CAROLE SIEVERS, Nursing, and John A. Marshall on April 30 at Central Presbyterian Church. Mr. Marshall is a student in the Washington University School of Dentistry. DOROTHY PILES, Nursing, and J. Gerald Goebel repeated their nuptial vows at 10:00 a.m. on May 7 in the Luther Memorial Lutheran Church, Richmond Heights. BETTY GAMBLE, former Cytology Laboratory Technician, presented her husband with a 7-pound, 12-ounce baby boy April 22. DONALD J. HORSH, Associate Director in the W. U. Clinics, admitted his wife to the hospital May 4 for an emergency appendectomy. Mrs. Horsh was released after a few days on 8200. Our sympathy to PEGGY GRAHAM, Private Doctor’s Office, whose mother died May 8 in the hospital after being a patient for several weeks. An error was made in photographing or stripping the multilith negative for Page 9 of the last issue of the Hospital Record. The two photographs of new-born babies, both snapped by Laura H. Miller in the new Baby Photo Program sponsored in Maternity Hospital by the Women’s Auxiliary, were transposed. The picture captioned Baby Girl Smith is the daughter of Mr. and Mrs. Mike Ledbetter of 1610 Mullanphy St., and the picture captioned Baby Girl Ledbetter is the daughter of Mr. and Mrs. James Smith of 4488 Kossuth Avenue. Your editor caught the transposition of photographs by reading the babies’ wrist bands through a magnifying glass - we aren’t quite up to telling one new-born baby girl from another any other way! Pearl of the Month: “Gardening is largely a matter of keeping up your enthusiasm until your back gets used to it.” Congratulations to Miss MARIAN ROHRER on her appointment May 1 as Assistant Director of the Barnes Hospital School of Medical Technology. Dr. C. O. VERMILLION and Mr. H. E. PANHORST, Associate Directors, attended the annual meeting of the Council of University Teaching Hospitals April 20-21 in Omaha. While there they took advantage of an opportunity to visit the Offutt Air Force Base and see the headquarters of the Strategic Air Command. Dr. THOMAS F. HORNBEIN, Fellow in Anesthesiology and an experienced mountain climber, has left St. Louis to accompany the 1960 American Pakistan Karakoram Expedition in an effort to scale Masherbrum, one of the major unconquered peaks in the Himalayas. Three unsuccessful efforts have previously been made to climb Masherbrum, a 25,660-foot peak of which the top 1,000 feet is reported to be rock cliff. The expedition is a joint venture sponsored by the American Alpine Club and the Sports Control Committee of the Pakistan army. Dr. Hornbein will conduct research aimed at finding out whether persons in high altitudes need to have the iron in their bodies augmented. Mr. JOSEPH T. GRECO, Associate Director, has been appointed to the Board of Consultants of the American Psychiatric Association Mental Hospital Services.

AUXILIARY ANNIVERSARY (Con’t from Page 1)

week-ends, holidays, and during summer vacations, have contributed thousands of hours of helpful service.

We mark with gratitude this first anniversary of the Barnes Hospital Auxiliary. It gives us an opportunity to express our sincere appreciation to these volunteers who continue to unselfishly give of their time, their patience, their kindness, and their enthusiasm.
Miss Esther Diercks (left), President of the Zonta Club of St. Louis County, presents a check for $950 to Miss Ann J. Campbell, Director of Nursing Service and Nursing Education. The Zonta Club’s gift is specifically to provide two scholarships for students in the Barnes Hospital School of Nursing, and a cash award to an outstanding senior student. At right is Miss Amelia Schirmer, Assistant Vice President of the St. Louis County National Bank, who is chairman of the Zonta Club of St. Louis County’s special committee through which scholarships in the Barnes Hospital School of Nursing have been made available to deserving students for several years.

Anniversaries

20 YEARS

Tom Pasternak, Pharmacist, completed 20 years of continuous service in the Drug Room on May 14. Born in Chicago, Mr. Pasternak completed grade and high schools there after which he entered the University of Illinois. He largely worked his way through college with part time hospital jobs at night during the school year, and as a moulder in iron foundries during summer vacations. He graduated from the University of Illinois with a Bachelor of Science degree in chemistry, and received his Bachelor’s degree in pharmacy from the University of Michigan. Having had working contact with Mr. Pasternak for many years, it is a distinct pleasure for your reporter to mark this anniversary of a man who personifies all the steadfast and loyal qualities of a faithful employee, a firm friend, and a good man.

15 YEARS

Bessie Love, Senior Nurse Assistant assigned to McMillan Hospital, made her television debut May 4 when “The Woman’s Touch” program, Channel 11, honored her as the ideal foster mother of the year. Mrs. Love and her husband have reared twenty-two ‘foster children, all of whom have completed high school. Three have received college degrees, and the Loves have a son who is now enrolled in Harris Teachers’ College. A native St. Louisan, Mrs. Love has been

(Continued next page, Column 1)
VERNEIDA KEYS, who will be remembered as Verneida Hopkins, returned to the Dietary Department April 20 . . . BEULAH M. PITTS resumed her former duties in the Barnes Doctor’s Office April 5 . . . Registered Nurses who have returned on a part-time basis during the past month include ORA ETIENNE (April 19), BARBARA ALLEN (April 23), and HELEN C. ADAMS (April 24). . . . TOINETTE WILLIAMS, Nurses Aide, returned April 20 . . . BETTY LOU BESS, Nurse Assistant, resumed her former duties in Maternity Hospital April 20 . . . JOAN SUTTLES, Senior Nurse Assistant, returned May 1 . . . BREENDA BALLINGER resumed her former duties as Nurse Assistant in the Barnes Operating Room on May 2 . . . JEAN SANSOUCIE, Nurse Assistant, returned May 9 . . . On May 10, EMMA LEE SMITH returned to her job in Housekeeping . . . PATRICIA DAVIS, Nurse Assistant, resumed her former duties in Maternity Hospital on May 11. Welcome Back!

ANNIVERSARIES (Con’t from Page 3)

married 41 years. She began her employment at Barnes on May 24, 1945, as a Nurses Aide. She was later placed in the In-Service Training Program because of her tremendous interest in bedside nursing care; she has been licensed as a practical nurse by the Missouri State Board.

5 YEARS

Those who completed five years of continuous employment during May are Stephanie Chaptain’s Corner

by

George Bowles

I have just heard one person make the statement to another, “I am scared to death.” The next statement revealed that a headline in the evening paper had prompted the attitude that had been expressed. I have no idea who the person was, but that is not of great importance. The thing is that this was the expression of a feeling that many people have in the day in which we live.

It must be remembered that this is not a feeling confined to the time in which we live. Every age has produced the circumstances that produce fear. As soon as this is mentioned, there are always those who stand ready to remind us that no generation has ever been surrounded by as many reasons to be frightened about the future. That, of course, is a matter of opinion. It is not likely that many would share the thought that our early forefathers had an easy time of it in conducting the wagon trains to the west coast about a century ago.

A certain amount of wholesome fear is a good thing. It helps us in the building of good characters, and the making of constructive decisions. Much of our spirit of industry results from the fear we have that someone else might do the assignment a little better. This is the element that serves to protect us against hurtful experiences, and it sharpens our judgment when the going gets hard. The early use of the word meant “profound reverence.” This is a good definition to employ, when we tend to be frightened.

Stankovich, Heart Station Technician (May 2); Clarissa Walker, Assistant Director of Nursing Service (May 10); Grace G. Brown, Nurse Aide in Central Supply (May 16); Alberta O. Blohm, Linen Room Seamstress (May 20); and Anna Garner, Medical Records (May 23).
Brightening up the northeast corner of McMillan Hospital, where the McMillan corridor opens into the Irene Johnson Institute of Rehabilitation, the handsome new admitting desk shown above has been opened to accommodate patients for registration and appointments in the Eye and ENT Clinics and the Rehabilitation Institute. The new unit was designed and built by the Maintenance Department.

When the David P. Wohl, Jr. - Washington University Clinics building is ready for occupancy in 1961, all out-patient clinics will move into the new building with the exception of the Eye and ENT Clinics, and the "Rehab" Institute which was only recently completed. These three clinics will stay put, and are preparing for the time when they will operate independently.

The new desk is a prototype of the admitting desks which will be built on each of the first five floors of the new Wohl Clinics building. Clinic employees are therefore gaining valuable experience in regard to this modified system of operation. Personnel working at the desk include an admitting officer, two appointment secretaries, and a cashier.

NURSING DEPARTMENT HONOR ROLL

During 1959, the following fifty-eight employees in the Nursing Department were present on every scheduled work day. It was the second consecutive year with no time lost for twenty of the fifty-eight; these twenty are designated in the list with an asterisk.

*Ann J. Campbell
Gladys Gunness
Bernice Thompson
*Elizabeth McIntosh

Director of Nursing
Associate Director, Nursing Service
Associate Director, Nursing Service
Associate Director, Nursing Education

Margaret O'Connell
Ruby Bailey
*Cora Glauser
Helen Petty
Helen Meyer
Grace Coleman
*Helen Bryant
*Opal Runzi

Assistant Director, Nursing Service
Assistant Director, Nursing Service
Assistant Director, Nursing Service
Assistant Director, Nursing Service
Assistant Director, Nursing Service
Assistant Director, Nursing Service
Coordinator, Nursing Education
Coordinator, Nursing Education

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Nursing Honor Roll (Con't from Page 5)

| *Mildred Brocksmith       | Supervisor, Recovery Room |
| *Ann B. Vose              | Supervisor, W. U. Clinics |
| Margaret Weber            | Supervisor, Nurseries    |
| Anne Barclay              | Head Nurse, 6200          |
| Dorothy Bewie             | Head Nurse, 2418          |
| *Mary Bruenjes            | Head Nurse, Maternity     |
| Marilyn Hogan             | Head Nurse, Maternity     |
| Betty Armstrong           | Head Nurse, Clinics       |
| Vera Sleade               | Head Nurse, Clinics       |
| Olive Shidler             | Staff Nurse, 3400, Nights |
| Thelma O'Neal             | Residence Director        |
| Juanita Sapp              | Librarian, School of Nursing |
| *Marija Germanis          | Assistant Librarian, School of Nursing |
| Josephine Mundwiller      | Receptionist, School of Nursing |
| *Helen Andrews            | Receptionist, School of Nursing |
| *Nanette Burgess          | Receptionist, School of Nursing |
| *Gertrude Schneider       | Receptionist, School of Nursing |
| Jean Hodges               | Receptionist, School of Nursing |
| *Martha Kaltwasser        | Nursing Office Secretary  |
| *Ruth Hess                | Nursing Office Secretary  |
| Rita Mickey               | Floor Secretary, 2300     |
| Elizabeth Rosenthal       | Floor Secretary, 5 McMillan |
| Ann Pohltman              | Floor Secretary, Renard   |
| Evelyn Lohman             | Floor Secretary, Renard   |
| Mary Worley               | N. Assistant, Central Supply |
| Lois Goodyear             | N. Assistant, Central Supply |
| Mary Eaton                | N. Assistant, Central Supply |
| Helen Deprender           | N. Assistant, 6200        |
| *Ada Ellis                | N. Assistant, 5200        |
| Lucy Diggs                | N. Assistant, 8200        |
| Edna Hiltis               | N. Assistant, 1200        |
| Ruby Woods                | N. Assistant, 1100        |
| Laura Haas                | N. Assistant, 7200        |
| Jenny French              | N. Assistant, O.R.        |
| Annie Blackwell           | N. Assistant, McMillan    |
| Willie M. Branch          | N. Assistant, McMillan    |
| Willie Crenshaw           | N. Assistant, Maternity   |
| Joanne Walker             | N. Assistant, Maternity   |
| Charlene Johnson          | N. Assistant, Maternity   |
| Letha Long                | N. Assistant, Clinics     |
| Cynthia Brown             | N. Assistant, Wohl        |
| *Edward Scott             | Orderly, Central Supply   |
| Lucias McCollum           | Orderly, Renard           |
| *Charles Hall             | Orderly, Renard           |
| Willie Hall               | Orderly, Renard           |
| Nathaniel Green           | Orderly, Renard           |
THE GOLDEN YEARS

How do I know my youth is all spent?
Well, my 'get up and go' has gone up and went.
But in spite of it all, I'm able to grin
When I remember where my get up has been.

Old age is golden, so I've heard said,
But sometimes I wonder when I get into bed
With my ears in the drawer -- my teeth in a cup --
My eye on the table until I wake up.
Ere sleep dims my eyes, I say to myself:
'Is there anything else I should lay on the shelf?'
But I'm happy to say as I fasten my door,
My friends are the same - perhaps even more.

When I was young my slippers were red --
I could kick up my heels right over my head;
When I grew older my slippers were blue --
But still I could dance the whole night through;
Now I'm old and my slippers are black --
I walk to the store and puff my way back.

Since I've retired from life's competition
I bury myself with complete repetition:
I get up each morning and dust off my wits,
Pick up the paper and read the 'Obits'
If my name is missing I know I'm not dead
So I eat a good breakfast and go back to bed.

DR. VERMILLION GATHERS HONORS

At the annual meeting April 19 of the St. Louis-DePauw Alumni Association, Dr. C. O. Vermillion, Associate Director of Barnes, was elected President of the group for the coming year.

While attending the annual meeting of the Eighth District of Optimists International May 13 through 15 in Mount Vernon, Illinois, Dr. Vermillion was elected Lieutenant Governor of the 8th District. The Eighth covers the eastern half of Missouri and the southern third of Illinois. Dr. Vermillion is presently President of the Webster Groves Optimist Club, and will assume his new office with the 8th District as soon as his presidential tenure with the Webster Groves group is over.

ALCOHOL ADVERTISING

In the theatre
On the radio
On the sign-board
In the papers and magazines,
I say what I'm paid to say.
But in the laboratory,
In the wrecked automobile,
In the city jail,
In the road-house,
In the veins of the drunks,
I tell the truth.
1960 REDUCER'S GUIDE

Experts say the average American adult weights 20 pounds more than he or she should. Dieting is the answer — but when? For your convenience, here is a calendar for getting started on your diet this year, courtesy of the Memorial Memo, employee publication at Santa Rosa Memorial Hospital, Santa Rosa, California:

JANUARY: Too late in month. Wait until next month.
FEBRUARY: Short month. Hardly worth starting.
MARCH: Blustery and damp. You need all the calories you can get.
APRIL: Spring chores to do. Can’t work without energy.
MAY: Body undergoing Spring changes. Dangerous to alter things.
JULY: Everybody’s throwing outdoor barbecues. Turn them down and you’ll get a reputation for being antisocial.
AUGUST: Muggy dog days. Weather is enough without contending with starvation.
SEPTEMBER: Vacation over. Concentrate on job, not personal welfare.
OCTOBER: Crisp days, ideal for football games and hiking. Need warm foods, though, to keep up strength.
NOVEMBER: Not until after Thanksgiving.
DECEMBER: Too late this year. Wait until next month.

BARNES HOSPITAL
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