Construction to begin on parking garage for hospital employes

Construction is tentatively scheduled to begin next month on an 817-car parking garage for Barnes Hospital employes. The garage, which must first be approved by the area Health Systems Agency, will be located on the present Duncan-Taylor lot owned by the hospital.

Completion of the four-level concrete structure is expected in late summer, 1980. It will cost approximately $2.8 million.

The present Duncan-Taylor parking lot, which has spaces for 188 cars, will be closed completely to parking during the construction. Employes who have been using the lot will be provided parking on the Municipal Opera parking lot in Forest Park and a shuttle bus, contracted for by Barnes, will run between the Muny lot and the hospital.

Contractor for the garage is McCarthy Parking Structures. Some spaces will be provided for employes riding motorcycles or bicycles. A glassed-in waiting area and restrooms will be constructed near the entrance/exit on the southwest corner of the garage.

Two elevators are planned and will be glassed-in to provide additional security for the area. A security post will be located at the entrance/exit and Barnes security officers will patrol the entire garage.

North and west sides of the garage will have a decorative screening affixed to the concrete walls to provide an attractive appearance to those nearby areas planned for future residential use. The top level of the garage will not be covered.

The garage will fill the need for more hospital parking space resulting from the completion next year of the West Pavilion project and street changes planned for the Central West End which would eliminate most on-street parking. The top two floors of the 17-story West Pavilion building will house doctors' offices.

Additional parking in the subsurface garage will be needed for patients with appointments in the West Pavilion doctors' offices. Approximately 200 persons holding temporary monthly parking passes in the subsurface garage will no longer be able to park in the garage, a fact which was explained to parkers at the time the passes were issued. Most of the 200 monthly parking passes will be decreased through attrition and no new passes will be issued to replace them.

The new 800-car garage will provide parking for the almost 200 persons now parking on the Duncan-Taylor lot, for the 200 spaces to be "lost" to employe parking in the subsurface garage and the anticipated 400 spaces of on-street parking anticipated to be lost because of changes in traffic and street changes during coming years.

Barnes employes will be joining employes of Jewish and Children's Hospitals who have been parking on the Muny lot for some time. Barnes, like the other hospitals, will provide funds to maintain the Muny parking area. Only day employes will be parking on the Muny lot because evening and night shift employe parking is available close by the hospital and the Muny lot will be used by the opera during the summer months.

Currently Barnes employes who drive to work may park at no charge in the hospital-owned Duncan-Taylor lot and on the hospital and university-owned Busch lot near Clayton and Newstead. A limited number of parking passes at monthly rates are in effect in the subsurface garage which is operated as a public garage. Other employes park in the public garage at Audubon and Euclid and at night in the Queeny Tower garage or on-street parking.

Hospital President Robert E. Frank said the garage will help resolve parking problems arising from the completion of the West Pavilion and the plan will fit with the suggestions of many residents of the Central West End who are concerned about the amount of traffic in the area. "They have recommended that we try to provide garage parking when feasible and we are happy that we can respond in this positive way."

Doctors to be honored for 25 years on staff

Ceremonies on July 24 will honor eight Barnes doctors who this year join the ranks of those who have served 25 years or more on the active staff of the hospital.

Dr. Mark D. Eagleston, Jr., radiology; James N. Haddick and Edward H. Kowert, psychiatry; Earl P. Holt, Jr., orthopedic surgery; William M. Landau, neurology; Lawrence W. O'Neal, general surgery; Herbert E. Rosenbaum, neurology/psychiatry; and James C. Sisk, dermatology, will join those whose names are already inscribed on the 25-year plaque in the Barnes corridor.

The eight doctors and their wives will be special guests of honor at ceremonies beginning at 4:30 p.m. in Queeny Tower. Barnes chairman Harold E. Thayer and president Robert E. Frank will present the honorees with their 25-year gold pins.
Suggestion contest highlights Hospital Week

Changes in admission kits for patients and making better use of rubber bands and paper clips were among 275 potentially cost-saving ideas submitted by Barnes Hospital employees during a Voluntary Effort (VE) program in May.

A contest held during National Hospital Week successfully reached twin goals according to coordinators Richard Linneberger, an assistant director of the hospital, and Jim Hubbard, public relations director. The goals were to encourage employees to contribute their ideas on how to contain costs and to promote awareness of the nationwide Voluntary Effort.

Six meetings were held for employees to learn more about the VE and about the hospital contest. Suggestions were forwarded to administrators, and responses have been mailed to those making suggestions. In addition, a picnic was hosted by Barnes on June 1 for suggestion-makers. Random drawings were held for one $50 U.S. Savings Bond, won by Lula Mullins, mailroom, and two $25 bonds, won by Winifred Cumin, microbiology laboratory, and Greg Peters, 6 Renard.

Hospital president Robert E. Frank addressed employees at the picnic, thanking them for their suggestions and for their interest in the Voluntary Effort. "A great hospital like ours depends so much on dedicated people such as yourselves," he said. "You have shown that we at Barnes are genuinely concerned about the cost of health care and that we are committed to containing costs."

Among the suggestions made (with responses in parentheses) were: centralize mailings to doctors (now being investigated); stop providing uniforms (employees are needed where there is possible damage to clothing); turn off lights in unoccupied rooms (now being done); use more computer assistance (computer being expanded but priorities are established for maximum gain); request medical record requests through computer (under study and planned); use push mowers instead of tractors (Barnes does not own or use tractors; employee probably saw city employees mowing in Forest Park); change admission kit for patients so pencil enclosed cannot puncture styrofoam water pitchers (problem being corrected).

Recycle surplus paper (print shop happy to recycle); start in-hospital microfilm service (needs study, idea has merit); use electric hand dryers in restrooms instead of towels (study here shows towels are less expensive); recycle waste paper (collection of paper would be costly, more than any income, and there is not suitable space for storing waste paper until a vendor could pick it up); sell unused equipment (this is the current practice whenever possible).

Find a use for rubber bands and paper clips which seem to multiply on my desk (send to dispatch); move the CCU to first floor (financially not possible); reduce the quantity of medications on nursing divisions (quantity is being reduced by Unit Dose system); improve the charging and reorder functions in operating room supply areas (will be accomplished with completion of West Pavilion); circulate Barnes Bulletin within hospital instead of mailing to homes (will be partially implemented; see related story in this issue).

Although a specific dollar-value in savings cannot be assigned to the contest, another important goal was to increase the awareness of VE, a nationwide effort among hospitals to lower the rate of increase in medical care costs to a point comparable to the increase in prices of goods and services measured by the Gross National Product. Barnes, one of the largest private hospitals in the nation, has been a leader in containment of costs. This year's hospital budget limits increases in revenue to 5.43 percent and in costs to 8 percent. Federal legislation would put a "cap" on hospital costs of 9.7 percent.

Mr. Frank said that Barnes has joined with other hospitals in opposing the federal legislation which does not take into account factors which make each hospital unique. "We feel that hospitals themselves can control hospital costs, and do so in such a way as to continue providing the quality and quantity of health care that we are delivering and which Americans have a right to expect."

Employees question mailing of Bulletin to home

A number of the 280 suggestions submitted by employees for the Voluntary Effort contest were similar, suggesting that the hospital could save money by distributing the Barnes Bulletin to employees at the hospital instead of mailing it to their homes.

Jim Hubbard, director of public relations, said plans can be made to accommodate those employees who do not wish to receive the Bulletin by mail but added that mailing costs are relatively low and that he feels most employees like receiving the Bulletin at their home.

"Since we are able to mail the Bulletin at the bulk rate of 2.7 cents each, the total cost of mailing the publication to all 3,735 full- and part-time employees is just over $100," Mr. Hubbard said. "The bulk rate is much less expensive."

He also pointed out that the total Bulletin mailing list has approximately 10,000 names including the medical staff, volunteers and Auxiliary members, donors, retirees, news media and friends of the hospital. "Even if we stopped mailing the Bulletin to all employees, we still would be mailing out 6,000 other copies," he said.

"We can distribute the employee Newsletter in the hospital because of its smaller size and because it always comes out on payroll day and goes only to employees," Mr. Hubbard said. "The Bulletin is much larger and is not available for distribution with paychecks. We have explored alternatives to the home mailing and each one has drawbacks including costs. In-house distribution takes time and, of course, costs money. Also, there would be some employees who would not get their copy because of vacations, leave-of-absence or other reasons. Part-time employees would present a problem too."

Mr. Hubbard said, "We feel it is important that employees receive the publication at home for a number of reasons, one of which is that we hope other members of the family, or friends, will read it." He added, "We feel knowledgeable about the great things that are being accomplished here at Barnes. We are proud of the hospital and we want everyone to share in that pride. Also, the Bulletin is a source of information that is of value to employees, including information about wage increases, pay periods and benefit changes."

Employees who do not wish to receive the Bulletin at home should come to the public relations office for a form to complete to be taken off the mailing list. The completed form should be returned to the public relations office and those employees may then pick up their copies of the publication in the public relations office on the fourth floor of Rand-Johnson each month after it is mailed out.
Jablonow Fund finances educational opportunities

RN Edna Rensing, clinical nurse on 6200, has become one of the first persons to benefit from the Scott Jablonow Endowment Fund, established last year "for educational activities relating to kidney research and transplantation."

RN Rensing, who has worked with kidney transplant patients during all of her five years at Barnes, attended meetings of the American Society of Transplant Surgeons and the North American Transplant Coordinators in Chicago in early June. She said both the formal meetings and private gatherings offered opportunities for attendees to learn about the social, emotional and physical care of transplant patients, as well as the technical aspects of kidney harvesting and preservation.

Dr. Charles Anderson, Barnes transplant surgeon who administers the Fund, said the Jablonow gift makes possible continued educational opportunities to enable members of the transplant team at Barnes to keep up with the latest technological advances in kidney transplant surgery and patient care. "We have one of the best teams in the country and Mr. Jablonow's gift helps assure it stays that way," Dr. Anderson said. (Barnes does about 65 kidney transplants a year.)

Scott Jablonow established the Fund a year ago after his recovery from kidney damage suffered in an automobile accident. He said at the time that the fund was "one way to recognize the fine care received while a patient at Barnes." Anyone who wishes may contribute to the Fund by contacting the Barnes development office.

Dr. Evens elected president of SCARD

Dr. Ronald Evens, Barnes radiologist-in-chief and head of the department of radiology at Washington University School of Medicine, was elected president of the Society of Chairmen of Academic Radiology Departments (SCARD) at the organization's meeting in Rochester, N.Y.

The Society represents the 134 university radiology departments in the United States and Canada and its purpose is to improve the teaching and research capabilities in the specialty of radiology.

Linneberger, Shircliff, Weber assume duties

Former administrative resident Richard Linneberger has been named assistant director, evening administrator Robert Shircliff has been named administrative resident, and Mark Weber has been named evening administrator at Barnes Hospital.

Mr. Linneberger, who served as administrative resident from Sept. 5, 1978, to May 18, 1979, graduated from Washington University's health care administration program in May. As an assistant director of the hospital, he will work directly with vice-president Tom Winston.

Mr. Shircliff, who served as evening administrator from Sept. 8, 1977, to May 31, 1979, has completed his course work in health administration and will serve his residency by doing a variety of administrative duties for president Robert Frank and executive vice-president John Warmbrot.

Mr. Weber, who received a B.A. degree in political science from the University of Missouri-Columbia, will share the evening administrative duties with Gary Belton. Like Mr. Belton, Mr. Weber is working toward his masters degree in health care administration at Washington University. A native of St. Louis, he spent two years as an administrative resident in pre-graduate work at Bethesda Hospital in St. Louis.

Olmsted portrait added to Barnes corridor

A portrait of the late Dr. William Olmsted (1887-1978), Barnes physician-emeritus, recently was hung in the Barnes corridor. The portrait, which was painted by Wisconsin artist James Jay Ingersen, was purchased with money contributed to the Olmsted Lectureship Fund.

Associated with Barnes Hospital since it opened in 1914, Dr. Olmsted was the second medical resident at Barnes as well as clinical research pathologist that year. He was also the first head of the chemical laboratory, and was founder and first president of the Barnes Hospital Society, serving from 1925 to 1928. He became physician-emeritus in 1952.

In 1920 a milestone in the history of medicine was reached when insulin was found to be effective in the treatment of diabetes. When Barnes was selected that year as one of the first hospitals to treat patients with insulin, Dr. Olmsted, who specialized in diabetes, was the first to use it in the St. Louis area.

In 1949 Dr. Olmsted founded the St. Louis Diabetes Association, which has grown from a small group of lay and professional people at that time to more than 13,000 members today. He was also a charter member of the Central Society for Clinical Research, the St. Louis Society of Internal Medicine and the St. Louis Clinical Diabetes Society. He became a member of the American Medical Association in 1914 and the American Association of Physicians in 1929.

Dr. Donald Finger dies; Barnes physician

Dr. Donald Finger, a specialist in pulmonary medicine and hypertension died of emphysema at Barnes Hospital on June 21. He was 53.

Dr. Finger was a graduate of Washington University School of Medicine and served both internship and residencies at Barnes. He was appointed to the Barnes staff in 1957 as assistant physician; became an associate physician in 1975 and physician in 1977. He was also associate professor of clinical medicine for WUMS.

Dr. Finger was a member of the American Medical Association, a fellow of the American College of Physicians and the American College of Chest Physicians, a past-president of the St. Louis Internists Club and the Washington University Medical Center Alumni Association, a former council member of the Barnes Hospital society and had served on several standing committees of the Barnes Medical Advisory Committee. He was also a member of Alpha Omega Alpha, the honorary medical fraternity.

Dr. Finger is survived by his wife, Doris, and a son, John.

Terry Anderson named new methods director

Terry Anderson has joined the staff of Barnes Hospital as methods director. He succeeds the late Roy Andrews, who held the position since the methods department was established in 1966.

Mr. Anderson, a 1979 graduate of Georgia Tech, holds a bachelor of science degree in health systems. He will be working directly with personnel and will be approving requests for staffing changes. In addition, Mr. Anderson will be applying industrial engineering techniques to the health field while working on projects in other departments of the hospital.
Annual service award dinners at Barnes Hospital are testimony to the fact that many employees like working here. It’s especially apparent when they are honored for 10, 15, 20 and 25 years of service to the hospital. And for some longtime employees, like Alice Marshall, executive secretary in the president’s office, the 40-year milestone has been reached and surpassed.

What keeps Barnes employees on the payroll for so many years? Admittedly, pleasant working conditions, good salary and fringe benefits are priority reasons for anyone remaining at his job for many years, but, in addition, the “promotion from within” program provides employees with an opportunity to further their careers within the hospital.

Barnes Hospital’s policy is to promote employees from within whenever possible. Promotions, based first on merit and, second, on seniority, are possible when qualified employees who desire a promotion are available. When a vacancy occurs that could mean a promotion for another employee, information relating to the department, job title, grade, pay rate and duties is posted on...
The main bulletin board at the entrance to the employe cafeteria.

"We post promotion opportunity notices for positions for which we'd expect to find a qualified person within the hospital," said Jeff Buck, administrative assistant in personnel. "We don't post entry level positions because those positions would not constitute a promotion for present employes. In addition, we don't post something like a pharmacist because we know that there aren't employes with those qualifications already employed here."

The employment opportunity notice is posted for at least four days. Anyone interested in the position must make application in the employment office within the four-day period.

"The applicant must have had at least six months of continuous employment at Barnes, must have no record of probation within the past year and must meet the specific qualifications for the job," Mr. Buck said. "And the job must constitute a promotion."

Each job at Barnes is assigned a grade, starting at grade one for an entry level position. A promotion occurs when an employe moves from one job grade to a higher grade or from a graded position to an ungraded position. Examples include moving from an entry level position to a clerk-typist, from a nurse to an assistant head nurse or from a clerk-typist to a secretary. Last year, from January through October, 259 Barnes employes received promotions.

Many employes, who start working below their potential, advance through the ranks to higher positions. A good example is hospital president Robert E. Frank who started at Barnes as an administrative resident 18 years ago. Another example is Dillon Trulove who started here as an orderly in 1946 after being discharged from the army. He became head orderly and a year later was named supervisor of central service. Today, he is an associate director of Barnes Hospital.

Additional education is one route for employes to take to upgrade their positions, but, frequently, hard work, a willingness to learn, a desire to get ahead and dedication to the job provide other paths to more rewarding careers.

"You can impress your boss by telling him that you want to do more," said Vickie Thurman, laboratory buyer in purchasing. "Bosses appreciate it more if you keep busy and find things to do. And it's more fun to come to work if you're appreciated."

Ms. Thurman started at Barnes 10 years ago as a lifeguard in the Queeny Tower pool, but found that she wanted something more challenging to do. She was first promoted to laboratory aide and then to secretary-clerk in chemistry. Assuming more and more responsibility, Ms. Thurman was given the newly created position of supervisor over the secretary-clerks. Being involved with ordering supplies for chemistry, she found that she liked it so much that she applied for and received the position of lab buyer when it was posted on the bulletin board.

"The promotion from within program is great because I feel that this isn't the end," she said. "Even without a college degree, I can go further at Barnes."

"You should have a good attitude," said Syd Ortmann, office coordinator in plant engineering. "You must do a good job where you are now, follow directions and be productive." After six years with Barnes as a secretary in plant engineering, she was promoted to her present position. "The hospital definitely has a good policy in promoting employes from within instead of hiring from outside," she said.

"One advantage of getting a better job right here instead of a new job somewhere else is that you keep your seniority and benefits like vacation time," Mr. Buck pointed out.

Dennis McLane, a housekeeping employe-recently-turned-security officer, also thinks that the promotion from within program is a good one. "The main thing is to be here everyday on time," he said.

Seven years ago when Sandy Duchon started as an administrative secretary, she had no idea that she would ever be a project budget analyst in purchasing working on the furnishings and equipment to be used in the West Pavilion. Yet two years ago she was promoted to buyer in purchasing, and when the present position was posted, she applied for it and received it. "As far as getting promotions and salary increases, the promotion from within program is just great for me," she said. "But, you do have to put your whole self in your job in order to get ahead." When Sandy Duchon started at Barnes 13 years ago as an order filler and stock man in stores and today is coordinator of the sign shop thanks to the promotion from within program. "It's a very good thing," he said. "If a person is not satisfied in one job or can't advance in that area, he can work toward a promotion to another job that he likes better or that has the possibility for promotion."

When Lona Burress started working at Barnes as a purchasing clerk seven years ago she never realized that the job would develop into a career. When the position of telecommunications coordinator was posted on the bulletin board in the cafeteria, she applied for and received it. "It sounded very interesting," she said. "I think it's fantastic that employes are given this opportunity. It's to the employe's advantage to have this program."

Employes interested in advancement should keep an eye on the bulletin board in the cafeteria as well as demonstrate good performances in their current jobs. Barnes Hospital is constantly searching for talented, hard-working employes from within to promote to any vacancies which might occur.
Little bit of Ozarks comes to Barnes Hospital

Thirty-six-year-old Gale Swanberg of Hollister, Mo., is quite a remarkable woman. Most people, when they want a stuffed animal or an unusual sweater for a gift, go to the store to purchase it. Such is not the case for Mrs. Swanberg, who has been a patient several times at Barnes Hospital.

This talented, creative individual makes stuffed animals and dolls, knits sweaters, scarves and hats, designs childrens clothing, makes custom designed quilts, weaves blankets and rugs ..., the list goes on and on. And she does all this, in addition to being a wife, mother of two boys and proprietor of a motel in the Ozarks, despite being a paraplegic.

Mrs. Swanbergs creativity dates back to her early childhood days. "My grandmother said that I used to do spool knitting like a little old lady when I was four or five years old," she recalled. "Grandma did everything connected with crafts. She's in her eighties now and lives in New Mexico and she just recently sent me a ring which she had made."

Mrs. Swanberg started out working on simple crafts like ceramics and leather purses. "I learned to knit by feel," she said. At nighttime, when "lights out" occurred, she practiced with her knitting needles while lying in bed in the dark. At age 16 she knitted her first sweater.

A dramatic change occurred in her life at age 19 when a freak accident resulted in her becoming a paraplegic. While running in the rain, she hit a car and was thrown into the air. She spent most of last summer in and out of intensive care units, was back as a patient in October and then went home in November. Although home for Christmas time, she suffered amnesia, during which time she couldn't even remember how to knit a sweater. She was again admitted to Barnes in February.

Because of her several trips to Barnes, Mrs. Swanberg knows many employees on 11400. "I am friends with a lot of people on this floor," she said. "I've made sweaters, hats or bears for many of them." From February 20 through March 13, she completed 26 stuffed bears, put together two big dolls, received orders for 13 more bears, worked on her tenth hat, was six inches into a sweater and had a scarf half done. Her room overflowed with handmade crafts. She said that she usually don't make quite that many different items going at one time at home, but she needs different types of crafts to work on while in the hospital. "When I go to x-ray I take a small project along to work on," she said.

Mrs. Swanberg's handcrafted items are in big demand not only in the gift shop at their inn, but also as Christmas presents for family and friends. And does she ever make anything for herself? "I get bored to death making anything for myself," she said.

Mrs. Swanberg creates a lot of unique items, such as custom-designed quilts featuring Snoopy and the Miami Dolphins. Not only does she knit sweaters, but she also personalizes them with names and unusual designs. One of her patterns, which she marketed only because a friend talked her into it, is on its third printing. Living in the crafts-oriented Ozarks makes it very easy for her to sell her work.

Although she has faced and met some monumental medical problems, Mrs. Swanberg has a very positive attitude toward life. "I feel I'm really, really lucky," she said. "I'm out of a wheelchair and I have so many things to be thankful for, including my hands and my eyes."

Colorful posters adorn Barnes patient's room

When she came out from the anesthesia following surgery, Charlotte Nabbefeld of Affton, a recent patient at Barnes Hospital, didn't know if she was in a hospital bed or behind a school desk. "When I woke up I thought I was in a kindergarten room instead of a hospital room," she said. Covering the walls of her room were a number of brightly colored posters full of get-well wishes and cheerful thoughts, one made by each of her two daughters and the others made by grade school students.

Mrs. Nabbefeld's daughters, Charlotte Sartori and Carolyn Barger, both teachers of special education students in south St. Louis schools, have been interested in art since their childhood days. Their father, Arnold Nabbefeld, used to encourage them to draw while babysitting when his wife went bowling. For the last 15 years the two have been giving their posters in place of commercially made greeting cards for family occasions like birthdays, Mothers Day, Fathers Day and Christmas. Not only are the Nabbefeld base- ment walls lined with the colorful posters, but they frequently have to remove some of the older ones to make room for current gifts.

"When I came to after the operation I saw them," Mrs. Nabbefeld said. "When I looked up all I saw was flowers. You can see how their thoughts depict happiness."

Hospital notes

The president's office has reported the following on staff effective July 1, 1979. Dr. Claude R. Cloninger, assistant psychiatrist, and Dr. John G. Haddad, assistant physician. Both are returning from leaves of absence. Dr. William B. Hardin, Jr., is on staff as assistant neurologist effective June 15, 1979.

Dr. Jack Hartstein spoke on "The Use of Ultra-sound in Ophthalmology," and "Update on Ex-tended-Wear Contact Lenses" at the Fifth Annual Wills-Jefferson Contact Lens Conference in Atlantic City June 7-9.

Barnes orthopedic surgeon Dr. Marshall B. Con- rad was presented the annual Citizen of the Year Award by the St. Louis Fire Department at its fifth annual Meritorious Award Presentations June 19. Dr. Conrad served as chief medical of- ficer for the fire department for 13 years.
A reception was held in early June to introduce Barnes new chairman of the board Harold E. Thayer (third from left) to Barnes department heads. Shown with Mr. Thayer are Dillon Trulove, associate director, Robert E. Frank, president, and Bell Uhlman, planning coordinator.

Barnes Hospital has purchased the building pictured above located at the corner of Laclede and Euclid, three blocks north of the hospital. The building has 47,000 square feet of space, and a portion of the first floor is leased to Kean Drug Store, a well-known retail business which will continue to occupy that area of the building.