In wishing you a Happy Holiday Season, I would also like to thank each and every one of you for your loyalty and hard work throughout the past year. The strength of the hospitals and clinics lies in its personnel. Your efforts were, and will continue to be, absolutely vital to the hospitals' success in serving the community.

During the Christmas Holidays a spirit of tolerance is a simple matter of contagious enthusiasm. But when that same spirit moves you to work together, day after day throughout the year, your efforts are not a matter of routine and compulsion - it is a uniting in a common interest and cause.

So, with all best wishes for a happier 1962, I thank you again.

F.R. Bradley, M.D.
Director, Barnes Hospitals Group
Dr. Bjorn Nordenstrom, Director of the Department of Thoracic Radiology of the Karolinska Institute in Stockholm, Sweden, and an international authority on pulmonary circulation, visited the Barnes Hospitals Group on November 14th and 15th.

Dr. Nordenstrom delivered two well-attended lectures dealing with pulmonary diseases on consecutive days. Shown above, he is delivering one such lecture before a sizeable group of Attending and Staff members of the Radiology, Chest Surgery and other departments of the Medical Center.

Five staff members at Washington University School of Medicine and Barnes Hospitals, have received promotions in professorial rank, Dr. Edward W. Dempsey, dean of the medical school, has announced.

Dr. Albert Roos has been awarded a full professorship with the title of research professor of anesthesiology. He has been associate professor of physiology and of physiology in surgery since 1954. He will retain directorship of the thoracic physiology laboratory.

Dr. Roos joined the medical school staff in 1946 as a fellow in cardiology. He received his medical degree from the University of Groningen Medical School, Netherlands, in 1940 and received his graduate hospital clinical experience at Massachusetts General, Beth Israel and Peter Bent Brigham Hospitals and Harvard Medical School, all in Boston. Dr. and Mrs. Roos live at 1040 S. Sylvan Place, Kirkwood.

Promotions from assistant to associate professor have been awarded Drs. James E. Miller and Robert A. Moses in the department of ophthalmology; and Dr. William E. Powers in radiology. Dr. Andrew J. Gay has been promoted from instructor to assistant professor of ophthalmology.

Dr. Miller, who was awarded his M.D. degree from the Medical College of Alabama in 1949, served his residency in ophthalmology at Barnes Hospital from 1952 - 56 and was appointed instructor in ophthalmology in 1956. He and his wife live at 4950 Pershing, St. Louis.

(Continued on page 4)
MRS. COOK APPOINTED DIRECTOR OF BARNES DIETARY DEPARTMENT

Effective December 1st, Mrs. Doris Cook was appointed Director, Dietary Department, Barnes and Allied Hospitals Group. Mrs. Cook is a graduate of the University of Illinois and served her Internship in Dietetics at Barnes Hospital. After serving her internship, she joined the Barnes Group as Staff Dietitian for a period before her marriage to the late David F. Cook, St. Louis athlete and All-American football player and shot-putter of reputation from the University of Illinois.

Mrs. Cook returned to Barnes as Therapeutic Dietitian in 1958, and was appointed Associate Director of the Dietary Department in September, 1959.

She has been active in many St. Louis clubs and civic organizations. She was Area Chairman of the Polio Foundation for four years, Women’s City Chairman on the Blue Ribbon Slate for the Board of Education, was active in the Monday Civic Club, and served as president of the Parent Teachers Associations of both Nottingham and Southwest schools. She is a member of the St. Louis Dietetic Association.

Mrs. Cook has two sons - Jimmy, 19 years old, a pre-medical student at the University of Illinois, and Bruce, 15, a student at Southwest High School in St. Louis.

FROM WHAT CHECKS IN 1962 ARE YOUR AUTHORIZED DEDUCTIONS MADE?

To help you in planning in the New Year, here’s a list of pay dates when various deductions you’ve authorized will be made.

Want to clip it out for ready reference?

<table>
<thead>
<tr>
<th>PERIOD ENDING</th>
<th>PAY DAY</th>
<th>DEDUCTIONS</th>
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</thead>
<tbody>
<tr>
<td>Jan. 6</td>
<td>Jan. 12</td>
<td>Insurance</td>
</tr>
<tr>
<td>Feb. 3</td>
<td>Feb. 9</td>
<td>Insurance</td>
</tr>
<tr>
<td>Mar. 3</td>
<td>Mar. 9</td>
<td>None</td>
</tr>
<tr>
<td>Mar. 17</td>
<td>Mar. 23</td>
<td>Insurance</td>
</tr>
<tr>
<td>Mar. 31</td>
<td>Apr. 6</td>
<td>Bonds &amp; Misc.</td>
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<tr>
<td>Apr. 14</td>
<td>Apr. 20</td>
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</tr>
<tr>
<td>Apr. 28</td>
<td>May 4</td>
<td>Bonds &amp; Misc.</td>
</tr>
<tr>
<td>May 12</td>
<td>May 18</td>
<td>Insurance</td>
</tr>
<tr>
<td>May 26</td>
<td>June 1</td>
<td>Bonds &amp; Misc.</td>
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<tr>
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<td>June 15</td>
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<tr>
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<td>Bonds &amp; Misc.</td>
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<td>July 13</td>
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<tr>
<td>July 21</td>
<td>July 27</td>
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<tr>
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<td>Aug. 10</td>
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<td>Sept. 7</td>
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<tr>
<td>Sept. 15</td>
<td>Sept. 21</td>
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</tr>
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<td>Nov. 16</td>
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<tr>
<td>Nov. 24</td>
<td>Nov. 30</td>
<td>Bonds &amp; Misc.</td>
</tr>
<tr>
<td>Dec. 8</td>
<td>Dec. 14</td>
<td>Insurance</td>
</tr>
</tbody>
</table>

In her present administrative position, Mrs. Cook will have supervisory responsibility for 18 staff dietitians and 325 other food service personnel.

She replaces Miss Henrietta Becker who resigned to accept a staff position with Southern Illinois University in Carbondale.
There's steady progress in the Barnes and Allied Hospitals Group! The latest?
The basement of the old Washington University Clinics Building has been transformed
into 9000 square feet of new Warehouse space. To make this possible, the Maintenance
and Engineering Department recently completed a gigantic renovation job. Presto! Appears
a roomy, well-lighted, cleanly painted warehouse area.
This will eliminate moving the bulk supplies through the old rented warehouse located
on Boyle Avenue - resulting in a considerable savings in rental cost and in the expenses
required to operate trucks to and from the Hospital. Resulting from the more accessible
centralized storage, are improved control over the supplies, easier and faster order filling
in larger quantities, and much improved working conditions.
Chief Storekeeper Howard Hehner and his crew of stores people are actively at work
moving the bulk supplies into their new quarters.
Barnes marches on! Progress is the watchword.

BARNES DOCTORS (Cont'd. from page 2)
A medical graduate of the University
of Maryland School of Medicine, Dr. Moses
joined the Washington University staff in
1956 following clinical training at Mt.
Sinai Hospital, Baltimore; U.S. Naval
Hospital, Norfolk; Wilmar Institute, Johns
Hopkins, and Chrisitan Hospital, Mugeli,
India. He was in private practice in
Delavan, Wis., from 1949 to 1956 and held
a U.S. Public Health Service Advanced
Traineeship under Prof. Hans Goldmann,
Bern, Switzerland, during 1958 and 1959.
Dr. and Mrs. Moses live at 7157 Lindell,
University City.
Dr. Powers received his medical
degree from the University of Illinois,
serving his internship and residency in
radiology at Barnes Hospital. He was
appointed instructor in radiology in 1955.
Dr. and Mrs. Powers live at 322 Oak Manor
Lane, Webster Groves.
Dr. Gay, a medical graduate of the
University of Alabama served his residency
in ophthalmology and neurology at Washing-
ton University and was named instructor
in ophthalmology in 1960. Dr. and Mrs. Gay
live at 220 S. Gore, Webster Groves.
NEW INFORMATION “SPOT” INSTALLED - FOR YOU!

Have you seen the new 3-paneled, chrome, glass encased, lighted bulletin board topped by the attractive clock, which is now installed to the left of the entrance inside the Personnel Cafeteria?

If not, be sure to “take a look” the next time you go in. Plans are to use this as a Central-Information-Area on matters of official interest to the Personnel of the Barnes and Allied Hospitals Group - so that here the “word will be passed” on things you’ll need to know, for all to see.

By pausing just long enough to “take a look” you will be kept in-the-know on things which may really concern you. For example, in good time before November 19th, a notification was posted there from Dr. Frank Bradley, Director, that the preview of the film on Barnes and Allied Hospitals Group was to be shown on television on that date - so that all interested people of our Group “family” in advance could know when and on what channel to look for it. There will be more of the “savy”-know dope found there for the benefit of all. In addition, the Nation’s “news-photo” of the current week will be shown in the upper-center panel for the interest of all. And, large blown-up photographs of the RIGHT WAY - and the WRONG WAY - of doing some of our hospital jobs will appear. Get the habit of looking for the information center as you go in the Personnel Cafeteria!

WATCH FOR NEWS ITEMS IN HOSPITAL RECORD CIRCULATED BEYOND IT

Selected news items from issues of your Barnes Group’s Hospital Record are being made available to some 66 St. Louis Metropolitan Area newspapers, radio and television news departments as well as Hospital Journals, according to Mrs. Irene McCabe, Public Relations Coordinator, Barnes and Allied Hospitals Group.

As a result, you may see or hear some of these news items in local papers or on television news programs. They have already begun to appear. Watch for them!

Progress at Barnes!
NEW BARNES OPERATING ROOM BUILT AND ADDED!

Barnes Hospital has a gleaming, brand-new operating room. It is located on the third floor of the Rand-Johnson building in the area where the old amphitheater was. This is the result of a huge renovation and construction project by the Maintenance and Engineering staff.

The shining new surgical area has an aluminum ceiling, ceramic-tiled walls, an extensive leakage-detection system, and conductive-tiled flooring. Equipped with a new pre-focused 2000 foot-candle power ceiling light, a 10 ton air conditioner, stainless-steel storage cabinets and various other kinds of the latest equipment, it is now in use since October 11th. In the same general area where it has been built, two new storage rooms also have been constructed, for the storage of sterile and unsterile supplies. Naturally, this total project has called for the demolition of existing walls, floors, etc. and the installation of new - making use in the process of a specially-constructed outside elevator which, you may have noticed, has carried away the necessary demolition debris and has brought up new construction materials from the ground level.

These new developments represent the last phase of the utilization of the $70,000.00 grant made by Mr. and Mrs. Spencer T. Olin. Mr. Olin is a member of the Barnes Hospitals Board of Trustees.

In line with this, a plaque, with the following message inscribed, has been placed on a wall outside the main door of the operating room:

*This operating room renovated and furnished through the generosity of Mr. and Mrs. Spencer T. Olin in tribute to Dr. Glover H. Copher.*
Have you noticed the newly-installed, attractive, finished plant-display cabinet which brightens up the entrance to the west serving line of the Barnes Group Personnel Cafeteria? Filled with leafy green ferns and plants, its display adds a real zest to the palatable foods adjacent to it in the Serving Counters, awaiting our selection.

This new flower display adds much to the overall atmosphere and appearance of the Personnel Cafeteria, as surely will the new mural soon to be installed on the east wall, and the new "paint job" of the whole cafeteria area on which the Barnes Group Painters have been working.

And the Cafeteria isn't the only part of our Dietary Department where progressive changes are being made! A new stainless-steel wall in the Main Kitchen has been put in with a pass-through window for making ready special orders. New storage cabinets for linens, for salad room equipment, and for cleaning supplies and equipment - to simplify handling and cleaning problems - are ready for use.

Progress and "On the Move"! That's Dietary!

NEW 4-CENT NURSING COMMEMORATIVE POSTAGE STAMP!

The 4-cent nursing commemorative stamp, which will be first placed on sale at Washington, D.C., on December 28, 1961, and available at your local Post Office on December 29, 1961, was designed by Alfred Charles Parker.

Featured on the stamp is a young woman lighting the traditional candle, symbolizing her dedication to the profession. The striped blouse and background will be in blue; the candles, flame and the denomination will be in red; her hair will be black, and the frame and outline of the denomination will be green. The nursing stamp will measure 0.84 by 1.44 inches arranged vertically, issued in panes of 50, with an initial printing of 100 million.

Collectors desiring first day cancelations may send addressed envelopes, together with remittance to cover the cost of the stamps to be affixed, to the Postmaster, Washington 13, D.C. A close-fitting enclosure of postal card thickness should be placed in each envelope and the flap either turned in or sealed. The envelope to the postmaster should be endorsed "First-day Covers 4-cent Nursing Stamp." Orders for covers must not include requests for uncanceled stamps. The nursing cover requests must be postmarked not later than December 27, 1961. Since this is a vertical stamp, covers should be addressed low and as far to the left as possible.
Auxiliary's New Tribute Fund Project Gets Under Way

More than one thousand letters were mailed last month to friends of Barnes, announcing the inception of the Hospital Auxiliary's new Tribute Fund Committee. The fact is that the Tribute Fund is not new; it has just not been publicized before. The Auxiliary has undertaken the job of informing people of its existence and purpose.

Even before the first letters went out, people showed interest in the project. Tributes were received in memory of a death, in honor of a thirty-fifth anniversary and a recovery from an operation, and a Christmas tribute was sent to a staff doctor. Response picked up considerably after the mailing.

One patient, in McMillan, asked a member of the auxiliary how he could show his gratitude to his doctor. Her suggestion of the Tribute Fund proved to be the right answer.

The Fund receives donations of money, small or large, from persons who wish to pay tribute to their friends in some special way. For instance, a perfect way to wish a speedy recovery to someone who is ill is to mail in a tribute to the Fund. The Auxiliary then mails him an attractive card informing him that a tribute has been made in his name. Another card is mailed to the donor. Tributes are sent for different occasions; birthdays, anniversaries, as a "thank you" for some favor, or as a contribution in memory of someone who has passed away.

Proceeds from the fund will be designated for Hospital Research, Indigent Patient Care, and other important projects, as proposed by the Auxiliary and approved by the Hospital Board of Trustees.

You can help to assure the fund's success by telling friends and relatives about it, and by sending in your own tributes. These may be mailed to:

Mrs. Simon Edison, Chairman
Tribute Fund Committee
4 Fordyce Lane
Ladue 24, Missouri

Special self-addressed mailing envelopes are available at the Barnes Information Desk, on request.

Best Wishes to the Auxiliary in the fulfillment of their worthy mission.

Robert Frank Joins Barnes Staff As Assistant Director

On December 1st Mr. Robert E. Frank joined the staff of the Barnes Hospitals Group as Assistant Director.

His work experience includes a period on the staff of DePaul Hospital, St. Louis, where he served as Personnel Director from 1953 to 1961. Prior to this he was Employment Manager of General Cable Company, St. Louis, from 1950 to 1953. During World War II Frank served on active duty with the U.S. Army Air Forces.

He received his Bachelor's degree from the St. Louis University School of Commerce and Finance and is scheduled to receive his Master's degree in Hospital Administration from that University in June, 1962. He has completed his residency in Hospital Administration with the Barnes and Allied Hospitals Group in November of this year.

Frank lives in St. Louis County, Missouri with his wife, son Michael, and daughter Nancy.

His duties at Barnes will consist of the overall supervision and related duties concerned with the purchasing, custody, and issue of supplies and equipment utilized in the operation of this Hospitals Group.
Some have expressed the view that we can't really think or say anything new about most things. This holds true in regard to some things, but not to all, of course. This view too often comes from the background of a pessimist. It is the expression of a person who seems to possess an unusual ability to find the dark side of a situation, even though others in the same environment are finding encouragement and hope. It is hardly necessary to point out which attitude lends itself to the degree of happiness that most of us would like to experience.

Within a few days a new year will start unfolding before us. Who among us would like to be classified as a person who could not do anything with this set of 365 days on the new Calendar? That person would be hard to find. The first day of a new year is not just a date. It is a good time to realize that it is also an attitude. What we determine then can have a lot to do with all of the other days that are to follow. One of the difficulties in it all rests in the fact that we have the freedom to do anything or nothing about any day. We appreciate the freedom, and it should never be allowed to be our stumbling block.

The beginning of a new year should be a joyous time of great expectation, but not to the extent that it blocks out our sense of responsibility to use our privileges wisely. The world in which we live is not as stable and secure in some areas as we would like for it to be, and this can not be blamed altogether on a group philosophy of life. It is still true, and shall forever be, that every individual counts in forming the views that guide a community or a world. The spirit of Peace and Good-will that closes a year could extend itself through all of the days of a new one, but we have to carry it in ourselves.

**Putting it Nicely**

**The Psychology of Service**

Probably very few things a mature person does each day on the job, (or for that matter off the job), are done without considering the other fellow - such as, members of his family, friends, the boss, fellow workers, etc.

If our day runs smoothly, pretty much automatically, haven't we geared our actions to how they'll affect others? Let's look at it. This probably is true because we're sure our own personal attitudes and behavior standards will show through plainly and are measured by the success we have in our relationships with other people - many other people! Actually, isn't ours a fundamental ATTITUDE OF SERVICE - service to other people, in most of the things we do?

On our jobs, what are a few of these SERVICE GUIDEPOSTS? Aren't these a few of them?

1. *Knowing our job.* “Cutting the mustard” on our job requires knowing it well - inside and out. That's one difference between a pro and an amateur. When we show this, our battle is half won. Others are impressed and have confidence in our ability to handle most anything that comes up. *We too, are humbly confident in ourselves.*

2. *Being on time.* Promptness in our tasks and obligations shows a double-barrelled respect, first for our own job, and second for the time of other people. If something's worth doing, it's worth doing ON TIME.

3. *Being friendly.* It's possible to take *(Continued on page 11)*
MORE PEOPLE "LEARN WHILE THEY EARN" IN THE BARNES GROUP!

Shown above are thirteen recent graduates of the Barnes Promotion and In-Service Training Program for Nurse Assistants. Their training, lasting 8 weeks, consisted of both formal classroom instruction (conducted by Mrs. Bertha Beckwith and other Assistant Directors of Nursing) and on-the-job training by "doing" accomplished on nursing floors under the supervision of Head Nurses. Upon graduation they were promoted and assigned to various nursing divisions throughout the Hospitals Group to work as Junior Nurse Assistants. They have learned while they earned - real progress at Barnes!

They are, front row, left to right: Marie Adviento, Nellie Hathorn, Wilma Taylor, and Rose Moore.
Second row, left to right: Luther Quiney, Mary Buchanan, Ruby Lee Lane, and Edith Perry.
Third row, left to right: Willie Bell Wilkins, Norma Young, Elizabeth Jackson, Dorothy Roby, and Lucy Killings.

PUTTING IT NICELY (Cont’d. from page 10)

ourselves too seriously. A friendly SMILE can do more than many words, sometimes. Try it - it's contagious!

4. Using tact. Naturally, the day doesn't always allow everything to go smooth as silk. But many times our use of a little tact in our dealings will calm a few ruffled waves. Tact? Again, it's considering the other fellow as a routine method!

Are we service minded? How's it going today?

ATTENTION ALL EMPLOYEES

The Personnel Office has a limited number of free Guest Membership cards which will permit one week of shopping, without regular membership cards, in the Northway and Southway G.E.M. stores.

These cards will be passed out to regular full-time Barnes and Allied Hospitals Group employees on a first-come, first-served basis.
The above eye-catching holiday scene on display in the Barnes Drug Store Display Window, was prepared by the Barnes School of Nursing Students, under the able supervision of Miss Doris Elliot, School Social Director.

This is an annual project which gives the Barnes School of Nursing an opportunity to greet everyone during the Holiday Season.