Free Flu Shots Made Available By Hospital To Employees, Staff

With the forecast by the United States Public Health Service that an epidemic of Asian flu will hit the country this winter, the hospital is making available to all employees and staff members free immunization service.

The personnel health office is now ready to begin giving the shots to anyone wanting the protection. It notes that participation is on a voluntary basis, but highly recommends them for anyone over 50 years of age, pregnant women and those who are highly susceptible to flu and who have other lung or heart disorders.

Ideally, the shots should be given in a series, the first shot followed by a second injection in four to six weeks. A booster in February is also recommended.

Appointments for the shots may be made by calling the personnel health office, station 205. Located in the old emergency room in the basement of Private Pavilion, the office is open from 8 a.m. to 5 p.m. Monday through Friday and from 8 a.m. to noon Saturdays.

Machines To Serve Full Course Meals Around The Clock

As this issue of the Hospital Record goes to press, workmen are in the process of converting the Ozark Room in the basement of McMillan Hospital into a modern food dispensing station with ten machines vending everything from complete dinners to cigarettes.

Remodeling was approved by the board of trustees in July on recommendation of the administration. The machines, being installed by Spot Sales, Inc., will provide employees and visitors with 24 hour service. During the day, a cashier will be on hand to help with selections. At night, the machines will vend automatically.

Dinners, similar to TV dinners, will be available from one

(Continued on Page 3)
Fellowship Winners From Every State Tour Barnes Group

Two groups of college students, representatives of every state in the union and winners of the William H. Danforth Summer Fellowship, recently toured the Barnes group and Washington University School of Medicine.

Known as the "Danforth Girls," the women students toured the center July 24. The "Danforth Boys" followed with the same tour two weeks later. The tour, which began at 7:45 a.m. and continued until 3 p.m., included views of operations, research labs, the medical school, treatment facilities, rehabilitation, laundry and dietary departments.

In his welcoming remarks Harry E. Panhorst, acting director, told the students that he and the staff were proud that the Barnes group had been selected for their tour of a medical installation.

The four-week fellowships, a project of the Ralston Purina Company, are, in the words of William H. Danforth: "To help students make decisions—to enlarge their horizons—to broaden their contacts—to render guidance and assistance in attaining the Four Fold way of living."

The groups are taken on tours of various businesses during their two weeks in St. Louis and then spend two weeks at the American Youth Foundation Camp near Muskegon, Mich. Winners are warned that the fellowships are no vacation and that the schedule is a heavy one with as much crowded into the four weeks as is possible.

New Envelopes Save Cost Through Re-Use

Inter-hospital communications will soon have a new look with an envelope designed to be used more than once.

Assistant Treasurer Robert Frank says the economy project will be undertaken on a trial basis and will be extended if it proves successful. Savings during the trial should amount to around $500.

The new envelopes will have no sealer on them and will have a number of lines printed on the face so the last addresser can be crossed off and a new name added. There will be two sizes, the regular business envelope and a 9x12 envelope, which will have a string and button fastener.

A formal pose of the "Danforth Girls" as they pause in their busy day of touring the Barnes medical center. The girls, as well as the boys, were winners of a competition for the William H. Danforth Summer Fellowship. One representative from each state is selected and spends four weeks in St. Louis and at the American Youth Foundation Camp in Michigan.

Patients' Letters Praise Hospital Service

Expressions of thanks from former patients in the Barnes group continue to arrive through the mail, paying tribute to the thorough and dedicated service of hospital employees.

A typical example came recently from Marvin W. Wolf, 859 Liggett Drive, Crestwood, who wrote:

"Recently I was a patient at Barnes Hospital, Room 8224, to undergo an operation, and I wish to make this opportunity to express my gratitude and appreciation to the personnel on the eighth floor. The manner in which they carried out their duties and handled patients is nothing short of superb. Each of you can be proud of yourself and the profession in which you work."

Another comment was penned by Mrs. Rachel P. Lunt, Phoenix, Ariz., who says:

"I really enjoyed my 10-day stay at Barnes Hospital. I would like to meet the person responsible for initiating the wonderful, friendly feeling the entire staff radiates to the patients."

Excerpts from another letter written by W. R. Sabol, 630 South Kingshighway, St. Louis, state:

"In the past ten years I have had the occasion to use your hospital services many times. During these times various small problems arose which were taken care of in a very orderly fashion. During the month of July, this year, I once again used your facilities. Everyone was extremely cooperative and courteous at all times which, needless to say, was sincerely appreciated. Once again, I would like to congratulate you and your fine staff."

VARIED EVENING CLASSES OFFERED BY WASHINGTON U.

The adult division of Washington University has announced it will offer 400 classes in 50 different fields in its University College this fall.

In addition to the classes which will be held evenings and Saturdays on the University campus, there will be selected night school subjects available to persons living in the Affton and Ferguson-Florissant area in the off-campus Adult Education Centers.

Details on the various courses and program may be obtained from Barnes Hospital Personnel Office or directly from the University, Volunteer 3-0100, Station 4212.
Know Your Hospital

Hospital’s 20-Acre Floor Space Requires Attention Of More Than 150 Housekeepers

The thought of having to clean 20 acres of floor space in a 24-hour period is staggering enough to give most housewives apoplexy. In housekeeping circles at Barnes Hospital, however, this monumental task is merely a routine day’s work.

It takes as many as 200 employees to carry out this assignment, though,” says Dillon Trulove, executive housekeeper.

More imposing is the half-million-dollar figure it costs the hospital to keep the operation running smoothly.”

The housekeeping department at Barnes has the responsibility of maintaining the sanitized decor of hundreds of rooms and corridors, plus grooming the grounds outside.

Interior work involves scrubbing and mopping the floors and stairways, dusting furniture, washing countless windows and carrying out waste cans. External duties include grasscutting, gardening, sweeping and hosing down sidewalks and entrance-ways, picking up and burning trash and a multitude of other assignments dictated by the weather.

Nine divisions cover the various areas of the hospital and each is governed by a supervisor who is accountable for specific work assignments. There are four supply areas throughout the complex from which materials can be drawn to perform these duties.

One of the most critical areas to keep germ-free is the operating floor,” Trulove pointed out. “Employees working there must perform their chores hastily, yet thoroughly, to keep up with the heavy surgery schedule.”

Surgery is performed on the third floor of Barnes with gallery accommodations on the fourth floor above each operating facility. Mrs. Mabel May is the supervisor in charge of cleaning these two floors and she does it with the help of 15 workers.

In order to keep the rooms as sterile as possible, each of the housekeeping employees must wear surgical clothing, including caps and cloth slip-overs for the feet, before he or she enters an operating room.

“This precaution is designed to keep germ contamination to a minimum,” Mrs. May pointed out. “Germs that normally adhere to streets or work clothes can be very dangerous to the lives of patients.”

To minimize floating particles in the air, housekeepers use magnetized brooms made of chemically treated foam rubber, liquid soap and damp cloths for dusting.

A limited clean-up is made after each operation, consisting of sweeping the floors and dusting. After surgery is curtailed for the day, a complete “field day” is held in the room, involving scrubbing with antiseptic solutions and washing with a suction machine, plus dusting of all overhead pipes and any conceivable areas where dust might accumulate.

Other critical areas noted by Trulove are in McMillan, where eye, ear, nose and throat operations are performed, and in the delivery room on the fourth floor of Maternity.

Similar attention is given to rooms in which isolated patients have been kept. Clean-up crews move in and scrub the floors, walls and windows, while nurses wash all the furniture and all other objects in the room.

“It takes a lot of elbow grease to clean these areas,” says Mrs. Alice Kelly, assistant to Trulove, “but our employees realize the necessity of such measures and they willingly do their best.”

Other responsibilities of housekeeping in a hospital are many and varied, including rug cleaning. One of Barnes’ biggest carpet-purging tasks involves
Seventeen Employees Promoted During July

Seventeen Barnes Hospital employees have been promoted during the period July 12 through August 10, according to the personnel office.

Promoted to junior nurse assistant are: Helen Turner, Delores M. Talley, Sharon Gayle Walker, Florence Ferguson, Ernestine Ellis and Clementeen Lambert.

Other advancements are: Patricia M. Reilly to assistant purchasing agent, Mildred Henricks to social worker I, Thomas E. Ford to chief shuttle runner, Donald Whitaker to truck driver, Jeffery Stringer to shuttle runner, Doris Mandrel to secretary, George F. Rode to assistant chief security officer, Joseph P. Anderson to journeyman carpenter, Gerald Schultz to apprentice electrician and Shirley Morak and Gertrude Baumgardner to ward clerk.

These four employees recently graduated from the Barnes Hospital School of Medical Technology, making them eligible to become certified medical technologists. Contingent on the promotion, however, is a passing mark in the national registry examination which is sanctioned by the American Society of Clinical Pathologists. Shown from left to right are: Kenneth Moppins, Diane Meyer, Zoe Ramirez and Jay Phee Moon.

This group of student nurse assistants recently completed an eight-week in-service training class, qualifying them as candidates for junior nurse assistants. In order to achieve the higher non-professional level, however, they must prove their ability through actual experiences on the wards. Shown seated, from left to right, are: Delores Tally, Sharon Atkinson, Catherine Downing, Goldie Sutton, Helen Turner, LaVerne Heard and Georgia Bartee. Standing: Minnie Banks, Harry Davis, Ernestine Ellis, Donald Burke, Faye Miller, Joseph Everett, Shirley Kelly, John Asaro, Queen Esther Ross, Dorothy Mozez and Clementeen Lambert.

Silhouetted in the construction of the Rand-Johnson addition, project engineer Bob Hayes points to progress being made on the state's new cloverleaf at Kingshighway and the Express Highway. Area stripped of trees, diagonally from right to upper left, defines the new route of Kingshighway. Cutting through the corner of Forest Park, it will eliminate the east-west jog in front of the hospital group and may permit, conditioned on city approval, erection of an underground parking garage beneath the old street and adjacent parkway. From the construction site of four new stories being added to the Rand Johnson wing, distant landmarks include the present Express Highway passing through the park at upper left and a glimpse of the city's new planetarium above trees just right of upper center.

Admissions Post Filled By Nelson

Robert James Nelson, a graduate of Washington University, has been appointed coordinator of admissions for Barnes Hospital, according to Harry E. Panhorst, acting director.

A former social worker for the American Red Cross in Amarillo, Tex., Nelson is now responsible for the correlation of practices, procedures and training functions of admitting personnel throughout the hospital center. This assignment includes in-patient and out-patient services and general information desks.

The young official, whose degree is in Far East area studies, worked as a personnel director for Goodwill Industries here in St. Louis prior to work in Texas. Formerly, each hospital in the complex operated its own admissions office separate from the rest.

Some months ago, the employees of Barnes take pride in their work, and rightly so when one sees the enormity and importance of the operation. It is no wonder that housewives, who are patients in the hospital, sympathize with these devoted workers, and admire them for their accomplishments.

HOSPITAL RECORD is published monthly for and about personnel of Barnes Hospital and units operated by Barnes, which include Barnard Hospital and the following operated for Washington University School of Medicine: Maternity, McMillan, Renard and Wehl Hospitals and Wehl Clinics. Edited by Personnel Office, Barnes Hospital, 600 South Kingshighway, St. Louis 10, Mo. Telephone: FOREST 7-6400, Ext. 617.