After Prostate Surgery: Why The Outlook Is Getting Better For Men

Hospitals Brace For Nursing Shortage

How Researchers Are Speeding Up Healing
In Memorium
Norman Bierman

Jewish Hospital extends its condolences to the family and friends of Norman Bierman. Mr. Bierman, a life member of the Jewish Hospital Board of Directors, died September 6, 1987 at the age of 80. As one of Jewish Hospital's most honored and active board members, he served the hospital in a variety of capacities with the best attendance record of anyone on the board, missing only four board meetings since 1952.

Bierman received his law degree from Washington University in 1929. He was a member of the law firm, Anderson, Gilbert, Wolford, Allen and Bierman where he remained active up until his death. At Jewish Hospital, he was named Secretary of the Board in 1954, also a position he held until his death. He served as General Legal Counsel for the hospital and was secretary of several hospital subsidiary organizations, including The Jewish Hospital Care Corporation, Jewish Hospital Services Corporation and Park-Med, Inc. He was also a member of the Professional Policy, Legal and Executive Committees of the Jewish Hospital Board. Bierman played a significant role in creating model approaches to professional liability insurance and the handling of malpractice tort cases on behalf of the hospital. He was noted for his skillful defense counsel, guiding the hospital with sound judgment.

Bierman's commitment to community service extended throughout the St. Louis area. He served on the boards of numerous agencies, including the Jewish Medical Social Service Bureau, the Jewish Child Welfare Association, the Jewish Orthodox Old Folks Home, the Health and Welfare Council and the Missouri Association for Social Welfare.

"We shall miss his good counsel," says Harold Blatt, Jewish Hospital Board Chairman.
2 THE POWER OF PDGF
A perplexing protein has been under the scrutiny of Jewish Hospital researchers for years. The protein, PDGF, is a substance that occurs naturally in human blood and promotes cell growth. The researchers hope that they have found a method to use PDGF to accelerate the rate of wound healing.

4 NEW PROCEDURES FOR PROSTATE PROBLEMS
Prostate cancer. It's the bane of men over the age of 60. Fortunately, a Jewish Hospital urologist has helped develop an operation that is improving treatment for victims of this disease.

6 CUTTING THE NURSING SHORTAGE
Hospitals throughout the United States are gearing up for one of the worst nursing shortages the country has ever experienced. The quality of nursing has always been a priority at Jewish Hospital. Brenda Ernst, R.N., vice president, discusses why this nursing shortage is unique and how Jewish Hospital intends to overcome it.

8 COMMUNITY SUPPORT
More than 250 women were treated to a sneak preview of the Neiman-Marcus' fall collection of formalwear. The glamorous gowns are just a part of the excitement that Clover Ball generates.

The Auxiliary took time to note its fund-raising accomplishments and install new officers at its spring luncheon. The event featured keynote speaker Marlene Sanders, former CBS News Correspondent.
The protein is called PDGF—Platelet Derived Growth Factor, a substance that naturally occurs in human blood. It is a powerful, but paradoxical, agent with the capability to both heal and destroy. PDGF has been linked to the devastating development of certain types of tumors; at the same time, it plays an essential role in the process of blood clotting.

This potent protein with its duplex roles has been the primary focus of attention by Jewish Hospital researchers on the eighth floor of Washington University’s Clinical Science Building here at the Medical Center. Their efforts have resulted in discovering a way to harness PDGF so that it accelerates the healing process in experimental animals. The researchers hope that in the near future, PDGF will hasten healing of diabetic ulcers, bedsores, and other injuries in which repair has been slowed by chemotherapy or radiation therapy. The treatment may also lead to shortened hospital stays and reduced medical costs.

Thomas F. Deuel, M.D., Lewis T. and Rosalind Appel professor of medicine, the principal investigator of the project, began studying the properties of PDGF in 1981. It was a complex investigation, involving several researchers from different areas, all of whom came together like a difficult but logical equation. Each step in their research revealed new information on the nature of tissue repair—wound healing—and the factors that affect it.

Dr. Deuel’s initial goal was to purify—separate—PDGF from human blood. This he did, extracting minute amounts after many months of labor. One year later, Dr. Deuel and Robert M. Senior, M.D., chief of Jewish Hospital’s pulmonary division, joined forces. Drs. Deuel and Senior wanted to see how potent an agent PDGF actually was. So, they put a drop of precious PDGF in a chamber containing a cell culture. The targeted cells sensed the growth factor and migrated toward it. The result was a large concentration of granulocytes, monocytes and fibroblasts—cells associated with tissue repair—that clustered around the PDGF. Their experiment told them that PDGF could certainly be a powerful catalyst in the healing process.

Next, Dr. Deuel collaborated with Eugene Bauer, M.D., professor of dermatology at Barnes Hospital and attending physician.
at Jewish Hospital. That effort demonstrated that PDGF stimulated the release of an enzyme that degrades collagen (the skin's principal protein)—a process that must take place for healing to occur.

About this time two other scientists entered the equation: Glenn F. Pierce, M.D., Ph.D., Jewish Hospital, and Thomas A. Mustoe, M.D., Barnes Hospital. Recalls Dr. Pierce, “We further investigated the wound-healing properties by applying the growth factor to some incisions made on animal tissue and leaving other incisions to heal on their own. We looked at the strength of those incisions periodically and found that those which contained the growth factor were healing much faster. Over a 14-day period, the PDGF-treated wounds healed four to six days before the untreated wounds, a significant acceleration.”

Until two years ago, PDGF was too difficult to extract to manufacture it in marketable quantities. But with the advent of a genetically-engineered version of PDGF, researchers have ready access to it. Now, the field is accelerating.

Recently, researchers have been studying different types of growth factors. Some may be more effective in treating specific types of wounds than others. For example, the researchers are now trying to measure healing in various parts of the body to determine whether the location of a wound affects its response to growth factors.

"It’s an exciting new field and it’s just taking off," remarks Dr. Pierce. "Five to ten years from now, some of these growth factors may be used routinely for applications we can only dream about now."
NEW PROCEDURES FOR PROSTATE PROBLEMS
by Wm. Stage and Sharon Zaring Pentland

Prostate cancer has been called the bane of men over 60. Justifiably, since approximately 26,000 men die of the disease each year; the majority of those who receive curative treatment are usually faced with impotency.

Now, with sophisticated technology and new surgical techniques, the outlook for treating prostate cancer has never been better. One of the practitioners who has helped pioneer these techniques is Herbert Lepor, M.D., Jewish Hospital urologist. A new operation was developed while he was at Johns Hopkins Medical Center, one that promises new hope for men with localized prostate cancer. Called nerve sparing radical prostatectomy, it not only effectively treats the disease but enables most patients to resume normal, healthy sex lives. Dr. Lepor performed the detailed anatomical studies that validated the operative procedure.

The “prostate” is actually a chestnut-shaped gland that surrounds the beginning of the male urethra. It secretes a milky fluid that is discharged with semen. Previously, one of the treatments of choice for a cancerous prostate gland was radical prostatectomy, an operation that removes the entire prostate gland with its surrounding nerves. While this procedure removed the cancer, it also resulted in impotency because of the damage to the nerves which control sexual function. The new nerve sparing operation accomplishes exactly what its name suggests: it removes the cancerous gland but spares the nerves. Early results: in the first 100 patients who received the operation, 70 percent were able to achieve erection and orgasm—a dramatic increase over the ten percent potency rate with the standard technique.

The development of the nerve sparing prostatectomy could become even more effective thanks to improved diagnostic techniques. According to Dr. Lepor, early detection is a key element in the successful outcome of the operation. “At present, approximately 30 percent of men qualify for the oper-
ation because the disease needs to be localized,” he says. “The key to becoming a candidate for radical prostatectomy is early diagnosis. All men over the age of 50 years should have a yearly physical exam that includes a carefully-performed rectal exam.”

With the recent purchase at Jewish Hospital of transrectal prostatic ultrasonography, a sophisticated technology capable of detecting prostate cancer in its earliest stages, Dr. Lepor hopes that more men will be candidates for his operation. “The usefulness and cost-effectiveness of the prostatic ultrasound must still be proven,” he cautions. “However, urologists are already using the ultrasound two days a week at Jewish Hospital to build a diagnostic record and the urology, radiology and pathology departments at Washington University Medical Center are collaborating on a study to clarify its role.”

**REMOVING FUNCTIONAL ROADBLOCKS**

While Dr. Lepor had made inroads on the deadly effects of prostate cancer, he has also been instrumental in the development of a treatment for a less serious but certainly annoying urologic problem. Called Benign Prostatic Hypertrophy (BPH), this puzzling disorder is a non-malignant growth of the prostate gland. It is also a common affliction, affecting many men over 60, and of mutual interest to both Dr. Lepor and his wife Ellen Shapiro, M.D., a pediatric urologist at Children’s Hospital.

“The mechanism is unclear,” admits Dr. Lepor, “but as men age the prostate enlarges, causing obstructive and irritating urinary symptoms. Trouble initiating their stream, interrupted stream, incomplete emptying, urinary infection, urinary frequency and urgency—all are symptoms of BPH.”

Curiously, some men who develop large prostates have no symptoms of BPH while others with minimally enlarged prostates experience a total shut-off of the urinary stream. Based on other research results, particularly from some Israeli studies, Dr. Lepor has theorized that men who have an excess of alpha receptors in their prostate are prone to BPH. If activated, these receptors can affect physiological responses such as muscle contraction or vascular resistance. By giving a drug that blocks these receptors, the smooth muscles of the prostate relax and the gland becomes less constrictive. Men are then able to relieve themselves without pain.

Both Dr. Lepor and Dr. Shapiro devised a laboratory method for measuring alpha receptors in the prostate, a scientific breakthrough which earned them well-deserved recognition from the research community. Taking their research one step further, the doctors have agreed to characterize the alpha drugs for two major American Pharmaceutical companies interested in marketing a treatment for BPH. Clinical trials are now underway at Jewish Hospital, the first institution in the country to be approved for testing the drug.

“There are many critical questions yet to be answered,” Dr. Lepor cautions. “But overall we are optimistic. The clinical evidence suggests that approximately 70 percent of men with BPH can be treated effectively with alpha blockers.”

**Urology Teams Up With Vascular**

While researchers are making breakthroughs with new drugs, cross disciplinary surgical techniques are providing unique opportunities for treatment. Dr. Lepor talks with pride about one case, a collaborative effort with William Marshall, M.D., Jewish Hospital cardiovascular surgeon. “This was a case where a woman had a very long stricture [narrowing] of the ureter [the tube that connects the kidney to the bladder],” he says. “The stricture was so long that it really wasn’t amenable to repair. The only effective treatment was to take the kidney out and transplant it to a new blood supply in the woman’s pelvis. Dr. Marshall helped with the vascular work. We removed the kidney and sewed the healthy portion of the ureter back into the bladder. It was very intricate surgery.”

Dr. Lepor expects the field of urology to continue to expand. A combined effort, like the surgical teamwork with Dr. Marshall, is just a sample of what could evolve. “Urology at Jewish Hospital is on the move,” he declares. “We’re fortunate that the hospital and the medical center provide the environment needed to continue our research efforts while maintaining a strong clinical interest. We have the energy, the motivation and the capability. We hope to continue to grow and make contributions.”
Nurses, next to physicians, have the greatest amount of direct contact with patients, often working as central coordinators of nursing care. They are such constant, consistent forces in health care that their presence can be taken for granted, unless there are not enough of them—a frightening prospect but an imminent reality.

According to a report from the American Hospital Association (AHA), hospitals throughout the United States are threatened with one of the worst nursing shortages this country has ever experienced. Between 1985 and 1986 the vacancy rate for registered nurses in U.S. hospitals has more than doubled—from 6.3 percent to 13.6 percent. Although hospitals in all regions of the country are experiencing the shortage to some degree, the hardest hit areas are the mid-Atlantic, Pacific and East North Central regions. Jewish Hospital, like other St. Louis hospitals, is beginning to feel its impact.

According to Brenda Ernst, R.N., Jewish Hospital vice president, this nursing shortage is arousing particular concern among hospital administrators because it involves all types of nurses in all kinds of hospitals and in all regions of the country.

The shortage has resulted from a variety of factors. Ms. Ernst attributes part of the problem to the declining enrollment in nursing schools. "Because of the impact of the women's movement, women no longer are entering traditional female jobs—like nursing or teaching—in the numbers they once did. They
NURSING SHORTAGE
have more choices now,' she says. 'Consequently, some of our best and brightest women are going into other fields.'

The problem is compounded by media attention focused on the American health care system, which has undergone considerable change in the last six years. What has emerged in the public eye is a health care field in a constant state of turmoil and uncertainty. It's no wonder that students who are making their first career choices, or people changing career directions, shy away from health care. 'The nurse herself,' says Ernst, 'is often portrayed as overworked, stressed out, and underpaid, with little authority but a lot of responsibility.'

Now, more than ever, says Ernst, hospitals—and patients—need top grade nurses. A need, she says, that has evolved from the impact of federal regulations to control costs that were implemented in the early 1980s. Those regulations have provided incentives for patients to receive care on an outpatient basis. The result has been a dramatic shift in the type of patients who are admitted to the hospital. These patients, as a whole, have more serious and acute illnesses. ‘With patients so sick, hospitals not only need more nurses, they need nurses who are trained to give highly-skilled care,” says Ernst.

The same shift to outpatient care has opened up new choices for nurses who want to expand their careers. Although the new emphasis has broadened the scope of nursing, hospitals are feeling the pinch from this trend. The result: ‘bedside nursing’ in acute care hospitals is experiencing a drain of personnel, at a time when the bedside nurse is needed the most.

According to Ernst, Jewish Hospital has placed the nursing shortage issue at the top of its priorities. Jewish Hospital has always prided itself on its quality of nursing care. The nursing department has been a pioneer in nursing in St. Louis, initiating new nursing concepts like primary nursing, a one-on-one approach to nursing that gives nurses more responsibility for the total care of their patients. It also has given patients personalized and highly-coordinated attention.

Ernst, who has been in nursing at Jewish Hospital for 26 years, adds: 'One of the most valued resources a hospital will have in the future is its professional nurses and one resource that will play an important role at Jewish Hospital is our School of Nursing. Many hospitals that closed their schools are now regretting that decision.'

Jewish Hospital is taking a variety of steps to address this issue. ‘We are establishing a full-time nurse recruitment department utilizing a Recruitment Committee comprised of staff nurses who help administration identify recruitment and retention strategies,’ says Ernst.

Ernst stresses that a potential nursing shortage is a concern for everyone. ‘It’s not only an issue for hospitals, it’s a concern for patients,’ she says. ‘If I were a patient I would want to be at a hospital that not only has an adequate number of registered nurses but extremely well-trained nurses.”

This is the first in a series of articles on the nursing shortage. A future issue will examine challenges and opportunities—forecasting the future.
Giving In Style

The “ahs” had it at the Clover Ball fashion preview held recently at Neiman-Marcus. In the first national showing of Neiman-Marcus’ fall collection of formal wear, both the long and short of it brought applause from the gathering of more than 250.

According to Elaine Blatt, chairperson of the preview, the show was created to give a taste of the glamour and elegance which is a traditional part of the Clover Ball. The Auxiliary-sponsored event is held every five years to raise funds for a major project that will benefit the St. Louis community.

The show opened with the presentation of a generous contribution by John Deutschmann, Neiman-Marcus’ manager, for the Clover Ball. The building of a new hemodialysis unit at Jewish Hospital has been selected as this year’s project.

Top American and European designer dresses epitomized the gamut of design possibilities, from simple elegance to Hollywood flash—and several variations in between.

The Clover Ball will be held on November 21 at the Adam’s Mark Hotel. For more information on the Auxiliary and the Clover Ball, call the Auxiliary office at 454-7130.
Left: The fashion show committee, left to right: Marcia Shapiro, Donna Nussbaum, Rosemary Rosenthal, Bettie Gershman, Marla Cohen, Elaine Blatt, Lynn Plotkin, and Gerry Schiller. Below: Elaine Blatt, fashion show chairman, with husband Harold, hospital board president.
Adding Up Accomplishments: The Auxiliary Spring Luncheon

Maybe the numbers say it best: Clover Creamery, $10,841; Cooking In Clover I & II, $36,500; Clover Garden, $39,600; Gift Gallery, $50,000; Clover Uniforms $5,747, Tribute fund, $305,869. They represent just some of the results of the Auxiliary's efforts in 1986 to raise money for Jewish Hospital. The grand total, announced at the Auxiliary's Spring Luncheon May 7 at the Meadowbrook Country Club, came to $455,000. Not included in that staggering sum is the 67,224 hours of service given by the volunteer force, a contribution that is difficult to measure in monetary terms.

That level of support is one of the strongest reflections of what the Auxiliary does for Jewish Hospital. Traditionally, the organization's annual luncheon is a time to recognize the individuals who bring that support to the hospital. David Gee, hospital president, summed it up best by recounting a visit he made to a hospital Auxiliary in Cedar Rapids, Iowa. “They told me proudly that they had raised $31,000 for their hospital. They asked me how much our Auxiliary raised for our hospital. I can’t describe the looks on their faces when I told them that you contributed more than one half million dollars.”

Each year the Auxiliary Spring Luncheon is a turning point: A few hours to recap the accomplishments of the past year and a time to take a look at the future. This luncheon, co-chaired by Terry Bernstein and
Kathy Kline, marked a changing of the guard with the installation of new Auxiliary officers: Letty Korn, president; Kay Loomstein, vice president/fundraising; Annette Fudemberg and Leslie Waldbaum, financial secretaries; Edith Brown and Nancy Jenkins, corresponding secretaries; and Peggy Ross and Audrey Shanfeld, directors.

The guest speaker, Marlene Sanders, former CBS News Correspondent, discussed “Women in the Media.” Ms. Sanders is a veteran career woman, a product of a time when little professional opportunity was open for women. During her career she became one of television’s most honored journalists. She worked first at ABC, then CBS as vice president and director of television documentaries and correspondent/producer for documentaries. In 1983, she started working on general assignments as a correspondent at CBS News’ Northeast bureau in New York City.

When I started out in the media, it was a rarity to have women in key positions in television. Now, there is opportunity everywhere.”

In some ways, the advice that Sanders dispensed to Auxilians seemed paradoxical. Although many, if not most, of the women in the audience are talented, capable women, they have made life choices very different from the course that Sanders chose. Many acknowledge that they could have used their degrees and training for careers, but the women in the audience chose volunteering instead, a difference that Ms. Korn noted in her installation speech. “Today, while women seek their rightful places in the world of professions, arts and business, I also recognize our place in the world of human need, compassion and community service,” she said. “Some people refer to this as the ‘me’ generation. I refer to it as the ‘we’ generation. Instead of asking what’s in it for me, we ask how can we be of service to others.”

They never take home paychecks, and they may never attain the fame of a Marlene Sanders. However, Korn focused on the special benefits that volunteers bring to a hospital. “Together we have made Jewish Hospital unique in the medical community. So many times I have heard, ‘there is something special about Jewish Hospital,’” she said. “A special atmosphere, a contagious warmth. This special feeling, the feeling of warmth reaches out and touches all who step through our hospital doors. It is undeniably an extension of our Auxiliary’s membership and volunteer services and the many devoted, concerned, loyal and energetic volunteers who make our many programs and projects work.”
An opportunity to give something back to the hospital. That's the way Letty Korn, newly-appointed Auxiliary President and hospital board member, looks at her new role. Mrs. Korn has worked for the Auxiliary for nine years. During that time, she has also coped with a personal ordeal: diagnosis and treatment for breast cancer. "I have received so much from this hospital. I'm still alive because of the care I received here," she says. "This is my way of writing my thank you notes to even the score."

How did her involvement with Jewish Hospital start? According to Korn, it was an unceremonious beginning. "I became interested in the Auxiliary in 1978 after taking a sabbatical from volunteer work. I came into Elaine Levinsohn's office and she placed me one day a week in the Gift Gallery. Neither one of us knew what was in store for me."

What started as one Wednesday a week volunteering in the Gift Gallery grew to two days, Wednesdays and Mondays. To her surprise, Korn found that she liked volunteering. "From the beginning, after a day at the hospital, I would come home feeling good about myself," she recalls. As she warmed to her new role, she took on more: working as a Gift Galley buyer, Gift Gallery chairman then vice chairman, Clover Ball; Reach To Recovery Volunteer, Fund Raising Vice President, Docent, and Assistant Recording Secretary. Then, in 1987, she was nominated as President of the Auxiliary. "I was very honored but nervous and frightened of all the responsibility," recalls Korn. "Could I do it? Could I fill the giant footsteps that had come before me?"

"It was a family decision," she adds. "It was similar to going to work for two years and involved all the personal relationships close to me. But I talked it over with my family and they were supportive. I had lots of encouragement from past Auxiliary presidents, which reinforced my decision."

Although Korn has felt a certain commitment to the hospital since her earliest days as a volunteer, the real emotional hook took place while she was a patient in the hospital. "That's when I really learned what this hospital is all about," she says. "The expertise and the tender care that I received here—I'll never forget it. The staff gives you tender, loving, interested care, all in the same cup that they bring medication. They made me feel so good about myself."

"In other ways, my work and commitment to the hospital has kept me going. I find being President of the Auxiliary the most exciting thing I've ever done. Being on the hospital board has given me a chance to see how the hospital at large is governed. The more I learn, the more I realize how much I don't know. The pursuit of those answers is very challenging."

Korn's board and Auxiliary roles are certainly multifaceted, but she emphasizes at least one of her priorities for the next two years. "My and the Auxiliary's primary role is to increase awareness of the hospital in the community," she says. "We are spokespeople for the hospital. Wherever I am, whatever I'm doing, that is foremost in my mind."
Charles B. Anderson, M.D., was a source for information concerning organ transplantation during an interview by Ann Keith of KMOX radio April 27. Dr. Anderson was invited to give two talks at the Los Angeles Area Tri-County Surgical Society May 21 at the 30th Annual Clinic Days meeting in California. He also planned to attend the meeting of the American Society of Transplant Surgeons May 27-29 in Chicago, Illinois. Dr. Anderson planned to attend the joint meeting of the Society for Vascular Surgery and the International Cardiovascular Society, June 8-10, in Toronto, Ontario. Rounding out his schedule, Dr. Anderson planned on attending the Annual Meeting of the American College of Surgeons, Missouri Chapter, which was held June 12-14 at Lodge of the Four Seasons. He will present his experience with the repair of thoracoabdominal aneurysms.


Jerome Aronberg, M.D., participated in a panel discussion on “Hair Growth with Minoxidil,” sponsored by Upjohn Pharmaceuticals in Naples, Florida, April 2-4.

Louis Avioli, M.D., edited “The Osteoporotic Syndrome,” a book that contains chapters co-authored by Dr. Avioli and was expected to be published in June. Dr. Avioli also presented a speech “The Uses and Abuses of Non-Invasive Methods for Quantitating Bone Mass—A Model for Osteoporosis Screening and Treatment Programs,” at the American Hospital Association, June 26, San Francisco, California.

David J. Ban, M.D., spoke on “Quality of Life versus Longevity—What is Aggressive Treatment?,” and participated in a panel discussion on “Practical Management of the Alzheimer’s Patient,” at the Fifth Annual Missouri Conference on Alzheimer’s Disease and Other Dementias, held at the Park Terrace Hilton St. Louis, Missouri on April 4.

William J. Catalona, M.D., gave two presentations “Urinary Diversions,” and “Intravesical Bacillus Calmette Guerin,” as Visiting Professor at M.D. Anderson Hospital in Houston, Texas, January 29-30. During February, Dr. Catalona attended the Clinical Society of Genetourinary Surgeons 66th Annual Meeting, held at Johns Hopkins Medical Institutions, Baltimore, Maryland. He also attended a sub-committee Meeting on Prostastic Resources, sponsored by the Organ Systems Coordinating Center in Bethesda, Maryland, March 20-22.

Dr. Catalona participated in the South Central Section of the American Urological Association Postgraduate Seminar in Houston, Texas, where he gave a presentation “Radical Prostatectomy.” His recent publications include co-authoring articles in the Journal of Urology and Urology Annual.

Murray Chinsky, M.D., attended the national convention of the Phi Delta Epsilon Medical Fraternity, held May 5-10, in Scottsdale, Arizona. Dr. Chinsky has also been appointed treasurer of the Board of Trustees, May, 1987 through May, 1988, of the Phi Delta Epsilon International Medical Fraternity.

Stephen R. Crespin, M.D., gave a lecture “The Jews: The People of the Diet Book,” to the Temple Israel Sisterhood at Temple Israel, St. Louis, Missouri, in March, 1987. Dr. Crespin also lectured on “Arteriosclerosis” to the Gateway Chapter of the American Medical International Center at the Olivette Community Center, Olivette, Missouri.

Norman Druck, M.D., attended a seminar on “Implantable Hearing Aids” in Oklahoma City, Oklahoma, February 6, 1987.


Jerome Gilden, M.D., gave a speech “What’s New in Orthopedic Surgery,” with emphasis on hip and knee joint replacements—to the Visiting Nurse Association of Greater St. Louis, March 16, in St. Louis, Missouri. Dr. Gilden has also been awarded a certificate in recognition of fulfilling requirements of the Orthopedic Educational Achievement Program of the American Academy of Orthopedic Surgery.

M. Gilbert Grand, M.D., co-authored "Angioid Streaks Associated With Pseudoxanthoma Elasticum in a Thirteen Year-Old Patient,” a paper published in the February issue of the American Journal of Ophthalmology. Dr. Grand also published an article, “Supplemental PCP on the Buckley For Prevention of Surgical Revision After Scleral Buckling.”

Randy Hammer, Ph.D., attended the Convention of the American Association of Sex Educators, Counselors, and Therapists,
April 29-May 3, in New York, New York.


Jack Hartstein, M.D., served as a faculty member at the Tulane-Ellender Contact Lens Course, held in New Orleans, Louisiana, April 24-25. Dr. Hartstein also attended the 22nd Annual Meeting and Scientific Assembly of the American Society of Contemporary Ophthalmology, March 18, in Las Vegas, Nevada.


Ira J. Kodner, M.D., gave various lectures February 25-27 at the Cedar-Sinai Medical Center in Los Angeles, California, and at the Sansum Medical Research Foundation in Santa Barbara, California. Dr. Kodner also presented four papers at the American Society of Colon and Rectal Surgeons 1987 convention in Washington, D.C., April 7-9.

Kenneth E. Kram, DMD, successfully completed certification as a Diplomate of the American Board of Oral and Maxillofacial Surgery.

Edward Miller, M.D., co-authored “Analysis of Sequential Saphenous Vein Graft Failure,” which was presented to the American College of Cardiology-Annual Scientific Session, March 9-12, in New Orleans, Louisiana.

Dean Naritoku, M.D., co-authored “Effects of Anticonvulsant Gamma-Butyrolactones and Thio- butyrolactones on Chloride Uptake,” a paper which is now in press.

Scott Sale, M.D., participated in a panel discussion on Health Maintenance Organizations on KMOX-radio, March 26.

Roland Valdes, Jr., Ph.D., has been elected chairman, Endocrinology and Metabolism Laboratory Improvement Committee, AACC. Dr. Valdes also co-authored articles in the January and March editions of Clinical Chemistry.

Todd H. Wasserman, M.D., returned January 15 from his sabbatical in Cambridge, England. Since his return, Dr. Wasserman has attended a Federal Drug Administration meeting on February 5 as an advisor relative to the potential development of a new drug as a chemical modifier of radiation effects. March 13-14, Dr. Wasserman attended a combined National Cancer Institute/Armed Forces Radiobiology Institute Symposium on “Radiation Protection and the Use of Chemical Agents as Radioprotectors. Dr. Wasserman presented his arbitrary research from his sabbatical in Cambridge, England on a new assay of tumors to the International Conference on Tumor Response Endpoints, April 21-24, in Banff, Canada.

Elliot Wallach, M.D., gave presentations on “Chemotherapy for Extensive Basal Cell Carcinoma,” and “Superficial X-ray Therapy for Giant Keratoacanthoma,” for the North American Clinical Dermatologic Society, April 24 and May 7 in Munich, West Germany, and Rome, Italy, respectively.

Michael Winer, M.D., attended a course “Automated Percutaneous Discectomy—a new type of treatment for treating herniated diseases.” Dr. Winer was featured on Channel 11 regarding this new type of procedure, which he now performs.
New Title For Teitelbaum

Steven L. Teitelbaum, M.D., has been appointed pathologist-in-chief of Jewish Hospital at Washington University Medical Center. An associate pathologist at Jewish Hospital since 1972, Dr. Teitelbaum is a nationally-recognized researcher on topics of bone and mineral metabolism, and was instrumental in the development of a non-surgical technique for bone biopsy, which has been adopted worldwide.

As pathologist-in-chief, Dr. Teitelbaum takes charge of both research and clinical functions, which include surgical pathology and the clinical laboratories. In addition to his role as director of surgical pathology, Dr. Teitelbaum also chairs Jewish Hospital’s research committee, which reviews research proposals and clinical protocols.

A professor of pathology at the Washington University School of Medicine, Dr. Teitelbaum is a research professor of oral biology, and a member of Washington University’s division of biology and biomedical sciences.

A native of Brooklyn, New York, Dr. Teitelbaum completed his undergraduate work at Columbia College in New York, and earned his medical degree at Washington University.

His honors include appointments to the American Society for Clinical Investigation and membership in the Orthopedics and Musculoskeletal Study Section of the National Institutes of Health. The NIH currently funds three projects for which Dr. Teitelbaum is the principal investigator. He is also the principal investigator in another project funded by Shriners Hospital for Crippled Children, and is a co-investigator in a fifth project funded by the Council for Tobacco Research U.S. Dr. Teitelbaum’s current research funding is $1.9 million.

Dr. Teitelbaum has authored or co-authored 159 journal articles, 10 chapters and books, and 137 abstracts since 1965. He serves on the editorial board of Bone (formerly Metabolic Bone Diseases and Related Research) and the Journal of Orthopedic Research, and served for five years on the editorial board of Calcified Tissue International.

Among his professional society memberships are the American Federation for Clinical Research, American Society of Nephrology, American Society for Cell Biology, and the American Society for Bone and Mineral Research.

Now That’s Service!

Jewish Hospital physicians and their spouses were invited to attend a party in honor of physicians who have served the hospital 25 years or more. The event took place on April 28 and was held in the hospital’s Brown Room. Auxiliary, administration and board of directors were also invited. A total of 57 physicians were honored, including nine new inductees.

Each doctor was treated to a boutonniere, and cocktails and hors d’oeuvres were served.

David A. Gee, president, and Harold Blatt, chairman of the board, addressed the group, presenting a check for $15,000 to the Medical Staff Association for continuing medical education programs. William Shieber, M.D., vice president of the association, accepted the check.

Donation Lifts Library

The Medical Staff Association donated a check for $4,000 to the The Sidney Rothschild Library at Jewish Hospital. On acknowledging the generous contribution, David A. Gee, president, said “The Council’s continued support of the library is greatly appreciated, and shows the dedication of the staff to the enhancement of ongoing education.”

Funds donated to the library are used for the purchase of medical books and other educational materials.
Grant Awarded For Hip Fracture Study

The National Institute on Aging has awarded William A. Peck, M.D., physician-in-chief of Jewish Hospital at Washington University Medical Center and Simon Professor of Medicine, a $5 million grant to fund a five-year study on the causes and prevention of hip fractures in the elderly.

This is the largest single grant ever received by Jewish Hospital since it began its research program in 1919, and brings its total annual research budget to about $10 million.

Dr. Peck will lead a multidisciplinary team of physicians and scientists from Jewish Hospital, the Washington University School of Medicine and Columbia University in New York in an examination of this health problem which results in $5 billion to $6 billion in health care costs annually.

Hip fractures, which occur 247,000 times each year in the United States, cause an excess mortality rate of 8 to 15 percent during the first year. Fifty percent of hip fracture victims become dependent on others to live. The problem afflicts 25 percent of all people in nursing homes, one-third of all women over age 90, and 8 percent of all women who are now age 35. Eighty percent of all hip fractures are related to osteoporosis. While osteoporosis causes bones to weaken, it is most often a fall which precipitates a hip fracture.

The hip fracture study will be divided into four projects. Directors for those projects will be J. Phillip Miller, Washington University biostatistician; John C. Morris, M.D., Washington University neurologist; and Barry A. Hong, Ph.D., psychologist at Jewish Hospital and Washington University.

In addition to the project directors, the following key personnel will work on the study: Louis V. Avioli, M.D., director of the division of Bone and Mineral Metabolism, Jewish Hospital; Stanley J. Birge, clinical director of the Program on Aging, Jewish Hospital; and Theodore Reich, M.D., director of psychiatry, Jewish Hospital.

Participants in the study include local members of OASIS, the Older Adult Service and Information System, a group of 22,000 older adults who participate in educational and cultural enrichment programs. The OASIS membership consists of people over age 60 who are mostly active and living independently. About one out of 10 OASIS members will be asked to take part in the study over its five-year duration, says Marylen Mann, OASIS national executive director.

"Receiving this grant is welcome affirmation of Jewish Hospital’s stature as a research institution, and offers us the opportunity to build on our reputation as a hospital with expertise in geriatric health issues," says David A. Gee, hospital president. "This study is the perfect outgrowth of our commitments to OASIS and the Program on Aging—the area’s first geriatric health program—and of our almost quarter-century of leading research in bone diseases."

Auxiliary Fall Meeting

Medicine has never been more complex. Medicine is now big business for pharmaceutical companies, insurance companies, advertising agencies and marketing consultants. Competition is cut-throat for physicians. Money is tighter and patients are fewer for hospitals. These issues and others will be addressed at the Jewish Hospital Auxiliary Annual Fall Meeting, "The Power in Medicine" Wednesday, October 7, 10:00 a.m., in the hospital’s Steinberg Amphitheater. Members of the Auxiliary and volunteers of Jewish Hospital are invited to attend. A $5 fee will cover lunch and informal modeling by the Auxiliary-sponsored Gift Gallery. Complimentary parking will be provided.

This year’s Fall meeting includes a panel discussion with David Gee, president, Harvey Liebhaber, M.D., president of the Jewish Hospital Medical Staff, Carol Teig, vice president, and Irv Jensen, representative from BHN advertising. Moderating the discussion will be Al Wiman, KMOV-TV, News 4, medical correspondent.

A question and answer format will follow the presentation. For more information, contact the Auxiliary office, 454-7130.

William A. Peck, M.D.
Re-Examining Ultrasound

Since the advent of prenatal ultrasound, women with complicated pregnancies have benefited from this diagnostic tool which helps detect fetal abnormalities in the first trimester of pregnancy.

But what about women who do not meet conventional criteria for ultrasound testing? Could they benefit from routine ultrasound screening as well? That question will be the focus of a joint five-year study by the Jewish Hospital Obstetrics Division, the Harvard School of Medicine, and the University of Missouri-Columbia School of Medicine contracted by the National Institutes of Health (NIH), one that will involve 15,500 women.

According to NIH guidelines, there are 26 accepted indications during pregnancy that make ultrasound an appropriate test, including uncertainty of gestation date, vaginal bleeding and medical complications such as mother's age of 35 or over, and diabetes or high blood pressure in the mother. According to James P. Crane, M.D., Jewish Hospital chief of obstetrics and gynecology and head of Washington University's Genetic's Division, about 50 to 60 percent of all pregnancies fall into these categories.

The study, which is funded for approximately $900,000 over its five-year duration, will involve 4,125 patients in the St. Louis area. Those patients who are randomized to the ultrasound screening group will receive their test free of charge at a new ultrasound facility which Jewish Hospital will open in its medical buildings in West St. Louis County September 1.

Although free for study participants, ultrasound scans normally range in cost from $80-$300 nationally depending upon the region of the country and personnel involved to interpret test results. Each study participant who is chosen to receive ultrasound will undergo two scans. The initial scan will be performed between 16-22 weeks gestation and is designed to detect errors in gestational age assignment, multiple pregnancies and congenital malformations which occur in 3-4 of every 100 pregnancies. The second ultrasound exam will be performed between 31-35 weeks and is primarily designed to evaluate the adequacy of fetal growth. “This is important,” says Dr. Crane, “since nearly 5% of pregnancies are complicated by fetal growth retardation, a serious problem which may lead to either stillbirth or survival with intellectual handicaps if not appropriately managed. The question is whether ultrasound, if used more widely, will reduce infant deaths and allow better recognition of pregnancy complications.”

Hello Old Friends

The annual Doctors Alumni Association dinner was held May 6 at the Chateau de France restaurant. Memories of the past and anecdotes about the hospital current and future were abundant, as the evening was highlighted by the appearance of five out-of-town physicians and the presentation of awards.

Entertainment for the evening was provided by the surgical house staff and by David A. Gee, president, both presenting humorous slide shows.

Numerous awards were bestowed upon physicians and other hospital personnel. Dottie Nauman, medical staff assistant, medical lounge, received an ivory necklace for her work with the Alumni Association. Robert Kliger, M.D., received an award for teacher of the year. Richard Sohn, M.D., and Robert Fry, M.D., also received awards for their service. Herman Litwack, newly-retired director of social work, was honored for his years of service to the medical staff with a plaque. A check was also presented to help further his golfing interests, and Mrs. Litwack (Millie) received a bouquet of roses.

Also approved was a $1,500 donation to the Sydney Rothschild Medical Library in honor of recently-retired librarian Ruth N. Kelly.

Officers for the Alumni Association include Phillip Korenblat, M.D., president; Kenneth Bennet, M.D., vice president; and Gene Spector, M.D., secretary-treasurer.

David Gee, hospital president, right, enjoys the evening revelry with Gene Spector, M.D.
Nursing Graduates Honored

The commencement ceremony for members of the 83rd graduating class of the Jewish Hospital School of Nursing took place May 16 at Temple Israel in St. Louis County.

Jewish Hospital President David A. Gee welcomed the families and friends of nursing graduates, stressing the importance of nursing now and in the future. "You are joining the ranks with other professional nurses. You will be serving your fellow man in a very worthwhile endeavor."

Lawrence Kotner, M.D., president-elect of the Jewish Hospital Medical Staff Association, praised the 57 graduates on their accomplishments. "It is my sincere pleasure to extend congratulations from the entire medical staff of Jewish Hospital to the 1987 graduating class," he said. "We take great pride in our School of Nursing, and in our graduates. We hope that many of you will be working with us for many years to come."

Dr. Kotner stressed the importance of patient care during a time when added pressures are put on nurses due to nursing shortages. "Due to this shortage, nurses are more in demand. In turn, it makes your job more demanding. Shifts, hours, stress. All of these will be elements of your work," he said. "I hope that you will remember that the most important element of your work is your care for the patient. This is your primary goal."

Mary Newman, president of the graduating class, thanked peers and parents for their support and guidance through the years of school. "Tonight marks the end of a long, trying journey," she said. "It also signifies a new beginning. No matter how difficult our future may seem, we have the power, ability and knowledge to overcome."

The graduates received their pins from Susan Graves, R.N., BSN, M.A., director of the School of Nursing. Assisting Ms. Graves with the distribution of pins was Emily Huber, assistant director of education, first level, who is retiring this year after 29 years of service to the Jewish Hospital School of Nursing. Also recognized was Edna Malen, R.N., a 1936 School of Nursing graduate, who was attending her 54th consecutive graduation.

Graves announced that three new scholarship funds had been established since the last graduation. Graves also pointed out that the undergraduate and student college loan fund provided financial assistance to more than 40 percent of the student body.

Shirley Cohen (Mrs. Stanley M.), chairperson of the committee on nursing, presented the Franc Honor Award to Ann Venegoni for ranking first in her class at the completion of first level courses; Julie Ann Stuckmeyer received a $100 bond for outstanding kindness and consideration to patients; and September Shreves was awarded a $100 dollar bond for outstanding par-
PEDIATRICIAN PICKED

Harvey R. Colten, M.D., has been appointed head of the department of pediatrics at Jewish Hospital. Dr. Colten will supervise the pediatrics who care for the approximately 1,800 infants born each year at Jewish Hospital.

Dr. Colten is also head of pediatrics at Washington University School of Medicine, and pediatrician-in-chief at Children's and Barnes Hospitals, both sponsoring institutions, with Jewish Hospital, of the Washington University Medical Center. He was appointed to these positions in 1985.

Before receiving these medical center appointments, Dr. Colten was a professor of pediatrics at Harvard Medical School, as well as chief of the division of cell biology and director of the Cystic Fibrosis Program at Children's Hospital Medical Center in Boston.

His research has focused on understanding the biochemistry, genetics, and cell biology of inflammation in such disorders as cystic fibrosis, arthritis, asthma, juvenile diabetes, autoimmune diseases and inflammatory disorders of the intestinal tract. Using his knowledge in these areas, he attempts to find basic causes and define more specific forms of treatment for these disorders.

Colten joined the faculty at Harvard in 1970 as an assistant professor of pediatrics, and became a full professor in 1979. He was chief of the allergy division at Children's Hospital Medical Center from 1973-1976. His career has also included academic appointments at George Washington University Medical Center and the National Cancer Institute.

He earned his medical degree from Western Reserve University in 1963, completed an internship and residency in pediatrics at University Hospitals in Cleveland, and a residency in pediatrics at Children's Hospital in Washington, D.C. Colten also served a two-year fellowship with the National Institute of Child and Human Development.

NUMBERS TO KNOW AT JEWISH HOSPITAL

Today consumers have their choice of telephone numbers to call if they need an internist, gynecologist, dermatologist, or virtually any physician according to specialty. But how do consumers know if the referrals they receive are for physicians who will combine quality and state-of-the-art medicine with a willingness to treat their patients as intelligent partners in health care?

By calling the Doctors Choice, Jewish Hospital's exclusive physician referral service, you will receive the names of physicians who meet strict standards of excellence. All of the physicians who participate in the Doctors Choice must be board certified or eligible in their specialties and most are affiliated with the Washington University School of Medicine. They also recognize the need to respect the patient's dignity and their desire to take active roles in their health care.

The Doctors Choice can help you find names of qualified physicians from the specialty and geographic area you need.

THE DOCTORS CHOICE (PHYSICIAN REFERRAL)
454-7180
OR
1-800-822-1201
(outside St. Louis, in Missouri)
1-800-233-3783
(outside Missouri)

WOMEN'S HEALTH RESOURCES
454-8890
Associates
454-8088
Auxiliary
454-7130
Clover Garden
454-7166

MARKETING COMMUNICATIONS
454-7239
Fellows
454-7250
Tribute Fund
454-7242

JEWISH HOSPITAL
Home Care
*after hours
454-7000
*follow-up
993-4600
*new referrals
454-7031

OASIS
454-0113
Main Number
454-7000
Gift Gallery
454-7125

Women's Health Resources
454-8890
Associates
454-8088
Auxiliary
454-7130
Clover Garden
454-7166
AIM On Target

The Breckenridge Frontenac Inn was the site for this year's Associates In Medicine (AIM) annual dinner meeting, held May 19. The 19th annual event marked the end of the two-term leadership of Marvin Kasnetz as president of AIM, and the installation of new president Gene Pattiz.

Nominated by committee and elected by unanimous vote to the board of directors were Denise Pattiz Bogard; Selma Dennis, elected for a second term; Randy Hammer, Ph.D., elected for a second term; Robert Kaufman, M.D.; Emily Lazarus; Tom Lewin; Linda Mantle; Gene B. Pattiz, elected for a second term; Joyce Yalem; and Robert Young, M.D.

Following the election of members to the Associates Board of Directors, Mr. Kasnetz introduced the officers elected to serve during the 1987-1988 program year. The newly-elected officers are Richard Weinstein, treasurer; Joel Iskiwitch, secretary; Jerome Greenblatt, vice president; Terri Purviance, vice president; and Gene B. Pattiz, president.

After the announcement, Mr. Kasnetz stepped down from the podium for the last time as president, turning over the microphone to newly-elected AIM president Mr. Pattiz. On accepting the new role of president, Pattiz said simply, "I'll let my actions speak for themselves."

Aid Society Contribution

The Ben A'Kiba Aid Society held its annual luncheon May 14 at the Clayton Holiday Inn. The event marked the 95th anniversary of the yearly meeting.

Ben A'Kiba has been a loyal supporter of Jewish Hospital for many years, donating funds to the Department of Rehabilitation Medicine. This year, $4,500 was donated for research in the areas of heart disease, diabetes, cancer, osteoporosis, and Alzheimer's disease.

Accepting the gift on behalf of the hospital was Don Levin, director of development, and MaryBeth Pereira, M.D., former director of rehabilitation medicine.

Hospital Hires

Herbert R. Hansen, Jr.

Herbert R. Hansen, Jr., has been appointed vice president and chief financial officer at Jewish Hospital.

Mr. Hansen was previously associate vice president for finance and administration at the University of Connecticut Health Center in Farmington, Connecticut. At Jewish Hospital, he will manage a budget of $122 million which supports more than 200,000 patient encounters annually and a staff of about 2,700.

Hansen, a certified public accountant, was formerly a senior manager for Peat, Marwick, Mitchell & Company both in St. Louis and New York. He also served as chairman of the accounting department at Middlesex County College in Edison, New Jersey, and as a staff auditor with Price Waterhouse & Company in Morristown, New Jersey. Hansen earned both master of business administration and bachelor of science degrees from Rutgers University.

He is a new resident of Kirkwood with his wife, Annette, and two daughters, Casey Anne and Kelly Marie.
Contributions to the hospital through the Tribute Fund in the period March 26, 1987 to May 29, 1987, were made by 2,350 donors. Lists of donors and commemorations are published separately, six times a year. If you wish a copy, please request it from the Publications Department. Be sure to specify the issue of Jewish covering the period for which you want the Tribute Listing.

Contributions to Jewish Hospital Funds

Sustaining Gifts

The Ben A’Kiba Society has made a gift to the Hospital for the Departments of Rehabilitation Medicine, Heart Disease Research, Diabetes Research, Cancer Research, Alzheimer’s Research, and Osteoporosis Research.

Mr. and Mrs. Paul R. Cahn have made a contribution to the Hospital’s Research Endowment Fund.

Mr. and Mrs. Joe Cohen have made a contribution to the Building Fund to be used for the expansion of the Radiology Department.

Mrs. Hermann Deutsch has made a generous contribution to the Hermann and Erna Deutsch Cancer Research Fund.

Enterprise Leasing Foundation has made a contribution to the Jacqueline Hirsch Brown Memorial Fund.

Mr. and Mrs. Milton Ferman have made a contribution to the Jewish Hospital of St. Louis.

Mr. and Mrs. Harris Frank have made a contribution to the Judy L. Smith Cancer Research Fund in memory of Judy Smith.

Mr. and Mrs. Milton S. Frenkel have made a contribution to the Hospital’s Research Endowment Fund.

The daughters of Miriam Gamin (Gloria Garam, Carol Michelman, and Audrey Sherman) have established The Miriam Gamin Fund for Heart Research in her memory.

The Clifford Willard Gaylord Foundation has made a contribution to the Clifford Willard Gaylord Foundation Endowment Fund.

Mr. David A. Gee has made a contribution to the Harold F. and Thelma A. Gee Research Endowment Fund.

Mr. Albert I. Graff has become a member of the Fellows of Jewish Hospital with a contribution to the Dr. Ralph Cancer Research Fund.

Dr. Edward J. Griffith has made a contribution to the Medical Staff Library Fund in honor of Dr. Richard Sisson.

The Jean F. Harris Trust Fund has made a generous contribution to the Gavst L. and Jean F. Harris Research Fund.

Mr. and Mrs. Allan R. Hoffman have made a contribution to the Hospital’s Operations Endowment Fund.

Mr. and Mrs. Dick Horwitz have become members of the Fellows of Jewish Hospital with a contribution to the Hospital’s Endowment Fund.

The Jewish Hospital Alumni Association has established the Ruth N. Kelly Library Fund in honor of Ruth N. Kelly.

The Jewish Hospital Medical Staff Association has made a contribution to the Medication Staff Nursing Scholarship Fund.

The Mary Ranken Jordan and Ettie A. Jordan Charitable Foundation has made a contribution to the Bone Disease and the Bone Biopsy Research Programs.

Mr. and Mrs. J. David Levy have become members of the Fellows of Jewish Hospital with a contribution to the Hospital.

Mr. and Mrs. Donn Lipton have made a contribution to the Hospital’s Operations Endowment Fund.

The friends and associates of Mr. Herman L. Litwack have established the Herman L. Litwack Fund for the Department of Social Work in honor of his retirement.

Dr. and Mrs. Lewis Littmann have joined the Fellows of Jewish Hospital with a gift to Renal Research in honor of Dr. Marcus Rothstein.

Mrs. Jack Loeb has made contribution to the Judy L. Smith Cancer Research Fund in memory of her daughter, Judy L. Smith.

Mr. and Mrs. Roswell Messing, Jr. have made a contribution to the Directors Fund of Jewish Hospital.

Mrs. Milton Meyerhardt, Mr. and Mrs. Julius Meyerhardt, Ms. Maxine Meyerhardt, Mr. and Mrs. Steven Meyerhardt, Mr. and Mrs. Richard Meyerhardt, and Mr. and Mrs. Bernard Hockman have endowed the Dr. Milton H. Meyerhardt Nursing Scholarship Fund.

Mr. and Mrs. Hubert C. Moog have donated a prostatic ultrasound unit for the Division of Urologic Surgery at Jewish Hospital.

The Estate of Edith Paskowitz has made a contribution to the Hospital’s Operations Endowment Fund.

The Ralston Purina Company has made a matching gift to the Mary Ann and Elliot Stein Endowment Fund.

Mr. and Mrs. Joseph F. Ruwitch have made a contribution to the Joseph F. and Elizabeth R. Ruwitch Endowment Fund in honor of their fiftieth wedding anniversary.

Mr. and Mrs. Harold L. Sarner have become members of the Fellows of Jewish Hospital with a contribution to the Hospital’s Endowment Fund.

The Scherck Charitable Foundation has made a contribution to the Scherck Charitable Foundation Nursing Scholarship Fund.
CONTRIBUTIONS

Mr. and Mrs. Gerald Seigel have made a contribution to the Hospital’s Research Endowment Fund.

John E. Simon Charitable Trust has made a generous contribution to the John E. Simon Fund for Research.

Supporting Gifts

IN MEMORY OF

Larry Boyd
Friends from Path and Lab Departments (Marilyn Fixman Cancer Center)

Henry Bry
Ms. Edith Bry Benjamin (Tribute Fund)

Jacqueline Hirsch Brown
Mr. and Mrs. Philip A. Newman (Jacqueline Hirsch Brown Memorial Fund)

Esther W. Collinger
Mr. Harry A. Collinger (Esther W. Collinger Brain Research Fund)

Dr. Forrest Carlstead
Mrs. Virginia L. Carlstead (Surgery Research Fund)

Saul Dubinsky
Mr. and Mrs. Alvin Siteman (Bernard and Miriam Levinsohn Geriatric Endowment Fund)

Richard Eastman
Mr. and Mrs. Louis I. Zorensky (Hospital’s Operations Endowment Fund)

Fan (Poppy) Gale
Mr. and Mrs. Milton Platnico (purchased a voice actuated life-line unit)

Mary Goldstein
Mr. and Mrs. Rodrick J. Lewin (Ely and Mary Goldstein Nursing Scholarship Endowment Fund)

Dr. James Hirsch
Mr. and Mrs. Jerry Hirsch (Jacqueline Hirsch Brown Memorial Fund)

Chaim Katz
Dr. and Mrs. Todd H. Wasserman (Radiation Oncology Fund for Research, Education, and Patient Support)

A. L. Lee
Mr. Marc Seldin (Elaine Seldin Kornblum Home Care Endowment Fund)

Edith Lewin
Mr. and Mrs. Joseph Berger, II (Ely and Mary Goldstein Nursing Scholarship Endowment Fund)

Mr. and Mrs. Jack E. Edlin (Norma and Jack Edlin Nursing Education Fund)

Mr. and Mrs. Rodrick J. Lewin (Ely and Mary Goldstein Nursing Scholarship Endowment Fund)

Ms. Mary E. (Jill) Stein (Tribute Fund)

Mr. and Mrs. Louis I. Zorensky (Hospital’s Operations Endowment Fund)

Esther Lewin
Mr. and Mrs. Rodrick J. Lewin (Ely and Mary Goldstein Nursing Scholarship Endowment Fund)

Mitchell Lifrig
Mr. and Mrs. Ben Fixman (Marilyn Fixman Cancer Center)

Morton J. May
Mr. and Mrs. Frank J. Reilly (Tribute Fund)

Jack Nelson
Friends at Southwest Bank (Heart Research Fund)

Dr. Israel Newmark
Jewish Hospital Medical Staff Assoc. (Chaplaincy Fund)

Howard Nussbaum
Mr. and Mrs. Thomas H. Moog (Tribute Fund)

Bess Rosenthal
Mr. and Mrs. Howard F. Etling (Jack Aaron Lyss Memorial Cancer Research Fund)

Mr. and Mrs. Aaron Hoffman (Jack Aaron Lyss Memorial Cancer Research Fund)

Mr. and Mrs. Milton Rothman (Jack Aaron Lyss Memorial Cancer Research Fund)

Dr. Bernard Schwartzman
Jewish Hospital Medical Staff Assoc. (Chaplaincy Fund)

Judy L. Smith
Affiliated Capital Corporation Employees (Judy L. Smith Cancer Research Fund)

Mr. and Mrs. August A. Busch, Jr. (Judy L. Smith Cancer Research Fund)

Dr. and Mrs. Alvin Frank (Judy L. Smith Cancer Research Fund)

I. C. Harbour Construction Company (Judy L. Smith Cancer Research Fund)

Mr. and Mrs. John Isaacs III (Judy L. Smith Cancer Research Fund)

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Mr. and Mrs. Donn Lipton  
(Judy L. Smith Cancer Research Fund)

Mr. and Mrs. Al Loeb  
(Judy L. Smith Cancer Research Fund)

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(Judy L. Smith Cancer Research Fund)

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Mr. and Mrs. M. Richard Wyman  
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Mr. and Mrs. Louis I. Zorensky  
(Judy L. Smith Cancer Research Fund)

Sandy Thuet  
Friends at Lowy Enterprises  
(Marilyn Fixman Cancer Fund)

Millard Waldheim  
Mrs. Millard Waldheim  
(Millard A. Waldheim Department of Surgery Endowment Fund)

Sam Weintraub  
Building Owners & Managers Association of Metropolitan St. Louis (Tribute Fund)

Tipton Centers, Inc.  
(Tribute Fund)
CONTRIBUTIONS

Harvey Wittcoff
Mr. and Mrs. Leonard Solomon
(Harvey Wittcoff Endowment Fund)

William Wood
Mrs. William Wood
(Hypertension Research Fund)

Supporting Gifts
IN HONOR OF

Bar Mitzvah of David Abrams
Mr. and Mrs. Robert W. Abrams
(James Abrams Memorial Fund)

Anniversary of
Mr. & Mrs. S. Charles Baer
Mr. and Mrs. Edward R. Samuels
(Faye Beth and S. Charles Baer Research Endowment Fund in Reproductive Medicine)

Award of Dr. Aaron Birenbaum
Mr. and Mrs. Allyn Aach
(Dr. Aaron Birenbaum Home Care Fund)

Special Birthday of Neil Hirsch
Mr. and Mrs. Howard L. Brown
(Jacqueline Hirsch Brown Memorial Fund)

Ms. Judi Brown
(Jacqueline Hirsch Brown Memorial Fund)

Mr. and Mrs. Frank J. Ephraim
(Jacqueline Hirsch Brown Memorial Fund)

Dr. Barry Hong
Dr. and Mrs. Lewis Littmann
(Psychiatry Department Fund)

Appointment of Letty Korn
Mr. and Mrs. Martin Bloom
(Letty Korn Breast Cancer Research Fund)

Congratulations to
Dr. Lawrence Kotner, Jr.
Mr. and Mrs. Albert S. Rose
(Hematology Oncology Research & Education Fund)

Retirement of Herman L. Litwack
Jewish Hospital Medical Staff Association
(Herman L. Litwack Fund for the Department of Social Work)

Dr. William Peck
(Herman L. Litwack Fund for the Department of Social Work)

Birthday of Lester Miller
Mr. and Mrs. Stanley Abel
(Marilyn Fixman Cancer Center)

Mr. and Mrs. Ben Fixman
(Marilyn Fixman Cancer Center)

Special Birthday of Jules Pass
Mr. and Mrs. Isadore Pass
(Carl Pass Diabetic Research Fund)

Anniversary of
Mr. & Mrs. Joseph F. Ruwitch
Mr. and Mrs. Milton Price
(Joseph F. and Elizabeth R. Ruwitch Endowment Fund)

Mr. and Mrs. Louis Putzel
(Joseph F. and Elizabeth R. Ruwitch Endowment Fund)

Mr. and Mrs. Robert L. Wolfson
(Joseph F. and Elizabeth R. Ruwitch Endowment Fund)

Appreciation to
Dr. Llewellyn Sale, Jr.
Dr. William Kearney Hall
(Dr. Llewellyn Sale Sr. Memorial Fund)

Recovery of Nora Stern
Mr. and Mrs. Robert L. Wolfson
(Operations Endowment Fund)

Birthday of Richard Weil
Mr. and Mrs. Willard L. Levy
(Willard L. Levy Endowment Fund)

Supporting Gifts
IN SUPPORT OF

The Jewish Hospital of St. Louis, its programs for patient care, education, and community service

Dr. and Mrs. Carl Gessler
(Research Endowment Fund)

CBS, Inc. Matching Grant Program
(Barbara and Stanley Richman Fund)

Mr. and Mrs. James O. Grady
(Research Endowment Fund)

Mrs. Joel Malen
(Edna Malen Nursing Scholarship Fund)

Dr. and Mrs. Norman J. Matulef
(Building Fund)

Mr. and Mrs. Thomas Stern
(Operations Endowment Fund)

Dr. and Mrs. Robert Tatkow
(Research Endowment Fund)

Jewish Hospital
CALENDAR
OF EVENTS

AUGUST

Smoking Cessation Classes to help smokers kick the habit through the use of nicotine gum and behavior modification techniques are being formed periodically; call 454-8188.

AUGUST 5, 12, 19, 26
Rehabilitation Support Group for patients going through rehabilitation for stroke, head and neck, and back injuries, and their families; 4 to 5 p.m., in the Rehabilitation Conference Room; call Jean Hamlin, 454-7759 for more information.

AUGUST 6
Cancer Support Group for patients and their families; each session will focus on the current concerns and questions of the participants; open to the public at no charge, 7 p.m., in the Oncology Lounge—4th floor; call 454-7463 or 454-7040 for more information.

AUGUST 10
Super Sibling Program for children ages 2-1/2 to six and their parents during the third trimester of pregnancy to help the family adjust to the expected baby; 10 to 11:30 a.m., by reservation only; call 454-7130.

AUGUST 18, 19
Activity Cart Workshop for Auxiliary members interested in preparing activity kits, which include simple crafts, for patients; Brown Room; 10 a.m. to 3 p.m.; call 7130.

SEPTEMBER

Smoking Cessation Classes to help smokers kick the habit through the use of nicotine gum and behavior modification techniques are being formed periodically; call 454-8188.

SEPTEMBER 2, 9, 16, 23, 30
Rehabilitation Support Group for patients going through rehabilitation for stroke, head and neck, and back injuries, and their families; 4 to 5 p.m., in the Rehabilitation Conference Room; call Jean Hamlin, 454-7759 for more information.

SEPTEMBER 3
Cancer Support Group for patients and their families; each session will focus on the current concerns and questions of the participants; open to the public at no charge, 7 p.m., in the Oncology Lounge—4th Floor; call 454-7463 or 454-7040 for more information.

SEPTEMBER 14
Super Sibling Program for children ages 2-1/2 to six and their parents during the third trimester of pregnancy to help the family adjust to the expected baby; 10 to 11:30 a.m., by reservation only; call 454-7130.

SEPTEMBER 16
Associates In Medicine Lecture Series; 7:30 p.m.; Brown Room; complimentary refreshments; open to the public at no charge; reservations required, call 454-8088.

SEPTEMBER 20
Women in Transition, a one-day event, sponsored by Jewish Hospital’s Women’s Health Resources, will be held from 10 a.m. to 3 p.m., at the hospital. The free program will highlight significant transitional events from periods in women’s lives, and feature physicians from the hospital as well as distinguished guest speakers and panel members; open to the public; lunch provided for a minimal charge; reservations/information call 454-8890.
At Washington University Medical Center
210 South Kingshighway
P.O. Box 14109
St. Louis, MO 63178-4109
314-454-7000

The Jewish Hospital of St. Louis is a 500-bed acute care teaching hospital affiliated with Washington University School of Medicine. Located in the Central West End of St. Louis, it is dedicated to distinctive patient care and medically advanced research. The medical staff of 782 physicians and dentists comprise a group of full-time academic faculty and private physicians. These professionals are reinforced by a house staff of 150 residents and interns, along with nurses and technicians, service and support personnel to deliver 24-hour high-quality patient care. The Jewish Hospital of St. Louis is fully accredited by the Joint Commission on Accreditation of Hospitals.

The Jewish Hospital publications department provides a reprint service for any article appearing in this magazine. It is offered free of charge as a community and physician's service. Call 454-7239 for more information or a reprint of your choice.

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