Hanging and swinging loosely, like puppets, WU staff members get a good stretch at the circle body station, midway on the new Parcourse on the South-40. All of the Residential Life Center, they are Kevin Slater, area coordinator, Manny Mue, director, and (back to camera) Mike Riter, area coordinator.

New South—40 Parcourse Circuit puts fun into keeping fit

With the goal of making fitness a game everyone at WU will want to play, WU’s Health Services and Housing Office recently installed a Parcourse Fitness Circuit, an outdoor exercise facility designed to put fun into physical conditioning.

The course consists of 18 exercise stations spaced over a one mile route. All the stations, simple wooden structures, are numbered and have illustrations posted to “coach” participants through a series of exercises designed for warming up, stretching, strengthening muscles, cardiovascular conditioning and cooling down, combined with walking, jogging and running in between the stations.

The WU Parcourse begins and ends on the Intramural Athletic Field by the Forsyth Blvd. pedestrian tunnel. The route follows roughly the boundaries of the South-40. The number of exercises completed at each station depends on individual level of fitness: starting, spotting or championship.

The Parcourse will open officially on Friday, Oct. 9, at 4 p.m. with a short group run. Longer routes of three, five, seven and nine miles are diagrammed and posted on the cross country team’s bulletin board in Francis Gymnasium.

The idea for the Parcourse, designed and installed by Parcouse Ltd. of San Francisco, originated with the 1980-81 Health Service Advisory Committee as part of their recommendations on health education for WU students, faculty and staff.

“We were looking for something that combined total physical fitness and was fun to do,” said Mary L. Parker, director of University Health Services.

“Students especially feel that they don’t
U.S. views shared by some Russians, economist finds

Frederick R. Warren-Boulton, WU associate professor of economics, was more than ready to ingest a lot of information about the Russian economy last summer while attending a Soviet-American symposium on "The Role of the State in Price Formation," but he wasn't quite prepared for the "marathon banger Biggest." countless vodka toasts given during a week-long tour of the Soviet Union that followed the conference. One outdoor feast in Kazakhstan, where he risked such local specialties as fermented mare's milk and sheep eyeballs, lasted from 10 a.m. to 6 p.m. and ended finally on account of rain.

Eight American economists were invited to the four-day conference held in June in Alma Ata, not far from the to increase the efficiency of their economists. "Despite the centralization of political power in Russia, the political constraints on their economists seem just as severe as on us," he said.

Waren-Boulton was surprised to find that Russian economists, particularly those in policy-making positions, face the same political problems when trying to increase the efficiency of their economic system as do American economists. "Despite the centralization of political power in Russia, the political constraints on their economists seem just as severe as on us," he said.

He pointed out that the prices of many basic commodities, such as bread and meat, are extremely low, at least when sold through the official state stores. Lowering prices without increasing supplies, however, just leads to chronic shortages and long lines. "The average Soviet housewife spends two hours a day shopping, mostly standing in lines," he said.

The Soviet government claims that it cannot raise prices for basic commodities because low income groups would be hurt, he said, adding: "We argued that the state ought to move itself out of the price formation process. Instead of the bureaucracy setting prices, prices ought to be set by supply and demand, with income distribution handled through wage policies and a progressive income tax.

Energy prices are set at very low levels, too, but "the government is beginning to realize that underpricing oil results in overuse and wastage, leading to early exhaustion of low-cost fields," Warren-Boulton said. "While incorrect pricing has lead to inefficiencies in many sectors, the cost of developing new Siberian oil fields has forced the government to reallocate their pricing practices in this area."
Summer Institute in Colombia steeps Spanish students in language, culture

Learning the subtleties of a foreign language in the middle of the United States might be compared to learning how to swim in a bathtub. Language students need to put their knowledge to work and to experience the cultures of the countries associated with the language.

WU students studying Spanish now have this opportunity. The Department of Romance Languages has announced the formation of a Summer Language Institute for Spanish students similar to the French Institute held for the third time last summer in Blere, France.

The newest institute is based at a converted hacienda, the Recinto de Quirama, in the foothills surrounding the city of Medellin, Colombia. The Recinto is sometimes called the "Camp David" of Colombia, according to Raymond L. Williams, director of undergraduate studies in Spanish, because it is often used by government officials for vacation and political rendezvous. The Recinto has modern housing facilities for 200 guests, dining and living rooms with fireplaces, a swimming pool, recreational areas, and ample grounds for hiking and picnics.

This six-week summer institute will begin May 17, 1982 and is open to all first and second year Spanish students who have completed Spanish 102 and Spanish 207, respectively. On their arrival, students will tour the historic and cultural sites of Medellin, in the province of Antioquia. In addition, students will take group bus tours each week to such places as Envigado, famous for its cuisine; Sabaneta, a modern coffee plantation; and Santa Fe de Antioquia, a colonial town and former capital of Antioquia.

The institute offers two courses taught simultaneously—a language course and an independent study resulting in seven credits transferable to WU. After morning language sessions, students will work on independent projects in the afternoon that may involve interviewing writers, painters or other professionals, conducting investigations into political or social problems, or studying other items of cultural interest. In class and at meals, students will speak Spanish.

"The object of the program," said Williams, who will teach at the institute the first summer, "is to involve the students as much as possible with the language and the culture. Medellin is about the size of St. Louis and is considered the center of cultural and commercial activity in Colombia. It is a perfect choice for this type of learning experience."

The cost of the program is $1,950, which does not include air fare. It does include all costs for the six-week stay: tuition for seven credits at WU, room and board, a weekend trip to Cartagena, situated on the Caribbean shore, and local excursions. The deadline to apply is Oct 16. Interested Spanish language students should contact Raymond Williams in Ridgley 303 or call him at Ext. 5176.

Parcourse—continued from p. 1

have time to exercise regularly. The Parcourse offers something that is fun, that can be done alone or in a group, without special equipment, for all ages, at any time of the day, in about half an hour's time. It was the perfect solution."

Besides improving physical fitness, exercise at the Parcourse can encourage weight loss, improve muscle tone, and promote a stronger sense of motivation and well-being.

Teresa S. Fox

Teresa S. Fox has been appointed assistant dean of the WU School of Engineering and Applied Science. Fox will be responsible for all special engineering programs, including the professional master's level programs, engineering summer school, cooperative programs with industry, professional development courses and seminars, and evening programs in technology and management.

Enrollment—continued from p. 1

graduate School of Fine Arts, down 22 to 272; graduate School of Fine Arts, down four to 50; School of Social Work, down 35 to 254; School of Dental Medicine, down 10 to 536; and School of Medicine, down one to 498. The number of unclassified students also decreased by 76 to 102 students.

The proportion of female to male students is consistent with past years: the undergraduate divisions comprise 41 percent women and 59 percent men; in the graduate divisions, there are 37 percent women, and 65 percent men.

Excavation began last week for the new addition to the WU bookstore. The 20,000 square foot two-story addition is expected to be completed in August 1982.

Karen Coburn, associate director of the WU Career Planning and Placement Service, has been invited to make a series of presentations at the International Conference of the American Personnel in Guidance Association European Branch. The meeting will be held in Munich, West Germany, Oct. 6-12.

Karen Coburn

She will cochair a two-day workshop entitled "Hiring Our Stride: Women in the Middle Years," which also is the title of a book she recently wrote and published with two coauthors. Her other presentations will focus on networking, the adult returning to school, and assertiveness training for college students.

Richard W. Coles, director of Tyson Research Center, presented the treasurer's report at the annual meeting of the Organization of Biological Field Stations, which was held near Albany, N.Y. Sept. 25-27. Coles is treasurer and secretary of the national organization.

Richard W. Coles

Campus Notes

Fox received a BS and MS in mechanical engineering from Washington State University in 1963 and 1964, respectively. In 1970, he received a PhD from the University of Kentucky-Lexington.

Six WU political science professors and one economics professor presented papers at the annual meeting of the American Political Science Convention in New York City Sept. 5-6.


Kenneth A. Shepley, professor of political science, and Barry R. Weingast, assistant professor of economics, presented jointly "Structure and Strategy: The Two Faces of Agenda Power."

A graduate student in political science, Greg Weber, also delivered a paper at the annual meeting, "The State as a Rational Actor."

Edwin T. Jaynes, Wayman Crow Professor of Physics, spoke on the principles of statistical theory at an international meeting on the foundation of statistics in Lurino, Italy, Sept. 17-20. Jaynes also was the keynote speaker at a conference on the theory of spectrum analysis held in August at McMaster University in Ontario.

Luther S. Williams, dean of the Graduate School of Arts and Sciences and professor of biology, has been appointed to the Health, Safety and Environment Committee for the Department of Energy's Lawrence Livermore and Los Alamos National laboratories. The appointment to an indefinite term was made by the president of the University of California system, whose Board of Regents oversees activities in these two laboratories. The committee will advise on environmental and occupational health and safety conditions at the laboratories; seismic integrity of buildings; transportation and storage of radioactive materials; and on-site emergency preparedness.

Items about faculty, staff and student activities for the Campus Notes column may be sent to Box 1142. Please type material submitted and include name and phone number.
Observatory open

The WU Observatory is now open on all clear Mondays, Wednesdays and Fridays at 7:30 p.m. Visitors are welcome. The Observatory is located on top of Crow Hall, with access via the stairs from the Crow 3rd level. Small groups can be accommodated, but advance arrangements must be made. Phone Ext. 6250 (office hours); Ext. 6278 (nights).

Thursday, October 8

2:15 p.m. Department of Mechanical Engineering Seminar, "Neuroanatomy in the context of the Mechanism of Spinal Nerve Tumor," George L. Zalashak. WU assoc. prof. of mechanical engineering, 100 Cupples II.


Friday, October 9

2 p.m. Department of Physics Colloquium, "Recent Developments in Spontaneous Ion Bonding," Peter Sigmund, Mike Peters, the Amherst Saxophone Quartet, Steven Radecke, the St. Louis Ragtime Festival and other performers. The Observatory is located on top of Crow Hall, with access via the stairs from the Crow 3rd level. Small groups can be accommodated, but advance arrangements must be made. Phone Ext. 6250 (office hours); Ext. 6278 (nights).

Saturday, October 10


Wednesday, October 14


Monday, October 12


Tuesday, October 13

12:30 p.m. Department of Biomedical Engineering Seminar, "Neuroanatomy in the context of the Mechanic Level," William Pickard. WU prof. of cellular and molecular biology. 305 Eliot.

Wednesday, October 14


Thursday, October 15

2:15 p.m. Department of Mechanical Engineering Seminar, "The St. Louis Urban Plume," Warren B. Kwan, WU prof. of mechanical engineering, 100 Cupples II.


Friday, October 16

4 p.m. Department of Chemistry Seminar, "Primary Events in Photograph Sensitization by Pulsed Microwaves," James J. Head, assoc. prof., Argonne National Lab., Argonne, Ill. 111 McMillen Hall.

4 p.m. Department of Philosophy Colloquium, "Vernacular and Human Affairs," John Williams, president, Joint Center for Political Studies, Washington, D.C. Sponsored by the Center for the Study of Public Affairs and a grant from the Spero and Fison Foundation.

Saturday, October 17


Monday, October 12

7:30 and 9:15 p.m. WU Filmboard Series, "The Blue Angel." Brown Hall Aud. $2.

Tuesday, October 13

7:30 and 9:40 p.m. American Express Film Festival, "The Graduate." Brown Hall Aud. $2.

Wednesday, October 14

7:30 p.m. Women's Film Series, "The Rape Victims." "Rape Apron," and "It Happens To Us." Gregorich, Mallinckrodt Center, Frp.

Friday, October 16

8 and 10 p.m. WU Filmboard Series, "Martin and Howard." Brown Hall Aud. $2. (Also Sat., Oct. 17, same times, Brown.)

Monday, October 12

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Midnight, WU Filmboard Series, "Real Life." Brown Hall Aud. $1. (Also Sat., Oct. 17, midnight, Brown.)

SPORTS

Monday, October 12

3:45 p.m. Women's Tennis, WU vs. Belleville Area College. WU Tennis Courts.

Wednesday, October 14

3 p.m. BASKETBALL, WU vs. MacMurray College. Francis Field.

Friday, October 16

8:15 p.m. Women's Tennis, WU vs. Maryville College. WU Tennis Courts.

Saturday, October 17

10:30 a.m. Men's and Women's Cross Country Invitational. Forest Park.