Billing changes mandated by Federal regulation that became effective October 1 mean that Barnes outpatients and inpatients are now receiving multiple bills to cover the various components of their care.

In the past, Barnes contracted for professional services with various departments of the Washington University School of Medicine (a separate institution) and then included these charges in the patient’s bill insofar as possible. Under recent Medicare regulations, neither Barnes nor other hospitals are allowed to combine billing in this manner.

Although the regulation, strictly speaking, applies only to Medicare patients, practical application dictates that any new billing system affects all patients.

Barnes’ bill will continue to include charges for all care provided by hospital employees, including room and board, nursing, medicines, use of operating rooms, as well as charges for technicians/technologists who administer various tests and charges for supplies and equipment. Barnes bill will not include doctors’ fees for their portions of these services.

Separate bills from the Washington University School of Medicine and its various departments will include charges for professional review, consultation and treatment by doctors. These services include: radiology, pathology, surgical pathology, electrocardiography, electroencephalograms, hand therapy, genetic laboratory, tonograms, immunology, biofeedback, anesthesia and others.

For the convenience of Barnes patients, a representative from WUMS is available, along with representatives from Barnes, in the inpatient accounts office on the first floor of the East Pavilion to answer questions or to explain the billing system. Hours are from 8 a.m. to 5 p.m., Monday through Friday.

**West County ENT office provides special services**

Highly specialized services in plastic and reconstructive surgery of the head and neck are being offered to West County residents by an extension of the Barnes/WU otolaryngology department.

Staffed by Dr. J. Regan Thomas and Dr. Richard Earle Hayden, Barnes/WU otolaryngologists who specialize in plastic surgery of the face and neck, the ENT office is open Monday through Friday, at 522 North New Ballas Rd.

**Annual BHS banquet set for December 7**

The Barnes Hospital Society, an organization of nearly 800 doctors on the Barnes/WU staff, is hosting its annual banquet December 7 at the St. Louis Club. Cocktails will be served at 6:30 p.m., followed by a 7:30 p.m. dinner. All members of the BHS are invited to attend, and reservations and ticket information are available through the medical staff office, (314) 362-2255.

Willard Walker, general surgeon, is currently serving a two-year term as BHS president. Members of the society are pledged “to secure the development of Barnes both as a source of community service and as a center for medical progress.”

**New vending area now under construction**

A new vending and seating area for visitors and staff and a new office for the Cancer Information Center are now being constructed in the Barnard corridor, in the area previously occupied by the Barnard Buffet.

The new vending area, which will occupy about 14,000 to 14,300 square feet, will house 13 machines offering a wide variety of snacks and beverages and will provide seating for approximately 88 people. Wall coverings and furnishings will be in warm, bright colors to create a relaxing and inviting atmosphere, said Robert Shircliff, Barnes vice-president. Moving the existing vending machines into a more private area will also help ease congestion in the heavily trafficked corridor, he said.

As part of the construction, the Cancer Information Center will increase in size from 430 to 570 square feet. During construction, the CIC will be located in the surgical waiting suite, ground floor West Pavilion.

**$66 million in free medical care provided**

More than $66 million in free medical care was provided during the 1982 fiscal year by institutions that comprise Washington University Medical Center, according to the WUMC annual report published in September. That figure represents an increase of approximately $12 million over the 1981 statistics and brings the five-year total of unreimbursed care provided by WUMC institutions to more than $147 million. Barnes alone accounted for over $27 million in free care.

**Parking spaces increasing**

Barnes’ subsurface garage, located directly south of the hospital, has been in the news recently. Articles in both the St. Louis Globe-Democrat and Post-Dispatch highlighted the recent approval of the $18 million planned expansion received from the aldermanic Ways and Means Committee and the Board of Estimate and Apportionment. The expansion will increase the number of parking spaces from 1,146 to 1,945 and will garner an estimated $50,000 per year for the city in income. Barnes will receive a new 65-year lease for the property beneath Hudlin Park, which the hospital maintains as a service to the city.
Vivienne Dobbs honored for community service

From the time an aunt first enlisted her aid in selling raffle tickets for a fashion show fundraiser, helping others has been a way of life for Vivienne Dobbs, post-anesthesia recovery room unit clerk.

“I was a student at Sumner High School when my aunt asked me to get involved in the area’s Urban League,” said Mrs. Dobbs. “It seems as if my hand has kept going up any time someone asks for volunteers ever since.”

A long-time resident of the Central West End and a 22-year employee at Barnes, Mrs. Dobbs’ volunteer work has centered on her neighborhood, church and the city’s youth. She takes great pride in the fact that this summer, as a representative of the Urban League, she was able to present college scholarships to 38 outstanding young St. Louis men and women.

In addition to her work for the Urban League, Mrs. Dobbs also serves as president of the Euclid Plaza chapter of the National Council of Negro Women and vice-president of the St. Louis chapter of the American Business Women. She is a booster for the annual Ebony Fashion Fair and the St. Louis Sentinel Colored People.

An ardent supporter of the United Way, Mrs. Dobbs specifies three agencies for her funds each year. “I go every year and see how it (the agency) looks. If I like what I see, they’ll get more money next year; if I don’t, it’s going to someone else,” said Mrs. Dobbs. “I have to make sure they’re doing it right. I try to spread my money, what little I have, around.”

Instilling self-confidence and neighborhood pride have always been primary goals for Mrs. Dobbs. She’s a former board member of the DeBaliviere neighborhood association and she served many years as a block unit coordinator, playing an instrumental role in getting her block to join a national block unit association.

Her efforts to improve the quality of city life have not gone unnoticed: In 1981, Mayor Vincent R. Gray presented a plaque commending her for her far-reaching efforts in behalf of the community.

“I enjoy my life very much,” said Mrs. Dobbs, who hasn’t missed a day of work in over a year. “I hope and pray to God that it will always be like this. God has blessed me with so much, I just feel that I should try to help someone else out in turn.”

New programmer expanding Channel 10

Barnes patients will soon be enjoying a wider variety of programs on Channel 10, the hospital’s free educational channel, thanks to a new close-circuit television programmer purchased recently by the department of education and training.

The new system expands the hours of programming from eight to 19 and allows DET to vary the schedule on a daily basis. With the old system, the eight hours of programming had to be run continuously, two times a day, for a total of 16 hours.

“Lead-ins” or brief introductions by Barnes/WU doctors, many of whom head the patient education sub-committees that review educational needs for each medical and surgical specialty, will also be added to existing programs on such subjects as hysterectomy, ostomy and diabetes to personalize the segments for Barnes patients.

Two relaxation tapes, one of which was produced by DET’s Dennis Rogers and Lindka Knight, with a voice-over by activity therapy director Cheryl Brady, will also be added when the system is put into operation this month. One of the relaxation tapes features Hawaiian scenes, while the other was filmed at the Missouri Botanical Garden here in St. Louis. New program guides for Channel 10 will be published in January.

Gladys Gantt joined Barnes in August of 1957 and immediately began working as a nurses’ aid on the obstetrical/gynecological nursing divisions in the old St. Louis Maternity Hospital. Throughout her 26 years of service to Barnes, Mrs. Gantt remained with ob/gyn. Her last position was as a nurses’ aid on the sixth floor of the East Pavilion. Mrs. Gantt always worked the night shift.

Fishing, visiting her children and grandchildren and “just plain relaxing” head the list of Mrs. Gantt’s retirement plans. Mrs. Gantt’s loyalty and dedication to the hospital will be missed, according to Mary Ann Williams, head nurse. “Mrs. Gantt always rode the bus to work,” said Mrs. Williams, “and if a storm was in the forecast, she’d often come in hours before her scheduled shift just to make sure that she’d make it to work on time.”

Christmas party planned for nursing school alums

The Barnes School of Nursing Alumni Association is planning a Christmas “tree-trimming” party beginning at 6:30 p.m. December 6, in the Nurses’ Residence lounge. All Barnes nursing school alumni and current students are invited.

The association is asking its members either to bring Christmas decorations or to make a donation to the association, which will be used for the school. Refreshments will be served, and the school’s choir will perform and then lead a “sing-along.” For more information, call Nancy Schmidt at (314) 361-2253.
Service awards dinner to honor employees

Employee dedication and special work anniversaries will be recognized at the service awards dinner November 11. The semi-annual event, which is honoring 172 employees who celebrated 10, 15, 20, 25 or 30 years of service during the second half of 1983, will be held at the Radisson St. Louis Hotel, 9th St. and Convention Plaza.

The evening begins with a 7 p.m. reception, followed by an 8 p.m. dinner and the awards ceremony. Humorist Bruce Witwer of St. Genevieve, Missouri, will be the guest speaker.

Top honorees, with 30 years of service, are Willia Crenshaw, nurses' aide for an obstetrics floor (5400), Marie Graves, social worker for otolaryngology patients (8400), and Berniece McDaniels, EKG technician for the cardiac diagnostic laboratory.

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Laser effective treatment in ocular histoplasmosis

Results of a five-year national study conducted at Barnes/WU and 11 other medical centers throughout the country indicate that laser therapy can prevent serious vision loss in persons suffering from presumed ocular histoplasmosis, an eye disease that is the second leading cause of blindness in young adults in this region.

The study, which was headed in St. Louis by Dr. Dean Burgess and Dr. Joseph Okl, Barnes/WU ophthalmologists, followed 245 OHS patients. Laser treatment cut in half the chance of permanent vision loss, said Dr. Burgess. If any of these signs are present, a visit to the eye doctor may be in order.

Alzheimer's disease topic of workshop

The 75 attendees of the 1983 Volunteer Workshop, sponsored annually by the Barnes Hospital Auxiliary, received information on "Alzheimer's Disease: The Secret Epidemic" from Warren L. Danziger, Ph.D., coordinator of the Memory and Aging project for the Washington University School of Medicine. In his update on Barnes by hospital president Robert E. Frith.

The workshop was held September 30 in Wohl Auditorium. Mary Ann Fritsch, Auxiliary President, was also a guest speaker. Following this program, the volunteers were treated to lunch in the hospital's new cafeteria, which was completed this summer.

Alzheimer's disease, a progressive, currently incurable, disorder characterized by memory loss, motor problems and disorientation, is not a normal part of the aging process as many people incorrectly assume, said Dr. Danziger. Rather, it is a physical condition affecting nerve cells of the brain deteriorate and die, causing loss of function and eventually, death.

According to Dr. Burgess, the disease is just one of over 50 types of senile dementia. "Many times, memory loss, confusion, forgetfulness and confusion commonly associated with Alzheimer's are really masking other forms of dementia or problems such as poor eyesight, hearing, inadequate nutrition or simply trying to do too many things at once," said Dr. Danziger. An accurate diagnosis is essential because many forms of dementia, as well as these other symptoms, are treatable.

In his update on Barnes, Mr. Frank highlighted recent events such as the emergency department construction project, employee wage increase, proposed expansion on the subsurface garage and upcoming telephone system changeover, which had been delayed because of the telephone company strike earlier this fall.

Improving visitor control, continuing to increase the number of private rooms for patients hospitalized at Barnes and implementing a new, $2 million data processing system are also being discussed by hospital administration, Mr. Frank said. Expanding the hospital's services through an executive physicals program downtown and a comprehensive ambulatory care center located in the county are also being discussed, he said.

Insurance premiums reduced, BHE ends

Monthly premiums for both individual and family health insurance are going to decrease dramatically for Barnes employees under a new Blue Cross major medical plan that goes into effect December 1. Open enrollment for those who do not already have coverage is now being held.

Beginning with the December 16 paychecks, employee monthly contributions will be lowered from $17.84 to $6.37 for individuals and from $70.73 to $40.35 for families. These rates are guaranteed until January 1985. If the insurance plan had not been revised, employees would be paying monthly rates of $21.40 for individual and $84.87 for family plans, beginning in January.

As part of the revision, Barnes is increasing its share of the total cost from 75 to 90 percent for individuals and from 60 to 75 percent for families. This means that Barnes will be paying monthly premiums of $57.33 for each employee with individual coverage and $121.04 for each employee with family coverage.

Besides the major medical provision, which includes a lifetime maximum of $1 million per person, the new plan also increases the number of hospital days covered from 70 to 365 (semiprivate room rate) and applies to outpatient services, including doctor's office visits (except for services such as routine physicals), that previously were not covered. The lifetime maximum under the old plan was $250,000.

Also effective December 1 is the elimination of free health services at Barnes for employees. These services have been provided in the past under the "BHE discount policy." This is being done to distribute the money previously spent on BHE more equally among all employees.

"Historically, through BHE, Barnes has been spending a great sum of money on relatively few employees," said Thomas Denton, associate administrator. "Eliminating BHE and revising the insurance plan allows us to pass a savings on to our employees in the form of lower monthly premiums.

Open enrollment for the new plan is now being held. Employees who already subscribe to Blue Cross/Blue Shield through the hospital will be automatically transferred into the new program. All pre-existing conditions, including pregnancy, will be covered under the new plan if employees enroll during this initial period.

Employees who are hospitalized at Barnes after December 1 and who do not have insurance will be responsible for the entire bill. Those who are hospitalized at Barnes on the changeover will be covered by either the old insurance plan or BHE until their discharge.

Those who do wish to participate in the new plan, still have the option of enrolling in MCG (Medical Care Group) or carrying other insurance.

MCG is a health maintenance organization that is sponsored by Barnes, Jewish Hospital, Children's Hospital and Washington University School of Medicine. The new MCG monthly subscription rates, effective December 1, will be $41.56 for individuals and $136.75 for families. Barnes contributes the same amount each month toward MCG coverage that it does toward BC/BS.

The pharmacy discount, employee health service and workmen's compensation will not change under the new plan.
The tools of the orthopedic trade can be highly complex. Specially designed coils that conduct electromagnetic impulses can help bone fractures to heal. Sophisticated implants replace joints ravaged by rheumatoid arthritis.

Then there's the hair dryer.

Since the 19th century, patients with broken bones have had their fractures encased in sturdy casts, molded from plaster of paris. But they couldn't get the casts wet or the underlying skin might be damaged.

A few years ago, new casts were developed of synthetic materials that were lighter, more porous and water resistant. Patients can now take baths or showers, pat the casts dry with a towel, and use the common blow dryer to finish the drying process.

"Orthopedics," says Dr. Paul Manske, orthopedic surgeon-in-chief at Barnes and the Fred C. Reynolds professor of orthopedic surgery at Washington University School of Medicine, "is a fairly aggressive field in terms of new ways to solve old problems."

"There are always lots of gadgets: ones that help us do the operation, ones that we put in the body, and others used after surgery to help the bones heal."

The field of orthopedics began changing 20 years ago, he says, with "gadgets" like implants, to replace diseased joints. From the original metal implants, which eventually wore through the patient's bone, orthopedics has moved into highly sophisticated hip and knee prostheses. New research will soon eliminate the cement which previously bound the implants together and constituted "the weak link" in a sturdy metal and plastic chain.

Today, tools and procedures like these have also led to new ways of structuring orthopedic medicine. While it's still necessary for each surgeon to be proficient in general orthopedics — common sprains, bone fractures, aches and pains — it's also important that each have an area of special expertise.

The Barnes/WU orthopedics department consists of nine full-time members (with another coming next July) in addition to several private practitioners. Their interests run the surgical gamut: including hand surgery, joint replacement, pediatric orthopedics, back surgery, bone tumor and metabolic bone disease treatment and sports medicine. And they're busy, says Dr. Manske. Since June, occupancy rate on the orthopedics floors has been running around 100%.

One of their latest tools is the continuous passive-motion knee exerciser for postoperative knee patients. Developed a year or two ago in Toronto, three exercisers are currently in use at Barnes. With the patient's leg secured in it, the machine runs day and night, moving the leg in a gentle arc of motion.

"As for knee replacement patients," says Dr. Robert Shively, "it has shortened their hospital stay by three to four days, gained for them greater range of motion and a more comfortable rehabilitation."

Knee surgery has also gotten a boost from a procedure, used since the 1970s, called arthroscopy. It relies on the arthroscope, a member of the fiberscope family, which combines bundles of fibers to bend light and illuminate inaccessible parts of the body.

Surgeons use the arthroscope with a microscope and an instrument, such as a knife; all three meet in a surgical triangle inside the knee joint. Doctors can look through the microscope into the lighted area and perform a procedure, such as removing torn cartilage. This technique, often done on an outpatient basis under local or general anesthesia, shortens recovery time and mini-
velcro fasteners. A new kind of splint made of rigid plastic with ankle sprains, orthopedic surgeons now suggest new ways of treating a fracture. Late in the

Along with electrical stimulation, there are other techniques. Internally, doctors now use screws, plates, and clamps to apply pressure to the fracture site; externally, they use electrical stimulation to help them. The minute electrical currents, which pressure induces faster healing "and gets the patient out of the cast more quickly," says Dr. Manske. "Most fractures heal by themselves; some have difficulty. It is fairly well proven that inducing electrical current around the fracture site will improve the healing process," says Dr. Manske.

"For the first time (in some five other hospitalizations in four other hospitals), I felt not like a "broken ankle," but like a real live human being. I was not unduly awakened for vital signs. I appreciated the cheerfulness and willingness to help in any way. I had several nursing students, all competent and pleasant, and my WUMS [Washington University School of Medicine] student, Lucy, who assisted in replacing my cast, was equally professional and happy to find answers to my questions.

To nurses, staff of 7300

For several years I've seen the bumper stickers--"the best RNs belong at Barnes!" After spending eight days from September 24 to October 2 in 7334, I'm convinced that not only are the RNs best but also the aides, LPNs, dietary and PTs (physical therapists) are "best.

For the first time (in some five other hospitalizations in four other hospitals), I felt not like a "broken ankle," but like a real live human being. I was not unduly awakened for vital signs. I appreciated the cheerfulness and willingness to help in any way. I had several nursing students, all competent and pleasant, and my WUMS [Washington University School of Medicine] student, Lucy, who assisted in replacing my cast, was equally professional and happy to find answers to my questions.

Thanks to all of you, I'm well on my way to recovery--and miracle of miracles, I've learned to get around fairly confidently on crutches!"  

Rose Ann Bodman

izes pain for the patient. In the future, says Dr. Shively, it may even allow repair of torn cartilage.

Another area that has changed is the treatment of broken bones. When fractures prove hard to heal, orthopedic surgeons now use pulsing electromagnetic fields (PEMF) to help them. PEMF is a minute electrical current, sent through coils individually constructed for the patient. These coils are secured around the cast and plugged in for an average eight to 12 hours a day. The negative electrode stimulates new bone cells to grow; the positive electrode causes old bone cells to break down.

"Most fractures heal by themselves; some have difficulty. It is fairly well proven that inducing electrical current around the fracture site will improve the healing process," says Dr. Manske.

Along with electrical stimulation, there are other new ways of treating a fracture. Late in the course of treatment, or sometimes for knee or ankle sprains, orthopedic surgeons now suggest a new kind of splint made of rigid plastic with velcro fasteners.

The process for "fixing" a fracture has changed too. Internally, doctors now use screws, plates and clamps to apply pressure to the fracture site; that pressure induces faster healing and gets the patient out of the cast more quickly," says Dr. Manske.

Externally, instead of the traditional pins and plaster, surgeons have been fixing fractures with the help of a metal frame or cage. It provides good stability and allows easy access to the soft tissue as well. It looks "like tinker toys," says Dr. Shively.

A combination of these tools and techniques has helped the treatment of spinal disorders such as scoliosis, says Dr. Perry Schoenecker. "Advances in the techniques of spinal surgery have come so far that patients can now leave the hospital within a week of surgery." They may wear a plastic, removable brace—like a jacket—under their street clothes. "Previously, they were often in body casts and in bed for six to nine months."

In some cases, electrical stimulation has obviated the need for a brace, he says. Muscles receive stimulation from electrodes surgically implanted in the patient or from surface electrode tapes, applied each night.

Previously if a patient needed a bone graft, that bone often came from elsewhere in his body, an often painful procedure. Now it is also possible to take cadaver bones, crush them and freeze them for later use. When the crushed bone is implanted, it is surrounded by fibroblast cells; the cells change to produce cartilage and the cartilage eventually becomes new bone.

Some orthopedic improvements also come from chemicals. After a two-year study, the Food and Drug Administration recently approved the use of chymopapain, a derivative of the papaya plant, to dissolve slipping discs that cause low back pain. Dr. Lee Ford participated in the study, which was conducted at seven U.S. medical centers.

During this procedure, called chemonucleolysis, the surgeon uses a fluoroscope and image intensifier to visualize the spine. At the same time, he inserts a six-inch spinal needle into the herniated disc to locate the hernia and then to inject chymopapain. By-products of the dissolved portion of disc are excreted in the patient's urine.

Improvements in imaging orthopedic problems are rapidly changing the field too, says Dr. Wayne Daum. Older tools like x-ray and arteriogram have recently been succeeded by a new generation of techniques like CT (computerized tomography) or NMR (nuclear magnetic resonance). "It is the single most exciting thing I've seen in medicine," says Dr. Daum. "These new developments aid in diagnosis and surgical pre-planning, with minimal risk to the patient."

In recent years, says Dr. Schoenecker, orthopedics has also turned to new, more comprehensive ways of treating patients with complex medical problems, such as children with neuromuscular disorders. Staff members take a multi-disciplinary approach, with help from physicians, nurses, physical and occupational therapists, prosthetists, social workers and others.

New developments are always on the orthopedic horizon, says Dr. Manske. Synthetic ligament replacements are coming. Just in the area of implants, he says, changes are underway in shaping and designing materials, and in creating the instruments needed to place the implants in the patient's body. "These things are continually being worked on," he says. "The field of orthopedics has not yet reached its zenith."

Dramatic results of joint replacement for fingers twisted by arthritis are strikingly evident in this photograph.

New research is continually improving implants used to replace damaged knee joints. When fractures prove hard to heal, orthopedic surgeons now use pulsing electromagnetic fields (PEMF) to help them. The minute electrical currents, which stimulate bone growth, are sent through coils that are secured around the cast.

Orthopedic surgeon Dr. Harry C. Morgan exercises with total hip replacement patient Judith Frank. Mrs. Frank, who had been unable to walk 10 days earlier because of rheumatoid arthritis was able to walk painlessly out of the hospital without the aid of crutches or a cane.
Media spotlight

Highlights of the media's coverage of Barnes Hospital during the last month are as follows. Readers desiring a photocopy of newspaper or magazine articles about Barnes should contact the public relations department at (314) 362-5290.

Television

Several Barnes/WU cancer specialists were interviewed for a five-part series on cancer and innovative treatments that have resulted in personal "success stories." Drs. Andrew E. Galakatos, gynecologist; Jay M. Marion, oncologist; John M. Redwinek, radiation oncologist; Donald G. Sessions, otolaryngologist, and Iza J. Kodner, colon and rectal surgeon, discussed recent advances for the series, called "Cancer Winners," that will air this month. Nurse specialist Paula Goldberg was also interviewed.

Dr. Barbel Holtmann, Barnes/WU plastic surgeon, discussed breast reconstruction after mastectomy October 18 on KSDK's new talk show "In Touch."

In a recent KSDK segment, Dr. Anthony Kulczycki, Barnes/WU immunologist, discussed the dangers of dryer fabric softeners that can adversely affect asthmatic patients.

Safety director Ed Thurman discusses fire safety and prevention with KSDK's Tom O'Neal.

Safety director Ed Thurman was interviewed about fire safety and prevention for an October 12 "cover story" on KSDK. Reporter Tom O'Neal also interviewed laboratory employee Donna Wintergale, administrative secretary Peggy Palacios and photographer Tom Morton for the segment. Background footage included laboratory employees dousing a fire during the "hands-on" training session conducted by Mr. Thurman and the department of education and training as part of Fire Prevention Week, October 9-15.

KSDK business reporter Alec Sirken interviewed Dr. John S. Daniels, Barnes/WU physician, for a recent segment comparing two commonly prescribed drugs for ulcers.

KTVI's medical reporter Kathryn Pratt interviewed hospital president Robert E. Frank and Barnes/WU orthopedic surgeon Dr. Robert Shively for an October story on outpatient surgery.

Respiratory therapy director Bob Karch discussed pulmonary function tests with KMOX medical reporter Al Wiman for a September 29 segment highlighting Barnes participation in the National Respiratory Therapy Week.

Radio

Several Barnes/WU doctors were interviewed for a nine-part cancer series that aired in late October on KMOX. Drs. Virgil Loeb, oncologist; Alex E. Denes, oncologist; Gordon Phillips, oncologist, and Gordon Philpott, general surgeon, discussed recent innovations in cancer treatment.

Burn unit head nurse Bev Weber discussed burn care with KXOK for an October segment.

Dr. Michael J. Gast, Barnes/WU obstetrician/gynecologist, was interviewed by KMOX for a September 28 "At Your Service" program on the herpes epidemic.

Jeanne Evans, Barnes volunteer, discussed the unique services offered to both patients and doctors through the Cancer Information Center for a recent segment on KSDK's "Gloria Sawyer's Journal."

Print

Richard Beauchamp, Barnes perfusionist, was featured in an article in the October 22-23 issue of the St. Louis Globe-Democrat's Magazine. Written by Mary Kimbrough, the cover story highlighted the contributions that Mr. Beauchamp, and other members of his profession, have made to cardiothoracic surgery. Perfusionists are responsible for stopping the patient's heart and regulating his blood and oxygen levels through the heart-lung machine during open-heart surgery.

Peg Tichacek, planning coordinator, discussed Barnes' participation in economic grand rounds, an innovative program in which doctors discuss cost-savings methods on a case-by-case basis, for an upcoming issue of the Cost Containment Newsletter, which is published in New York.

Dr. Saul Boyarsky, Barnes/WU urologic surgeon, was interviewed for an October 10 article on penile implants as a treatment for impotence that appeared in the Belleville News-Democrat.

Drs. Allan E. Kolker, Glen P. Johnatos and Robert Drews, Barnes/WU ophthalmologists, discussed the YAG laser for a October 10 article in the St. Louis Post-Dispatch. The most common use for the YAG will be for cataract procedures, said Dr. Kolker, although he expects applications to expand rapidly.

Dr. John D. Vavra, Barnes/WU physician; Virgil Loeb, Barnes/WU oncologist, and Hugh Chaplin, Jr., Barnes/WU physician, were interviewed for an October 7 article on the Living Will in the St. Louis Globe-Democrat. Living Wills are documents that request that no artificial means of preserving or extending life be implemented in the case of serious illness when there is no hope of "meaningful recovery."

Surgical nursing director Cay Doerrer, post-anesthesia recovery room head nurse Bea Waddell and cardiothoracic surgery intensive care unit RN Judy Koprowski were interviewed for a September 28 full-page feature in the North County Journal. The story, titled "Nurses See Other Side Of Barnes Open Heart Surgery," discussed their experiences as both nursing professionals and open-heart surgery patients.

The success of laser treatment in combating presumed ocular histoplasmosis, a disease that is the second leading cause of blindness in young people living in the Mississippian and Ohio River Valleys, was the subject of recent articles in the St. Louis Post-Dispatch and Globe-Democrat. Drs. Dean Burgess and Joseph R. Oik, Barnes/WU ophthalmologists, were interviewed for the articles.

Hospital vice-president Rosemarie Dunn was interviewed by the St. Louis Globe-Democrat for a September 19 article on protecting the confidentiality of medical records in the computer age.

Barnes security officer saves fellow guardsman

When a fellow national guardsman lost consciousness during the fifth day of annual training in the Arkansas sun at Fort Chaffee this summer, an apparent victim of heat stroke, the years of first aid training both in the service and on-the-job at Barnes catapulted sergeant Michael Maxey into action.

"You're trained for this: you know what to do. Now do it!" was the lecture Sgt. Maxey, who is also a Barnes security department communications officer, used to steel his resolve as he began to administer emergency care in the 90 degree-plus heat. The entire company was dressed in full MOPP gear, which includes protective suit, rubber boots, gloves, helmet and gas mask that would be used to enter a contaminated area.

Sgt. Maxey removed the stricken guard's helmet and mask and loosened his clothing. He immediately began cooling him down with water and radiocid for help. The victim's pulse was weak and his respiration was extremely shallow. Shortly after the unit's medic arrived, the victim stopped breathing. Sgt. Maxey and the medic quickly began administering cardio-pulmonary resuscitation (CPR).

The rescuers had to start CPR three more times and treat for shock, first in the back of a dump truck and then in the rear end of an army jeep as they raced to the heliport to meet a waiting air ambulance. Two hours after the victim was diagnosed as suffering from heat stroke, a potentially life-threatening condition, Sgt. Maxey also required treatment, but for physical exhaustion. They were not on the unit, however, as the emergency care provided by Sgt. Maxey not only saved the victim's life, but also helped prevent permanent injury.

On October 23, Sgt. Maxey's quick thinking and actions were rewarded: an army achievement medal was pinned to his lapel in ceremonies held at Jefferson Barracks. Citing Sgt. Maxey's "exemplary" and life-saving actions, Commander Allen D. Wright wrote in his letter of recommendation that "Sgt. Maxey's conduct and leadership has set an example for all to follow."

Lectureship established to honor Dr. Massie

Dr. Bernard Lown, professor of cardiology at Harvard University School of Public Health, delivered the first annual Edward Massie lecture in cardiovascular disease October 4. Dr. Lown, who is president of the International Physicians for the Prevention of Nuclear War, discussed "The Role of the Physician in Confronting the Threat of Nuclear War."

The lecture was established in 1981 to honor Dr. Massie by Dr. Edward Simon of New York and Bernard Shanker of Oklahoma and other grateful patients, colleagues and family members, according to Dr. Peter Corr, chairman of the lectureship's organizational committee and WU associate professor of medicine and pharmacology. The annual lecture will be unique in that it will continue to focus on social issues that are relevant to medicine, Dr. Corr said.

Dr. Massie has served on the Barnes/WU staff since 1939. He was named an associate physician in 1972 and physician in 1975. Dr. Massie served as director of the Barnes heart station (now the cardiac diagnostic laboratory) from 1941 to 1974. He has published numerous books and articles on various aspects of cardiology, including three that will be published this year.
workshop sponsored by St. Elizabeth's Hospital in Belleville, Illinois. Ms. Potter discussed the mechanisms and nursing management of shock.

Dr. George M. Bohigian, Barnes/WU ophthalmologist, has been elected to serve a three-year term on the American Medical Association's Council on Scientific Affairs. He was elected to the 11-man council at the association’s annual meeting June 19-23 in Chicago, Illinois.

Gifts to Barnes Hospital

Listed below are the names of persons (honorees in boldface) who have made contributions during the period September 9 to October 7 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Auxiliary Tribute Fund

IN MEMORY OF:
Joseph Alanzo
William & Dorothy Ceretta

William A. Border
M/M John K. Lilly

Mary Burton
Barnes Hospital Auxiliary

Bernal M. Connott
M/M Francis B. Brock-Jones
M/M Richard B. Brock-Jones
M/Jerry P. Brock-Jones
M/M Norman Hoffman
M/M Al Rennert
First Christian Church
L. E. & Billie Hansberger
Marathon Petroleum Co.

Carla Davis
Mary T. DeFrank

Mary E. Feely
Jerry & Susan Marcus
(Reach to Recovery)

Louise Goldbeck
Alice & Don Donahue

Mrs. Paul O. Hagemann
D/H M. C. Schwartz

Oscar Johnson
M/M Henry Rand

Florence W. Knowlton
Mrs. E. O. Atkinson
James & Lucille Barrow
D/M Richard Bradley
Thelma & Russell DeRosa
Howard L. Finney, Jr.
M/M Joe Garbaldi
M. C. Gerk
Staff of Carrie Ellison
Getman Home
Lago Mare of Naples, Inc.
D/M Robert Lund
M/M Leon Margulis
Mrs. Martin W. Marion
Lawrence W. O'Neal, M.D.
D/M H. K. Roberts

M/M Charles Good
Mabel R. Greuter
M/M Joe B. Hale
Steve Heicinski
Harvey O. Jones
Icie L. McNeal

Judge James H. Meredith
Henry Mezyk
Albert O'Brien
D/M James Pennoyer
Grace L. Petkas
Ronald Ricker
Mrs. Andrew Sansone
Lester Smissman

Mary P. Stern
Doris Stevenson
Bill & Joyce Tearney
M/M E. W. Sunder, Jr.
M/M William Van Buren
William B. Wind

IN MEMORY OF:
Dorothy Brody
Elliott & Susie Brody & Family (for cancer care)

Mary Nolan
Andrew J. Nolan

Patient Care Fund

James N. Busch, Jr.
S. Carlos Byasse
R. Graydon Cochran
Rebecca Cohen
Ruth Curtis Davis
G. E. Fishwick
Tom Griffin
Ray E. Hembrough
Helen Horak
Dorothy M. Israel
Gertrude Jones
Mary D. Mann
Raymond F. McCormick
M/M Howard McCreary
Clifford & Helen Michael
Linda M. Mitchell
M/M Robert A. Ridgway
Mrs. William T. Saunders
Robert A. K. Smith
Michael Snellen
Patricia Snowden

Edward R. Sparr
Walter E. Thompson
Carmen Weber
Joseph A. Wotcho

IN MEMORY OF:
Fred Spears' Birthday
Mrs. Fred Spears
(for cancer research)

IN HONOR OF:
Dr. James Walsh
Dr. Bruce Walz
Mrs. Fred Spears
(for cancer research)

Barnes Hospital Food Service & Nursing Service
Rose Sheffler

John G. Burton Memorial Fund

IN MEMORY OF:
Mary S. Burton
Mary H. Alexander
M/M Clarence C. Barksdale
M/M Robert G. Bell
The Boatmen's National Bank of St. Louis
Employees of the Trust Department
Mrs. John R. Brightman
Clark Cox
Mrs. E. R. Culver, Jr.
Mrs. R. L. Curtis
Mrs. Lewis D. Dozier, Jr.
M/M Howard Elliott
Mrs. J. M. Hagerty
D/M John E. Hobbs
M/M Jim Hubbard
Mrs. Robert F. Knight

Mrs. Wilfred F. Long
Mary Institute
Audrey H. Miller
Mrs. Laurence C. Platt
Helen H. Powers
Marian Rohrer
M/M Ray E. Rowland
Katharine Schroth
M/M Donald & Mrs. Franklyn S. Seyfarth
M/M Paul A. Shipman
Josephine Tarrant
M/M William M.
VanCleve
Mrs. Wendell G. Scott
M/M Robert A. Wood
Mary H. Zelle

Arthur H. Stein Memorial Fund

IN MEMORY OF:
Florence W. Knowlton
Mrs. Arthur H. Stein, Jr.

IN MEMORY OF:
Max German & Marie Cohen
Mildred Feldman

IN MEMORY OF:
Joan Karvinen's Father
Barnes Hospital Nursing Office

Sharon Morad Memorial Fund

IN MEMORY OF:
The Bishop Family

The Mickey Fund
Ruth H. Vance

Dr. Levin presented, Dr. Levin honored, at ADA annual meeting

Linda Gobberdiel, associate director of clinical service for Barnes Hospital’s dietetics department, presented the coveted Marjorie Hulsizer Copher Memorial Award and Dr. Marvin E. Levin, Barnes/WU endocrinologist and diabetes specialist, was installed as an honorary member at the Annual Business Meeting of the American Dietetic Association held September 13 in Anaheim, California.

Mrs. Gobberdiel presented the Copher Award, the highest recognition given to a member of the ADA, to Beatrice Donaldson David, a recent retiree from the faculty of the University of Wisconsin-Madison. The Copher Award was established in 1944 by the late Dr. Glover Copher, former Barnes/WU physician, to honor his wife’s distinguished career as a Barnes dietician and her service during World War I.

Dr. Levin was also commended at the association’s annual meeting, as he was formally installed as an honorary ADA member and given a plaque thanking him for his support and contributions to the field of dietetics.

Dr. Levin received the honor in “recognition of his distinguished career as physician, clinical investigator, educator, author and volunteer” and for “his advocacy of the Registered Dietitian as the primary provider of nutrition information.” Dr. Levin was also praised for “his tireless dedication to his patients” and “his firm commitment to the team approach to medical care.”

Hospital notes

The following are reported on staff: Dr. Jeffrey Kaine, assistant physician, effective August 5, and Dr. Dennis J. Plesons, assistant physician, effective August 22.

Dr. Ronald G. Evans, Barnes radiologist-in-chief and head of the Mallinckrodt Institute of Radiology, delivered the 40th Annual Carman Lecture October 18 for the Greater St. Louis Society of Radiologists and the St. Louis Metropolitan Medical Society.

Dr. Bruce L. McClenann, Barnes/WU radiologist, has been named a 1983 fellow of the American College of Radiology.

Patricia Potter, clinical director of surgical nursing, was guest speaker at a staff development workshop sponsored by St. Elizabeth’s Hospital in Belleville, Illinois. Ms. Potter discussed the mechanisms and nursing management of shock.

Dr. George M. Bohigian, Barnes/WU ophthalmologist, has been elected to serve a three-year term on the American Medical Association’s Council on Scientific Affairs. He was elected to the 11-man council at the association’s annual meeting June 19-23 in Chicago, Illinois.

Gifts to Barnes Hospital

Listed below are the names of persons (honorees in boldface) who have made contributions during the period September 9 to October 7 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Auxiliary Tribute Fund

IN MEMORY OF:
Joseph Alanzo
William & Dorothy Ceretta

William A. Border
M/M John K. Lilly

Mary Burton
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7
Barnes phone numbers changing this month

Barnes Hospital phone numbers really are going to change this month, after a two-month delay caused by the strike earlier this fall by telephone company workers. The general number will be 362-5000. Numbers for doctors and individual departments may be obtained from the new telephone book or from the information operator.

The emergency department phone number will be 362-2604. Other important phone numbers that are changing include: employment office, 362-7838; education and training, 362-1443; patient information, 362-5460; executive physicals program, 362-2255; memorial funds, development, 362-5196; public relations, 362-5290; School of Nursing, 362-1571; speakers bureau, 362-5290, and volunteers, 362-5326.

The toll-free doctor referral numbers will remain the same with 1-800-392-0936 serving outstate Missouri, and 1-800-325-0737 serving the surrounding states. The doctor referral number for the St. Louis area is changing to 362-2255.