Vice-president hired; administrative areas are restructured

Robert V. Deen, formerly of the Harris Methodist Health Services in Forth Worth, Texas, has been named a vice-president of Barnes Hospital, while vice-president Robert Shircliff and associate administrator Mark Weber and Thomas Denton have assumed new responsibilities. The recent organizational changes were necessitated by the December 30 retirement of vice-president Dillon Trulove and the earlier departure of assistant administrator Allyn O'Byrne.

Mr. Deen's responsibilities include laundry, dispatch, pharmacy, central service, purchasing and the supply, print shop and forms design group. He most recently served as senior vice-president for data services and vice-president for technical support for Harris Methodist Health Services, which he joined in 1974 as an administrative assistant.

Mr. Deen holds a master's in health administration and planning from the Washington University School of Medicine and bachelor's degree in business administration with a concentration in accounting from Texas Christian University in Fort Worth.

In other organizational changes, vice-president Robert Shircliff has assumed responsibility for the housekeeping department and for developing a new department to handle ongoing construction projects. He will continue to oversee emergency, clinics, plant engineering, biomedical engineering, chaplaincy and activity therapy.

Associate administrator Mark Weber's responsibilities now include admitting and social service, for-
Variety, value highlight new restaurant menu

Seafood fettucini, lobster, London broil and veal picata are just some of the Epicurean delights now gracing the menu of Barnes Hospital's Tower Restaurant, which recently came under the reins of the hospital's dietetic department.

The menu was revised after extensive marketing research to better meet the needs of Barnes patients, visitors and medical and professional staff, according to Gil Sherman, director of dietetics. "Our goal is to provide quality food and fast, courteous service in a quiet, comfortable atmosphere and at a good price," he said. "The Tower Restaurant is the perfect place for people to get away from the hustle and bustle of the hospital."

Prices for the dinner entrees listed above range from $6.25 for the seafood fettucini to $14.95 for the lobster. Also included in the dinner menu is filet mignon ($8.25 and $10.95), shrimp tempura ($8.95), baked fillet of sole ($5.75), fettucini Alfredo ($4.25) and breaded chicken ($6.75). All dinner entrees are served with warm roll and butter, plus choice of soup or Tower salad and choice of fresh vegetable, baked potato, rice or French fries.

The dinner menu also includes "light" meals such as eggs Benedict with choice of soup or salad ($4.25), croissant sandwich platter ($4.75) and chef salad ($3.75). Appetizers include French onion soup ($2.25), stuffed mushroom caps ($2.95) and spinach salad ($2.25), while the dessert menu features a daily special, fresh baked pie and two new additions, the dymoniter (vanilla ice cream on chocolate brownie topped with hot fudge sauce and whipped topping) for $2.60) and the riverboat gambler (banana split for $3.)

French fries and light entrees such as eggs benedict or spinach salad are also available during lunch. A new breakfast menu specializes in eggs benedict and fresh omelettes and offers such standard fare as fruit or plain pancakes, French toast ($1.95 each) and side orders of any style egg, hash brown potatoes, bacon, ham or sausage, plus hot and cold cereals and a variety of fruit juices.

The Tower Restaurant's weekday service hours are: breakfast, 7 to 11 a.m.; lunch, 11 a.m. to 2 p.m. (main dining room) and dinner, 5 to 8:30 p.m. Lunch is also served in the parkside dining room weekdays from 2 to 5 p.m., providing patrons with a quiet place to enjoy a cup of coffee or snack. Carryouts, catering and room service are also available. Weekend service hours are: lunch, 11:30 a.m. to 5 p.m., and dinner, 5 to 8:30 p.m. The lounge is open from 11:30 a.m. to 9 p.m., Monday through Saturday.

The Tower Restaurant, which overlooks scenic Forest Park and affords one of the best views in St. Louis, is located on the seventeenth floor of Queeny Tower.

Weight loss program begins February 14

A revitalized weight loss program that will help participants lose weight and keep the excess pounds off is beginning February 14 at Barnes. Coordinated through the department of education and training, the six-week program includes an individualized diet plan, exercises and a psychological approach to weight loss aimed at changing behaviors that lead to overeating.

The program is taught by St. Louis psychotherapists Al Barton and Harry Bradley, both of whom have expertise in behavioral approaches to addiction problems. Cost for the program is $75, which includes a follow-up session three months after the completion date. For more information, call 362-5636.

Study here shows lowering cholesterol cuts heart attack rate

Lowering the level of cholesterol in the bloodstream can greatly reduce the incidence of heart disease and the risk of heart attack and other potentially fatal complications, according to the results of a 10-year study conducted at the Lipid Research Center (LRC) here and at 12 other sites nationwide. The results wereounced by Dr. Gustav Schonfeld, Barnes physician and director of the LRC, at a press conference held January 12 at the Washington University School of Medicine.

According to the double-blind study, which was funded by the National Institutes of Health and followed 3,806 men, aged 35 to 59, all with elevated cholesterol levels, a 13.4 percent reduction in total cholesterol resulted in a 19 percent reduction in risk of coronary heart disease deaths and/or non-fatal heart attacks.

In general, each 1 percent fall in cholesterol was associated with a 2 percent reduction in the rate of heart attack. Subsequently, a 25 percent reduction in cholesterol through a combination of diet and drug therapy cut the rate of heart attack in half.

The study should put an end to the cholesterol controversy, according to Dr. Schonfeld, as it statistically proves what researchers have long suspected: "We've known for a long time that high cholesterol levels resulted in a higher incidence of heart disease, but, until now, we haven't known that the reverse was also true," Dr. Schonfeld said.

Editor's note: As the Bulletin was going to press, we learned that Florence Hess died January 19 at home of an apparent heart attack. A U.S. Army veteran, she was buried at Jefferson Barracks, and is survived by a son, John Kakauris, of St. Louis. She will be missed.

Evelyn Bonander

Evelyn Bonander to head social work society

Evelyn W. Bonander, Barnes social work department director, has been elected president of the American Hospital Association's Society of Hospital Social Work Directors (SHSWD), effective January 1.

An active member of SHSWD since 1972, Ms. Bonander has been a member of the SHSWD board of directors since 1977 and served as chapter president of the Greater St. Louis Area Chapter of SHSWD from 1977-78. She has directed Barnes' social work department since 1971.

SHSWD is a non-profit association that serves as a national advocate for hospitals, provides education and information for its members and informs the public about hospital and health care issues.
William Doty named director of marketing

William H. Doty has been named director of marketing. In that position, he will be working closely with hospital president Robert E. Frank in product development and in designing and implementing marketing strategies.

Mr. Doty comes to Barnes from the Bank Building Corporation, where he served as director of corporate planning. His responsibilities included the development and implementation of planning programs and systems, strategic marketing, market analysis and forecasting and preparing market reports for the company's board of directors. Prior to that, he served as director of marketing planning for the Venture Management Group of Ralston Purina Company.

Mr. Doty holds a master's in business administration with an emphasis in marketing and finance from Washington University and a bachelor's degree in chemistry and biology from Monmouth College in Monmouth, Illinois.

Patients travel far for sight-saving surgery

Cataract removal followed by an intra-ocular lens implant is taken for granted in the United States, at least in major metropolitan areas like St. Louis, but in some countries this sight-saving procedure is not readily available, if at all.

Evaristo and Placidia Roncal and Mohammed Ali are three recent Barnes patients who could attest to this fact: the Roncals traveled from Bolivia for the surgery, while Mr. Ali journeyed here from Bangladesh. All three learned of Barnes through relatives who referred them to Dr. Lawrence A. Gans, director of ophthalmology.

In Bangladesh, Mr. Ali found himself confronted with a similar situation: while cataract surgery was available, the intra-ocular lens implant was not. Mr. Ali, who is the Secretary of Food for the government of Bangladesh, a republic in the British Commonwealth, contacted his son, Fagal Ali, who is a graduate student in electrical engineering at Washington University. The younger Ali's doctor referred him to Dr. Jack Hartstein, Barnes/WU ophthalmologist.

Mr. Ali's cataract was very dense and completely obstructing vision," said Dr. Hartstein, who performed the surgery January 6. The immediate results of the surgery, one of the most exciting aspects of IOLs, were promising: Mr. Ali can now see well out of his right eye, as well as his non-diseased left.

EAP started to assist troubled employees

Barnes Hospital has implemented an employee assistance program (EAP) that will act as an information and referral service for employees whose personal problems are having a negative effect on their job performance. Linda Billington, a professional therapist who has extensive experience in marriage, family and substance abuse counseling and EAPs, has been hired as the program's coordinator.

"Everyone always says that problems at home or other concerns shouldn't interfere with work, and they're right, they shouldn't. But, the fact of the matter is that almost everyone's do," said Thomas Denton, associate administrator and director of human resources. "The EAP will refer employees to the resources, both professional and non-professional, that exist in the community to help solve problems of this nature."

Employees may enter into the program either on a voluntary, self-referral basis or through the recommendation of their supervisor as an alternative to disciplinary action.

"Any employee who wishes to voluntarily visit or contact the EAP should do so with an absolute assurance of confidentiality," said Mr. Denton. "The only two people who will know about the contact will be the employee and the EAP coordinator."

For those employees who are referred into the program, such absolute confidentiality may not be possible, said Mr. Denton. "If an employee is given the option of either a visit with the EAP coordinator or disciplinary action, then obviously his boss will need to know whether or not that employee comes," he said. "However, in all such instances, this will be discussed with the employee in advance."

The EAP is being initiated for both humanitarian and financial reasons, according to Mr. Denton. "The only two people who will know about the contact will be the employee and the EAP coordinator."

Dr. Walker, Dr. Xian and Dr. Owens pause before making rounds in the surgical intensive care unit.

Chinese anesthesiologist here for one-year visit

A two-year dream to study at Barnes Hospital and the Washington University School of Medicine has become a reality for Dr. Kuang Xian, professor of anesthesiology at Kunming Medical College and staff anesthesiologist for the First Affiliated Hospital in Kunming, Yunnan Province, China.

Through the combined efforts of Dr. William D. Owens, Barnes acting anesthesiologist-in-chief and acting head of the WUMS division of anesthesiology, and Dr. Willard B. Walker, Barnes/WU vascular surgeon, Dr. Xian arrived in St. Louis November 16, ready to begin a year's study here. Dr. Xian's interest in Barnes/WU was sparked by an earlier visit to his country by Dr. Walker, who was a guest lecturer at Kunming Medical College in 1982.

During his tenure here, Dr. Xian will be observing clinical procedures, conducting research into anesthesia during open-heart surgery and serving as a guest lecturer in anesthesiology for WUMS.

"I'm also hoping to gain insight into how American medical college students study anesthesiology," said Dr. Xian, "and to use this information in training our own students."
CDL medical director Dr. Edward M. Geltman checks an abnormal rhythm on an ECG. The CDL's cardiologists and fellows provide medical expertise.

His standard Saturday golf game at the club with "the boys" proved to be relaxing and allowed Bill, a 54-year-old executive, to put aside mounting paperwork for a few hours. Occasionally, he noticed mild waves of pressure in his chest accompanied by a sudden shortness of breath and a slight tingling sensation in his left arm.

The pain lasted only a couple of minutes, however, and Bill quickly dismissed the pressure and slight fatigue as the result of too many years of heavy smoking. Vowing to cut down, he continued his game without a second thought. Yet, during the ensuing months, the same symptoms recurred whenever Bill overexerted himself. Concerned, he called his internist, who, recognizing the signals of potential heart disease, referred him to the Barnes Hospital Cardiac Diagnostic Laboratory (CDL) for a series of cardiac testing.

An electrocardiogram and stress test indicated a build-up of plaque and other fatty substances within the artery walls. Stress nuclear studies then confirmed the diagnosis and helped doctors determine the severity of the problem. Bill was lucky. Early detection and treatment in the form of medication, change of diet and an exercise program tailored to meet his specific needs has reduced his symptoms and may have halted the progress of heart disease and lowered the risk of heart attack.

A full range of diagnostic procedures are available in Barnes CDL, including stress testing, ECGs, doppler and holter monitoring.

Shortness of breath, fatigue, palpitations, numbness or tingling in the arm, choking, indigestion; these are the symptoms of heart disease, the number one killer nationwide.

Heart disease, damage from heart attack and other malfunctions of the heart are being detected earlier and without risk or pain to the patient through a full range of non-surgical diagnostic procedures at Barnes CDL. Long a front-runner in non-invasive cardiac testing, Barnes CDL handles approximately 60,000 such procedures a year ranging in complexity from the most basic electrocardiogram (ECG) to highly advanced doppler techniques, which allow cardiologists to see and hear the velocity and turbulence of blood flowing through the heart without surgery.

Located on the ground floor of Barnes West Pavilion, the CDL houses facilities for ECGs (including a fleet of portable carts that service inpatients), stress testing, m-mode and two-dimensional echocardiograms, phonocardiograms, vectorcardiograms and doppler. Holter monitoring, a portable ECG machine that records the heart's rhythms for a 10-, 24- or 48-hour period is also available. Each test is designed to provide cardiologists insight into an individual patient's condition.

"Our people are highly trained and their performance is reviewed on a quarterly basis," says Henry E. Blamy, Sr., CDL technical director. "We pride ourselves on being professionals. The patient is our number one priority. We talk a lot about that in the department and I think it shows."

A newly acquired computer system, technology that is considered state-of-the-art, is adding to the CDL's capabilities by providing cardiologists with a more accurate first analysis of ECGs and by allowing outlying hospitals and doctors' offices to transmit ECGs recorded at their institutions to CDL for analysis.

Personal care and caring are important aspects of Barnes CDL, which gives cardiologists valuable information about the inner workings of the heart through non-surgical tests and procedures. Here CDL supervisor Carol Smith explains the 2-dimensional echocardiogram procedure to a patient.
A state-of-the-art computer system is allowing outlying hospitals and doctors offices to transmit ECGs via telephone lines for interpretation. Here technical director Henry E. Blamy assists technician Dorcas Harris in editing an ECG tracing.
Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. In 1983, more than 900 queries from broadcast and print media representatives were made to the hospital requesting that Barnes medical and professional staff elucidate current health care concerns and discoveries. Highlights of the media’s coverage of Barnes during the last month include:

Television
Kidney transplantation and the success of a relatively new technique in which blood from the kidney donor is given to the kidney recipient prior to the transplant to act as a deterrent to organ rejection was the subject of a two-part series that aired January 12 and 13 on KMOX. Dr. Charles B. Anderson and Dr. Gregorio A. Sicard, Barnes/WU surgeons and members of the hospital’s kidney transplant team, were interviewed for the story and videotaped during surgery.

Dr. Norman Fishman, Barnes/WU endocrinologist, was interviewed by KTVI’s Kathy Pratt for a January 18 segment on appetite control. The segment was part of a three-week series on diet and exercise.

KSDK reporter Tom O’Neal interviewed Dr. Leroy V. Young, Barnes/WU plastic surgeon, about hair- flap transfers, a surgical treatment for baldness, for a January 3 segment.

Dr. John S. Daniels, Barnes/WU physician and KSDK medical reporter, interviewed Dr. John T. Bigelow of Barnes/WU psychiatry, about depression and electroshock therapy for a January 3 segment.

Radio
Dr. Allan S. Jaffe, director of Barnes cardiac care unit, was interviewed by KMOX for a January 6 segment. Dr. Jaffe discussed propanolol (Inderal), a drug that is used to stabilize the heart beat and to control high blood pressure.

Print
Dr. Robert M. Bruce, Barnes/WU pulmonary specialist, was interviewed by the St. Louis Post-Dispatch for a feature article on carbon monoxide poisoning, “winter’s quiet killer.” Dr. Bruce pointed out that many carbon monoxide victims simply don’t realize that the headaches and nausea they’re experiencing are not attributable to the flu or other illness and that as the poisoning progresses, confusion sets in making it difficult for victims to seek help.

Dr. Barry A. Siegel, Barnes/WU radiologist and head of the Barnes division of nuclear medicine, was interviewed by the Suburban Journals for a feature article discussing the aftereffects of a nuclear disaster. Dr. Siegel discussed the inability either to prepare for or to respond effectively to a full-scale nuclear war, citing the limited supply of doctors, medicine and facilities available to handle such a disaster. The hospital does have a plan of action for a much more limited industrial nuclear accident.

Patient Care Fund lends a helping hand
Although financial forecasters are predicting a brighter economic future for 1984, the impact of the recent recession exerted a squeeze on the billing middle class that, when coupled with a catastrophic illness such as cancer or heart disease, can create an insurmountable financial burden.

Such people, many of whom either have health insurance or have recently lost it and are no longer insurable because of their illness, can become medically indigent. Their repeated hospitalizations can exhaust health insurance benefits and can wipe out hard-won savings and retirement accounts.

At Barnes, a unique concept in soliciting donations and giving aid, the Patient Care Fund, is helping many of these medically indigent patients and their families get back on their financial feel by paying part or all of the portion of their hospital bill that is not covered by insurance.

“The fund was started in 1975 to help private patients who normally don’t qualify for public aid,” said Jim Hubbard, assistant administrator and director of development. “These are the people who would normally fall through the cracks in terms of assistance: they may have insurance, but it is not enough to accommodate an illness or injury of this kind.”

In 1983, 46 patients and their families were helped through the Patient Care Fund with a total of $68,367 given in aid. Thirteen other cases are still being reviewed by the Patient Care Fund committee. The amount of assistance ranged from $88 to the maximum $3,000.

“One of the criteria for acceptance into the program is that a little help will make a difference,” said Evelyn Bonander, director of Barnes social work department and committee member. “Often just a little assistance can help those who are financially strapped to get over the hurdle and to ensure that if another hospitalization is required, they’ll be able to afford it.”

The patients helped in 1983 ranged from a 13-year-old victim of congenital glaucoma whose blue-collar family was struggling under the burden of repeated hospitalizations and mounting debts resulting from the 20 percent not covered by insurance to a 64-year-old man who had been forced to take an early retirement because of heart disease and whose savings account was completely depleted by his medical bills. This gentle man had hoped to pay his bills by selling his home, long paid for, but a recently discovered Dioxin site near his property made it virtually worthless.

“Many of the people we deal with have never asked for help before and are embarrassed about it,” said Ms. Bonander. “They’re down anyway because they’re sick, and the financial problems simply add insult to injury.”

Help is also given to the survivors of a patient who dies from cancer or another chronic illness and who must now deal both with their own grief and the dismal prospect of a lifetime of paying off accrued medical bills. “The fund tries to help out in these circumstances, particularly when this happens to a young couple and children are involved,” said Ms. Bonander.

Efforts are also made to gain “forgiveness” of certain debts or a portion of the doctor’s bill or the charges for such ancillary services as radiology and anesthesiology, which are billed separately through the Washington University School of Medicine. Many of the cases that are reviewed by the Patient Care Fund committee and are not deemed suitable are still helped by either referral to public aid or by allowing them to make special payment arrangements through patient accounts.

All of the money distributed through the Patient Care Fund comes from the personal donations of former patients, their families and other concerned people. Every dollar donated is given directly to patients, said Mr. Hubbard, with no amount withdrawn to cover administrative costs.

Donations may be made to the hospital’s Patient Care Fund through the development office. MasterCard and Visa charge cards are accepted. For more information, call Mr. Hubbard at 362-5196.

Triplets born Dec. 16

Mary Reister poses with her triplets, Christina Lynn, Stephanie Kay and Karen Elaine, who arrived just in time for Christmas. The triplets, who were delivered at Barnes by Cesarean section on December 16, weighed 5 lbs., 5 oz.; 4 lbs, 8V2 oz., and 4 lbs., 10 oz. Not shown here is the proud father, Scott Reister, who is a telecommunications specialist in the United States Air Force. Triplets occur only once in every 8,000 pregnancies and the Reister babies were the fourth such birth at Barnes in 1983.
Anonymous
M/M Charles Castron
Wilma L. Crombar
Martha Dickmann
Max Oye, Jr.
Mildred Frazz
Debra Fuhrmann
Peggy Gill
Titte Gullum
C. D. Hoffman
Harold M. Hohne
Darlene Holder
E. C. & Virginia Huppert
H. Katsev
M/M Harold Kramplert
M/M Herbert F. Lewis
Evangelos Missas
M/D Charles Longwell
M/M Harold Sheehan
Dorothy Starlz
M/M Russell Scheufele
Dorothy A. Schnare
Robert Schatz
M/M Gideon H. Schiller
JeanSchopenhaft
M/M William F. Schroeder
Maurice E. Schuler
Marshall Schulte
Edward E. Schwartz
Forest D. L. & Lea A. Sears
Trust
Ed Scharia
MRS. Franklin F. Seyfarth
Thomas J. Shannahan
Vida L. Sharp
Harry Sheehorn
M/M Silver
M/M Michael C. Simmons
Earl A. Sindecuse
Lester Smisek
Elmer E. Smith
M/M Leon R. Smith
M/M Paul R. Sokolich
John J. Snyder
Robert J. Sorcombe
H. C. Soldner
M/M Cecil E. Stricker
J. Summerville
M/M Peter H. Sawyer
Mary E. Thomas
W. C. Thuman
Harold Toler
Irwin E. Tober
Lester V. Tober
M/M Donald Tullio
MRS. John E. Verral
Jacob L. Woolf
M/M Hoo L. Watkins
Almeda M. Watson
John William Walter
Olivia Lee Weaver
M/M Charles J. Webb
Kenneth W. Whitsitt
Arthur Warner, Jr.
Joseph E. West
Catherine Whipple
George H. Wehee, Jr.
M/M Michael J. Wieland
William W. White
M/M William Witherpoon Warren & June Wobbled
Mrs. Clarence C. Wofle
Arthur E. Wright, Jr.
William E. Yates
Richard C. Young
Lucille Zeller
M/M Jerome Zurlene
Sandra S. Zwick

IN MEMORY OF:

D/M Donald Tullio
MRS. John E. Verral
Jacob L. Woolf
M/M Hoo L. Watkins
Almeda M. Watson
John William Walter
Olivia Lee Weaver
M/M Charles J. Webb
Kenneth W. Whitsitt
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Mrs. Clarence C. Wofle
Arthur E. Wright, Jr.
William E. Yates
Richard C. Young
Lucille Zeller
M/M Jerome Zurlene
Sandra S. Zwick

Barnes Hospital Endowment Fund

Dr. Kenneth J. Arnold
Zane E. Berns
William K. Becker
Philip Ball Cady
M/M Gene K. Bear
M. Richard Carlin, M.D.
Donald Cassoutt
Maurice R. Cherbiens
M/D Morris Davidson
Julian J. Edlin
Benjamin F. Edwards, III
David L. Gardner
General Bancshares
Charitable Corp.
Goldie Glenn
George Goldstein
Argo Products
M/M R. C. Gray
Dr. Fleming B. Harper
Leonna Harris
M/M Boardman Jones
James M. Kemper, Jr.
Commerce Bancshares, Inc.

Vit Materka
Ethel Materka

IN HONOR OF:

Dr. J. C. Edwards
Fred Shael

Patient Care Fund

Anonymous
M/M Charles Castron
Wilma L. Crombar
Martha Dickmann
Max Oye, Jr.
Mildred Frazz
Debra Fuhrmann
Peggy Gill
Titte Gullum
C. D. Hoffman
Harold M. Hohne
Darlene Holder
E. C. & Virginia Huppert
H. Katsev
M/M Harold Kramplert
M/M Herbert F. Lewis
Evangelos Missas
M/D Charles Longwell
M/M Harold Sheehan
Dorothy Starlz
M/M Russell Scheufele
Dorothy A. Schnare
Robert Schatz
M/M Gideon H. Schiller
JeanSchopenhaft
M/M William F. Schroeder
Maurice E. Schuler
Marshall Schulte
Edward E. Schwartz
Forest D. L. & Lea A. Sears
Trust
Ed Scharia
MRS. Franklin F. Seyfarth
Thomas J. Shannahan
Vida L. Sharp
Harry Sheehorn
M/M Silver
M/M Michael C. Simmons
Earl A. Sindecuse
Lester Smisek
Elmer E. Smith
M/M Leon R. Smith
M/M Paul R. Sokolich
John J. Snyder
Robert J. Sorcombe
H. C. Soldner
M/M Cecil E. Stricker
J. Summerville
M/M Peter H. Sawyer
Mary E. Thomas
W. C. Thuman
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Lester V. Tober
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M/M Michael J. Wieland
William W. White
M/M William Witherpoon Warren & June Wobbled
Mrs. Clarence C. Wofle
Arthur E. Wright, Jr.
William E. Yates
Richard C. Young
Lucille Zeller
M/M Jerome Zurlene
Sandra S. Zwick

IN MEMORY OF:

Emily & George Curtis (for cancer research)
M/M Robert W. Tonn
Darlene Holder

Barnes Cancer Research Fund

Dr. John J. Arnold
Zane E. Berns
William K. Becker
Philip Ball Cady
M/M Gene K. Bear
M. Richard Carlin, M.D.
Donald Cassoutt
Maurice R. Cherbiens
M/D Morris Davidson
Julian J. Edlin
Benjamin F. Edwards, III
David L. Gardner
General Bancshares
Charitable Corp.
Goldie Glenn
George Goldstein
Argo Products
M/M R. C. Gray
Dr. Fleming B. Harper
Leonna Harris
M/M Boardman Jones
James M. Kemper, Jr.
Commerce Bancshares, Inc.

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Activity therapy hosts educational series

Barnes activity therapy department is continuing to host an educational series for patients, family members and the general public on various aspects of mental illness. The bi-monthly sessions provide information on topics such as alcoholism, drug dependency, support groups, manic depression and others.

Upcoming sessions include discussions about patient rights: What are they and how do they affect me? (February 7) Coping with manic depression (February 27) and the Black Alcohol Service and Information Center (March 6).

Each program begins at 7 p.m. and is held in the activity therapy conference room on the 14th floor of the West Pavilion. There is no charge for the sessions. For more information, call activity therapy at 362-5354.