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Amazon tribe's macho ritual takes zing out of caffeine

Millions of Americans start their day with a blast of caffeine to launch them on their way to work. The morning ritual is an ingrained part of American culture. When you compare this ritual, however, with that of the Achuar tribe of Jivaro Indians in the Amazonian rainforest, mornings should be easier to swallow. Each morning at dawn, the adults of this ancient, still intact culture gather like farmers in a coffee shop and drink a highly caffeinated potion their wives make from the leaves of a rainforest holly, Ilex guayusa. For 45 minutes, the men converse while each quaffs more than two quarts of the brew and then, like clockwork, vomits. After five mornings should be easier to swallow. You get a clear, clean caffeine high, as long as you don't get carried away with it.”

Continued on p. 3

Scott Haase is on a mission. He's looking for open-minded individuals who, in his words, can survive without running water or electricity in exchange for living in a different culture.

Haase is the first U.S. Peace Corpsเรบริษัท ที่จะบินจาก Washington University. His position is part of a partnership between the University's Career Center and the Kansas City, Kan., area office of the Peace Corps.

The Peace Corps promotes world peace and friendship by helping poor countries meet their daily needs in fields such as agriculture, small business development, forestry and nutrition. Since formation in 1961, more than 200,000 volunteers have served in more than 90 countries.

Building bridges between cultures

Peace Corps volunteers work to promote world harmony

Lecture examines AIDS crisis, gay rights

Urvashi Vaid will speak on "The AIDS Crisis and Lesbian and Gay Rights" at 11 a.m. Wednesday, Feb. 5, in Graham Chapel. Her lecture, which is part of the University's Assembly Series, is free and open to the public.

Vaid is executive director of the Washington-based National Gay & Lesbian Task Force (NGLTF), a civil rights organization founded in 1973. NGLTF and its 17,000 members and the federal government on a wide range of issues, including health care, military discrimination, immigration policy, freedom of expression, domestic partnership and anti-gay violence. Vaid also heads the NGLTF Policy Institute, an informational clearinghouse and provides technical assistance to individuals and groups throughout the world in a wide range of gay and lesbian civil rights organizations.

Vaid served as NGLTF's public information director for three years until 1989 when she became executive director.

Vaid, who is an attorney, worked from 1983-86 with the American Civil Liberties Union's National LGBTQ Legal Project conducting prisoners' rights litigation in federal courts. She has written and worked on the rights of prisoners with AIDS and HIV virus.

The husband-and-wife ethnobotanical research team, Walter Lewis, Ph.D., and Memory Elvin-Lewis, Ph.D., prepare to drink tea made from holly leaves. Says Elvin-Lewis, "One small cup gives you the best zing you'll ever get. You get a clean, clear caffeine high, as long as you don't get carried away with it."
Auto care, yoga among Campus Y spring programs

Whether it's keeping in shape, sampling foreign cuisine, or learning to be assertive, Washington University's Campus YMCA-YWCA's spring classes offer a variety of programs for just about everyone. Classes are open to all members of the University community who are 16 or older. To sign up or for more information, call the Campus Y at 935-5010.

"Razamajzumaj" consists of stretching and warm-ups, cardiovascular conditioning, intense body toning, and cool-downs all to the sound of Indian drums. This seven-week class begins March 16. Students will learn how a car operates, what warranties do and do not cover, how to tune up and more from an expert mechanic with 15-plus years of experience.

"Workout," a seven-week class for men and women, consists of warm-ups, calories burned, and cool-downs, all to energizing music. Classes meet each week from 8 to 9 p.m. on Mondays and Wednesdays or Tuesdays and Thursdays beginning Feb. 3 or 4 in the Myers Hall basement. An extension class will be offered beginning April 12 to 13. Classes meet twice a week from 8 to 9:30 p.m. on Mondays in Umrath Hall Lounge. 

"Aikido," a five-week class that teaches self-defense techniques derived from several martial arts, begins the week of Feb. 3 at 8 p.m. in the Ki-Aikido Society School, 6006 Pershing Ave. Several dates and time slots are available.

"Yoga" will teach warm-ups and postures that encourage deep breathing, stretching, balance, and relaxation while maintaining the body and enhancing the mind. The class meets for seven weeks from 5:30 to 7 p.m. on Mondays beginning Feb. 5 in the Women's Building, Room 300.

"Assertiveness Training," a four-week class begins Feb. 4. Students will discover better ways to express their own feelings and manage other people's. Classes meet from 6 to 8:30 p.m. on Tuesdays in Umrath Hall Lounge.

"Aikido," a five-week class that teaches self-defense techniques derived from several martial arts, begins the week of Feb. 3 at 8 p.m. in the Ki-Aikido Society School, 6006 Pershing Ave. Several dates and time slots are available.

"Office space was not available. In May 1990, however, Mel Adam, manager of the corps' Kansas City office, pursued the idea again. "We consulted with Deans Harry Kisker and Karen Gobum, who helped us identify available office space," says Brown, noting that Adam was responsible for Washington securing the contract.

Brown says having a Peace Corps representative on campus is important because "traditionally, Washington students have a high level of interest in the Peace Corps." According to a fall 1991 Peace Corps report, the University ranked 36th out of 300 colleges in terms of volunteers produced. Since January 1987, a total of 136 Washington students, alumni and staff have applied to become volunteers. Of those individuals, 24 are being considered for assignments now.

In May of last year, Barbara Zartman, deputy director of the office, visited Washington and met with a number of student leaders and Chancellor William H. Danforth. The Peace Corps is attempting to increase its number of volunteers to 10,000 by 1994, and expand its minority participation from 12 to 15 percent by the same year. "We are trying to extend our outreach to people who may not otherwise realize there are opportunities in the Peace Corps," says Haase. "The ultimate goal is for the Peace Corps to accurately represent the true diversity of the U.S. population."

Haase will conduct a recruiting drive on Jan. 29 and 30 in Mallinckrodt Center. For more information, call Haase at 935-4985.

Black anthology program to be held

To commemorate February's designation as Black History Month, a program titled "Black Anthology: Voices of Black America" will be held at 7 p.m. Sunday, Feb. 2, in Edison Theatre. The public event will cost $5.

The program, sponsored by the Office of Residential Life, will feature students presenting music, dance, narrative histories of Black Americans, and poetry and speeches written by famous blacks, including Frederick Douglass, Ida B. Wells and Margaret Walker.

For more information, call 935-6679.
John W. Clark, Ph.D., professor of physics, gave an invited talk titled “Teaching Neural Networks for Science,” at the International Conference on Structure and Physics from General Systems to the Hotel Santa Caterina in Amalfi, with closing remarks given by Gary N. Bass, a medical research analystatural event by Gary N. Bass. 

Table topics 2

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Lectures

Tuesday, Jan. 30
Noon. Dept. of Genetics Seminar: "Detecting Somatic Malignant Changes by the Analysis of Somatic Genetic Events in Mice." Jan Chervenak, Wu, prof. of pediatrics and medical genetics, University of Pennsylvania School of Medicine.


4 p.m. Dept. of Chemistry Seminar: "The Molecular Basis of Antioxidant Action." William Mathies, prof. of biochemistry and molecular biology.

4 p.m. Assembly Series Presents Committee Organized for Rape Education: "Real Rape." Susan Bates, prof. of obstetrics and gynecology, University of California.

Wednesday, Feb. 5


7:30 p.m. Dept. of Chemistry Seminar: "Ligandophagy in Noloids." Robert Cullum, Wu, prof. of biochemistry.


4 p.m. Dept. of Biochemistry and Molecular Biophysics Seminar: "Mechanics of the Plaque Formation."102 Wilson Medical Sciences Bldg.

4 p.m. Dept. of Biology Seminar, Room 322 Rebstock Hall.

Thursday, Feb. 6

Noon. Dept. of Chemistry Seminar, Hurst Lounge, 201 Duncker Hall.


4 p.m. Dept. of Chemistry Seminar, Hurst Lounge, 201 Duncker Hall.

Friday, Feb. 7
4 p.m. African and Afro-American Studies, 309 Rebstock Hall.

4 p.m. Afro-American and African Studies Seminar, 309 Rebstock Hall.

Lectures

Monday, Feb. 3

5 p.m. Immunology Seminar: "Mechanisms of Immunity to an Encapsulated Virus." Herbert W. Virgin Jr., Wu, prof. of medicine, Division of Infectious Diseases. Third Floor Auditorium, Children's Hospital, 400 Kingshighway.

4 p.m. Dept. of Biology Seminar, Hurst Lounge, 201 Duncker Hall.


Tuesday, Feb. 4
5 p.m. Dept. of Psychology Seminar: "Host Pathogen Interactions in Micobacterial Pathogens." Calendar Deadline

The deadline for submitting items for the Feb. 15 calendar of the Record is noon Jan. 31. Items must be typed and state date, place, nature of event, sponsor and admission costs. Incomplete items will not be accepted. Include speaker's name and identification and the title of the presentation and telephone number. Send items to Marilyn Chill, Box 1070, or by electronic mail to: mchill@wustl.edu.

Performances

Saturday, Feb. 1
8 p.m. Performing Arts Dept., Women's Studies Program Presents: A Lydia Davis Reading. "Blackberries for the Girls." Lydia Davis, prof. of English. Location to be announced.

8 p.m. Filmboard Feature Series: "The Revenge of Style: Stanley Elkin, Storyteller."" The event will be through April in Olin Library. Special Collections, Level 5. Exhibits, 8:30 a.m.-4 p.m., weekdays. For more info., call 935-5494.


"Synaptic Pathology in Diabetic and Aging Rodent Models." John C. W. Paterson, prof. of neurology, University of Colorado.

"The Harrisons' Environmental Projects," John L. Harrington, prof. of physical sciences and an introduction to the Visual Arts. Eric Kemeny, prof. of art history, Gallery of Art, upper gallery, Steinberg Hall.

Exhibits

"Winning Negotiations." Through March 22. Gallery of Art, upper gallery, Steinberg Hall.


"The Revenge of Style: Stanley Elkin, Storyteller." Through April in Olin Library. Special Collections, Level 5. Exhibits, 8:30 a.m.-4 p.m., weekdays. For more info., call 935-5494.


"Evil Dead II." (Also Feb. 8, same time, and Feb. 9 at 7 p.m.) 100 Brown. $3. Midnight films can be seen for a price of $4.

"The Revenge of Style: Stanley Elkin, Storyteller." Through April in Olin Library. Special Collections, Level 5. Exhibits, 8:30 a.m.-4 p.m., weekdays. For more info., call 935-5494.

Music

Sunday, Feb. 2
2 p.m. Dept. of Music Pre-concert: A Piano Recital with American and European music. Featuring faculty pianist, The Black Light Theatre of Prague. (Also Feb. 8 at 2 and 8:30 p.m.) Edition Theater. Cost: $7. For more info., call 935-6544.

Films

Thursday, Jan. 30
7 and 9 p.m. Filmboard Foreign Series Presents: "Double Suicide: The Processing of Desires and Loss in Japanese Cinema." Akira Kurosawa, dir. 8:30 a.m.-4 p.m. Center for the Study of Data and Physical Sciences. Cost: $5 for general public; free with ID. For more info., call 935-6780.

Friday, Jan. 31
7 and 9 p.m. Filmboard Feature Series Presents: "Mr. Dress code Goes to Town." Also Feb. 9 at 9 p.m. Room 100 Brown. $3. Midnight films can be seen for a price of $4.

Saturday, Feb. 2
7 and 9 p.m. Filmboard Classic Series Presents: "Mr. Dress code Goes to Town." Also Feb. 9 at 9 p.m. Room 100 Brown. $3.

Tuesday, Feb. 4
7 and 9 p.m. Filmboard Foreign Series Presents: "Double Suicide: The Processing of Desires and Loss in Japanese Cinema." Akira Kurosawa, dir. 8:30 a.m.-4 p.m. Center for the Study of Data and Physical Sciences. Cost: $5 for general public; free with ID. For more info., call 935-6780.

Miscellany

Saturday, Jan. 30
8:30 a.m.-4 p.m. University College Presents: "The Craft of Writing: Grammar and Usage." Tamal Waliar, news editor, St. Louis Post-Dispatch, and lecturer in communications and journalism, University of Southern California. Cost: $75. For more info., call 935-6788.

Friday, Feb. 6

Saturday, Feb. 8

Author Reginald McKnight to give reading

Reginald McKnight will read from his new book, *The Kind of Light That Shines on Texas* as part of the Young Writers Lecture Series. The reading will be held at 4 p.m. Thursday, Feb. 6, in Hurst Lounge, 201 Duncker Hall. Reginald McKnight, author of the critically acclaimed novel *I Got It on the Bus* and the award-winning short story collection *Light of the World,* has received a tremendous amount of praise for his work. In his new book, McKnight tackles institutional racism and the hollowness of Lyndon Johnson's 1964 "Great Society" as experienced in Waco, Texas.

Publishers Weekly said of the author: "McKnight evokes a quicksand world where survival is a victory." The novel's main character, McKnight's characters, consistently sensitive and serious, try to survive in a world where the bigoted and insensitive are the norm. McKnight is often approached with wariness, racism is endemic, and life is best explained away. For info., call 935-6780.

The event is sponsored by African and Afro-American Studies, the Department of English, the Writing Program and the College of Arts and Sciences. For more information, call 935-5690.

Sports

Friday, Jan. 31
6 p.m. Women's Basketball. Wu, vs. Emory U.

Friday, Feb. 7
8 p.m. Basketball. Wu, vs. Emory U.

Field Hockey

Saturday, Feb. 1
1 p.m. Men's Swimming and Diving. Wu, vs. Wabash College.

Women's Basketball

Saturday, Feb. 1
6 p.m. Women's Basketball. Wu, vs. New York University.

Sunday, Feb. 2
9 p.m. Basketball. Wu, vs. New York University.

Red Light Daredevils

Field Hockey