First report of Klebsiella pneumonia carbapenemase-producing Pseudomonas aeruginosa isolated from burn patients in Iran: Phenotypic and genotypic methods

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First report of Klebsiella pneumonia carbapenemase-producing Pseudomonas aeruginosa isolated from burn patients in Iran: phenotypic and genotypic methods

Erster Bericht über Klebsiella pneumoniae Carbapenemase-bildende Pseudomonas aeruginosa-Stämme, isoliert von Verbrennungspatienten im Iran: phenotypische und genotypische Methoden

Abstract

Wound infection associated with carbapenem-resistant Pseudomonas aeruginosa in burn patients is a growing problem. One of the main mechanisms of resistance to carbapenem antibiotics is the ability of P. aeruginosa to produce carbapenemase enzymes. Klebsiella pneumonia carbapenemase (KPC) is an important type of carbapenemase which can hydrolyze carbapenem antibiotics. The Modified Hodge Test (MHT) and boronic acid as a KPC inhibitor are two phenotypic methods used for detection of carbapenemase. The sensitivity and specificity of these two phenotypic tests for the identification of KPC can be measured by PCR.

In this study, 241 P. aeruginosa strains were isolated from wounds of hospitalized burn patients. Carbapenem-resistant P. aeruginosa isolates were determined by the disk diffusion method. KPC-producing carbapenem-resistant strains were examined using the Modified Hodge Test, followed by boronic acid. Further, strains with positive responses to MHT and boronic acid tests were analyzed with the PCR molecular method. One hundred eighty-six of 241 isolates were resistant to carbapenem and 75 were positive in the MHT. Three exhibited an at least 5-mm diameter difference when meropenem was combined with boronic acid vs meropenem alone in the boronic acid test. Two strains had a specific band with primer No.1 after gel electrophoresis. This study showed that MHT, despite excellent sensitivity, has variable specificity independent of bacterial species. Further, the use of KPC inhibitors such as boronic acid did not yield favorable sensitivity and specificity among the specimens from Iranian patients. Thus, it seems that sequencing after PCR should be considered the gold standard for the detection of KPC-producing P. aeruginosa.

Keywords: P. aeruginosa, KPC, boronic acid, Modified Hodge Test, blaKPC

Zusammenfassung

Wundinfektionen bei Verbrennungspatienten mit Carbapenem-resistenten Pseudomonas (P.) aeruginosa sind ein wachsendes Problem. Einer der hauptsächlichen Resistenzmechanismen gegen Carbapeneme ist die Fähigkeit von P. aeruginosa, Carbapenemase-Enzyme zu bilden. Klebsiella pneumonia Carbapenemase (KPC) ist eine wichtige Carbapenemase, die Carbapeneme hydrolysieren kann. Der modifizierte Hodge-Test (MHT) und Boronsäure als KPC-Inhibitor sind zwei phenotypische Methoden zur Detektion der Carbapenemase. Die Sensitivität und Spezifität beider Tests zur KPC-Identifikation kann mittels PCR bestimmt werden.
In der Studie wurden 241 P. aeruginosa-Stämme von Wunden hospita-
lisierter Verbrennungspatienten isoliert. Carbapenem-resistente P. ae-
ruginosa-Isolate wurden mittels Plättchendiffusionstest bestimmt. KPC-
bildende Carbapenem-resistente Stämme wurden mittels modifiziertem
Hodgetest (MHT) und anschließend mit Boronsäure detektiert. Stämme
mit positiver Reaktion wurden mittels PCR analysiert.
168 Isolate waren resistent gegen Carbapeneme und 75 waren im MHT
positiv. Drei Isolate exhibierten mindestens 5-mm Durchmesser als
Differenz, wenn Meropenem mit Boronsäure kombiniert wurde vs Me-
ropenem allein im Boronsäuretest. Zwei Stämme hatten eine spezifische
Bande mit Primer Nr. 1 in der Gelelektrophorese.
Die Studie zeigt, dass der MHT neben seiner hohen Sensitivität abhängig
von der Bakterienspecies eine unterschiedliche Spezifität aufweist. Ferner erhöht der Einsatz eines KPC-Inhibitors wie Boronsäure nicht
die Sensitivität und Spezifität bei den isolierten Stämmen. Daher scheint
die Sequenzierung mittels PCR der Goldstandard für die Detektion KPC-
bildender P. aeruginosa-Stämme zu sein.

Schlüsselwörter: P. aeruginosa, KPC, Boronsäure, modifizierter
Hodge-Test, blaKPC

Background
Resistance to carbapenems such as broad spectrum
betalactam antibiotics in Pseudomonas aeruginosa is an
increasing challenge wordwide [1], [2], [3]. A growing in-
cidence of carbapenem-resistant P. aeruginosa is associ-
ated with KPC production, especially in burn patients,
and is an important concern in health-care systems [1].
The importance of this resistance is due to the potential
for resistance to all betalactam antibiotics in KPC-produc-
ing microorganisms, which is one of the main choices for
treatment of wound infection [4], [5], [6], [7]. KPC-produ-
cing bacteria are emerging in various countries and re-
gions, such as Greece, Iran and Latin America [4], [8],
[9]. Rapid and accurate detection of KPC-producing bac-
teria is necessary for preventing the spread of the kpc
gene, given that it is located in transferable genetic ele-
ments (i.e. plasmids and transposons) [4], [5], [10]. Ac-
cording to CLSI (Clinical and Laboratory Standards Insti-
tute), MHT is one of the phenotypic methods of KPC
confirmation ([11], Supplemental Table 2A-S2); however,
some studies suggest that MHT may not have a high
specificity for the identification of KPC and may only
confirm carbapemebase enzymes but not carbapememase
types. Nevertheless, most researchers believe that MHT
has a high sensitivity rate [12].
The use of boronic acid – a KPC inhibitor – is another
phenotypic method for confirming KPC. Moreover, PCR
for the kpc gene is utilized for molecular detection of this
enzyme. The aim of this study was to evaluate these two
phenotypic methods (MHT and boronic acid) for the
detection of KPC by PCR as a molecular test.

Materials and methods
Bacterial strains
In this study, 241 Pseudomonas spp. were isolated from
hospitalized burn patients in Motahari Hospital in Tehran,
Iran. The species of bacteria were determined by specific
biochemical tests such as oxidase, TSI, and gelatinase.
PCR was used to confirm identification of Pseudomonas
aeruginosa strains using specific primers for oprI for
bacteriagenus and oprL for species [13]. Pseudomonas
aeruginosa ATCC 27853 and Acinetobacter baumannii
ATCC 19606 were used as the positive and negative
controls, respectively.
Antibiotic susceptibility testing was conducted against
carbapenems (Imipenem, Meropenem and Ertapenem)
using the disk diffusion method according to the CLSI
recommendation. The modified Hodge test was performed
for carbapenem-resistant strains.

Modified Hodge Test
According to CLSI, MHT is one of the confirmatory tests
for phenotypic identification of the KPC enzyme. In this
study, MHT was performed according to the CLSI recom-
pendation by using E. coli ATCC 25922. K. pneumoniae
ATCC BAA-1705 – MHT-positive was used as a positive
control.

Use of KPC inhibitor
Using 400 µg 3-amino phenyl boronic acid (APBA) as a
KPC inhibitor, per disk plus Meropenem vs Meropenem
alone is another phenotypic method for confirming iden-
tification of KPC. Strains with an increase of at least 5 mm
around Meropenem plus APBA vs Meropenem alone were
considered KPC-producing strains. On the other hand, the synergistic effect of Meropenem plus Oxacillin (750 µg/disc) was used to eliminate false positive responses.

**PCR of the kpc gene**

PCR was used to confirm the kpc gene in MHT-positive *P. aeruginosa* with 5 different specific primers (Table 1, Figure 1). PCR program was performed as follows. Initial denaturation for each of the genes was performed at 95 °C for 5 min and thereafter 30 cycles with denaturation at 95 °C for 1 min. The annealing temperatures consisted of blaKPC 64 °C, blaKPCa 56 °C, blaKPCb 56 °C, blaKPCc 60 °C and blaKPCd 55 °C, the annealing time was 1 min. The extension time was 1 min at 72 °C. The final extension for all genes was done at 72 °C for 5 min.

### Results

In this study, 241 strains were identified and confirmed as *P. aeruginosa*. One hundred eighty-six strains were resistant to all tested carbapenems (Imipenem, Meropenem and Ertapenem). Seventy-five strains had MHT-positive test results. A synergism effect between Meropenem and APBA was observed in 11 *P. aeruginosa* strains with positive MHT test results. On the other hand, only 3 strains had synergism with APBA alone and the remaining 8 strains had synergism with Oxacillin simultaneously. Further, PCR with different specific primers showed specific bands after gel electrophoresis in only two MHT-positive strains with primer No. 1. The proportion of positive results from molecular testing of carbapenem-resistant *P. aeruginosa* is 0.01 (1.07%). One of two strains had a synergistic effect with APBA.
Discussion

Resistance to carbapenems in *P. aeruginosa* is a growing problem worldwide [1], [2], [3]. Resistance to carbapenems associated with KPC production is an alarming problem for health care systems [1], because the kpc gene can transfer between *P. aeruginosa* strains or even from *P. aeruginosa* to enterobacteria [4], [5]. In addition, KPC-producing carbapenem-resistant *P. aeruginosa* strains have potential resistance to all beta lactam antibiotics except Azithromycin [5], [6]. This can cause complications in the treatment of infections related to KPC-producing bacteria.

Our findings showed that MHT had an excellent sensitivity (100%) but low specificity (2.6%) for the detection of KPC among Iranian bacterial specimens. We suggest that MHT can be used as a primary screening test, since only two out of 75 MHT-positive strains were confirmed by PCR. In Argentina, sensitivity and specificity of MHT for carbapenemase-producing *P. aeruginosa* were reported to be 78% and 57%, respectively [14]. However, the use of inhibitor boronic acid led to a significant increase of 97% in sensitivity and specificity [14]. Despite high sensitivity, MHT can have variable specificity due to different incidences of carbapenemase in different geographical areas (57%–≥90%) [12], [14], [15]. For instance, in Colombia in 2007, three KPC-producing *P. aeruginosa* strains were identified [16], and in 2009, one KPC-producing *P. aeruginosa* strains was isolated [17]. A study conducted in the USA in 2009 reported one KPC-producing *P. putida* strain and one *E. cloacae* strain from one patient, where MHT was positive for both [18]. Additionally, in 2010, one KPC-producing *P. aeruginosa* strain was isolated in the USA [2]. Despite global emergence of KPC-producing strains of *P. aeruginosa*, it still uncommon and is thought to be sporadic (yet its rapid detection is necessary) [2], [16], [17], [18]. In our study, two KPC-producing *P. aeruginosa* strains were identified, which is the first report from Iran to the best of our knowledge. On the other hand, the results of this study confirmed that only one of three strains with positive result in combination disk method (meropenem plus APBA) confirmed by PCR as a KPC producer. These findings indicate that the sensitivity and specificity of inhibitory test (use of boronic acid) could not be explained by our results. This is despite the fact that false positive results were eliminated using Oxacillin plus Meropenem in our methodology. Thus, our findings may suggest that MHT, despite its excellent sensitivity, has variable specificity dependent of species of isolated bacteria and also depending on different geographical areas. Also, the use of a KPC inhibitor such as boronic acid may not lead to a reasonably high sensitivity and specificity among Iranian bacterial specimens. Therefore, PCR should be considered as the gold standard for the detection of KPC-producing *P. aeruginosa* for the time being.

Notes

Competing interests

The authors declare that they have no competing interests.

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