FOOD FOR THOUGHT
Has it ever occurred to you to wonder about the source of your daily food? The Dietary Department of Barnes Hospital serves a total of approximately 5,000 meals a day. The amazing part of this is that all of this food is prepared in our central main kitchen.

The main kitchen serves all of the patients in Maternity, McMillan, and Barnes Hospitals, as well as personnel in the Barnes Cafeteria, the McMillan Lunch Counter, and the Barnes Soda Fountain.

The Washington University Clinics Lunch Counter, on other management, serves all of its raw and cooked foods from Barnes Main Kitchen.

Food service to the patients is by the indirect manner of all food going to the floors in electrically heated food carts where it is served to the patients.

The Barnes Hospital Cafeteria, which is operated for all personnel including doctors, interns, nurses, laboratory technicians, occupational therapists, social service workers, dietitians, Washington University students of the Medical and Dental Schools, office employees, and other hospital personnel, is operated on a non-profit basis.

Naturally, such a set-up requires a staff of supervisors to coordinate operations. It also presupposes inter-departmental cooperation. For example, the actual patient food service is carried out by the nursing department employees. Therefore, it is essential that the pantry maids and the nurse attendants work together at all times.

This is only a bird’s eye view of our department but it does offer Food for Thought.

Marian Sizelove

PERSONALS

MARJORIE JACKSON, DOROTHY RUFFIN, and HELEN DUNCAN, Attendants, were hostesses to the Lincoln High School football team after their game at Sportsman Park, Thanksgiving Day.

MAGDALENE WALKER, Attendant, celebrated her fifth wedding anniversary on Nov. 21.

MÆ ELLEN WATERS, Attendant, is back after a week’s illness.

PAT FORSYTH, Floor Secretary, missed Thanksgiving turkey, due to a brief illness.

LOU STONE, Floor Secretary, also had a short sick leave.

Santa Claus has invaded the Drug Store with a vast array of gifts and toys. Christmas shopping can be easy in the Drug Store.

DOROTHY DIXON reports that many contributions have been made in answer to the appeal in the Star-Times for blood for SANDRA THOMAS in Children’s Hospital. She says it has been a big help in building up the Blood Bank.

MEL GLIDDEN, Admitting, went to Des Moines to visit her brother over the holidays.

We are sorry to report two deaths. On Nov. 27, GLEN MOSER, Barber, died suddenly. Last week ANNA LANGLEY, Solution Room, died as a result of an automobile accident.

The Accounting Office suffered some slight illnesses recently. LIDA KERR, MAE MARTIN, and FRED MENENDEZ were among the victims.

MARY McMANNIE, McMan Cashier, has chosen Dec. 20 as the date of her marriage to Herbert Walker.

We advise all to behold FLORENCE CHERIKOS’, Credit, new lavendar hat, which has caused much admiration.

FRED MENENDEZ, Accounting, is organizing a party among the department at the American Legion Hall, Dec. 13, which promises to be a successful pre-holiday event.

EDITH SIMPKINS and BOBBIE WARD, Dietitians, were feted with a going-away party, Nov. 25, which was a dinner for the dietitians at LOIS PEARSON’s apartment.
KATHLEEN KIENSTRA has taken ELLIE SHERIDAN’S place as Private Surgical Dietitian. She took her training at Cincinnati General Hospital. Miss BETTE WALSH gave a talk entitled ‘Breakfast, the Orphan Meal’, over WIL Dec. 1.

ELLY GLASSOCK was promoted to Asst. Head Nurse Dec. 1. PHYLLIS MURPHY, Head Nurse, left for a month’s leave of absence to be married to F. L. Heggi. PATRICIA HUNT, Nurse, left Dec. 1 to be married, and MARJORIE WILLIAMS, Head Nurse, is also leaving to be married.

MARGARET WEBER, Nurse, is attending a two month course in Premature Care at Margaret Hague Maternity Hospital in New Jersey. She was sent on a scholarship given by the Children’s Bureau through the Missouri State Department of Health.

The Maintenance Department reports fantastic equipment being taken to Dr. ELAM’s new laboratory on second floor.

WILLIAM BEHRENDT, Maintenance, is a patient in Barnes.

CHELSYNE LAWRENCE, former Maternity Nurse, had her second baby girl in Maternity last week. She was employed here until last July.

DR. JOHN CRITES, Intern, is the father of a baby girl born on November 28th at 10:35 p.m.

Three Maternity Head Nursing appointments have been made - CAROLYN LARSON, MARY EVITTS, and MARY BRUNS; JUDY NEIDLINGER, Mat. Floor Secretary, is away on sick leave.

MARGARET DAVIES, McM. Information Desk, has returned after being away on sick leave.

MARGARET GLASH, McM. Doctors’ Office, was also ill a few days.

DOROTHY GREINER, Asst. Head Nurse, is a patient in the Hospital.

So it seems that we have had our share of illness this month. Let’s hope that December will bring good health, good cheer, and good feeling.

RALPHENE GERDING gave a talk to the St. Louis Dental Assistants Association at the Jefferson Hotel on December 2nd on ‘The Role of Dietitians in the Hospital Today’.

The St. Louis Dietary Interns, under chairmanship of Carol Stegall, presented a series of radio programs for members of the St. Louis Dietetics Association at the December meeting in the W. U. Nurses’ Home.

The Barnes Interns presented the ‘Happy Homemakers Hour’. Highlight of the program was Mary K. Smith’s original piano rendition of ‘Romance of Kate and Pete’.

HAPPY BIRTHDAY!

December

Lois Thorson 1
Virginia Stites 1
Susana Johnson 2
Geraldine Myres 2
Annie York 2
Elizabeth Doenges 2
Dorothy Mounger 2
Bertha Walker 2
Rebecca Armstrong 3
Donnie M. Epp 3
Betty J. Lane 3
Jonnie Jones 3
Gladys Clay 3
Dorothy Devendorf 4
Mary Etta Ewing 4
Bernice Haeuber 4
Wardell Jones 4
Alice Stephens 4
William Bunselmeier 4
Mary Etta Ewing 4
Bernice Haeuber 4
Wardell Jones 4
Alice Stephens 4
William Bunselmeier 4
Ethel Redmond 5
Elizabeth I. Garrett 5
Joseph Barkey 6
Hilda Leible 6
Oras Dotson 6
Alva F. Pingel 6
Meta Lowry 7
Augusta Sommerkamp 7
Helen Bruno 7
LaVera Franklin 8
Catherine Schmidt 8
Henrietta Becker 9
Marion Purdum 9
Willie Mae Payton 9
Margaret David 9
Vivian Goodall 9
Lucile Young 9
George Eyerkuss 10
LaNell Rausch 10
Luvada Johnson 10
Edna Dependahl 11
Walter Simpson 11
Mozella Haynes 11
Vera Miessner 13
Dorothy Bell 13
David Voorhees 12
Nellie Williams 12
Lillie M. Mayes 12
Aubrey Kennedy 12
Hattie M. Overton 12
Frances S. Conner 12
Elizabeth Tagge 12
Vera Miessner 13
Dorothy Bell 13
Ethel Selby 14
Jessie Witherspoon 14
Florence Hagens 14
Hildegarde Williams 14
Thelma Muskopf 15