FRANK C. RAND
1876-1949

The death of FRANK C. RAND on December 2, marked the passing of a great philanthropist, civic and business leader. Mr. Rand died at Barnes Hospital following an operation from which he first rallied satisfactorily, but later took a turn for the worse.

He had been a trustee of Barnes Hospital for 32 years and had served as chairman of the Board of Trustees for 26 years. It was he who was largely responsible for the enlargement of the hospital in 1931, through construction of the Rand-Johnson Memorial Building, a surgical unit. From 1928 to 1940, he served as a director of Washington University. His support has helped the academic advances of both the Vanderbilt and Washington University Schools of Nursing.

Mr. Rand's life presents an amazing success story. Upon his graduation from Vanderbilt University at Nashville, Tennessee, in 1898, he took a job as stock clerk at $25 per month with the infant Roberts, Johnson, and Rand Shoe Company. He held a number of subordinate jobs in the company until he was elected a vice president of the firm in 1907, a position which he retained when the company merged with the Peters (continued on p.3, col.1)
WHAT GREATER GIFT THAN SECURITY?

No other time of the year provides so many heart-warming thrills as the joyous holiday season.

The excitement as the children empty their stockings and unwrap their gifts -- your family and friends at your side -- the colorful trimmings -- the carols: these are the treasures you possess! Yes, in the happiness of the Christmas scene it's easy to find reasons to rejoice, to stop and give thanks for your many blessings.

How reassuring it is to know that in your Group Insurance Plan you have given a most important gift -- security. Truly, it is a reassuring defense against the unexpected -- not just at Christmas time but every day of the year.

Security is the goal of every forward-looking individual. It isn't something that you can reach out and touch or easily describe. It's an inner feeling....a sense of satisfaction and confidence in knowing that should the unexpected happen you and yours will be protected. You can pride yourself on the part your Group Plan plays in building that security. But security isn't just Group Insurance; it's lots of things -- your job, your home, your country, your very way of life. Unfortunately, these many blessings are too often taken for granted. That's why it is important to reflect on all of them at times -- particularly during this holiday season.

Consider your Group Insurance Plan for example. Here is a program of security that many individuals in better financial positions would like to have. It makes it possible for you to feel that you are doing all you can for those who depend on you.

Explain your Group Insurance Plan to your family. Acquaint them with the valuable benefits provided by the Plan. Make sure that at least one member of the family knows where your Group insurance certificate is kept. Then, with a deep-down feeling of security, you face the New Year with renewed strength and confidence.

Metropolitan Life Insurance Company
Shoe Company in 1911, to form International Shoe. Upon the death of Oscar Johnson, company president, in 1916, Mr. Rand took over direction of the enterprise destined to become the largest shoe manufacturer in the world. He continued as president of International Shoe until January, 1930, when he was elected chairman of the board, the position he held until the time of his death.

In addition to his post with International Shoe, he was a director of the Frisco Railroad, Southwestern Bell Telephone Company, Mercantile-Commerce Bank and Trust Company, Mercantile-Commerce National Bank, Union Electric Company of Missouri and the Mississippi Valley Barge Line Company. He served as president of the Greater St. Louis War Chest during the war years, 1942-45.

Aside from his business activities, Mr. Rand maintained a deep interest in education, health, and hospital work. His long interest in the latter earned him a citation as an "outstanding benefactor of health and hospitals" from the American Hospital Association, as well as an honorary membership. He was also named to the Methodist Church hall of fame in philanthropy for his contributions to Methodist homes and hospitals. Barnes Hospital benefitted greatly during his lifetime from Mr. Rand's interest and generosity, and all members of the staff were saddened to learn of his death.

Growing older is like climbing a ladder. The view gets better the higher we climb.

ANNUAL CHRISTMAS PROGRAM DECEMBER 24
The annual Christmas program will be held in Barnes lobby at 3:00 p.m. on Saturday, December 24. The program is planned for all patients who can leave their rooms and for employees who are able to leave their jobs for a short time. The group will gather around the large tree in the lobby and join in singing Christmas carols. BISHOP IVAN LEE HOLT will tell the Christmas story. Employees who can be present are requested to volunteer their services in assisting those patients who are able to attend the program to get to the lobby.

REDUCED RATES ON ICE HOCKEY TICKETS
There is to be another industrial promotion at the Arena on Friday, December 23, when the St. Louis Flyer Hockey team will meet New Haven. The management is offering coupons to Barnes employees similar to those used for Skating Vanities of 1950, whereby they can obtain a regular $1.55 seat for $1.05, or a saving of $.50 on each ticket they purchase.

There is a limited number of these coupons available in the Personnel Office. These, in turn, entitle the holder to purchase the actual reserved seat tickets at the Arena or Arcade Building Ticket Office. This offer is void after 4:00 p.m. on the day of the game, and limited to the first 3,000 coupons presented.

CAUTION URGED WITH CHRISTMAS TREES
The fire marshal, MR. HARRY E. PANHORST, and his confederates, MR. DILLON TRULOVE, and MR. ROY BUTLER, issue their yearly warning against the possibility of fire from shorts

(continued on p.5, col.2)
When he was a youngster, DR. SEDGWICK MEAD lived a life that would be the envy of any red-blooded "Hopalong Cassidy" fan today. He was born in Guynon, Oklahoma, in 1911, but soon after that his family moved to a cattle ranch near Flagstaff, Arizona, where he lived until he went away to college. To young Sedgwick, the traditional "three R's" stood for "roping, rustling, and ranching," but his elementary education evidently made some impression on him, for after a year at the State University, he was accepted at Harvard where he completed his undergraduate work. He recalls his pre-college days with a great deal of enthusiasm and regrets that his own children have not been able to grow up out in the wide, open spaces.

He received his M.D. from Harvard Medical School and remained in the East for his post-graduate training at Massachusetts General Hospital in Boston where he had an internship in Medicine, followed by an assistant residency in Pathology and Bacteriology, and a residency in Neurology. In 1942 Dr. Mead went into the Army as a member of the 6th General Hospital Division and served as chief of the laboratory service in Africa and Italy during the big campaigns in those sectors. He was discharged with the rank of Major in November, 1945.

Upon completion of his stint in the Army, he did further post-graduate work at both Harvard Medical School and Massachusetts General Hospital with a Baruch Fellowship in Physical Medicine and a Research Fellowship in Physiology. His former Neurology professor had recommended the field of Physical Medicine to him because it was a relatively new and growing branch of medicine, and because it was very closely related to Neurology, which had been of primary interest to Dr. Mead during his earlier medical training. This was in November, 1945, and at the beginning of 1948, he came to St. Louis to accept a position as Director of the Department of Physical Medicine at Barnes Hospital and Assistant Professor of Physical Medicine at Washington University School of Medicine.

The new Rehabilitation Center which is to be constructed within the next 18 months as part of our Medical Center, is one of Dr. Mead's pet topics of conversation. A two-story building, it will be used jointly by the Departments of Physical and Occupational Therapy, both as a clinic and as an educational building. The fact that the Physical Medicine Department is expanding in personnel as well as size, is a source of great satisfaction to him, because it indicates that a growing importance is being attached to the work done by that division of the hospital. DR. ALLEX HARELL has joined the Physical Medicine staff as a full-time member, and at the beginning of the year, DR. GUS FURLA will be the new resident physician.

It was during his residency that he married MISS MARJORIE CHICK, Nursing Supervisor at Massachusetts General Hospital. They have two sons, SEDGWICK, JR., who is 7, and young MARSHALL, age 3. Languages and music are his hobbies. He speaks both French and Italian, the latter
being learned from scratch while he was in Europe during the war. He also studied music while in Rome, and although his favorite music is of the operatic type, he often lends able assistance to the tenor section of the church choir. When he has time, he also likes horse-back riding and swimming.

He is a diplomate to the American Board of Physical Medicine and Rehabilitation, consultant for the Veterans' Administration for the St. Louis area, and a member of the American Medical Association, the Missouri Valley and Massachusetts Medical Societies, the American Congress of Physical Medicine, the Medical Board of the St. Louis Crippled Children's Society, and the St. Louis Chapter of the National Foundation for Infantile Paralysis.

Dr. Mead considers it a very valuable experience to have worked extensively in a pioneer field such as Physical Medicine. It was something of a challenge to him to get into a growing development and to watch it improve, and he now feels certain that, in view of the growing recognition of Physical Medicine's importance, it will no longer be considered a "poor relation" to the rest of medicine.

BARNES LAUNDRY FEATURING IN NATIONAL MAGAZINE

An article by WILLIAM A. MITCHIE, written in collaboration with JULIUS KRASNER, Director of the Barnes laundry, appeared in the November issue of "Hospital Management." The operation of the laundry at Barnes Hospital was featured in the article which presented figures indicating the high degree of efficiency and productivity our laundry has achieved in recent years.

The article pointed out that, in comparing the years of 1947 and 1948, there was a 6% increase in total poundage of linen laundered in 1948 as compared with the figures for 1947. The total cost per 100 pounds in 1948, however, was only $.02 higher than the cost for a similar weight in 1947.

Recommendations and suggestions for the successful operation of institutional laundries were given, using the procedures now in force in Barnes laundry as criteria for similar plants. Mr. Krasner is to be congratulated for the recognition his fine management has received from a national magazine such as "Hospital Management."

CAUTION URGED WITH CHRISTMAS TREES

in light strands being used on Christmas trees. Remembering that one tree burned on a nursing division last year, it is wise to check any possible defects and report them to the Maintenance Department. Keep these points in mind:

1. Check all wiring before using.
2. Take down trees by January 3.
3. Do not obstruct fire extinguishers when placing tree.
OLD TIMERS

BEN STRUEBIG, "the old master painter" here at Barnes, claims that his whole life story can be just about summed up in one sentence. "Just tell them," he said, "that I came to work at Barnes in 1917, and have been here ever since."

Upon further questioning, however, we discovered that Ben was born in Waterloo, Illinois "a good many years ago." He seems to have been a very enterprising young man, because while he was still in his early 'teens, he went into business for himself as a painter, work which he did until he came to Barnes 32 years ago.

It is interesting to note that Ben was hired for a three week period to do some extra painting at Barnes, which, at that time, was merely under construction. He had just happened to pass by, and upon seeing the excavation, he applied for a job. His temporary position turned into something pretty permanent, however, for with the exception of 20 months spent in France in the motor transport corps during World War I, he has been here ever since. At present, he is the paint foreman and obviously loves his job.

Ben is married and has a married daughter. In his leisure time he likes to go down to his 265 acre farm 50 miles south of St. Louis and play the role of farmer for short periods of time.

Ben's record at Barnes is one of the longest of our "old timers," since he has actually grown up with the hospital. Needless to say, he has seen a great many major changes since he began his long association with the hospital some 32 years ago. Ben has an enviable record and is to be commended for the many years of loyal and faithful service he has given Barnes Hospital.

GRADUATE AND STUDENT NURSES ORGANIZE BASKETBALL TEAM

The graduate nurses of Barnes and McMillan Hospitals have recently organized a basketball team and have played the student nurses twice in the past two weeks. Owing to the lack of practice in playing together the graduates have been defeated twice: 18-15 and 24-4.

Any interested graduates are encouraged to join the team which meets at the Women's Building Gym on Washington University campus on Monday nights at 7:30. For further details see ELIZABETH BROOKS in the Nursing office.

BARNES REPRESENTED AT MINNEAPOLIS MEETING

(continued from p.5, col.1)

On December 16, and 17, they attended a session of the Association of University Programs in Hospital Administration. On the 18th and 19th, a workshop for course directors and preceptors arranged by the American College of Hospital Administrators was presented.
--CAGE SEASON IN FULL SWING--

OB - GYN DEFEATS MEDICAL SCHOOL

On November 18, at 7:00 o'clock in the Second Presbyterian Church the basketball players from Maternity Hospital taught the aspiring young doctors from the Medical School the finer points of basketball by a score of 32-19. Although 19 ball players from the medical school formed a continual procession of substitutions in and out of the game in an effort to find a combination which would click, they were unable to come close to their elders. The total points of the sharp-shooting Dr. BONEBRAKE were enough to match the total rolled up by the med. students. Dr. CRITES with 4 points and Dr. MYRES with 6, plus 2 free throws by Dr. MAGALLON and one by Dr. COCKRELL was plenty to put the game on ice. The Medical School divided its points between O'KEEFE, McCLURE, CALDWELL, BURCHFIELD, ADAMS and FULLER.

ADMINISTRATION DROPS ITS FIRST GAME TO THE DENTAL SCHOOL

In the second game of the evening the fast-stepping boys from the Dental School rolled to an easy victory over Administration 34 to 15. HELM with 19 points to his credit ran wild the entire game. MORGAN with 6, TARRANT 2, DIXON 4, and DOOLEY with 2 points added to the onslaught. JUSTI and BAIR played their customary fine floor game and greatly added the fast breaking quintet. For Administration the scoring was fairly evenly divided with 2 baskets each for ROGERS, McCLURE and LEHWALD, while AIDRIGE rang up 1 basket.

OB - GYN TRIUMPHS OVER SURGERY

November 22, in the best game of the current basketball season, Ob-Gyn defeated Surgery 27-25. The Surgeons still smarting from the defeat of the previous week were out for revenge, while OB-Gyn still elated over their win from the Medical School was ready to make it 2 in a row. The game was a nip and tuck battle from the first whistle and as the totals were never more than 3 points apart, its ultimate outcome was not discernable until the final crack of the gun.

For the Obstetricians, Dr. BONEBRAKE led the scoring with 12 markers, closely followed by Dr. MYRES with 10 points. Dr. CRITES contributed 3, and Dr. COCKRELL 2. Drs. MAGALLON, SARTORIUS, BURSTEIN, and PENROYER, although not breaking into the scoring column made their contribution through spirited floor play. For Surgery Dr. WEBB led with 14 points.

ADMINISTRATION WINS OVER OB - GYN

November 25, the boys from up front won their first game of the season by defeating Ob-Gyn 16-13. AIDRIGE led the Administration attack with 8 points, closely followed by ROGERS with 2 buckets and 2 free throws. JONES' 2 points completed the score. Ob-Gyn was unable to hold to its scoring of previous games due to the absence of Dr. BONEBRAKE and the strong defensive play of ADMINISTRATION. Dr. CRITES was high point man with 5, while Drs. HARSH, MAGALLON and MYRES scored 1 basket each.

(continued on p.8, col. 1)
**SURGEONS FINALLY HIT STRIDE**

On November 25, in the second game of the evening, in the freest scoring contest to date, the Surgeons defeated Medicine 59-27. Although Dr. GIESELMAN rounded up the tallest quintet to take the floor this year they were unable to match the score rolled up by the hot shots from Surgery. The surgeons took an early lead as eagle eye STAN LONDON and Dr. MUNROE hit the hoop from all angles. By the half-time Surgery led 29-11. The boys from Medicine might have been out-scored but certainly they were not out-played, for the game continued its fast tempo until the last. Scoring for Medicine were Dr. TALMAGE with 11 points, Dr. RAMSEY 11, Dr. BERRY 4, and Dr. GIESELMAN 1. Drs. ROSS, FORSYTH and McINERY completed the line up for Medicine.

The Surgeons were so hot that it is doubted if any team in the league could touch them. A glance at the totals should tell the story. Dr. LONDON 28, Dr. EISEMAN 8, Dr. CAPECI 11, Dr. MUNROE 11, Dr. CARLIN 8, and Dr. STEPHENSON who didn’t score but added his talent through all-around superb floor play.

**MEDICAL SCHOOL BREAKS INTO THE WIN COLUMN**

After dropping their first game the fledgling M.D.'s from the Medical School won their first game of the young season November 29, over Pathology 23-14. The young doctors were determined to show their senior colleagues that youth will have its day and literally ran the legs off the pathologists. The outcome might have been different had Pathology been able to throw in a few substitutes along the way. As it was the five men simply ran out of steam.

For the Medical School FULLER led the scoring with 6 points while BROWN, ADAMS, and DUNLEVY chalked up with 4 each. BURCHFIELD tallied three and EPP two. Pathology divided its score between Drs. STEPHENS, WELLER and IHNEN with four points respectively, and HAWKINS added one. Dr. ROBERTS, while not breaking into the scoring columns, gained distinction by picking up the largest number of personal fouls.

**MEDICINE MAKES IT TWO OUT OF THREE**

December 2, in one of the most bitterly fought games of this year, Medicine defeated the Medical School 23-22. It was the second win in three straight for the Medical men as they fought off all the speed and stamina that the Medical Students could muster. For Medicine Dr. BERRY scored 9 points, while Dr. LIPMAN trailed closely with 8. Dr. STEWART came through with 4 and Dr. TALMAGE 2 free throws. Drs. GIESELMAN, DAMMIN, McINERY and ROSECAN added their bit to the cause by fine floor play. The Medical Students split up the scoring evenly: O'KEEFE 4, EPP 3, FULLER 3, DUNBURY 4, BIRCHFIELD 3, and BROWN 2.

**DENTAL SCHOOL CONTINUES TO WIN**

In the night-cap game on December 2, the Dental School won its third game in a row from Ob-Gyn, 56-29. The Dentists took an early lead and continued to pound the hoop from all angles as they rolled to an easy victory. The obstetricians, while playing valiantly and never giving up, were just out-classed by the speedsters from the Dental School.

(continued on p.9, col. 1)
Dr. BONEBRAKE dumped in 3 field goals and 3 free throws for 9 points while MYRES and COCKRELL scored 4 each. Dr. MAGALLON'S 2 points finished the scoring. For the Dental Students, HELM continued to be top scorer with 16. JUSTI, not far behind, tallied 15. BAIR counted for 9, and TARRANT 10. McCALLISTER totaled 16.

PATHOLOGY WINS BY FORFEIT

December 6, Pathology won by forfeit from Surgery 2-0. If it is agree-able with the Pathologists, the game may be played off at a later date.

MEDICINE DEFEATS ADMINISTRATION

December 6, Medicine won its third game - 34-26 over Administration. Administration started off with a bang and it looked as if it would be curtains for Medicine until the latter part of the second quarter when Drs. BERRY and LIPMAN turned on the heat to take the lead 24-16. The last half was played on even basis as each team added 10 points to the score. Dr. LIPMAN was right as he rolled up 20 points, while Dr. BERRY marked up 9. Dr. TALMAGE made 3 and Dr. STEWART 2. Drs. ROSS, McINERY, GIESELMAN and FORRESTER completed the line up. BERGSTED was high point man for administration with 12, as ALDRIGE and ROGERS counted for 6 each. PANHORST'S 2 points completed the score.

HOWARD B. LEHWALD, Sports Editor

YUK YUK!!

If at first you don't succeed, try, try again. Then stop. No use being silly about it.

--ON THE SCENE--

Barnes Hospital was well represented at the wedding of JUDITH NEIDLINGER to Dr. William Thomas on December 10. HARRIET ABBOTT, secretary in the Nursing office, and JO ANN CARMICHAEL, secretary in the Dietary office, were bridesmaids in the evening ceremony. Mrs. Thomas was formerly Doctors' Information secretary in McMillan. --- Cupid seems to have been working overtime in the storeroom. LES COSGROVE was married on December 17 to Doris Schmidt while LOUIS SCHWEFFERMAN recently became engaged to TALMA KELLER, floor secretary on 600 Maternity. --- ELAINE BEINKE, floor secretary on 3400, recently broke into the news when the Star Times ran a feature article about the evening course in modeling that she teaches at the Carondolet Y.W.C.A. The objective of the course is to show young homemakers and employed women how to apply modeling techniques to gain new charm and social poise. Elaine, before coming to Barnes, modeled professionally in New York under the name of "Dusty Lee." Her husband, Lt. Walter Beinke, a West Point graduate of the class of 1948, is at present on duty in Japan. --- Congratulations are in order for two of our nurses in Barnes: DOROTHY SCANNELL is to be married on December 22, and EUNICE GREER will wind up the old year properly by getting married on the 31st. --- Adding to the general holiday atmosphere are several of the departments whose members have demonstrated hidden artistic talents with the drawings on the windows of their respective working places. MERCEDES CAMARGO, ANGIE LAURY, JUDY KELLEY, and JANICE LYBYER are the artists in the Record Room, and in the Laboratory AUDREY WOLTERS, VERA
MALONEY, CORDELIA FARRELLY, and MARTHA GROSS are the junior Rembrandts. Invite everyone to drop by to see their gala decorations! --- The girls in the Barnes Credit Office got together and had a small party, complete with cake and coffee, when MAE MARTIN celebrated her birthday recently. Mae received a lovely blouse from all the gang. Incidentally, the Credit Office girls have gotten the Christmas spirit early this year. They drew names not long ago and each one has been conniving ever since to find out who drew whose name, but that is to be a top secret until Christmas! --- We hope Dr. CHARLTON de SAUSSURE is feeling better since his recent hospitalization. --- MINNIE SANDERS, attendant in Barnes, is excited over plans for a brief holiday in Chicago. --- Dr. CHARLES ROSS must have had a swell vacation because he has been sporting a beaming face lately. --- The cute little new secretary in Physical Medicine is RAMONA JOHNSON, from Radiology. --- The Physical Medicine Department had its annual Christmas dinner party on the evening of December 14. It honored two of the staff who will be leaving soon. HELEN TOLIN is going to Warm Springs, Georgia to take the course offered in the treatment of Polio. MARY BETH BENZ is leaving at the end of December to take up the full time duties of a housewife. She is expecting an addition to the family in February.

"Which would you rather give up --- wine or women?"

"It depends on the vintage."

Termites nightmare: "I dreamt I dwelt in marble halls."

ON THE SCENE REPORTERS FOR DECEMBER

Margaret Borth
Elaine Freistein
Fred Hagedorn
Lillian Harris
Jean Helfrecht
Judy Kelley
Angie Laury
Alice Marshall
Ethel Meenen
Elizabeth Page

The little lady of the house, by way of punishment for some minor misdemeanor, was compelled to eat dinner alone at a small table in the corner of the dining room. The rest of the family paid no attention to her until they heard her audibly delivering grace over her own repast, with these words: "I thank Thee, Lord, for preparing a table for me in the presence of mine enemies."

Scene: Cocktail party.
Host: "Highball or Martini?"
Guest: "Just straight gingerale will do.
Host: "Pale?"
Guest: "No, just a glass."

Husband answering telephone: "I don't know. Call the weather bureau."
Pretty young wife: "Who was that?"
Husband: "Some sailor, I guess. Wanted to know if the coast was clear."

Money is a thing you could get along beautifully without. --- If only other people weren't so crazy about it.