Barnes Reaches 'Fair-Share' Goal For Fourth Year

A total of $53,375 was pledged by Barnes employes during the October United Fund drive, exceeding the hospital's fair share quota by approximately $5,000, and marking the fourth straight year that Barnes Hospital achieved "Fair Share."

"Our employes responded with their customary generosity, showing they do care about helping others in the community," said Thomas Winston, associate director, who was chairman of the United Fund campaign at Barnes.

"I'm very proud of the record of our Barnes employes," said Robert E. Frank, director. "My thanks are extended on behalf of myself, all the people who worked on the United Fund drive at the hospital, and, most important, the persons in the community who will benefit from these gifts, those who are served by United-Fund member agencies."

Each United Fund agency receives an annual allotment based on the effectiveness of its services in relation to established community needs and other agency services. Barnes Hospital is one of the UF agencies and during 1970, the hospital received an allotment of $142,968.

Season of Magic...

Fluffy stuffed animals are what many youngsters want for Christmas and these children are no exception. The anticipation of the Yuletide season is reflected on the faces of Rita Carey, 4332a Eichelberger, left, and Ramona Andrews, 6254 Julian, right, who are shown with Mrs. Parker Wheatley, a Barnes Hospital volunteer worker, during a recent visit by the children in the hospital's Wishing Well gift shop.

Barnes Trustees Studying Feasibility of Erecting Parking Garage;

238 Barnes Employes Use Shuttle-Buses from Opera Parking Lot

In another phase of a three-prong attack on the parking problem, Eugene Chase, director of physical plant, Washington University School of Medicine, revealed that a net gain of 412 parking spaces will be realized when the new Wayco parking garage at Euclid and Audubon opens in January. Completion of the structure, which is an extension of the old Wayco garage on Audubon, is scheduled for mid-December. To assist the traffic flow, an entrance and exit for monthly reserved parking card-holders will be installed on Euclid. Daily and other type parkers will use the Audubon entrance-exit.

The growing use of the Municipal Opera parking lot shuttle-bus service has helped to relieve parking headaches near the medical center recently. On the first day the system was put into service last June, 23 cars were parked in the lot. During November, approximately 430 cars were being parked there daily. Barnes pays the fees for its personnel using the lot—in November, 238 employes used the shuttle buses. Free passes are distributed by the personnel department and the buses make 28 round trips to the lot every day, or one every 15 minutes between 6 and 9:30 a.m. and between 2:30 and 6 p.m. Employes of Washington University, Children's Hospital and Jewish Hospital also use the lot.
105 Freshmen Recognized in Capping Ceremony
Marking Their Entrance into Barnes' Nursing School

One hundred young women and five men were recognized as freshmen by the Barnes Hospital School of Nursing at the 15th annual capping ceremony held October 25 at Graham Chapel at Washington University. The student nurses, who have completed only one month of study at the nursing school, were awarded their caps to commemorate their entrance into the school. It takes three years to complete the formal training program offered by the school.

The program was opened with an invocation by the Rev. John Glassey, Protestant chaplain at Barnes Hospital, followed by talks by Miss Joan Hrubetz, director of the nursing school, and Robert E. Frank, director of the hospital.

Two students, Miss Marilyn Bell, president of the student association, and Miss Shelly Hinds, the organization's vice president, gave the welcoming address. Miss Bell, who, incidentally, is the third person in her family to graduate from Barnes School of Nursing in the last four years, said that a career in nursing offers an individual many opportunities for personal satisfaction and a chance to know one's self.

Dr. Charles Manley, assistant surgeon in genitourinary surgery, recently received the Howard Award for "the most interesting problem case presentation" at the American Urological Association, South Central section meeting, at Dallas. Dr. Manley also received a prize at the meeting for a case presentation on "rare lesion registry."

Dr. Igal Silber, a resident in genitourinary surgery, was awarded a prize at the same meeting for presenting a case on "rare tumors of the genitourinary tract with interesting clinical features."

Dr. Farid Fuleihan, assistant surgeon in urology, was recently received the Howard Award for "the most interesting problem case presentation" at the American Urological Association, South Central section meeting, at Dallas. Dr. Fuleihan also received a prize at the meeting for a case presentation on "rare lesion registry."

Dr. Shmuel Nisson, chief of surgery at the Rothschild-Hadassah University Hospital on Mt. Scopus, Israel, recently visited St. Louis from 1954-61, he practiced medicine and served on the house staff at Barnes Hospital, according to an article in The Jewish Light newspaper. While in the U.S., Dr. Nisson lectured at several medical institutions.

Barnes' Nurse Receives Greeting Cards
‘By Bushels’, Not Only at Christmas

Greeting cards and letters by the hundreds have been collected through the years by Mrs. Blossie Smith, an LPN on 7 Maternity, right. Mrs. Smith recently brought her collection of cards to the hospital to share some of the comments, from her former patients, with other nursing personnel on her floor, such as Mrs. LaVada Granberry, an LPN.

Mrs. Smith’s cards and letters come from all parts of the country—Arizona, Mexico, Florida—from patients born in the post-war era to octogenarians. Christmas cards and letters are a source of personal satisfaction and a chance to know one’s self.

Christmases past have included greetings from the families of patients born in the post-war era to octogenarians. Christmas cards and letters are a source of personal satisfaction and a chance to know one’s self.

Dr. John W. Berry, assistant physician, at the same meeting.

Reanastomose the vas deferens.”

while in the U.S., Dr. Nisson lectured at several medical institutions.

Israel regained Rothschild-Hadassah Medical Center after the 1967 Six-Day War with the uniting of East and West Jerusalem. The hospital is designed to treat 70,000 patients. Dr. Nisson and his wife are both part of a second generation who are following a family tradition by being associated with the medical complex.

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Constance C. Barton, Director
John Manley, Associate Editor

Constantly, a little every day, trying to make the patients happy and comfortable," said Mrs. Smith, who is affectionately known as "Blossom" by her patients. She has worked at Barnes for about 12 years, primarily with gynecological and surgical patients.

Patients born in the post-war era to octogenarians. Christmas cards and letters are a source of personal satisfaction and a chance to know one’s self.

“I just go about my daily routine, trying to make the patients happy and comfortable," said Mrs. Smith, who is affectionately known as "Blossom" by her friends. She has worked at Barnes for about 12 years, primarily with gynecological and surgical patients.

“I plan to continue my nursing career until I'm ready for a walking cane. I'm always surprised and grateful when somebody sends me a card, thanking me for the care I gave them. Each card brightens my day and lifts my spirits," said Mrs. Smith.
Dr. Mario Werner Assumes Duties as Head of Clinical Chemistry

He mentioned the laboratory's newest acquisition, a chemical diagnostic machine, the SMA 6/60 Auto Analyzer which is capable of very rapid and highly automated multiphasic testing. As many Barnes employees already know, the clinical chemistry section of the laboratories also has a 12-channel Auto Analyzer, the SMA 12/30, for testing blood samples.

The SMA 6/60 operates mechanically in similar fashion, and is capable of giving 360 test results an hour, measuring sodium, potassium, chloride, carbon dioxide, glucose and urea-nitrogen. Test routines are mechanically programmed on six channels to analyze these constituents in each specimen of cell-free blood serum, at one time, and give back results. Test results are simultaneously traced on graph paper to allow visual evaluation of chemical imbalances.

The SMA 6/60 is used at Barnes for the repetitive testing of patients, for example, a diabetic patient who is hospitalized for treatment. On the other hand, the 12-channel Auto Analyzer performs test routines on patients for the first time. The machine is not in operation 24 hours a day, while the SMA 6/60 operates around the clock. A new SMA 12/60 will be operational around the first of the year which will be complimentary to the SMA 6/60 and replace the present SMA 12/30.

Dr. Werner said that in addition to providing timely and reliable reports, the SMA 6/60 will be valuable in treating large numbers of people; aid in the detection of unsuspected diseases; and provide information that helps the physician exclude the presence of a suspected disease.

Dr. Mario Werner recently assumed duties as chief of clinical chemistry at Barnes Hospital. He formerly held the same position at the University of California, San Francisco.

"The addition of Dr. Werner to the hospital's staff is part of the continuing efforts to improve the hospital's diagnostic laboratory section," Dr. Leonard Jarett, director of the laboratories, said. "In recent months, several other highly-qualified full-time advisory personnel have been added to the staff, in addition to the renovation of existing facilities.

Dr. Werner said the scope of clinical pathology has changed vastly in recent years. "Sophisticated machinery and data processing systems soon may enable us to monitor a patient's chemical imbalances, almost as they occur. The operation of such equipment may be of considerable assistance in therapy." Dr. Werner noted that several sections of clinical chemistry at Barnes Hospital are being considered for data processing applications.

Dr. Mario Werner, new chief of clinical laboratory chemistry, right, discusses the performance of the hospital's new SMA 6/60 Auto Analyzer that is now located in the diagnostic laboratory section with William Rice, assistant chief technologist.

Myron Floren, featured accordionist of the Lawrence Welk Show and heir-apparent to the lead baton that will someday direct the Welk band, at hospitals, benefit and charitable organizations, said that several members of the troupe were slated to come to the hospital for the performance, but they were tired from recent trips across the country. "So I decided to come over myself."

During an interview, Floren said, "The Welk Show is directed at the family unit. It's an unsophisticated approach, but a person cannot deny that the program has been successful. Attempts are constantly made to keep the show abreast of the changing times. Songs are constantly updated. In fact, arrangements of songs are so different that some are hard to recognize as the same tunes we played 10 years ago.

"Welk is a multi-million dollar business now. He has various interests and is unable to spend every rehearsal with the band so I direct them most of the time." He would not say whether he would eventually take Welk's place since Welk will soon be 68.

While Floren is popular with the elder generations, he also is a favorite of young people as he directs high school choral groups and bands throughout the year.

Floren, 50, is no stranger to St. Louis. He was with the Buckeye Four on KWK from 1946 to 1950 and taught accordion lessons at the Ludwig School of Music. In addition, he performed at the old Casa Loma Ballroom in South St. Louis.

Noted Accordionist of Welk Troupe Performs for Patients

Patients from Barnes and Barnard hospitals keep time to one of Myron Floren's fast-moving polkas. Floren, the featured accordionist on the Lawrence Welk Show, entertained about 200 patients for an hour on October 31 in Schwartz Auditorium.

Dr. Werner noted that several sections of clinical chemistry at Barnes Hospital are being considered for data processing applications.
Christmas is drawing near and perhaps you still have a few remaining gifts to buy, but you are puzzled on what to buy for someone who 'has everything.' Suggestion: Why not let astrology help you make your selections? Hardly anyone today is unaware of their astrological sign. An unplundered fortune cookie is rarely seen on a plate in a Chinese restaurant.

So—in the tradition of these great American amusements, this pre-Christmas present: a compendium of Christmas gift ideas determined by the zodiac. We

Aries people are enthusiastic, upbeat and warm-hearted, and they're a challenge to anyone who tries to slow down their fast moving pace. Frank Knox, assistant laundry manager, has the Aries love for outdoors and action. Frank asks for a rifle to hunt with and a diamond ring for Christmas. (Purely coincidental, but the jewel assigned to Aries is the diamond.)

There is a shy, "salt-of-the-earth" type that characterizes most Taurus. Good natured, hard working, responsible and practical, they like the nice things money can buy. Bill Davis, wage and salary analyst, is typically Taurus when he said he'd like a suit of clothes, shirts and socks for Christmas. (Somehow the practical always comes out.)

The intelligent, quick Gemini is a Twin, and that means a dual nature. Patricia Berryman, administrative assistant in the Fund Office, uses her Mercurial flair for improvisation in deciding her Christmas gift. And what could be more Mercurial than a Spiro Agnew watch?

Moon children love liquids, babies, food, money, their home and their mothers. Mrs. Mary Spicer, assistant director of the dietary department, seems to fit her Cancer profile in every way. Sensitive and sentimental lunar characteristics guide Mrs. Spicer's choices of a diamond drop necklace and an ultra feminine blouse for Christmas.

The Lion and lionness are King and Queen of the social savanna. Maybe that's why they get all the superlatives. There's flair for the dramatic inherent in Leo underlying a noble and generous nature. Thirza Marshall, supervisor in medical records, wants to touch her Christmas with a little drama—a vacation to a warm and sunny climate.

On the surface they're shy, polite and gentle. But a hard working, intellectual and independent nature makes Virgos regular hairsplitters about things like being on time. Mrs. Joanne Robb, staff development instructor, put a wrist watch first on her Christmas list. And, in case that doesn't inspire her to get to the classroom on time, she added a glittering footnote to her list . . . sapphire pierced earrings.

The Lion, ruled by the sun (July 24 to August 23)

The Virgin, ruled by Mercury (August 24 to Sept. 23)
can't guarantee the efficacy of buying Christmas presents astrologically, but the Barnes Hospital employees who experimented with us gave indications it might not be a bad idea.

And, as they say on the radio: “The accompanying information on astrology is being presented for entertainment purposes only and not intended to foster a belief in astrology as a true science.”
New Employees Allowed To 'Borrow' Vacation After 6 Months' Service

Barnes Hospital's vacation policy was revised recently and the revision only affects new employees during their first year of employment at the hospital. New employees who have completed at least six months of service, with the consent of their department head, may be granted up to one-half of their annual vacation, according to Walter J. Hanses, personnel director.

Mr. Hanses added that any such advanced vacation that is granted will be deducted from the vacation of each employee which becomes effective on the following May 1 or the next available vacation period, whichever is determined on April 30 of each year for services in the previous 12 months.

For further information, new employees are encouraged to contact their department supervisors or the personnel department.

Typing Burns Calories

Two Barnes Hospital secretaries, who were bemoaning the normal rigors of typing repeated drafts of scientific documents, recently submitted an article to The Bulletin that was clipped from a metropolitan newspaper. The item may prove to be an interesting tip to weight-watching secretaries who are seeking a slender figure.

According to Dr. Martin Hoffman of Montreal's McGill University, an average-size woman could gain as much as a half-pound a month if she switches from a manual typewriter to an electric one.

Statistics in the clipping show that a person typing on a manual uses 87.7 calories an hour while on the electric, only 72.7.

80% of Heart-Lung Patients Are Men, Barnes Nursing-Care Advisor States

Pulmonary and respiratory illnesses directly affect one person out of every 10 who suffer from heart disease, said Mrs. John Laycock, nursing care advisor at Barnes Hospital, at the fifth annual St. Louis Heart Association Conference for Nurses on October 7 at St. John's Mercy Hospital.

Speaking as a panel member before 150 members of the Third District Nurse Association and the Visiting Nurse Association of Greater St. Louis, Mrs. Laycock said that men comprise 80 per cent of the patients who are treated for heart lung problems. She noted that most of them are suffering from right ventricular or heart failure, resulting from disorders of the lungs, pulmonary vessels or chest wall.

Mrs. Laycock said, "The reason why men have such a high rate of heart-lung problems is said to be that men smoke for longer periods of time in their lifetime and possibly they are heavier smokers than women."

"Twenty-five per cent of them with heart-lung problems die during their first attack because of heart complications, and 50 per cent only have a two-year survival rate." She said that in medical cases, involving patients with heart-lung problems, treatment of the lung problem such as pneumonia, often results in the healing and complete restoration of the disease-damaged heart.

In her talk, Mrs. Laycock outlined case studies of several patients who have been treated at Barnes Hospital, such as a found worker who contracted silicosis; a 36-year-old newspaper photographer who was suffering from Marfan's syndrome, a hereditary disorder of the connective tissues affecting the bones, eyes, ligaments, and the cardiovascular system; and a 63-year-old emphysema victim who started smoking at age 14 and smoked one pack a day until recently.

Blood Drive Scheduled for Barnes Employees; 25% of Employees Needed for Family Coverage

Barnes Hospital employees will have an opportunity Thursday, January 14, to assure themselves and their families of the availability of blood for transfusions throughout the next year. In cooperation with the American Red Cross, the hospital will conduct a blood bank drive on that day from 11 a.m. until 4 p.m. at the designated location.

Volunteers who agree to participate in the program by donating a pint of blood will be entitled to blood at less than the cost of production and no charge for blood itself—any amount of blood used by any member of their household, parents, parents-in-law, grandparents, and grandparents-in-law, anywhere in the United States for a period of one year.

Walter Hansen, director of personnel, is in charge of the drive and Red Cross personnel will do the actual blood drawing.

Miss Annetta Brady, a new vari-typist in the forms control section at Barnes Hospital, has more than a passing interest in the French language. Miss Brady has requested that if anyone needs to translate French, she would be happy to oblige. Miss Brady formerly was a graduate assistant in French at the University of Missouri. She also studied French phonetics in Paris for several months.

Mrs. Deborah Baker, an escort messenger, has been named "Messenger of The Month" for her work in the dispatch section.

Thirteen operating room technicians began evening classes on October 6 at Forest Park Junior College. The courses—anatomy, physiology, and general biology—are held twice a week. The credits are applicable to college credits. The purpose of the classes is to prepare the OR technician for a national examination. The 13 from Barnes attending are: Eva Chamber, Lorraine Woolford, Lillian Coleman, Carrie McClure, Verlene McGee, Mildred Smith, Catherine Ewitt, Thelma Stocking, Vivian Powell, Terry Spencer, Frankie Mitchell, Hattie Dixon and Sina Love.
Handicapped
- - But
Valuable

Several of the people pictured on this page have two things in common—they are Barnes Hospital employees and they are physically handicapped. However, they have proven they can do a variety of jobs just as dependably and productively as those without handicaps.

Some are almost deaf and although some are handicapped, yet they go to work every day like their more fortunate fellow citizens and they are performing their duties in a conscientious and reliable manner.

Miss Joan Hrubetz contracted polio during the summer she was graduating from nursing school. Since that time, she has been confined to a wheelchair, but figuratively she has "walked a long way" since then. Today she is the director of the Barnes Hospital School of Nursing.

Miss Hrubetz said, "At first, I was depressed when I realized the consequences of the disease, but I made up my mind to face it. While this wheelchair has limited my activities in some ways, I travel and shop alone, without assistance. There are some advantages in being handicapped, depending upon how you look at it. For example, the person who is handicapped probably receives more attention because of his handicap. Being handicapped focuses attention on some individuals who would otherwise go unnoticed."

"Since becoming handicapped, I seem to have become more sensitive to people. It's a greater appreciation for them as individuals."

Mrs. Betty Healey, a key-punch operator in data processing has been hard of hearing since birth, but, according to her supervisor Everett Menendez, data processing manager, "She has a good work record." In recent years, the data processing section at Barnes Hospital has hired several deaf applicants for jobs as key punchers. Menendez said that once the new hire, who is deaf, overcomes the communication barriers and learns the key-punch trade, she often does better work than employees who are "handicapped with normal hearing" because the deaf employee's concentration is not interrupted by noise and conversation.

Mrs. Evelyn Willis, a counterwoman in the Employee Cafeteria, has also been hard of hearing since she contracted scarlet fever and diphtheria when she was nine years old. During her childhood, she attended speech therapy sessions at McMillan Hospital.

Mrs. Willis had been unemployed for six years prior to accepting her position at Barnes Hospital. "Before inquiring about employment at Barnes, I tried almost everything to get a job, but it was always the same old story—I was never hired. However, only one month after I applied at Barnes, I was offered a job. That was five years ago, and I am certainly grateful for the opportunity," said Mrs. Willis, who has no other means of financial support.

These are just a few of Barnes' employees who are handicapped, but who creditably perform their duties everyday at the hospital.

All the handicapped want is an opportunity to prove themselves—and Barnes is giving them that chance.
Drug Abuse, Hospital Care Discussed at Volunteer Workshop

Questions ranging from "daylight obstetrics" to the name of the new East Pavilion were presented to a panel of Barnes' Hospital administration during a workshop for Barnes volunteers held Oct. 29 at Kirkwood Methodist Church.

Robert E. Frank, director; John Warmbrodt, deputy director; and Susan Hackman, director of nursing service; answered questions sent in by volunteers. Presenting the questions were volunteers, Mrs. Sadie Canatsey, Mrs. Miriam Rosenberg, and Mrs. Clara Tremayne.

Following the panel, Dr. Donald W. Goodwin spoke on drug abuse. "We don't know much about what happens to healthy people who use marijuana over a long period of time," he said. He said it was "nonsense" to say that smoking marijuana is no more dangerous than drinking beer. "No doctor, or any sensible person, would compare any two drugs without knowing the dosage," he pointed out. "The marijuana most people have smoked in this country comes from a variety of imported hemp weed, to make hemp. It made good rope, and it makes weak smoking."

"The variety of marijuana smoked in Africa and India is hashish and it is very strong, and has hallucinatory effects, altering the judgment and mood of the user. In those countries it is regarded as highly dangerous, and it is outlawed. Since it is a poor man's drug in those countries, (no one would smoke hashish if they could afford to drink whiskey) little is known of its effect on healthy, well-nourished persons."

Dr. Goodwin says he believes legalizing marijuana would make the strong marijuana available, since there would be no way to standardize its strength. "The use of any drug is directly related to its availability," he said, pointing out that less alcohol was consumed during prohibition, with a significant drop in alcoholism and cirrhosis of the liver.

"If it would become available, a certain percentage of persons would abuse its use," he said.

Highlighting the luncheon which was served by the members of the Women's Society of Christian Service of the Kirkwood Church was a presentation of a "Volunteer of the Decade Award" to Mrs. Herman Brandenburger, who has given Barnes Hospital more than 13,848 hours of volunteer service work over the past 13 years.

Entries Being Submitted To Nursing Safety Contest

A safety slogan campaign contest for nursing service personnel, with a $25 U.S. Savings Bond as the first prize, is "progressing well" in the early stages, according to Mrs. Donna Jablonski, chairman of the nursing service safety committee.

Members of the Barnes nursing service were encouraged, early this month, to submit an entry consisting of a safety slogan, a 50 to 200-word article related to the slogan, and a poster using the safety slogan or an idea for a poster for judging, by December 11 to the Barnes Nursing Office.

From the initial entries, a panel of three judges are selecting the 12 best ideas for use in a 1971 nursing safety campaign which will feature one safety idea a month. Those employees who submit the 12 best ideas will be honored at a dinner later in 1971.