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Altered Outer Hair Cell Mitochondrial and Subsurface Cisternae Connectomics Are Candidate Mechanisms for Hearing Loss in Mice

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Organelle crosstalk is vital for cellular functions. The propinquity of mitochondria, ER, and plasma membrane promote regulation of multiple functions, which include intracellular Ca\textsuperscript{2+} flux, and cellular biogenesis. Although the purposes of apposing mitochondria and ER have been described, an understanding of altered organelle connectomics related to disease states is emerging. Since inner ear outer hair cell (OHC) degeneration is a common trait of age-related hearing loss, the objective of this study was to investigate whether the structural and functional coupling of mitochondria with subsurface cisternae (SSC) was affected by aging. We applied functional and structural probes to equal numbers of male and female mice with a hearing phenotype akin to human aging. We discovered the polarization of cristae and crista junctions in mitochondria tethered to the SSC in OHCs. Aging was associated with SSC stress and decoupling of mitochondria with the SSC, mitochondrial fission/fusion imbalance, a remarkable reduction in mitochondrial and cytoplasmic Ca\textsuperscript{2+} levels, reduced K\textsuperscript{+}-induced Ca\textsuperscript{2+} uptake, and marked plasticity of cristae membranes. A model of structure-based ATP production predicts profound energy stress in older OHCs. This report provides data suggesting that altered membrane organelle connectomics may result in progressive hearing loss.

Key words: calcium homeostasis; deafness; hearing loss; inner ear; mitochondria; outer hair cells

Significance Statement

We address the question, “Do aged OHCs exhibit detectable changes in organelle connectomics that would help us better understand human hearing loss in a relevant mouse model?” Because of the close association of mitochondria SSC over much of the outer hair cell (OHC) inner surface, mitochondria-subsurface cisternae (SSC) connectomics appears to play a central role in hearing. In polarized cells such as OHCs, where there is functional segregation of apical versus basal regions, the relationship between altered organelle connectomics and hearing loss is unknown. We propose a mechanism of mitochondria-SSC dysregulation related to aging and OHC degeneration, showing distinct altered mitochondrial and cytoplasmic Ca\textsuperscript{2+} regulation, mitochondrial polarization, and fission/fusion imbalance, mitochondrial-SSC decoupling, and SSC and cellular energy stress.

Introduction

Age-related hearing loss (ARHL) is prevalent in mammalian aging and is the most common sensory disorder in the elderly (Gates and Mills, 2005; Ohlemiller, 2006; Keithley, 2020). The outer hair cell (OHC), the cochlear amplifier, is one of the most vulnerable cells that degenerate in hearing loss (HL) (Schuknecht and Gacek, 1993). OHC metabolism is primarily aerobic (Puschner and Schacht, 1997); thus, its fate is dependent on mitochondrial function. OHCs also require mitochondria to facilitate ion transport contributing to mechanoelectrical transduction (Spicer et al., 1998; Keithley, 2020). Several ARHL syndromes result from defects in mitochondria (Someya and Prolla,
2010). Aged human cochleae have mitochondrial (mt) DNA damage (Bai et al., 1997; Fischel-Ghodsian et al., 1997; Markaryan et al., 2009). In mouse models of ARHL, specific mutations in mtDNA or nuclear-encoded DNA for mitochondrial proteins increased oxidative damage, resulting in cochlear hair cell loss during aging, causing HL (Yamasoba et al., 2007; Someya et al., 2008, 2009; Someya and Prolla, 2010; Han and Someya, 2013; Chen and Tang, 2014; Fujimoto and Yamasoba, 2014). Yet, the role of mitochondria in ARHL may be more complicated than DNA mutations or deletions or excess ROS generated by mitochondria (Botter and Schacht, 2013; Tavanai and Mohammadkhani, 2017).

The OHC lateral wall is more structurally rich than previously appreciated (Triffo et al., 2019). In addition to playing a role in Ca2+ homeostasis (Fuchs et al., 2014; Raffaello et al., 2016), the subsurface cisternae (SSC) facilitates the rapid delivery of voltage excitation to the molecular motors, including prestin, within the lateral wall (Song et al., 2013). The unusually high SSC conductivity is expected to depend on locally available energy. The mechanical connections between the plasma membrane, SSC, and the cytoskeleton provide a membrane-cytoskeletal framework to aid energy flux, facilitating electromotility (Triffo et al., 2019).

We surmise that the distinct propinquity between OHC mitochondria and the SSC has functional relevance that, when disrupted, will lead to OHC dysfunction.

In the OHC, a distinct class of mitochondria is positioned next to the SSC, and within these mitochondria are cristae whose number and shape are integral to mitochondrial respiratory capacity and whose structural dynamics are influenced by the energetic demands of the cell (Cogliati et al., 2013). At the peripheral end of a crista is the crista junction, a fine, neck-like structure that partitions vital mitochondrial reactions and its dynamic nature is precisely regulated by diverse signals impinging on mitochondria (Perkins et al., 2009; Zerbes et al., 2012; Rampelt et al., 2017a; Schorr and van der Laan, 2018; Tsai et al., 2018). The maintenance and plasticity of crista junctions are essential for cellular homeostasis in vivo. Crista junction dysfunction leads to defects in mitochondrial transcription and altered respiratory activity. The effect has been reported in frontotemporal dementia, amyotrophic lateral sclerosis, type 1 diabetes mellitus, and diabetic cardiomyopathy (van der Laan et al., 2016; Wollweber et al., 2017). Moreover, the structural and functional coupling between mitochondrial cristae and crista junctions and the adjacent SSC has been unexplored.

Critical functional assays supported by three-dimensional electron microscopy (3DEM) were used to study CBA/Caj mice, whose age of onset of ARHL can be correlated to an equivalent human age (Zheng et al., 1999). Aging increased thresholds of both the auditory brainstem response (ABR) and distortion product otoacoustic emissions (DPOAE), indicating OHC malfunction, which correlated to pathologic markers and reduced mitochondrial and cytoplasmic Ca2+ levels and responsiveness. Older (24 month) mitochondria were depolarized, and the number of dynamin-related protein (Drp1) RNA, but not optic atrophy 1 (Opa1) RNA was significantly reduced compared with young OHCs, indicating a downregulation of mitochondrial fission. Cristae and crista junctions were polarized toward the SSC. SSC stress and lowered modeled mitochondrial energy production in aged OHCs may contribute to functional cellular stress and the observed death of OHCs in CBA/Caj mice.

**Materials and Methods**

**ABR and DPOAE measurements.** ABR experiments were performed as previously published by our group (Reijntjes et al., 2019). All animal experimentation was conducted following SIN’s Policies on the Use of Animals in Neuroscience Research. Equal numbers of males and females were used in the experiments. In cases where odd numbers are reported, females outnumbered male samples. Briefly, mice were anesthetized with tribromoethanol (Avertin; Sigma Millipore), using 0.5 mg/g body weight, injected intraperitoneally. The mice were then placed in a sound-attenuated chamber on a custom holder. Body temperature was maintained at 36.5 ± 0.5°C using a homeothermic blanket control unit (Harvard Apparatus) and rectal probe feedback. Ground and recording electrodes were placed subcutaneously in the scalp, and a calibrated transducer (Intelligent Hearing Systems) placed in the right pinna. At a rate of 20 Hz, with intensity from 0 to 100 dB sound pressure level (SPL; rms for click stimuli) in 10 dB increments, 0.1 ms broadband clicks, and 3 ms pure tone pips at 8, 16, and 32 kHz were presented. The ABR activity was extracted from 128 to 1024 stimuli. The hearing threshold was defined as the minimum sound intensity that elicited a characteristic ABR waveform.

For DPOAE experiments, mice were anesthetized with Avertin as for ABR measurements. After visual inspection to ensure adequate health of external and middle ear was performed, the mice were placed in a sound-attenuated chamber, and a dual acoustic probe/microphone assembly (Etymotic Research) was placed in the ear. Primary tones with an f2/f1 ratio of 1.25 were presented at equal sound pressure levels at 55, 65, and 75 dB SPL over 92 ms, and tones were routed to independent transducers and allowed to mix acoustically in the ear canal. The SPL was sampled and synchronously averaged by a digital signal processor for geometric mean frequencies < 20.1 kHz. Above 20.1 kHz, the sampling input was automatically switched to the dynamic signal analyzer for frequency analysis to avoid DSP aliasing artifacts >22.1 kHz. Cubic (2f1–2f2) DPOAE levels were calculated. DPOAE levels were plotted as a function of the primary tones’ geometric mean frequency. DP thresholds were generated for each stimulus level and were evaluated relative to the noise floor (DPOAE > 5 dB above the noise floor).

**Mitochondrial membrane potential.** Semi-intact, viable epithelia were dissected from 3, 15, and 24 month mice. Any potential trauma caused by dissection was evaluated using tight-seal current- and voltage-clamp recordings of resting membrane potential, and K+ currents as well as nonlinear capacitance recordings. The 24 month cochleae were tested because this age would be the most vulnerable to dissection trauma. Bicarbonate buffered bath solution containing 3 mM glutathione and continuously perfused with 5% CO2 and 95% O2 was maintained to stable resting membrane potentials in apical OHCs. 3 month = −52.0 ± 12 mV (n = 87 OHCs from 35 cochleae), 15 month = −48.4 ± 14 mV (n = 25 OHCs from 10 cochleae), and 24 month = −49.0 ± 10 mV (n = 49 OHCs from 14 cochleae). The resting membrane potentials were recorded after 2–3 min after whole-cell configuration. The values were comparable to previous reports from OHCs in the gerbil and guinea pig (He and Dallos, 1999a,b). Only apical OHCs had resting membrane potentials that lasted for ~20–25 min after whole-cell patches were ruptured. OHCs from the apical segments of the cochlea were used for these sets of experiments. Because OHCs at the edge of the severely epithelium may have been damaged, recordings were also performed from OHCs with intact surrounding supporting cells.

Tetramethylrhodamine, methyl ester (TMRM), was prepared and loaded in isolated organs of Corti from CBA/Caj mice according to the manufacturer’s protocol (Thermo Fisher Scientific). High-magnification confocal images were collected at 2.5 s time intervals using a SP8 confocal microscope (Leica Microsystems) with a 63× oil immersion lens under the control of LAS X software. The TMRM signal with an absorbance peak at 548 nm and an emission peak at 574 nm was captured with an RFP/TRITC filter. Pirilfluoromethoxy carbonyl cyanide phenyl hydrazone (FCCP) (1 μM) was added 10 min into the imaging as a pharmacologic control because there should be no detectable TMRM signal from mitochondria completely depolarized using FCCP.
Single-molecule FISH (smFISH) with RNAscope. Mice (ages 3, 15, 18, and 24 months) were anesthetized with ketamine (100 mg/kg) and xylazine (10 mg/kg) and then transcardially perfused with diethylpyrocarbonate (DEPC)-treated PBS and 4% PFA in 0.1 M phosphate buffer. Cochleae were harvested and kept in a 4% PFA solution (DEPC-treated) overnight on a shaker at 4°C. The cochleae were washed with PBS, and decalified in 0.35% EDTA for 5–7 d, depending on age, on a shaker at 4°C and washed with PBS. The cochleae were sequentially dehydrated in 10%, 20%, and 30% sucrose solution at 4°C for 1 h, 2 h, and overnight, respectively. The cochleae were processed as whole-mount preparation or transferred into optimal cutting temperature compound for a minimum of 1 h at 4°C and then snap-frozen, using a dry ice-ethanol mixture. Samples were cryo-sectioned to a thickness of 12 μm, placed onto Superfrost slides, and stored at −80°C until further use.

Probe hybridization closely followed the manufacturer's instructions (Advanced Cell Diagnostics). Sections were immersed in prechilled 4% PFA for 15 min at 4°C. The sections were dehydrated at room temperature in 50%, 70%, and 100% ethanol for 5 min each and allowed to dry for 1-2 min. Fixation and dehydration were followed by protease digestion, using Protease 4 for 30 min at room temperature. The sections were then incubated at 40°C with the following solutions: (1) target probe in hybridization buffer A for 3 h; (2) preamplifier in hybridization buffer B for 30 min; (3) amplifier in hybridization buffer B at 40°C for 15 min; and (4) label probe in hybridization buffer C for 15 min. After each hybridization step, the sections were washed with wash buffer 3 times at room temperature. For fluorescent detection, the label probe was conjugated to AlexaFluor-488. Probes for Drp1 and Opa1 and a blank negative control were obtained from Advanced Cell Diagnostics. Sections were immersed in prechilled 4% PFA for 15 min at 4°C and washed with PBS. The cochleae were sequentially dehydrated in 10%, 20%, and 30% sucrose solution at 4°C for 1 h, 2 h, and overnight, respectively. The cochleae were processed as whole-mount preparation or transferred into optimal cutting temperature compound for a minimum of 1 h at 4°C and then snap-frozen, using a dry ice-ethanol mixture. Samples were cryo-sectioned to a thickness of 12 μm, placed onto Superfrost slides, and stored at −80°C until further use.

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For subsequent immunofluorescent staining, sections were treated with 10% blocking solution for 10 min at room temperature, incubated with anti-myosin 7A (Novus Biological, 1:300 dilution), overnight on a shaker at 4°C. The cochleae were washed with PBS, and decalified in 0.35% EDTA for 5–7 d, depending on age, on a shaker at 4°C and washed with PBS. The cochleae were sequentially dehydrated in 10%, 20%, and 30% sucrose solution at 4°C for 1 h, 2 h, and overnight, respectively. The cochleae were processed as whole-mount preparation or transferred into optimal cutting temperature compound for a minimum of 1 h at 4°C and then snap-frozen, using a dry ice-ethanol mixture. Samples were cryo-sectioned to a thickness of 12 μm, placed onto Superfrost slides, and stored at −80°C until further use.

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Confocal imaging and image analysis. Confocal micrographs were obtained as described previously (Reijntjes et al., 2019). To determine frequency regions, low-magnification micrographs of isolated organs of Corti were obtained using a DM4000B fluorescent microscope (Leica Microsystems). If necessary, the Stitching plugin in ImageJ was used to create a single montage and align between maps. Images were then overlaid on the image previously described in the place-frequency map of the mouse cochlea (Muller et al., 2005). High-magnification confocal micrographs were collected using a SP8 confocal microscope (Leica Microsystems) with a 63× oil immersion lens under the control of LAS X software. z stacks of the OHCs from the 8, 16, and 32 kHz regions were collected using a DM4000B fluorescent microscope (Leica). The OGB concentration and duration of incubation sufficed to estimate free Ca2+ levels. The preparation was treated with either low or high Ca2+ solution in the presence of the Ca2+ ionophore A23187 (20 μM). The low Ca2+ solution contained 140 mM NaCl, 2 mM KCl, 10 mM glucose, 10 mM HEPES, 1.3 mM CaCl2, pH 7.35, osmolarity ~290 mOsmol. The high Ca2+ solution contained 140 mM NaCl, 2 mM KCl, 10 mM glucose, 10 mM HEPES, 1.85 mM CaCl2, 5.3 mM EGTA, pH 7.3, osmolarity ~290 mOsmol. The high Ca2+ solution contained 140 mM NaCl, 2 mM KCl, 10 mM glucose, 10 mM HEPES, 2.35 mM CaCl2, 2.25 mM EGTA, pH 7.3, osmolarity ~290 mOsmol. The Maxechelor software (https://somapp.ucdmc.ucdavis.edu/pharmacology/bers/maxechelor/CaEGTA-TsHtm) was used to estimate free Ca2+ in low and high Ca2+ solutions. The Ca2+ images were acquired in a 1024×1024 raster (x = y = 184.52 μm) at subsaturating laser intensities for each channel. Images are presented as z projections through the collected optical stack. All quantitative image analysis was performed on the raw image stacks, without deconvolution, filtering, or y correction. Individually fluorescently labeled mRNA transcripts appeared as puncta. To quantify the number of mRNA transcripts per OHC, individually fluorescently labeled mRNAs within a given FOV were counted using the spots function in Imaris 6.4 software (Bitplane). mRNA counts were normalized to the number of Myosin 7A-labeled OHCs marked manually in the same FOV.

Ca2+ imaging. Mice (ages 3 and 24 months) were deeply anesthetized with a mixture of xylazine and ketamine and decapitated. The cochleae from the apical aspects of the sensory epithelia were harvested in an oxygenated external solution containing 140 mM NaCl, 2 mM KCl, 10 mM glucose, 10 mM HEPES, 1.3 mM CaCl2, pH 7.35, osmolarity ~290 mOsmol. The tissue was incubated in the oxygenated external solution containing the Ca2+ dye, Oregon Green 488 BAPTA-1, AM, cell-permeant (OGB) (20 μM) and TMRM according to the manufacturer’s protocol (Thermo Fisher Scientific; Invitrogen) and kept in the dark for 10 min. The OGB concentration and duration of incubation sufficed for dye diffusion into cellular organelles and subsequent estimation for monitoring cytoplasmic Ca2+. The OGB dye was chosen because a previous study showed that mitochondrial Ca2+ concentration is high (~220 nm) (Ivanikov and Macleod, 2013). Therefore, we predicted that a high-affinity Ca2+ indicator would be appropriate for our measurements (Paredes et al., 2008). Also, using TMRM as a mitochondrial marker precludes the use of Ca2+ indicators, such as Rhod-2/Rhod-2 AM Thus, we used TMRM as a mitochondrial marker pre-
Imaging Research for EM tomography. Mid-modiolar cochlear sections (70 nm) mounted on copper hex grids were obtained from the remaining half cochlea, stained (uranyl acetate-lead citrate), and viewed. Images from the upper basal turn (~28–32 kHz) were collected and archived using a JEOL 1200 EX transmission electron microscope (JEOL) equipped with an AMT 8-megapixel digital camera and AMT Image Capture Engine V602 software (Advanced Microscopy Techniques). Final figures were assembled using Adobe Photoshop and Illustrator software (Adobe Systems).

**Electron tomography.** The principles and procedures of EM tomography described previously (Perkins et al., 2015; Sastri et al., 2017) were practiced. Sections from blocks of cochlea upper basal turn sent from tissue processed at Washington University from each age group were cut at a thickness of 400 nm. For each tomographic reconstruction, a double-tilt series of images at 1 degree tilt increment was collected with an FEI titan hi-base electron microscope operated at 300 kV. Images were recorded with a Gatan 4Kx4K CCD camera. The magnification was 11,000×, and the pixel resolution was 0.81 nm. The IMOD software package (https://en.wikipedia.org/wiki/IMOD) was used for alignment, reconstruction, and volume segmentation. R-weighted back projection was used to generate the reconstructions. Samples from 6 animals were used for 3 months and 15 months, and samples from 3 animals were used for 18 months and 24 months. Nine tomographic volumes were generated for 3, 15, and 18 months. Eleven tomographic volumes were generated for 24 months. Each volume had nearly 200,000,000 voxels and a size of ~3.4 μm. Volume segmentation of the mitochondria, SSC, and their tethers was performed by tracing of membranes in each of the 1.62-mm-thick x-y planes that they appeared to create stacks of contours with the Drawing Tools plug-in in IMOD. Because the mitochondrial membrane profiles did not vary much from plane to plane, the Interpolator plug-in in IMOD was used to accelerate the segmentation of surfaces by automatically generating interpolated contours between user-defined key contours that were manually traced. By using key contours about every 5 planes, accurate membrane segmentation was achieved by generating interpolated contours with straight lines between key contours in each in-between plane. Although the interpolator plug-in was also used to segment the SSC, more manual tracing was required because the SSC meshwork changed more from plane to plane. The mitochondrial-SSC tethers were modeled as rods with a diameter of 10 nm thick, and the crista junctions were modeled as either spheres or tubes with 14 nm diameter. The traced contours were then surface-rendered by turning contours into meshes to generate a 3D model. The mitochondrial reconstructions and surface-rendered volumes were visualized using 3DMD. Measurements of mitochondrial outer, inner boundary, and cristae membrane surface areas and volumes were made within segmented volumes using IMODinfo. Mitochondrial profile area, volume density (defined as the volume occupied by mitochondria divided by the cytoplasmic volume), number per area, crista density, and crista junction diameter were measured using ImageJ. Crista polarization was determined for each age by using the angle measurement tool in ImageJ with one side along the long axis of a crista and the other side along the SSC chosen so that only acute angles were measured. The measurements were sorted into 10 degree bins from 0 to 90 degrees. Based on visual inspection of many OHC mitochondria, angles >70 degrees were considered as demonstrating cristae alignment facing the SSC (for measurement, see, e.g., Fig. 6A). The degree of polarity was defined as the percent of measures with angles >70 degrees divided by the percent of measurements expected in this angular range if the cristae were randomly oriented. A χ² test was used to test the null hypothesis of random cristae orientation. Movies of the tomographic and surface-rendered volumes were made using the IMOD movie.

**Energy calculations.** Models of mitochondrial ATP output have lacked structurally realistic input based on 3DEM. The biophysical modeling schema of Song et al. (2013) made steps to remedy this problem by using spatially accurate geometric representations of a crista, inner boundary membrane, and crista junction. From physical principles, this modeling predicted the higher proton motive force on cristae membranes, the effect of crista surface-to-volume ratio on this force, and the effect of crista membrane surface area on the rate of ATP synthesis, all integral to the current paradigm of mitochondrial structure/function relations. We applied this modeling approach to predict ATP production for SSC and PM functions at the lateral wall (graphic associated with Table 1).

### Table 1. Mitochondrial ATP and energy production in aging OHC.

<table>
<thead>
<tr>
<th>Mouse age (mo)</th>
<th>Crista Shape Factor</th>
<th>ATP/s/Mito</th>
<th>Power/Mito Vol</th>
<th>Mitochondria no.</th>
<th>ATP/s</th>
<th>ATP/s/CJ</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>0.16 ± 0.020</td>
<td>6.9 ± 0.75 × 10⁻⁵</td>
<td>2.1 ± 0.26 × 10⁻¹²</td>
<td>272 ± 75</td>
<td>1.6 × 10⁶</td>
<td>3.2 × 10⁹</td>
</tr>
<tr>
<td>15</td>
<td>0.17 ± 0.024</td>
<td>6.2 ± 0.88 × 10⁻⁵</td>
<td>2.3 ± 0.33 × 10⁻¹²</td>
<td>263 ± 51</td>
<td>1.6 × 10⁶</td>
<td>3.4 × 10⁹</td>
</tr>
<tr>
<td>18</td>
<td>0.17 ± 0.018</td>
<td>9.1 ± 1.0 × 10⁻⁴</td>
<td>2.3 ± 0.25 × 10⁻¹²</td>
<td>228 ± 46</td>
<td>2.1 × 10⁸</td>
<td>4.3 × 10⁹</td>
</tr>
<tr>
<td>24</td>
<td>0.12 ± 0.014</td>
<td>4.0 ± 0.45 × 10⁻⁵</td>
<td>1.2 ± 0.14 × 10⁻⁵</td>
<td>171 ± 71**</td>
<td>0.68 × 10⁻⁶***</td>
<td>3.4 × 10⁸</td>
</tr>
</tbody>
</table>

*a* Crista surface area divided by crista volume. Data are mean ± SEM. Units: nm². *c* = 31, 29, 30, and 34 mitochondria for 3, 15, 18, and 24 months, respectively using 3 mice per age. These numbers also apply to the next 2 columns, p = 0.041 between 24 and 18 months. Other pairings were not significantly different.

*b* Number of ATP molecules produced per second by mitochondrial. Data are mean ± SEM.

*c* Energy per second, i.e., power (W/j = Watt) produced in the form of ATP hydrolysis per a mitochondrial volume of 1 μm³. Data are mean ± SEM. Units: J/s/μm³.

*d* Number of mitochondria. Data are mean ± SD: n = 14, 12, 15, and 10 OHCs for 3, 15, 18, and 24 months, respectively using 3 mice per age.

*e* Number of ATP molecules produced per second by the complement of mitochondria adjacent to the lateral SSC. Calculated by multiplying the entries in the second column with the entries in the fourth column.

*f* Number of ATP molecules flowing through a crista junction per second calculated by dividing the values in the second column (ATP/s/Mito) by the mean value of the number of cristae junctions per mitochondrion provided (mean ± SEM) as follows: 19 ± 1.5, 19 ± 1.9, 21 ± 2.7, and 12 ± 2.2 n = 10, p = 0.024, 0.003, and 0.018 comparing 24 months with 3, 15, and 18 months, respectively. Calculated ATP values are not significantly different between ages. Shown is an illustration of the mitochondrial ATP stream (Extended data Table 1-1).

**p** = 0.00065, 0.0035, and 0.0040 between 24 and 18, 15, and 3 months, respectively.

**R** = 0.049, 0.039 between 24 months and 3 and 15 months, respectively.

**R** = 0.00016, 0.00067, and 0.00092 between 24 months and 18, 15, and 3 months, respectively.

**F** = 0.00045, 0.0035, and 0.0040 between 24 and 18, 15, and 3 months, respectively.
Results

Aging increased the ABR and DPOAE thresholds in a CBA/CaJ mouse model of ARHL

We recorded the ABR from CBA/CaJ mice from ages 3, 6, 12, 18, and 24 months (Fig. 1A,B). Previous work used ABR, DPOAE, and hair cell and synaptic ribbon counts in the CBA/CaJ mouse model from youth (1 months) to old age (33 months) to show that cochlear synaptic loss can be observed long before age-related changes in thresholds or hair cell counts and that nerve loss parallels the synaptic loss, but only after a delay of several months (Sergeyenko et al., 2013). We showed that ABR thresholds remained unchanged until at 18 months when a mild elevation of 5–8 dB SPL occurred at 32 kHz. At 24 months, the threshold was elevated by ~20–25 dB SPL at all frequencies. The condition of OHC functional capacity in the aged cochlea was also monitored with DPOAEs. The DPOAE threshold at four frequencies was compared for 3, 15, and 24 month CBA/CaJ mice (Fig. 1C). The intensity thresholds at 8 and 16 kHz were significantly higher for 24 month compared with 3 month mice, indicating OHC malfunction in the middle-frequency range.

Cytoplasmic and mitochondrial Ca2+ levels and responsiveness to high K+ stimulation were reduced in aged CBA/CaJ OHCs

Based on the DPOAE findings and because blocking Ca2+ entry into OHCs affects the DPOAE (Kujawa et al., 1996), we tested whether perturbed Ca2+ flux in OHCs contributes to OHC dysfunction. Overactivation of T-type Ca2+ channels in OHCs plays a role in ARHL (Sang et al., 2017), and channel suppression may confer a protective effect (Yu et al., 2016). We used confocal microscopy to image cytoplasmic Ca2+ levels in OHCs in semi-intact, viable cochleae from the apical aspects of the sensory epithelia harvested from young and old (Fig. 1D) CBA/CaJ mice. We focused on mitochondrial populations and cytoplasmic regions adjacent to the SSC, which acts as a Ca2+ reservoir (Raffaello et al., 2016), and measured the Ca2+ levels every 15 s for 120 s in a recording chamber with continuous perfusion of oxygenated external solutions. To establish the baseline Ca2+ fluorescence, low and high [Ca2+]i solutions were perfused through the recording chamber containing Ca2+ ionophore A23187-permeabilized OHCs. The qualitative estimates of free cytoplasmic Ca2+ in the low and high Ca2+ solutions were ~200 nm and ~100 μM, respectively. The relative Ca2+ levels measured in low and high Ca2+-perfused OHCs were compared with the Ca2+ levels in the young and old OHCs (Fig. 1E). Both 3 month and 24 month cytoplasmic and mitochondrial Ca2+ levels were lower compared to the Ca2+ concentration in OHCs from 3 and 24 months. The relative Ca2+ concentrations in 15 month OHCs fell between 3 and 24 month levels. Next, because high K+ mediates membrane depolarization and opens voltage-dependent Ca2+ channels, resulting in an influx of extracellular Ca2+, a part of which is taken up by mitochondria (Karaki et al., 1984; Bawa and Abbott, 2008), we asked whether the sensitivity of mitochondrial Ca2+ levels to high (20 mM) external K+ signals is compromised in aged OHCs. The Ca2+ fluorescence intensity for SSC-associated mitochondria from the 3 and 24 month OHCs was measured at 15 s time points before and after bath perfusion of high K+ solution followed by washout with typical external K+ solution (5 mM) (Fig. 1F). High K+ invariably mediated a rise in mitochondrial Ca2+ levels. However, the high external K+-mediated effect on mitochondrial Ca2+ level was diminished in 15 and 24 month versus 3 month OHCs, implying compromised mitochondria Ca2+ uptake mechanisms in older OHCs. Mitochondrial Ca2+ was analyzed and grouped according to the organelle’s location in OHCs, that is, mid-point below the nuclei (infranuclear) or mid-point above the nuclei (supranuclear). The changes in Ca2+ fluorescence intensities were relatively greater in infranuclear compared with supranuclear mitochondrial and cytoplasmic regions (Fig. 1F). Presumably, the qualitative differences may reflect the activity of synaptic versus SSC-tethered mitochondria.

Mitochondria are substantially depolarized in 24 month OHCs

Dysfunctional mitochondrial Ca2+ dynamics in aged OHCs were probed further by measuring mitochondrial membrane potential (ΔΨm), a critical physiologic parameter as it relates to a cell’s capacity to generate ATP by oxidative phosphorylation. The membrane potential of mitochondria in OHCs in isolated organs of Corti from 3, 15, and 24 month CBA/CaJ mice was measured with TMRM fluorescence, which is dependent on the
maintenance of mitochondrial membrane potential. Substantial loss of TMRM fluorescence at 24 month was observed, indicating considerable mitochondrial depolarization and OHC injury (Fig. 2). The protonophore, FCCP, which depolarizes the mitochondrial inner membrane by increasing its permeability to protons, was added as a control. The fluorescence decay time constant after the addition of the FCCP was significantly increased at 24 month. FCCP, which depolarizes the mitochondrial inner membrane by increasing its permeability to protons, was added as a control. The fluorescence decay time constant after the addition of the FCCP was significantly increased at 24 month.

Because the ABR, DPOAE, Ca$^{2+}$ imaging, and mitochondrial membrane potential in aged mice all represented OHC anomalies, we examined the structural correlates in aged OHCs. Comparing TEM of 3 and 24 month OHCs in the upper basal turn, we found OHC detachment from Deiters’ cup and synapses, phagocytotic activity in OHC consistent with both necrosis and macrophagic and degenerating efferent nerve terminals impinging on the OHC (Fig. 3). Inside the OHC, we observed the loss of cytoplasmic density as well as decreased complexity of the Hensen’s body, a specialized tubulovesicular form of smooth ER located in the apical portion of the cell (Fig. 3A,B). The decreased

**OHCs in a CBA/CaJ mouse model exhibit structural pathology because of aging**

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**Figure 1.** ABR and DPOAE thresholds were increased in aged CBA/CaJ mice, and mitochondrial Ca$^{2+}$ levels and ability to respond to K$^+$ stimulation were reduced in old (15-24 month) OHCs. A, Average ABR threshold for click sounds at five different ages (3-24 months; n = 17 mice). Significant threshold elevation was seen in 18 and 24 month mice. *p = 3 × 10^{-6} between 18 and 3 months. *p = 3 × 10^{-6} between 24 and 3 months. B, Average ABR thresholds using tone pips at 4, 8, 16, and 32 kHz in CBA/CaJ mice (n = 17 mice). ANOVA was used to test for differences in age populations. *p = 0.0012 between 24 and 3 months at 8 kHz, *p = 2.0 × 10^{-6} between 24 and 3 months at 16 kHz. *p = 0.001 between 18 and 3 months at 32 kHz. *p = 1 × 10^{-5} between 24 and 3 months at 32 kHz. C, DPOAE thresholds for 3, 15, and 24 month CBA/CaJ mice. *p = 1 × 10^{-9} between 24 and 3 months at 8 kHz. *p = 2 × 10^{-4} between 24 and 3 months at 16 kHz. D, Representative fluorescence images of 3, 15, and 24 month OHCs from the apical cochlear turn loaded with the Ca$^{2+}$ dye OGB 488 BAPTA-1 AM (green). Scale bar, 1 μm. Rectangular boxes represent the regions of SSC-associated mitochondria labeled with TMRM (red) from which the total fluorescence was measured (data from 16 mice with ABR and DPOAE records in A–C). E, Relative mitochondrial Ca$^{2+}$ fluorescence at low (●) and high (●) baseline Ca$^{2+}$ levels and in young (3 month; ●) and old (24 month; ○) OHCs. ΔF/F₀ = [F(t) – F₀]/F₀, t is time, F₀ is OGB fluorescence following stimulation (external K$^+$) and F(t) is the prestimulus fluorescence. Post hoc comparisons using the Tukey HSD test indicated that the means of data from low, high, young, and old OHC mitochondria were all significantly different. The population means were significantly different. F₁₁,₄₀ = 968, p = 0.0009. n = 21 OHCs from 21 cochleae. Inset, Example of sub-PM regions in which cytoplasmic and mitochondrial Ca$^{2+}$ were intense compared with the bulk cytoplasmic Ca$^{2+}$ levels. Scale bars: top, 1 μm; bottom, 2 μm. F, Effects of high external K$^+$ (20 mM) on mitochondrial Ca$^{2+}$ (OGB) fluorescence intensities and after washout with lower (5 mM) K$^+$ solution. Dashed blue vertical lines indicate the time point of the addition of 20 mM K$^+$ solution (left line) and the time point of the washout with a 5 mM K$^+$ solution (right line). Solid curve fits the 9 data points for 3, 15, and 24 month infranuclei (IN) mitochondria. Dashed curve fits the 9 data points for 3, 15, and 24 month supranuclei mitochondria. The fluorescence intensity measurements were evaluated in mitochondria that remained in focus throughout the imaging period. Error bars represent standard deviation in all panels.
Figure 2. Mitochondria were substantively depolarized in 24 month OHCs. A, TMRM fluorescence micrographs represent frames of fluorescence intensities in 3 month (top) and 24 month OHCs (bottom). Images were captured using identical confocal settings after background subtraction. Scale bar, 3 μm. B, Mitochondrial membrane potential (ΔΨm) measurements, showing a representative time course of TMRM fluorescence intensities made from 3, 15, and 24 month apical OHCs. FCCP (1 mM) was applied at the time indicated with an arrow and the time course of decay of mitochondrial potential for various aged OHCs was fitted with a single exponential decay time constant (t) for each age as shown beside the plots using color codes as represented in the graph. ΔF is arbitrary fluorescence units. C, D, Summary data (mean ± SEM) of the fluorescence intensities and the decay time constant after application of FCCP (n = 13 OHCs from 3 cochleae for each of 3, 15, and 24 month CBA/CaJ mice). The population means were significantly different. F(2,36) =56.7, *p = 6.0 × 10−3 comparing 24 month with 3 month. D, The population means were significantly different. F(2,36) =187,*p =1.0 × 10−35 comparing 24 month with 3 month.

Figure 3. OHCs in a CBA/CaJ mouse model exhibited pathology because of aging. A, TEM image of a 3 month OHC to demonstrate normal ultrastructure. Mitochondria were prevalent, and their density was noticeably higher in three regions: (1) surrounding the nucleus, (2) nestled against the cuticular plate, and (3) adjacent to the SSC. Black lines on either side indicate the region between the nucleus and cuticular plate used for the mitochondrial and SSC analyses in Figures 5–8 and Table 1. 80% of mitochondria in this region was positioned within 0.5 μm of the lateral plasma membrane. Magenta line indicates the area occupied by the Hensen’s body. B, Aged OHC pathology. The TEM image of a 24 month OHC with loss of cytoplasmic density such that it is uniform throughout. Magenta line encircling the Hensen’s body indicates decreased complexity of this structure, including decreased size as well as density. The OHC has also detached from the Deiters’ cup and synapses. The increased thickness/width of the OHC is an observed consequence of the detachment. C, By 24 months, some OHCs still appear relatively normal (*). However, detachment from the Deiters’ cup and nerve terminals, as well as the presence of an autophagosome (au) and swollen mitochondria, is noted in this OHC. In contrast, other OHCs (ig, black arrow) had extensive features of cell death or have disappeared. In this OHC (ig, black arrow), there is a loss of plasmalmma integrity (white arrow), autophagosome (au), and multilamellar bodies (mlb) and an overall loss of organelles, such as mitochondria. D, Further pathology was seen at 24 months with two degenerating synapses (arrows) and a loss of cytoplasmic components below the synapses in an efferent nerve terminal impinging on the basal portion of an OHC. However, synaptic membrane specializations remained in the OHC. E, From a different 24 month cochlea than C and D. E, Representative example of the OHC cut in cross-section to the length of the OHC cylindrical shape. The complement of mitochondria (white arrows) aligned along the SSC was used for the energy calculations (Table 1). In contrast, mitochondria in the interior of the OHC (black arrow) were ignored for purposes of the energy calculations. DC, Deiters’ cell. n = 4, 5, and 3 mice with 1 cochlea used per mouse for 3, 18, and 24 months, respectively; n = 29, 25, and 25 OHCs for 3, 18, and 24 months, respectively.
complexity of Hensen’s body observed in aged OHCs varied. In some aged OHCs, Hensen’s body is smaller but is still a relatively compact whorled tubulovesicular cisternal entity. In other aged OHCs, Hensen’s body is more loosely compacted or lacks the laterally projecting tubules that reach the OHC plasmalemma. The latter is the case in the OHC depicted in Fig. 4B. The function of Hensen’s body has been proposed to involve the turnover of proteins involved in the specialized OHC motor action and plasmalemma K⁺ transport (Meyer et al., 2001). Other studies suggested that Hensen’s body may serve as an InsP₃-sensitive Ca²⁺ storage/release site (Mammanno et al., 1999). The involvement of specialized ER in InsP₃-sensitive Ca²⁺ release has been observed in excitable and nonexcitable cells, such as hepatocytes and Purkinje neurons (Pozzan et al., 1994). There are three structurally distinct types of mitochondria in the OHC: along the lateral wall associated with the SSC, those in the basal region of the cell below and around the lower aspect of the nucleus, including the subsynaptic volume, and those in the apical cytoplasm adjacent to the cuticular plate. The positioning of these types of mitochondria likely supports the different functions of the lateral wall, nucleus and synaptic terminal, and cuticular plate, respectively. The mitochondria supporting the lateral wall components are thought to be important for fueling electromotility and amplification of sound. We limited the structural work of this study to the lateral wall mitochondria and SSC indicated by the black lines in Figure 3A.

Mitochondrial size and number are altered in aged OHCs in a CBA/CaJ mouse model

Based on the finding that aged mitochondria had reduced membrane potential (Fig. 2), we used EM tomography to examine the 3D structure of 3, 15, 18, and 24 month OHCs at high resolution in the OHC volume between the nucleus and apical end. Only OHCs in the upper basal turn were analyzed. It appeared that the mitochondria had increased size at 18 and 24 months (Fig. 4). We measured the volume of mitochondria near the SSC and found that they were significantly larger at 18 and 24 months (Fig. 4E), yet the mitochondrial volume density had not changed dramatically (Fig. 4F). However, there appeared to be a greater number of mitochondria in 3 month OHCs compared with 18 month OHCs (Fig. 4G;H). Therefore, we measured the number of mitochondria per cytoplasmic volume and found that, indeed, the number had dropped significantly by 18 months and remained low at 24 months (Fig. 4I). We interrogated whether there was evidence of mitochondrial stress in the aged OHC via cristal swelling, matrix swelling, or ruptured mitochondrial outer membrane. We found no difference in these parameters in OHC volumes for 3, 15, 18, or 24 month samples.

The number of Drp1 RNA molecules, but not Opa1 RNA molecules, was significantly reduced in 24 month compared with 3 month OHCs

We further examined the finding of increased mitochondrial fission. We investigated decreased mitochondrial number in aged OHCs (Fig. 4) by mapping the expression and localization of Drp1- and Opa1-encoding transcripts in OHCs using smFISH in excised preparations of the organ of Corti isolated from 3 and 24 month mice (Fig. 5). The Drp1 protein controls the final stage of mitochondrial fission, and the OPA1 protein plays a key role in mitochondrial fusion. The median number of Drp1 single RNA molecules detected per OHC had decreased at 24 months compared with 3 months. Yet, the median number of Opa1 single RNA molecules detected per OHC did not change between the two age groups (Fig. 5C). These results suggest that mitochondrial fission was inhibited at 24 months in OHCs and is consistent with the finding of larger and fewer mitochondria at 24 months.
Cristae orientation toward the SSC in OHCs

3DEM provided a way to examine the structural features of mitochondrial cristae that appeared unusual or age-dependent. It showed that OHC mitochondria in the upper basal turn have only lamellar cristae (Fig. 6), regardless of age. Additionally, 3DEM showed that the density of cristae was similar at 3, 15, and 18 months, yet lower at 24 month (Fig. 6A–E), which has functional implications. There is a positive correlation between capacity for ATP production and cristae density (Brandt et al., 2017). Several structural factors correlate with mitochondrial performance: (1) larger crista membrane surface can accommodate a greater amount of OXPHOS proteins, leading to higher respiration and ATP-generating capacity; (2) lamellar cristae structure is beneficial for supercomplex assembly, producing higher respiratory efficiency (Cogliati et al., 2013); and (3) increased cristae membrane surface area predicts an increased proton motive force, leading to higher ATP-producing capacity (Song et al., 2013). Thus, 24 month OHC mitochondria are predicted to have lowered ATP-generating ability. Further, fewer cristae in 24 month SSC-associated mitochondria may help to explain the observed reduced mitochondrial Ca\(^{2+}\) level and reduced sensitivity to K\(^{+}\)-mediated mitochondrial Ca\(^{2+}\) uptake (Fig. 1).

Membrane segmentation produced surface-rendered volumes providing a view at any orientation of cristae that were displayed in various shades of color inside mitochondria. The surface-rendered volumes were extracted for individual viewing to provide perspective on the extent to which cristae occupy the mitochondrial volume as well as their orientation (Fig. 6F–I). A comparison of orthogonal views was useful to demonstrate that surface-rendered 24 month mitochondrial volumes show a similar orientation of cristae, but that the cristae occupy less of the mitochondrial volume compared with 18 month examples (Fig. 6F,G). After extracting each crista from the mitochondrial volume and lining them up in the same orientation (Fig. 6H,I), it became clear that the 24 month cristae were generally smaller, fewer in number, and narrower, although still lamellar in shape, compared with the 18 month examples. These structural differences are responsible for the lower cristae density observed at 24 months.

An unexpected feature of mitochondria that abut the SSC is a preferred orientation of the cristae with one end facing toward the SSC (Fig. 6F–M). There were even instances where the cristae orient in a direction pointing away from the SSC at the far end, nevertheless curving back to align facing the SSC at the near-end (Fig. 6K). Often, the alignment of cristae facing the SSC was near-perfect (Fig. 6L,M), which motivated us to test for the degree of cristae-SSC "polarity." We found significant polarization of cristae toward the SSC in mitochondria adjacent to it for all ages with the most robust value (>2) for 3 months (Fig. 6N).

Crista junctions tend to be polarized toward the SSC

Because of the unexpected finding that cristae tend to be polarized in mitochondria positioned adjacent to the SSC at all ages
Figure 6. Cristae tended to be polarized toward the SSC in the OHC at all ages examined. A–D, 3DEM shows that OHC mitochondria have lamellar cristae. The density of cristae appeared similar at 3, 15, and 18 months, yet lower at 24 months. Shown are 1.6-nm-thick slices near the middle of each tomographic volume. Arrowheads indicate the lateral plasma membrane for positional reference. Arrows indicate crista junctions. White line segments and angle symbol represent the method for measuring crista polarization toward the SSC as used for N. Scale bar: A–D, 200 nm. E, The crista density was significantly lower for 24 month OHC mitochondria. n = 32, 29, 40, and 32 mitochondria for 3, 15, 18, and 24 months, respectively, from 3 mice per age group. Each data point is represented by a circle. The box-and-whisker plots show median, quartiles min and max. *p = 0.0040, 0.0035, 4.5 x 10^-4 comparing 24 months with 3, 15, and 18 months, respectively. F, Orthogonal views (top → side → side perpendicular) of a surface-rendered mitochondrial volume from an 18 month OHC show the extent the cristae occupy the volume and crista orientation. Transparent maroon represents outer membrane. Shades of brown represent cristae. G, Orthogonal views of a surface-rendered 24 month mitochondrial volume show a similar orientation, but that the cristae occupy less of the mitochondrial volume compared with the 18 month example. H, All 5 cristae from the 18 month mitochondrial displayed in the same orientation to show their shape and size. I, All 4 cristae from the 24 month mitochondrial displayed in the same orientation to demonstrate that they are smaller and fewer in number compared with the 18 month example, revealing how the crista density has been reduced at 24 months. J, Side view of a surface-rendered 3 month mitochondrial volume shown with the surface-rendered SSC closest to the mitochondrion (slate gray). K, Top view of the same volume showing that the cristae align so that one end tends to face the SSC. Sometimes, when the cristae orient in a direction pointing away from the SSC at the far end (arrowheads), they will curve back to align facing the SSC at the near end (arrows). L, M, Side and top views of a surface-rendered 18 month volume showing the near-perfect alignment of cristae facing the SSC. N, The degree of polarity (see Materials and Methods) shows significant polarization of cristae toward the SSC in mitochondria adjacent to it for all ages with the strongest value (≥2) for 3 months. The black line at “1” signifies a random orientation. For reference, the degree of polarity values...
examined (Fig. 7), we asked whether the crista junctions were also polarized. Crista junctions have been proposed to modulate key mitochondrial activities (Rampelt et al., 2017a), and their spatial positioning is likely necessary for the portioning of functionality. We discovered in mitochondria near the SSC that there was generally a higher number of crista junctions facing toward the SSC than facing away from it (Fig. 7A,B). The mitochondria from the same volumes with either the opposite cristae orientation (Fig. 7C–F) or located far from the SSC (i.e., in the OHC interior) exhibited no crista junction polarization between opposite sides of a mitochondrion. These, then, served as a control population for testing the degree of crista junction polarization for mitochondria adjacent to the SSC. A quantifiable parameter to test for polarization in mitochondria with polarized cristae is the ratio of the number of crista junctions facing toward the SSC to those facing away. ANOVA with Bonferroni correction post hoc comparing control with age groupings of polarized mitochondria indicated that the crista junction polarization was statistically significant and that the 24 month crista junctions were significantly more polarized than the 3, 15, and 18 month crista junctions (Fig. 7G). This finding suggests a significant polarization of crista junctions toward the SSC in mitochondria near it. We further observed that the crista junctions in 24 month mitochondria adjacent to the SSC appeared to be fewer than those at other ages (Fig. 7H,I). Measurements showed that the number of crista junctions was significantly lower at 24 months (Fig. 7J), correlating to reduced mitochondrial Ca$^{2+}$ levels and responsiveness (Fig. 1). The control (unpolarized) mitochondria also had a considerably lower number of crista junctions.

However, even with this plasticity in crista junction number and polarization, there was no change in crista junction diameter across ages (mean ± SEM = 12 ± 0.8, 10 ± 0.6, 11 ± 0.7, and 10 ± 0.6 for 3, 15, 18, and 24 months, respectively; n = 20 crista junctions per age), suggesting that crista junction function was likely uncompromised by aging. These values are similar to those reported in neurons (Perkins et al., 2010). Our finding that the crista junction diameter and the number of Opa1 RNA molecules did not change with age (Fig. 5) is consistent with the role Opa1 plays in preserving a narrow crista junction width (Darshi et al., 2011; Glytsou et al., 2016; Harner et al., 2016). The deletion of Opa1 or MICOS-complex components affects the mitochondrial membrane potential and cristae structure (Wolf et al., 2019). Occasionally, EM tomography provides an en face view of crista junctions (Fig. 7K). The circular opening of relatively uniform size confirms the expected crista junction architecture in a rare view.

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**Figure 7.** Crista junctions tended to be polarized toward the SSC for mitochondria positioned near it in the OHC at all ages examined. A, Top view of a surface-rendered mitochondrial volume from a 15 month OHC shows the positioning of a greater number (15) of crista junctions facing toward the SSC (blue spheres with a diameter the mean of the crista junction opening) than facing away (10; yellow spheres with the same diameter) from the SSC. Transparent maroon represents outer membrane. Slate gray represents SSC. B, Side view showing that there is no clustering of crista junctions in the z direction. C, A 1.6-nm-thick slice near the middle of a 15 month OHC tomographic volume showing cristae with an orientation opposite to those shown in Figure 6. Arrowhead indicates the lateral plasma membrane for positional reference. Arrow indicates a crista junction. Scale bar, 200 nm. D, The volume now surface-rendered shows the 3D orientation of the cristae (shades of brown) in relation to the SSC. E, Top view of the surface-rendered volume showing the 3D arrangement of nearly equal crista junctions on either side (13 blue, 12 yellow). F, Side view of the surface-rendered volume providing a different perspective of the 3D crista junction distribution around the mitochondrial periphery. G, The ratio of the number of cristae junctions facing toward the SSC to those facing away in mitochondria with polarized cristae (see Fig. 6) shows a significant polarization toward the SSC. The black line at 1 signifies a random orientation. Control mitochondria from the same volumes were those with either the opposite cristae orientation (Fig. 7C) or mitochondria located in the ROI (Fig. 2, black lines) far from the SSC. Because no difference was noticed between ages, they were grouped for analysis. These mitochondria exhibited no crista junction polarization between sides with little variance (0.97 ± 0.05). ANOVA with Bonferroni correction post hoc comparing control with age groupings of polarized mitochondria indicated that the crista junction polarization was statistically significant and that the 24 month crista junctions were significantly more polarized than the 3, 15, and 18 month crista junctions, n = 10 mitochondria each for 3, 15, 18, and 24 months polarized and control from 3 mice for each age. *p = 0.0097, 0.011, 2.3 × 10⁻³, and 3.3 × 10⁻² comparing 3, 15, 18, and 24 months with control, respectively. 

**K** occasionally, EM tomography provides an en face view of crista junctions, as seen in this 15 month OHC mitochondrion example. Three crista junctions are seen inside the black box. Each shows a circular opening of relatively uniform size, thus confirming the expected crista junction architecture. Scale bar, 200 nm. For G and A, each data point is represented by a circle. The box-and-whisker plots show median, quartiles min and max.
The tethering of mitochondria to the SSC was decreased, and SSC stress was observed at 24 months

Since typically >80% of the mitochondria in the region of the OHC studied were found to be positioned adjacent to the SSC and the mitochondria cristae and crista junctions were polarized in relation to the SSC, we probed for a structural relationship between mitochondria and SSC. We observed that typically fewer mitochondria were positioned adjacent to the SSC in the 24 month OHC (Fig. 8A) compared with younger OHCs (Fig. 8B). Because of the high 3D resolution of EM tomography, we were able to observe at the ages studied that nearly all mitochondria adjacent to the SSC were tethered by short, thin filaments ~5–10 nm in diameter (Fig. 8C). Typically, there were multiple tethers for each mitochondrion-SSC coupling. The mitochondrion-SSC tethering persisted even when the SSC was swollen (Fig. 8D). We asked whether the shift in the position of mitochondria away from the SSC observed at 24 months could be because of a loss of mitochondria-SSC tethering. Unsurprisingly, we found that the percentage of mitochondria tethered to the SSC by thin filaments in the ROI OHC cytoplasm was lower at 24 month compared with younger mice (Fig. 8E). We then asked whether this untethering could be because of a decrease in the number of tethers. We discovered that there was no difference in the number of tethers per mitochondrion positioned adjacent to the SSC across ages (Fig. 8F), indicating that the positional shift of mitochondria away from the SSC in aged OHCs was likely, not because of weakened mitochondrial-SSC tethering. Because mitochondrial dysfunction can be associated with SSC stress in the OHC (Fujinami et al., 2012), we probed for SSC swelling; swelling is commonly associated with ER stress (Chavez-Valdez et al., 2016). SSC swelling was only significant at 24 months with a noticeable gradation of SSC swelling, both in number and size of swellings, dependent on the state of each OHC (Fig. 8G–K). Measurements of the swollen portions of the SSC volumes were made in the 24 month OHC and are provided as a percentage of the total SSC volume (mean = 16%, SD = 7%, high = 26%, low = 7%, n = 10 OHCs). Occasionally, remodeling of a portion of an SSC was observed that produced a continuous double-membrane sheet (lamella) (Fig. 8LA). The sheet-like remodeling may impede the high conductivity of the SSC thought to be aided by its meshwork (fenestrations) (Song et al., 2013). This swelling and remodeling are manifestations of stress to the SSC in 24 month OHCs.

Mitochondrial energy production is modeled to be lower at 24 months

During aging, increased ROS production and decreased respiratory chain activity cause a decrease in mitochondrial energy-producing ability (Yin et al., 2016). Changes in OHC mitochondrial size, number, and crista density during aging raised the possibility that the rate of ATP production is altered in aged OHC. To address this question, we used the modeling schema of Song et al. (2013). The first parameter needed for this modeling is the crista shape factor, also called lamellarity. The crista shape factor influences mitochondrial respiratory performance and efficiency (Else et al., 2004; Cogliati et al., 2013; Cserep et al., 2018) with higher values predicting higher performance. Measurements from 3DEM showed that the crista shape factor was slightly lower for 24 month OHC mitochondria compared with 18 month OHC mitochondria (Table 1, first column), suggesting reduced respiratory efficiency. This is consistent with our finding of less cristae membrane surface area, which predicts a decreased proton motive force, leading to lower ATP-producing capacity. The number of ATP molecules produced per second per OHC mitochondrion was modeled to be lower for 24 month mitochondria (Table 1, second column). The value for 18 month mitochondria was higher because these mitochondria were larger than 3 and 15 month mitochondria, yet had the same cristae density. We then desired to know how much energy per second (i.e., power) would be produced in the form of ATP by an OHC mitochondrial volume and available for use by the SSC and lateral PM. Table 1 (third column) shows that modeled power output from ATP hydrolysis for 24 month mitochondria is lower. Further, the estimated number of mitochondria near the lateral SSC was lower in the 24 month OHC (Table 1, fourth column), which also translated to a reduced number of molecules of ATP per second available for energy needs (Table 1, fifth column). The ATP production rates of OHC mitochondria are in agreement with estimations for other cell types (Attwell and Laughlin, 2001; Babu et al., 2017; Garcia et al., 2019). The flow of ATP through an OHC crista junction is estimated to be 3–4 × 10^{12} molecules/s (Table 1; and graphic associated with Table 1). There was no significant difference across ages because the lowered ATP production at 24 months was complemented with a lower number of crista junctions at that age. Because the ATP production is linearly dependent on the cristae membrane surface area, crista junction number and cristae surface area appear to be coupled for ATP generation and dispersal through the junction consistent with the concept of structurally buffered energy production implied by the spatiotemporal simulations of Garcia et al. (2019). This energy modeling provides a foundation for sequelae involving ATP deficiency and hints that the drop-in modeled ATP production rate in 24 month OHC to less than half of the younger mice may contribute to the functional stress and death observed in aged OHCs of CBA/CaJ mice.

A schematic diagram summarizing our findings is illustrated in Figure 9, where increasing SSC stress with age leads to reduced mitochondrial and cytosolic Ca^{2+} levels, supporting the hypotheses of dysregulation of OHC mitochondrial biogenesis, reduced modeled ATP production, and crista degeneration. As our understanding of components of cells improves using 3DEM, it is essential to unravel how they interact with each other by coupling structural nuances with functional determinations to identify underlying molecular mechanisms. We report discoveries of polarization of cristae and crista junctions in mitochondria adjacent to the SSC and that short, thin filaments tether these organelles. Coupling reduced mitochondrial membrane potential, Drp1 RNA levels, mitochondrial Ca^{2+} level and responsiveness to external K^{+} stimulation, and SSC stress with the plasticity of cristae and crista junctions in aged OHCs provide mechanistic insight for the mitochondrion’s influence in the progression of aging. Finally, the application of theoretical modeling of ATP production based on 3D cristae structure opens the door to multiscale energy considerations not only for ARHL but also for normal cellular functions and other diseases.

Discussion

Implications of reduced Drp1 and altered Ca^{2+} homeostasis for ARHL

The molecular mechanisms underlying ARHL are mainly unknown. Thus, the report that oxidative stress induces Bak-dependent mitochondrial apoptosis in the C57BL/6J mouse model provided critical mechanistic insight into ARHL (Someya and Prolla, 2010). We report a second molecular mechanism contributing to ARHL-inhibited Drp1 RNA expression in the larger
mitochondria of 24 month CBA/CaJ mice (Fig. 5). This result agrees with the report by Favaro et al. (2019) that Drp1-deficient mitochondria are larger. They also report that Ca\textsuperscript{2+} uptake into the mitochondria was abnormal, and the ER showed stress, two features we observed at 24 month OHCs (Figs. 1, 8; Movie 1).

The tethering of OHC mitochondria to the SSC, sites of Ca\textsuperscript{2+} release, suggest that they are the first to sense transients in Ca\textsuperscript{2+} concentration via the MCU complex (De Stefani et al., 2011) and would motivate future work to test the hypothesis that the lowered response by 24 month OHC mitochondria to a surge in

Figure 8. The tethering of mitochondria to the OHC SSC by thin filaments was decreased, and SSC stress was observed at 24 months. A, Fewer mitochondria were positioned adjacent to the SSC in the 24 month OHC compared with younger OHCs (B, 15 month shown). Scale bar, 1 μm. C, Nearly all mitochondria adjacent to the SSC were tethered by thin filaments — 5-10 nm in diameter, found consistently for 3, 15, 18, and 24 month OHCs. Typically, there were multiple tethers for each mitochondrion-SSC coupling. An example is the 5 filamentous tethers shown inside the black-boxed region of a slice through the middle of a 24 month OHC volume and expanded 3× in the right inset. White arrowheads indicate filaments. M, Mitochondrion. Black arrowhead indicates the cell membrane. Scale bar, 200 nm. D, The mitochondrion-SSC tethering persisted even when the SSC was swollen. An example is the tethering by two filaments seen inside the black-boxed region and expanded 3× in the bottom right inset. White arrowheads indicate filaments. Appreciable SSC swelling was only observed at 24 months. E, The percentage of mitochondria tethered to the SSC by thin filaments in the ROI OHC cytoplasm was lower at 24 months compared with younger mice. \( n = 10 \) OHCs from 3 mice for each age for 3, 15, 18, and 24 months. *\( p = 0.020, 0.0053, \) and 0.0034 comparing 24 months with 3, 15, and 18 months, respectively. F, However, there was no difference in the number of tethers per mitochondrion positioned adjacent to the SSC across ages. \( n = 23, 13, 20, \) and 32 mitochondria each for 3, 15, 18, and 24 months, respectively (3 mice for each age). G, A range of SSC swelling was found at 24 months. The SSC mesh (slate gray) appeared normal in this surface-rendered volume except for an unusual swelling (golden rod) seen in this side view. H, A top view of the SSC mesh showing protruding of the swelling into the OHC cytoplasm. I, A second mouse shows more SSC swelling (3 swellings) with the top view (J), indicating that the swellings have different sizes. K, A slice through an OHC volume from a third mouse shows even more extensive SSC swelling (arrows). Scale bar, 200 nm. L, An unusual remodeling of the SSC has occurred, producing a continuous double-membrane sheet (lamella) for only the portion of the SSC (tan) that displays swellings (golden rod) in this top view of the surface-rendered volume. M, A side view showing the 7 extensive swellings of the SSC lamella and the normal-appearing SSC mesh to either side of the abnormal SSC.
cytosolic Ca\textsuperscript{2+} concentration (Fig. 1) is linked to reduced expression or function of the MCU complex or its regulator, MCUR1 (Mallilankaraman et al., 2012). In other studies, Drp1 ablation in mouse adult forebrain altered synaptic transmission as well as decreased oxygen consumption and ATP production (Oettinghaus et al., 2016), consistent with our modeling of lowered ATP-producing capacity in Drp1-deficient, aged OHC mitochondria (Table 1; Extended Data Table 1-1). Finally, Drp1 was also reduced in mouse cardiac and skeletal muscles during aging (Zhou et al., 2017), which couples aging to Drp1 deficiency and perturbed Ca\textsuperscript{2+} homeostasis (Favaro et al., 2019). Aging could impact mitochondrial more broadly in the auditory pathway to impair hearing.

**Increased mitochondrial size and decreased mitochondrial membrane potential in older OHCs suggest a reduced capacity for ATP generation**

The 3DEM of this study uncovered mitochondrial structural details, some of which were modified with age, having several functional implications for ARHL. The observed increase in mitochondrial size at 18 and 24 months in OHCs (Fig. 4) and its correlation to a decrease in mitochondrial membrane potential (Fig. 2) reflect similar findings in the aged brain and spinal ganglion neurons (Sastre et al., 2000; Martinelli et al., 2006). They may represent a decrease in mitochondrial complex 1-linked state 3 respiration (Thomsen et al., 2018). An increase in mitochondrial size has been associated with metabolic and oxidative stress (Gouras et al., 2016). The metabolic competence, as measured by cytochrome oxidase density inside mitochondria, of the largest synaptic mitochondria in monkey cerebellum decreased with age (Bertoni-Freddari et al., 2008). If this result can be translated to mouse OHC, then the 24 month OHC mitochondria, which are significantly larger than those at 3 and 15 months, nonetheless displaying significantly fewer cristae, may represent reduced numbers of cytochrome oxidase and perhaps other OXPHOS complexes, which in turn may reflect a reduced capacity for ATP generation that would affect OHC functions. A decrease in mitochondrial membrane potential, as found for 24 month OHCs, and respiration would also lower the capacity of the mitochondrion to produce ATP, stressing OHC and potentially leading to cell death.

**Mitochondria tethered to the SSC have polarized cristae**

Cristae architecture reflects the energy demands of a cell even within periods as short as 10 min (Dlaskova et al., 2019). Cristae polarization toward the SSC was shown in OHCs but not recognized (Lim, 1986;Schulte, 1993; Weaver and Schweitzer, 1994; Spicer et al., 1998). Using the gerbil, Spicer et al. (1998) showed that most mitochondria (27 of 37; 73\%) displayed strong cristae polarization, higher than that found in the mouse. Cristae polarization was first analyzed in the mitochondria-associated adherens complex (MAC) of the calyx of Held (Perkins et al., 2010, 2015). The near-perfect polarization of cristae toward the presynaptic membrane is one of the defining features of MAC mitochondria. Recently, cristae polarization was also reported in brown adipocytes in the subpopulation of mitochondria adjacent to a lipid droplet (Varghese et al., 2019). These per-droplet mitochondria are anchored to the lipid droplet, not unlike the tethering of OHC mitochondria to the SSC.

**May cristae polarization aid Ca\textsuperscript{2+} sensing?**

Mitochondria close to the SSC may calibrate their ATP production by efficiently sensing Ca\textsuperscript{2+} levels because of their cristae polarization. The preferred perpendicular orientation of cristae (Fig. 6) in OHC mitochondria tethered to the SSC, which releases Ca\textsuperscript{2+} via its ryanodine receptor, may facilitate entry of Ca\textsuperscript{2+}. Diffusion along cristae "highways" extending the length of OHC mitochondria, as proposed for mitochondria in the auditory brainstem MAC (Perkins et al., 2010, 2015). Close apposition of the three membranes separating the SSC lumen from the...
mitochondrial matrix is likely essential for efficient Ca\textsuperscript{2+} transport because the affinity of the MCU for Ca\textsuperscript{2+} is surprisingly low (De Stefani et al., 2011; Kamer and Mootha, 2015). Therefore, mitochondria-SSC tethering may be critical so that a spatially restricted microdomain of high Ca\textsuperscript{2+} concentration is created (De Stefani et al., 2016) and may provide a structural framework for bidirectional signaling between the two organelles that are developmentally regulated as reported in the muscle (Boncompagni et al., 2009). Ca\textsuperscript{2+} uptake into mitochondria stimulates ATP production mainly via activation of tricarboxylic acid cycle enzymes (Denton and McCormack, 1980). Reduced Ca\textsuperscript{2+} uptake into aged mitochondria would inhibit ATP production. One function of ATP in the OHC is to fuel the release of Ca\textsuperscript{2+} from the SSC. Ca\textsuperscript{2+}-induced Ca\textsuperscript{2+} release in the mammalian cochlea has been suggested to facilitate efferent transmission in OHCs (Grant et al., 2006). Ageing weakens the control of Ca\textsuperscript{2+} homeostasis, which can impact the maintenance of a proper energy level (Kopke et al., 1999; Tavani and Mohammadkhani, 2017; Castelli et al., 2019). Our findings of lowered mitochondrial Ca\textsuperscript{2+} level, mitochondria less responsive to elevated cytosolic Ca\textsuperscript{2+} concentration, and modeled reduction in mitochondrial ATP production capacity in aged OHCs point to compromised efferent transmission and energy stress in ARHL.

Crista junction alterations in the aged OHC

The preference for crista junctions to face the SSC in OHCs (Fig. 6) reflects functional crosstalk between the MICOS proteins at this junction and the respiratory chain complexes (Harner et al., 2014; Chojnacka et al., 2015; Friedman et al., 2015; van der Laan et al., 2016) that we hypothesize attunes crista biogenesis to the needs of the SSC. This hypothesis is supported by the ability of a MICOS protein, MIC10, to travel out of crista junctions and stabilize rows of ATP synthase dimers to grow lamellar cristae, the only type of cristae found in OHC mitochondria (Eydt et al., 2017; Rampelt et al., 2017b). Further, MICOS-mediated crista junction formation through MIC60 is linked to the activity of complex IV via its subunit, Cox17 (Chojnacka et al., 2015). Our finding of slow decay in mitochondrial depolarization at 24 month OHCs (Fig. 2D) appears not to be related to Opal1 impairment but may be tied to perturbation of the MICOS complex. The significant increase in crista junction polarization in 24 month mitochondria may be a compensatory attempt to signal for crista biogenesis in mitochondria that have lost cristae numbers and size. The extent of 24 month crista junction polarization is similar to that reported for MAC mitochondria (Perkins et al., 2010), which had nearly twice as many crista junctions facing the synaptic side compared with facing away from the synapse (174 vs 96, ratio = 1.81). In summary, a perturbation of crista junction number and polarity, as observed in aged OHC mitochondria, likely alter respiration. The molecular basis for the observed decrease in crista junction numbers in 24 month OHC mitochondria may center on two proteins: the MICU1 and PTEN-induced kinase 1 (PINK1). The MCU complex contains three core proteins: MICU1, MCU, and EMRE. MICU1 stabilizes crista junctions and the mitochondrial membrane potential (Gottschalk et al., 2019). When the mitochondrial Ca\textsuperscript{2+} level is elevated, MCU and EMRE join MICU1 at the mitochondrial inner boundary membrane in a dynamic manner regulated by MICU1. Our findings of fewer crista junctions, reduced mitochondrial membrane potential, and lowered mitochondrial Ca\textsuperscript{2+} level and responsiveness to K+ stimulation in 24 month OHC mitochondria begs the question, “In aged OHC, could there occur lowered expression or mislocalization of MCU complex proteins?” In support of this hypothesis, loss of MCUR1 induces a decrease in mitochondrial membrane potential leading indirectly to lowered mitochondrial Ca\textsuperscript{2+} uptake (Raffaello et al., 2016). Recently, it was discovered that PINK1 was required to phosphorylate MIC60 for crista junction numbers to increase (Tsai et al., 2018).

Perturbations to MICOS proteins that regulate crista junctions may also be involved with the observed crista junction remodeling at 24 months. Mic60, Mic13, and QL1 are essential for the formation of crista junctions (John et al., 2005; Rabl et al., 2009; Guarani et al., 2015; Anand et al., 2016). Mic10 curves crista junctions, forming a membrane-sculpting scaffold for stabilizing the large MICOS complex (Eydt et al., 2017). Mammalian Mic27 specifically binds the membrane-curving phospholipid cardiolipin. Mutations to the genes or underexpression of these 5 MICOS components may contribute to the change in crista junction numbers in 24 month OHC mitochondria.

References


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