It is a pleasant and fitting custom that every year we send holiday greetings to all the former dietary interns and staff members at Barnes Hospital.

We are proud of our graduates and employees and are thankful that our forefathers bequeathed us a philosophy of service and teaching which, passed on through our alumnæ, will result in ever-increasing health of our people.

As we take stock of this Christmas, let us also think of our countless blessings and of our obligation for intelligent service. No nation can prosper until it learns and practices that there is as much dignity in preparing a meal as in writing a play.

Again, with all best wishes for a happy and prosperous 1953, and success in your chosen field, we say -- MERRY CHRISTMAS.

Cordially,

F. R. Bradley, M.D.
Director
**DIETARY STAFF**

**DIRECTOR OF DIETETICS**

*Henrietta Becker*

*University of Kansas*

*Columbia-Presbyterian*

**MAIN KITCHEN DIETITIANS**

*Marge Stanton*

*Iowa State College*

*Barnes Hospital*

*Dorothy Murakami*

*University of Hawaii*

*Barnes Hospital*

**METABOLISM KITCHEN DIETITIAN**

*Marlene Hunter*

*Iowa State College*

*Barnes Hospital*

**CAFETERIA DIETITIAN**

*Patricia Bast*

*University of Illinois*

*Barnes Hospital*

**EDUCATIONAL DIRECTOR AND TEACHING DIETITIAN**

*Helen Starch*

*Iowa State College*

*Mass. General Hospital*

**WARD DIETITIANS**

*Lois Brumitt*

*University of Illinois*

*Barnes Hospital*

*Adele Heumann*

*Webster College*

*Barnes Hospital*

*Margaret Leibov*

*Iowa State College*

*Mass. General Hospital*

*Katheryn Philippi*

*Oklahoma A. & M. College*

*Barnes Hospital*

**WASHINGTON UNIVERSITY CLINICS DIETITIAN**

*Audrey Clever*

*University of Arkansas*

*Barnes Hospital*

**ST. LOUIS CHILDREN’S HOSPITAL DIETITIANS**

*Kay Bitters*

*Kansas State College*

*Ancker Hospital*

*Carolyn Kavanaugh*

*Louisiana State U.*

*Barnes Hospital*

*Lois Hilner Niehoff*

*Webster College*

*St. Louis U. Hospitals*

*Velma Pereboom*

*Oklahoma A. & M. College*

*Barnes Hospital*

**INTERNS, February Class**

*Onah Sholl*

*Oklahoma A. & M. College*

*Stillwater, Okla.*

**INTERNS, September Class**

*Alice Ballah*

*University of Iowa*

*Terril, Iowa*

*Joanne Buboltz*

*Stout Institute*

*Kansas City, Mo.*

*Helen Gregowicz*

*Webster College*

*East St. Louis, Ill.*

*Jo Annette Halk*

*University of Arkansas*

*Wynne, Ark.*

*Mary Ann Kelldorf*

*Tex. State College for Women*

*Tyler, Tex.*

(Continued on page 4)
CHILDREN'S HOSPITAL BEGINS ADDITION

On October 22, a construction program was launched at St. Louis Children's Hospital with ground-breaking ceremonies on the hospital grounds. About 100 persons, including members of the hospital's staff and board of managers, attended the ceremonies at which Mr. Roy D. Kercheval, president of the hospital, officiated.

The construction will consist of a new six-story wing. The addition, together with complete renovation of the present building, is expected to be completed in from twelve to eighteen months.

The new facilities will increase the hospital's bed capacity from 136 to 200, enabling it to care for an additional 2000 or more children each year.

The kitchen will be moved to the second floor, where the facilities will be greatly expanded.

WE HAVE A NEW OFFICE

On August 5, 1952, expansion of the Telephone Office was begun, and the Dietitians Office was moved around the corner. We now have a nice big office with the entrance into the main lobby of the hospital.

NEW DIETARY SECRETARY

Miss Jane Edwards, who received her A.B. in Creative Writing from Washington University in 1952, is our new secretary.

She has a perfect personality for the position, and we are proud to have her greet our visitors and take care of our office business.
OUR ACTIVITIES

ST. LOUIS DIETETIC ASSOCIATION

The St. Louis Dietetic Association had their first meeting September 19 at Jewish Hospital. They were entertained with a movie on research done at Michigan State College on obese students.

The second St. Louis Dietetic Association meeting was on October 7 at Homer G. Phillips Hospital. Sanitation codes of the city of St. Louis were discussed.

The third meeting was at St. Anthony's Hospital. A panel discussion concerning the A.D.A. convention was the program. After the meeting the national election returns were viewed on television.

STEWARDS AND CATERERS

The Dietetic Interns have been very fortunate to attend the St. Louis Stewards and Caterers meetings. The first one was held at Freund's Bakery. A very interesting tour through the bakery was followed by a lecture on customer appeal in the restaurant.

The second meeting was held here at Barnes Hospital. Miss Becker honored us with showing of slides of her European trip. Dr. Bradley spoke on "Hospital Administration, an Accident or a Career". Another attraction of the evening was a demonstration of airline type food service by Samella Steward, June Reid, and William Willis.

The November meeting was held at the DeSoto Hotel. Mr. Max Shuler gave an excellent demonstration on meat cutting. He cut pork, beef, and a leg of lamb. We all got many new ideas and suggestions. The interns are indeed fortunate to be able to attend such interesting and educational meetings.

* * *

THE FOOD SHOW

We of Barnes Dietary Department had our place in the Food Show held at the St. Louis Medical Society this November. Mrs. Helen Starch was chairman of the show which was sponsored by the St. Louis Dietetic Association.

(Continued on page 5, col. 1)
THE FOOD SHOW (Continued)

Fourteen of the hospitals and restaurants of St. Louis had exhibits in the show, and they gave information on high and low calorie foods. Our exhibit, "Hidden Calories in Desserts", was highlighted by mincemeat pie three feet in diameter.

In addition to the exhibits, the show ran a fifteen minute movie entitled, "Losing to Win".

RALSTON PURINA DINNER

On December 1, we twelve interns had the honor of attending a dinner and show given by Mr. W. H. Danforth, founder of the Ralston Purina Company. Following the dinner which was held in the cafeteria of the Ralston Purina Company, Mr. Danforth talked on "Four Square Living", which is symbolized in the checker trademark and proved to be most inspirational.

The musical variety show which culminated our evening with Mr. Danforth was very delightful. The show, presented entirely by employees of Ralston Purina only boosted Mr. Danforth's efforts to instill four-square living in the people about him.

Our thanks to Mr. Danforth for this evening!

JOURNAL CLUB

The first Journal Club meeting for this year was held in October. Dr. Bishwa Ranjan Bagchee showed slides on his native land of India.

The second meeting was held in November, and each staff member and intern reported on an article from a current journal.

In December the meeting was conducted by Dr. James Nichols, resident on Ward Medicine.

FIRST DIETITIAN AT BARNES

Rachel Hall Watkins was born August 1, 1885, near Nashville, Tennessee. She attended public school in West Nashville, graduated from Ward Seminary in Nashville, and received a B. S. degree in Domestic Science from Thomas Normal Training School in Detroit, Michigan.

Miss Watkins traveled extensively in Europe, China, Japan, and the United States. In 1916 she served as dietitian in Barnes Hospital and introduced a dietetic course for nurses in the hospital.

During World War I Miss Watkins joined Unit 21 from Barnes Hospital, and went overseas with them as a dietitian, serving until the end of the war in Rouen, France. She died in St. Louis August 17, 1941.

TELL US ABOUT YOURSELF (Please complete, clip, and mail to us.)

Maiden Name

Married Name

Address

Present Occupation

Year Graduated
SHIRLEY BASTIAN began working as Assistant Main Kitchen Dietitian at the new Methodist Hospital in Houston, Texas, November 15, 1951.

MARGARET FULLER THOMAS has been traveling around with her husband who is in the Armed Forces. They have two sons, John, 3½, and Andy, 2.

MARY LOU HANNING is working as a therapeutic dietitian on medical wards at Pennsylvania Hospital in Philadelphia.

REBECCA CARPENTER RUNNELS is at the University of Delaware with her husband, Tom, who is Associate Professor of Animal and Poultry Industry.

CAROL STEGALL DAVIS is working in a test kitchen in Houston, Texas. She writes news of several other members of her class.

ROSEMARY TAYLOR WARD and her husband are living in Amarillo, Texas.

KATHARINE SMITH SCOTT and her husband, John, have set up dental practice in Texas. Katharine will be her husband’s assistant.

JO GRIMES is working in Lincoln, Nebraska, and is sponsor of the Senior Nursing Class.

VERNA (GRACE) BROCKWAY and Dick are the parents of a daughter born December 7, 1951. She has been named Lauren Eileen.

Mrs. Lewis Vance (EVELYN HUEY) and Mrs. Charles Dether (CAROLYN JONES) are both in England where their husbands are stationed with the U. S. Army.

MARRIED --

MAXINE NELLE to Ed Kralbosa, September 1, 1952.

MARY TOLAND to J. Frank Bell, September 14, 1952, in Miles, Texas. She is working at Methodist Hospital in Houston.

LOIS ANN HILNER to Roy Gregory Niehoff, January 26, 1952, at Church of Christ the King in University City, Missouri. Mrs. Niehoff is now dietitian in the Milk Laboratory in St. Louis Children’s Hospital.

MARY LOU HAYES to Baxter B. Akers, September 27, 1952, in Sisterville, West Virginia.

FRANCES ANDERSON to James O. Jones, September 27, 1952.

(Continued on page 7)
OUR LATEST FROM YOU (Cont.)

KATHRYN ELIZABETH WOLFE to Noel Freemont Stoddard of the United States Air Force, December 22, 1951, at the Chapel, Offutt Air Force Base in Omaha, Nebraska.

MARGARET SUE MITCHELL to Raymond Walter Rosenthal, June 1, in Monroe, Louisiana.

VELMA ELAINE WITMER to Royal Stanley Mason, August 29, 1952, in Fort Bayard, New Mexico.


BORN TO - -

Mr. and Mrs. Harold Duhadway (GLORIA ZWYVELT), April 14, 1952, a girl.

Mr. and Mrs. Duane Miller (JOYCE GIBBONS), October 8, 1952, a boy, Thomas Duane.

Dr. and Mrs. Samuel Guyer (JANE EIDSON), September 20, 1952, a son, Karl Eidson.

Mr. and Mrs. Al Gerding, January 14, 1952, a girl, Deborah.

Dr. and Mrs. Robert Stowell (EVAN MAE CHAMBERS), May 2, 1952, a girl, Susan Jane.

Mr. and Mrs. Don Freyer (ALENE NORTON), a son.

Mr. and Mrs. Simon Resnikoff (RUTHIE SHEAR), a daughter, October 18, 1952.

Mr. and Mrs. Walter Kassing (MAXINE MAURITSON), a son, Mark.

Mr. and Mrs. R. E. Simon (ALVERA GROSS, former assistant main kitchen dietitian) a daughter, Nita Roberta.

Again it is my privilege to bring to you Holiday Greetings and Best Wishes for the New Year from the Barnes Hospital Dietary Department which includes 14 staff dietitians, 173 full time and 39 part time dietary employees.

We hope you enjoy this seventh Christmas newsletter assembled by the dietary interns of 1953.

Sincerely,

Henrietta Becker
Director of Dietetics

A. D. A. CONVENTION

The following former Barnes Hospital interns in dietetics attended the A.D.A. convention in Minneapolis, October 18-25:

Lottie Crecilius
Memorial Hospital, Springfield, Ill.

Lorrayne Anderson
Abbott Hospital, Minneapolis, Minn.

Betty Buhl Bunkers
St. Barnabas Hospital, Minneapolis, Minn.

Georgia Darves

Frances Halbert
Hotel Dieu Sisters Hospital, New Orleans

Susan Tillery
Ellis Fischel State Cancer Hospital
Columbia, Mo.

(Continued on page 12)
DIETARY INTERNS, CLASS of 1953. Front row, left to right: Helen Gregowicz, Jo Annette Halk, Shirley Wilson, Alice Ballah, Roberta Lyon, Annabelle Rice. Back row, left to right: Mary Ann Kelldorf, Mary Ward, Onah Sholl, Dorothy Mathew, Joan Buboltz, Joan Redding.

OUR LATEST ALUMNAE

Patricia Bast
Assistant Administrative Dietitian in charge of Barnes Hospital Cafeteria.

Margaret Cain
Therapeutic Dietitian, Methodist Hospital, Houston, Texas.

Audrey Clever
Washington University Food Clinic Dietitian.

Nancy DeMuth
Graduate Student, Michigan State College.

Ruth Gruner
Chief Dietitian, Graham Memorial Hospital, Canton, Illinois.

Adele Heumann
Assistant Dietitian in charge of St. Louis Maternity Hospital.

Nancy Kammeier
Research Department, Pet Milk Company, St. Louis.

Carolyn Kavanaugh
Assistant Dietitian, St. Louis Children’s Hospital.

Margaret Kellert
Veterans Hospital, Oklahoma City, Oklahoma.

Patricia Lockhart
Engaged to be married.

Dorothy Murakami
Assistant Administrative Dietitian, Barnes Hospital.

Katheryn Philippi
Therapeutic Dietitian in charge of Private Pavilion, Barnes Hospital.

Virginia Scheuffle
Dietitian-in-charge, Memorial Hospital, Caldwell, Idaho.
OUR BARNES ALUMNAE

1918
Dorothy S. Case
Helen R. Davis
Daisy Evans
Marie Hellwig
Olla V. Johnson
Stella Strain

1919
Mildred J. Barr
Sue Coffin
Mary P. Smith
Ora Voyles

1920
Helen M. Baker
Esther G. Bayles
Margaret Brainard
Hettie Carris
Eleanor Childers
Verla Dahnke
Iola Hooker
Gladys Lowe
Grace Rigney
Esther Schneider

1921
Lois Beeby
Ethel M. Ollis
Constance Simms

1922
Lettie Carlson
Lottie Crecelius
Una Doubet
Minnie Dubbs
Madge L. Little
Linnea Newstrom
Gracia Rowley
M. Steinbarger
Flotie Waggener
B. M. Whitman

1923
Ruth Cooper
Mary E. Hagenbush
Kathleen Hamm
Viola Kraege
Hazel Major
Martine Morris
Leila Neuling
Lurena Perrine
Virdelle Simpson
Mabel Steele

1924
Eda Atwood
Irene Bernhardt
Elizabeth Eich
Bly Ewalt
Mary Flood
Effie Garrett
Jessie Hughes
Alice Jensen
Louise Keller
Greta Kneer
Leah O’Harro
Nettie Pfaff
Genevra Stick
Margaret Sumner

1925
Gertrude Conn
Iris Cruse
Blanche Daise
Lucille DeVries
Lorraine Dickinson
Marion Gates
Edna M. Honeywell
Henrietta Hosch
Mary Irwin
Gertrude Lawson
Julia Lingenfelder
Edith Norken
Nellie Sailor
Vera Seal

1926
Sara Skinner
Elizabeth Thompson
Susan Tillery

1927
Hazel Bradburn
Margaret Brumit
Anne Burford
Ella Gould
Florence Haack
Blanche Laager
Emma Millard
Helen Roll
Bessie Smith
Louise Wilkonson

1928
Frances Amerman
Margaret Birchard
Buneta Bowen
Lura Cowan
Mary Irene Darrow
Pinkey Lou Eddins
Jane Enloe
Katherine Flagg
Eva Fleming
Florence Hammann
Flossie Jordan
Juanita Mawdsley
Martha Rogers
Ruth Ann Savage
Mabel Unger

1929
Mary Alexander
Violet Cummings
Barbara Ann Fite
Margaret Helms
Ruth Hoppock
Irma Hunt
Floy Jones
Irene H. Kaemper
Ruth Kahn
Louise Kessler
Minnie Sprain
Dorotha Ohlsen
Blanche Mock
Dorothy Tickner

1929
Eileen Anderson
Mable Fleak
Estelle Hagnauer
Imogene Hardin
Sarah Mansfield
Violaute C. Owen
Valerie Shaw
Mary E. Whitla
Mabel M. Willcutt
Merle Williams

1930
Mary M. Barnes
Claribel Barth
Virginia Cochran
Catherine Fait
Margaret Fuller
Pauline Gilliland
Gwendolyn Green
Edith Kernohan
Helen L. Parker
Blanche Peterson
Helen Seags
Lora Shull
Mary E. Stewart
Esther Thompson
Margarette Tillotson

1931
Marion Clavin
Ruby Hill Cole
Frankie Crane
Dorothy Duckles
Eureath Fisher
Pauline Hazeltine
Myra Koenig
Ann McCuish
Florence Reinberg
Marion Rose
Lillian Smith
Marjory Stevenson
Frances Ware
Florence Wray

1932
Frances Austin
Lillian Van Bebber
Velma Brooks
Gladys Bolack
Opal Coad
Dorothy Dolan
Marjorie Enwer
Ruth Garrison
Louise Kaylor
Vada Manning
Edna Raybourne
Venola Rhodes
Jane Shaw
Evelyn Steele
Marcella Sterling
Chlois Stickler

1933
Frieda Antener
Virginia Carlin
Clara Marsh
Evaline McNary
Wilma Mittelberg
Carolyn Powell
Margaret Prindle
Mary Ragsdale
Erma Ritter
Esther Thomas
Katharine Thomson
Oma Thompson
Bessie Weisent

1934
Mildred Aszmann
Dale Brubaker
Mary Gillaspie
Alyce Hastings
Mary Pickles
Virginia Shade
Agnes Sullivan

1935
Jane Adams
Marguerite Edwards
Doris Giesecke
Norma Gunderson
Edith Pratt
Alice Richardson

1936
Nettie Bresnahan
Frances Erickson
Isabel Grassl
Patricia Harden
Gertrude Samson
Grace Zerbolio

1937
Helen Bebout
Elizabeth Foster
Thelma James
Margaret Klobe
Elma Seibert
Jone Koonz
Winifred Ross

1938
Eleanor McMichael
Nina Gladys Howard
Dorothy Langdon
Velma Rohrer
Esther Root
Lois Reitzel

1939
Helen Corzine
Jennie Hartling
Genevieve Hammar
Patricia Ludden
Wilhelmine Murphy
Agnus Thompson
Emily Wullfing
<table>
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<tr>
<th>Year</th>
<th>Names</th>
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<tr>
<td>1940</td>
<td>Frances Anderson, Ann Chapman, Mary Gertrude Gray, Shirley Larson, Joyce Morgan, Elizabeth Treadwell, Jane Swift, Ruthie Shear</td>
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<td>1941</td>
<td>Georgia Bywater, Elizabeth Carroll, Rebecca Carpenter, Helen Greer, Marjorie Holmes, Elise Tagge, Geneva Sankey</td>
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<td>1942</td>
<td>Flora Ann Batson, Lillie Marie Canady, Barbara Louis, Mary Mayoris, Helen Stiers, Lora Stone, Marjorie Wood</td>
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<td>1943</td>
<td>Vennie Caldwell, Martha Gallaher, Sara Harrington, Jean Harris, Alice Hoegemeyer, Genevieve Olson, Ann Schutze, Helen Schahrer, Jeanne Stringham, Virginia Shroeder, Naomi Wallace</td>
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<tr>
<td>1944</td>
<td>Mary Catherine Downs, Grace Gantt, Carolyn Morgan</td>
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<td>1945</td>
<td>Grace Rasmussan, Dorothy Swindler, Elsie Siebold, Eleanor Robinson</td>
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<td>1946</td>
<td>Mary Dean Buckles, Eva Mae Chambers, Agnes Chisholm, Patricia Ellen Gibbens, Evelyn Huey, Marlene Hunter, Carolyn Jones, Maxine Mauritson, Alene Norton, Patricia Quinlisk, Elizabeth Richter, Betty Zumwalt</td>
</tr>
<tr>
<td>1947</td>
<td>Ruth Christenson, Betty Coday, Ruth Ewert, Margaret Fuller, Lois Huntoon, Rosemary Hanam, Juanita Red, Bobbie Ward, Gloria Verzyveld</td>
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<tr>
<td>1948</td>
<td>Mattie Lou Alford, Anna Allison, Miriam Barnes, Mary Boyles, Lavona Craggs, Louise Leonard, Maxine Nelle, Gloria Staley, Marilyn Thompson, Mary Toland, Mary Jo White</td>
</tr>
<tr>
<td>1949</td>
<td>Jo Ann Grimes, Natalie Hambly, Mary Katherine Smith, Carol Stegall, Ruth Sturdivant, Rosemary Taylor</td>
</tr>
<tr>
<td>1950</td>
<td>Lorrainey Anderson, Betty Buhl, Joyce Gibbons, Donna Juhl, Annette Longino, Bessie Shimanuki</td>
</tr>
<tr>
<td>1951</td>
<td>Fern Claney, Carolyn Hilman, Jacqueline Laux, Patricia Bocek, Lois Brumitt, Wilma Caudle, Virginia Copeland, Kate Daly, Sarah Jane Eidson, Marge Hartman, Jane Henry, Kay Ohata, Velma Pereboom, Frances McCunniff, Virginia Marx, Shirley Wendt</td>
</tr>
<tr>
<td>1952</td>
<td>Margaret Sue Mitchell, Martha Willis, Katheryn Wolfe, Rogene Yenne, Shirley Bastian, Georgia Darves, Ruby Davenport, Carolyn Fink, Mary Lois Hanning, Suzanne Hamlin, Mary Lou Hayes, Margaret Heckman</td>
</tr>
</tbody>
</table>
A. D. A. CONVENTION (Cont.)

Madge Little
American Dry Milk Institute, Chicago

Frances Ware
Rhode Island Hospital, Providence, R. I.

Ruth Kahn
Michael Reese Hospital, Chicago, Ill.

Helen Corzine
Veterans Hospital, Brooklyn, N. Y.

Hazel Bradburn
County Hospital, Clayton, Mo.

Alene Norton Freyer
Lutheran Hospital, Sioux City, Iowa

The following former Barnes staff dietitians attended:

Louise Wilkonson
Memorial Hospital, Greensboro, N. C.

Ellie Sheridan
St. Joseph's Hospital, Omaha, Neb.

Marion Sizelove
Pawating Hospital, Niles, Mich.

Mary Aschenhenner
Park Falls, Minnesota

Charlotte Ludwig
Michael Reese Hospital, Chicago, Ill.

Mary Barnes
Oklahoma A. & M. College, Stillwater, Okla.

Lt. Julia Neale
Wm. Beaumont Hospital, El Paso, Texas

Henrietta Becker, Director of Dietetics, and Helen Starch, Educational Director, represented the present Barnes staff at the convention.

Today as we send this letter
We think so much of you,
The good times you must have had here,
And the friends you gained so true;
We realized how you would like to know
What "ye old classmates" now do,
So we prepared this little newsletter,
And we can get acquainted, too.

- - J. S. R.
CONSTRUCTION BEGUN ON RENARD HOSPITAL

Early in September construction was begun on Washington University's latest addition to the medical center - a $1,430,000 hospital which will provide facilities for as many as one hundred patients, as well as for teaching and research in the field of psychiatry.

The seven-story building will be located immediately west of the Washington University Clinic Building. It will be known as the Renard Hospital in honor of the late Mr. and Mrs. Wallace Renard, whose gifts to the university have provided a major portion of the funds for the structure.

In addition to the space allocated for patients, the building will have classrooms, patient interview rooms, offices for physicians and examination rooms. Recreational and exercise areas will be provided on the roof for patients. Kitchen and laundry facilities and receiving and mechanical rooms will be on the ground floor.

There will be corridor connections to the main corridors of the Barnes Hospital Group and the hospital will be accessible to other buildings of the medical center. The exterior of the hospital is being planned to harmonize with other buildings in the group.

The above photograph won third place for Barnes Hospital in the National A.D.A. Photographic Contest for 1952.