Dr. William E. Stehbens
New Chief Pathologist

David A. Gee, executive director, announced that William Ellis Stehbens, M.D., has been appointed pathologist-in-chief of Jewish Hospital and associate professor of pathology at Washington University School of Medicine. He will arrive in St. Louis the first of August.

"An international authority on diseases of the arterial wall, Dr. Stehbens has been doing basic research of this nature for many years. Now that he is in the evaluation, diagnosis and treatment of cardiovascular diseases, the major cause of death in the United States today," Mr. Gee said.

Dr. Stehbens's work will complement some of the research being done in the Department of Medicine at the Hospital by Stanford Wemler, M.D., physician-in-chief, Lamont Gaston, M.D. and E Thye Yin in blood clotting mechanisms, and in the Department of Surgery by William Shiebler, M.D., director of the section of vascular surgery.

Dr. Shiebler will make intensive use of the electron microscope for research activities. He is interested in establishing additional strong programs in clinical pathology and pathological anatomy at Jewish Hospital.

Dr. Stehbens is a native of Australia, and received his Bachelors of Medicine and Bachelor of Surgery with honors from the University of Sydney in 1950. He received a Doctor of Medicine from the University of Oxford in 1961, and a Doctor of Medicine from the University of Sydney in 1962, where he did post-graduate work from 1952-1962, excluding the two years leave of absence at Oxford where he worked with Lord R. McCann, Getts, secretary of the Food. He attended a lunch meeting at the Hospital, and was shown the Monsanto Fund Surgical Conference Room by Joseph F. Ruwitch, president of the Board of Directors.

Senior citizens should not feel guilty if they do not live up to what social planners believe they should, according to Dr. Franz U. Steinberg, director of Long Term Care at the Hospital.

"In general, society is not handling old age problems as well as they could be handled," he said. "We have a tendency to lump older persons into one homogenous group, instead of considering them as individuals with individual problems and desires."

Dr. Steinberg was one of four speakers at a lecture for the Laity, held during National Hospital Week at the Moshen Stehberg Memorial School of Nursing Building. The topic for the lecture was 'How Medical Science Can Help Us As We Grow Older.' The program was introduced by Dr. David A. Gee, executive director and Edward F. Schweich, vice-president, board of directors. Dr. Steinberg discussed the problems of aging and rehabilitation for independent living.

"Our society presents many contradictions for the aging—for example, we advise older citizens to remain active and then we require them at age 65; we advise them to take an interest in group activities such as the Golden Age Clubs but we fail to recognize that many people are not joiners and therefore not happy in organized groups," he said.

"The most dangerous situation for an aged ill person is to have a prolonged stay in a hospital without inspiration. The majority of the elderly ill can be rehabilitated to lead happy productive lives for many years. Successful rehabilitation is contingent on the patient's desire to assume some of the responsibility for his own care."

Dr. Steinberg cited the program of long term care at Jewish Hospital which provides inspiration for rehabilitation through the services of physical therapists, and nurses, who help retrain the patient to a new way of life, and through social workers who help relieve anxieties of the patient and his family. After the patient leaves the hospital, he can receive the additional rehabilitation benefits from a team of home care professionals.

Dr. Carl Heifetz, president of the Jewish Hospital Medical Staff, spoke on geriatric surgery. He stated that surgery should not be denied because of age; that the mortality rate for geriatric surgery is much lower now than ever before. He pointed out the scientific advances which have added to the growing success of geriatric surgery: new types of anesthesia; specialized equipment to monitor blood volume and vital body functions; highly refined methods of preventing contamination which lower chances of infection; recovery room care and intensive care units which provide specialized services for the critically ill; avoidance of lung complications through the use of breathing machines; and surgery which can be performed on the blood vessels to allow normal circulation."

"Emergency operations in the aged can present a hazard," Dr. Heifetz commented. "If an older person knows a problem exists, he is better off undergoing elective surgery, rather than waiting until his condition deteriorates. The role of the surgeon is to bring life to age as well as age to life."

Dr. Edward Massie, cardiologist, discussed the prevention and treatment of heart and circulatory disease in the older person. He cited the major contributing factors to coronary prone persons as smoking, obesity, blood pressure, and heredity.

"Moderate activity is important for recovery of coronary disease...walking, swimming, bowling, tennis, etc. are useful for just about everyone. Diet is important too," he said, "and a person's ideal weight is when they look slim and trim in the mirror. Cholesterol count drops when a person's diet is controlled and does not include excessive fats..."

"Aging is Subjective"

Dr. Edward Massie, cardiologist, pointed out that aging is a subjective process. A person is as old as he feels. Those persons who are not ill are generally not old, regardless of chronological age. As a person grows older, he becomes more dependent on other people. However, he pointed out the need for control of dependency.

Dr. Kaplan cited the fact that women are better able to handle aging than men, mainly because women had experience of dependency on their husbands without sacrificing their individual independence.

"Older persons who need custodial care should be kept in a setting which is in keeping with their past. As a rule, men make their own decisions, and women prefer to stay in their own homes...their familiar surroundings."

Dr. Kaplan stated that the older person has a valuable role in society which is not fully recognized. "The role of older citizens is that of advisor and consultant, a role which benefits the older person and society as well."
Nurses Plan Active Summer

Consultant For Costs

JAMES O. HECHT, Vice President of the Social Security Administration, was a strong advocate for Medicare, and he emphasized the importance of making health care accessible to all Americans. He emphasized the need for comprehensive medical care for elderly and disabled individuals, and he advocated for the implementation of a universal health care system. He was a key figure in the development of Medicare, and he played a crucial role in its passage through Congress. He was a strong proponent of the idea that health care should be a fundamental right for all Americans, and he worked tirelessly to ensure that Medicare would be a success.

New Credit Manager: David A. Gee

Miss Margaret Loh, R.N., director of Nursing, and Miss Lavera K. Ryder, director of Nursing Education, attended the annual meeting of the Council Members for Districts and Programs held at the Chase Park Plaza. Subjects under discussion included the implications of Medicare for nursing diploma programs. Miss Ryder and Mrs. Virginia Reisinger, R.N., director of Nursing Administration, attended a two-day conference on "Nursing Services and Nursing Education in the 21st Century," held at the University of Iowa, Iowa City.

Miss Reisinger also attended the District Annual Institute presented by the Missouri State Nurses' Association on "Assuring Quality Patient Care Through Changing Patterns of Education and Service." She participated as a panelist on the topic "The Role of the Nurse Clinician as Perceived by Professional Practitioners in Nursing Education." Miss Elsie Null, R.N., head nurse, 2 Steinberg, attended a two-day conference on Utilization of the Practice Nurse, held at the University of Iowa, Iowa City.

Miss Emily Gert, R.N., nursing coordinator, 3 Long-Term Care, and Mrs. Isabelle Brown, 2 Long-Term Care, presented a demonstration of a "Simplified Method of Teaching Nurse Procedures to Nurse Aides" at a meeting of registered nurse consultants in nursing homes. The meeting was sponsored by the Missouri State Council on Aging, and it was held at the University of Missouri, Columbia.

Vernon E. Spradling, director of electronic data processing, attended a meeting held in Chicago to discuss potential applications of emerging technologies in health care. The meeting was sponsored by the American College of Healthcare Executives, and it was held at the Sheraton Hotel.

Philip Bassin, assistant director, spoke at the American Hospital Association's Institute on Operating Room Administration held in Dearborn, Michigan. The subject was "Effective Operating Room Utilization." An article by Rabbi Lawrence M. Siegel, Jewish Federation Community Chaplain, was published in The Psychoanalytic Review, Spring, 1966, entitled "A Bar to Conversion."
David A. Gee 
Addresses Medical Alumni

(The following contains excerpts from a speech delivered by David A. Gee, executive director of the Alumni Association of the University of Washington School of Medicine, May 23 at Le Chateau).

The speech covered the activities of the Alumni Association, the role of the parent in the psychotherapy of the patient, and an update on research work performed at the Jackson Laboratory, sponsored by a National Science Foundation Grant.

The speech was based on research work performed at the Jackson Laboratory, sponsored by a National Science Foundation Grant.

An article by Michael Karl, M.D., "The Drug Therapy of Pyelonephritis," was published in the April 11 edition of Modern Medicine magazine.

Michael Somogyi, Ph.D., spoke at the 11th Annual Clinical Conference on Diabetes Mellitus, sponsored by the University of Missouri School of Medicine in Columbia. The subject was "Diabetic Diet," and Dr. Somogyi also participated in a panel concerning problems of diabetic management.

Several members of the Department of Obstetrics and Gynecology at the University of Missouri School of Medicine and Gynecology Convention held in Chicago. David Rothman, M.D., director of the department, spoke on "Perinatal Mortality Studies," and "The Significance of P.K.U."

Samuel D. Soulé, M.D., served as vice-chairman of the program committee and will continue in that capacity next year.

Seymour Weinberg, M.D., William Castle, M.D.; Carl David Cockroft, M.D.; and B. N. Stanley Lang, Ph.D., attended a meeting of the Mid-Central States Asthma and Allergy Control Organization.

One exchange between two members of the House Staff and the Administration suggests that house officers thirty years ago had problems that may not be far unparalleled today. Let us take a look at some of the more revealing minutes and letters relating to the Internal Committee, the Committee of Junior Members, and the Medical Staff Association for two decades.

Dr. Milder reported to Dr. Middleman that an emergency tracheotomy was performed on a patient with stridor. No solution was reported on this matter.

May 3, 1937—Miss Anscombe asked Dr. Middleman not to give any patients in the middle of the night while wearing his bathrobe. Dr. Middleman indicated that he was unable to get dressed fast enough and still respond to an emergency call. It was finally agreed that he would wear a dressing gown while being dressed, unless he had to perform an emergency tracheotomy in which case the bathrobe would be considered proper uniform.

October 21, 1939—Rates on the ward service were raised to $5.88 per day from the flat rate of $3 per day. This does not sound too much out of line when one recalls that the overall cost per day for that year was $5.83. The Hospital's total operating budget for the year was $450,000.

Dr. Milder's letter to Dr. Middleman concerning the sitter's cooler. Dr. Drey suggested that in the absence of an available sitter, Dr. Middleman inquire as to the sitter's cooler. No solution was reported on this matter.

June 18, 1940—The resident staff expressed thanks to Miss King, Dr. Cook, and Dr. Meyer for having provided a laboratory technician to do blood counts and urinalyses. In the day of the auto-analyzer and the coulter counter, it is difficult to imagine the low level of laboratory function that existed only twenty-five years ago.

Dr. Middleman expressed gratitude to Miss Anscombe for their honest and dedicated service. Miss Anscombe's recorded response was that they were grateful to be of service to the hospital.

June 23, 1942—Dr. Kotner defeated. It is interesting to note, too hot and requested it be made cooler. No solution was reported on this matter.

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Contributions to Jewish Hospital Funds

**MEMBERS OF THE SUN RAY CHAPTER #425. ORDER OF THE EASTERN STAR, recently donated an emergency hand infant resuscitator to the Hospital. Dr. Marshall B. Greenman, director of the department, explains how the unit operates. Members of the Chapter who presented the gift are (left to right) Mrs. Emma Albeck, Henrietta Meilman and Mrs. Louis Kantor, all of whom are past matrons of the group. Mrs. Albeck chose the project as one of her activities as matron.**

**CONTRIBUTIONS RECEIVED ARE USED FOR RESEARCH, APPLIANCES FOR CLINIC PATIENTS, NEW EQUIPMENT, AND OTHER WORTHY UNDERTAKINGS, SPONSORED BY THE JEWISH HOSPITAL AUXILIARY.**

THE FOLLOWING ARE CONTRIBUTIONS RECEIVED DURING PERIOD APRIL 1, 1965 TO MAY 15, 1965. ANY CONTRIBUTIONS RECEIVED AFTER MAY 15 WILL BE LISTED IN THE NEXT 216.

**CONTRIBUTIONS TO THIS FUND MAY BE MADE BY SENDING CHECKS, PAYABLE TO THE JEWISH HOSPITAL TRIBUTE FUND, TO MRS. HENRY H. STERN, 630 WATERMAN AVENUE, ST. LOUIS 30, OR MRS. JOSEPH F. RUMTICH, 102 LAKE FOREST, ST. LOUIS 17.**

**MRS. ANNIE PINES, president of the Ben A'Kiva Aid Society, presents a check to Dr. Frank G. Steindler, director of Rehabilitation and Long Term Care, for the establishment of the Ben A'Kiva Rehabilitation Center to be used by patients in that division of the Hospital.**

**DONOR IN MEMORY OF**

ALBERT S. ALOE
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SUSAN DAY

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Dr. and Mrs. Sol Wolfe

HARRY BECKERMAN
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ZELDA DAY

SUSAN DAY

MR. AND MRS. DAY, (Susan Day Memorial Fund)
Interns and Residents, 1966-67

Dr. Baldridge Dr. Gerowin

John Allen Baldridge, received his pre-medical training at Hendrix College and the University of Texas, and was graduated from the University of Arkansas School of Medicine. Dr. Baldridge spent the summers of 1963 and 1964 at the University of Arkansas on fellowships in basic science disciplines in ophthalmology. He is married.

Dr. Marcus Dr. Meyers

Neal Wilson Marcus, Tampa, Fla., received his undergraduate degree in biology at Rice University where he completed an undergraduate summer research project on bacterial microscopy techniques. He graduated from Washington University School of Medicine and served an externship at Jewish Hospital in 1965. He is a member of Phi Beta Kappa and Sigma Xi.

Jerry Richard Meyers, Brady, Tex., received his B.A. in English at University of Texas, and his M.D. from Washington University. He is a member of Phi Kappa and Alpha Epsilon Delta. Medical degree in biology from Harvard University with an A.B. degree in English Literature and received his M.D. degree there. He is a member of Phi Beta Kappa and Omicron Delta Kappa. He has studied computer programming and biochemical statistical computer applications, and has also worked in the experimental surgical and physiology divisions of Jewish Hospital. Dr. Liss is married.

Dr. Gordon Dr. Rowitch

Joseph F. Rowitch, Jr., of St. Louis, received his undergraduate degree at Dartmouth College in 1962 and graduated from Washington University School of Medicine. He spent last summer at the Roscoe B. Jackson Memorial Laboratory in Bar Harbor, Maine.

Dr. Kramer Dr. Laycob

John Henry Kramer, Plainfield, N. New Jersey, received a B.S. in natural science at Middlebury College, Allentown, Pa., and his medical degree at St. Louis University. He was elected to Phi Beta Pi, medical fraternity. He was a member of his fraternity and served as an intern at Jewish Hospital in 1965. He is married and plans to go on to ophthalmology.

Lawrence Dale Laycob, Clayton, graduated from Washington University in 1962 and University of Missouri School of Medicine. He studied at Guy's Hospital, London, in the departments of psychiatry and thoracic surgery. He did special work in clinical and research psychiatry at the Missouri Institute of Psychiatry.

Dr. Pfaff

James Mark Krainin, New York City, N. Y., graduated magna cum laude from Harvard University in 1962 and received his medical degree there. He was elected to Sigma Xi because of his work on transpiration in trees. Another of his research projects included human and arthropod color vision. His "Median Eye of Limulus; an Ultraviolet Receptor" was published in PNAS, December 20, 1964. He elected to Sigma Xi because of his work on transpiration in trees.

Dr. Blumenthal Dr. Clark

Harvey Jay Blumenthal, St. Louis, graduated from St. Louis College of Pharmacy in 1960 and from University of Missouri School of Medicine last month. He has done special work in vitro absorption of insulin in rats and rabbits. He is married and has two children.

Dr. Levishon Dr. Shumaker

Steven R. Levishon, Denver, Colo., graduated magna cum laude in English from Harvard University and received his medical degree there. He was a National Merit Scholar, a John Harvard Scholar and was elected to Phi Beta Kappa. He did his clerkship in medicine at the Peter Bent Brigham Hospital. He and Mrs. Levishon have one child.

Dr. Wood

Ivan T. Myers, M.D., a first year resident in ob-gyn, was born in Bluffville, Arkansas, and attended Arkansas State College and received both his A.B. and M.D. degree. He did his internship with the St. Louis County Hospital, and worked in ob-gyn in the Air Force for two years. Dr. Myers is married.

Another first year resident in ob-gyn, Dr. Beris Lee Brown, Jr., was born in Waco, Texas, and attended Arizona State College in Texas and the University of Arkansas Medical School. He did a rotating internship at Barstow Veterans Medical Center, Dallas, Texas.

Dr. Myers Dr. Wood

Gary Philip Wood was born in Morrilton, Arkansas, and attended the University of Arkansas for his undergraduate and M.D. degrees. He interned at Memerah Medical School and Residency in Indiana and Missouri. Dr. Wood will be a first year resident in ob-gyn. He is married, and they are the parents of one child.

Another first year resident in psychiatry, Dr. Robert A. Rankin, received his M.D. from the University of Pennsylvania, and his B.A. from the University of Arkansas in 1959. He was born in Lake Village, Arkans. Dr. Rankin did his internship at the Tennessee Psychiatric Hospital and Reseach Institute, and his internship at Presbyterian-St. Luke's, Chicago. Dr. Rankin is married to Teresa Rankin, M.D.
New York Times Article Tells Hospital Research

The following article is a reprint of the New York Times news story concerning the three-year study of adopted children and their families by Nathan M. Simon, M.D., and Mrs. Audrey G. Senturia, research associates. *Washington* (Science Service) — Adopted children evidently are faced with special family conditions that make them more prone than others to psychiatric illness. This was the conclusion reached in a three-year study of children and adults at the Jewish Hospital of St. Louis, Mo. Both hospitalized patients and outpatients were included in the study.

Emotional ills manifested themselves primarily in anti-social behavior such as stealing, lying and open aggression. Dr. Nathan M. Simon and Audrey G. Senturia found a higher incidence of these personality disorders among adopted children than among others in the study reported in The American Journal of Psychiatry.

In some cases this could be explained by hostility between the adopting parents. One parent might blame the other for their failure to produce children and their animosity often was extended to the adopted child.

In other cases, the adopted child might have upset a precarious balance in the marriage and then becomes either a competitor or a weapon in the conflicts between the two adults.

Besides these possible handi-caps, adopted children often face a major identity problem because they have two sets of parents. Patients treated at the St. Louis Hospital usually imagined their biological parents had in some way — that they were prostitutes, drunkards, etc. This appeared to be an attempt to explain why they had been abandoned.

Identification with these “bad” parents was strong, and consequently the children would try out a series of identities, attempting to be like their imagined parents.

**Doctors Elect Bowling Officers**

Members of the 1966 Jewish Hospital Staff Bowling League have elected Dr. Sam Frankel as their president and Dr. Theodore Mer- ris as secretary-treasurer of the group for the coming year.

Trophies were awarded at a banquet attended by the Jewish Restaurant to the following winners:

- First Place Team: Dr. and Mrs. Melvin M. Schwartz, Dr. and Mrs. Jay Meyer, Dr. Lawrence Aronberg, Mrs. Benjamin H. Cohen, and Dr. Robert Treiman.
- Most Improved Bowlers: Dr. Robert Burstein and Mrs. Melvin M. Schwartz. Individual High Average: Dr. Herbert Silver, Dr. Harold C. Sauer and Dr. Sidney Goldenberg.
- Median: Mrs. Phillip Goldenberg; Mrs. Phillip M. Casel and Mrs. Robert Ahlvin.
- Women’s Division: Mrs. Anna Lee Thomas, Mrs. Leatha Loyd, Mrs. Lydia Woody Bates.
- Most Improved Women: Mrs. Linda Babitsky and Mrs. Linda Lipton.
- Most Improved Men: Dr. Shale Rifkin and Dr. Sam Frankel; Mrs. Ellis S. Lipstein, Mrs. Philip Goldenberg; Mrs. Phillip M. Casel and Mrs. Robert Ahlvin.
- Individual High: Mrs. Kenneth O. Friedman, Mrs. Melvin M. Schwartz, Mrs. Kenneth O. Green.
- High Series: Dr. Samuel J. Goldengold; Mrs. Phillip Goldenberg; Mrs. Kenneth O. Friedman, Mrs. Melvin M. Schwartz; Mrs. Bernard Schwartz, Mrs. Bernard Schwartz.
- Most Improved Woman: Mrs. Louis O. Schwartz; Mrs. Bernard Schwartz, Mrs. Bernard Schwartz, Mrs. Bernard Schwartz.
- Most Improved Men: Dr. Shale Rifkin and Dr. Robert Ahlvin.
- Individual High: Mrs. Kenneth O. Friedman, Mrs. Melvin M. Schwartz, Mrs. Kenneth O. Green.

**Service Award Winners, 1966**

**FIVE YEAR AWARDEES**

- Dr. and Mrs. Robert Ahlvin.
- Dr. and Mrs. Jay Meyer.
- Dr. and Mrs. Nathan M. Simon.
- Dr. and Mrs. Robert Ahlvin.
- Dr. and Mrs. Nathan M. Simon.

**A SCENE FROM THE 1962 Clover Ball which celebrated the 20th anniversary of the Auxiliary. Because of the success of the first Ball in raising $6000, plans are being made for another on January 21, 1967 to celebrate the 15th anniversary. Mrs. Harry W. Loeb is general chairman of the committee; Lester Lavin’s orchestra will play.**

**A Tractor in the House?**

by Alice S. Hambelman

Ray Charnas, M.D. bought his wife a tractor for their 20th wed-ding anniversary . . .

And . . . wife Jeanette thinks it is the grandest gift he could have given her. “The tractor isn’t his . . . it’s mine. It is a wheel horse tractor with an automatic starter . . . and . . . I’m very fickle about who is allowed to ride it,” she jokes.

Dr. Charnas, horticulturist, father and a member of Jewish Hospital’s Medical Staff, says he married his attractive five-foot-tall wife because she reminded him of a flower. When she isn’t head- ing Temple Israel’s Sisterhood as its president, or working for the numerous other organizations she is found pulling dandelions in her lawn. She is a member of the Jewish Hospital Auxiliary, St. Louis Council of Jewish Women, Social Service Board of Directors, and Hadassah.

Dr. Charnas, 48, whose minor hobbies include golf, bridge, fishing and tropical fish, says his love for gardening developed because, “I enjoy watching things grow, but, I’m not a hot house gardener,” he explains. The Charnas home at 22 Briarcliff, Ladue, sits “little over 50 feet above any water.” As old age creeps in, only 40 x 40 feet are under vegetable culture. Their used to be 70 x 60 feet of land planted in crops at one time,” says the doctor.

Five-foot-nine-inch, 180 pound Dr. Charnas is known for his bushy eyebrows and jovial per- sonality. He says he was brought up across the street from the Brooklyn Botanical Gardens. “It just goes to show that a tree really does grow in Brooklyn,” he kids.

“Even when we lived in Brown- wood, Texas, we grew whatever grew in sand. We have had a garden everywhere we have lived,” says Mrs. Charnas.

W. U. Night School

Both Dr. and Mrs. Charnas have taken horticulture courses at Washington University night school and have put their educa-tions to use. Their vegetable gar-den produces green peppers, egg-plant, asparagus, tomatoes, okra, squash, hubbard squash, mint and cocktail tomatoes. “Once a friend planned the date of her cocktail party by the date our cocktail tomatoes would be ripe,” says the brown-eyed doctor. “Neighbors and friends frequently call for vegetables in spring.”

“Our boys raise carrots, radishes and turnips,” says Mrs. Charnas. They have two sons, twins Robert and Larry, 13, and two daughters; Susan, 21, and Joan, 16.

Flowering Shrubs

Their flowering shrubs include lilacs, snowballs, honeysuckle, weep-ing, spirea, rose brier and flow- phylly. “Macrophily means large leaf,” explains Dr. Charnas, who spouts off the Latin names of his garden friends as easily as he does human ailments.

The Charnas flower garden blooms tulips, hyacinths, daffodils and other spring bulbs, roses, ver- benas, asters, heliopsis, anemthei, anemone, Missouri primrose and ranunculuses. Among their trees are the ginko, maple, pin oak, tulip, sweet gum locust, weeping willow, weeping birch, willows, espaliered cherry, Rus-sian olive, hopi crab, American linden and flowering peach.

And . . . sprouting out “volun-tarily” in their lawn are hun-dreds of wild onions. “We have found that wherever you grow Bermuda grass and voynka you will find wild onions,” says Mrs. Charnas. They really are a nuisance.

We have three apple trees and at one time had peach and pear trees,” says Dr. Charnas. “But, they required so much care and then they bore fruit that kept disappearing.”

Dr. Charnas says he doesn’t belong to any garden clubs because of “time.” But, profession-ally, he is a member of the American Medical Association, American College of Physicians, American College of Cardiology, and the St. Louis Medical Society. He is also an associate cardiologist at Faith Hospital.

He received three years of his college education at Emory Uni- versity, Atlanta, and received his A.B. and M.D. degrees at Wash- ington University. He interned at Brooklyn Jewish Hospital and served in the Army for three years with a medical clearing company supporting the Infantry during World War II. After service he was assistant resident and resident in medicine at The Jewish Hos-pital of St. Louis.

At Jewish Hospital, Dr. Charnas is famous for his globus amaran-thus rubus (also known as con-eflower) . . . a small purple bou-tonniere that resembles a corn- flower. “It’s popular name is the cornflower, but it’s in the same family as cornflower,” adds that “many members of the hospital staff know its name be-cause of ‘time.’” But, profession-ally, he is a member of the American Medical Association, American College of Physicians, American College of Cardiology, and the St. Louis Medical Society. He is also an associate cardiologist at Faith Hospital.

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Dr. and Mrs. Raymond M. Charnas at Home.
"...To Help Them Walk Again"

"It means a great deal to see a patient walk again," Mrs. Maureen Shannon, R.N., said as she talked about rehabilitation nursing.

"And this is one of the most gratifying aspects of being a member of the rehabilitation team on 1 South of the Steinberg Building. Nursing here is much more of a physical labor than it is on any of the other divisions—there is a great deal of lifting, pushing and lifting—and perhaps because of the intimacy and duration of long-term care, it is even as much of a psychological labor for us as a physical one."

Dr. Franz U. Steinberg, director of the Department of Long Term Care and Rehabilitation, said that about 10 years ago it was difficult to find nurses for the area.

"Recognition of the time when the patient has reached the maximum of his ability to proceed in care for himself is a special part of rehabilitation nursing," Miss Emily Getz, R.N., said. "Communicating, even on a non-verbal level, is an important part of the nurses' work in this area."

Miss Getz is nursing coordinator for the Rehabilitation Division. Miss Getz thinks that the nursing role is a supportive one where she is able to aid him in getting in and out of bed and bath, and with dressing. She should know what facilities are in his home so that similar ones can be a familiar part of his association with the Hospital. If the facilities are inadequate in his home, perhaps she and the social worker can work with a physical therapist on designing a more feasible arrangement for the patient to descend stairs.

Other qualities for the nurse in rehabilitation include much more than a surface interest in other people: the nurse spends varying amounts of time with each patient, but it generally is over a period of 4-5 months rather than a few days or weeks.

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"I just want to express my gratitude for the personnel in rehabilitation at Jewish Hospital," she exclaimed. "Look what they've done for me!" as she moved her left arm.

One woman delighted the group during Friday morning rounds. She felt good that morning, and responded to the doctor's questions rapidly and with enthusiasm with:

"I want to express my gratitude for the personnel in rehabilitation at Jewish Hospital," she exclaimed. "Look what they've done for me!" as she moved her left arm.

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The doctor said that he had done a little work herself to improve her bad side, her resort was, "I don't have a bad side any longer! My left side is just not as good as my right!"

The program at the Hospital is a dynamic one: it has been well demonstrated that the Rehabilitation Department is an active one by the many follow-up reports on cases in the area.

"Through the enthusiasm of the nursing supervisors and head nurses during the past decade, revisions and adaptations have been made (and will continue to be made) to see to the needs of the patients," Dr. Steinberg said.