Elevator Strike To Delay East Pavilion Opening

A nationwide strike by elevator installation workers will temporarily delay the opening—originally scheduled for May 15—of the ground and first floors of the new East Pavilion, according to James Claywell, Barnes administrative engineer. The two floors will house several administrative offices and a new Wishing Well, among other facilities.

Although the two floors will be ready for occupancy by the mid-May date, the opening will be held up until vertical transportation in the form of elevators and ground/first floor escalators are operational, Mr. Claywell says.

The strike by elevator workmen has not interfered with other aspects of the project, on which 150 workmen are currently employed. All other work is either on or ahead of schedule, Mr. Claywell emphasizes. Completion of the entire project still is scheduled for November 1.

The delay in opening the first two levels is not expected to affect the relocation of Maternity and McMillan facilities, scheduled for late in the summer.

The pending completion of the East Pavilion has also necessitated the temporary relocation of some offices from the Barnes lobby area. New facilities for the hospital’s barber and beauty shops are currently under construction there. They are expected to be completed by the early part of June.

New Barnes & Allied Hospitals Officers Installed

Dr. Thomas B. Ferguson assumed his duties as president of the Barnes and Allied Hospitals Society at the spring meeting April 13 in the Mallinckrodt Institute of Radiology’s Scarpellino Auditorium. The new president-elect of the group, chosen that night, is Dr. Fleming Harper.

Other 1972 officers are Dr. James Heins, secretary-treasurer, and Dr. David Lieberman, vice-president. Dr. Ferguson’s first action as president was to thank retiring president Norman P. Knowlton Jr., and the other officers who served with him, Dr. Richard V. Bradley, secretary-treasurer and Dr. David Kerr, vice president.

Barnes’ laboratories, the recently completed expansion, and plans for the future were presented by Dr. Leonard Jarett, who is director of this facility. Dr. Jarett pointed out that in the past five years laboratory utilization has doubled, going from a million to two million tests in that time. He showed slides of the laboratory areas, which recently underwent a complete renovation.

“‘To obtain the objective of the best service, training and research possible, we must have adequate space, personnel, equipment, and education,’” Dr. Jarett said. He showed how the new computer will greatly reduce “turnaround” time, which is the amount of time required to process the specimen and get results back. “One call will tell you whether the test has been completed, and give the results. There will be a complete daily printout of all test results, eliminating the old “shingling” of individual test reports,” he explained.

During the meeting, the group remembered the members who have died during the past year, Doctors Theodore E. Walsh, Martin F. Engman, Calvin Ellis, Bertrand Y. Glassberg, Arthur Meagher, H. Relton McCarroll and Lawrence Halpern.

Dr. Norman Muschany reported on recent meetings of the Barnes Joint Medical Advisory committee. Dr. Ferguson talked about the Joint Conference committee, which meets informally for discussions between Barnes’ medical staff, trustees, and administration.

Robert E. Frank, Barnes’ Director, explained the East Pavilion schedule and asked all former presidents of Barnes and Allied to provide the administrator’s office with photographs which will be framed and placed in the new Pavilion auditorium.

Dr. Knowlton proposed the group continue to provide $1200 annually for scholarships for Barnes Hospital School of Nursing students. A committee will consider means of apportioning this money.

Dr. Charles Gulick gave the report of the nominating committee and Dr. Kenton King, medical school dean, told of plans at the school.
1972 Anesthesiology School Graduates

Miss Louise S. Grove, left, anesthesia education director, gave these members of the class of '72 a brief quiz on the finer points of the anesthesia gas machine recently. The four, from left, Barry Spreen, Lois VanDerKamp, Gregg Lovell and James Buie, will complete their training in June. Three other members of the '72 class, Pamela Hodge, Sharon Visintine and Richard Jones, completed their training on March 30. Normally, only one class is graduated at a time, but scheduling complications resulted in a double class this spring.

Volunteers Honor Barnes Doctors

Barnes Hospital's Auxiliars once again observed Doctors Day in the traditional manner here, presenting Barnes doctors with several dozen red carnations during the morning of Thursday, March 30. Hospitality stations located throughout the hospital dispensed coffee, donuts and cookies to the honorees, in addition to supplying the crimson boutonniers. Doctor's Day began early for the volunteers who arrived just after 7 a.m. to help set up coffee tables and distribute flowers and refreshments. More than two dozen volunteers participated in the program, directed by Mrs. Shirley Shobe, vice president in charge of hospitality for the Auxiliary.

Mrs. Helen Reno, left, pins a carnation on Dr. David Ansel, while in the background Mrs. Clair Vigus adjusts Dr. John Murray's carnation at the Auxiliary's Doctors Day table near the McMillan Hospital entrance. In addition to the flowers, coffee and doughnuts were also available at the several hospitality booths located throughout the hospital.

Mrs. Marge Jarmon, medical records, and her husband, Ollie Clifton Jarmon, recently returned from an all-expense paid vacation in Hawaii. The seven-day trip was a reward from Mr. Jarmon's employer, the State Farm Insurance Company, for his sale of $1,000,000 of life insurance last year.

"We did a little of everything, but the most impressive thing to me, and it was sad, too, was a visit to Pearl Harbor. We also went to a luau, tried some deep sea fishing and went swimming at night," Mrs. Jarmon said. It was the first visit to Hawaii for the Jarmons. "After a trip like that you want to work hard and save your money so you can go again," she said.

The St. Louis Heart Association will offer a course for registered nurses called "Basic Electro-Cardiography" from May 15-June 22. Classes will meet from 4-6 p.m. on Mondays and Thursdays at the association's offices at 4643 Lindell.

Further information may be obtained from the continuing education bulletin board in the nursing office library or by calling 367-3383.

The following telephone numbers have been changed effective April 18:
- Thomas Behnen, Evening Administrator—Ext. 800
- Volunteer Office, Queeny Tower—Ext. 3446
- Effective May 18:
- Dispatch, Barnes basement—Ext. 631

The second Red Cross bloodmobile visit of 1972 will take place on Wednesday, May 31. Barnes employes who wish to give blood may contact their supervisor for information about the program and pre-arrangement of a donation time.

Thomas A. Martin, the son of Mrs. Walter (Mae) Martin, Admitting, was presented with the Boy Scout's Eagle Bronze Palm award. His scoutmaster is Gale F. Johnston Jr., son of the late Gale F. Johnston Sr., a Barnes trustee at the time of his death.
Barnes To Observe Nurse Week May 7-13

This nurse recruitment booth, featuring large, hand-colored photographs of various aspects of nursing at Barnes, will be on display in the Barnes lobby during Nurse's Week, May 7-13. On May 10, at times to be announced, all three nursing shifts will be invited to the employee cafeteria for coffee, cookies, and doughnuts. St. Louis County Supervisor Lawrence Ros will also sign a Nurse's Week proclamation.

The fourth year in a row that local officials have recognized the contributions of the nursing profession.

Diet Changes May Lower Intestine Cancer Rate

The incidence of large bowel cancer, the second most common type of cancer among Americans, could possibly be reduced significantly by means of dietary modifications, says Dr. Laureen V. Ackerman, Barnes Surgical Pathologist-in-Chief, in an article in *Nutrition Today* magazine.

Dr. Ackerman believes that environmental factors of one kind or another are related to 80 per cent of all cancers. One such factor, diet, seems to be "of paramount importance" in certain types of cancer, such as that of the large bowel, stomach and liver. "In these instances, it is possible that nutritional changes could be made which would theoretically eliminate a certain form of the disease," Dr. Ackerman states.

During several months of studying the Bantu of South Africa, Dr. Ackerman found that large bowel cancer seldom develops among these people, whose diet differs radically from that of most Americans. "Mealies," a glutinous mixture of ground corn, salt and water, make up much of the Bantu diet. Beans and milk are commonly mixed with the "mealies."

This high bulk diet, combined with other factors including altered bacterial flora and more rapid intestinal transit, is responsible for the low incidence of large bowel cancer among the Bantu, Dr. Ackerman believes. By contrast, the typical American diet is low in bulk and, increasingly, contains a great deal of highly refined sugar and flour.

This type of diet results in an intestinal transit time much longer than that of the typical Bantu villager. Consequently, potentially cancer-producing agents in the diet are in contact with the inner surfaces of the bowel for longer periods of time. This diet "may well be responsible for the steadily increasing incidence of cancer of the large bowel we see in North America," Dr. Ackerman says.

Pinpointing diet as a causal factor in cancer does not conflict with the possibility that other factors are involved, which operate or fail to operate in response to dietary factors.

'World's Fair' For OT-RT Patients

A "World’s Fair" for occupational and recreational therapy patients brought an international touch to Renard Hospital last month. Exotic foods, art objects, and hand-crafted native products representative of eight countries were on display, and many of the patients wore appropriate national costumes.

Staff members and patients worked together on some of the entertainment events, which included polka music, a Mexican hat dance and an African tribal dance.

Foods of various foreign lands, as well as American-style refreshments for the less daring, were also plentiful. Each month occupational and recreational therapy patients participate in a major event of this type. With the arrival of warm weather, outdoor activities, including tennis, croquet and nature walks, are also utilized as part of the therapy program.

'Bulletin' Helps Old Friends Keep In Touch

Each year at this time the Bulletin conducts a mail survey of several hundred eligible non-employe readers to determine if they wish to continue receiving the newspaper. A majority of those who are contacted respond affirmatively, often including comments about Barnes Hospital as well as about the Bulletin itself. Below is a sampling of these comments:

"I was on the resident staff of Barnes from 1924-25. News of the hospital and the medical and nursing staff still interests me though I am 76 years old and still active in the practice of medicine," wrote Dr. J. Street Brewer.

The husband of a former patient here said, "I know Barnes is one of the best hospitals, with a fine staff. Your hospital saved my wife’s life recently. Thank God for your help."

Wrote Miss Julia Overbeck “Please continue to send the Bulletin to me so I can keep in touch with old friends. I gave 38 years of service to Barnes.”

Another former employe said “I enjoy my contact with the hospital through the Bulletin. I left Barnes seven years ago after ten-and-one-half years of service there. I can truly say that I loved my association and I’ll always be grateful for the experience.”

“I enjoy the newspaper very much, having served on the staff for so many happy years,” wrote Dr. Leon Bromberg.

Lucille McBean, formerly a registered nurse here, said “I really enjoy the Bulletin. It brings back many memories of ‘my dear hospital.’”
Have your lunch hours seemed dull and monotonous? For a change, how would you like to take a close-up look at an antique shop for that rare piece of china or just most fascinating neighborhoods? If this kind of variety is what you are within easy walking distance of Barnes Hospital. The three brief tours change of pace, particularly during the pleasant spring months. And, than your lunch hour can accommodate, consider a late afternoon st

Tour #1

**Elegant Shopping**

A visit to the Maryland Plaza area is an ideal way to spend a short lunch break. Some of the most exclusive shops in St. Louis are located here, as well as several fine eating places. And on the way a stroller can visit Alexander’s, 115 N. Euclid, a store filled with antiques, objects d’art and you-name-it. Several small cafeterias along the way also offer quick service for those who are interested in lunch. On Maryland Plaza itself, one can find elegant clothing shops, an art gallery featuring outstanding contemporary works, a large bookstore, a gourmet food shop and many other fine establishments. High quality furniture and antiques are offered at several firms, including Ferrario’s, 335 N. Euclid, which specializes in ultra-modern designs.

Above — Recreation director Carol Brown inspects a display of ultra-modern household accessories. Right — Mary Ellen Henson, occupational therapy assistant, and Claudette Tyler, an occupational therapy student, examine a large brass water pipe. Below — Carol, Claudette and Mary Ellen shared a common interest in this jewelry. Left — the threesome discovered this chinaware in a Euclid Avenue “odds and ends” shop.

Tour #2

A somewhat longer walk north brings you to the Euclid-McPherson area, a neighborhood composed mostly of boutiques, head shops, antique and specialty stores. It is one of the few places in the city that manages to achieve something of a bohemian air. Within a two block radius of the Euclid-McPherson intersection you can buy anything from a new Rolls-Royce to a stained-glass window from an old St. Louis maimported South American peasant clothing. Several shops incense, candles and the latest issues of St. Louis’s “papers. And at the Cherub, 4724 McPherson, you can make hand blown glass art objects.

Above — Posters, candles, herbs and clothing are

Above — RNs Gloria Franks, Alandra Smith and Louise shoe in a McPherson Avenue shop.
s lately? Actual space capsule, price a new Rolls-Royce, enjoy the ambience of some of St. Louis's re looking for, there is plenty of it to be found is described here can provide a stimulating if you find that there is more to see and do roll.

Tour #3

Barefoot In The Park

If you'd rather spend your lunch hour far from the crowd, Forest Park is for you. Pack a lunch in a brown paper bag (remember not to litter) and head across Kingshighway. Enjoy the sun or sit on the tree-shaded slopes and listen to the water rush over a series of seven small waterfalls. Nature lovers will find more than two dozen varieties of trees and shrubs, many of them in bloom now, scattered throughout the east end of the park.

If you have a few more minutes and don’t mind walking a bit further, visit the McDonnell Planetarium (closed Mondays). Admission to the many interesting exhibits inside is free. On display you will find such items as a space capsule that once orbited the Earth, a huge pendulum that illustrates the Earth’s rotation and a seismograph that monitors earthquake activity.

Above — Mrs. Gloria Dehn, left, inhalation therapy department secretary, and Miss Debbie Walker, inhalation therapy technician, study a NASA moontrip display in the McDonnell Planetarium.

Below — Spring is bustin’ out all over Forest Park. Many trees and shrubs are at their best this time of year. Right — If you find yourself in a reflective mood, the park’s many pools and waterfalls are an excellent place to relax.
Retirement Tea Held For Mrs. Walker

Mrs. Clarissa Walker, a veteran of 17 years at Barnes, was honored with a retirement tea in the nurses residence on March 18. Barnes Director Robert E. Frank presented Mrs. Walker with a certificate of appreciation before a group of several persons, including Walter Hanes, personnel director, and Susan Hackman, nursing service director. Mrs. Walker came here in May, 1955. She has served Barnes as a senior staff nurse, head nurse, nursing care advisor and nursing officer of the day.

Many Unique Items On Display In St. Louis’ Medical History Museum

An illustrated pamphlet now is available from the St. Louis Medical Society describing the various exhibits and displays in its Medical Historical Museum. The newly completed brochure is available free of charge from the Society.

The brochure describes in detail the museum, unique in the United States. Founded on March 8, 1964, by the board of curators of the St. Louis Medical Society, it was designed not only to exhibit items of national interest, but to pay specific attention to our own St. Louis area physicians and their contributions to the history of medicine and medical developments. Many Barnes physicians and medical milestones accomplished here are featured.

It is the largest medical museum in the country, containing over 48 major exhibits and is one of only 38 medical museums to be accredited by the AAM.

They range from the uses of medicinal herbs in primitive civilization to a full size display of a 19th century doctor’s office, complete with instruments, apothecary jars, furniture and a patient.

The items which are displayed were donated, in large part, by physicians and hospitals of St. Louis. Barnes’ staff was instrumental in a number of these contributions.

Among these are the Vilray Blair knife and suction device, designed and used by the famous surgeon in his practice of oral and plastic surgery during World War I. He was appointed an associate surgeon of Barnes in 1917, and is the father of Dr. Vilray Blair Jr., an orthopaedic surgeon currently on the Barnes staff.

There is a replica of Barnes’ Operating Room #1 showing one of history’s surgical breakthroughs: The first successful one-stage pneumonectomy for bronchial carcinoma. Dr. Evarts A. Graham, Surgeon-in-Chief at Barnes and later chief emeritus, is shown operating on Dr. Gilmore. He is being assisted by Drs. Bell, Adams, Hall and Ehrlich.

Another feature which is part of the history of Barnes Hospital is the display of cholecystography in the museum of radiology. This shows the progress made in the visualization of soft-tissue structures. Drs. Evarts Graham, Warren Cole, Glover Copher and Sherwood Moore developed the technique of visualizing the gallbladder in 1923-24 that is still being used today.

In addition to the displays, the museum is a repository of medical books by St. Louis physicians. Among those doctors listed are Drs.: Ackerman, Ballinger, Becker, Biller, Blair, Boyarsky, Byers, Cole, Copher, Crossen, Drews, Edwards, Ehranest, Elman, Graham, Hampton, Hansel, Hartstein, Key, Kolker, Kountz, MacBryde, Marriott, Masters, Moore Oguo, O’Neal, Ople, Pratt, Proetz, Sachs, Schwab, Scobee, Scott, Seelig, Sluder, Taussig, Ulett, and Veeder.

There is something for everyone at the St. Louis Medical History Museum: display cases of antique medical instruments, bottles, mortars and pestles (used in pill-making), scales, a microscope collection, and even a case full of medical superstitions for skeptics. There is an iron-lung machine (donated by Barnes) and a heart-lung machine, too.

The National Museum of Medical Quackery is also part of the Medical Museum, and there can be found the fads of yesterday and today, exposed to the light of science and fact.

These are just samples of what the booklet contains. A free copy can be obtained by writing Hollister Smith, Executive Secretary, Public Relations, or by visiting the St. Louis Medical Society Museum, 3839 Lindell Blvd. It is open to the public from 11 a.m. to 4 p.m. daily.
For many Barnes employes, Laundry Day is Every Day

How would you like to do the equivalent of some 2,000 washer loads of laundry a day, 52 weeks a year? That is the task of Barnes' laundry personnel, who sort, wash, dry, iron, repair and fold 25,000 pounds of laundry including 8,900 sheets, 6,700 towels and 250-300 uniforms every week day.

Just over three dozen persons, working on a two-shift schedule, are involved in the laundry's actual production, says Frank Knox, assistant laundry manager. The overall operation requires nearly 60 persons.

Four giant washers, two driers with a combined capacity of 775 pounds, a pair of large ironing machines and two automatic folders are among the laundry's complement of equipment. Other devices remove wrinkles from "no-iron" uniforms and seal bath towels in plastic bags.

The washers, supplied with scalding hot water by a special water heater, require 45-50 minutes to complete each load. On a typical day these machines consume 100 pounds of industrial strength detergent, 30 pounds of bleach and 25 pounds of fabric softener/solvent combination, Mr. Knox says.

The gas-fired dryers, each several times taller than a man, can process a load of clothing in 25 minutes. They are loaded and unloaded mechanically.

Were it not for the laundry's automated equipment, many more workers would be required and an already difficult job would be even more demanding. As it is, the laundry room's temperature and humidity are often reminiscent of a sweltering St. Louis summer day, despite an abundance of fans, blowers and air ducts. The work isn't easy, but it is indispensable to the hospital's operation.
National Hospital Week

May 7-13 is National Hospital Week, a time traditionally used to honor hospitals and their employees. All too frequently even those who are responsible for providing health care fail to comprehend the vastness of the United States’ hospital system.

For example, on any given day nearly 1,300,000 persons are patients in American hospitals. And, in the course of one year, one out of every seven persons—about 30 million people—will be hospital inpatients.

At Barnes alone, 34,253 patients were admitted in 1971, for a daily average of 947 patients. In addition, there were nearly 125,000 clinic and emergency room visits during the year.

The facilities available to these patients have undergone considerable changes within the last decade or so, too. For example, in 1960 only 7 per cent of the nation’s hospitals had intensive care units. Today, nearly half offer such care.

Of course, as hospitals grow, so does the number of personnel needed to keep them functioning. Last year Barnes had 102 more employees than in 1970—a total of 3,084 workers. Nationwide, wages and salaries now amount to 60 per cent of every dollar spent for hospital care.

Safe Work Habits Can Protect You

Last year in the United States more than 14,000 persons died and 2,200,000 were either totally or partially disabled as a result of on-the-job injuries. Almost two-and-one-half million man-hours valued at 9 billion dollars were lost because of such injuries.

Naturally, no one wants the pain, suffering, expense and inconvenience which such injuries produce. What can an employe do to prevent becoming a part of such on-the-job injury statistics?

“'The most important point to remember is that it's not where you work that causes injury, it’s how you do your work,” Barnes’ Safety and Security director Ed Thurman reminds employes. “Every occupation involves some hazards. But hazards can be overcome if the proper safety procedures are followed in the performance of the job.

“If you are not certain as to how to safely perform your work, ask your supervisor. Remember, job safety is for your own protection,” says Mr. Thurman.