$70,000 Grant for Dr. Graff

Dr. Ralph Graff has received a research grant of $70,027 from the U.S. Public Health Service for "Studies in Immunology and Tolerance," to be conducted at Jewish Hospital.

Dr. Graff, a member of the Department of Surgery, has been active in transplantation research for 2½ years. During this time he has been a recipient of an NIH Fellowship which enabled him to conduct investigations at Jackson Laboratory, Bar Harbor, Maine.

Dr. Graff conducts his research on inbred and coisogenic strains of mice. (Coisogenic strains are those which have been genetically altered so that they differ from their ancestor strain by a single gene.)

The ultimate success of organ transplantation depends upon an understanding of the genetic differences which lead to graft rejection, and upon the development of methods to abrogate the immune response. Dr. Graff intends to study these problems in inbred and coisogenic mice.

With the help of Mrs. Cheryl Asher, research technician, Dr. Graff maintains 15 inbred and coisogenic strains by careful breeding techniques with a maximum colony capacity of 4500 mice.

Dr. Graff will be returning to the Jackson Laboratory to present a lecture to the staff on "Characteristics of non H-2 Histocompatibility Loci." In October he presented a lecture at the University of California San Francisco Medical Center entitled, "The Cumulative Effects of Histocompatibility Antigens."

Mrs. Bialson, New Member of the Board of Directors

Mrs. Raymond H. Bialson, the most recent member to join the Jewish Hospital Board of Directors, is president of Miriam Lodge #17-United Order of True Sisters. She has worked for the Lodge for the past 15 years, and was inducted for her present two-year term last April.

The Miriam Rosa-Bry Section of Miriam Lodge was founded to provide services and funds for the Jewish Hospital Rehabilitation Division. The Miriam Lodge also provides a cancer service at the Aaron Waldheim Clinic. Beds, wheelchairs, and sickroom equipment, as well as dressings and comfort items are supplied to indigent cancer patients in the home. More than 200 women work in this project alone, making the needed dressings, etc.

A native of St. Louis, Mrs. Bialson is a graduate of Soldan High School, and attended Washington University. Her community service covers many areas beginning as a Red Cross nurse, and when she received training during the second World War, and worked extensively in St. Louis Hospitals.

She is a member of the Jewish Hospital Auxiliary and the Sisterhood of Shaare Emeth Temple. She was president of the Sisterhood from 1959-1961.

She also was a member of the Shaare Emeth Temple Board for a three-year term.

Dr. Leo Sachar Appointed Acting Chief of Surgery

Dr. Leo A. Sachar, assistant professor of clinical surgery at Washington University School of Medicine and associate attending surgeon at Jewish Hospital has been appointed Acting Director of the Department of Surgery at the Hospital effective July 1, 1967. Dr. Sachar will succeed Dr. Morton D. Pareira who continues as full-time surgeon-in-chief at Jewish Hospital until June 30, 1967.

Dr. Sachar was named for an appointment by a joint selection committee from Washington University School of Medicine and Jewish Hospital.

A native of St. Louis, Dr. Sachar received his M.D. Degree from Washington University School of Medicine in 1940; he served his internship and surgical residency at Jewish Hospital, 1940-44.

During World War II he was a major in the Army Medical Corps. Following his military service, he joined the medical staff of Jewish Hospital and was appointed an assistant in clinical surgery at the medical school, subsequently attaining the rank of assistant professor in 1958.

He is a diplomate of the American Board of Surgery and holds membership in local, state and national surgical and medical societies. Dr. Sachar is author of many scientific articles focusing on surgical problems.

Medical Staff Elects New Officers

New officers were elected at the November meeting of the Jewish Hospital Medical Staff Association. Dr. Morris Abrams was named president, replacing Dr. Carl J. Heifetz.

Dr. Morris Abrams joined the staff of Jewish Hospital, December 1949. He was chief of the Department of Urology from 1955 to 1965.

Dr. Abrams was born in Chicago, Illinois; attended the University of Illinois for his Bachelor of Science and Medical Degrees.

He interned at Butterworth Hospital in Grand Rapids, Michigan. Dr. Abrams did surgical residency at Mount Sinai Hospital, Cleveland, Ohio; he was a research fellow in physiology at the Harvard Medical School, Boston, Mass.; and completed his urological residency at Beth Israel Hospital, Boston, Mass.

Dr. Morris Abrams was elected vice-president; Dr. Aaron Birnbbaum was elected secretary; and Dr. Robert Burstein was elected treasurer.
Management by Objective: A Plan for Improvement

The end of the year is approaching not only for the calendar, but also for the management by objective project implemented by the Hospital administration last February.

"Management by object is a surprising simple and direct route to improvement," according to Phillip Basin, assistant director.

"Almost every department head or manager has dozens of ideas for improvements. Unfortunately, those with many good intentions rarely get ideas off the ground because there is just too many things to do in too short a time.

By limiting to three the number of objectives, we avoid this problem." Mr. Basin stated that the objectives could fall within the following categories:

(1) Reduction in costs.
(2) Improvements in service.
(3) Improvements in employee-employee relations.

Each department head in the hospital filed his management by objective intentions in Mr. Basin's office. This master list shows who expects to accomplish what and when. At the end of the year, Mr. Basin will prepare a report showing how many objectives were met.

According to the assistant director, “Most departments have reached their goals. There have been financial savings, too.”

Mr. Basin gave examples of the objectives of various hospital employees: Mrs. Kenneth C. Garland plans to reduce supply expense in the American Board of St. Louis.

The convention, held in Louisville, Kentucky, heard Miss Abramowitz sweep the first place trophy with a selection from “La Traviata” by Verdi. She was accompanied by Freddie Haeffner, a guest soloist.

Miss Abramowitz becomes a student nurse at St. Louis University Hospital.

Miss Margaret Loh, director of Nursing, says that the mandolin cost four dollars. Miss Abramowitz recalls that the mandolin cost four dollars.

Volunteer Wins Top Music Award

Mrs. Sherrill Cathers, Miss Sharon Enoex and Miss Linda Heisel.

Enoex and Miss Linda Heisel.

Nadene Wright, supervisor of Central Supply at Jewish Hospital, is a columnist each month on the NAHCSP page (National Association Hospital Central Service) in the hospital Management Magazine.

Miss Wright is graduated from the School of Nursing at Jewish Hospital in 1954. She has worked as a staff nurse, a private duty nurse, as head nurse in the acute medical division, as head nurse in the emergency room; and, in 1963, as the Central Supply supervisor.

Miss Wright is currently attending Washington University. Evening Classes School majoring in business administration.

Inhalation Therapists Trained for ECG's

The inhalation therapists at the Hospital have completed training that prepares them to give ECG's during periods when the Heart Station is not open at night or on weekends.

The six members of the Inhalation Therapy Department received the technical skills in administering ECG's to regular hospital patients. They attended lectures given by Miss Marge Peteter.

Miss Dolores Powell, one of the six inhalation therapists, reported that she has received several days of instruction so that she, in turn, can assist co-workers when questions arise.

Vince Richter, chief inhalation therapist, said that the program is working out well, "Since the department operates 24 hours a day, seven days a week, with nearly a full complement of staff on weekends, additional service can be rendered to hospital patients. In fact, during the first month after training, the inhalation therapists administered 27 ECG's.

Mr. Richter further stated, "This training was not only for the patients, it will help the Hospital to make better use of existing equipment. Also, I believe the training will help the technicians to better observe the patient when working in their normal field of inhalation therapy."

Smiles and Food Win Friends

Miss Carolynn Williams is well suited for her job. Her friendly smile and sense of humor warms the hearts of patients when she brings them breakfast and lunch.

Patients often ask for Miss Williams specifically if they return to the Hospital. Miss Williams brightened up his day so much that months later he returned to chat with her while on a visit to St. Louis.

Miss Williams, a member of the dietary department, delivers food trays to patients on two, three, and four Steinberg; and seven-center.

Her work day starts early in the morning serving sleepy patients their first meal of the day.

When asked why she enjoys her job, Miss Williams replied, “Well, I just try to treat people the way I’d like to be treated. I know they’re sick or they’re not. I try to smile and sense of humor warms the hearts of patients when she brings them breakfast and lunch."

Volunteer Wins Top Music Award

Mrs. Barbara Janes, Resources and Development; director of the Oakland, California, October 23rd.

Miss Margaret Loh, director of Nursing faculty members attending were Marjorie Van Cleave, Carol Bear, Rita Zella, and Helen Wohletz.

Mrs. Barbara Janes, Resources and Development, participated in a Development Conference in Oakland, California, October 18th through October 20th.

Mr. Lynn Martin has joined the Public Relations Department as editor and photographer of the “216”.

Mrs. Nancy Creek is the new editor of the Medical Staff Newsletter as well as performing the secretarial duties of the Public Relations Department.

Boris Axelrod, director of Food Services, has been nominated for appointment to the Food Service Administration Advisory Committee of Forest Park Community College.

The annual Employee Holiday Party will be held from 3 p.m. to 5:30 p.m. on Wednesday, December 21, in the “216” Dining Room. The theme will carry out in decorations and costumes and will include a full course dinner to lend a holiday atmosphere.

Background music will be provided by a combo.

Miss Abramowitz became a student nurse at St. Louis University Hospital.

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Russian Stapler Used in Surgery

A surgical milestone in St. Louis was set recently at Jewish Hospital when Dr. Martin Bergmann, thoracic surgeon, used a Russian surgical stapler during an operation for the removal of a tumor from the lung of a patient.

The surgical stapler was obtained for Jewish Hospital on the advice of Dr. Bergmann, and is one of only three now in use in the United States. The Russians developed the device in 1957, and since then have increased their surgical stapler family to a half-dozen instruments. An American firm is building an improved version of the Russian instrument for about three years; however, the stapler has not yet appeared on the market because of production difficulties.

Dr. Bergmann managed to obtain the Russian stapler in a round-about way through American and Russian friends.

The instrument is used to suture organs and speed up certain operations such as the lungs, heart and stomach.

Even today, when surgery is marked by dramatic advances such as pacemakers and mechanical valves, sewing and tying of sutures by hand take up much of the time at the operating table.

Used on Organ

The Russian stapler may take the place of much of the hand suturing which has previously been required on organs. However, the instrument is not used to close the incision into the chest cavity.

Dr. Bergmann explained that the Russian stapler uses hand-loaded cartridges to fire the tiny stainless steel staples into the tissue. "The staples, when fired, are bent into shapes similar to the Letter B." This allows the blood to flow around and through the staple in a near normal manner so that the tissue at the cut edge does not decay.

The stapler is about the size of a monkey wrench and has a handle and trigger similar to a household caulking gun. The entire device, of stainless steel, can be dismantled into six pieces for ease of cleaning.

Instructions in Russian

Instructions for the use of the stapling instrument were entirely in Russian and it was only with the help of Mrs. Taisija de Gubaroes, research assistant, Department of Physiology, at Washington University, that Dr. Bergmann was able to learn to use the stapler.

Dr. Bergmann, stated, "I believe that the Russian stapler may mark the beginning of a new era of increasing reliance on mechanical devices in surgery." The surgeon of 1966 uses basically the very same tools as the surgeon of 1866. Dr. Bergmann referred to industry where hand-labor has been superseded by mechanization.

"The Russian stapler is the first important step in improving the tools of surgery."

Medical Staff

Dr. Sidney Goldmanberg participated on Mayor Alfonso Cervantes' Committee on Aging: the "Establishment of a Central Information Center for the Senior Citizens" was discussed. The meeting was held in the Mayor's office.

Dr. Don Vowell, first year resident in surgery, has left the Hospital because of military obligations. He has been assigned to Ft. Hood, Texas.

Dr. Gordon R. Bloomberg, pediatrician, has been assigned to Tacoma, Washington, as his military obligation. He is a member of the staff at Madigan General Hospital.

Dr. Calvin H. Weiss, director, Dept. of Dentistry, spoke on the subject of "The Future of Dentistry in Relation to Medical and Dental Progrins in Practice," to a Health Association meeting of members of the American Dental Association as sponsored by the United States Department of Health, Education, and Welfare.

Dr. Carl J. Heiltsch, participated in a panel on "Diseases of the Colon" held on September 12 in Rome, Italy, at the International Society of Abdominal Surgeons. His paper concerned "A Comparison of One-Versus Two-Layer Intestinal Anastomoses."


Dr. Isadore C. Middelman received special recognition for twenty-five years service to St. Louis University at the 1966 Founders Week faculty dinner.

Dr. Willard M. Allen was nominated as a candidate for councilor of the St. Louis Medical Society. Dr. Allen was also nominated for the position of delegate to the Missouri Medical Association House for 1967. Other staff members nominated as delegates to the MSMA House include: Dr. George L. Hawkins, Jr., Dr. Lawrence W. O'Neal, Dr. Frank O. Richards.

Sue C. Stevens, Ph.D., associate in biochemistry, in Pathology and Laboratories, attended the Sixth International Congress of Clinical Chemists this summer in Munich, Germany.

Robert Goldstein, Ph.D., director, division of audiology and speech pathology, presided as program chairman over the tenth annual meeting of the Committee for Research in Otolaryngology of the American Academy of Ophthalmology and Otolaryngology at the Northwestern School of Medicine in Chicago, October 15th.

Dr. Maxwell Rachlin, chief of the Eye Clinic, was elected president of the St. Louis Ophthalmological Society for 1966-1967.

Hospital Physician Edits Therapeutics Manual

A local publication has recently become a national source of information on the use of therapeutic agents. The author of the "Manual of Medical Therapeutics," Dr. Packman, is a member of the Hospital staff.

The 18th edition of the "Manual of Medical Therapeutics," edited by Dr. Packman, was published in September by Little, Brown and Co. This is a two-layer staple. The 18th edition of the Manual, which contains about 40% new material, was published in 1964 and 1966 by Little, Brown and Co. Each of these editions has been rewritten and up-dated. The success of the book has been a surprise: Little, Brown and Co. anticipated sales of 12,000 copies of the 17th edition over a three-year period.

Instead, 25,000 copies were sold in 18 months. Medical students, house staff, and practicing physicians find the Manual exceedingly useful. Treatment of major diseases is spelled out in detailed specific form rather than in general principles.

The current edition took more than a year to prepare. It contains about 40% new material, and is now a 343 page text published as a soft-bound handy 5½" x 8½" book. A Spanish edition is being planned.

The Manual is highly technical in nature, and is not for use by the layman.
Dr. Karl Köster...Surgeon...

Doctor Köster Answers Newsman About System of Danish Socialized Medicine

"The Danish system of socialized medicine does not resemble the idea usually formed by Americans when the subject is mentioned," stated Dr. Karl Köster, chief of surgery, at Bispebjerg Hospital, Copenhagen, when he spoke to members of the St. Louis Press Club.

Dr. Köster was in St. Louis as the guest of the Jewish Hospital Medical Staff, October 3-9.

"The hospitals are not owned by the central government, but rather by the municipalities and counties, as authorized by a law passed in 1810," he said.

Dr. Köster explained that most Americans believe that the Danish government assigns a physician to each patient. "This is not true. The patient finds his own general practitioner and if he wishes, he may change doctors at any time."

Dr. Köster believes that Americans visit their physicians far more complaining of routine colds and flu than do the Danish people.

Concerning hospitalization, Dr. Köster said, "Once the patient is in a Danish hospital, he is no longer a patient of his private physician. He is the patient of the entire department."

In discussing obstetrical care, he said that well trained midwives deliver about 30 percent of Danish babies in the patient's homes. About 45 percent of deliveries are handled by the general practitioner at the clinic. The remaining cases, considered patients with possible problem deliveries, are admitted to the hospital. Dr. Köster said that the new mother's stay in the clinic is often very short, as short as ten hours.

Dr. Köster agreed with a comparison that the Danish medical system is operated very much like the rural electric system in America.

While in St. Louis, Dr. Köster spoke at Medical and Surgical Grand Rounds; and participated in a gastroenterology conference. He was the featured speaker at a Monday night Medical Staff dinner; he delivered a talk on his underground activities to 600 members of the Jewish Community on Tuesday at Temple Israel.

"It was never a question of whether we would help the Jews, or whether we should, but how? To us we were Danish citizens helping other Danish citizens," stated Dr. Karl Köster as he spoke to a crowd of 600 at Temple Israel, 10675 Ladue Road, on the subject of "The Underground Experiences of a Danish Physician during the Nazi Occupation of Denmark."

Dr. and Mrs. Karl Köster are pictured with members of the Jewish Hospital Danish Project Committee, responsible for arranging Dr. Köster's visit to St. Louis. Members of the committee include (left to right): Dr. Sidney Goldenberg, Dr. Noah Susman, Dr. Herman Turner, (Mrs. Köster, Dr. Köster), Dr. Alex Solomon, Dr. Saul D. Silvermintz, and Dr. Aaron Hendin. Another member of the committee, Dr. Burton A. Schatz, was not present for the photograph.

Dr. Karl Köster receives a plaque honoring the people of Denmark and the staff of Bispebjerg Hospital for their efforts in rescuing Jews from the German Gestapo during World War II. The plaque, presented by Dr. Herman Turner (center) and Dr. Morris Abrams (right), is a tribute from the Medical Staff of Jewish Hospital.
The audience at Temple Israel listens spellbound as Dr. Kjær relates the harrowing moments when the Bispebjerg Hospital was watched by the Germans. More than 2,000 Jews passed through the hospital posing as patients while fleeing from the Germans to Sweden.

Dr. J. G. Probstein, surgeon, (left) and Dr. Karl Kjær, Danish surgeon, discuss the medical field in the Jewish Hospital Auxiliary Coffee Shop. Dr. Burton A. Shatz, member of the committee that brought Dr. Kjær to this country, is pictured at right.
EUGENE Z. SCHAPIRO (Yahrzeit)  

SHIRLEY Z. HOFFMAN  

ALBERTO G. SANTOS  

DONORS IN MEMORY OF  

MRS. EDWIN G. SHIFRIN, (late) president of the Jewish Hospital Auxiliary; and Mrs. Rebecca Cohen, chairman of the Auxiliary’s cheer projects, try out the new Chevrolet sports van purchased with funds from various projects. The van will be used for transportation of long-term care and adult psychiatric patients to recreational and therapeutic activities.
Mr. and Mrs. Harry L. Franc, Jr.  
Mr. and Mrs. Leo Rosen  
Mr. and Mrs. Sara B. Rudman  
Mr. and Mrs. Abe Lieberman  
Mr. and Mrs. Elia F. Schiff  
Mr. and Mrs. Hy Feldman

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Mr. and Mrs. Irvin Betman, Jr.
MRS. BEVERLY KAUFER, R.N. (left) Maternity Floor, gives Mrs. Gail Kratchman her prescribed medicine after delivery of her third child.

"A lot of registered nurses who have been away from the profession for a number of years feel very insecure about returning to work. They think they have either forgotten certain aspects of nursing, or that they will not know many of the new techniques. What they don't realize is that they will go through an orientation and training program in the hospital which will equip them with all of the tools for nursing in 1968."

Mrs. Harry Kaufer, R.N. at the Jewish Hospital was commenting on a subject close to her heart. Mrs. Kaufer, mother of three active youngsters, returned to nursing after an interval period of ten years.

"At first I started working just on Saturdays. Our second child was a two-year-old dynamo at the time. Returning to nursing served a two-fold purpose. I needed to get out of the house; and I needed a different kind of challenge. It didn't take long to brush up on nursing techniques."

Volunteers from the Jewish Hospital and fashions from Montaldo's were in the spotlight at the annual fall meeting on November 1st, held at Westwood Country Club. More than 400 auxiliary members attended the dessert tea and meeting where Mrs. Alfred Goldman was honored as the volunteer with the most number of hours for the year — a total of 1,701. She also has the highest number of accumulated hours for a total of 21,000 volunteer hours of service.

Others recognized for their outstanding record for the year were: Mrs. Harry Spitzer, 1,441 hours; Mrs. Robert Remillard, 1,319 hours, and Mrs. Idele Newman, 1,072 hours.

MRS. EDWIN SHIFRIN, president of the Auxiliary, was chairman of the meeting. Mr. Joseph F. Rupwich, president of the Board of Directors and Mr. David A. Gee, executive director, were on the program. Other members of the program included Mrs. Don Quicksilver, program chairman, and Mrs. Gunter Schmidt, vice-president of volunteer services.

Mrs. John Abramson and Mrs. Arthur Bierman presented dresses to Jewish Hospital Volunteers who have contributed 500 hours service.

The fashion show commentator was Mrs. Mary Lou Hess. Four professional models worked with the following Auxiliary members on the stage: Mrs. Richman Bry, Mrs. William Collinger, Mrs. Jerry Grosdyk, Mrs. Jerry Kaier, Mrs. Allen Lasky, Mrs. Brain Lewin, Mrs. Gerald Miller, Mrs. Stanley Mullin, Mrs. Kenneth Pesoisky, Mrs. Edward Schweich, Mrs. Charles Steiner and Mrs. Earl Sussman. The show featured Montaldo's ball gowns flown in to St. Louis for this occasion.

More than 400 persons who attended the Annual Fall Meeting of the Auxiliary where volunteers were honored for their service. (Above)