The Child of Bethlehem comes to us again this Christmas. Drawing near to the manger, we see this wondrous thing which has come to pass. Let us rejoice, for Christ is born! God has come to us in Him. May this great Gift of Christ give you peace, joy, and courage throughout the coming year.
It is Christmas time again—the cold blue nights are atwinkle with surprises and suspense, especially for the little tots. Their visions of Santa and all of his prancing reindeer seem to put a mystic air all about us. It is time for laughter and fun, time for kisses under the mistletoe and for the trees to be decorated and stockings hung. All of these little things have become a living part of Christmas in our land. Each year as Christmas Day draws nearer, all of us feel a tingle of excitement and think how nice the holiday season will be for us this year, and yet, many of us are remembering the good times we had at Christmas during our childhood. We think of the snow drifts and the soft white flakes gently brushing our faces as we trudged home with a tree to be decorated with popcorn and all kinds of fancy trimmings. And try as we may, we can never again quite recapture the feeling of Christmas that we possessed as children, although, we do feel a peace and satisfaction that is not with us throughout the rest of the year.

(Continued in next column)

CHRISTMAS SERVICE TO BE HELD IN LOBBY

A traditional event in the schedule of Barnes Medical Center is the Christmas Eve service in the lobby. It is planned for patients, relatives, friends and personnel. The service will begin at 3:00 p.m.

Bishop Ivan Lee Holt is to bring the message. Bishop Holt has been the speaker each year since the service started, with the exception of one year when he was on a special mission to India.

Miss Helen Graves is to be with us again with her outstanding choral group. They will give special numbers from some of the great musical masterpieces of the Christmas season. Mrs. Helen McCoy, the organist of Danforth Chapel, will play an organ recital at 2:45 p.m.

The Gray Ladies of our medical center will be on hand to assist patients who wish to come to the service.

A Christmas bulletin will be prepared for distribution to the patients.

(Continued from previous column)

It is also Christmas time in hospitals and there you will find faithful and loyal persons on duty to serve the patients and fight illness with the best of professional care and understanding that can be offered. It is through this medium that Christmas remains alive in hospitals during the entire year as everyone does his part to help treat and cure the diseases of the mind and body of mankind.

Now that it is just a few more days until Christmas is here again, I want to take this opportunity as editor to wish each of you a merry Christmas and a most happy and prosperous new year.
CHRISTMAS TREE REGULATIONS

To avoid all possibility of fire, certain regulations regarding Christmas trees have been made by the St. Louis Fire Marshal’s Office.

No cotton, tinsel or paper decorations should be used and all other ornaments should be flame-proof. All trees should be kept watered.

Everyone is urged to check all wiring very carefully before using, and to use good judgment in placing the trees so that fire extinguishers and doorways will not be obstructed. All trees should be taken down by January 4, at the latest.
H. L. BURGIN HEADS MISSOURI HOSPITAL ASSOCIATION

The Missouri Hospital Association held its thirty-second annual convention December 2 and 3, at the Hotel Jefferson. Mr. Horace Lee Burgin, Associate Director of Barnes Hospital, was installed as President, succeeding Mr. Herbert S. Wright of Cape Girardeau.

On Thursday evening, December 2, a reception was held in honor of Dr. F. R. Bradley, Director of the Barnes Group and President of the American Hospital Association.

Topics discussed at the convention included care for indigent patients, Missouri's plan for future hospital construction, and third party payments.

Meeting simultaneously with the Missouri Hospital Association were the organization's women's auxiliary, the Missouri State Association of Medical Record Librarians, and the Missouri League for Nursing.

In his inaugural address, Mr. Burgin discussed the continuing needs of the Missouri State Association. These include the joint recruitment of hospital personnel in cooperation with other state associations; the encouragement of eligible hospitals to join the Association; the necessity for the Association's participation in legislative activities which affect the patient, and the new Medical Practice Act; the continuation and enlargement of education institutes throughout the state; the development of a program for indigent care; and the need to continue the work of the Committees on Public Relations, Licensing Regulations, Blue Cross-Third Party Payments, and the Joint Conference for the Improvement of Patient Care.

Mr. Burgin also pointed out the problem of finding the proper place of the licensed practical nurse in the hospitals' organizational structure, and the problems of care of the chronic patient. He also expressed a need for a special committee to study the needs, and analyze and suggest a program for more comprehensive fields of service for the Missouri Hospital Association.

Other new officers of the group are Dr. B. I. Burns, Kansas City Hospital Commissioner, and Brother Bede Guyon, Administrator of Alexian Brothers Hospital, Vice Presidents; Mrs. Irene McCabe, Executive Secretary of the Greater St. Louis Hospital Council, Secretary, and Reverend E. C. Hofius, Lutheran Hospital Administrator, Treasurer.

A Christmas Wish

FOR THE PAST — HAPPY MEMORIES
FOR THE PRESENT — GOOD FORTUNE
FOR THE FUTURE — PEACE ON EARTH
How do you describe the Christmas season in a hospital? How do you put on paper the emotional experience, the little pleasantries, the human tragedy, and the profound sense of compassion that only a hospital can know during the holiday season? How do you put loneliness into words?

Truly the holiday season is the epitome of the concept underlying medical and hospital care--the great humanitarian spirit, the selflessness, the tenderness of thought and action, the annual renewal of man's belief in goodness and brotherhood and in doing unto others....

The hospital is a sad place at Christmas-time, and it has its joys as well. Most of the patients who were able to leave have gone to their homes. Only those who are seriously ill or disabled remain--and those to whom home is just a dream, a memory, or a hope.

In pediatrics there is brightness and cheer, and the youngsters are proving that Christmas really is for children, no matter what. And someone invariably shows up in a Santa suit in case any doubt remains.

And maternity is a happy place, too, for what could be more delightful and more hopeful for the future than a baby, born, like another infant twenty centuries ago, at Christmastime.

And what could be more tragic, more shattering, more soul searing, than the loss of a loved one on Christmas Eve?

The hospital sees all these things and feels all these emotions.

And after the visitors are gone and the carolers have departed and the hospital is left once again to the patients and to the nurses and maids and porters and maintenance men and technicians and doctors, who have given up so much of themselves to work as one in a common purpose, an odd sort of quiet settles over the hospital.

Perhaps from the student nurses' quarters comes the muffled sob of a girl spending her very first Christmas away from home. And on the wards a patient stirs fitfully and wonders what it would have been like to have had just one visitor, and perhaps he dreams of other days when there was someone who cared.

And perhaps even the patient who had a happy time will awaken in the morning with the trace of tears on the pillowcase.

To those who are patients and to those who are on duty, the hospital is "home" when the holidays come. To some the hospital is always home. Others can think of places they'd rather be at such a personal time of the year.

But those who work in hospitals can take solace in the knowledge that they are living the Christmas spirit, not just at Christmastime but all the time, and this is the noblest goal that man can aspire to.

Reprinted from THIS MONTH, American Hospital Association, December, 1953.
Situated in the new office in Wohl Hospital is Jane Edwards, Secretary in the foreground, and Roberta May, Food Cost Dietitian, in the background.

Miss Henrietta Becker, Director of Dietetics, is shown in her office in the new Dietary suite.
Pictured above at her desk in the new office of the Dietary Department is Lois Brumitt, Ward Supervisor.

Shown moving the last load of books from the old office is Jane Edwards, Secretary of the Dietary Department.
CHRISTMAS is more than a day of observance. It is largely an experience in the lives of individuals who feel a sense of reverence for a person who lived an exemplary life. The observance of a day each year to commemorate his birth is a fine tradition, but the real meaning of the day rests with each individual.

The meanings of Christmas for the members of our society are many. For some it marks the end of the most productive season of the business year. For others it marks the opening of a season of hilarity and free living such as we find at no other period of the year. There are those who look forward to the day as a time for happy reunions with loved ones and friends in the atmosphere of happy homes. To many millions of people in our land, Christmas is a day of great religious significance.

Christmas should never carry dictated meanings. We live in a land of many freedoms, and freedom of thought is one of these. It should be up to each individual to decide upon his own evaluation of this occasion. Freedom of religion is another possession of our people, and in this area also the individual has the right to make up his own mind about Christmas.

Regardless of what our viewpoints might be, there is a prevailing atmosphere that just about all people call "the spirit of Christmas". Here again there is variation and the connotation of these familiar words is not the same in all circumstances. The carols fill the air, and few object. (Continued in next column)

MISS LOUISE HILLIGASS TO RETIRE

Miss Louise Hilligass, Hostess, will retire from her position here on January 1, 1955. This will be the third attempt that she has made to retire from active working positions during her colorful career. The first retirement effort came after Miss Hilligass had served as Director of University Hospital at Missouri University for twenty years. However, the war changed her plans and she soon found herself in the official capacity of Superintendent of Nurses at Barnes Hospital. After the end of the war, she tried once more to retire, but was offered the position of hostess in the hospital, which she accepted, and has been going strong ever since.

Miss Hilligass is a graduate of St. Luke's Hospital School of Nursing and did private duty nursing for about five years following her graduation. She served overseas with the Washington University Medical Unit during World War I, and served at the front during the battle of Ypres. She was stationed with the British forces for two years at Rouen, France. After leaving the service she went to University Hospital on a temporary assignment and was invited to join the staff there. During her stay at that hospital, Miss Hilligass was instrumental in organizing a state society for crippled children and developing a home for them at Marshall, Missouri.

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KNOW YOUR STAFF

Mr. Leroy F. Riley, Intern in Hospital Administration, is a native of Lawrence, Kansas, and spent his early childhood there. Following graduation from high school, Mr. Riley enrolled at Johnson Bible College at Kimberly Heights, Tennessee, and received an A.B. degree there in 1940. He also attended Butler University in Indianapolis, and received a Bachelor of Divinity degree from Texas Christian University in 1949. Mr. Riley did post graduate work in psychotherapy at Arkansas State Hospital. He will receive his Master's degree in Hospital Administration from Washington University in June, 1955.

Prior to entering Washington University, Mr. Riley served as a minister in Christian churches in Indianapolis, Indiana, Rosenberg, Waco, and Dallas, Texas. He was a chaplain in the United States Air Force and served both in the States and in French Morocco. He was discharged with the rank of Captain. His family was with him in North Africa for a short while and they purchased many items of interest and took a great many colored pictures showing the Moroccan culture.

(Continued on page 11)

PERSONALITY OF THE MONTH

Mary Ellen Burnett is probably best known around the medical center as the evening elevator operator in the Rand-Johnson Building who has a smile and a word for everyone.

It was in June of 1952, that Mary Ellen came to work at Barnes and prior to accepting a position here, she worked at Homer G. Phillips Hospital as a maid. She also chalked up four years on her work record as a cook. She was employed by the St. Louis Board of Education and during her service with them she was in charge of the cooking for one year at Dunbar School.

Mary Ellen was born in St. Louis and graduated from Sumner High School where she was an active member of the literary club. She says that she still likes books and spends quite a bit of her free time reading. Her hobby is collecting recipes. She says that she likes to eat and cook almost any kind of food but that her specialty is in the pastry line. We found that she has just one pet peeve - people who ride only one floor on an elevator. Her favorite sport is baseball but she

(Continued on page 11)
HEAD NURSES URGE A.N.A. MEMBERSHIP

By - Miss Elizabeth McIntosh, Associate Director of Nursing Education

One of the outstanding joint meetings of the fall for the Head Nurse and Supervisory staffs was held on Wednesday, December 1, 1954. Miss Helen Kottemann, Chairman, presided. There were 36 members plus 4 student visitors present.

During these past weeks there has been considerable interest manifested, on the part of the members, in the many phases of nursing as they relate to the graduate nurse and her changing role in the respective fields of nursing.

It was appropo, therefore, that there should be a presentation, in the form of a panel discussion, on the platform of the American Nurses Association, its scope and functions. Miss Ann Barclay, 6200, was the moderator. The following graduate nurses were participants: Miss Marie Johnson, Supervisor in the Clinics; Miss Delores Bodenberg, Staff Nurse, 7200; and Mrs. Golden Mitt, Head Nurse in the E.N.T. Clinic.

The members of the panel clearly pointed out to each of us the tremendous responsibility which the graduate nurse shares as a member of the nation’s total health team. We can be justly proud of our nursing organizations, their goals and achievements. Additional opportunities for the graduate nurse, herself, improved nursing services and patient care areas will depend largely on the continued assistance the A.N.A. receives from its members.

We were made keenly aware of the fact that in order for the A.N.A. program to be successful and progressive, it would need the full support of every member through sharing of time and understanding, and of giving financial assistance.

(Continued in next column)

Dr. M. F. ARBUCKLE
1884-1954

Dr. Millard F. Arbuckle died October 23, 1954, at his home in Ware, Missouri. He was a member of our staff at McMillan Hospital and also served on the staff at Jewish, St. Louis County and Deaconess Hospitals before retiring three years ago. Dr. Arbuckle also was on the faculty at Washington University School of Medicine where he served as assistant professor of clinical otolaryngology and bronchoscopy. He was a member of the Royal Society of Medicine in London and numerous other medical organizations.

Dr. Arbuckle served in the Army Medical Corps in World War I and, during World War II, he served as chief of surgical service at Fort Leonard Wood.

He is survived by his widow, Dorothy, and three daughters, Mrs. David First, Mrs. Lucian T. Zell, and Miss Dorothy Arbuckle. Burial was at National Cemetery, Jefferson Barracks.

HEAD NURSES URGE A.N.A. MEMBERSHIP
(Continued from previous column)

If the above meeting was evidence of the rare potentialities within the Head Nurse group, we can certainly look forward to a splendid year in which their accomplishments will be worthy of note.

Under the wise guidance of Mrs. Marie Brandon, who has worked closely with the Head Nurse Group during the past two years, much has been achieved. Their new advisor and counselor will be Mrs. Camille Missey. We offer her and them our sincere congratulations for we know the future holds much that will be a challenge to all.
Best wishes are in order for Audrey Goold, Private Doctors Office, who was married to Ronald J. Thain on December 18. It is nice to have Mae Martin back in the Admitting Office after her recent leave of absence to increase the Martin family. Dr. Frank Bradley, Director, was in Chicago, December 7-10, to attend a Board of Trustees meeting of the American Hospital Association. Our deepest sympathy goes to Howard Hehner, Manager of the Store Room, on the death of his father on December 11. The Nursing Department has been honored with two distinguished guests recently. Miss Ann Vose, Assistant Superintendent of Nurses in Washington University Clinics, played host to Miss Dorothy Springfellow of Leeds General Infirmary, Leeds, England, and Mrs. Gertrude Ray, O. R. Supervisor, had as her guest Miss Madeline Duschane of Montreal, Canada, who observed in that department for a month. Our wishes for a speedy recovery go to Mrs. Jane Esson, Purchasing Agent, who has been a patient in the hospital for several weeks. Mrs. Florence Mueller, Chief Pharmacist, and Miss Ann Campbell, Superintendent of Nurses, were also recent hospital patients. Best wishes go to Dr. and Mrs. Thomas Bartley who were recently married. Mrs. Bartley is the former Delois Walters, O.R. nurse. Our deepest sympathy goes to the family of Ed Sanders, who died suddenly on December 6. Ed had worked in our laboratories and housekeeping department for several years as a janitor. Best wishes to Mr. and Mrs. Oliver Hansen who recently celebrated their fiftieth wedding anniversary. Mr. Hansen is employed at Doctors Information in McMillan. Kathryn Townsend, Barnes Credit Secretary, is the proud possessor of a new diamond ring on her left hand. Best wishes, Kathryn.

**KNOW YOUR STAFF**

(Continued from page 9)

He is a member of the Alethian Literary Society, American Hospital Association, and St. Louis Administrative Forum. His hobbies are wood and metal work, reading, traveling, and taking colored motion pictures. In the sports world, Mr. Riley likes fishing, swimming, boxing and wrestling. His favorite food is broiled red salmon steaks.

**PERSONALITY OF THE MONTH**

(Continued from page 9)

hurried to add, “only as a spectator”.

Mary Ellen tells us that she enjoys her work here for she enjoys people and she has plenty of opportunities to talk with them in her job.

*continued in next column*
We want to thank Arlene Sueoka for the above drawing and also for the cover of the November edition.