SEASON'S GREETINGS FROM THE CLASS OF 1955
DR. BRADLEY IS PRESIDENT OF AMERICAN HOSPITAL ASSOCIATION

Dr. Frank Bradley, Director of the Barnes Medical Center, was installed as President of the American Hospital Association at the organization's annual convention which was held in Chicago in September.

Dr. Bradley has served in official capacities in many medical organizations and is past president of the American College of Hospital Administrators.

JOURNAL CLUB

The monthly meetings of the Journal Club have proved interesting and informative this year. Dr. Kenton King, Resident on Ward Medicine, discussed various diseases of the liver and the application of diet in the prevention and treatment of these conditions. The treatment of burns was the subject of the session led by Dr. Eric Reiss, Assistant Resident on Ward Medicine. Pertinent facts and cases accompanied by illustrative slides were presented.

NEW DIETARY EXPERIENCE FOR STUDENT NURSES

To make the former four-week "Diet Kitchen" assignment for the student nurse more complete, on May 24, 1954, a new program for their nutrition experience was begun. This change was necessary at that moment because metabolism kitchen was no longer in existence.

Each nurse is assigned to the Dietary Department for a four-week period. She spends one week with the dietitian on each of four different services: medical, surgical, diabetic service, and outpatient clinic.

On medical and surgical floors she is assigned patients to follow who will demonstrate the relation of diet and disease, visiting the patients, writing their menus, checking their menus, checking out their trays, and feeding them when necessary. This has given her a close relationship with the patient and also an understanding of the floor dietitian's duties.

(Continued on page 14)
BARNES RESIDENCY PROGRAM

The residency program in dietetics was presented to the American Dietetic Association at the annual convention in October. Miss Henrietta Becker, Mrs. Helen Starch, and Mr. Joseph Greco showed the advantages of an additional year of training for the dietitian. That the plan is recognized as being needed is shown by the fact that eight hospitals in the United States now offer residencies.

This year’s program has been enlarged and expanded to include attendance at a series of lectures by Dr. Frank Bradley, attendance at Grand Rounds, and spending a week at a rural Missouri hospital.

STEWARDS AND CATERERS ASSOCIATION MEETINGS

On October 11, the interns attended a meeting of the St. Louis Stewards’ and Caterers’ Association which was held at Walter Freund Bread Company in St. Louis. The theme of the party was “A Real Olde Tyme Wurst Markt”. Many German style foods were served. After a delicious meal a tour was taken of the bakery. Following the tour, a business meeting was held and entertainment was supplied by an old-fashioned German band.

“Baseball Night” was the theme of the second meeting which was sponsored by the Krey Meat Packers. Featured was a film (Continued on page 6)
The staff, residents and interns of the Dietary Department of Barnes Hospital join me in sending to you “Christmas Greetings” in this our ninth Christmas newsletter.

We are looking forward to meeting each of you at the American Dietetic Association convention when it meets in St. Louis in October, 1955. Keep us informed of your correct address so that we might have an up-to-date mailing list.

To you and yours a “Happy and Prosperous New Year”.

Henrietta Becker
Director of Dietetics

VISITORS

It is always a privilege to have our alumnae visit, and to show the new developments to them. During the year, the following people visited the dietary department:

Mrs. Gloria Staley Roodhouse
Homemaker
Mt. Sterling, Illinois

Miss Frances Ware
Director of Dietetics
Rhode Island Hospital

Mrs. Annette Longino Moore
618 Clare Court
New Orleans, Louisiana

Mrs. Mary Catherine Downs Thompson
4155 Saranac
Dallas, Texas

Miss Louise Wilkonson
Director of Dietetics
Michael Reese Hospital
Chicago, Illinois

Mrs. Carolyn Frink Dammann
11037 St. Raphael
St. Ann, Missouri

Miss Virginia Marx
407 South Grant
Ft. Collins, Colorado

Mrs. Carolyn Morgan Hensel
2314 Marge
Alexandria, Louisiana

Mrs. Janet Evans Fetner
Box 1345
Emory University, Georgia

Mrs. Gloria Verzywvelt DuHadway
153 North Meramec
Clayton 5, Missouri

Mrs. Genevieve Hammar Buchmueller
478 Clemens
St. Louis County, Missouri

Mrs. Joyce Gibbons Miller
Homemaker
Paullina, Iowa
WHAT’S COOKING AMONGST THE CLASS OF 1954 DIETETIC INTERNS?

Mildred Bullington  Dietitian at King’s Daughters Hospital
                      Shelbyville, Kentucky
Mary Kay Farrell    Therapeutic Dietitian
                      Barnes Hospital
Patricia Gollaher  Dietitian in one of the hospitals in
                      Salt Lake City, Utah
Virginia Gray       Formula Room Dietitian, St. Mary’s Hospital,
                      St. Louis, Missouri
Joan Groves        Therapeutic Dietitian, Medical Floors
                      Barnes Hospital
Elizabeth Hansen   Therapeutic Dietitian, Surgical Wards,
                      Barnes Hospital
Elsie Ishida       Relief Administrative Dietitian
                      Michael Reese Hospital, Chicago, Illinois
Fredia K. Jackson  Dietitian at Louisville General Hospital
                      Louisville, Kentucky
Norma Janes        Therapeutic Dietitian, Wohl Hospital
                      St. Louis, Missouri
Joan Luck          Formula Room Dietitian, University of
                      Virginia Hospital, Charlottesville, Virginia
Shakuntala Mall    Studying for her Ph. D. at Michigan State
                      University
Paula Massey       Calvert County Hospital
                      Sheffield, Alabama
Jackie Morris      Assistant Administrative Dietitian
                      Barnes Hospital
Barbara Phelan Hardister  Assistant Administrative Dietitian in
                          charge of Personnel Food Service,
                          Barnes Hospital
Mary Jo Shaffer    Ward Dietitian, University of Illinois
                          Research and Education Hospital,
                          Chicago, Illinois
Phyllis Smith      Therapeutic Dietitian, Medical Floors,
                          Barnes Hospital
Katherine Steinauer Dietitian, Lincoln General Hospital
Ann Wrape          Now Mrs. David H. James, Jr.
RENARD HOSPITAL NEARS COMPLETION

The newest addition to the Barnes Group is nearing completion. Renard Hospital will be opened early in 1955.

Renard, with a capacity of 98 beds, will house acutely ill psychiatric patients. Two floors of McMillan Hospital will then be free for other types of patient care.

STEWARDS AND CATERERS (Continued)
on “Training with the St. Louis Cardinals” and a talk by Joe Garagiola, former Cardinal baseball player. Following the meeting, hams and bacon were given away to some of those attending and one of our interns was fortunate enough to be the recipient of a 13 pound ham.

BARNES RESIDENCY (Continued)
This year’s residents are:

- Marrin Espy
- Mary Kay Farrell
- Elizabeth Hansen
- Barbara Hardister
- Norma Janes
- Jacqueline Morris
- Phyllis Anne Smith
- Lena Williams

NATIONAL DIETETIC MEETING

The National American Dietetic Association meeting was held in Philadelphia, October 23-29. A buffet breakfast was held enabling all of the present staff, former staff and the past students of Barnes Hospital, to meet and get acquainted. Those attending the meeting were:

Present Staff Members

- Henrietta Becker
  Director of Dietetics
  Barnes Hospital
  St. Louis, Missouri

- Helen Starch
  Educational Director, Dietary Department
  Barnes Hospital
  St. Louis, Missouri

Former Staff Members

- Kay Bitters
  Nutrition Consultant
  State Department of Social Welfare
  Topeka, Kansas

- Audrey Clever
  Educational Director
  Charity Hospital
  New Orleans, Louisiana

- Marion Sizelove
  Dietitian, Pawating Hospital
  708 Oak Street
  Niles, Michigan

- Eloise Ross
  Chief Dietitian
  Passavant Hospital
  Jacksonville, Illinois

- Charlotte Ludwig
  Educational Director
  Michael Reese Hospital
  Chicago, Illinois

(Continued on next page)
Hello, everyone!

It's a pleasure to wish you Merry Christmas again this year. We're getting along fine in our spacious stainless steel kitchen and trying to satisfy our patients and customers.

We'll be happy to have each and everyone of you visit us in 1955.

Merry Christmas and Happy New Year.

Charles Domash
Chef

INTERN DINNER

The 18th of November found the interns entertaining the dietary interns from St. Louis University at a dinner held in the David P. Wohl, Jr., Memorial Hospital dining room. Following the dinner the visiting group was taken on a tour of the Dietary Department.
Barbara Lockwood, Assistant Administrative Dietitian, stands before the airline assembly unit with three hostesses.

Procedure followed in setting up airline service trays is demonstrated to airline girls by a TWA airline hostess.
Streamlined for efficiency is the floor kitchen in the newly completed Barnard Hospital. Miss Nina Soderlind is the dietary intern.

Jacqueline Morris, Assistant Administrative Dietitian, is pictured in the Chef's Unit with Charles Domash, Chef, and Virginia Leutzinger and Frances Pierce.
**DIETARY STAFF**

*Director of Dietetics*

- Henrietta Becker
  - University of Kansas
  - Columbia Presbyterian Hospital

*Educational Director*

- Helen Starch
  - Iowa State College
  - Massachusetts General Hospital

*Assistant Administrative Dietitian, Food Production*

- Dorothy Murakami
  - University of Hawaii
  - Barnes Hospital

*Assistant Administrative Dietitian, Personnel Food Service*

- Patricia Bast
  - University of Illinois
  - Barnes Hospital

*Assistant Administrative Dietitian, Patient Food Assembly Unit*

- Barbara Lockwood
  - Iowa State College
  - St. Luke's Hospital, Cleveland, Ohio

*Assistant Administrative Dietitian, Procurement*

- Jacqueline Morris
  - Marshall College
  - Barnes Hospital

*Ward Supervisor*

- Lois Brumitt
  - University of Illinois
  - Barnes Hospital

*Head Therapeutic Dietitian*

- Marlene Hunter
  - Iowa State College
  - Barnes Hospital

*Therapeutic Dietitian, St. Louis Maternity Hospital*

- Eleanor Childers
  - University of Missouri
  - Barnes Hospital

*Therapeutic Dietitian, McMillan Hospital*

- Dorothy Ellinwood
  - Iowa State College
  - Grasslands Hospital, New York

*Washington University Clinics Dietitian*

- Ruth Steinberg
  - Iowa State College
  - Johns Hopkins Hospital

*Therapeutic Dietitian, Rand-Johnson*

- Mary Frances Ward
  - University of Missouri
  - Barnes Hospital

*Therapeutic Dietitian, Private Pavilion*

- Beverly Ann Downs
  - Ohio State University
  - Christ Hospital, Cincinnati

(Continued on next page)
DIETARY STAFF (Continued)

Therapeutic Dietitian, Relief
Mary Kay Farrell
Mt. St. Scholastica, Kansas
Barnes Hospital

Therapeutic Dietitian, Medical
Wards
Joan Groves
University of Minnesota
Barnes Hospital

Therapeutic Dietitian, Surgical
Wards
Elizabeth Hansen
University of Colorado
Barnes Hospital

Therapeutic Dietitian, Wohl and
Barnard Hospitals
Norma Janes
Milliken University
Barnes Hospital

Therapeutic Dietitian, Medical
Wards
Phyllis Anne Smith
Iowa State College
Barnes Hospital

Therapeutic Dietitian, Surgical
Wards
Mary Spalding
Webster College
Hines V. A. Hospital

ST. LOUIS CHILDREN’S HOSPITAL

Chief Dietitian
Velma Pereboom
Oklahoma A. & M.
Barnes Hospital

Therapeutic Dietitian
Marrin Lilley Espy
Louisiana State University
Barnes Hospital

Therapeutic Dietitian
Lena Merle Williams
Texas State College for Women
Barnes Hospital

DIETARY RESIDENTS

Marrin Espy
Mary Kay Farrell
Elizabeth Hansen
Barbara Hardister

Norma Janes
Jacqueline Morris
Phyllis Anne Smith
Lena Williams

DIETARY INTERNS

Mary Ellen Turner
Mary Ann Fletcher

Oklahoma A. & M.
University of Arkansas

(Continued on page 12)
A few days ago I enjoyed the visit of a proud mother of two fine children. I could hardly realize that her days here as a dietary intern were so long ago, for it seems only yesterday that she was casting happy smiles at patients to get them to eat this delicious Barnes food.

When you just can’t stay away any longer, be sure to remember that you are welcome to come back to see us.

MERRY CHRISTMAS and a HAPPY NEW YEAR.

George A. Bowles, D.D.
Chaplain, Barnes Hospital

DIETARY STAFF

(Continued)

Amelia Faith Klock
Edith Teruko Maeshiro
Suzanne Leontsinis
Mary Sue Pylant
Julie Suzanne Safford
Jeannine Ann Schmidt
Nina Louise Soderlind
Dorothy Alice Stemmons
Alice Nadine Tucker

Louisiana State University
University of Hawaii
Fontbonne College
Louisiana Polytechnic Institute
University of Cincinnati
Indiana University
Wittenberg College
Southwestern Missouri State College
Southwestern Missouri State College

The following girls were accepted on November 15, to begin training on February 1, 1955:

Frederica Born
Daylene Brown
Martha Jean Calloway
Patricia Kealoha
Zoe Tate
Nancy Waychoff

Texas State College for Women
Oklahoma A. & M.
Louisiana State University
University of Hawaii
University of Kentucky
Iowa State College
ST. LOUIS DIETETIC ASSOCIATION MEETINGS

Barnes Hospital has been well represented at all of the St. Louis Dietetic Association meetings this year.

The first meeting was held at the home of Mr. and Mrs. Simon Wolfe. The Wolfe's entertained us with a lovely buffet dinner. Also, we were shown films from Europe by Marie Harrington of the Dairy Council.

The association met in October at Bethesda Hospital. We enjoyed a tour of this brand new hospital.

In November the association meeting was held at St. John's Hospital. Miss Keaton, Nutritionist, spoke on Public Health.

We are looking forward to the meetings each month not only because of the fun we have but also because of the professional knowledge we've acquired.

THE YEAR'S WEDDINGS

Margaret Ann Cain to James Donald Campbell at Pulaski Heights Presbyterian Church, November, 1954.

Ann Wrape to Dr. David Hamilton James, Jr. at Saint Andrew's Cathedral, Little Rock, Arkansas, November 13, 1954.

Barbara Ann Phelan to Jerry Lee Hardister, at her home in Moberly, Missouri, September 11, 1954.

Marrin Emily Lilley to Billy James Espy at Baton Rouge, Louisiana, June 12, 1954.

'Tis the night before Wednesday and just before dark,
The staff plans a picnic out in the park.
In our levis and T-shirts,
We'll really have a banger.
If you want to eat.....
Do bring a coat hanger.

Our ten fall interns were greeted with a picnic given by the staff. It was held in Forest Park. We enjoyed an abundance of food and fun. We all left looking forward to a full and happy year.

RALSTON PURINA

The dietetic interns and staff enjoyed the annual Ralston Purina chicken dinner and stage show at the Ralston Purina Company in October. After the delicious dinner, Mr. William H. Danforth graciously greeted the group and presented his philosophy of four-square living; namely, Stand Tall; Think Tall; Smile Tall; and Live Tall. We all had a wonderful evening and truly appreciated Mr. Danforth's including us in this annual event.

REUNION

The class of 1935-36 is planning a reunion. Included will be:

Isabel Grasser Simpson
Grace Zerbolio Anzalone
Nettie Bresnahan Sy
Patricia Hardin Jones
Frances Erikson
Gertrude Sampson Morse
Dietitians' Office Moved to New Location

One solitary desk - lonesomely situated in a dietitian's office devoid of furniture--that's the sight which met the eye upon entering the Dietitians' Office in Barnes Hospital several weeks ago.

No, the medical center was not dispensing with the Dietary Department - merely providing more spacious quarters. Unfortunately, the telephone could not be moved quickly enough, so the secretary sat in isolation in the old office for a day.

The new office is in David P. Wohl, Jr. Memorial Hospital. The suite consists of three separate rooms occupied by the Director of Dietetics, the Educational Director, and the secretary. The New Look of 1954 has influenced Barnes dietitians, too.

Shown moving the last load of books from the old office is Jane Edwards, Secretary of the Dietary Department.

Barnard Hospital Opened

The new Barnard Free Skin and Cancer Hospital was dedicated on October 13. The dedication was held in Wohl Auditorium. Speakers were Mr. Ethan A. H. Shepley, Chancellor of Washington University; Dr. Frank Bradley, Director of the Barnes Hospital Group; Dr. Carl Moore, Dean of the Medical School; and Dr. Evarts Graham Bixby Professor Emeritus of Surgery.

The Barnard Free Skin and Cancer Hospital began in 1905 as St. Louis Skin and Cancer Hospital at 410 North Jefferson. Three years later, when George D. Barnard gave a new building and a place for the organization in his will, the name was changed. In 1952, Barnard Hospital became affiliated with Barnes Hospital and Washington University. The hospital and the land it is built upon is owned by a separate organization, and affiliation with the center is by contract. The two patient floors will be served by the airline food service.

New Dietary Experience for Student Nurses (Continued)

In diabetic service she learns to calculate diets and figure make-ups. She also takes a tour of our main kitchen and the rest of the department.

In Food Clinic the emphasis is on dietary histories, instructions, and economy in food buying. She participates in Mothers' Classes and home visits.

She works up one patient each week for an oral case study. Every Monday we have an informal meeting in the Dietitians' Office of nurses and the assigned dietitians for the case studies to be reported briefly. The nurses have been in favor of the new system. We think it will be valuable to them.
Situated in the new office in Wohl Hospital is Jane Edwards, Secretary, in the foreground, and Roberta May, Food Cost Dietitian, in the background.

Pictured at her desk in the new office of the Dietary Department is Lois Brumitt, Ward Supervisor.
Please send us the following information for our records:

Maiden Name

College

Year of Graduation

Married Name

Occupation

Home Address

Present Address

Sincere Best Wishes for All the Joys of a Happy Holiday Season