Barnes Undergoes Accreditation Review

Practically all areas of Barnes came under close scrutiny Dec. 2, 3 and 4 when field representatives of the Joint Commission on Accreditation of Hospitals (JCAH) visited the hospital as part of that organization’s accreditation review of Barnes.

Dr. Harold B. Miller and Phillip Hall of the JCAH visited most hospital areas and services to gather information to be used by the JCAH to determine whether to renew the hospital’s accreditation for the full two years, the longest time period possible through the commission.

The JCAH is a national voluntary commission for hospitals and is the major organization accrediting hospitals in the United States. The commission last reviewed Barnes accreditation in 1972.

Rich Grisham, an assistant director of the hospital, coordinated the on-site visit by commission representatives and was assisted by Gary Bartelt, Barnes administrative resident.

A preliminary self-survey had been presented to the commission and Dr. Miller and Mr. Hall were confirming findings of the preliminary report, reviewing procedure and policy documents, reviewing hospital and medical staff by-laws and inspecting patient care areas.

Detailed reports on the operation of the hospital departments were available for review by the field representatives during their hospital visit. A summation meeting between commission representatives, hospital administrators, members of the medical staff and members of the board of directors was held at the end of the three-day visit.

(Continued on page 2)

Barnes employees, in most cases, have a good understanding of the work which their department does and of the people who work with them. But many have little or no idea of the functions of other hospital departments.

In an effort to enable employees to gain a better understanding of the work of other departments and of the personnel in other departments, a series of “Open Houses” are planned. The first open house was in mid-November and was hosted by the security department.

George Voyles, telecommunications director at Barnes and chairman of a department head steering committee, said the open houses will be held on a regular basis, perhaps monthly, and that hospital employees should make arrangements with their supervisors to attend the open houses.

“We think that these sessions will be valuable because employees can gain a better understanding of the work of the other hospital departments,” Mr. Voyles said. “Because of the size of Barnes, it is possible to work in one department for many years and not really know much about others.”

Mr. Voyles said that supervisors will make arrangements for employees to visit departments hosting open houses so that supervisors can maintain proper department work scheduling.

Barnes Hospital
St. Louis, Missouri

December, 1974

Barbara Bradshaw To Succeed Joan Hrubetz

Joan Hrubetz, director of the Barnes School of Nursing since 1970, has accepted the position of director of the undergraduate program in nursing at St. Louis University. She will assume her new duties in early January.

Miss Hrubetz, who recently completed work on a Ph.D. degree in counseling psychology, will be succeeded as director of the School of Nursing by Barbara Bradshaw, assistant director of the school since 1970.

Miss Hrubetz said she views her new position as “a professional opportunity which I am looking forward to with enthusiasm” while at the same time she said she will miss Barnes. “Barnes is an excellent place to work, it has an exciting environment,” she said. “I am going to miss my professional and personal association with the hospital.”

Miss Hrubetz, a native of Collinsville, Ill., joined the staff as assistant director of the school of nursing in 1965 and after leaving the staff to work on a master’s degree, was appointed director. She holds a diploma in nursing from St. John’s Hospital and her undergraduate and graduate degrees were earned at St. Louis University.

She said the major changes at the school during the past five years have been the institution of the two-year curriculum, more married students in the program, more male students and increasing diversity in the age and educational background of the student body.

(Continued on page 2)
**Herd Of Turtles Tries To Escape**

Snapping turtles are not usually found around Barnes Hospital but Capt. Richard Mansfield, assistant security director of the hospital, doesn’t believe it.

Capt. Mansfield was on the employee parking lot at the corner of Clayton and Newstead when he spotted a snapping turtle crawling across the lot. Further investigation revealed a “herd of turtles” in the back of a pickup truck belonging to Keith Largent, a maintenance employee.

While Officer Clyde Crabtree returned the first turtle to the company of its friends in the truck, Capt. Mansfield notified Mr. Largent of the snappers being on the loose. Mr. Largent said he caught the turtles near Ste. Genevieve, Mo., and was planning to have turtle soup.

Mr. Largent explained that he had returned from his “turtle hunt” late on a Sunday night to his home in St. Charles, Mo., and had not had time to remove the turtles from his truck before coming to work. “I didn’t think they would get out of the tub, much less the truck,” he explained.

**School Of Nursing...** (Continued from page 1)

“The biggest change was the two-year curriculum,” Miss Hrubetz said. “The two-year program changed almost all facets of the school’s program and meant much additional work for the staff. However, the change was smooth and accomplished in a very orderly way.

“I believe the basic philosophy of nurse education has remained unchanged. Of course our student body has changed a great deal through the years but our administrative faculty has remained very stable so there is a great deal of continuity.

“I leave Barnes with mixed feelings. The support that the School of Nursing and I have received from the hospital administration has been extraordinary. Also, a great part of my professional life has been spent at Barnes.”

Miss Hrubetz will still have contact with Barnes personnel in her new position. Many Barnes nurses take courses through the university’s nurse education classes. “Several of our students here have already told me they plan to take the university classes, so I’ll stay in touch,” she said.

Miss Bradshaw, who will become director of the School of Nursing in January, joined the school’s staff in 1969 as an instructor.

A native of Bowling Green, Mo., Miss Bradshaw holds a B.S. degree in nursing and the M.A. degree in education from Washington University. She was an instructor in nursing at St. Luke’s Hospital in St. Louis for nine years prior to joining the Barnes staff.

**Accreditation** (Continued from page 1)

The representatives will submit their written report to a JCAH committee which will make recommendations on accreditation to the commission’s board of commissioners. A final accreditation report, along with JCAH comments and recommendations, will be given to the hospital in two to three months.

Mr. Grisham said that new governmental regulations regarding such things as medical auditing and professional standards review means that some hospital functions were under review by the JCAH for the first time.

**Tribute Fund**

The following is a list of honorees (names in **boldface**) and contributors to the Barnes Hospital Tribute Fund from Oct. 19 to Nov. 20, 1974.

**In Memory Of:**
- Mr. Fred S. Heywood
- Mr. Joseph T. Greco
- Dr. and Mrs. H. R. Hildreth
- Mr. and Mrs. Darwin Portman
- Mrs. Gene Wilkey
- Mr. and Mrs. W. G. Moore, Jr.
- Mrs. Aline Holmes

(Continued on page 3)
Gifts To Barnes Tribute Fund

(Continued from page 2)

Mr. Milton Susman
Mr. and Mrs. Stanley P. Kolker
Terrye Balin
Mr. and Mrs. Morris J. Mathis

Mrs. Helen Fusz Jordan
Mr. and Mrs. Stanley P. Kolker
Mr. and Mrs. Morris J. Mathis

Mr. Ronald Marcus Briney
Caterpillar Tractor Company
Mr. and Mrs. David Shelton
Robinson’s Bulldozers Bowling Team

Eleanor Bemberg
Grace H. Coleman
Connie Rosenbaum
Loyce B. Rutherford

Mr. A. B. Lausing
Mr. and Mrs. E. P. Currier, Jr.

Mr. Albert Shoulcher
Mr. and Mrs. Charles Keller

Dudley Kincade
Mr. and Mrs. James M. Canavan
Josephine and William A. Clark

Mr. David Webster
Mrs. John W. Weems, Jr.

Dr. C. O. Vermillion
Linda Mooney

Frances Bry
Mr. and Mrs. Argo E. Landau

Mrs. Dorothy Pershall Belz
Mrs. Mary Hord Perry
Harry and Alice Wurtenbaucher
Mr. and Mrs. Charles C. Hager

Mr. John McDonald
Mary Jane Sloan
Mary Sullivan
Terry Wildermuth
Patricia Seagraves
Kristine Onarian

Mr. Fowler
Martha and Lillian Krupin

Vera Nolher
Mrs. Paul Gleeson, Jr.

Irene Standley
Carol Evans

Barbara Lupher
Mr. and Mrs. Gene A. Cole

Mr. H. Trockman
Loyce and Bob Rutherford

In Honor of the Recovery of:
Norman Nachman
Dr. and Mrs. Leonard Berg
Mrs. Sara Eisenstein
Stan and Natalie Wald

For Cancer Research:
Mrs. Eloise M. Turner
Mrs. Sara Eisenstein

Anonymous

Tribute Fund
Is Many Things

The Barnes Hospital Tribute Fund is a monetary fund which can be used by individuals or groups to honor people or organizations, to memorialize friends and family members and as a special gift fund.

Money contributed to the Tribute Fund for general purposes is used by the Barnes Hospital Auxiliary toward the organization’s important annual financial support of the hospital and for special hospital projects. Money donated to the Tribute Fund for specific purposes is used only for the designated purposes.

Any amount of money can be contributed to the fund. Special envelopes may be found in the hospital and persons wishing to make contributions may also contact the volunteers office.

Mrs. Billie Erickson, chairman of the Auxiliary’s Tribute Fund committee, coordinates the record keeping of the fund and contributors receive letters from the office of Joseph Greco, an associate director of the hospital, noting the gift has been received and recorded.

Dean Hayden, director of the Barnes School of Nurse Anesthesia, reviews academic progress with student Mildred Cox.

Nurse Anesthesia School Is Reaccredited

Barnes Hospital has received notification that its School of Nurse Anesthesia has successfully passed a major periodic review and has been granted continued accreditation for four years.

Approval of the school’s program was given by the board of trustees of the American Association of Nurse Anesthetists, upon recommendation of the Approval of Schools Committee. The school trains registered nurses to administer anesthesia.

The school was visited earlier this year by two members of the association according to Mrs. Dean Hayden, director of the school. Prior to the visit, Mrs. Hayden and her staff prepared a self-study of the school’s programs and also supplied to the review members many reports about the school.

The Barnes School of Nurse Anesthesia was created in 1929 and the first director was Miss Helen Lamb. Mrs. Hayden, called “Dean Hayden” by almost everyone who knows her first name or not, has been with the school since 1941 and became director in 1952.

“When I joined the staff we had only a few students in the school and the curriculum lasted six months,” Mrs. Hayden said. “Now we have a total of 36 students in the two-year program.”

She said that the 36 students, 14 of whom are men, are in four different levels of training. Classes are graduated and new classes begin at six-month intervals.

Mrs. Hayden said the whole profession of nurse anesthetists has been growing. “Because there are additional hospitals, more surgical procedures, many new anesthesia agents, techniques and equipment being introduced, there has been an increased demand for highly skilled personnel to administer anesthesia.”

(Continued on page 6)
'twas Barnes before Christmas and on nursing divisions
Every person was stirring (except those with incisions).
The stockings were hung in the rooms with care
In hopes that St. Nicholas would come even here.

The patients were nestled all snug in their beds
While dietetic's sugarplums danced in their heads.
The doc in his white coat, the nurse in her cap
Had just settled the floors for a long winter's nap.

When out in the hall there arose such a clatter
A nurse sprang from her desk to see what was the matter.
To the linen chute she sneaked like a cat
Someone coming down it? How was that?

The bright lights on the new-trimmed tree
Gave the hall an air of festivity.
Then what to her startled eyes should appear
But a miniature sleigh complete with reindeer.
And a little ole driver so lively and quick
She knew in a moment it must be St. Nick.
She knew she’d not been on a Christmas toot
So how could he come down the linen chute?

More quietly than a nurse down the hall he came
He whispered and pointed and called his helpers by name.
“Forget the bandages, the pills and iodine
We’ve got to visit some friends of mine.”

So up to the Christmas tree his helpers they flew
With his sleigh full of wishes that he hoped would come true.
He was dressed all in fur from his head to his boot
But under it—was that a surgery suit?

With the bag full of goodies slung over his back
He looked more like a peddler opening his pack.
Then he said, “I’ve brought presents, for one and all
I’ll leave them here under the tree in the hall.

Here’s a rose for the health people come here to find
The glow from this lantern brings peace of mind.
For patience here’s a mustard seed
When helping sick people, it’s a real need.

Here’s a bluebird for happiness, which we all should learn
And this glistening droplet’s a tear for concern.
A turtledove means we try—I’ve brought a pair—
Our patients must always know we care.

Finally, here is a pen, that’s for poems that rhyme lawful
We need some around here, the ones we have are awful.”
He was chubby and plump, his cholesterol fearful
But the nurse knew that he’d said an earful.

She said, “Gosh, Santa, you’ve sure got your case on,”
And he said, “Thanks, dearie, I really must race on.”
But she heard him exclaim as he flew out of sight
“Happy Christmas to all, and to all—a goodnight.”
"La Operacion" Becomes An Outpatient Procedure

Dr. Ernst Friedrich uses diagram to explain laparoscopy procedure.

Long before "The Pill" there was "la operacion," which was fully described as long ago as 1834. "Having your tubes tied" was the first reliable female method of preventing pregnancy.

Essentially, the operation involves cutting or blocking both fallopian tubes so that the egg released each month by the ovary cannot be reached and fertilized by the upwardly mobile sperm.

Anesthesia School...

(Continued from page 3)

Miss Louise Groves, educational director, teaches classroom courses and is, at times, assisted by other members of the staff. Mrs. Hayden said that while there are more than 200 schools for nurse anesthetists in the country, Barnes can take only one-third of the nurses applying for the school.

Certified registered nurse anesthetists (CRNA) on staff are part of the department of anesthesiology.

Anesthesiologists, doctors who specialize in administering anesthesia, also serve as resource persons for the school. Dr. C. R. Stephen is anesthesiologist-in-chief.

Presently there are 17 staff nurse anesthetists on the Barnes Hospital staff. Nurse anesthetists have responsibilities in all of the hospital's 45 operating rooms. Nurse anesthetists and anesthesiologists administer all anesthesia in the hospital.

At the present time, all Barnes staff anesthetists are graduates of the hospital's school and the school is the major source of staff members. Many other graduates of the school are in hospitals throughout the St. Louis area. Barnes school is the only one for nurse anesthetists in St. Louis.

Until the last few decades this necessitated a major operation, including all the hazards of abdominal surgery and days of hospitalization as well as weeks of convalescence. Only women who had access to well-equipped hospitals and who could not risk pregnancy usually could avail themselves of this form of birth control. More recently, a vaginal approach, usually following delivery, has been used. But still, only a relatively few women could undergo the operation.

In the last few years, however, technology has emerged that now makes female sterilization a short outpatient procedure which is vying with vasectomy in males as a method of family planning.

Dr. Ernst Friedrich, associate obstetrician-gynecologist, and one of the pioneers in laparoscopic sterilization on an outpatient basis, does the procedure using only local anesthesia and the patient can resume her normal routine at work or at home within hours.

With specially designed instruments including a laparoscope with fiberoptic illumination, Dr. Friedrich can see directly into the abdominal cavity through one small incision immediately beneath the navel. A cautering forceps is inserted through a special channel in the operating laparoscope to cut and seal off each fallopian tube.

Dr. Friedrich gives his patients a complete physical examination, including lab tests, about a week before the procedure is scheduled. On the day of the sterilization, the patient is given a preliminary injection of atropine to prevent possible nausea, then is given valium and demerol to block pain. Xylocaine is used at the site of the incision. The incision itself is only about one-half inch long.
The new rotary oven in the Barnes Hospital kitchen is not entirely unlike an oven found in a person's home. Food goes into it, the temperature is set and the food cooks. But there, all similarity ends.

The hospital's electric rotary oven is 13 and one-half feet wide, eight feet deep and seven feet tall. It has five rotating shelves, each of which will hold five bake sheets measuring 18 by 26 inches. It weighs 11,800 pounds and cost $11,206.

According to Doris Canada, director of dietetics, the major advantages of the new oven are that food can be cooked in larger quantities and, therefore, meals can be prepared more quickly. The oven now does the work of several smaller ovens which can now be used for cooking other food items.

Mrs. Canada said that the new oven is primarily used to cook meat although it can be used for any food. "Another major advantage of the oven is that it is rotary. The shelves rotate and heat is evenly spread around the food," she said.

"In previous years we had to begin a week in advance cooking turkeys for Thanksgiving and Christmas. This year we will only have to cook a day or two at the most."

Although the rotary oven does not cook food in a shorter period of time, the fact that it will cook more food in the same time enables food service employees to work with other food items on the day's menu.

"The rotary oven has better temperature controls than many other ovens," Mrs. Canada said. "Because we can cook with a lower temperature we get less shrinkage with our meats and therefore a higher yield. This is a way in which the oven saves money."

The rotary oven was needed because of the increase in the number of meals served by the dietetics department. The number of meals served to patients and to employees in the first ten months of 1974 has increased by 83,620 meals.

**Doctor's Notes**

Dr. Lilburn C. Boemer, a retired Barnes otolaryngologist, died at Barnes Nov. 7 at the age of 75. Dr. Boemer was a lieutenant colonel with the Army Medical Corps at the 21st General Hospital affiliated with Barnes during World War II. As head of the nose and throat section of the 21st General, Dr. Boemer served with the unit in the African, Italian and French theaters, from 1939-1946.

During his training, Dr. Boemer was the second resident appointed on the otolaryngology service at Barnes Hospital. He served under Dr. L. W. Dean, who was head of the department at that time.

The President's Office reports the following persons on staff: Dr. Joseph F. Ruwitch, Jr., assistant physician, effective Sept. 20; Dr. Richard F. Escoffery, assistant ophthalmologist, and Dr. Barbara R. Krupin, assistant anesthesiologist, both effective Oct. 1, 1974.
### Martha Piket Retires

Martha Piket, supervisor in patient accounts, retired Oct. 31 following 21 years as a Barnes Hospital employe.

She received a certificate of appreciation from hospital President Robert E. Frank on her retirement. She also was honored by her fellow employees and by persons from throughout the hospital at a dinner at the Executive Inn on North Lindbergh Nov. 1. Approximately 50 persons attended the dinner.

Mrs. Piket began her work at Barnes in 1953 in the credit office of St. Louis Maternity Hospital and was later promoted to credit manager. She became supervisor in Barnes patient accounts when Maternity was closed.

Mrs. Piket said that during retirement she plans to spend more time with the “three men in my life,” her three grandsons. She also plans to take a trip to Europe next summer.

“I have really enjoyed my 21 years at Barnes,” Mrs. Piket said. “I am going to miss my friends and believe me, if I were ten years younger, I wouldn’t be leaving. I have really loved my work here.”

### Hospital Happenings

The next visit to Barnes Hospital by the Red Cross Bloodmobile will be Dec. 11. Blood may be donated from 11 a.m. to 3:45 p.m. in Classroom 228 in the Barnes School of Nursing.

Barnes Hospital employees contributed $51,141.85 to the St. Louis area United Fund campaign according to Rex Ward, director of training and United Fund campaign chairman at Barnes. Contributions amounted to 62.5 per cent of the goal set for the hospital by the United Fund.

Barnes employees who work Christmas Day, and their families, will be able to enjoy a free Christmas dinner of turkey or ham. The dietetics department will serve the dinners in the employee cafeteria. Tickets for the dinner must be obtained from the employee’s supervisor.

Traffic on Barnes Hospital Plaza has been rerouted through a temporary road next to the subsurface garage construction as work continues on tunnels which will connect the garage to the hospital.

### 1975 Pay Periods

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### What's Inside?

- **Hospital Happenings**
- **1975 Pay Periods**
- **Martha Piket Retires**
- **What's Inside?**

### Contest Winner

**Is Doctor Lookalike**

The winning entry in the second annual pumpkin decorating contest for the second through sixth floors in the East Pavilion was a depiction of the contest organizer, Dr. John Hendry, chief resident in obstetrics-gynecology.

The entry, “From Your Secret Admirer,” was made by the fifth floor. Other entries and their finishing in the contest were: the gynecology operating room’s entry of Dr. Michael Cast, second place; the fourth floor’s entry of Dr. A. N. Arneson, third place; and honorable mention went to Dr. Ivan Muhlen-dorf for labor and delivery and to Dr. F. Delbert Moeller, entered by the sixth floor.

The entries were attempts by nursing personnel on the floors to depict a doctor in the obstetrics-gynecology department. Judges included were Dr. James Warren, obstetrician-gynecologist-in-chief of Barnes; and Dr. Charles Mann, a resident in the department.

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**BARNES HOSPITAL BULLETIN**

Barnes Hospital
Barnes Hospital Plaza
St. Louis, Missouri 63110

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