United Way campaign nears completion

United Way campaign activities were completed in October and by late in the month $75,254.69 had been contributed or pledged by Barnes Hospital employees, with more United Way pledge cards still coming in.

According to United Way chairperson Maureen Byrnes, associate director of the hospital and director of nursing, Barnes employees surpassed the 1978 goal of $74,000. "I'm extremely pleased," Miss Byrnes said, "We had superb cooperation from all departments."

Last year Barnes employees contributed $71,349 to the United Way campaign.

All employees of the hospital were contacted, either by supervisors or department heads during the drive which is a part of the greater St. Louis campaign to reach a goal of $20 million to support the more than 100 agencies which depend on the United Way for a portion of their operating revenue. The employees contributed in one of two ways, by giving the full amount at one time or by participating in the payroll deduction plan beginning November 4.

Edward J. Schnuck, a member of the board of directors of Barnes Hospital, is the 1978 campaign chairman for the United Way of Greater St. Louis. The campaign officially closes with a victory luncheon November 10.

Final United Way results will be announced in the December issue of the Barnes Bulletin.

WUMC provides $7.5 million in free care

More than $7.5 million in free medical care was provided by members of the Washington University Medical Center during the 1977 fiscal year, which ended July 1, according to the WUMC annual report, released last month. Of that total, more than $3 million was provided by Barnes.

The six institutions comprising WUMC, Washington University School of Medicine, Central Institute for the Deaf, Jewish, Barnes, Barnard and Children's Hospitals, invested almost $33 million in research and spent more than $10 million in capital improvements. Barnes invested $3.5 million in capital improvement.

William L. Edwards, Jr., was elected chairman of the WUMC board of directors at its annual meeting, where the report was presented by Dr. Samuel Guze, WUMC president. Other newly elected officers are Lee M. Liberman, vice-chairman; Edward J. Schnuck, secretary, and Ethan A. H. Shepley, Jr., treasurer.

Re-elected officers include Dr. M. Kenton King, vice-president; Robert J. Hickok, assistant secretary, and Hugh H. Morrison, assistant treasurer.

New life comes to Euclid-Laclede area

The Euclid-Laclede-West Pine commercial area near Barnes Hospital changes daily, with new restaurants, businesses and beautifying projects adding to the old world charm of the Central West End to create a new, exciting atmosphere.

Since last winter, the City of St. Louis has been constructing new sidewalks, pedestrian benches, street lights and streets in conjunction with the Washington University Medical Center Redevelopment program. Half of the planned new trees along the street have been planted.

"Once the asphalt is down, the major construction work will be done," stated Robert Mat-schiner of the Washington University Medical Center Redevelopment Corporation. Traffic on Euclid had been disrupted while construction on the street had been taking place.

Rejuvenation of the commercial area has begun to attract new businesses, including several restaurants. Montilone's Italian Restaurant, located in the Forest Park Hotel at West Pine and Euclid, boasts a fine luncheon menu and elegant dinner dining. Margaritta Boudewin, formerly associated with the famous Kemoll's Italian Restaurant, opened Montilone's in June with her husband John. Free parking is available directly across the street from the hotel on West Pine.

Newly opened at the corner of Euclid and Laclede is the Consulate, located in the building previously occupied by the Towne Hall restaurant. The Consulate, owned by Frank Doll, serves cuisine with an international flavor for lunch and dinner.

In addition to the two new restaurants the area offers a variety of food ranging from pizza to ice cream to health foods to Chinese dinners. Uniform shops, a variety store, a liquor store, a leather store, a record shop, a book store, two cleaners, an art glass company, hair stylists, a photographic studio, a drug store, two opticians and an antique shop round out the variety of establishments found in the area.

Remarkable progress has been made in the 4400 block of Laclede, known as Laclede Place. By means of public improvement funds, handsome new gates have been installed along with a sodded, landscaped median and new street lights. Many homes in the block have been totally restored and are selling in the $70,000 range. Just east of Laclede Place, the finishing touches have been applied to the Park Place Apartments, a 242-unit apartment complex for the elderly at Forest Park and Newstead.

Across from the Park Place Apartments, the new Blue Cross Regional Headquarters, containing 300,000 square feet of office space with over 1,000 employees, constituted the first major assembly and private investment in the WUMC redevelopment area. Just south of the Blue Cross building stands the $12 million Monsanto-biological testing laboratory at Clayton and Newstead.

The Ettrick, a major four-story building on Euclid at Forest Park, has undergone total rehabilitation, and features Life Uniform as well as 16 luxury apartments. It, along with a commercial parking development, constitutes an investment of more than $1 million. Newly renovated office space is also being offered by Frank Doll, owner of the building on the southeast corner of Euclid and Laclede.

Just east of the Ettrick on Forest Park, a large four-story structure, which was once a motel, has been converted to 83 apartments specially designed for physically handicapped persons. Parapquad, Inc., a not-for-profit sponsor, has obtained a firm commitment from the Department of Housing and Urban Development for this renovation which may become a prototype for other like projects throughout the country.

(continued on next page)
Euclid-Laclede area

(continued from page 1)

Just east of the Paraquad site is the Forest Park Development plan. By the end of 1980, 90 percent of the total program is expected to be completed or underway.

The redevelopment corporation is currently in the second three-year stage of its nine-year development plan. By the end of 1980, 90 percent of the total program is expected to be completed or underway.

Chef’s specials add menu variety

“…”

Since August, in addition to the regular menu, the hospital has been offering special lunch or dinner dishes on Mondays and Thursdays.

“We try to come up with a dish that people will enjoy, something different,” said Lendell Johnson, executive chef. “Cooking can be as gourmet as you want it to be.” He pointed out that the special items, which include filet mignon, as chicken which is fairly inexpensive, can be fried or baked, resulting in just fried or baked chicken. But, it also can be prepared in a gourmet manner which offers an

Perhaps the person most responsible for the actual taste of the chef’s special is Lendell Johnson, whose interest in gourmet cooking extends beyond preparing gourmet dishes at Barnes. He teaches an adult evening gourmet cooking class at University City High School, and has in the past prepared gourmet cuisine at the Media Club, the Bel Air and the Stadium Club.

Mr. Johnson, who started as bus boy at the Lennox Hotel in St. Louis, worked his way up to cook and then attended a hotel-motel school in Michigan. He is a member of Chef DuCuisine, a worldwide chefs organization consisting of the leading chefs in the world, and he has been at Barnes for the past five years. Just recently he attended a festival on Laclede’s Landing where St. Louis chefs demonstrated the arts of cooking from various parts of the United States as well as from foreign countries. Mr. Johnson said that he doesn’t limit himself to one type of food.

Since the chef’s specials are so new, Mr. Johnson does all of the cooking himself. French, Italian, Mexican and Chinese dishes have already been served as well as American dishes representative of the South, West and East. Some of the recipes are taken from various cookbooks, including “Heritage,” which contains recipes from all over the United States. Previous chef’s specials have included filet mignon; bird of paradise salad; tostada, enchiladas and refried beans; a sausage, cheese and fruit cold plate; and red beans, rice and hush puppies.

In addition to the chef’s specials, Kathy McClusky, director of dietetics at Barnes, has been revamping the patients’ menu and trays to make them aesthetically pleasing. Prettier and more efficient mugs and tops for the food have been added, not only to keep the items warmer, but also to make the tray look more attractive; soon there will be a new type of glass on the tray. “Like anyone else, a patient in the hospital wants a variety of food served attractively,” she said.

Another recent Barnes patient, Susan Rolf, agreed with Mrs. McClusky by saying “The chef’s special was like a treat. Variation in menu helps to make you feel better.”

Mrs. McClusky said that dieticians and dietetic interns visit all patients daily to check patient reaction to the meals, and once a month a written survey form is given to the patients. Such queries have resulted in several suggestions on how to improve the chef’s specials. One patient suggested that they “spruce up” the tossed salad. Tomatoes were added and the dressing is not put on until the salad is served.

“We’re continually looking for other ideas,” Mrs. McClusky stated. She said that quiche and veal cordon bleu may be offered soon, and that they would like to try some hors d’oeuvres and some chef’s specials for patients that are on a modified diet.

“By far the most popular one has been filet mignon,” Mrs. McClusky said. That dinner included filet mignon, baked potato with sour cream, vegetable medley, tossed salad with thousand island dressing, dinner roll and French pastry. All the chef’s specials are at no additional cost to the patients.

The success of the chef’s special cannot be attributed to a single individual because there are so many involved with the planning and preparation of the food at Barnes. The menu planning committee prepares all the menus for chef’s specials. The main kitchen takes part in the preparation and the food service workers deliver the food to the patients. In a recent survey, approximately 97 percent of the patients responding had favorable things to say about the people who deliver their meals.

The first annual Carl Moyer lectures presented

Dr. Harvey R. Butcher, Jr., acting general surgeon-in-chief at Barnes, and acting head, division of general surgery, Washington University School of Medicine, presented the first annual Carl A. Moyer Visiting Professor lectures on September 29.

Dr. Butcher, who has been a Barnes surgeon for 25 years and who was closely associated with Dr. Moyer, spoke on “blood volume regulation” and “shock.” The lectures, which honored the late Dr. Carl A. Moyer, were delivered in the Clopton auditorium and the East Pavilion auditorium.

Dr. Moyer, who was surgeon-in-chief at Barnes from 1951 to 1965, helped to establish the burn unit and to develop the silver nitrate method of treating burns. In this method silver nitrate in a diluted solution acts as a barrier against the invasion of burned skin by bacteria. Patients have relative freedom from pain and fever, do not have to have as much skin grafting and have a minimum of scarring.

Dr. Moyer’s son, Dr. Carl F. Moyer from Milwaukee, attended the lectures.

Donna Granda and Karen Wagner confer.

Associate, assistant nursing directors named

Donna Granda, formerly assistant director, Barnes School of Nursing, has been named associate nursing director for general surgery, and Karen Wagner, formerly head nurse on 5200, has been named assistant nursing director for general surgery.

Miss Granda, who received her nursing diploma from St. Charles Hospital in Aurora, Ill., has previous experience in emergency room and general hospital nursing. She received her BSN and her MA in science and education from Southern Illinois University. She worked for two and one-half years in public health and in 1967 became an instructor and a coordinator of medical-surgical nursing in the Barnes School of Nursing. She was named assistant director of the school of nursing in 1975.

Miss Wagner, who received her BA in nursing from the University of Pittsburgh and her MA from St. Louis University, worked for two years at Johns Hopkins Hospital in Baltimore. She has been at Barnes for seven years and has been head nurse on 5200 and 5200 ICU for the past five years.

Miss Granda’s appointment, effective October 23, includes responsibility for directing, coordinating, staffing and assuring that quality care is provided on the general surgery divisions. Miss Wagner, whose appointment was effective September 10, will work closely with Miss Granda in accomplishing these duties.

Other associate directors are Marlene Hartmann, Pat Keys, Marie Rhodes, LaFrances Cockrell and Gloria Metzger. Other assistant directors are Lois Vahle, Marianne Blake and Catherine Doerr.

Diabetes symposium scheduled November 11

The sixth annual diabetes symposium, which is supported by the Kilgo Diabetes and Vascular Research Foundation and the Pfizer Laboratories grant for continuing education, will be held Saturday, Nov. 11, at the Breckenridge Inn in Fenton. The purpose of the symposium will be to present current knowledge of diabetes by America’s leading experts.

The faculty will include Dr. George Cahill, Harvard Medical School; Dr. Peter Forsham, University of California Hospitals; Dr. Richard Guthrie, University of Kansas School of Medicine-Wichita; Dr. Charles Kilgo, Barnes Hospital; Dr. David Kipnis, Barnes Hospital physician-in-chief; Dr. Alan Permutt, Barnes Hospital; Dr. Arthur Rubenstein, University of Chicago; Dr. Francis A. Zacharewicz, St. Louis University School of Medicine; and Sharon Hoette, B.S.N., diabetes educator.
Shopping is fun at Nearly New Shop

Clothing, linens, shoes, dishes, greeting cards and even an automobile—these are just a few of the things sold by the Nearly New Shop at Barnes Hospital. The shop, which is open Monday and Friday from 9 a.m. to 4 p.m., offers a variety of new and recycled items for sale at reasonable prices.

The Nearly New Shop was opened in 1963 by the Barnes Hospital Auxiliary under the chairmanship of Mrs. William Neukomm with Mrs. Spencer Robinson, Mrs. Herman Brandenburg and Mrs. Easy Hill as vice chairman. Auxiliary members donated most of the items to be sold and, in addition, the gift shop located in Wohl Hospital went out of business and gave their remaining stock to the auxiliary. "I think we collected things to sell over a six-month period," Mrs. Hill recalled.

Most of the coats, purses, books, dishes and knick-knacks sold in the Nearly New Shop are pre-owned, although new things like greeting cards and purses are donated by various companies to be sold. Once in a while unclaimed items from security are sold in the shop. Whatever is not sold within a certain length of time is donated to the Salvation Army.

Mrs. Hill recalled one incident when a patient's wife donated her husband's automobile after his death.

Employees, clinic patients and visitors to the hospital frequently visit the shop and buy things. Lunch hours and coffee breaks are used by many Barnes employees as time to stop by the Nearly New Shop. "They seem to find it pretty interesting—the shop is usually crowded," Mrs. Hill said.

Although most of the customers at the Nearly New Shop are women, the shop does have items, such as clothing, shoes and books, for men. Usually, the childrens and ladies clothing sell fast as do blue jeans and kitchen utensils. Christmas items are accumulated throughout the year and are put on sale right after Thanksgiving. "Almost everything goes pretty fast," said Mrs. Hill. "It doesn't stay in the shop long."

Shopping at the Nearly New Shop is made as convenient as possible for customers. Every other week the shop features a bargain table with items on sale for 25 cents. The shop also has a layaway where purchases are kept for a customer for two weeks with no money down.

Funds raised at the Nearly New Shop, whose chairsman is Mrs. Ethan Shepley, go to the Barnes Hospital Auxiliary. In the past the Auxiliary has purchased equipment and has furnished several floors of the hospital. Anyone wishing to donate items to be sold should contact the volunteers at the shop or the volunteer office.

Sixth annual Carl Moore lecture presented

Dr. John Vane, director of the research and development group at the Wellcome Research Laboratory, the Wellcome Foundation Limited, Beckenham, Kent, England, presented the sixth annual Carl Vernon Moore lecture Friday, Oct. 6.

Dr. Vane spoke on "Prostaglandins, Platelets and Vascular Disease." The lecture, which honors Dr. Moore, Barnes physician-in-chief from 1955 until his death in 1972, was delivered in the Carl V. Moore auditorium. Dr. Moore had been associated with Barnes since the 1930's.

Second Ben Senturia lecture set Nov. 15

The second St. Louis Otological Foundation Ben H. Senturia lecture will be hosted by the Ear, Nose and Throat Club of St. Louis at its fall meeting on Wednesday, Nov. 15, at Queeny Tower dining room. The St. Louis Otological Foundation, dedicated to the furthering of science and education in the field of ear, nose and throat medicine, established this lecturehip in 1977 to honor Ben H. Senturia, Barnes otolaryngologist, for his many years of service and achievement in otolaryngology.

Dr. Victor Goodhill, Beverly Hills, Calif., will be the guest lecturer speaking on "The Leaking Labyrinth, Hearing Losses and Vertigo." Dr. Goodhill is professor of surgery, department of surgery/head and neck surgery, School of Medicine, University of California, Los Angeles. He has published extensively in the field of otology and has made numerous original, clinical and research studies.

In addition to being a Barnes otolaryngologist, Dr. Senturia is emeritus-director of the department of otolaryngology of Jewish Hospital and is editor of the Annals of Otolaryngology and Rhinology. He has been a member of the American Otologic Society since 1951, was their editor-librarian for 11 years and was elected president in 1972.

Neurology, neurosurgery clinics relocated

The neurology and neurosurgery clinics as well as their private patient offices have moved to the ground floor of the McMillan building where more modern facilities, including larger rooms, less crowded areas and better appointed waiting rooms are available.

The neurology clinic, which is open Monday, Tuesday, Thursday, and Friday afternoons as well as Saturday mornings, previously was located on the third floor of the Wohl Clinics building. Private patients of the neurology staff were seen in Queeny Tower. The neurosurgery clinic is open Monday and Thursday afternoons as well as Saturday mornings. Previously both private and clinic patients had been seen in Wohl.

Marge Ellis, head nurse for clinic nursing, pointed out that the two clinics can now advantageously share personnel.

Dr. Sidney Goldring, neurosurgeon-in-chief, stressed the provision of more modern facilities for patient care which were not previously available. The neurosurgery clinic, which deals with surgery of the nervous system, averages 18 to 24 patients per week and has three neurosurgery residents and a neurosurgery consultant in attendance.

Dr. William Landau, neurologist-in-chief, said that the new location provides the optimal capability of combining both the clinic and private patient care, sees the same patients and being immediately adjacent to both the EEG and EMG labs. He said there is "more room to do our thing," and that the two clinics may now easily refer patients back and forth. With a minimum of four neurology residents and two full-time staff in attendance at each session, the neurology clinic sees 80 to 100 patients each week.

"The new area provides a convenient and practical interaction for these two closely allied specialties," Dr. Landau said.
Dr. John E. Hobbs
honored

Dr. John E. Hobbs, who has been associated with Barnes Hospital for more than 50 years, was honored in ceremonies September 29 in Wahl auditorium. Dr. Charles R. Gullick, a long-time associate of Dr. Hobbs, arranged the event. Highlight of the program was the unveiling of a portrait of Dr. Hobbs that had been commissioned by the St. Louis Maternity Hospital Society. It has been permanently hung in the Barnes corridor opposite the Hobbs history wall.

Speakers included Dr. James C. Warren, Barnes obstetrician/gynecologist-in-chief, who represented the Society. He recalled that when he came to Barnes seven years ago, he knew only three things about Dr. Hobbs: “He was a country boy who became an iron man and taught Axel Arneson.”

Dr. Warren continued that Dr. Hobbs is much more than any of those, pointing out his many years of dedicated service to Maternity and Barnes in obstetrics/gynecology, surgery, and pathology. “He was the author of one of the first ob/gyn books, A Manual of Obstetrical and Gynecological Pathology and did pioneering research in a number of areas of obstetrics.”

In presenting the portrait on behalf of the Maternity Hospital Society, Dr. Warren concluded, “John Hobbs is an obstetrician/gynecologist, and a very good one. He’s a pathologist, and a very excellent one. He’s a superb teacher. He is a real scholar. And last of all, he is a compassionate and understanding physician.”

Robert E. Frank, president of Barnes Hospital, accepted the portrait for the hospital and noted that Dr. Hobbs is, in addition to everything else, Barnes unofficial resident historian who was responsible for the “History Wall.” “Barnes directors and presidents come and go but John Hobbs is forever,” he said. “He has devoted a half-century of his life to caring for patients here at Barnes and only now is planning to give up the obstetrics part of his practice and stop getting up at all hours of the night to bring another baby into the world.” He concluded, “The excellence of Barnes Hospital is due to the efforts of people like Dr. John Hobbs who have devoted their lives to the health care of people. We are proud, Dr. Hobbs, that you plan to continue to serve your patients here at Barnes.”

Dr. William Danforth, chancellor of Washington University said, “I think of John Hobbs as Dr. Barnes Hospital. He is a physician of high competence and a human being of great humanity; a teacher by word and example; someone who has meant a lot to younger persons both in and out of the department of ob/gyn. He is a highly intelligent man who has dedicated his life to making the world a better place and training others to do the same thing.”

Echoing Mr. Frank’s comments, Dr. Danforth pointed out, “This great medical center, one of the greatest in the world, is great not because of its buildings but because of physicians like John Hobbs. Having this portrait will serve to inspire all of us to try to do as well as he has.”

Dr. William Allen, who was Barnes obstetrician/gynecologist-in-chief from 1940-1971, spoke on behalf of the department of ob/gyn, “We all know John Hobbs has been a tower of strength around here for 50 years. It is quite an achievement to have one’s friends give a portrait and an even bigger honor to have it hung on the walls of this fine institution. There are perhaps only 20 to 30 in both the hospital and medical school combined.”

Dr. A. Norman Arneson, Barnes obstetrician/gynecologist and long-time associate of Dr. Hobbs, represented simply “John’s friends” which he said was a formidable responsibility because there are so many of them. “All I can do then is present a verbal portrait as I personally know him. Dr. Hobbs came to us from hard-scrabble of the Ozarks. From that heritage he..."
Dr. Hobbs and his portrait flank the row of speakers who lauded him on his special day: Dr. Warren, Mr. Frank, Dr. Danforth, Dr. Allen, Dr. Arneson and Mrs. Hobbs.

A reception after the ceremonies allowed time for refreshments and the renewal of old friendships.

acquired a straightforward sense of good humor which has sharpened his perception and keen insight and intuition.”

Dr. Arneson said, “Friends of Dr. Hobbs would select the date of his and Dorothy’s marriage 48 years ago as marking the beginning of life for both of them.” He paused to introduce special guests of honor, Dr. Hobbs’ two sons, Dr. Don Hobbs, who lives in Oregon, and John Hobbs, who is with IBM in North Carolina, plus his sister and her husband, Mr. and Mrs. Glen Dawson.

He concluded, “Bless you John, for what you are; bless you for permitting us to count ourselves among your friends, and bless you, Dorothy, for your place as Mrs. John E. Hobbs.”

Dorothy Hobbs had the honor of unveiling the portrait of her husband and introducing him for his response to the tributes that had been paid him, “I thought I was only going to have to pull some strings and unveil this portrait. Later I was told I would have the awesome responsibility of introducing the guest of honor. The man you have so lavishly honored is known as Paw-Paw to six marvelous grandchildren. So Paw-Paw, dear, if you could step down off Cloud 9…”

Dr. Hobbs thanked the speakers for taking the time to participate in the program. “I have enjoyed the encomiums they have bestowed upon me and I find them very flattering. I am humble yet elated and proud to be the recipient of this honor. The thing that sends my emotions into orbit is that you, my long-time friends and colleagues, have done this for me. I shall cherish the memory of this occasion the rest of my life. I am deeply grateful to you for making possible this moment of glory. It is my sincere hope to be forever worthy of your affection.”

Attendees give Dr. Hobbs a standing ovation after portrait presentation.
Barnes provides referral service to community

"We just moved here from Massachusetts," the caller said, "and my doctor there said to call Barnes Hospital when I got to St. Louis and they would give me the name of a good doctor at Barnes."

The caller is an example of persons who call Barnes Hospital daily to arrange to see a member of the Barnes medical staff. The hospital, with its widely-known reputation for excellence, receives many such calls each month, both from the St. Louis metropolitan area and from a wide portion of the United States. Some callers are from foreign countries. A frequent comment is that they want a doctor at Barnes because if they have to be hospitalized, they don’t want to go to any other place.

Loyce Rutherford, executive secretary in the President’s Office, is coordinator of the physician’s referral service which Barnes provides. A recent survey found that 440 persons had called Barnes during a two-month period and were referred to various members of the Barnes staff. "Most callers want to be referred to doctors with offices in or near the hospital. Many specifically object to offices in the county," she said.

As a result of the 440 calls, referrals were made to 150 physicians on the staff, all of whom have indicated that they would accept referrals from the hospital. Not all doctors want referrals and others limit their practice to areas which seldom require such referrals. (A referral means that the caller is "referred" to a specific doctor and that the caller is given the doctor’s address and phone number. A postcard is then sent to the doctor advising him of the referral.)

Mrs. Rutherford takes care of all phone calls or personal visits to the hospital by persons wishing to make an appointment with a doctor. She may advise callers to seek emergency treatment.

The recent survey reveals that of the 440 referrals made in two months, 147 were from outside the St. Louis metropolitan area and included such states as Florida, Illinois, Ohio, Arizona, New York, Pennsylvania, California and the District of Columbia. Two referrals were made for residents of Saudi Arabia who came into the office.

The largest number of referrals were made to the specialty of medicine although other specialties such as dermatology, surgery, cardiothoracic surgery, orthopedic surgery, oral surgery, plastic surgery, urology, obstetrics-gynecology, psychiatry, neurology, neurosurgery, and otolaryngology were represented.

"What we provide is a personal service," said Mrs. Rutherford. "Most of the time the persons I talk with have no ‘family’ doctor or they need the services of a specialist here at Barnes." She said she finds the most difficult problem is self-diagnosis by the caller. "I get a lot of calls from people who tell me what they think their problem is but they admit they have never seen a doctor about it."

The fact that the service is a personal one means that the callers possess very human qualities. One woman, after being referred to a doctor, called back later to explain that, while she is not sophisticated, she would prefer a doctor whose phone number did not have a "13" in it. Another caller, a man, wanted to arrange for his wife to have "that fat operation."

On questioning, he said his wife was slim but he wanted her to get rid of "stretch marks" so she would look good in a bikini. One woman called to get the name of a doctor who would perform a hair transplant for her balding husband. Once she was referred to a doctor, she said her job was only beginning because she then had to convince her husband he needed to see the doctor.

Not all of the calls Mrs. Rutherford answers demand the expertise of Barnes doctors. One caller wanted to know where to buy glass eyes. Another caller, from Colorado, wanted to know what the weather was like in St. Louis because he was coming to a meeting. "Mrs. Rutherford asked if he was referring to one of the many medical meetings at Barnes. He said, "No, I'm not coming to Barnes, but I do have a meeting in St. Louis and I knew I could get my answer by calling Barnes."

Mrs. Rutherford gave him the weather report, but did not mention the minor earthquake which had occurred that morning.

Nurse spends vacation working in Haiti

Sleeping on a dirt floor and traveling by donkey are not everyone’s idea of an ideal vacation, but for Shirley Bradford, head nurse on 11100 at Barnes Hospital, they were part of an interesting two weeks spent recently on Haiti in the Caribbean Sea.

Miss Bradford, along with 48 other persons, was part of a group sent by the Charles Chapman Evangelistic Association of St. Louis. Each person financed his own trip, flying from St. Louis to Port-Au-Prince via Miami, at the cost of $450.

"It was a group of people from all over Missouri, Oklahoma, and Illinois going down to do different things," she explained. They dug wells, built churches, painted existing churches, taught hygiene and treated Haitians for various diseases.

Haiti occupies the western third of the island known as Hispaniola, the second largest of the West Indies. It is known as Hispaniola, the second largest of the West Indies. The official languages are French and Creole, a dialect, is spoken by the majority.

Miss Bradford was a member of the medical team, which also included a nursing student, a housewife, an evangelist and two interpreters, which worked in a mountain village called Terre Blanche, meaning “white earth.” They first had to set up an outdoor clinic by digging holes in the ground with machetes, setting up poles and making a roof with coconut leaves. Miss Bradford, being the only nurse in the group, had to first teach her compatriots how to do dressings and how to recognize and treat various diseases.

"These people had never had health care of any sort," she said. "Medical attention in the area was negative." She said that the closest doctor was at least one day’s walk away.

News of the medical team traveled mainly by word of mouth. They treated malaria, TB, malnutrition, vitamin deficiencies, elephantiasis, burns and skin diseases. "The biggest things were malnutrition and dehydration," she said. They treated many of the problems with antibiotics and vitamins, the drugs having been donated by various drug companies, and saw many results in three days.

Blacks comprise over 90 percent of the population of Haiti, the remainder being mixed-descendants of both slaves and French settlers. Because many of the Haitians had never seen white persons before, the children would come up to the visitors to touch them. "In the areas we went to, the people were glad to have us," she stated.

Living conditions in Haiti were very primitive, with the group members sleeping in sleeping bags on the dirt floor of the church, which was plagued by rats and tarantulas. Two weeks spent without running water, electricity and a bathroom were demanding on the workers. Miss Bradford did point out that Port-Au-Prince was a good place to go for a vacation because everything was inexpensively priced. One night’s lodging with three meals cost approximately $8, and she brought home lots of souvenirs for about $40.

Before the group left the mountain village, heavy rains caused the trails to become impassable for the jeeps which had brought them there so they had to use donkeys and horses.

Miss Bradford, who is very enthusiastic about her recent trip to Haiti, plans to return next August and already has several Barnes nurses on her floor interested in making the trip. She recommends it for “somebody with lots of patience, lots of endurance and who’s really very committed to what they’re doing.” She especially enjoyed the experience because it gave her an opportunity to use her nursing skills without any administrative duties. "It’s just you and the people," she said.

Horse show benefits Kilo Foundation

St. Louis’ long and colorful tradition in horse shows was revived in October when the St. Louis Charity Horse Show was held at Queeny Park to benefit the Charles Kilo Diabetes and Vascular Disease Research Foundation. The show was planned as a revival of the old St. Louis National Horse Show, which was one of the nation’s premier events from about 1900 to 1950.

The Kilo Foundation was founded in 1972 by Dr. Charles Kilo, Barnes diabetes specialist and Dr. Joseph Williamson, Barnes pathologist. They have researched diabetes and vascular disease for more than 30 years.

Funds provided by the foundation have been used to help purchase several items of equipment, including a $140,000 electron microscope, which benefits many diabetes investigators at Barnes Hospital. Drs. Kilo and Williamson have engaged in numerous collaborative studies at Barnes, including a study on eye disease and diabetes with Dr. Stephen Wahlman, and a study on platelet factors and vascular disease in diabetics with Dr. Henrik Jonat.

Future research plans include determining the cause of vascular disease in diabetes, developing new methods for detection of large vessel disease, improving treatment of the diabetic and establishing a center for education of the diabetic family.

Funds from the foundation also provide salary support for a research fellow at Barnes, Dr. Norman Fishman.

Dr. Kilo’s and Dr. Williamson’s current work, supported in part by the Kilo Foundation, has established that the existence of higher-than-normal blood sugars over a period of several years causes small blood vessel disease and accelerates large blood vessel disease. This can result in heart attack, stroke, gangrene, blindness and kidney disease.
IN MEMORY OF:

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James & Betty Fithian

Pauline Wiegand
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M/M Eugene H. Buder
Dr. & Mrs. Harold Roberts
M/M Frank J. Petelik
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Minnie Froeschner
Opal Glaund
Charles Gmoser
Richard Goldman
Lillian Grand
Vesta Hamrick
James Hansenberger
Frieda Hee
Gloria Hobgin
Ruth A. Hunter
Leonah Huemann
Freda L. Johnson
Lillian M. Johnson
Ralph K. Kinyon
Carl Koscheck
Tina T. Lee
Aloys H. Litteken
Beulah L. Black
Bet McChleeg
James Maritz, Jr.
Gilma McGhee
Elmer A. Molyneux
Stanley Maer, M.D.
Dr. & Mrs. Harold Roberts
M/G Frank J. Petelik
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Frieda Heer

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Lillian Grand
Josephine Bock
Verda E. Bietsch

M/MM Frank J. Petelik
M/Vernon Goedeker

IN MEMORIAL OF:

Tillie Nornberg
Jr.

IN MEMORY OF:

Dr. Herbert Wiegand’s mother
Mrs. Ralph Pipper

Andrew J. Angers
The Charles M. Faulkner Family

Frederick H. Pruitt
Mrs. Frederick H. Pruitt

Hazer Saillo

OTHERS:
Grace Rissing
Laura Wadsworth
Bessie McCullin
Mrs. C. O’Brien

IN HONOR OF:

Dr. Thomas B. Ferguson
M/M H. F. Delandt
James R. Eads
Viola E. Erwin
Harold C. Fehl
Thomas B. Ferguson, M.D.
M/M Joe Glassman
Augusta Gregory
M/MM Gordie Gabin
Floyd J. Godwin
M/M Michael Hudsky
Paul F. Homsher
Herschel R. Howell
Dorothy R. Jarboe

IN MEMORY OF:

Mrs. John E. Hobbs
Bebe & David Krem
Mr. Robert S. Corwin

M/MM Art Elsperman’s 50th Wedding Anniversary
Bebe & David Krem
Dr. & Mrs. John E. Hobbs

Martha Ramsey
Barnes Hospital Auxiliary

Victor Schulein’s Birthday

Annual Charitable Fund

H. S. Bassett
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John and Anne Lehmann Endowment Fund

Anne Lehmann

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Norman P. Knowlton
William Merritt
Florence K. Harrod
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Emergency Service Fund

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Manufacturers Steel Supply Co., Inc. Endowment Fund

Eagle Range & Mfg. Co.

Tim Haselmemor Memorial Fund
M/MM Steve Haselmemor
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Scott Jablown Endowment Fund
M/MM Louis Jablown
M/MM Scott Jablown

Mrs. Samuel Kumm

Named top ten doctors in St. Louis

According to the October issue of St. Louis magazine, the top ten doctors in St. Louis are Drs. David Goldberg, William Landau, Philip Dodge, Thomas Ferguson, David Alpers, Jack Zuckner, Bevra Hahn, Edward Okun, David Kipnis and Henry Schwartz. All are associated with Barnes Hospital and WUMC except Dr. Zuckner, who is with St. Louis University Hospitals.
Brace clinic meets monthly

The monthly amputee-brace clinic, under the direction of Drs. Leo Whiteside and Jordan Ginsburg, orthopedic surgeons, at the Irene Walter Johnson Institute of Rehabilitation is geared toward patients who lose a limb.

The clinic is staffed by an occupational therapist, physical therapist, social worker, prosthetist and orthotist in addition to the two physicians. According to Dr. Whiteside, they discuss the patient's history, examine him and determine what needs to be changed in his treatment.

"We decide what's best for their social situations," Dr. Whiteside said. He recommends the clinic for any amputee although right now most of the patients are older adults with basically lower extremity problems.

Dr. Whiteside pointed out that the clinic is one of the few places where the doctor gets together with the therapists, social worker, prosthetist and orthotist to discuss the patient's problems. Each patient, most of them sent to the clinic by doctor referral, is encouraged to attend the monthly clinics for a certain period of time.

Hospital notes

Dr. Samuel B. Guze, Barnes psychiatrist-in-chief, has been elected to membership in the Institute of Medicine of the National Academy of Sciences. Membership is based on professional achievement and demonstrated interest, concern and involvement with critical issues in health sciences, care, education and prevention of disease.

Dr. Jack Hartstein, Barnes ophthalmologist, was one of two guest speakers at the semi-annual meeting of the Connecticut Society of Eye Physicians held at Yale University School of Medicine September 29. He spoke on "Ultrasound A and B scan for determination of intraocular lens power and ocular pathology" and "Current status of extended wearing contact lenses."

Dr. Bernard Garfinkel was elected president-elect at the October 19 meeting of the Barnes Hospital Society. Dr. Edward Miller was elected to the council for a three-year term.

Dr. David Kerr dies; was pulmonary specialist

Dr. David N. Kerr, Barnes physician-emeritus, who specialized in pulmonary diseases, died at his home in University City on September 30 at the age of 62.

Dr. Kerr had been associated with Barnes all of his professional life. He graduated from Washington University School of Medicine and served on Barnes house staff from 1940 to 1947, when he was appointed to the attending staff. He requested emeritus status in 1976 because of poor health.

Dr. Kerr was president of the Barnes Hospital Society in 1959, having served that organization as secretary-treasurer in 1952-53. He is survived by a daughter and two sons.