Barnes named nation’s fourth best hospital

Of 7,000 hospitals in the United States, Barnes has been rated as the nation’s fourth best according to a poll of 250 medical administrators appearing in the November issue of Good Housekeeping magazine. This marks the sixth time in four years that Barnes has been listed in a national survey of top hospitals. It is the second time this year that the hospital has been recognized as an outstanding medical facility—in June, Barnes was ranked among the top hospitals in a study by John Pekkanen published in Town and Country magazine.

The administrators surveyed in the Good Housekeeping article cited teaching hospitals affiliated with medical schools as many of their top choices because they are “the most likely to maintain high standards, stay abreast of the latest advances, and keep their equipment up-to-date for training and research purposes.” In terms of overall patient care, the administrators added that “teaching hospitals frequently serve as referral centers for the most difficult cases and often attract the best staff.”

Barnes is a teaching hospital affiliated with the Washington University School of Medicine.

Hospital accreditation was also an important factor in the administrators’ decisions. Accreditation is a voluntary process which is granted only after a hospital has agreed to, and passed, a strict quality review and safety survey by the Joint Commission on Accreditation of Hospitals (JCAH). Barnes Hospital is accredited by the JCAH.

The other hospitals on the list according to rank are: (1) Massachusetts General Hospital; (2) Johns Hopkins Hospital; (3) Mayo Clinic (through Rochester Methodist Hospital and St. Mary’s Hospital); (5) Presbyterian Hospital (Columbia-Presbyterian Medical Center), New York; (6) University of California-San Francisco Moffitt/Long Hospitals; (7) Brigham and Women’s Hospital; (8) New York Hospital-Cornell Medical Center; (9) Duke University Hospital; (10) Stanford University Hospital; (11) Hospital of the University of Pennsylvania; (12) University of California-Los Angeles Medical Center; (13) Methodist Central Hospital, Dallas; and (14) Cleveland Clinic Hospital.

BHS sponsors annual banquet December 6

Members of the Barnes Hospital Society are invited to attend the organization’s annual banquet December 6 at the University Club of St. Louis, 1034 S. Brentwood. The evening will begin with a 6:30 p.m. cocktail hour, followed by a 7:30 p.m. dinner.

The BHS is comprised of nearly 800 doctors on the Barnes/WU staff who are pledged to “secure the development of Barnes both as a source of community service and as a center for medical progress.” Dr. Willard B. Walker, general surgeon, is currently serving a two-year term as BHS president. Reservations and ticket information for the banquet are available through the medical staff office, (314) 362-2255.

Barnes raises record $102,000 for United Way

Barnes employees donated a record $102,000 to the United Way during a pilot campaign earlier this fall, setting the pace for other major St. Louis businesses and health care facilities. The donation, the largest in Barnes’ history, surpassed this year’s goal by more than $10,000 and represents a nearly 15 percent increase over the $89,000 raised in 1983.

“Our employees’ contributions to the United Way this year are especially significant in light of the fact that Barnes has been undergoing tremendous fluctuation in response to the changing world of health care,” says hospital president Robert E. Frank. “That our employees gave so generously is a striking statement of concern for their fellow man—concern that is exemplified on-the-job and beyond.”

Funds collected during the annual United Way campaign help support more than 100 health and human service agencies located throughout the bi-state metropolitan area. Statistics show that one in three persons, nearly one million each year, benefits directly from United Way programs.
Mrs. Weber. “We will never be able to do away with burn injuries completely, but if we can correct behavior patterns in younger children that are not in their best interests, perhaps they in turn, as they reach adulthood, will teach their own children and we’ll begin to have an impact on this terrible, terrible tragedy.”

Area schools, day care centers and other groups interested in having a “Fire-Wise” seminar should contact Barnes speaker’s bureau, 362-5290.

**ASP Midwest to donate funds to burn unit**

A three-month program to benefit Barnes Hospital’s burn intensive care unit has been announced by American Safety Products (ASP) Midwest, a St. Louis distributor of fire extinguishers. The company will donate $2 to Barnes for each fire extinguisher sold between October 1 and December 31.

The purpose of the project is to support Barnes Burn Center, which provides intensive one-on-one care for burn patients during their initial crisis period, and to promote fire safety, according to Sam Malek, ASP Midwest president and founder. Mr. Malek initiated the program last year to coincide with National Fire Prevention Week, which is held annually in October.

Barnes’ original burn intensive care unit opened 1965 as one of the nation’s first non-military burn ICUs. Since that time, burn treatments developed at Barnes, including the use of silver nitrate, have become standard throughout the world. Barnes’ current Burn Center opened in the West Pavilion in 1981. It is directed by Dr. William W. Monafo, a Barnes/WU surgeon who also was recently named director of the emergency department.

**Wishing Well shops gearing for holidays**

Under the guidance of new manager Lynn Boice, a 20-year veteran of retailing who most recently served as a principle buyer for the Pettymark gift shop chain, the Wishing Well Gift and Flower Shops are gearing up for the holidays with one-of-a-kind selections and unusual gift ideas in all price ranges.

Christmas tree ornaments, boxed Christmas cards, an expanded home accessories and men’s line are just some of the changes now being implemented to help Barnes’ patients, visitors and staff with their holiday shopping.

The Wishing Well Flower Shop is continuing its “excellent work with fresh flower arrangements,” according to Mrs. Boice, who also notes that color-coordinated dry and fresh flower arrangements for the home, as well as Christmas wreaths, can be ordered in advance either in person or over the phone (362-1637).

Both the gift and flower shops are sponsored by the Barnes Hospital Auxiliary and are operated through the Auxiliary’s volunteer services program. Although both areas employ paid staff members, volunteers act as buyers and assist with ordering, stocking, cashiering and other aspects of customer service. (The Wishing Well Gift Shop serves about 3,100 customers per day.) Proceeds are donated annually to Barnes. Past gifts have helped build the hospital’s cardiothoracic intensive care unit and the new emergency department-trauma center now under construction.

The Wishing Well Shops are open weekdays from 9:30 a.m. to 7:30 p.m., and weekends from noon to 5 p.m. They are located on the first floor of the East and West Pavilions.
Robert S. Nowack named director of perfusion

Robert S. Nowack has been named director of Barnes perfusion department. Mr. Nowack was previously a staff perfusionist in the department of Thoracic Surgery at the University of Oklahoma Health Sciences Center where he provided perfusion services at Oklahoma Memorial and Oklahoma Children’s Memorial Hospitals.

Mr. Nowack has a bachelor of science degree in respiratory therapy and master of education degree in health occupations education. He was an assistant professor in the University of Oklahoma’s department of cardiorespiratory sciences for five years. He is a member of the National Board of Respiratory Therapy, as well as the American Board of Cardiovascular Perfusion.

Activity therapy sponsors free program

“Frameworks for Understanding Depression” and “Phobias” will be discussed on November 27 and December 11, respectively, as part of activity therapy’s continuing mental health series for Barnes patients, visitors and staff. The bi-monthly sessions are free and provide information on topics ranging from managing stress to schizophrenia.

Kathy Orms, coordinator for “Frameworks,” a support group for families of patients suffering with depression, will be the guest speaker at the November 27 session. Dr. James L. Rutherford, Barnes-WU psychiatrist, will be guest speaker for the December 11 program on phobias.

Each program begins at 7 p.m. and is held in the activity therapy conference room on the 14th floor of the West Pavilion. Reservations are not required. For more information, call 362-3086.

Annual reception honors Barnes volunteers

Barnes volunteers, who have contributed more than 56,500 hours of service this year, will be the guests of honor at a reception given by the hospital’s directors and administrators on December 7 in the Queeny Tower Restaurant.

The annual reception honors Barnes volunteers, who work in such areas as admitting, dispatch, the activity therapy center and the Thoracic Surgery at the University of Oklahoma Health Sciences Center where he provided perfusion services at Oklahoma Memorial and Oklahoma Children’s Memorial Hospitals.

Barnes cardiac diagnostic laboratory (CDL) is currently installing equipment and providing technician training for hospitals in outlying communities in Missouri and Illinois through a new outreach program that includes both technical and professional assistance in holter monitoring and echo-cardiography.

In cooperation with private cardiologists on the Barnes-WU staff, Barnes is providing three or more holter monitors and echocardiography units, depending upon each hospital’s needs. Holter monitors are portable electrocardiograph machines that can detect disruptions or abnormalities in heart rhythm that occur too infrequently to be diagnosed through a standard ECG. Echocardiograms use ultrasonography to give a visual presentation of the physical function of the heart and reflected strength of the heartbeat.

As part of the outreach program, Barnes will pick up the recorded tests by private courier and analyze them in the CDL through technician editing and the department’s state-of-the-art computer. These results are then sent immediately for professional review by Barnes cardiologists, who in turn dictate their report to the hospital’s medical records department. The signed copy is then dispatched.

So far, six hospitals are participating in the program, including ones in Salem, Farmington, and Troy, Missouri, and Breese, Red Bud and Murphysboro, Illinois. More are currently negotiating for holter monitoring, echo and other services.

The primary advantage of the outreach program is that it enables smaller institutions in outlying communities to utilize Barnes’ resources without large capital expenditures for equipment and staff, according to Henry E. Blamy, Sr., CDL technical director. “Many hospitals simply don’t have the financial means to support a complete diagnostic and therapeutic program in cardiology,” Mr. Blamy says. “Our program allows these smaller hospitals to offer their patients the same state-of-the-art services we have here and at a reasonable rate.” The fast turnaround time for reporting results is also a key feature, he says.

Barnes also benefits as patients who need further or more advanced diagnostic testing or those whose condition requires tertiary care will be referred here for further evaluation and treatment.

Screening program helps detect breast cancer

The fear of breast cancer is a common one among women, but fear is no reason to try to ignore the reality of the disease. That’s why Barnes Hospital has established BreastScreen, a program which offers women not only a complete breast exam, but also instruction in the technique of breast self-examination.

A BreastScreen visit includes a complete breast examination by a Barnes doctor and an x-ray of the breasts. Next, the examining doctor consults with the woman to discuss the results of the mammogram (x-ray). A videotape instruction in breast self-examination follows, with a one-on-one instruction in the technique of breast self-examination by a Barnes nurse specialist.

Although monthly self-examination is an important key in the early detection of breast cancer, it is not a substitute for a doctor’s examination. The mammogram is also a crucial diagnostic tool, since it routinely pinpoints very small tumors in the early stages of development. If the tumor is small, and if it is detected early, the chances are good for successful treatment.

While eight out of ten lumps found are not cancerous, it is important to be familiar with all possible methods of examination to make early detection possible. For more information, to make an appointment, or to obtain a free brochure, call BreastScreen at 362-1390.

Free diabetes screening offered November 27-28

As part of National Diabetes Month, Barnes is offering a free diabetes screening test aimed at discovering “unknown” diabetics November 27-28. The screening, which is open to the public, will be held from 8 a.m. to 8 p.m., in the Health Education and Screening Center.

Those interested in having their blood sugar level examined should eat a carbohydrate-rich meal such as a hamburger, french fries, coke or whole milk, apple or cherry pie, two hours before testing and should not be on a weight-reducing diet for three days prior to the screening. Anything other than the high carbohydrate meal should not be consumed during the two hours preceding the test.

Participants will be given an informational flyer indicating their blood sugar levels. Those with abnormally high or low levels will be referred to their private physicians, or, if they do not have an internist, to a diabetes specialist at Barnes. (Clinic referrals as well as information on other diabetes resources at Barnes will also be available.)

Children under 18 years of age must be accompanied by their parent or legal guardian in order to be tested. Known diabetics, including borderline cases (mild diabetics) will not be tested. For more information, call Barnes Health Education and Screening Center, 362-1390.

Scholarship check given

Robert S. Nowack
Twice each year, Barnes Hospital hosts a dinner program and awards ceremony to honor those employees who are celebrating 10, 15, 20, 25, 30, 35, 40, 45 or more years of service. During this fall’s dinner November 9 at the Radisson St. Louis Hotel, 161 such employees were honored, including 71 with 10 years of service, 42 with 15, 31 with 20, 12 with 25, six with 30, one with 35 and one with 45 years of hard work and dedication to Barnes!

What’s it like to work here for so many years? What makes a person stay? What are the rewards and frustrations of health care occupations? How have the jobs changed at Barnes during the last 30 years? What memories will never be erased after a lifetime of service here?

The Bulletin asked eight honorees, all with 30 or more years of service, these questions. Their answers, candid and often surprisingly refreshing, make interesting reading and offer a perspective on life and work that deserves emulation.

—The Editor

Paying the bills for a medical center the size of Barnes, the nation’s fifth largest private, non-profit hospital, is not an easy task. Accounts payable supervisor Madge Geringer should know, she’s been doing it for 30 years now. To say that it’s a job that requires diligence, patience and perseverance is an understatement: the department has issued more than 21,000 checks and handle over 59,000 invoices this year.

"Everything the hospital buys, from food to medicine to construction contracts to gift shop items to printing, we pay for," says Mrs. Geringer, a 45-year veteran of Barnes who started out as a nursing division secretary. "The days and years go by so fast. If you find something you like to do, you take the good with the bad and call it all a day's work. People sometimes ask me why hospital costs are so high. They simply don't realize how much work goes on behind-the-scenes to keep a place like this running smoothly!"

Reading about the last decade’s technological explosion is one thing, living it is another. For 35-year honoree Mildred Brocksmith and 30-year honoree Maxine Loucks, technological advances have changed dramatically their jobs and their profession.

"There have been tremendous changes in anesthesia and in nursing over the years, and more are being implemented all the time," says Miss Brocksmith, a registered nurse who joined Barnes when surgical patients were given ether anesthesia and sent directly to their floors to recover. She became head nurse of post anesthesia recovery in 1952, in the area’s second year of existence, and served in that position until 1977. Recently, she switched to the pre-operative holding area in order to enjoy a less strenuous pace before retiring.

"There is more reliance on technology now and less on the nurses’ observations, she says. "Nurses have to know much more about the equipment and procedures than they used to and it’s very important for them to keep up through medical and nursing journals. Technology will never replace a nurses’ insight, however. I think it’s important to have both."

The advent of operating room microscopes, miniscule surgical instruments, ultrasonic procedures and laser therapy are just some of the changes that Mrs. Loucks, a 30-year veteran of Barnes’ operating rooms, has witnessed. "With the changes in technology, nursing as a profession has grown," she says. "While nurses are still required to have basic skills in each area, there is a growing tendency to specialize. An enormous amount of time must be invested by the individual to keep up with the advances being developed. Nursing is always a challenge; it is always interesting. But anyone considering it as a career has to be willing to give it a lot of time."

Changes of a different sort have kept Dorothy Wilton enthusiastic about her job as a medical records clerk for the last 30 years. It’s hard to imagine Barnes’ nursing divisions and departments getting much work done without the 129-member dispatch department, but Miss Wilton remembers when a good part of her job included shuttling records from patient floors to doctors’ offices, medical records and other areas. She also has vivid memories of the pre-computer and microfilm days, when rec-
ords were stacked floor to ceiling and retrieved via a dumb waiter in one area and a rolling ladder in another. “One day a friend and co-worker of mine—who happened to be very heavyset—sailed clear around the room on that ladder! It scared us both to death; I always took my time going up and down after that!”

Glen Noser, a 30-year veteran of plant engineering, has fond memories of the 60’s and 70’s, as Barnes’ rapid growth resulted in “building after building being constructed.” “It was an exciting time, everything was moving so fast,” says Mr. Noser. “It seemed as if we were always tearing a building down or putting a new one up.”

Helping others and the sense of being helped in return may be missing in some large, “high tech” corporations today, but at Barnes, the personal touch is seen as an essential and highly valued aspect of working here by many longtime employees. It can come from a patient, co-worker, doctor or supervisor, but when it comes, it creates a memory that will last a lifetime.

“But caring for people, keeping them comfortable, helping them recover, this has made my job rewarding,” says Ida Morris, who spent nearly 30 years as a nurse assistant on Barnes’ medical nursing divisions, including 10 years on the tenth floor of Rand-Johnson. Although her switch to the housekeeping department under the hospital’s internal transfer program was hard emotionally, the support of her co-workers, both on 10200 and in her new department, has made her thankful for her years at Barnes.

“On my last day on 10200, my co-workers gave me a beautiful surprise party. All the girls came, even my head nurse who was out on maternity leave at the time, as well as others with whom I had worked over the years,” explains Mrs. Morris. “It made me realize that I have made some very real friends here. I feel that I’ve really been blessed!”

Her co-workers’ support when she left nursing service for housekeeping also has resulted in special memories for Imma Norris, who spent the last 18 of her 30 years of service in Barnes’ premie nursery, caring for the hospital’s tiniest patients. “The girls on my floor treated me to dinner and made me a book, filled with photos of the babies I had cared for,” recalls Mrs. Norris, who is currently writing a book, called Butter Your Own Bread, about her experiences in carving out a happy and fulfilling life “on (her) own.”

“I’ve gained a world of experience, knowledge and feeling in every phase of life,” says Mrs. Norris. “It’s very rewarding. I have memories that will never be erased.” One such memory was created through the selfless outpouring of care and concern from her co-workers toward a patient who faced surgery for an abdominal tumor and the upcoming birth of her first child.

“This woman was from the country and her husband was 90 percent disabled, so they didn’t have much money,” recalls Mrs. Norris. “We just took her under our wing. The sewing department made a complete wardrobe for the baby, our staff contributed money and baby things and the housestaff doctors donated their own blood so she wouldn’t have to ‘pay back’ the blood bank after she was discharged. (Several years ago, because of a national blood shortage, patients were required by the American Red Cross to replace any units they were given during surgery or hospitalization.) When she left, the people in discharge thanked her for coming and said that they hoped she enjoyed the baby. The entire bill, which even back then was in the thousands, was paid for by the United Charities. It was the most wonderful thing to see happen.”

“It’s a matter of loving life,” says Deiores Travis, a nurse technician and 30-year member of the hospital’s newborn nursery staff, trying to explain her feelings toward her work. “A newborn is so innocent. Each baby has a different personality; they recognize certain things. A newborn doesn’t show any animosity and they’re so intelligent you can just lose yourself with them and forget about everyday problems.”

RN Mildred Brocksmith helped Barnes launch a then new idea in the care of surgery patients—post-anesthesia recovery. She became head nurse of Barnes’ PAR in 1952 during its second year of existence.

Barnes’ babies receive a lot of love and attention from nurse technician Deiores Travis, a 30-year honoree at the November 9 Service Awards Dinner. “Babies are so innocent,” she says. “You can forget about everyday problems when you care for them.”

Medical records clerk and 30-year honoree Dorothy Wilson has vivid memories of a co-worker sailing around the records room on the sliding ladder used to reach hard-to-reach documents before computers and microfilm made record retrieval easier.
Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. In 1983, more than 900 queries from broadcast and print media representatives were made to the hospital requesting that Barnes medical and professional staff elucidate current health care concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include:

The two sets of triplets born at Barnes within one week of each other were featured in television news segments on KMOV, KTVI and KSDK on September 20, as well as in articles on September 21 in the St. Louis Globe-Democrat and St. Louis Post-Dispatch.

The diabetic insulin pump in use here and at other major medical centers was the subject of a September 23 article in the Rock Island, Illinois, edition of the Argus.

Fire safety and the Barnes Burn Center's "Fire-Wise" program for children were discussed in an October 4 segment on KMOV-TV. Burn center RN Mary Budd was interviewed.

Barnes' BreastScreen program, which promotes early detection, diagnosis and treatment of breast cancer, was the subject of an October 5 segment on KMOV-TV. Dr. Jerome Levy, Barnes/WU general surgeon, was interviewed.

Barnes' designation by Good Housekeeping magazine as one of the nation's top five hospitals was featured in newspaper articles and television and radio segments throughout Missouri during the month of October. Local coverage included the St. Louis Post-Dispatch, St. Louis Globe-Democrat, South County Journal, North-Northwest County Journal, television stations KSDK, KMOV and radio stations KMOV, KSDK, KSTZ, KUSA, WIL, KY9B, KS94 and KWMU.

Dr. Paul R. Manske, Barnes/WU orthopedic surgeon-in-chief, discussed hand implants for arthritis sufferers during a weeklong series of radio spots on KMOV that aired October 22-26.

Baby Fae and baboon to human heart transplants were discussed by Dr. James L. Cox, Barnes/WU cardiothoracic surgeon-in-chief, during an October 30 radio segment on KMOV.

High risk, diabetic pregnancy and birth and the importance of state-of-the-art prenatal care for both mother and baby were featured in a two-part series by KMOV-TV medical reporter Al Wiman. Dr. Lee A. Rigg, Barnes/WU obstetrician and diabetic specialist, was interviewed for the reports, which aired November 1-2.

Dr. Jay M. Marion, Barnes/WU oncologist, updated advances in cancer diagnosis and treatment for a November 4 segment on KMOV-Radio.

Suction lipectomy, a relatively new surgical procedure available at Barnes in which unsightly fat deposits were discussed by Dr. V. Leroy Young, Barnes/WU plastic surgeon, during a November 5 segment on KMOV-Radio.

"Unmasking Depression" was the title of a medical series written and narrated by Channel 2's Kathryn Pratt which aired November 5-9. Among those contributing to the series was Dr. Paul M. Packman, Barnes/WU psychiatrist.

The Barnes Bulletin's next issue will be mailed January 1, 1985. Free subscriptions are available by calling the public relations department, 362-5290.

Dr. Thomas elected to two national posts

Dr. J. Regan Thomas, Barnes/WU otolaryngologist and facial plastic surgeon, has been elected to posts with two national medical associations.

He has been named a member of the board of directors and education chairman of the American Academy of Facial Plastic and Reconstructive Surgery, Inc. Dr. Thomas is also one of only seven doctors nationwide to be appointed to the American Medical Association's Committee on the Young Physician—a new committee charged with identifying and responding to the needs of physicians under age 40.

Breast cancer update set for November 28

Barnes Hospital medical and professional staff members are invited to attend a symposium on breast cancer which is being held from 5 to 7 p.m., November 28, in the East Pavilion Auditorium. The program is being sponsored by the hospital's cancer committee and features a series of lectures on the state-of-the-art in diagnosis, staging, treatment and follow-up of cancer patients.

Dr. Alex Denes, Barnes/WU oncologist, will serve as moderator. Guest speakers, all Barnes/WU staff members include: Dr. John S. Meyer, pathologist; Dr. Robert Kuske, radiation therapist; Dr. V. Leroy Young, plastic surgeon and reconstruction specialist; Karen Greening, oncology social worker; Judith A. Herron, assistant director of Barnes medical records department and tumor registry director.

The symposium is part of the cancer committee's quarterly series of lectures on cancer. Category I continuing medical education credits are available.

The t-PA subject of second annual Massie lecture

Tissue plasminogen activator (t-PA) and other special agents used to dissolve blood clots during heart attack were discussed by Dr. Sol Sherry, a former Barnes/WU staff member, during the second annual Edward Massie Lecture in Cardiovascular Disease held October 30 at the Washington University School of Medicine.

Tissue plasminogen activator is an experimental chemical which can safely stop a heart attack in progress by dissolving the blood clot blocking a coronary artery. The results of the first clinical trial of the drug in the world were published last March in The New England Journal of Medicine by Barnes/WU staff members. Dr. Sherry, former chairman of WUMS department of medicine, is now physician-in-chief at Temple University Hospital.

The annual lecture is sponsored by the division of cardiology to honor Dr. Edward Massie, a cardiologist who has served on Barnes' active staff for 45 years, including 33 years as director of the hospital's heart station (now the cardiac diagnostic laboratory). Dr. Massie is also professor emeritus of clinical medicine at WUMS.

Hospital notes

The following are reported on staff: Drs. R. Morton Bolman, Ill, assistant cardiothoracic surgeon; Keith Bridwell, assistant orthopedic surgeon; Nicholas T. Kouchoukos, assistant cardiothoracic surgeon (effective 12/1/84); John A. McDonald, assistant radiologist; David McNaney, assistant radiologist; Joel S. Perlmutter, assistant neurologist; Roy H. Petrie, obstetrician/gynecologist; S. Mark Poler, assistant anesthesiologist; Lawrence H. Schoch, assistant ophthalmologist; Esther Sterberg, assistant physician; Maxine Tabas, assistant dermatologist.

Dr. William D. Owens, Barnes anesthesiologist-in-chief and head of the department for the Washington University School of Medicine, has been elected to serve a four-year term on the board of directors of the American Board of Anesthesiology. Dr. Owens also serves as medical director for Barnes' respiratory therapy department and co-director of the hospital's surgical intensive care unit.

Dr. Geoffrey Herzig, Barnes/WU oncologist and director of Barnes' bone marrow transplant center, was a guest speaker at an October 24 conference on bone marrow transplantation sponsored by the Oncology Nursing Society and the American Cancer Society. The program was held for registered nurses and other health professionals interested in alternate treatment modalities for cancer patients. In addition to Dr. Herzig, who discussed donor selection, other Barnes staff members on the conference faculty were oncology nurse specialists Mary V. Dyer and Paula Goldberg. They discussed nursing care of the immunosuppressed patient.

Dr. John J. Delfino, Barnes oral-maxillofacial surgeon-in-chief, has been elected a Fellow in the American Association of Hospital Dentists. Dr. Delfino was cited by the AAHD for his outstanding contributions to hospital dental practice and special patient care.

Drs. G. Leland Nelson and William A. Murphy, Barnes/WU radiologists, have been named 1984 Fellows of the American College of Radiology.
$25,000 VFW grant to purchase equipment

A generous $25,000 Cancer Research Grant from the Ladies Auxiliary to the Veterans of Foreign Wars of the United States National Headquarters in Kansas City, Missouri, will be used to purchase a key piece of sophisticated equipment that will help researchers classify various types of blood cells, according to Timothy Butler, Barnes assistant treasurer and director of development.

Called a cytometer or "cell sorter," the machine will be used by the hospital's departments of pathology and laboratory medicine to determine new ways of tailoring treatment to meet individual cancer patients' needs. "This grant will help us to advance our knowledge and to create clinical applications using cellular immunology in the treatment of cancer," said Mr. Butler when accepting the grant on September 15. Barnes hopes to see the first patient benefit from the VFW grant by the end of the year.

September baby boom brings pair of triplets

A mini baby boom occurred recently at Barnes when two sets of triplets were born here within one week. The first set—three boys weighing 3 lbs., 2 oz. to 3 lbs, 12 oz.—was born September 11; the second set—three girls weighing one-third fell into the high risk category.

Of Barnes' 2,792 deliveries in 1983, approximately 1 in 25 were triplets. Of these, one-third fell into the high risk category. Of Barnes' 2,792 deliveries in 1983, approximately 1 in 25 were triplets. Of these, one-third fell into the high risk category.
“Health Matters” series continues on Channel 9

Space-age surgery, spinal injury, depression, smoking, reversing infertility, advances in diabetes, diagnostic imaging and breast cancer are the topics that will be discussed during November and December on “Health Matters,” a weekly series of documentaries on Channel 9 sponsored by Barnes and other sponsoring institutions of the Washington University Medical Center.

Space-age surgery, featuring Dr. V. Leroy Young, Barnes-WU plastic and reconstructive surgeon, and Pam Grassi, occupational therapist and director of the hand center, aired at 7:30 p.m. on November 11 and again at 11:30 a.m. on November 17. (A different segment will air each Sunday and again the following Saturday at these same times.)

The 26 one-half hour segments were produced by Medstar Communications Inc., in conjunction with Barnes, Jewish and Children’s Hospitals, the Mallinckrodt Institute of Radiology and the Washington University School of Medicine.

$79 million in free medical care provided

More than $79 million in free medical care was provided during the 1983 fiscal year by institutions that comprise Washington University Medical Center, according to the WUMC annual report published in September. That figure represents an increase of approximately $13 million over 1982. Barnes alone accounted for over $33 million in charity care.

In addition to Barnes, other sponsoring institutions of WUMC are Children’s, Jewish, Barnard Free Skin and Cancer Hospitals, Mallinckrodt Institute of Radiology, Central Institute for the Deaf, Washington University School of Medicine and, according to a September 18 announcement by the center’s board of directors, the Washington University School of Dental Medicine.

Dr. Marion to address SHARE meeting

Dr. Jay M. Marion, Barnes/WU oncologist, will continue his discussion of “What is cancer?” at the November 29 meeting of S.H.A.R.E. (Support Has A Reinforcing Effect), Barnes’ breast cancer support group. Dr. Marion also served as guest speaker at S.H.A.R.E.’s October meeting.

Dr. Marion will begin his presentation at 7 p.m. in Barnes’ Health Education and Screening Center (ground floor, West Pavilion). The meeting is free and open to all women who have, or have had, breast cancer. The next educational program sponsored by S.H.A.R.E. will be held at 7 p.m., January 17, in the Health Education and Screening Center. For more information, call Karen Greening, 362-5585.