

# Bulletin Barnes

Barnes Hospital, St. Louis, Mo.  
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## Michigan man receives first heart transplant

Larry Elders of Hudsonville, Michigan, was discharged January 24, 13 days after becoming the first patient at Barnes to undergo heart transplant surgery. Mr. Elders will stay in the St. Louis area for 2 to 3 months as doctors continue to monitor his progress.

Mr. Elders, 42, was accompanied to Barnes by his wife, Nancy. They kept in close touch with their married son and daughter and 17-month-old grandson back home in Michigan, throughout their stay at Barnes. "The whole town has been following Larry's progress," Mrs. Elders said.

Mr. Elders had suffered from multiple heart attacks caused by blocked coronary arteries, and on January 2, was admitted for a two-day evaluation as a possible heart transplant candidate. On January 9, Mr. Elders was readmitted because of congestive heart failure.

The five-hour operation was performed by a 10-member transplant team led by Dr. R. Morton Bolman, chief of the Barnes heart transplant service. Before coming to Barnes in October, Dr. Bolman had performed 41 heart transplants and was on the staff at the University of Minnesota Hospitals in Minneapolis.

Dr. Bolman said that everything ran smoothly during the operation. "It couldn't have gone better for a first time, which is a real tribute to everybody around here," he added.

Barnes is a regional transplant center for kidneys, corneas, and bone marrow and is in the process of establishing a liver transplant service. In 1959, Barnes was one of the first hospitals to offer open heart surgery. In 1984, more than 900 open heart operations were performed here.

## Lithotripter agreement expected this month

"Our primary goal is to work out an agreement that will get this technology for the people of St. Louis as quickly as possible." Barnes president Robert E. Frank summed up the hospital's position after it became clear in late January that differences remained over exactly what the Missouri Health Facilities Review Committee had decided January 7 regarding Barnes Certificate of Need application for a lithotripter.

Initially, Barnes representatives had thought the Barnes CON had been approved with the provision that Barnes accommodate community hospitals and the needs of urologists not on the Barnes/WU staff by forming an independent entity to own and operate the equipment.

"We know that the committee wants a cooperative effort, and we were of the opinion that our revised CON application, which contained agreements worked out with the Physicians Stone Clinic, met those needs," Mr. Frank said. "We remain sym-

pathetic to the committee's viewpoint and will do everything necessary to accommodate it."

He added that although the CON had not yet been issued, clarification was expected this month, as representatives from all the concerned groups, including the MHFRC, were in agreement on most issues, particularly that St. Louisans should have access to the lithotripter at the earliest possible time.

There is also general agreement that the lithotripter should be located at Barnes and that Dr. Ralph Clayman, a widely renowned specialist in renal stone therapy who joined the Barnes staff in November, be the first medical director.

The \$1.7 million lithotripter pulverizes kidney stones through the use of shock waves, eliminating costly surgery and lengthy recuperation. Predictions are that the lithotripter, supplemented by percutaneous nephrolithotripsy, will virtually eliminate the need for surgery to remove stones.

## Islets of Langerhans transplants begun

On January 6, Barnes Hospital and Washington University School of Medicine began a series of transplant operations in which insulin-producing (islet) cells are taken from cadaver pancreases and transferred to insulin-dependent diabetics.

The primary objective of islet cell transplantation is to provide normal minute-by-minute control of blood sugar, and relieve diabetics of their dependence on insulin injections. Islet transplantation, therefore, is an alternative form of diabetes therapy—not a diabetes cure.

While this initial series marks the first time such transplants have been done in St. Louis, similar operations have been done more than 150 times at other transplant centers.

In this first phase of clinical trials, which is planned to include approximately 20 transplants, researchers will be trying to determine how many viable human islets are required to eliminate a patient's diabetic state. In addition, these clinical trials should confirm whether the spleen is an optimal site for the location of the transplanted cells, as has been indicated in animal studies.

All candidates selected for this initial series are insulin-dependent diabetics who previously received a kidney transplant and are currently taking immunosuppressive medication. The medication, which helps prevent kidney rejection, should also forestall rejection of the transplanted islet cells.

Should the first phase of transplants prove to be successful, a second phase will be started with patients who will not be taking anti-rejection drugs. In this phase, the human islet tissue will be specially processed and pretreated according to methods developed by Drs. Paul Lacy, pathologist-in-chief, and David Scharp, general surgeon. These special techniques have significantly reduced islet cell rejection in non-immunosuppressed laboratory animals. According to researchers involved in the current study, islet cell transplantation can only be considered a viable diabetes therapy if it can be completed without long-term reliance on immunosuppressants.



The joy of graduation day.

## 89 graduate from Barnes Nursing School

Graduation ceremonies were held for 89 Barnes School of Nursing students December 22 in Graham Chapel on the Washington University campus. Of this number eight graduates were honored for excellence in service and academics. The honorees included: Cynthia Hoening Banes, Charlene McMahon Brame, Jocelyn Goite Chura, Katherine O'Neal Hattrich, Linda Louise Langebartels, Jennifer Vago McDaniel, Jane Garbe McMahon, and Gina Marie Petrie.

Ms. Petrie received the Liz Rosenbaum Award from Dr. Herbert Rosenbaum, a Barnes psychiatrist/neurologist who founded the award in honor of his late wife. The \$1,500 stipend is presented to a student who has best exemplified the caring attitude of Mrs. Rosenbaum and who has a special interest in psychiatric nursing. In addition to this honor, Ms. Petrie received a \$300 award from Barnes Auxiliary president Mary Ann Fritschle for ranking first in her class academically.

Ms. Langebartels was given the Glover H. Copher Award by hospital president Robert E. Frank in recognition of her clinical performance, academic record and contributions to the overall student program. The \$1,500 Copher Award was established by the late Barnes surgeon in 1958 and is awarded to further the recipient's education in nursing.

The third annual Sharon O'Berto Morad Award was presented to Ms. Banes by Donna Granda, nursing director of operating rooms. The award was established in 1982 by Dr. David Morad, Jr., in memory of his wife to honor students who "care for patients as people not as cases." Mrs. Morad was an RN in Barnes cardiothoracic ICU until her death in 1982 of cancer.

Two other graduates received awards from the Auxiliary for academic excellence. Ms. McMahon finished second in the class of 1985 and Ms. Chura finished third. They received \$200 and \$100 respectively. In addition, Ms. McMahon received a \$100 check from Barnes Auxiliary for Excellence in nursing of children.

Three graduates also received \$100 checks from the Auxiliary for outstanding achievement in specialized areas of nursing. Ms. Brame was recognized for excellence in maternity nursing, Ms. McDaniel in medical-surgical nursing, and Ms. Hattrich in psychiatric nursing.

**Front cover:** Nancy Elders plants a happy kiss on husband Larry's cheek as Barnes' first heart transplant patient is discharged only 13 days after his operation. (See story above.)



## Dr. Jos. Edwards fund for care of the patient

A fund has been established in honor of Barnes physician Joseph C. Edwards to help assure quality patient care. Money from the fund will be used for workshops, symposiums, textbooks and other teaching materials for the house staff which will focus on the humanitarian aspect of patient care versus the technical and research aspect.

In a prepared article, Dr. Edwards says that it is not enough to keep up with the medical literature and scientific facts that are constantly changing but that physicians must know how to apply these things through patient care. "The warmth and compassion of the physician will help dispel many fears and actually make it easier for the patient to accept his diagnosis or condition and also to accept the proper form of therapy," he said. "The many emotional facets that enter into good patient care as well as the physical and technical aspects of diagnosis and treatment, should not be overlooked."

Dr. Edwards added that, even in an institution the size of Barnes where the most advanced technology is available, the "art of medicine" can still be practiced. "We must consider the patient as a human being and as a person who has feelings," he said, "and therefore accomplish much more for the care of the public and individual patient than we ever could without such understanding."

The fund was initiated by Dr. Edwards' patient Mary Gholson. Checks made payable to the Joseph C. Edwards M.D. Fund for the Improvement of the Care of the Patient may be sent to the Barnes Development Office.

## "Health Matters" series continues on Channel 9

Outpatient surgery, prostate cancer, Alzheimer's disease, and parenthood will be discussed as part of the "Health Matters" series on Channel 9. The half-hour documentaries are telecast at 7:30 p.m., Sundays, and repeated at 11:30 a.m. the following Sunday.

Upcoming segments include: outpatient surgery (February 10); prostate cancer (February 17); Alzheimer's disease (February 24); and psychology of parenting (March 3).

Several members of the Barnes staff were guest speakers for various segments in the series. Dr. Stanley Thawley, otolaryngologist, and Helen Garrett, head nurse of the newly opened outpatient surgery center, will discuss outpatient procedures and the future of outpatient surgery. "For Men Only," a segment on testicular and prostate cancer, will feature Dr. William Catalona, urologist-in-chief, and Dr. Bruce Walz, radiologist.

The "Health Matters" segments are being produced by Medstar Communications, Inc. in cooperation with Barnes, Jewish and Children's Hospitals, the Mallinckrodt Institute of Radiology and the Washington University School of Medicine.

## Activity therapy holds free educational series

As part of its ongoing series on mental health, the Barnes activity therapy department will host free programs on "What is Alzheimer's Disease?" and "Why Me? Coping with Mental Illness" on February 19 and March 12, respectively.

Emily LaBarge, of the Alzheimers Support Group, will be the guest speaker at the February 19 session. The March 12 program on coping with mental

illness will feature a panel discussion with former Barnes patients and their families moderated by Marcie Siebert, activity therapy staff member.

Each session begins at 7 p.m. and will be held in the activity therapy conference room on the 14th floor of the West Pavilion. For more information, call 362-3086.



Steve Lasky presents a \$500 check from the Vocational Training Center to Norma Stern (center) and Sara Schmeer (right). The donation will be used by the Alarms for Life fund to help purchase smoke detectors for St. Louisans.

## Alarms for Life Fund receives big donations

A \$27,000 grant was recently given by Anheuser-Busch, Inc. to the Barnes Alarms for Life Fund to help purchase smoke detectors for city residents. Alarms for Life, a group of former Barnes burn patients, was established to educate St. Louisans on fire prevention. The group works in conjunction with Operation SafeStreet, a city-wide organization providing home security, which installs smoke detectors that are purchased by Alarms for Life.

The grant represents the largest single corporate contribution received by the Alarms for Life program to date. Other large donations have been received from St. Louis companies including: General American Life Insurance Company (\$8,000), Baden Lion's Club, Inc. (\$1,000), Laclede Gas Company (\$1,000), Bridgeton Central Hardware (\$500), Mercantile Trust Company (\$500), Uniform Firefighters Relief Association Bingo Account (\$500), Union Electric (\$500), Vocational Training Center (\$500), General Bancshares Corporation (\$500), St. Louis Branch of the National Association for the Advancement of Colored People (\$500), Firefighters Association of St. Louis Local 73 (\$500), and Comfort Production Employees Association (\$300). This money, in addition to other donations received from area companies and individuals, has helped purchase smoke detectors for people who otherwise could not afford them. The total cost of a smoke detector plus installation is \$9.

According to Sarah Schmeer, burn center social worker, smoke detectors are important to reduce fire-related deaths. She gave an example of a recent fire in a 10-family flat in north St. Louis in which each apartment had a smoke detector. Everyone in the complex escaped uninjured because their detector warned them of the fire early, she added. According to Mrs. Schmeer, the detectors not only warned the residents of the fire, but also gave them early notice to call the fire department before anyone was injured.

St. Louis officials also saw the need for smoke detectors in the city and began selling and giving them to families in late December. They are hoping to install smoke detectors until every city residence has one. St. Louis Fire Marshall Neil Svetanics says that most fire-related deaths occur when the victims are asleep and the toxic fumes overcome

them before they can escape. He added that smoke detectors are easy to install and recommends that every home have one on each floor. Studies have shown that since smoke detectors came on the market in the mid-1970s, deaths in fires have dropped nationally by 20 percent.

Donations are needed and can be sent to: Alarms for Life, Barnes Hospital Plaza, St. Louis, MO 63110.

## Dr. Klahr to head Nephrology Society

Dr. Saulo Klahr, nephrologist, was named president-elect of the prestigious American Society of Nephrology at its annual meeting held December 10 in Washington, D.C. He will assume the presidency in 1986. In addition to his responsibilities at Barnes, Dr. Klahr is also head of the renal division in the Washington University School of Medicine.

The 4,000-member organization, consisting of physicians and scientists, was established in 1967 to further kidney-related research.

## Being informed can prevent heart attacks

February is recognized as national heart month. It is a time when people are urged to learn more about heart disease and how to lessen the possibility of having a heart attack in the prime of life.

Heart attacks are the number one killer among Americans. An estimated 1.5 million suffer heart attacks each year and approximately 50,000 die. However, knowing the warning signs of a heart attack and knowing how to modify lifestyles can be life-saving.

The most common form of heart disease is coronary artery disease. CAD occurs when arteries supplying blood to the heart are clogged with plaque or fatty deposits. Another cause of CAD is when artery walls harden and thicken, decreasing the blood flow to the heart. Severe chest pains are caused when this decreased blood flow cuts off oxygen needed by the heart. Warning signs of heart disease include shortness of breath, fatigue, numbness or tingling in any part of the arm, chest pains, choking and indigestion. If any of these symptoms are present, a doctor should be contacted immediately.

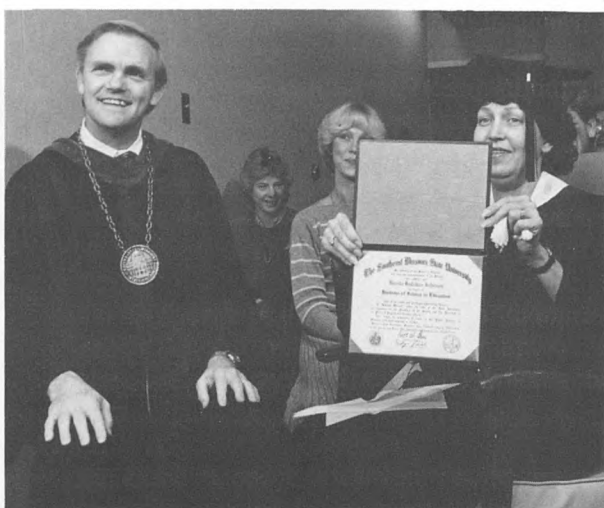
The chances of suffering from a heart attack can be lessened by: (1) not smoking, (2) controlling high blood pressure by having it checked regularly, (3) exercising frequently, (4) reducing fat and cholesterol in the diet, (5) counting calories to eliminate excess weight, and (6) making regular appointments to have a complete checkup.

Although there is no complete cure for heart attacks, reducing risk factors can lessen the chance of one occurring. By becoming more aware of heart attack symptoms, patients can more readily seek the medical attention needed if one occurs.

A free, 25-page brochure is available detailing the workings of the heart, diagnostic techniques and various treatments of heart disease. It can be obtained by calling the Public Relations office at 362-5290.

*In the January, 1985 issue of Bulletin, we published a picture of Terry Ditch, a 23-year-old Ewing's Sarcoma patient with special visitors Neil Lomax and Pat Tilley, of the football Cardinals. On January 1, Terry died at his home in Bloomsdale, Missouri. Our sympathy is extended to Terry's family, friends, and all who knew him during his stay at Barnes.*





Bonita Johnson displays her diploma following a graduation ceremony held in the bone marrow transplant unit. Mrs. Johnson, who recently graduated from Southeast Missouri State University in Cape Girardeau, received her diploma from university president Bill Stacy.

## Cancer does not delay patient's graduation

For Bonita Johnson, December 17 marked the culmination of years of hard work and determination as she graduated from Southeast Missouri State University with a bachelor's degree in elementary education. However, her graduation day was different from that of her fellow graduates. Instead of participating in ceremonies held two days before in a large auditorium on the Southeast Missouri State campus, Mrs. Johnson received her diploma in front of family members and other well-wishers who had gathered in a small room on the 12th floor of Barnes Hospital. University president Bill Stacey drove to Barnes from Cape Girardeau to present the diploma to Mrs. Johnson and to congratulate her for her courage and determination.

Mrs. Johnson's drive to get her degree stemmed from her father, Horace Hulehan, who had quit college after his sophomore year to get married. When Mrs. Johnson decided to drop out of college in her freshman year to marry Gerald Johnson, her father was reluctant to agree with her plans, but Mrs. Johnson promised him she would someday receive her degree.

Three years ago, Mrs. Johnson and her sister Cindy Cywanowicz, who had also quit college to marry, enrolled in Southeast Missouri State. With one semester left, Mrs. Johnson found a lump on her breast. Her doctor confirmed it was malignant and the cancer had already spread to her liver.

Mrs. Johnson, a resident of Dexter, Missouri, said her doctor told her there was nothing he could do. "So I had a choice," she says. "I could either go home and go to bed and die or I could do what I really wanted—go back to school and get that diploma."

Mrs. Johnson's brother convinced her not to give up without a fight. He contacted a friend who was a specialist in breast cancer. The friend then recommended that Mrs. Johnson come to Barnes for treatment.

On November 15, Mrs. Johnson entered Barnes and immediately began receiving normal chemotherapy treatments. However, because the cancer had spread to her lymph nodes, bones and lungs, the treatments were unsuccessful. Then, Dr. Randy Brown, assistant director of the bone marrow transplant unit, decided to try an experimental procedure which has been given previously to only a handful of patients at Barnes. One quart of Mrs. Johnson's bone marrow was removed from her hip-bone and stored to protect it from the high doses of chemotherapy which would kill the disease-fighting white blood cells along with the cancer cells. For three consecutive days, she received large doses of thiopeta, a cancer killing drug, and 72 hours later, part of the extracted bone marrow was

replaced. The sequence was later repeated with further chemotherapy and replacement of the previously stored bone marrow.

In most cases, this chemotherapy treatment has side-effects on patients. However, Mrs. Johnson says she is feeling fine. "I sailed right through it," she said. "Nobody could tell me I was going to feel bad. I guess I just didn't want to be sick."

## Barnes/Sutter honors two longtime employees

Two employees of Barnes/Sutter HealthCare recently celebrated their 25th anniversary of service. Dora and Vernell Richmond, part-time employees in the housekeeping department, have seen Barnes/Sutter grow and develop through a quarter century. The facility was established in 1957 by Dr. Richard A. Sutter, a Barnes physician in preventive medicine. In April 1984, Barnes acquired the Sutter Clinic to form Barnes/Sutter HealthCare, a facility offering a wide range of services primarily to St. Louis businesses.

Mr. Richmond works part-time in the evenings as a housekeeping supervisor. He also works full-time for the St. Louis Board of Education. Mrs. Richmond works part-time mornings at Barnes/Sutter.

According to John Hackett, business manager of Barnes/Sutter, the Richmonds are very dedicated to their jobs. "They have both taken great pride in Barnes/Sutter and have worked hard to keep it looking good," Mr. Hackett said. "They have always strived to improve themselves and do the right thing in their jobs. They are truly wonderful people."

## Dr. Lacy named chair of research endowment

Dr. Paul E. Lacy, pathologist in-chief, has been named to a chair funded by a \$1 million endowment given by the Kroc Foundation to support biomedical research in diabetes and endocrine diseases at the Washington University School of Medicine.

The endowment will be used to further Dr. Lacy's research into the control of diabetes by transplanting insulin-producing (islet) cells into insulin-dependent diabetics. Dr. Lacy also received a grant from the Kroc Foundation in 1971 to begin his diabetes research.

The Kroc Foundation was established by the late Ray A. Kroc, founder of McDonald's Corporation in honor of his brother, Dr. Robert Kroc in recognition of his accomplishments as a university teacher and pharmaceutical researcher.

## Dietitians to conduct nutritional screenings

The Barnes department of food and nutrition has signed an agreement with Dierberg's School of Cooking to conduct a free nutritional screening program in each of the five cooking school locations throughout March.

The nutritional screenings will consist of height and weight measurements followed by an assessment by a registered Barnes dietitian. Results will immediately be reported to the participants. A display containing nutritional information and pamphlets is being created by the department of food and nutrition.

Sessions will be held: March 1 from 11 a.m. to 2 p.m. in the Manchester store, 421 Lafayette Center; March 7 from 6 to 9 p.m. in the Southroads Center store, 12420 Tesson Ferry Road; March 8 from 11

a.m. to 2 p.m. in the Mid Rivers Mall store; March 14 from 6 to 9 p.m. in the Creve Coeur store; and March 15 from 11 a.m. to 2 p.m. in the Clarkson/Clayton Center store.

According to Jean Daniel-Gentry, associate director of food and nutrition, the purpose of the screening programs is to inform the community about nutrition and the simple steps that can be taken to assess nutritional status. "We are also trying to promote professional dietitians to let the community know that they don't simply work in hospitals, but also work with well people," Mrs. Daniel-Gentry added.

## Ziemer Fund in need of donations

The Brian A. Ziemer Fund, established to help Barnes burn patients and their families, is in need of donations, according to Tim Butler, director of development. He added that demand has increased while the number of donations has decreased, thereby creating a shortage of funds.

The fund was established in 1981 in memory of 21-year-old former Barnes burn unit patient Brian Ziemer who died two weeks after being involved in a fiery automobile crash. Brian's parents began the fund, through the department of social work, in appreciation of the care their son received. The fund helps burn victims and their families cope with financial obligations incurred after discharge from the hospital.

Money from the fund is used primarily to provide medicine (such as vitamins and pain medication) and wound dressings for discharged patients who otherwise could not afford them. The fund also provides money to families who are not able to pay for transportation to bring the patient back to the hospital for treatments or for temporary lodging during the patient's stay.

According to Sara Schmeer, burn center social worker and coordinator of the Ziemer Fund, burn patients incur a large expense after they are discharged because their recuperation time is lengthy and, during this time, burn patients require extensive medications and supplies.

An average recuperation time for a burn patient is between one and two years to ensure the wounds are healed properly and to produce maximum physical rehabilitation. During the first few months following discharge, daily dressing changes are required. According to Mrs. Schmeer, this is very expensive because the dressing supplies used to prevent raised burn scars are custom made for each individual patient. The dressings keep pressure on the scars while simultaneously providing better mobility and decreased itching. Mrs. Schmeer said these garments can cost as much as \$500 for a patient who has sustained burns over most of his body.

"Post-discharge care is very important to the patient's total recovery," said Bev Weber, burn center head nurse. "Money from the fund is important to us because, if we don't help get supplies for people who can't afford them, the patient's care will be compromised."

Dr. William Monafio, medical director of the burn center, says that post-discharge care is as important as care given in the hospital. "If we do not follow up with treatments and physical therapy, what initially was a good result can become a bad result," he said.

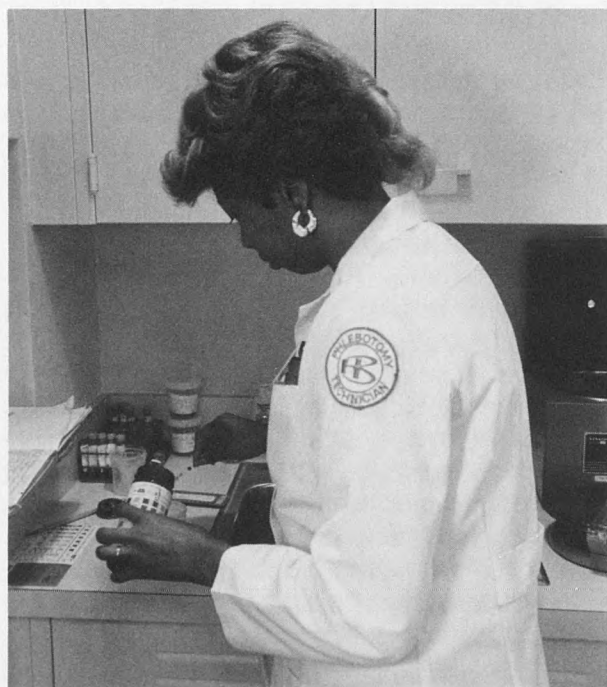
Donations can be made to the fund by sending a check payable to Barnes Hospital-Ziemer Burn Fund, c/o Development Office, Barnes Hospital Plaza, St. Louis, MO 63110.



# Outpatient Surg



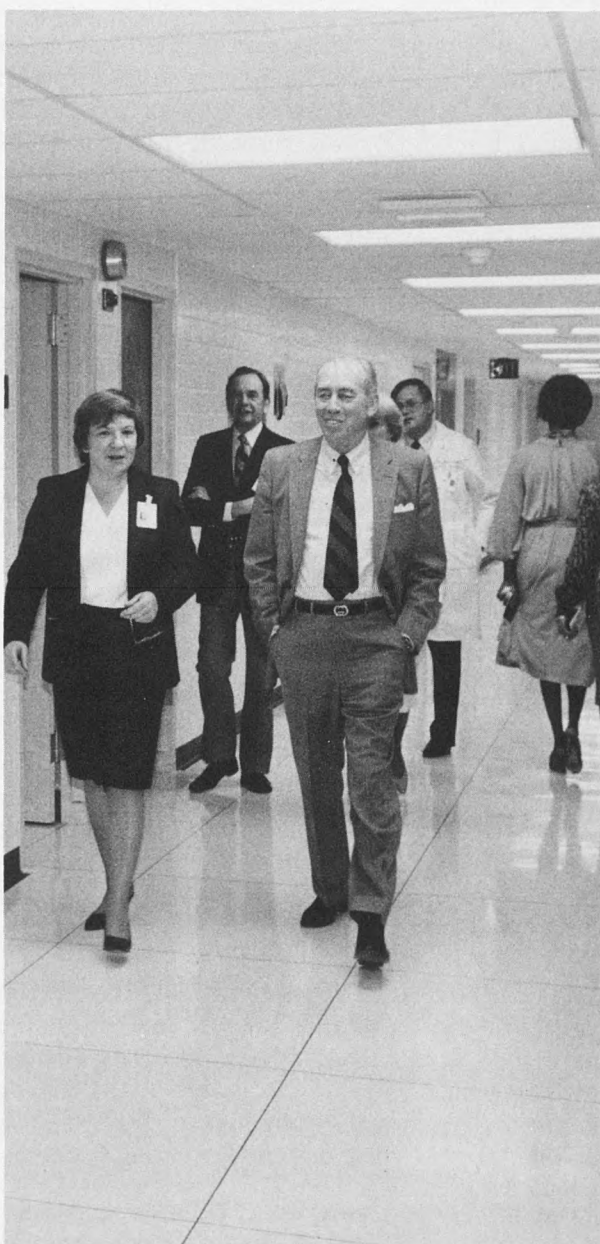
Cindy Preston, RN, gives her parents a tour of one of the five outpatient operating rooms



Laboratory phlebotomist Phyllis Askew completes a patient's blood test in the center's lab.



Head nurse Helen Garrett and medical director Dr. James Felts.



Donna Granda, nursing director of operating rooms, gives Donald A. Lasater, Barnes board member, a tour.

The opening of the new Barnes outpatient surgery center represents a new trend in patient care. In response to rising healthcare costs, many patients are now being referred to outpatient surgery programs for a wide range of surgical procedures. With this in mind, an 8,800 square-foot, self-contained facility was recently completed which offers Barnes patients a wide variety of services in one centralized area on the second floor of the East Pavilion.

The outpatient surgery center is tastefully decorated with mauve-colored walls and rich, earthy tones of hardwood floors which lead to a cheerful reception area just outside five operating rooms. Necessary forms are completed in private registration booths, and last minute instructions given before the patient is sent to the dressing rooms to change into surgical attire and deposit street clothes in private lockers.

Each of the five operating rooms has been designated to handle a specific specialty area of the more than 200 surgical procedures offered. These procedures include less complicated ones (such as tubal ligations, tonsillectomies, bunionectomies, cataract removal) to more complex procedures such as cosmetic surgery.

Patients requiring lab work, tests or electrocardiograms before surgery can also be treated without leaving the outpatient surgery area. A modern testing facility equipped with state-of-the-art instruments allows staff members to perform necessary diagnostic tests and relay results to doctors within a short time.

A comfortable recovery area containing recliners and individual television sets is available for patients undergoing local anesthesia while a more traditional section is designated for patients who have had general anesthetic. A patient's family can stay in a spacious waiting room which contains an



# ery Center



Following surgery, patients are sent to one of two recovery areas. Patients receiving general anesthetic go to a conventional recovery room, while those receiving local anesthesia can relax in comfortable lounge chairs and watch television.

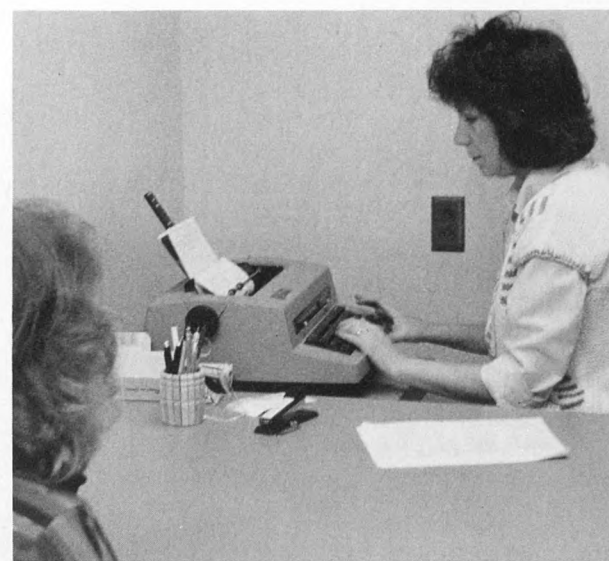
adjoining playroom for preschool children awaiting surgery.

The Barnes outpatient surgery center has two major advantages—it saves patients time and money. Surgery performed on an outpatient basis can create an average savings of between 25 and 50 percent compared to the same procedure requiring an overnight hospital stay. Many third party insurance plans are now encouraging their patients to utilize outpatient surgery centers in order to curtail rising healthcare deductibles and co-payments.

The one-stop outpatient center also saves time since the area includes all necessary services from arrival to discharge in one centralized facility. Patients are treated promptly with the same quality care given to Barnes in-patients.

Patients utilizing the outpatient surgery center are involved in a complete pre-operative education process through which they receive a phone call the evening before surgery to learn about the procedure and anesthesia required. At this time, the patient is given any special instructions to be followed prior to surgery and any questions they have can be answered. Following surgery, and before discharge the patient meets with staff members to schedule any follow-up appointments and discuss post-operative care. The process is completed when the patient is contacted by phone the next day to ensure no complications or side-effects are present.

As the future of healthcare continues to change, the demand for outpatient surgical procedures will grow. In 1984, over 6,000 outpatient procedures were performed at Barnes and, it is predicted that this number will increase to 10,000 in 1988. With the convenience and expedience of the new outpatient facility, Barnes is ready to meet the healthcare needs of tomorrow.



Admitting interviewer Kathy Pruett gathers information from a patient.



Dr. George Bohigian, ophthalmologist, talks with Helen Garrett, Floyce Sherrer, business manager in the department of ophthalmology, Donna Granda and an unidentified visitor.



Cindy Preston leads a tour group consisting of Sue Harris, billing auditor; Terri Perchich, accountant; Karen Trone, accountant; Don Reynolds, budget director; and Sue Brown, accountant.



Trish Geldbach, assistant head nurse of the outpatient surgery center, discusses services offered in the center with two visitors in the waiting area.





Representatives from Anheuser-Busch, Inc. recently presented a \$27,000 check to the Barnes Alarms for Life Fund (see related story page 2) during a press conference in Mayor Vincent C. Schoemehl's office.

## Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. In 1984, more than 900 queries from broadcast and print media representatives were made to the hospital requesting that Barnes medical and professional staff explain current health care concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include:

**Bone marrow transplant** patient Bonita Johnson's recent graduation from Southeast Missouri State University in Cape Girardeau (see related story page 3) was featured in the December 10 and 18 issues of the *St. Louis Post-Dispatch*, on the 6 and 10 p.m. news broadcasts on KMOX-TV, and on KFVS-TV in Cape Girardeau on December 17. Her story also was carried by UPI wire service in the Sacramento (California) *Bee*, *The Light* in San Antonio, Texas, and in the Illinois cities of Elk Grove, Rolling Meadows, Buffalo Grove, Mount Prospect, Wheeling, Barrington, Des Plaines, Palatine, Roselle, and Arlington Heights.

**Alarms for Life**, a Barnes burn center support group project that raises funds to provide smoke alarms for St. Louisans, was spotlighted as part of the KMOX Radio morning drive time program December 18 and 20.

**Linda Gobberdiel**, associate director of food and nutrition, was interviewed by KMOX-TV's Max Leber for a segment on holiday foods which aired December 19.

The establishment of a **fund for potential heart and liver transplant patients** at Barnes was the subject of two segments which aired during the 5 and 10 p.m. news broadcasts on KMOX-TV November 19. Medical reporter Al Wiman interviewed **Tim Butler**, director of development; **Dr. R. Morton Bolman**, chief of the heart transplant program at Barnes; and **Anne Harter**, cardiothoracic social worker. The fund was also spotlighted during three segments of the early morning program on KMOX radio December 20.

**Linda Knight**, patient education coordinator, spoke on wellness during a segment December 24 on KMOX Radio.

The opening of the new **outpatient surgery center** (see centerspread) was widely covered by St. Louis media. Articles appeared in the *St. Louis Post-Dispatch* on December 31 and January 1, and in the *St. Louis Globe-Democrat* January 1. The center was also highlighted as part of news broadcasts on KMOX-TV, KPLR-TV, KSDK-TV, and KTVI-TV December 28. A segment January 7 on KMOX-TV featured an interview with **Donna Granda**, nursing director of operating rooms, and with Barnes president **Robert E. Frank**.

**Heart transplant surgery**, first performed at Barnes last month, was featured in media throughout St. Louis. An article appeared in the January 3 *Globe-Democrat* featuring **Dr. Bolman**, who was

interviewed by medical reporter Carolyn Callison. An article written by medical reporter Roger Signor appeared in the January 12 *Post-Dispatch*. KMOX Radio aired segments spotlighting the transplant on January 3, 4, 11, and 14 and KWMU Radio broadcast the story on January 3, with an update on January 14. KSDK-TV aired a segment during its 6 and 10 p.m. broadcasts January 11.

**Dr. Diane Merritt**, OB/GYN, was interviewed by KMOX-TV's Al Wiman for a segment discussing the effects of smoking on a fetus which aired January 8.

**Dr. Peter Tuteur**, physician, discussed methods for losing weight during a one-hour program January 8 on KMOX Radio with Mike Dixon.

A five-part series on **advances in cardiac care**, featuring **Dr. Alan Jaffe**, director of the cardiac care unit, and **Dr. Edward Geltman**, medical director of the cardiac diagnostic lab, was aired December 26 through January 1 on KMOX radio.

## Hospital notes

The following are reported on staff: **Drs. Juli A. Antonow**, assistant pediatrician; **Howard S. Barnebey**, assistant ophthalmologist; **Earl C. Beeks, Jr.**, assistant pediatrician; **William T. Chao**, assistant pediatrician; **John E. Forestner**, associate anesthesiologist; **Uwe Manthei**, assistant pediatrician; **Marc Edward Weber**, assistant pediatrician; **Jeffrey Mason Wright**, assistant pediatrician; **John P. Boineau**, assistant cardiothoracic surgeon; and **William G. Marshall**, assistant cardiothoracic surgeon.

**Dr. Marcus E. Raichle**, neurologist, has received the Sarah L. Poiley Award for his outstanding contributions to the development and use of positron emission tomography (PET). PET employs radioactive substances to study bodily functions such as blood flow and metabolism of the heart, as well as to diagnose cancer and to study brain activity. Dr. Raichle received his award December 12 during the annual meeting of the New York Academy of Sciences.

**Dr. Hsui-san Lin**, radiologist, was recently awarded a three-year grant from the National Heart, Lung, and Blood Institute to study the reproduction of cells which provide first-line defense against bacterial and viral infections in the lungs. The \$374,900 grant is the third award received by Dr. Lin in nine years to supplement his ongoing research.

**Dr. Jack Hartstein**, ophthalmologist, has been invited to give a one hour course on extended wear contact lenses at the 15th Pan American Congress of Ophthalmology, April 21 through 27 in New Orleans, Louisiana.

**Julio Happa**, chief histotechnologist, was an invited speaker at the annual meeting of the Argentine Pathological Society November 21-24 in Mar del Plata, Argentina. Mr. Happa presented a seminar for histotechnicians which included practical demonstrations of techniques used at Barnes.

**Nora Carr**, public relations writer and former *Bulletin* editor, received two awards in the 1984 United Way Communications Competition. She received a second place award for most innovative new idea along with Tom Denton, vice-president of human resources, and Ron Wilson, director of employee relations. In addition, Mrs. Carr received an honorable mention for best editorial, which appeared in the September 21 employee *Newsletter*.

**Robert C. West**, member of the Barnes Board of Directors, was recently elected chairman of the St. Louis Regional Commerce and Growth Association for 1985-86. Mr. West is chairman and chief executive officer of Sverdrup Corporation.

## Third set of triplets born since September

Since September three sets of triplets have been born at Barnes, a regional high-risk pregnancy center. The latest additions were born January 3 to Joseph and Sharon Rodriguez of Belleville, Illinois. Mrs. Rodriguez gave birth to one boy and two girls ranging from 3 pounds 11 ounces to 4 pounds 14 ounces. The babies, named Joseph, Elena and Julia join an older sister, Trina, 8.

## Sibling preparation class offered for children

"I'm Important, Too!" is the topic of a program dealing with sibling preparation sponsored by the Barnes department of education and training. The class, designed for parents and their children (ages 2 to 6), helps increase the child's acceptance of the new family member. Children take a trip to the nursery and practice holding and diapering lifelike baby dolls.

The program is held the second Monday of every month from 10 to 11:30 a.m. The fee is \$6 per child. To register, or for more information, call DET at 362-5250.

## Gifts to Barnes Hospital

Listed below are the names of persons (honorees in **boldface**) who have made contributions during the period December 13 to January 8 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the Development Office. (Donations through MasterCard or Visa are welcome.) The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

### Auxiliary Tribute Fund

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# Bulletin<sup>Barnes</sup>

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**Barb DePalma, Editor**

**Daisy Shepard, Director**

**Charlene Bancroft, Assistant Director**

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(continued on page 8)



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(continued from page 7)

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# Bulletin

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Barnes Hospital, St. Louis, Mo.

