“Required Request” for organ donation action

A bill designed to help increase the number of donated organs for transplantation in Missouri by requiring hospital personnel to address the subject of organ donation with the families of possible donors, has been introduced in the Missouri legislature.

This “required request” bill (HB 1181) would obligate hospital administrators to ask a family if they would like to donate the organs of a deceased family member who is considered a possible donor. No request would be made if the hospital has notice that either the patient or family is opposed.

Fewer than one-fourth of the 12,000 fatalities each year who are potential donors actually become donors. Lack of coordination among hospital staffs in identifying donors and asking for the necessary approval is cited as a major cause.

Missouri currently has a law which allows persons to indicate on their drivers licenses the desire to become a donor. This does not guarantee that their wishes will be carried out. In many cases, medical personnel do not have an opportunity to check the cards; in all cases, the approval of the family must be given. Often that permission is not sought because of the grief felt by the family at the time.

The proposed “required request” bill would establish regulations concerning the training of hospital employees who make the requests. The actual medical procedures related to caring for the patient or removing the organs would not be affected.

During the past year at Barnes, 210 patients have undergone transplants. “At any given time, there are more than 120 persons in Missouri alone on waiting lists for a donated kidney, heart, liver or other tissue,” said Dr. R. Morton Bolman who heads the heart transplant program at Barnes. “Improvements in medicine and technology have made more life-saving transplants possible, but there is a great shortage of organs. If more people were asked to consider the donation of organs at the time of death, I think they would help.”

Persons interested in learning more about the “required request” bill, or in finding out more about becoming an organ donor can call the organ transplant information “hotline,” Monday-Friday from 8 a.m. to 5 p.m., at (314) 362-5227.

Those who wish to offer their support of passage of the bill may write Senator Robert Griffin, Speaker of the Missouri House of Representatives or their own state representative or state senator at Missouri State Capitol Building, Jefferson City, Missouri, 65101.

Chinese doctors observe heart surgery here

Traveling more than 6,000 miles by Greyhound Bus is not what most people would consider an educational opportunity. But for Dr. Cai Cheng and Dr. Wang Nai-dong, cardiothoracic surgeons from Xian Medical University in The People’s Republic of China, such an excursion enabled them to visit nine renowned U.S. medical institutions and learn about heart surgery in America.

Drs. Cai and Wang spent January 11-16 under the tutelage of Dr. James L. Cox, Barnes cardiothoracic surgeon-in-chief. Barnes was the second stop in a cross-country tour that included such prestigious institutions as the University of Alabama Medical Center in Birmingham, Duke University in Durham, North Carolina, and the Mayo Clinic in Rochester, Minnesota.

The Chinese doctors were invited to the United States by Dr. Donald B. Doty of the Latter Day Saints Hospital at the University of Utah School of Medicine when he visited China in 1983. Dr. Doty made arrangements with cardiothoracic surgeons in the U.S. who were invited to host the visiting doctors on their six-week tour. Drs. Cai and Wang observed surgical techniques, attended lectures and related their own experience to doctors and Washington University medical students.

According to Drs. Cai and Wang, the number one health problem in China is cancer and the main coronary problem is congenital heart disease, followed by rheumatic and then coronary artery disease, in contrast with the U.S. where cardiovascular disease is considered the number one cause of death in the nation. Dr. Wang noted that coronary artery disease in his country may be progressing undetected, as heart attacks are often the first indication. Since 1977, a total of only 200 coronary bypass operations, which offset the effects of vessel blockage that causes heart attacks, have been performed in all of China. In the U.S., 175,000 such procedures are performed annually, with 1,000 done at Barnes alone.

Dr. Cox emphasized that the surgical techniques and skill of Chinese doctors are comparable to those of U.S. surgeons. Sophisticated technological equipment though, including anesthesiology and perfusion equipment, is more readily available in the U.S.

Board members honored for community spirit

The St. Louis Globe-Democrat recently recognized Charles F. Knight and Edward J. Schmack, Barnes board members, as outstanding members of the community. Mr. Knight, chairman and chief executive officer of Emerson Electric, was voted 1985 Globe-Democrat Man of the Year for civic achievement. Mr. Schmack, chairman of the executive committee and treasurer, Schnuck Markets, received the Humanities award, recognizing “that citizen whose entire life truly reflects the universal aspiration of mankind.”

Richard H. Amberg, Jr., general manager of the Globe-Democrat, presented the 31st annual Man of the Year award to Mr. Knight January 3 in a ceremony at the Missouri Botanical Garden. Mr. Knight was selected by a panel of past award recipients based upon his years of work in the St. Louis community and his continuing efforts toward economic development of the area.

Since coming to St. Louis from his native Chicago in 1973, Mr. Knight has taken leadership roles in the city through Civic Progress, the Arts and Education Council, United Way, St. Louis Area Boy Scout Council, Washington University, Missouri Botanical Garden, Olin Foundation and Mathews-Dickey Boys’ Club. As CEO of Emerson Electric, he has received national recognition in Fortune 500 and TIME magazines.

Sharing in the presentation of the award were County Executive Gene McNary and several past recipients, including Harold E. Thayer (1972) and Armand C. Stalnaker (1978), also members of Barnes’ board of directors.

(continued on page 2)
Barnes Hospital Society to present merit award

Dr. Jack Kayes, president of Barnes Hospital Society, will present the 1986 Award of Merit on Wednesday, April 9. The ceremony will take place at 9:30 a.m. in the main Pavilion lobby.

The Award of Merit, established in 1982, recognizes outstanding service to the Barnes Hospital community. Any Barnes employee, volunteer, medical staff member or benefactor is eligible for nomination.

The Barnes Hospital Society was established in 1925 to assist in the development of Barnes as a source of community service and a center for medical progress. The society currently comprises more than 800 members of the medical staff.

Ambassadors selected for pilot program

Fourteen Barnes employees and volunteers have been selected for the pilot program of the Barnes Ambassadors. The Ambassadors program, being implemented this month, consists of Barnes personnel who act as personal representatives to patients with a common civic, church or fraternal organization affiliation.

Barnes personnel composing the pilot group are Penny Bari, clinical director of nursing; Shirley Blake, pharmacy technician; Mary Cook, R.N.; Mary Ann Fritschle, Auxilian; Viola Gentry, laboratory receptionist; Ardella Johnson, admitting officer; Mary Kennedy, volunteer; Philemena Krantz, dietary assistant; Florraine Lewis, central service aide; Steven Sams, assistant director of laboratories; Theola Smith, dietary assistant; Joanne Tonn, nurse specialist; Lois Vahle, instructor, department of education and training, and Robert Deen, vice-president, who initiated the program.

"The selection committee was quite impressed with the qualifications, dedication and enthusiasm of the Ambassadors," said Mr. Deen.

The Ambassadors will introduce the program to their civic, church or fraternal groups with a slide show and oral presentation to promote awareness of its availability. Ambassadors will visit hospitalized group members who express interest in the service soon after admission to provide information, facilitate access to hospital services and provide a sense of familiarity.

A successful pilot program will expand active enrollment up to 50 to 100 Ambassadors.

Kidney stone treatment offered to outpatients

Outpatient extracorporeal shock wave lithotripsy services are now available through Midwest Stone Institute (MSI), located in Barnes Hospital. MSI, a cooperative venture of several area hospitals and doctors, began offering the non-invasive shock wave treatment for kidney stone sufferers on an inpatient basis in October, 1985. It is the first such service in the state.

The extracorporeal shock wave lithotripter shatters painful kidney stones by pummeling them with shock waves. Residual debris from the stone is easily excreted in the urine, usually within three months. The innovative treatment is expected to negate the need for conventional surgery in 80 percent of kidney stone suffers.

The new outpatient lithotripsy treatment is available to patients with kidney stones measuring one centimeter or less. Approximately 40 percent of MSI patients treated to date have had stones of that size. Patients with larger or multiple stones still require inpatient treatment.

Qualifying patients who live within a one-hour driving distance of the treatment center are admitted through the Barnes Hospital Outpatient Surgery Center, treated at MSI and discharged on the same day. Patients who live outside that one-hour radius are advised not to return home until the day following treatment because of possible discomfort.

The outpatient service may also be used for patients on a hospital-transfer basis. For example, a patient with a kidney stone larger than one centimeter could be transferred from a community hospital to MSI through Barnes Outpatient Surgery Center, and return to the community hospital for follow-up care.

MSI provided shock wave lithotripsy treatment for 190 patients in its first three months of operation.

Triple Treat: A set of triplets made their debut at Barnes December 14, the 66th multiple birth occurring here during 1985. Born to Richard and Lynda Berkowitz of West St. Louis County, the three were delivered by Caesarean section by Dr. Jacob Klein, obstetrician-gynecologist. Above (from left), grandmother Rozella Lapp holds Adam Ezra (4 lbs., 10 oz.), Mr. Berkowitz cradles Laura Stacey (2 lbs., 1 oz.), and Mrs. Berkowitz holds Shira Lynn (4 lbs., 3 oz.). The triplets are the Berkowitz's first children.
Barnes rated among nation's best hospitals
Barnes again has been cited as one of the nation's top hospitals, according to a study by Dr. Herbert J. Dietrich Jr., M.D., and Virginia Biddle, co-authors of The Best In Medicine. Excerpts from the forthcoming book appear in this month's issue of Ladies Home Journal magazine.

Barnes has been included among outstanding medical facilities in the United States in all nine such rankings published in major books and magazines since 1980. The national publications include Good Housekeeping, Money Magazine, Business Week and Town and Country. Barnes is the only Missouri hospital ever included in such a ranking.

Cope with cancer, former patients urge
Cancer is surmountable, is the message from recovered and successfully adjusted cancer patients who share their formulas for coping through "CanSurmount," a support program sponsored by the American Cancer Society which begins this month at Barnes.

Through the CanSurmount program, former cancer patients volunteer to offer support to newly diagnosed cancer patients at Barnes. The volunteers are paired with patients with similar cases and provide information about resources in the patient's community, help the patient learn to cope openly and effectively with doctors and other health care providers, and provide emotional support. The program is coordinated by the Cancer Information Center, an independent service located within the medical complex.

Volunteers have been trained in listening skills and evoking concerns of the new patients while sharing their own experiences in coping with the emotional, financial and medical concerns that a diagnosis of any form of cancer brings.

The volunteers do not offer medical advice, but can provide information about the various types of resources throughout the Midwest, where most of Barnes' cancer patients reside.

For additional information about CanSurmount or to volunteer, call Lois Howland in the Cancer Information Center (314) 362-7844, or Karen Greening in the department of social work, (314) 362-5585.

New position formed to facilitate patient billing
Patients with billing concerns have a new resource to turn to for assistance and clarification. Jan Muraski has been appointed patient billing representative to facilitate patient billing procedures between Barnes and Washington University School of Medicine. The position was created to alleviate billing concerns generated by separate patient accounts procedures in multiple departments, including x-ray and the clinics.

The patient billing representative office is located in the Barnes Hospital patient accounts office on the first floor of the Barnes corridor. Walk-in hours for patients with questions and billing concerns are from 10 a.m. to 1 p.m. and 2 to 4 p.m., Monday through Friday. Other arrangements may be made by appointment by calling 362-1006. Written correspondence should be addressed to Ms. Muraski at Barnes Hospital, Patient Accounts, Box 8120, Barnes Hospital Plaza, St. Louis, Missouri, 63110.

Sen. Eagleton speaks at ADRC inauguration
Setting national priorities for an aging population will be the issue of the 21st century, said U.S. Senator Thomas F. Eagleton (D-Missouri) at the January 31 inauguration of the Alzheimer's Disease Research Center (ADRC) sponsored by Washington University department of neurology and Barnes' Health Education and Screening Center.

The newly established ADRC is one of ten such programs across the nation funded by the National Institute on Aging to study Alzheimer's disease. A neurological disorder with no known cause or cure, Alzheimer's disease affects an estimated two million Americans and is the most common cause of intellectual impairment among the elderly.

Sen. Eagleton was instrumental in establishing the National Institute on Aging and has worked to obtain federal funding for health care research, particularly through the National Institutes of Health.

In his remarks at the inauguration, Sen. Eagleton expressed concern about the healthcare needs of a steadily aging population. He said that shortly after the turn of the century—as the so-called baby boomer population reaches age 65—the older population will reach 12 million, and that by 2025, there will be twice as many over 65 as teenagers. "There will be a demographic civil war, so to speak, as the young and old struggle to set national priorities," he said.

The Washington University ADRC at Barnes is taking an interdisciplinary approach to research on Alzheimer's disease and related disorders. Established investigators are conducting a wide range of studies examining behavioral as well as biomedical aspects of the disease. Researchers compare the healthy aging process with that of Alzheimer's-induced dementia; search for neurobiological factors that could be associated with the disease; explore changes in the aging brain that may contribute to Alzheimer's disease, and investigate the disease's impact on the family and the community.

The ADRC also serves as an informational center with general information about Alzheimer's disease and community resources which help families cope with the concerns of caring for those afflicted with the disorder. The center, located on the ground floor of the Queeny Tower lobby, is open Monday through Friday, 8:30 a.m. to 4:30 p.m., and may be reached at (314) 362-2881.

Popping, clicking could mean TMJ dysfunction
People experiencing the discomfort of temporomandibular joint (TMJ) dysfunction may turn to a newly formed support group at Barnes Hospital which meets on the third Tuesday of each month at 7:30 p.m. Those who suffer from chronic undiagnosed jaw and facial pain may also benefit from the free informational and support program.

The meetings are open to anyone interested in the diagnosis, surgical strategy or treatment of TMJ dysfunction. Founders of the group are Shirley Johnson, R.N., and Laurel Wiersema, R.N., nurse specialist, who are on hand with Barnes oral-maxillofacial surgeons to provide an overview and answer questions.

TMJ dysfunction, which affects an estimated 20 million Americans, occurs when the temporomandibular joint (the joint on either side of the head that connects the lower jaw to the temporal bone of the skull) fails to properly perform. It can be caused by arthritis, torn or loose cartilage in the joint, stress, trauma, malformation of the jaw or grinding of the teeth. Symptoms include an opening of the jaw, severe headaches, soreness in neck and chest region, inability to open the mouth, dizziness, depression and popping or clicking noises that may be audible at a distance.

Diagnosis is a major problem in TMJ dysfunction and patients frequently go from specialist to specialist seeking relief. It is often misdiagnosed as migraine headache, sinus or ear problems.

Doctors at Barnes use arthroscopy, the same procedure used on knees, to diagnose TMJ dysfunction. An endoscope is inserted into the joint and the doctor can determine the joint problem by the characteristic clicking noise. They may also use arthrogram, a procedure in which a dye is injected into the joint that becomes highly visible on an x-ray. Conventional x-rays are useless because the joint is so small that it doesn't show up clearly. CT (computerized tomography) scans may also be used in diagnosis.

To register for the session, call (314) 362-5214. Free parking is available in the subsurface garage across from the hospital.

Area ER staffs invited to attend burn seminar here
"Burn and Inhalation Injuries," a two-day seminar for emergency room physicians and nurses and other health care providers who treat accidental burn victims, will be held at Barnes Hospital April 25-26. Dr. William Monafo, medical director of Barnes' Burn Intensive Care Unit, will serve as moderator.

Beginning on Friday at 1 p.m., seminar topics will include initial assessment of the patient, smoke inhalation and carbon monoxide poisoning, electrical injury, ocular burns, outpatient management, lightning stroke and cardiac complications of lighting stroke. The session will conclude at noon on Saturday.

A spouses' agenda, a night-on-the-town, and reservations in Barnes' Queeny Tower (for those requiring overnight accommodations) will be included. Registration fees are $100 for a couple or $75 for the health care provider only.

For more information or to register, contact the department of education and training at (314) 362-5250.
Nursing school library now open to all

The nursing school library, located on the first floor of the nurses' residence, is now open for use to all Barnes nursing students, employees, volunteers, patients and visitors. Any employee may check out library materials by presenting Barnes identification and applying for a user card. All library services are free of charge.

“While many associate the library strictly with nursing education, we encourage all employees to use the library resources concerning their own areas of continuing education,” says Kim Rutter, head librarian. “There is a real gap between what typical medical school libraries offer and what many health care employees are seeking. The nursing school library offers multidisciplinary resources and is accessible to all employees.”

The library is open from 7:30 a.m. to 10 p.m., Monday through Thursday; 7:30 a.m. to 4:30 p.m. Friday; noon to 4 p.m. Saturday; and 1:30 to 10 p.m. Sunday.

Satisfaction, pride mark Alarms for Life mission

Coordinators of the Alarms for Life project capped their year and a half drive toward burn prevention in the St. Louis community with impressive statistics and a sense of accomplishment. Project endeavors were deemed complete last month when a city ordinance requiring the installation of smoke detectors in St. Louis residential dwellings took effect February 19.

Alarms for Life was established in August, 1984, by the Barnes Hospital support group for burn patients, Dealing with Feelings, in conjunction with the St. Louis Fire Department. The project goal was to increase community awareness of fire safety and burn prevention through the installation of smoke detectors in low income residences.

From August, 1984, through January, 1986, Alarms for Life raised more than $61,000 and provided for the installation of 8,033 smoke alarms in the homes of low income city residents. In addition, smoke alarms were periodically made available at a reduced cost to employees, patients and visitors at Barnes Hospital.

According to St. Louis Fire Department statistics, residential fire deaths dropped by 50 percent in 1985 compared to 1984. In 1984, 32 residential fire deaths were recorded, while 16 were recorded in 1985.

Project coordinators believe passage of the new city ordinance was an outgrowth of their community efforts. “With the passage of the mandatory smoke alarm ordinance, responsibility for fire safety in the home now rests legally with landlords and homeowners,” said Norma Stern, a recovered burn patient and co-founder of Alarms for Life with Barnes social worker Sara Schmeer. “We leave this project knowing we protected 8,033 families from house fire-related deaths and injuries.

“While we feel pride in calling this particular project a satisfying success, we plan to continue our efforts toward burn prevention and fire safety through our involvement in other projects in the community, including educating the public and initiating a drive for statewide legislation. Alarms for Life was just the beginning.”

Barnes nursing student receives Zonta award

Elizabeth Dykeman, a second year student at Barnes School of Nursing, has been awarded a $500 scholarship from the Zonta Club of St. Louis County. The Zonta Club is an international service organization which raises funds for worldwide projects and local charities and scholarship programs. Ms. Dykeman, a native of Alton, Illinois, was selected on the basis of her academic performance and professional promise.

Barnes Hospital School of Nursing is a three-year diploma nursing school established in 1955 which offers students extensive clinical experience with patients beginning in the first semester. It is fully accredited by the Missouri State Board of Nursing and National League for Nursing. One hundred students are accepted into the freshman class each year and more than half of the graduates join the Barnes Hospital staff.

For more information on Barnes Hospital School of Nursing, call (314) 362-1571.

Volunteers needed for study of diabetes

Washington University medical school is seeking volunteers with insulin-dependent diabetes to participate in a nationwide study of the disease. A total of 21 medical centers across North America are conducting the research study, funded by the National Institutes of Health. The research focuses on the effectiveness of newer forms of diabetes therapy in prevention, delay and reversal of diabetic complications. Such complications may affect the eyes, kidneys, nerves, heart and blood vessels.

The seven-year study will include 1,100 to 1,200 participants between the ages of 13 and 39. Participants must have had type I (insulin-dependent) diabetes for at least one but not more than 15 years. They cannot be taking more than two insulin injections per day, be using an insulin pump, or have severe complications from the disease.

Volunteers in the study will receive free medical care from diabetes specialists at Barnes/WUMS for the duration of the study. To receive further information, call (314) 454-6051.

Nutrition Month urges healthy food choices

Choices are a part of daily living that determine the shape of things to come and healthy food choices are the focus of National Nutrition Month, celebrated during March. Barnes Hospital, Schnuck Markets and KMOX-AM have joined together to increase community awareness of proper nutrition and its effect on overall health.

Throughout the month of March, “Food for Thought” pamphlets prepared by Barnes registered dietitians will be distributed at the hospital and in Schnucks throughout the area. The free, informational leaflet contains a questionnaire with which participants may rate their nutritional habits and fitness. It also discusses such nutrition factors as calories, fat, sugar, sodium, fiber and calcium, and offers suggestions for dietary improvement in each area. The quiz introduces a nutrition newsletter with healthful tips that will be available at Schnucks quarterly throughout the year.

Nutrition topics will also be featured in March on KMOX-AM’s morning magazine, which airs weekdays from 7:15 to 7:45 a.m. Barnes doctors and dietitians, as well as other area healthcare professionals, will speak on nutrition subjects such as nutrition during pregnancy, food and fitness, and food allergies.

“National Nutrition Month has given us an opportunity to take the message of good nutrition to the community,” said Jean Daniel-Gentry, associate director of food and nutrition at Barnes. “While good nutrition is always a priority in a hospital setting, it is important for healthcare professionals to expand their focus and reach out into the community with information about the role of proper nutrition in maintaining health.”

Throughout this month, Barnes dietitians will stuff a nutrition hotline Tuesdays and Thursdays between 8:30 a.m. and 12:30 p.m. To talk to a professional registered dietitian about nutrition concerns, call (314) 362-6898.

Oncology services available for patients

Barnes patients have access to an oncology dental support clinic formed by the Washington University School of Dental Medicine to provide treatment for patients receiving or anticipating radiation therapy to the head and neck area.

Dr. George D. Selfridge, dentist-in-chief, said it is intended primarily for patients who do not presently have a private dentist treating them or for those who are in St. Louis to receive medical treatment and whose own dentists are not available. It is operated in conjunction with the departments of diagnostic services and maxillofacial prosthetics and supervised by Dr. Michael Shroud.

Services include check-ups, cleaning, amalgam restorations, periodontal and endodontic therapy, prosthetic and prosthodontic services. Patients preparing for radiation treatment to the head and neck area can receive a pre-radiation dental exam at the school of Dental Medicine or in the hospital.

More information on the service is available from Dr. Shroud at 454-0383.
Coast to coast newspapers carried accounts of the successful search for the natural mother of Leonarda Foss, 16, of Ava, Illinois. Miss Foss is adopted and needs a bone marrow transplant from a genetically matched relative. Dr. Geoffrey P. Herzig, head of the BMT program, answered questions at a press conference January 27. He explained that Miss Foss has Hodgkin's disease, a form of cancer, and needs massive chemotherapy followed by a BMT in hopes that it will put the disease into remission.

Seasonal tips for winter joggers were offered by cardiologist Dr. Bruce D. Lindsay on KTIV-TV December 18. Dr. Alan N. Weiss, also a cardiologist, gave precautions for working outdoors on KSDK-TV December 24.

Evidence that aspirin helps prevent heart attacks was explained by Dr. Philip W. Majerus, a hematologist, on KSDK-TV on December 23. A team headed by Dr. Majerus in the 1970s confirmed aspirin's benefit. Dr. Majerus said "one baby aspirin a day" is the amount required.

Sleep disorders and treatment were discussed by Dr. Lawrence A. Cohen, head of the Washington University School of Medicine Sleep Disorders Laboratory at Barnes Hospital, in an extensive feature story in the Surburban Newspapers Group of Greater St. Louis December 25. Dr. Cohen said some potentially life threatening disorders, such as sleep apnea, can be diagnosed in the laboratory and then treated.

The use of steroids by body builders to increase muscle mass was presented in a story on KPLR-TV on December 14. Dr. Lawrence A. Kriegershauser, an orthopedic surgeon, told reporter John Schieszer that no studies have documented evidence of benefits of steroids for recreational body builders.

Surgery to reattach two toes of Rebecca Glassbein, 3, whose foot got caught in an escalator at a downtown St. Louis department store received national media attention on January 28. Dr. Paul M. Weeks, plastic and reconstructive surgeon-in-chief, headed a team which reattached the girl's big and second toe on her right foot. Dr. Weeks was interviewed by the CBS Radio Network, and the story was carried locally by all major metro media.

Dr. Geoffrey Herzig, director of Barnes' Bone Marrow Transplant Center, meets with the metropolitan media during a January 27 press conference concerning Leonarda Foss, a Hodgkin's disease patient needing bone marrow donated by her biological mother.

Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. In 1985, 1,500 queries from broadcast and print media representatives were made to the public relations department requesting that Barnes medical and professional staff explain current health care concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include:

The proposed "required request" law in Missouri highlighted media coverage. The law, which has been introduced in both the Missouri House and Senate, would require hospitals to designate a staff member to inform families about organ donation when a family member had become a potential donor. News coverage has included a segment on KMOX-TV by medical reporter Al Wiman on January 30. He interviewed a donor family, heart transplant recipient, and transplant surgeons, Drs. M. Wayne Flye, liver, and Stephen R. Walfman, cornea. A story in the St. Louis Globe-Democrat on February 4 included interviews with Pat Potter, R.N., a clinical director of nursing, and Jackie Elkin, R.N., a transplant coordinator.

Heart transplants are here to stay, Dr. R. Morton Bolman, head of the heart transplant program, said in a series on KMOX-TV January 8-10. Dr. Bolman said heart, liver and kidney transplants are no longer considered to be experimental.

Advances in treatment of scoliosis have eliminated the need for heavy body casts following surgery, Dr. Keith Bridwell, orthopedic surgeon, said in an article by Roger Schlueter in the Belleville, Illinois, News-Democrat January 14. The story depicted the case of Debbie Hurst, 27, of Belleville, who has returned to a normal lifestyle following surgery.

Dr. V. Leroy Young, plastic and reconstructive surgeon, talked about neurofibromatosis, the "elephant man's disease," for a story in the January 12 edition of the Springfield, Illinois, State Journal-Register.

Dr. Wang Nai-dong and Cai Cheng of Xian Medical University in central China were featured in a story by Roger Signor of the St. Louis Post-Dispatch January 19. The doctors, both heart surgeons, were on a United States tour which included a visit with Dr. James L. Cox, chief of cardiothoracic surgery.

Dermatologist Dr. Sherrill C. Swanson and pharmacist Robert Umfleet were among those interviewed on KPLR-TV for a story January 26 about minoxidil, a hypertension medication which has been found in clinical trials to promote hair growth when applied topically. Mr. Umfleet noted that results have been promising, but that the FDA has warned pharmacists not to mix the drug with a topical solution to be used for hair growth, unless the patient is participating in a clinical trial.

Downtown healthcare was depicted in a story in the January 27 edition of the St. Louis Business Journal. John Schieszer, business manager of Barnes/Sutter Healthcare clinic at 819 Locust St., and C. Kennon Hetlage, assistant administrator at Barnes, were interviewed.

Robert E. Frank, Barnes president, was interviewed for the weekly Who's Who section of the Chesterfield, Missouri, Chesterfield West County News January 29. The story was written by Martin Gerchen.

Dr. Ernst Friedrich, obstetrics/gynecology, was interviewed by KSDK-TV's Deanne Lane on January 31 when the G.D. Searele & Co. removed its intrauterine contraceptive device from the market because of escalating costs of litigation. Dr. Friedrich noted that the devices have FDA approval and the endorsement of the American College of Obstetricians and Gynecologists.

Hospital notes

Dr. Marvin E. Levin, diabetologist, recently served as visiting professor at Creighton University Medical School in Omaha, Nebraska, and attended the International Diabetes Federation meeting in Madrid, Spain. Dr. Levin was also a guest speaker at the Annual Scientific Meeting of the American Podiatric Society in Salt Lake City, Utah, discussing management of diabetic foot problems; at the Geriatric Foot Symposium at the University of Texas Health Science Center in San Antonio on the subject of diabetic neuropathy; and at the Providence-St. Margaret Health Center in Kansas City, concerning diabetic pregnancy.

Dr. Jack Hartstein, ophthalmologist, has been invited to serve as a guest speaker at the Moscow Institute of Eye Microsurgery in Moscow, U.S.S.R., May 13-16, and as a faculty member of the Australia-Tahiti Oculoplastic and Facial Surgery Congress June 26-July 11. He recently taught a course on manual irrigation aspiration control of extracapsular cataract surgery and delivered a paper on a new contact lens with a hard center and soft rim at the Contact Lens Association of Ophthalmologists meeting in January.

Dr. Steven Lauter, rheumatologist, has been elected to the American College of Physicians.

Dr. Stanley E. Thawley, otolaryngologist, guest edited the November, 1985, issue of The Medical Clinics of North America, Sleep Apnea Disorders, published by the W.B. Saunders Company.


Dr. Julio E. Perez, assistant medical director of the cardiac diagnostic laboratory, has been elected to Fellowship in the American College of Physicians. Fellowship in the 61,000-member society signifies colleague recognition of a high level of medical scholarship and achievement in internal medicine. Dr. Perez will be honored at the College's Annual Session in San Francisco, California, in April.
“Let’s Share” meetings now offered weekly
SHARE (Support Has A Reinforcing Effect), the Barnes support group for women dealing with breast cancer and its effects, is now offering weekly “Let’s Share” meetings, in addition to the regular monthly sessions. The weekly meetings are held every Wednesday from 11 a.m. to noon in the conference room on the first floor of the Mallinckrodt Institute of Radiology at Barnes.

The informal discussion sessions offer breast cancer patients and other concerned family members or friends the opportunity to share feelings about the physical and emotional effects of breast cancer and its surgical and therapeutic treatments. Group members address common concerns and specific needs and become familiar with community resources.

Conducted by oncology social worker and SHARE coordinator Karen Greening, oncology social worker Joyce Mayer and SHARE members, “Let’s Share” is open to breast cancer patients experiencing any phase of diagnosis, treatment or recovery.

Gifts to Barnes Hospital
Listed below are the names of persons (honorees in boldface) who have made contributions during the period December 6, 1985, through January 31, 1986, to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the Development Office. (Donations through MasterCard or VISA are accepted.)

Auxiliary Tribute Fund

IN MEMORY OF:
Phyllis Birkenmeyer
Josephine Bohn
Sadie Virginia Blatz
Barbara Downey
Dorothy Draper
Eleanor Clark
Sadie L. Emes
Virginia C. Culver
Argo Landau
Gertrude Leeder
Clarence Merten
Helen Pasternak
Mrs. Harry Tucker
Ray Perez
Staff at Matson’s Restaurant
George Franklin Smith, Jr.
Barnes Hospital

Brother of Madge Gertinger, Rudolph Spudich
Pat Beidemeier
Glide Boykin
Sue Brown
Sharon Crump
Monica Kelly
Helen Foster
Renee Good
Jody Grassmuck
Vicki Henders
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Alan Strautman
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IN HONOR OF:
Volunteer Office
Josephine Marlow

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Lootis M. Schukar
M/M Michael A. Schacker

Heart Transplant Patient Care Fund
IN MEMORY OF:
Caroline Robertson
Barnes Building Fund
IN MEMORY OF:
Robert Lee
Mutter Dow
Barnes Plant Fund
Michael DiStanzo
Ann Harper

Barnes Endowment Fund
IN MEMORY OF:
Shawn Bean
Starr Rich
Joe Fine
Stuart Linkemer
Charles Rich
Donor Finger
Froma Rich
Estelle Cohen
M/M Thomas M. Cole

IN MEMORY OF:
Donald R. Embree
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M/M Marvin S. Lewis
Stuart Linkemer
Florence Marie Rischke
M/M Alan S. Schwartz
M/M Louis Sohn
M/M Paul Shatz
Lois Turner
M/M Joseph Weinberg

Barnes Cancer Fund
M/M David Goldenersh
M/M William N. Lyons
M/M William G. Wiese

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IN HONOR OF:
Alan N. Weiss, M.D.
M/M Allen Portnoy

Jonathan Adam Jonas
IN TRIBUTE TO:
Jonathan Adam Jonas
Alpaka Kappa Lamba, Kansas University
M/M Stephen Jonas
M/M Stephen Puri

IN HONOR OF:
Birthday of Stephen Jonas
David M. Henschel

Recovery of Mrs. Judy Smith
M/M Mike Sullivan

IN MEMORY OF:
Mother of Mr. & Mrs. Stan Glantz
Eric Hermann
Stuart Pession
M/M Larry Trochtenberg

Father of Judy Zaff
M/M Stephen Jonas

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IN MEMORY OF:
Sharon O’Berto Morad
M/D Ramona A. Kain
M/D Albert L. O’Berto

Ziemer Memorial Fund
M/M George P. Baine

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Auditing Dept.

M/M Robert H. Schlottow
M/M Tim Stanford
M/Lamar Schwaike
M/Richard Sickendick
M/W. F. Sickendick
M/Richard L. Weiss

IN HONOR OF:
Recovery of Mr. & Mrs. Stan Glantz
Mrs. Sanger

Maureen & Bob Greenberg

IN MEMORY OF:
Jonathan Adam Jonas
Alpha Kappa Lambda, Kansas University
M/M Stephen Jonas
M/M Stephen Puri

Mother of Mrs. Grossman
Bob & Barbara Platzter

Mother of Mr. & Mrs. M. Epstein

Grandmother of Beth Fudenberg
Father of Mr. & Mrs. Paul McKee

IN MEMORY OF:
Karen Caughtron
Randee & Myron Jacobs
Esther Jonas
Thelma Jonas
M/M Eugene Kohn
Mrs. Al Kutner
Gertrude Weintraub

IN MEMORY OF:
Barnes Hospital Auxiliary
IN HONOR OF:
Gateway Social Club
Rita Horwitz

IN MEMORY OF:
Father of Judy Zaff
M/M Louis M. Schukar

IN MEMORY OF:
Dr. Robert M. Feibel

IN MEMORY OF:
Sadie Gartner

IN MEMORY OF:
Sadie Virginia Blatz

IN MEMORY OF:
Betty Erans

IN MEMORY OF:
Barnes Hospital Board of Directors and Administration
Marguerite F. Baird
Betty Deleneeyer
M/M James G. Fossey
M/M Kenneth Gable
M/M Karl A. Gamonde
M/M James M. Howerton
M/M Robert E. Woods
M/D Albert L. O’Brien

IN MEMORY OF:
Bob Duster
M/M Leander C. Miller

IN MEMORY OF:
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Marguerite P. Baird
Betty Deleneeyer
M/M James G. Fossey
M/M Kenneth Gable
M/M Karl A. Gamonde
M/M James M. Howerton
M/M Robert E. Woods
M/D Albert L. O’Brien

IN MEMORY OF:
Mutter Dow

IN MEMORY OF:
Betty Driemeyer
Marguerite P. Baird

IN MEMORY OF:
M/M Robert E. Woods
M/M January O’Berto

IN MEMORY OF:
Sadie Gartner

IN MEMORY OF:
Sadie Virginia Blatz

IN MEMORY OF:
Sadie Gartner

IN MEMORY OF:
Sadie Virginia Blatz
Two youngsters who received liver transplants at Barnes Hospital in 1985 eyed one another’s toys when they met at Children’s Hospital January 31, 1986. Mustafa Sharafi of Utica, Michigan, (left) was visiting liver transplant surgeon Dr. M. Wayne Flye to undergo a routine biopsy. Brandon Riddle was transferred to Children’s on January 31 and discharged to his Springfield, Missouri, home February 10.