Bulletin

Board of directors elects Ted C. Wetterau

Ted C. Wetterau, chairman of the board and chief executive officer of Wetterau Incorpo- rated, was elected to Barnes' board of directors at its March meeting.

Mr. Wetterau, a local civic leader as well as a leader in the nation's food industry, is noted for his many contributions to both the St. Louis community and his profession. Mr. Wetterau received international acclaim for his concepts in the design of a series of modularized super- markets more than 20 years ago.

During his 35-year career with Wetterau Incor- porated, he has worked in nearly every capacity from journeyman meat cutter to his current po- sition as chairman of the board. In the 1960s, Mr. Wetterau influenced the Wetterau board of directors to make the company the first in the industry to provide sophisticated services to its retailer customers. This industry-leading di- versification, together with acquisitions he se- lected, has led the company to unparalleled growth.

Currently, Mr. Wetterau serves as director of the Food Marketing Institute, honorary chair- man of the Food Industry Crusade Against Hun- ger and as a member of the board of the United States Chamber of Commerce. He is past chair- man of the board of the National-American Wholesale Grocers' Association.

Mr. Wetterau is past chairman of the board of the largest civic organization in the St. Louis area, the Regional Commerce and Growth As- sociation, which represents local government, business and labor interests in a nine-county region of Missouri and Illinois, and is now a member of its Chairman's Council. He also serves as a member of Civic Progress, a civic betterment organization composed of chief ex- ecutives of major corporations in St. Louis.

Devoted to community and charitable organi- zations, Mr. Wetterau is director of the Salva- tion Army and past chairman of its “Tree of Lights” drive; a director of the United Way of Greater St. Louis, and a director of Operation Search, Inc., the largest distributor of food for the needy in the Midwest. He recently served as chairman of Goodwill Industries' $35- million “Growing With Concern” capital fund- raising program. Mr. Wetterau is also active in the community's educational, cultural and ar- tistic activities.

Mr. Wetterau served as a member of the United States Army in Korea from 1946 to 1947. He received his bachelor of arts degree from West- minster College in Fulton, Missouri, in 1952 and was presented an honorary doctor of laws de- gree by the college in 1977.

Barnes to perform pancreas transplants

Surgeons hope to perform the first whole pan- creas transplant at Barnes Hospital within the next several weeks. One patient has already been placed on the waiting list, and others are being evaluated, said Dr. Douglas W. Hanto, Barnes transplant surgeon.

Initially, pancreas transplants will be an option only for diabetics who have been listed for a kidney transplant. They will receive the donor pancreas at the same time as their donor kidney. Eventually, patients who have had kid- ney transplants or those who do not need them will be considered.

The success of pancreas transplants at other transplant centers around the country has en- couraged Barnes to add the program to the transplant service, said Dr. Hanto. Dr. Chris- topher McCullough, who will join the staff in July, and Dr. Hanto will head the program.

"Nationally, there is a 50 to 70 percent one-year graft survival rate," said Dr. Hanto. Recipients of successful pancreas transplants need no in- sulin after the transplant and continue without insulin as long as no rejection develops. Dr. Hanto said that several recipients have re- mained insulin-free for more than five years af- ter transplant.

"We don't want to call this a cure for diabetes," said Dr. Hanto. "There isn't evidence in humans yet that pancreas transplants can reverse the advanced complications of diabetes such as blindness or kidney failure. Some diabetics do well on insulin and don't develop complica- tions. They won't need a transplant."

The greatest applicability for pancreas trans- plants in the future may be for young people who have just been diagnosed as diabetic. "We eventually would like to be able to identify the patients most at risk of developing diabetic complications, and perform a transplant soon after they are diagnosed, and before they ex- erience any complications," said Dr. Hanto. "This approach is probably several years away."

The Barnes team hopes to perform 10 to 15 transplants during the program's first year and 30 to 50 a year within two years, said Dr. Hanto.

Barnes, St. Peters join in VHA's CountDown USA

Barnes is combining forces with its new affili- ate, St. Peters Hospital, to offer blood pressure and cholesterol screenings to St. Charles County residents on Wednesday, May 4.

The screenings will be available from 10 a.m. to 7 p.m. at the Holiday Inn adjacent to St. Peters Hospital grounds. A $3 charge will help cover the cost of cholesterol screening supplies.

The project, CountDown USA, is an event spon- sored by Voluntary Hospitals of America (VHA) members across the country. It is part of a cam- paign against heart disease—the leading cause of death in the United States.

Missy Vest, R.N., a Barnes nurse-educator who is coordinating the event, pointed to a recent Wall Street Journal article which reported a sur- vey of 1,000 adults. Only 23 percent of that num- ber knew both their blood pressure and cholester- ol levels, and 46 percent knew neither one. "We hope this event will alert the public to the importance of knowing these health indicators and to change their lifestyles when necessary to prevent heart attacks or strokes," she said.

Barnes is providing nurses and dietitians for the screenings and St. Peters is providing registra- tion and clerical staff. Dr. Norman Fishman, physician on staff at both hospitals, is medical director for the project.

Organ preservation is focus of clinical trial

Barnes Hospital liver, kidney and pancreas transplant teams are involved in the clinical trial of a preservation fluid that may revolution- ize transplant technology.

The fluid, UW solution, preserves donor organs without deterioration, from the time they are retrieved, until they are transplanted. Without the solution, donor livers must be transplanted within six to eight hours. UW solution extends that time to 24 to 30 hours.

Organ retrieval can sometimes be a game of "beat the clock," and transplant centers have en- couraged Barnes to add the program to the transplant service, said Dr. Hanto. Dr. Chris- topher McCullough, who will join the staff in July, and Dr. Hanto will head the program.

"We want to call this a cure for diabetes," said Dr. Hanto. "There isn't evidence in humans yet that pancreas transplants can reverse the advanced complications of diabetes such as blindness or kidney failure. Some diabetics do well on insulin and don't develop complica- tions. They won't need a transplant."

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The fluids UW solution may eliminate this problem.

"This will have a tremendous impact on organ transplantation," said Dr. Douglas W. Hanto, Barnes liver and pancreas transplant surgeon. "More organs will be able to be transplanted. There will be less wastage, and organ sharing will be much easier."

Barnes surgeons used the solution twice within a week after they received their first shipment (continued on page 2)
of it. They transplanted two livers 10 hours after retrieval. One liver had been retrieved from California, the other from New York. Both livers are functioning well, said Dr. Hanto. Without the solutions, both transplants may still have been possible, but the timing would have been extremely critical, he said.

UW solution was developed by Dr. Folkert Belzer, head of the department of surgery at the University of Wisconsin. Dr. Belzer is known as "the father of organ preservation," said Dr. Hanto.

The solution's active component, hydroxyethyl starch, stabilizes organ tissue and prevents cellular swelling, although the reason for this is unclear.

The retrieval team prepares the donor organ with a technique called an in situ flush. While still in the donor's body, the organ's arteries are clamped. The blood is flushed from the organ with the UW solution. The organ is then removed from the donor's body and placed in a plastic bag filled with the solution. The bag is then kept on ice and transported back to Barnes for transplant.

The solution will be used on any liver, kidney or pancreas retrieved for transplant at Barnes.

Barnes is the only St. Louis area hospital involved in the clinical trial of the UW solution. Several other transplant centers around the country are participating. During the initial six-month phase, investigators hope to gather enough data to apply for FDA approval, said Dr. Hanto.

CanSurmount volunteers receive recertification

A panel discussion and lecture series highlighted the first recertification program of CanSurmount volunteers. CanSurmount, a program through which newly diagnosed cancer patients offer support to newly diagnosed cancer patients, recently celebrated its second anniversary, and almost all of its more than 40 original volunteers were recertified for their second two-year terms March 22. The program, sponsored by Barnes Hospital, the Mallinckrodt Institute of Radiology Radiation Oncology Center and the Barnard Free Skin and Cancer Hospital.

"Allowing cancer patients to share questions and concerns with someone who cares—someone who has cancer, too—is the focus of CanSurmount. Our volunteers understand the experience of cancer, the struggle of patients and their families, and the challenges of dealing with cancer less difficult and lonely. They offer support to newly diagnosed cancer patients, recently diagnosed cancer patients, and those who have been treated for cancer," said Lois Howland, a CanSurmount member and consumer relations specialist for their five years of service to the community, promoting the professional practice of cardiology for technicians.
Mae Martin retires after 47 years of service

The Hummel figureine is a deeply treasured gift from staff members. It reads “Auf Weidersehan. Auf Weidersehan.”

“Good-bye and good luck.” An appropriate gift for Mae Martin, who, on March 11, retired after 47 years of employment at Barnes Hospital.

Mrs. Martin began her career at Barnes as a cashier in 1940, after graduating from Rubicam Business College in St. Louis. In 1942, she was named head cashier and then, in 1944, credit manager. She became an executive assistant in the admitting department in 1951 and has been director of that department for 15 years.

Forty-seven years ago, Mrs. Martin remembers, Barnes was without the Wohl, Renard, McMillan and Maternity buildings. She says she has seen many changes in those areas—construction and renovation to add new facilities and clinics to the complex.

Mrs. Martin well remembers Barnes Hospital without Queeney Tower and the plans to tear down the old Private Pavilion to build the Tower in July 1965. “Queeney Tower was a positive addition to the complex,” she says. “The foresight of Edgar Queeney to set floors aside for hotel-type accommodations has had a great impact on ambulatory care at Barnes.”

One of the most significant changes at Barnes through the years has been in technology, Mrs. Martin says. “I didn’t know I would be here to ever see kidney, heart and then liver transplants.”

The physical and technical aspects won’t be the only memories Mrs. Martin will have of Barnes as she looks back on her employment years. “The people and staff are my fondest memories,” she says. “Those memories will keep me going.”

Mrs. Martin hopes she will be remembered at Barnes for her professional contributions—assisting physicians and patients with special needs, assisting peers and colleagues and being instrumental in the development and growth of the admitting staff. She has earned personal recognition for these and other professional achievements through the years. In 1985, she received the Marian Blankenship Distinguished Service Award from the National Association of Hospital Admitting Managers, having served on the association’s board for three years. She received the Barnes Hospital Society Award of Merit in 1986, an honor she believes represents trust and confidence.

“I have been extremely proud to represent Barnes,” says Mrs. Martin, “because of its commitment to excellence in the medical field. I have been proud to be an employee.”

Retirement will be an adjustment for Mae Martin after 47 years, however. She will have support from her family—especially her husband, Walter, who has been retired just 14 months. Mrs. Martin and her husband plan to travel to Houston to see their son, Tom, as well as to retrace Mr. Martin’s steps during duty in World War II in France, England and Belgium.

“First, I’m going to get over the adjustment of not working,” she says, “and then I’m going to find a special interest through which I can contribute to others. People ask me, ‘How can you work there so long?’” she continues. “I have never had a boring day; they have all been challenging. I look back and think about how many people I have assisted each day and that is why it has been so rewarding.”

Employee retirements

Two long-term employees retired recently with a combined total of 36 years of service to the hospital. Elizabeth “Liz” Bradby and Conita Schmitz, nursing service, each received a certificate of appreciation from Barnes president Max Poll at receptions in their honor.

Mrs. Bradley, unit clerk, started working at Barnes 15 years ago as a nurses aide in neurosurgery and retired from 5400 in February. “I’ve always felt that I should be a part of the nursing field, and I’ve enjoyed my years at Barnes very much.” A native of Norfolk, Virginia, Mrs. Bradley plans to spend much of her retirement visiting “home” or her sons in New York and Texas. She also has two daughters, who live in the St. Louis area. Mrs. Bradley also plans to visit her friends at Barnes and is considering volunteering for the hospital.

Mrs. Schmitz, LPN, spent her 21-year tenure working on general medicine divisions. “I remember when Mercedes Hartmann was a nursing student—now she’s a senior vice president!” Mrs. Schmitz plans to relax for awhile and is looking forward to redecorating her home. Her husband is to retire soon also, so they hope to do some traveling—a three-week trip to Munich, Germany, is in the works. They also plan to spend more time with their four sons and five (soon to be six) grandchildren.

Dr. Sobel receives national award

Dr. Burton E. Sobel, director of Barnes’ cardiovascular division, was unanimously selected as the first recipient of the Robert J. and Claire Pasarow Foundation Award for 1987. The award, in recognition of Dr. Sobel’s work in the field of cardiovascular medical science, was presented at a March 24 dinner in West Hollywood, California.

Dr. Sobel’s early work delineated, for the first time, the amount of heart muscle injured during the course of heart attack by means of simple, serial blood tests. His studies of the MB CK enzyme in blood established its assay as the cornerstone of the diagnosis of heart attack throughout the world. Subsequently, Dr. Sobel and his colleagues were the first to visualize biochemical properties of heart muscle in patients with the use of positron emission tomography.

More recently, Dr. Sobel’s work has focused on the interruption of heart attacks in progress, dissolving clots in the coronary arteries that are responsible for the attacks with a novel agent, tissue-type plasminogen activator (t-PA). His use of t-PA, produced by genetic engineering, was soon to follow, leading to several large-scale multicenter clinical trials and its recent approval by the Food and Drug Administration.

Patients to nominate RNs for national contest

Nine registered nurses from across the country who exemplify the best of their profession will be honored as “Nurses Who Make a Difference” in a nationwide contest sponsored by the American Hospital Association and the American Organization of Nurse Executives. Patients who nominate the winning nurses will receive two free airline tickets for travel anywhere in the continental United States.

Patients who have received exceptional nursing care during the past year and members of patients’ families are eligible to enter the contest. (No entries from co-workers, employers or relatives will be considered.) Entrants are asked to write a short description of the outstanding nurse care received, and specific examples of how the nurse’s work demonstrated compassion, leadership or creativity in a direct patient care, hospital education or community program setting. A panel of judges will base their decisions on the quality of the nurse’s contribution.

One-page descriptions of the nurse’s exceptional contribution, including the nurse’s name, the name and address of the nurse’s employer and the entrant’s name, address and phone number should be submitted to the Nurses Who Make a Difference Recognition Contest, AHA Division of Nursing, 840 N. Lake Shore Drive, Chicago, Illinois 60611. Entries must be postmarked no later than National Nurses Day, May 7. Authors of the winning essays will be notified in May.

A slice of the ribbon by Fenton Mayor Joseph Morgan recently opened Barnes/Sutter Healthcare’s Fenton facility. Local dignitaries and Barnes officials took part in the March 3 ceremony and reception. The third facility in the system of occupational medicine centers, Barnes/Sutter HealthCare, Fenton, is located at 1736 West Park Center Drive, off Bowles Avenue.
It's often with a sense of pride and maybe a certain sense of humor that we look back on first job experiences. Everyone starts somewhere, and whether that was flipping burgers, selling sportswear or hawking newspapers, we remember the excitement of earning that first paycheck.

Maybe your first job is in no way related to what you’re doing now—or maybe it influenced your career choice. We asked some Barnes employees to reminisce and share their first employment experiences with Bulletin readers.

**John Finan, executive vice-president**

*First job: Admitting attendant, Hotel Dieu Hospital, New Orleans, Louisiana*

While the duties have changed, the environment has remained the same since 1962 when Mr. Finan earned 85 cents an hour transporting patients to their rooms. "The job was a very sobering experience," he recalls.

Mr. Finan once thought he would like to manage a large corporation, and his early experience at the hospital influenced his future career. "I like the people and the environment," he says.

**Dr. Peter Smith, Barnes neurotologist**

*First job: Paperboy, age 11, Panama Canal Zone*

Quite a switch from his first job of delivering newspapers, Dr. Smith’s first "real" job came after he had earned a Ph.D. in chemical engineering from Purdue University. He worked for an oil company in Houston, Texas, for two years before deciding that medicine was the field for him. Today, Dr. Smith’s skill as a neurotologist is nationally renowned.

**Carol A. Smith, assistant director, cardiac diagnostic lab**

*First job: Women’s sportswear clerk, Stix, Baer and Fuller, River Roads Mall, St. Louis County*

On the first day of her first job, Ms. Smith reported to work on time—but at the wrong store. "I went to West Roads in Brentwood," she remembers. "I thought I was going to get fired on my first day, but they were very understanding." She was in high school at the time and received minimum wage.

**Susanne Puckett, associate director, patient services, food and nutrition department**

*First job: Piano teacher, Union, Missouri*

Mrs. Puckett taught beginning and advanced piano lessons during her high school and early college years in Union, Missouri. She tutored 15 to 20 students, ranging from a 6-year-old tyke to "the wife of an ophthalmologist in town," and earned $1.50 for each half-hour lesson.

"The 6-year-old was an outstanding student," she remembers. He was tiny and his hands barely reached an octave, but he practiced hard to learn 'Blue Suede Shoes' and could really tickle the ivory.

**Earl Martin, Queeny Tower bell captain**

*First job: Paperboy*

Second job: Mold washer, Arma’s Packing House, St. Louis

Mr. Martin’s first job selling newspapers at the age of 16 led him to his second job after he helped save the packing house owner’s life. While selling papers near the packing house,
Mr. Martin discovered that the owner had become ill while working alone. A quick phone call by Mr. Martin brought medical assistance and he later learned that the owner had suffered a heart attack. After the owner recovered, he told Mr. Martin "as long as I'm living, you've got a job here."

"I worked at the packing house for two years," Mr. Martin said, "washing molds used to form frankfurters, hams, bologna and cold cuts, and also working in the coolers." Mr. Martin left the packing house for the armed forces at age 18.

Mike Bothe, head nurse, emergency department
First jobs: Car mechanic and ditch digger, St. Louis
Mr. Bothe's father helped him get his start in the work force with two part-time jobs while in high school. Changing oil, pumping gas and digging ditches weren't the tidiest of jobs, and Mr. Bothe's mother "wouldn't let me come home until I changed clothes," he laughs.

Working at the gas station paid $1.10 an hour in 1963, Mr. Bothe says, but digging ditches paid an attractive $2.25. "It was extra money, and I fit working in between school and sports."

Digging ditches was hard work, especially when they weren't dug quite where they should have been. "We dug on one ditch for two and one-half days in 90 degree weather," Mr. Bothe remembers. "Then we found out we had been digging in the wrong place."

Armentha Gilliard, receptionist, discharge waiting
First job: Bus girl in a downtown St. Louis cafeteria
Mrs. Gilliard can't recall the name of the restaurant, but she remembers how she used her first paychecks—to buy school supplies. She worked the summer she was 16 years old for minimum wage.

"I remember that first check," she says, "and having to get a social security number so I could work."

As a bus girl, Mrs. Gilliard cleared dishes from tables in the cafeteria. Did she ever drop anything? "Oh no," she says. "I was too frightened to drop anything."

Bobbie Lee, director, dispatch service
First job: Central service aide, Barnes Hospital
That's right—Ms. Lee's first job was at Barnes Hospital. Since then, she has attended cosmetology school and owned partnership in a cosmetology shop, but she has been back at Barnes since 1964.

Ms. Lee had graduated from high school when she started as a central service aide at Barnes. Her job was to package gloves, make operating room packs and fold gowns, sheets and towels. She earned $100 a month.

"I had a good job," Ms. Lee says, "and that was a lot of money at the time. I returned to Barnes, because I enjoyed working here and felt there was a future for me at the hospital."

Sherlyn Hailstone, vice-president for nursing service
First job: Nurse assistant in a nursing home, Gillespie, Illinois
Mrs. Hailstone's first job was in the same field she specializes in today—nursing. She began working at the nursing home summers and weekends during high school and, during nursing school, served as a nurse assistant there.

"What made the job professionally valuable," says Mrs. Hailstone, "is that, as a nurse assistant at a 53-bed nursing home, I developed a special feeling for elderly patients while assuming a lot of responsibility as 'night charge' after one year of nursing training."

John Hermann, assistant director, medical staff support
First job: Concession salesman and parking lot attendant, St. Louis Zoo
Selling snow cones and collecting money for zoo parking were Mr. Hermann's first job duties. He worked during summers while he was in high school and earned $365 a month.

One of Mr. Hermann's most vivid experiences left a lasting impression. "I had my life threatened by some guy who wanted to park," Mr. Hermann says. "The lot was full and I couldn't let him in." The park's mounted police, however, intervened and spared Mr. Hermann a close encounter of the worst kind.

It could be said that John Finan, executive vice-president and chief operating officer, has climbed the hospital ladder. Mr. Finan's very first job was as an admitting attendant at a hospital in New Orleans, Louisiana.
Media spotlight

As a national leader in patient care and medical research, Barnes serves as an information resource center. In 1987, more than 1,300 queries from broadcast and print media representatives were made to the public relations department requesting that Barnes medical and professional staff explain current health care concerns and discoveries. Highlights of the media's coverage of Barnes during the last month include the following:

A series by reporter Jean Jackson on KMOV-TV February 17 and 18 looked at modern plastic and reconstructive surgery. Dr. John M. Friedrich, chief of otolaryngology, explained that major defects in the head and neck area can be restored to near-normal appearance and function. This "free-flap" technique uses flaps of tissue taken from the trunk or limbs to reconstruct the defect. Facial plastic surgery was discussed by Dr. J. Regan Thomas, who specializes in that area.

A study published February 18 in the Journal of the American Medical Association found that people who smoke 40 or more cigarettes a day have a two-fold increased risk of stroke. Dr. Ocatvio de Marchena, neurologist, was interviewed by Lisa Allen, KTV-TV. He said smoking contributes to hypertension and atherosclerosis, both major causes of strokes. He added that strokes afflict 400,000 people a year, often without warning.

Many overweight people are unfortunate in having inherited a slower metabolism, new studies have found. Dr. Stephen R. Crespin, endocrinologist, said many people simply burn calories more slowly and thus find weight control very difficult. Such people can maintain normal body weight by choosing foods that are low in calories and through exercise, he said.

Schizophrenia was discussed in depth for the Belleville (Illinois) News Democrat by Dr. Terrence S. Early, psychiatrist, March 6. Dr. Early said schizophrenia actually represents a group of psychotic disorders characterized by gross distortions of reality. The disease strikes indiscriminately, occurring in all societies.

A controversy about the word "safe" in advertisements for tanning booths was covered by KMOV-TV March 10. Dermatologist Dr. Ann G. Martin was called on for perspective. Dr. Martin said the light emitted from tanning booths probably can cause damage equal to that of the sun's rays, but the results of long-term studies are not yet available.

A story on KMOV-TV March 14 by reporter Al Wiman brought viewers up to date on Cynthia Conrad, a very special liver transplant patient. Dr. Douglas W. Hanto, transplant surgeon, said Mrs. Conrad's case exemplifies organ transplantation's ability to save lives. The Ballwin resident is now a full-time mother of 3-year-old Katie and 4-month-old Christopher, who was born just three days prior to her mother's transplant for acute fatty liver disease, a rare complication of pregnancy.

Dr. Robert M. Feibel, ophthalmologist, discussed glaucoma and the risks of certain medications during a special report on KSDK-TV March 15. Dr. Thomas Mustoe, plastic and reconstructive surgeon, will conduct the program. Dr. T. O'Neal told Commerce Magazine that today hospitals are challenged to provide quality care in a restrictive marketplace. Mr. Pol was interviewed for a story on the "business" of hospitals for the magazine's April issue. He said hospitals attempt to maintain a high quality of care without being free to control costs of equipment and supplies or to effectively raise prices to consumers.

Community calendar

Thursday, April 7
Barnes' monthly, two-week refresher childbirth course, designed for families who have participated in prepared childbirth classes during previous pregnancies, offers a condensation of the general information along with a review of relaxation and breathing techniques. Class meets from 7 to 9:30 p.m.; there is a $30 registration fee. For more information, call (314) 362-MOMS.

Monday, April 11
I'm Important, Too! is the focus of Barnes' sibling preparation course taught by nurse-educators, maternity nurses and social workers and offered monthly from 10 to 11:30 a.m. This one-session program for parents and their children (ages 2 to 6) is designed to help children accept a new family member. The parents' awareness of each child's special importance is discussed informally during the class. Children practice holding and diapering life-like dolls and take a trip to the nursery. Registration is $6 per child. For more information, call (314) 362-MOMS.

Tuesday, April 19
Making summer vacation plans? Traveling with diabetes will be discussed at this month's lecture on diabetes to be presented at 7 p.m. in Barnes' East Pavilion Auditorium. Diabetes nurse specialists Libby Hughes and Mary Kay Knight will be the speakers. For more information about this free lecture, call (314) 362-1390.

Wednesday, April 20
Cosmetic surgery will be the topic of this month's free "Ask the Doctor" seminar at 7 p.m. in the East Pavilion Auditorium of Barnes Hospital. Dr. Thomas Mustoe, plastic and reconstructive surgeon, will conduct the program.

The ribbon-cutting that officially opened Barnes' 180-foot pedestrian bridge was covered by local media, including KITV-TV, the Suburban Journals and the St. Louis Post-Dispatch. Martha Eyermann, Auxiliary president, was one of the speakers at the March 10 ceremony.

which will include topics such as tummy-tucks, breast augmentation and reduction, and suction lipectomy, a procedure which removes unwanted fat cells in key areas such as the hips, thighs and stomach that do not yield to conventional diet and exercise. Registration is required; call (314) 362-5290.

Thursday, April 8
"Cancer: Prevention, Early Warning Signs and Detection" is the topic of a free community seminar hosted by Barnes oncology nurse specialists at 7 p.m. at the Oak Bend Library, just off Big Bend Boulevard at Highway 44. Dr. Jay Marion, oncologist, will be the speaker. The seminar will feature demonstrations with anatomical models on breast self-examination, self-examination for testicular cancer and oral cancer warning signs. Registration is required; call (314) 362-5214.

Tuesday, May 3
Male impotency is the subject of a monthly series of free, informal discussions hosted by Dr. John Daniels, male diagnostic specialist, at 7 p.m. in Barnes' East Pavilion Auditorium. The program includes slides and printed materials as well as time for individual questions and answers. Attendance is limited to allow time for ample discussion, so advance registration is required. Call (314) 362-5290.

Free skin cancer exams at Barnes May 7
Barnes is one of six hospitals in the metropolitan area cooperating with the St. Louis Dermatological Society, the American Academy of Dermatology, the American Cancer Society and the Skin Cancer Foundation to offer free total body skin examinations for skin cancer May 7.

The screenings at the Barnes site will be done by dermatologists on Barnes' staff. They will be available on the fifth floor of the Wohl Clinics building between 9 a.m. and 5 p.m. The screenings will be by appointment only. The number to call at Barnes is (314) 362-4025.

The screening will be a total body skin examination in a private examining room and will take about 20 minutes. No treatment will be provided, but if suspicious areas are noted, participants will be referred to their dermatologists. Doctors point out that a total body examination is necessary, because melanoma, the most dangerous skin cancer, occurs 10 percent of the time in the area covered by a bathing suit.

New education program offered for diabetics

The Barnes Hospital diabetes education service has established a new patient education program, offering individualized sessions designed specifically to meet the educational needs of the hospital's diabetic patients.

Through the outpatient program, a clinical diettian and a nurse-educator are available by appointment in Barnes' Health Education and Screening Center, just off the main ground floor lobby. The patient's physician will receive a copy of the topics covered, an evaluation of patient instruction and the instructor's assessment after the program is completed.

For more information about the program, charges and insurance coverage, call (314) 362-1390.
Born in Pittsburgh, Pennsylvania, Dr. McAfee received his bachelor's degree from Washington State University and graduated from Washington University School of Medicine in 1942. He served in the Navy during World War II and helped establish base hospitals in the South Pacific, for which he received the Marine Corps Commendation Ribbon. Dr. McAfee, who also served as chief of surgery at St. Luke's Hospital, retired from practice in 1983—the same year he received the Washington University School of Medicine Alumni Award for career accomplishment.

Dr. McAfee, who resided in Clayton, is survived by his wife, Jane, and a son and daughter.

Mary Ann Zeiger dies
Mary Ann Zeiger, Barnes assistant supervisor of accounts payable, died March 1. Miss Zeiger, 49, suffered a massive heart attack in her home.

Miss Zeiger, a 29-year employee, began as a clerk in accounts payable and was named assistant supervisor in the 1970s. With her vast knowledge and years of experience, she was admired and respected both in her department and throughout the hospital.

A long-time resident of Dellwood, Missouri, in North County, Miss Zeiger is survived by her mother and two brothers. Donations may be made to the American Heart Association's St. Louis chapter.

Gifts to Barnes Hospital Funds
Listed below are the names of persons (honorees in boldface) who have made contributions during February 1988, to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of patients. Donations to the hospital may be made through the Barnes Hospital Auxiliary or the development office.

 auxillary tribute fund
IN MEMORY OF: Mrs. Hugh Foley E. F. Bridgforth-Heider Barnes Hospital Auxiliary
Mrs. Martha Eyerstein Mr. & Mrs. Parker Frischbein
IN MEMORY OF: Mrs. Paul Hartwell J. Paul Hartwell
IN MEMORY OF: Mrs. Eugenia Stout Charles A. Hayde Mrs. Catherine McCarter
IN MEMORY OF: Dorothy Brgmann Mr. & Mrs. Warren Tropp
IN MEMORY OF: E. F. Bridgforth-Heider Central Hardware Company Barnes Hospital
Mr. & Mrs. John Hauser Jr. MaecMartin
IN MEMORY OF: Safeco Ins. Services Dept. Mr. & Mrs. Harold Sackmore
IN MEMORY OF: Louis Bechtle Employees of Hager Hinge
Mr. & Mrs. Richard Nichols Mr. & Mrs. Steve Saylor
Mr. & Mrs. Army Reiswald
Jeanne Schwartz Arthur & Nancy Werner
Mr. & Mrs. Kenneth Niewald
IN HONOR OF: Sarah Yapulaninan Mr. & Mrs. Edward C. Jungwirth
IN HONOR OF: John Stuti Stuart F. Meyer
IN HONOR OF: Jeanne Schwarz
IN HONOR OF: Dale Edwards Mr. & Mrs. John Hauser Jr.
IN HONOR OF: Max Martin
IN HONOR OF: Mr. & Mrs. Harold Sackmore

Patient Education Fund
IN HONOR OF: Appreciation For Det Assistance Jill Malen, R.N.

Stein Memorial Fund
Walter Stromberg

Urology Research
Frank S. Riodan Jr.

Sheryl Stern Nursing Scholarship
IN MEMORY OF: Sam Stern's Birthday
Ingle Maud
Norma Stern
Sheryl Stern
IN HONOR OF: Birthday Of Irene Lederman
Ingle Maud
Norma Stern

Burn Unit Education Fund
Franz Survival Systems, Inc. The Boots Company (USA), Inc.

Bone Marrow Transplant Unit
May Stores Foundation, Inc.

IN MEMORY OF: William Degg Ruby Degg & Family

Dr. Joseph C. Edwards Care Of The Patient Fund
Ciba-Geigy Corporation Lucile Dunker Marion Laboratories

Jablownow Fund
IN MEMORY OF: Bud Monting Mrs. Louis Jablownow

Elizabeth Stevenson Memorial Fund
Steve Turner

Jonathan Adam Jonas Cancer Research
IN TRIBUTE TO: Special Loving Tribute To Jonathan Adam Jonas Parents, Debra & Stephen, and Brothers, Jeffrey & Jared
Donna Iken In Memory Of Brother, Robert Iken
Stephen Jonas Family
IN MEMORY OF: Virginia Cincaitch Esther Jonas
Robert & Pat Laufer
Jack Grodky David & Susan Henschel

Lynn Kohane Schukar Memorial
The Hyman & Susan Wein Foundation

IN MEMORY OF: Earl Alexander Mr. & Mrs. William Stolar
Martin Kodos Mrs. Dorothy Schukar

SHARE Tribute
IN MEMORY OF: Daughter Of Yvonne Faitler Joyce Mayer
Shirley Houston Carolyn Engleken

Patient Care Fund
Bessie Bailey
Ruth Bailey
W. Clifton Banta Mr. & Mrs. Oscar Brakensiek
Helen M. Ballmer
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Mildred Drifon
Wildred Eickles Lois C. Foger
Ruth Greer
Margaret Kesseling Herbert P. Seshelman
Norlean Murphy Loata Norman McAdy & Paterson
Mary M. Rippy John R. Ritche
Lois U. Sandmark Ercyle S. Robison

IN HONOR OF: Dura S. Stieg
Dr. & Mrs. George H. Wiehe Jr. Daisy Williste
IN MEMORY OF: Kathy Bushong Mr. & Mrs. Nick Belfingli
IN MEMORY OF: Marjorie S. Kilgore Gloria Gerich Parkside Meadows Family Council
IN MEMORY OF: Elizabeth Rudolph Family of Elizabeth Rudolph

Barnes Hospital Endowment
Mr. & Mrs. F. E. Stalithus

Annual Fund
Carl W. Adams Joseph Alverno R. K. Burham
Josephine Barteau Marjorie Bartuck
Ruth Bailey
Dr. & Mrs. Ted Dzoraynski Mildred E. English
Mildred Gazdik
Mrs. & Mr. Earl Geissberger
Lucille Haller

IN MEMORY OF: Franklin Harper
Steve Hecker
Harry Kuhler
Raymond F. McCormick
Charles V. McKinnon
Barbara S. Pfasterer
Lester Smitman
Mr. & Mrs. Fordyce M. Yantis

IN MEMORY OF: Dr. J. Opura
E. E. Sheffey
Little Laura Wang proudly models a T-shirt given to her by the Girl Scout Council of Greater St. Louis in honor of National Girl Scout Week, celebrating the 76th anniversary of Girl Scouting in the United States, March 6 through 12. Along with the T-shirts, presented to all baby girls born during the celebration, parents received a postcard to register their daughters to receive a birthday card on their next five birthdays and to be invited to join a Daisy Girl Scout troop at age five.