Barnes Hospital announced the acquisition of Faith Family Hospital Aug. 11, Located at Olive Blvd. and Mason Road, the 132-bed facility will offer a full range of services with a focus on outpatient and short-stay diagnostic services.

Smithmier appointed administrator:

**Barnes acquires Faith Family Hospital**

A major acquisition that will expand opportunities to provide convenient services in the Barnes system was announced August 11. Barnes and Faith Family Hospital reached an agreement in principle to transfer ownership and operation of Barnes Physician Referral Service. In addition to referring callers to physicians or services, the nurses monitor the Lifeline crisis communication system and the Critical Cardiology Service 24 hours a day. (See page 4 and 5.)

Mr. Signorelli said the transfer to Barnes is compatible with the Faith Family Hospital founding mission of serving as a community healthcare resource. He said the Faith board evaluated several proposals and selected Barnes, particularly for assuring the continuity of community-based services. Signorelli added that the plan maintains the board’s long-standing commitment that any use of the land or facilities contribute to the enhancement of the community.

The agreement was announced by Andrew J. Signorelli, administrator of Faith Family Hospital, and by Max Poll, Barnes president and CEO. Mr. Poll stated that planning is under way for a full range of services to be offered at the newly acquired facility, with a focus on outpatient and short-stay diagnostic services.

Ken Smithmier, formerly vice president of Ancillary Services, has been appointed administrator of the new Barnes facility. Smithmier said the hospital, which is located in Creve Coeur, offers an ideal opportunity to make the medical resources of Barnes more convenient to a wider portion of the metropolitan area.

"Barnes doctors and their patients from the West County area have consistently expressed a need for a short-stay and diagnostic facility in the West County area," Smithmier said. "The acquisition satisfies this need with an accessible and attractive location.

"The hospital’s proximity to I-270 in West St. Louis County makes it easily accessible to doctors and patients in North and South County as well," Smithmier noted.

Mr. Poll said the acquisition of the Faith facility fits into the strategic plan to offer a full range of coordinated healthcare services through a network of interlocking locations, assuring superior quality of care. The system is anchored by Barnes Hospital and its unique depth of medical resources in partnership with Washington University Medical School.

Barnes in 1988 acquired St. Peters Hospital and has continued to expand clinical affiliations at carefully evaluated sites within a 150-mile radius of St. Louis. Barnes skilled nursing facilities are also under construction in Clayton and in Chesterfield.

Also in the Barnes system, Barnes Home Health Services includes four service lines: Home Health, Hospice, Home IV Care, and Home Medical Equipment. Barnes Sutter Healthcare offers occupational medicine at three locations: downtown, South and West County. Barnes is also a partner in Abbott Ambulance Co. and in ARCH, the regional helicopter ambulance service.

Faith Family Hospital was founded in 1937 by Dr. A. J. Signorelli in response to the needs of the community. At that time, the hospital served primarily the St. Louis families of Italian immigrants. The 132-bed hospital moved to its present location in 1969, where the facilities include the hospital and a three-story medical office building on extensively landscaped grounds.

Two lives saved with lungs from one donor

Two lives were saved by a single organ donor on August 7, when lung transplant surgeons at Barnes Hospital became the first in the United States to split and transplant both lungs from one donor into two recipients.

The retrieval team of Drs. Michael K. Pasque and David Haydock, Barnes surgeons, flew to Pittsburgh, where the donor was located. They returned to Barnes and began the two single-lung transplants around midnight. The operations concluded at 7:30 a.m.

The recipients reside at opposite ends of the nation, but they now have something in common, a second chance at life thanks to the same donor. A 46-year-old woman from Washington state received the right lung, and a 54-year-old man from New Jersey received the left lung. Each suffered from severe emphysema. Without a transplant, neither was expected to live more than a few days or weeks.

"Lung transplantation is a logistical exercise. To do two on such short notice is remarkable," says Dr. Joel D. Cooper, head of Barnes’ section of thoracic surgery, who headed one of the transplant teams. The other transplant team was headed by Larry R. Kaiser, Barnes thoracic surgeon. The anesthesia teams were headed by Dr. Carey Ira Weiss.

"I realized I had two emergencies and this might be the chance to try retrieval of both lungs for two recipients," Dr. Cooper says.

Fewer lungs are available for transplant than any other major organ. Dr. Cooper says 200 to 300 lungs are suitable for donation each year but only one out of every 20 lungs are suitable for transplant. He says half of the people awaiting lung transplants die before they get one.

Utilizing two lungs from one donor had been accomplished only in England before the transplants at Barnes. Previously, the left lung would have been transplanted and the right wasted, or both lungs as a block might have been transplanted into one recipient. "This is exciting for patients who need lung transplants," Dr. Cooper says. "This is a way of doubling the number of donors for lung transplant, as well as a way to share among centers."

Currently, 15 patients from throughout the St. Louis area are awaiting lung transplants. However, only six or seven donors a year are found in the region that includes eastern Missouri."This is a way of doubling the number of donors for lung transplant, as well as a way to share among centers."

Since the first successful lung transplant was performed in 1983 by Dr. Cooper at Toronto General Hospital, there have been more than 65 performed worldwide. One-third of these transplants have been performed at Barnes.
Several members of the Barnes staff have contributed to the success of Project Orbis, a flying eye hospital. Standing in front of the “Spirit of Orbis,” a 1940 biplane used for promotional flights, are, from left, Barnes ophthalmologists Dr. Harry Knopf and Dr. Lawrence Gans, Donna Kurowski, assistant head nurse, and Dr. Robert Munsch.

Orbis, a DC-8 which contains an examination room, operating room and recovery room, has flown 93 missions in 55 countries over the last seven years. Its staff has restored sight to more than 7,500 patients and taught surgical skills to at least 8,000 doctors in those countries.

**Flying nurse helps restore sight around the world**

Donna Kurowski, Barnes Hospital ophthalmology operating room assistant head nurse, will spend her vacation in Tunisia and Peru this summer. In the past, she has travelled to locations such as Haiti, Morocco, Sudan and Russia. The locations sound exotic, but there has been little time for leisure.

Ms. Kurowski traveled to these countries and a host of other far away places as a staff member of Project Orbis, a flying teaching hospital devoted to fighting blindness all over the world.

Orbis, whose name comes from the Greek word for “orbit” and the Latin word for “world,” flies primarily to developing countries where its staff of 25 doctors, nurses, technicians and administrators demonstrates the latest techniques in ophthalmological surgery. Procedures performed by the team include corneal transplants, cataract extractions and laser surgery.

Orbis, which houses an examination room, operating room, recovery room and classroom. In the past seven years, Orbis has traveled to 55 countries, restoring sight to more than 7,500 patients and teaching sight-saving techniques to more than 8,000 doctors.

One of the unique aspects of Orbis is the opportunity for doctors from foreign countries to get hands-on experience with new techniques. That wouldn't be possible if they travelled to the United States because laws wouldn't permit them to perform surgery in American operating rooms. The Orbis staff also leaves behind a videotape of all of the procedures performed while in that country to serve as a continuing education tool.

While part of the Orbis team is conducting surgery aboard Orbis, a community outreach team goes into the towns and villages to provide health education in the areas of nutrition, infection control and sanitation as preventive measures against blindness.

Orbis also has established eye tissue banks in the countries it has visited.

**Barnes milestone marked by 100th liver transplant**

A milestone for the Barnes Hospital liver transplant program occurred on July 20. On that day, Donald E. Smith, 32, of Bluffs, Ill., received the 100th liver transplant performed at the hospital since the program began in 1985. The transplant team was headed by Dr. Douglas Hanto, Barnes chief of transplantation.

Mr. Smith, who had been on the waiting list for a donor organ since April, had suffered from chronic active hepatitis since 1979. The disease causes scarring of the liver, and its cause is unknown. Mr. Smith underwent surgery in 1987. However, his condition deteriorated earlier this year, making a transplant necessary.

According to Dr. Hanto, liver transplants have become accepted medical practice for otherwise fatal liver diseases. He explains that candidates for liver transplants have only a 25 percent chance of living one year without a transplant, making them the most desperate of patients waiting for major organ transplants.

While heart candidates can temporarily be placed on mechanical assist devices and kidney patients may receive dialysis, no alternative exists for liver failure other than transplant. The liver, Dr. Hanto says, may be the most crucial organ—short of the brain—as it performs hundreds of functions.

While Mr. Smith represents the 100th transplant, he actually is the 84th recipient. Some transplant patients have received two transplants. The 100th patient to benefit from the transplant service probably will occur later this year.

**Nearly severed nose reattached at Barnes**

On August 3, Barnes Hospital received the chance to perform surgery on a rare injury when a construction worker was admitted to the emergency department with a nearly severed nose.

Wallace Kersting, 33, of Wright City, Mo., was transported from DePaul Health Center to have his nose reattached after a piece of tin roofing collapsed and fell across his face. The mishap occurred at a construction site in Earth City, Mo., where he was working.

Mr. Kersting used a friend’s shirt to hold his nose in place and was rushed to DePaul. After examining Mr. Kersting, doctors at DePaul determined that he should be referred to Barnes, where he could undergo replantation. Mr. Kersting was admitted to Barnes’ emergency department and underwent two hours of surgery. The
surgical team was headed by Dr. V. Leroy Young, plastic/reconstructive surgeon.

Dr. Young said the surgery involved repairing the separate structures of the nose. Microvascular surgery was not required. Dr. Young said that this type of injury and surgery is extremely rare, however, Mr. Kersting should make a complete recovery.

Barnes serves as a major referral center in the Midwest for re plantation of severed body parts.

According to Dr. Young, there are some basic steps to take in an emergency where someone has severed an appendage. First, place the appendage on a damp sponge surrounded with crushed ice. To avoid tissue damage, the ice should not directly touch the skin. Dry ice should not be used for this purpose. Second, place the appendage in a sterile container. A plastic bag with an interlocking top closure will work for this. If you are transporting the severed body part, place the bag or container in a cooler and change the crushed ice as necessary.

Sandra Grant named director of long term care

Sandra Grant has been named director of long term care to oversee Barnes Hospital’s skilled nursing facilities (SNF). Construction on the Chesterfield SNF and the Clayton SNF began earlier this year and is expected to be completed in the summer of 1990. The 120-bed Chesterfield SNF will be part of a retirement community on Olive Street Road. The Clayton SNF, also 120 beds, will be part of the development on the former St. Louis County Hospital site on Brentwood Boulevard. It will occupy approximately two acres of the 23-acre development, which will also include commercial office space. Both facilities will provide both skilled nursing care and intermediate care.

In her position as director of long term care, Ms. Grant will work closely with the construction company in the planning of the facilities and will begin program planning for the highly skilled centers. She will be responsible for selection of healthcare professionals to staff the new facilities and will manage daily operations when the centers open.

Ms. Grant joins the Barnes management team following more than 11 years in healthcare administration at John Knox Village, a continuing care retirement community in Lee’s Summit, Mo. Ms. Grant began as office manager, administrator in training, and administrative assistant to the executive director of the village’s 120-bed med-center. From 1981 until coming to Barnes, she served as the administrator for the village’s care center, a 420-bed skilled nursing facility.

Ms. Grant holds a bachelor of general studies degree in business from the University of Missouri at Columbia and a master of arts degree in health services management from Webster University. She is licensed as a Missouri Nursing Home Administrator and is a certified fellow of the American College of Health Care Administrators. She is the current governor for region VI of the American College of Health Care Administrators.

Barnes sponsors “A Woman’s View”

Barnes Hospital is sponsoring “A Woman’s View,” a series of health lectures and screenings that are designed to give a closer look at timely health topics that affect women. The series, which will be held September 21 through 23 at Plaza Frontenac, will focus on ways for women to integrate their physical and mental well-being.

“A Woman’s View” will start off with morning mall walks from 7:30 to 9:30 on September 21 and 22. Barnes registered nurses will conduct pre- and post-walk consultations, including warm-up exercises, heart rates/exercise rates and blood pressure screenings.

The focus of “A Woman’s View” will be the Barnes information center. The center will offer blood pressure screenings, vision screenings, stress tests/evaluations and health education informational literature. The center, located in Plaza Frontenac’s south center court, will be open from 11 a.m. to 4 p.m. each day, with additional evening hours of 6:30 to 8:30 p.m. on Thursday, September 21.

“A Woman’s View” will also include lectures on health topics that are of particular concern to women. The first lecture, from 11:45 a.m. to 12:30 p.m. on Thursday, will feature Barnes psychologist Patricia Berne, Ph.D., speaking on “Managing Stress in a Woman’s Own Way.” The lecture will be repeated on Saturday, September 23, from 2 to 3 p.m. Barnes gastrointestinal surgeon Dr. Nathaniel J. Soper will end Thursday’s program with a look at “New Approaches for the Treatment of Gallstones.”

Friday’s lecture will feature Dr. David Weinstein, Barnes obstetrician/gynecologist, who will discuss “Managing Menopause” from 10 to 11 a.m. On Saturday, lectures will cover changing your appearance through cosmetic surgery. From 9:30 to 10:30 a.m. Dr. J. Regan Thomas, Barnes facial cosmetic surgeon, will talk about “Facial Cosmetic Surgery,” and from 11:30 a.m. to 12:30 p.m. Barnes plastic/reconstructive surgeon Dr. V. Leroy Young will speak on “Body Contouring.”

All lectures will be held in Plaza Frontenac’s community room, located on the first level behind Metropolis. Lectures are free-of-charge and include complimentary refreshments.

For more information on “A Woman’s View,” or to register for lectures, call (314) 362-8677.

REF scholarship awarded to Barnes administrator

Laura Richard, a Barnes Hospital evening/night administrator, has been selected to receive the Robert E. Frank Scholarship in hospital administration at Washington University School of Medicine. Ms. Richard was chosen on the basis of professional promise and academic performance, explains Auxiliary president Norma Stern.

The scholarship, established by the Barnes Hospital Auxiliary in 1984, honors Mr. Frank, Barnes president from 1966 to 1986. The scholarship pays tribute to Mr. Frank’s support of the Auxiliary and the volunteer services.

Awarded annually, the one-year scholarship goes to a junior student in the health administration program at Washington University School of Medicine. Ms. Richard is in her first year of the MHA program.

Most recently, Ms. Richard worked at Barnes as a staff nurse in the per diem nursing pool. A native of southeast Missouri, she earned an associate’s degree from Three Rivers Community College in Poplar Bluff. She received a bachelor’s degree in 1983 from the University of Missouri at St. Louis. As a Barnes evening/night administrator, Ms. Richard is responsible for general administrative functions during the evening, night and weekend hours.
Marianne Chappue R.N. is the supervisor for the Barnes Physician Referral Service. A team of registered nurses who staff the referral service serve as a convenient, centralized method for members of the community to access healthcare.

Nearly every Barnes Hospital employee has been asked "the question" by a friend. It goes like this: "Since you work at Barnes, could you recommend a good doctor who knows about..."

The question indicates a need in the community for a convenient, centralized method to access healthcare. Finding the right doctor or other health services is not easy, even for a Barnes employee. That's why the Physician Referral Service continues to be expanded. The service exemplifies how the needs of individuals and the community can be identified and met through careful healthcare planning, marketing and communications.

Barnes learned through market research and through informal observations of employees that newcomers to town, and anyone looking for a doctor, needed a specific "access point." It also was learned that people feel they receive the most credible information when speaking directly with a physician or nurse.

Thus the Physician Referral Service was expanded and made the central point at which residents of the community can learn about and use the enormous health resources of Barnes and Washington University Medical School. Registered nurses answer the service phones 24 hours a day, not only for the convenience of the community, but also to provide emergency access to several unique hospital services.

The expansion allows the nurses to provide callers with a myriad of information beyond the names of doctors. The registered nurses also provide a "clinical component." As healthcare professionals, the nurses help callers determine what specialty of doctor is needed or whether there is a potential emergency.

Janet Holmes, Physician Referral R.N., explains, "We discuss symptoms and help the person to
Physician Referral provides access to Barnes services

find the right doctor. Many callers say, 'I have a problem, but I don't know what kind of doctor I need.' As referral nurses, we can use our judgment to help that person quickly find the right doctor.'

Physician Referral also helps callers find a long list of services ranging from nutritional counseling to free psychiatric evaluations. In addition, information about services, such as lectures, seminars and free screening that are offered through the hospital's community education program, can be accessed through Physician Referral.

To make contact with the referral service as easy as possible, a special phone line, DOC-TORS (362-8677), was instituted. This allows individuals inside and outside of the medical program, can be accessed through Physician Referral.

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In 1988, the Barnes Physician Referral Service provided more than 20,000 referrals to individuals seeking a Barnes doctor.

center an easy means of remembering how to access Barnes.

Barnes Physician Referral also provides referring doctors and other components within the Barnes system, including Barnes St. Peters Hospital, with centralized access. A toll-free number is widely distributed. Thus, calls can be received from throughout the Barnes’ 150-mile service radius. In 1988, the service provided more than 20,000 referrals to individuals seeking a Barnes doctor.

Physician Referral’s services also have been expanded to integrate consumer outreach programs more effectively and now include outbound follow-up calls to those who have shown an interest in Barnes services, seminar registration and those who have called for brochures to check in on elderly subscribers. She recalls one especially memorable test. “I was just chatting with this elderly lady about her service and she mentioned that she was having swelling and extreme shortness of breath. Those are symptoms of congestive heart failure. We soon admitted her as a patient in the emergency room.”

Physician Referral monitors the Critical Cardiology Service (CCS), another 24-hour service. The unique program is designed to provide physicians at hospitals within a 200-mile radius with ready access to the technology and facilities available at a major tertiary care hospital such as Barnes. Physician access to the service and continuing dialogue regarding the patient’s treatment and prognosis are provided through the toll-free telephone line. Physician Referral nurses immediately facilitate emergency consultation anytime, day or night, between the referring physician and a Barnes cardiologist. If necessary, the nurses will dispatch an ambulance, helicopter or airplane for the referred patients and will communicate the estimated time of arrival to both the referring and attending physicians. While the patient is en route, the referral nurses make all preparations for admission by alerting the emergency and admitting departments, as well as the appropriate intensive care unit.

The Physician Referral Service receives other emergency referrals, especially from outside the metro area. Kathy Hollingsworth, a referral nurse who frequently works the late-night shift, recalls one early morning call from Perry County, Mo. A community hospital emergency room nurse was calling for help in transporting a two-year-old boy whose right leg had been badly mangled in a grain auger. “The ER personnel needed help quickly in facilitating our emergency services. We arranged for the child to go to St. Louis Children’s Hospital.

“The calls during the late night and early morning are less frequent, but probably of greater importance,” Hollingsworth continues. “It’s a good feeling to help ensure that patients get the quality care—like neurosurgery or emergency transportation—that is needed.”

A new advertising campaign was started in May to communicate the Physician Referral Service to the community. The communications program includes print advertisements in the St. Louis Post-Dispatch, radio advertising, direct mail and billboards. The message advises prospective patients that a Barnes physician can provide superior healthcare through reliance on the unique depth of medical resources at Washington University Medical School. The effectiveness of the campaign in encouraging use of the service will be monitored.

Barnes employees, physicians, volunteers and ambassadors may view the Physician Referral Service as a way to personally help a friend to find medical care. So, the next time you are asked for the name of a doctor or for information about a special service, you may tell your friend to dial (314) DOC-TORS.
The college’s first students will enter in August of the top five hospitals in the country. The school has the highest rating nurses for leadership roles in healthcare. The college will offer the bachelor of science in nursing as a four-year college at Barnes Hospital. The college at Barnes Hospital, directs the clinic. Dr. deMarchena, who profiled the case for KSDK-TV. Both doctors emphasized that appendages severed in trauma can be reattached through specialized microsurgery.

Dr. V. Leroy Young, plastic and reconstructive surgeon, discussed carpal tunnel syndrome on KSDK-TV July 24. This inflammation in the wrist is caused by repetitive motion, usually in the workplace. Dr. Young said motions ranging from day-long typing to using a hammer can trigger the problem. Treatment options include rest, medication and, in some cases, surgery.

The evaluation of a new blood screening test for prostate cancer was presented on KMOV-TV July 20. Dr. William J. Catalona, urologist, said the screening may be the best method yet devised to identify prostate cancer in its early, curable stage.

Dr. Anne C. Goldberg, endocrinologist with the Lipid Research Center, answered listener questions about cholesterol on KMOX Radio July 10. She suggested leaner cuts and cautioned that grilled hot dogs remain high in fat content.

Clinic offers help to headache victims

People who suffer from chronic headaches may find relief in Washington University School of Medicine's Headache Clinic, which now has a medical staff dedicated to the diagnosis and treatment of headaches.

Located on the basement floor of the McMillan Building near the neurology patient office, the Headache Clinic is open from 9 a.m. to 3 p.m each Friday. Dr. Octavio deMarchena, a neurologist at Barnes Hospital, directs the clinic. Dr. Sylvia Awadalla, also a Barnes neurologist, recently joined the clinic staff. A resident makes up the remainder of the headache medical team.

"The clinic is unique in that we have medical doctors who are dedicated to the treatment of headaches," says Dr. deMarchena, who first opened the clinic in 1988. He adds that the need is great. "Many people suffer from chronic headaches that are not particularly life threatening, but are sufficiently severe to disrupt daily activities."

Dr. deMarchena says most headaches are symmetrical of a benign condition. However, when that condition is chronic and persistently interferes with work or pleasure, the person should seek help. An acute headache associated with numbness, nausea or muscle weakness warrants an emergency department visit.

Headaches generally fall under two classifications, migraine or tension. Approximately 10 to 20 percent of the population suffers from migraine headaches, which are linked to vascular abnormalities and often run in families. Tension headaches affect an even greater proportion of the population.

Treatment options have greatly expanded in the last 20 years. Dr. deMarchena says therapies available at the clinic range from medications to training in biofeedback.

When should a person call the Headache Clinic? When a headache is chronic and "severe enough to disrupt daily activities, or when a person finds him or herself taking medication every day or even every few days," Dr. deMarchena says.

For more information on The Headache Clinic, call (314) 367-3122.

Fitness program offered for new parents

This fall, Barnes Hospital will launch "Positive Parenting Fitness," a series of post-partum exercise programs designed for mothers and their new babies. The program will give mothers the opportunity to get into shape while also helping their children's physical development.

Positive Parenting Fitness will help new mothers get back into shape while playing with their babies. As mothers regain their figures, babies will gain important stimulation. The classes will also include a discussion period for sharing tips on a variety of parenting topics, including: safe exercise for new mothers, baby massage, stress management techniques, parenting information, and relaxation/visualization techniques.

New mothers can join the program three weeks after vaginal delivery or six weeks after Caesarean birth. Sessions will last for one and one-half hours, and the number of participants will be limited.

For more information about Positive Parenting Fitness, call (314) 362-MOMS.

Summer cookouts offer an opportunity for healthful preparation of meats, Mary Ellen Beindorff, registered dietitian, told KPLR-TV consumer reporter Tom Ryan August 2. Grilling food over an open flame allows fat to drip away. She suggested leaner cuts and cautioned that grilled hot dogs remain high in fat content.

Women needed for weight loss study

Women between the ages of 20 and 65 are needed to participate in a weight loss study at the Center for Health Behavior Research at the Washington University School of Medicine.

The study will investigate ways to help women lose weight and maintain their losses over time. Results should help professionals develop programs to address the needs of women with weight problems.

Dr. Robert M. Bruce, pulmonary specialist, discussed a serious medical issue—hiccups—in the August issue of Good Housekeeping. Dr. Bruce said hiccups can result from any irritation or injury to the diaphragm, which separates the thoracic and abdominal cavities. In rare cases, continuous hiccups can become debilitating. Dr. Bruce said investigational treatments include administering general anesthesia. In some cases, the patients awaken with no hiccups.

Reattatched body parts made television news. An index finger re plantation on a 10-year-old boy was covered on KMOV-TV August 12. Dr. Roger K. Khouri explained to reporter Al Wiman that the boy's finger had become wedged between two canoes. A construction worker's nose was nearly severed August 3 and reattached by Dr. V. Leroy Young, who profiled the case for KSDK-TV. Both doctors emphasized that appendages severed in trauma can be reattached through specialized microsurgery.

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There is a $20 charge to cover the cost of materials. Classes begin the first week of September and will be held until January at Washington University Eads Hall, Room 115. Participants should be at least 20 percent over ideal body weight. To volunteer for the study or determine eligibility, call research psychologist Linda Krug, Ph.D., 361-4808. The application deadline is Aug. 31.

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Hospital notes

Dr. Charles B. Anderson, Barnes surgeon, is one of five “pioneers of transplantation” being honored by the Mid-America Transplant Association in conjunction with the St. Louis Eye Bank and the transplant centers at Barnes, Cardinal Glennon, St. Louis Children’s, DePaul and St. Louis University hospitals on September 16.

Community calendar

Saturday, September 9

“I’m Important Too!” sibling preparation classes help parents and their children ages 2 through 6 get ready for the new addition to the family. Children practice holding, feeding and diapering life-like dolls and take a trip to the nursery during this one and one-half hour class taught by nurse educators and social workers. Registration is $6 per child. Call (314) 362-MOMS.

Wednesday, September 12

Diabetes and its complications will be the subject of the first lecture in Barnes’ fall 1989 dia-betologist, will be the featured speaker. Call (314) 362-4300, to register.

September 21-23

“A Women’s View,” a series of lectures and screenings designed to give a closer look at timely health topics that affect women, will be presented at Plaza Frontenac. The lectures and screenings will be conducted by Barnes doctors and nurses in areas such as exercise, stress management and menopause. For more information, call 362-8677.

Thursday, September 20

Practical information on breast feeding is provided in a two-hour class that teaches the art and techniques to new mothers. This program also is recommended for parents who have not yet decided on breast or bottle feeding, as an aid in the decision-making process. Call (314) 362-MOMS for information.

Saturday, September 23

Grandparents anxiously awaiting arrival of the new baby in the family can refresh their child care skills at an informal two-hour class led by Barnes maternity nurses. Recent trends in prenatal care, childbirth and infant care are discussed, and a tour of the childbirth area is included. Call (314) 362-MOMS for information about charges and registration.

Tuesday, September 26

Drugs in the Workplace is the topic for the first program of the Barnes/Sutter Healthcare Occupational Medicine Symposia. Dr. H. Bryan Rogers, assistant medical director of Barnes/Sutter, will address the issue, including the latest information on random testing, at a breakfast program at the Cheshire Inn, Skinker and Clavon Roads, beginning at 7:15 a.m. Each month, the symposia will feature speakers who are experts in medicine, law, rehabilitation, workers’ compensation, government, administration and counseling. The subjects will be both timely and relevant to professionals in the business, insurance and healthcare fields. Call Barnes/Sutter Healthcare East, (314) 621-4300, to register.

Tuesday, September 26

Prepared childbirth classes are taught by registered nurses at Barnes as a six-week program for mother and coach. The series includes information on Caesarean birth and a tour of Barnes delivery and maternity facilities. Monday and Wednesday classes are also available throughout the year. Call (314) 362-MOMS for more information.

Thursday, September 28

The basics of caring for a newborn are covered in a two-hour class for new parents. Information discussed includes bathing and dressing an infant, tips on how to soothe a fussy baby, infant safety issues, common concerns of new parents, and hints on how to play with and get to know the new addition to the family. Call (314) 362-MOMS for more information.

Thursday, October 12

“Baby Blues: Who Do I Feel This Way?” will be the subject of a free community seminar presented by Dr. Harold Wolff, Barnes psychiatrist. The seminar will begin at 7 p.m. at the Collinsville Public Library, 408 West Main St. Seating is limited. For further information on free seminars, or to make reservations, call (314) 362-TORS (362-8677).

Employee retirement

One long-term employee recently retired with more than 15 years of service to the hospital. Reva Hofmeister, R.N., nursing service, received a certificate of appreciation from hospital president Max Poll at a reception in her honor.

Mrs. Hofmeister has a long history at the medical center. She worked at Barnes off and on, both full time and part time, several years before her final 15-year stint, and she graduated from the Washington University School of Nursing. There was no Barnes School of Nursing at the time, but the Washington University school was located in the same buildings as the Barnes school is today. “The hospital bought the medical center, razed the buildings, and poured the new roof in 1960,” Mrs. Hofmeister says. Mrs. Hofmeister raised seven children, more than half of whom have followed her into the healthcare profession. She has one son and two daughters who are nurses and one son who is a pharmacist. After a trip to Nova Scotia, Mrs. Hofmeister plans to spend much of her retirement time at a home she and her husband have 27 miles southwest of Hannibal, Mo.

Gifs to Barnes Hospital

Listed below are the names of persons (honorees in boldface) who made contributions during July 1989 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of patients.

Barnes Hospital Tribune Fund

IN MEMORY OF: Edward C. Borsman Jr. Morris Davidson, M.D.
Charles Eckert
Eugene Bricker, M.D.
Clifford Shline (for Alzheimer’s Disease)
Dr. and Mrs. Leonard Berg
Martha Speer
Barnes Hospital Volunteer Office
Mrs. Dorothy Beuke
Susan Collins
Adle Keene

Sheryl Stern Nursing Scholarship

The Installation of Mrs. Norma Stern as President of the Barnes Hospital Auxiliary
IN MEMORY OF: Father of Beth Marshall
Norma Stern Auxiliary
IN MEMORY OF: Martha Eyerman’s 2 years as President of Volunteer Week
IN MEMORY OF: Beatrix & Irving Edison
Mr. and Mrs. Charles Y. Lazarus Fund

Edison Nursing Scholarship

IN MEMORY OF: Charles Reimer’s New Heart
IN MEMORY OF: George Trench
Lodge Missouri #1 CSA
IN MEMORY OF: Joseph J. Klemkens
IN MEMORY OF: John A. Maxwell
IN MEMORY OF: Jim, Pat & Kim Buckley
IN MEMORY OF: Mary Grifflard
IN MEMORY OF: Elliott & Marilyn Haertling
IN MEMORY OF: Earl & Lorraine Hardy
IN MEMORY OF: Dina Harrison
IN MEMORY OF: Joan & Mike Pelto
IN MEMORY OF: Mary Lou & Joe Kline

Heart Transplant Patient Care Fund

IN MEMORY OF: Angie & Steve Jonas
IN MEMORY OF: Laura & Wayne Jonas
IN MEMORY OF: Eliza & John Jonas
IN MEMORY OF: Alvin Lasky Fund
IN MEMORY OF: Mr. and Mrs. Robert Barron
IN MEMORY OF: Mary Griffard
IN MEMORY OF: Helen A. Stevenson
IN MEMORY OF:1 A. J. Morrow
IN MEMORY OF: Stephen Chilton
Robert Doyle
Mr. and Mrs. R. K. Gannon
Virginia Clark Haun
Marcella C. Hock
Hester Murray
Marian Schuerman
Mr. and Mrs. J. J. Williams
Mary Ann Hayes
Mr. and Mrs. Robert Barren
Trinques Hooper
Karen D. Greening

IN MEMORY OF: Jonathan Adam Jonas Cancer Research Fund
IN MEMORY OF: Dr. Jerome Fiance
IN MEMORY OF: Mrs. Fred S. Lederman
IN MEMORY OF: Mr. & Mrs. Charles Y. Lazarus Fund

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the development office. The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

Barnes Hospital Auxiliary

IN MEMORY OF: Daughter Theda’s Birthday
IN MEMORY OF: Mrs. Larry Tucker
IN MEMORY OF: Mrs. Witman
IN MEMORY OF: Joan F. Karuskeff
IN MEMORY OF: Dr. Neville Grant
IN MEMORY OF: Sally Bevoy Young
IN MEMORY OF: Marriage of Granddaughter, Laurie Jo
IN MEMORY OF: Mr. and Mrs. Ben Roman Jr.

IN MEMORY OF: Mr. and Mrs. Robert Barron
IN MEMORY OF: Mary Griffard
IN MEMORY OF: Helen A. Stevenson
IN MEMORY OF:1 A. J. Morrow
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IN MEMORY OF: Mrs. Larry Tucker
IN MEMORY OF: Mrs. Witman
IN MEMORY OF: Joan F. Karuskeff
IN MEMORY OF: Dr. Neville Grant
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IN MEMORY OF: Mr. and Mrs. Ben Roman Jr.
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IN HONOR OF:
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