Barnes initiates primary care nursing

“A nurse for each patient” is the basic concept behind primary nursing, the method of patient care now being implemented at Barnes Hospital. For patients, the system means more continuity of care. For registered nurses, primary care allows for more professional decision-making.

Under the system, each patient has a primary nurse who is responsible for that patient’s care 24 hours a day, throughout the patient’s stay. This includes developing and implementing a plan of care for that patient; communicating with the other nursing staff, the patient’s physicians and family; coordinating support services; and determining and meeting any needs the patient may have.

The system was implemented in seven nursing divisions in September and will be established throughout the hospital over the next two years.

Don Lichti

Lichti appointed V.P. Ancillary Services

Don Lichti has been appointed vice president of ancillary services. He will replace Ken Smithmier, who was named administrator of Barnes West County Hospital.

Mr. Lichti joined Barnes in 1981 as assistant director of laboratories and has served as administrative director of laboratories for the past four years. He recently obtained a master’s degree in public policy administration from the University of Missouri.

Mr. Lichti will oversee the following departments: cardiodiagnostic labs/respiratory therapy, food and nutrition, laboratories, operating rooms, pharmacy and social work. Mr. Smithmier will continue to oversee physician practice management.

Drug in clinical trial for prostate cancer

A drug that shows promise for controlling advanced prostate cancer is beginning new clinical trials at Barnes Hospital under the direction of urologist Dr. Gerald Andriole.

Barnes is one of only two medical centers in the country to evaluate the use of MK906, known as Proscar, for prostate cancer. The drug, a 5-alpha reductase inhibitor, works by shrinking the prostate gland. It is hoped that shrinking the prostate will inhibit or slow the growth and spread of the cancer. Proscar is also under investigation at Barnes for treatment of benign prostate enlargement.

Prostate cancer surpassed lung cancer in 1989 as the most common cancer diagnosed in American men over age 50, and is the second most common cancer affecting men in general.

Currently, advanced prostate cancer is treated by surgery, radiation or hormonal medications. These methods can result in impotence and other side effects which can adversely affect quality of life, according to Dr. Andriole.

“Proscar achieves the same hormonal affect as all the other procedures, but, so far, it has none of the side effects,” said Dr. Andriole. “It offers a safe alternative to medications and surgery.”

In the double-blind study, patients will take a pill each morning for three months. Half will receive Proscar; half will receive a placebo. Patients will be monitored periodically. After 12 weeks, tumor growth will be evaluated. If Proscar is shown to be effective, all patients in the study will continue to receive it, free of charge.

Volunteers for the study should be between ages 40 and 85 and have Stage D prostate cancer. Men meeting this criteria will undergo a further eligibility screening at no charge. For more information, or to participate in the study, call (314) 362-8200.

Proscar is shown to be effective, all patients in the study will continue to receive it, free of charge.
Luncheon reunites three who saved a life

Three special friends whose paths crossed at Barnes Hospital nearly 40 years ago were reunited at a luncheon Sept. 13.

Wayman Presley, Margaret Cole (formerly Margaret Land) and Dr. James Chamness had not seen each other since they shared an experience in the 1950s that is a model of devotion and perseverance.

Mr. Presley, a 53-year-old rural mail carrier at the time, was moved by the sight of 11-year-old Miss Land limping to her family’s mailbox in Makanda, Ill.

“She ankles and lower legs were swollen to the size of gallon buckets,” said Mr. Presley. “My first thought was that a bee had stung her.”

Miss Land had been diagnosed as having elephantiasis, a rare disease that causes severe swelling.

“I started asking around and everyone said there was no cure for it and that doctors had given her just a few years to live,” said Mr. Presley.

But Mr. Presley wouldn’t accept the grim prognosis and talked the girl’s family into letting him take her to Barnes Hospital.

Mr. Presley subsequently made 22 trips to St. Louis from Makanda after driving his 67-mile daily mail route. After four years of unsuccessful surgery, all paid for by Presley through fund raisers, doctors were ready to give up once again.

But Dr. Chamness, then a young plastic surgeon, had read about studies which pointed to the skin as a culprit in elephantiasis. After grafting skin from various parts of Miss Land’s body, the legs healed normally.

Miss Land soon left the hospital to lead a normal life. She grew up, got married, had two daughters and now lives in Texico, Ill.

Dr. Chamness is retired and lives in the St. Louis area.

The luncheon, held at Barnes Hospital, was the first time Mr. Presley, Mrs. Cole and Dr. Chamness had seen each other since Mrs. Cole left the hospital 35 years ago.

“All I know is it made me feel better than I’d ever felt before,” Presley said.

Hospice Month debuts with Phone-A-Thon

Barnes Hospice will usher in National Hospice Month in November with the first Barnes Hospice Phone-A-Thon Oct. 23-27. Throughout the week, people connected with the hospice program will phone their friends, families and co-workers to educate them about the hospice program and to raise funds for the Hospice Patient Care Fund.

“The purpose of the Phone-A-Thon is two-fold,” said hospice manager Paula Gianino. “We want to spread the news about the importance of hospice work and we hope to increase contributions to the Hospice Patient Care Fund.”

Volunteers are still needed as Phone-A-Thon sponsors. Sponsors will identify friends, family members or acquaintances who might be interested in learning about the hospice program or who may want to contribute to the Hospice Patient Care Fund. People will first be contacted by letter, then a follow-up phone call.

“We want to personalize the campaign,” said Gianino. “We want to have friends calling friends.” Volunteers are also needed to make phone calls during Phone-A-Thon week.

The Hospice Patient Care Fund provides direct financial assistance to patients and their families who have little or no insurance coverage or financial resources. The fund has helped hundreds of patients pay for home medications and supplies, medical equipment rental, ambulance transportation and in-home nursing and private attendant care. The fund also ensures that no terminally ill patients will be denied hospice care because of their inability to pay for services, according to Gianino.

Barnes Hospice, part of Barnes Home Health, provides care to terminally ill patients primarily in their home, and focuses on improving the quality of life for patients and their families. The hospice team includes nurses, dietitians, social workers, pastoral care counselors and trained volunteers who provide physical, emotional and respite support.

To volunteer for the Phone-A-Thon or for more information on Barnes Hospice, call 362-0838.

New prosthesis aids conductive hearing loss

A new hearing prosthesis that offers hope to thousands of people with conductive hearing loss has been successfully implanted by doctors at Barnes Hospital.

“This procedure brings people back from the non-hearing to the normal-hearing world,” said Dr. George A. Gates, Barnes otolaryngologist. Dr. Gates, with Dr. Harlan A. Munetz of St. Louis Children’s Hospital, has implanted the prosthesis in six patients. About 400 people have received the device nationally.

Conductive hearing loss can occur when the structures of the outer or middle ear are damaged, missing or malformed. These structures conduct sound waves to the inner ear, where they are transformed into nerve impulses and transmitted to the brain. The prosthesis, called the Xomed Audiant Bone Conductor, restores clear hearing by bypassing the outer and middle ear.

The prosthesis consists of a magnet and a miniature external sound processor. The magnet, housed in a titanium alloy disk slightly smaller than a dime, is implanted into the temporal bone just behind the ear. The surgery is performed on an outpatient basis and usually takes less than an hour, said Dr. Gates. About six weeks later, after the incision site has healed, the patient receives the external sound processor.

Candidates for the procedure must have a functioning inner ear, suffer only moderate hearing loss, yet be unable to wear a hearing aid because of disease or a congenital problem, such as absence of the ear canal.

A report on the device authored by Dr. Gates appeared in the August issue of the American Medical Association's "Archives of Otolaryngology."

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Volunteers needed for Alzheimer’s, Parkinson’s study

Parkinson’s disease patients are needed for a Washington University School of Medicine study of the possible link between Parkinson’s disease and Alzheimer’s disease. The study is being conducted by the Memory and Aging Project, which carries out long-term research on intellectual function in older adults.

Participants will be interviewed by Memory and Aging Project doctors and nurses and given simple memory tests. They also will be evaluated to determine movement ability. All testing is free.

Reports of study results will be sent to personal physicians at the participant’s request.

For more information or to volunteer, call the Memory and Aging Project at 362-2683, Monday through Friday between 8:30 a.m. and 4:30 p.m.
Dr. Campbell receives home health award

Dr. William J. Campbell, Barnes internal medicine/infectious diseases, has been named the National Association of Home Care’s Physician of the Year. NAHC is a national organization which represents all home health agencies.

The annual award is given to the home care physician who excels in the promotion and utilization of home care services. Dr. Campbell was chosen out of five national nominees for his promotion of home infusion therapy. Dr. Campbell will receive the award at a national NAHC convention Oct. 6 in Orlando, Fla.

Dr. Campbell has been the medical director of Home IV Care since its inception in June 1988.

"Dr. Campbell has been extremely helpful over the past year in advising the clinical staff of Home IV Care," said Helayne O’Keiff, director of Home Health at Barnes Hospital. "He also helped edit the policies and procedures manual for home IV care."

Mrs. O’Keiff nominated Dr. Campbell for the award.

A graduate of Washington University School of Medicine, Dr. Campbell has been on staff at Barnes since 1977 and is associated with Barnes Home Health for the past four years.

Weber, Packnett take St. Peters posts

Beverly Weber has been named director of nursing and Michael Packnett has been named controller at Barnes-St. Peters Hospital.

Weber, who will be responsible for all nursing services at St. Peters, had previously been head nurse of the burn/trauma and surgical intensive care units at Barnes Hospital.

Packnett had previously served as budget director at St. John’s Mercy Medical Center.

Dr. Stanley Hampton dies

Dr. Stanley F. Hampton, former director and co-director of the Washington University School of Medicine, died at his home in Ladue in August. He was 81.

Dr. Hampton, regarded as the first physician in the U.S. to be certified as an allergy specialist, received his medical degree from Washington University in 1934. He joined the Barnes staff in 1940. He was named director of the medical school in 1953 and co-director in 1960.

Dr. Hampton, who retired from private practice in 1982, was a founding trustee of the Allergy Foundation of America. He was a fellow, past president, past treasurer and executive committee member of the American Academy of Allergy. He received the American Academy of Allergy Distinguished Award in 1975.

Hospital notes

Dr. Jack Hartstein, Barnes ophthalmologist, was an invited guest speaker at a conference, Sept. 15 and 16, at the Center for Advanced Eye Surgery at Humana Hospital, Lexington, Ky. He spoke on "Controversies in Anterior Segment Eye Surgery," "New Instrumentation for Manual Extracapsular Cataract Surgery," "Update on Disposable Contact Lenses" and "Experience with the Newest Contact Lens Combinations—the ‘SoftPerm’ Lens."

Dr. Jessie L. Ternberg, Barnes pediatric surgeon, recently gave a Scholar’s Convocation Lecture titled "Ruminations About Insecurity While Reading ‘The Worst Journey in the World’ at Grinnell College, Grinnell, Iowa. Dr. Ternberg is a Grinnell alumna.

216 employees honored for long-term service

A total of 216 employees representing more than 3,385 years of service to the hospital will be honored for their dedication Nov. 3 at the semi-annual service dinner and reception. Employees celebrating 50, 35, 30, 25, 20, 15 and 10 years of continuous service between July 1 and Dec. 31, 1989, will be recognized with a dinner at the Hyatt Regency Hotel at Union Station, followed by an awards program. Each employee will receive a gift of their choice, ranging from traditional gem-studded jewelry to household items such as vases, crystal decanters and bookends.

Madge Geringer, accounts payable, tops the list of honorees with 50 years of service. Maxine Unick, nursing service, will be honored for 35 years of service.

Celebrating 30 years of service are Lucretia Harris, central service; Carolyn Otz, laboratories; Cecelia Rhodes, medical records; and Willlie Allen and Betty Jones, nursing service.

Twenty-seven employees will celebrate silver anniversaries in the second half of 1989. Richard Schellhasse, accounts payable; Helen Morgan, administration; Mary Robertson, admitting; Bobbie Lee, dispatch; Jeannette Smith and Ethel White food and nutrition; Josephine Davis, Virginia Kiel and Charles Kinloch, housekeeping; Phyllis Daniel, Cora Jackson, Cassell Newsom, Rosetta Parker and Betty Trammel, medical records; Shirley Saunders, nursing education.

The 50 employees honored for 15 years of service are Joseph Burke and Betty Stewart, emergency room service; Shirley Britt, Kelvin Chears, Annie Clemmons, Sherman Cole, Bernice Gray, Sherman Guillebeaux, Willie Gunner, Dorothy Moore and Martha Stephenson, food and nutrition; Dorsie Black, Lartharee Collins, Cora Hawkins, Dora Huffman, Alberta Williams and Allen Williams, housekeeping; Leslie Finger, laboratory; Katie Davenport, materials processing; Willred Milton and Bonnie Watson, medical records; Raymond Bernacki, MIS services; Celeste Ellenberger and Helen Townsley, nursing education; Donna Arnold, Regina Brown, Carita Bursey, Judith Bush, Gregory Loftis, Daven Green, Eula Hamilton, Karen Jiles, Sharon Kendall, Beverly McGhee, Martin Meyer, Margaret Rieckenberg, Ledora Scales, Velora Vonk, Mary Waddell and Pamela Kishman, nursing service; Steven Simmons, operating room service; Margaret Tabit, organizational development; Patricia Kininson and Brenda Leverett, patient accounts; Nancy Koehler, pharmacy; Donald Braeutigam, plant engineering; Gladys Tapia, respiratory therapy; Fred Ward, security; and Deborah Gardner, telecommunications.

Ten-year honorees are Salle Sykes, admitting; Joseph Holland Jr., central service; Lois Cluadin, emergency room service; Yvonne Anderson, Dorothea Collins, Roselyn Hubard, James Kimble and Debra Rhodes, food and nutrition; Sophia Douglas and Kathleen Pruett, home health; Rhonda Newsham, human resources; Tommy Grover, Roberta Harvey, Frances Host, Betty Trammel, James Jordan, Mary McCall, Walter McDonald, Elizabeth Stuckey, housekeeping; Mary Bauer, Mary Bewig, Rosemary Clay, Alan Dalrymple, Jayne Kagan, Yvette Lewis, Sonia Malek, Ann Niles, Paul Richter, Cynthia Schulte, Suzanne Simpson, Anne Spizzo, Debra Swartse, Gerald Todd, Patrick Traynor and Joann Weisler, laboratories; Jerlean Montgomery and Marcel Webb, laundry; Judith Betts, Susan Haynes and Robert Trammell, medical records; Shirley Saunders, nursing education; Andienne Anderson, Ethel Banden, Wilhelmena Bateman, Steven Carroll, Sharron Ches, Melvane Davis, Beverly Dillon, Debra Farrell, Jan Hanekan, Tommy Harris, Alisa Hill, Emma Hurt, Theresa Jackson, Dianne Kriegshauser, Amy Marlott, Rosalinda Maxwell, Mary Mitchall, George McHenry, Stanley Mingo, Sandra Null, Francis Parker, Fran Russom, Linda Smith, Ora Smith, Susan Stone, Jeanne Sueltos, Doreen Thompson, Donald Twigg, Lauren Usher, Linda Verjan, Beverly Weber, Camilla White, Michael Wright and Donna Yelling, nursing service; Richard Fiehler, Jeffrey Gore and Eric Hazley, operating room service; Audrey Woods, outpatient clinic; Stacy Garger, Cynthia Haake and Vicki Ruh, patient accounts; Kathryn Rodgers, payroll; Patricia Hegg, Doris Oram, Mary Ott and Gail Turner, pharmacy; Stephanie Weissborn, physician assistants; Robert Blome, plant engineering; Martha Finkenkeller, Katharina Galikin, Paul Heller and Mark Jackson, respiratory therapy; Ernest Joseph, William McNeal and Lewis Rogers, security; Timothy Green III, supply; and Michelle Askey, telecommunications.
Offering depth of care

Barnes Psych

Barnes Hospital is known as a leader in the treatment of diseases of the body. It is also a leader in treating mental illness. Barnes Psychiatric Services is the third largest provider of mental health care in the St. Louis area. The range and depth of services offered on an inpatient, partial hospitalization or outpatient basis differentiates the hospital’s psychiatric services.

Barnes’ affiliation with Washington University School of Medicine is especially advantageous to Barnes Psychiatric Services. The medical school’s department of psychiatry is recognized internationally as a leader in the diagnosis and treatment of emotional and mental disorders. Ongoing investigation into the causes and treatment of psychiatric disorders means that patients have access to the latest developments.

In addition to the medical and nursing staffs, Barnes psychiatric services are supported by a range of other health professionals, says Mike Fitzgerald, director of psychiatric nursing and ancillary services. “We have a full staff of recreational and activity therapists, psychological services, behavioral therapy, social workers, discharge planning and family education.”

Activity therapists provide a range of social, recreational and self-developmental group therapies in spacious activity rooms, craft workshops and a gymnasium.

The social workers help patients return to their homes and jobs by assisting patients and their families with community resources.

Behavioral medicine services, available upon referral by the admitting physician, include stress management, cognitive therapy and biofeedback.

About 75 percent of Barnes Psychiatric Services patients suffer from a range of illness including depression, alcohol or drug dependence, general anxiety or panic disorders, schizophrenia, manic/depressive disease, or obsessive/compulsive disorders. Dr. Richard Hudgens, medical director of inpatient services, says comprehensive therapies are available. “We are not limited to treating just these problems. Our psychiatry department can provide treatment for the full spectrum of psychiatric disorders and can deal with any type of diagnosis.”

The majority of people who need psychiatric care can be treated on an outpatient basis. But for those who need hospitalization, Barnes offers several specialized programs that include:

**General Psychiatry:** Barnes has two 32-bed units that provide the least restrictive level of inpatient care. Patients on these units are treated for disorders such as depression, adjustment reactions, anxiety, phobias and obsessive/compulsive disorders. Components of these programs include individual therapy with a psychiatrist, group therapies, educational lectures, recreational activities, social work intervention and behavioral therapies.

**Psychiatric Intensive Care:** This 18-bed unit offers the most highly-structured treatment setting. Patients expressing concerns about hurting themselves or others, and patients experiencing psychosis, are stabilized on this unit. Once diag-
Geriatric Psychiatry Unit: The 12-bed geriatric unit is designed to meet the special needs of psychiatric patients age 65 and over. This group of patients is more likely to have significant medical problems, and the staff on the unit are specially trained in geriatric psychiatry. Family involvement, education and discharge planning are important major components of each patient's treatment plan.

"Older patients are different," says Hudgens. "In the same way that children are not just miniature adults, geriatric patients are not just old adults. Most thoughtful physicians appreciate that there is a specific body of knowledge concerning the older patient."

Adolescent Psychiatry Unit: This 12-bed unit provides individualized treatment for young people ages 12 to 18. A full range of social, educational and self-developmental therapies are designed to enable the patient to better understand his/her mental illness and family situation. This program includes a school setting and a system whereby the patient earns privileges based on compliance to the treatment program.

"Teens experience many of the same psychiatric problems that adults do—depression, behavior disorders and problems adjusting to personal crises," says Fitzgerald. The fact that a teenager is struggling to establish a sense of identity and may be dealing with peer pressure and sometimes serious family conflict complicates matters."

Day Hospital: Patients who don't require 24-hour-a-day hospitalization can receive treatment in this short-term partial hospitalization program. The day hospital may be used as a transition from 24-hour hospitalization. The most common diagnoses include depression or some type of anxiety disorder. The patient's care continues to be monitored by the physician, while the day care team works with individual patients toward a specific set of goals. The program includes supervised therapeutic group activities from 8 a.m. to 4:30 p.m., Monday through Friday.

"We try to teach patients skills that they can take home each evening and use to better deal with their illness," says Fitzgerald.

Independence Center: The center is a long-term, partial hospitalization program, based in the community. The services, which include vocational training and employment services, recreation and social activities, housing and case management services, are designed to maximize integration into the community. The center is located nearby in the Central West End neighborhood.

One key to making Barnes Psychiatric Services accessible to the community is the Psychiatric Referral Service. The service provides a free interview with an experienced psychiatric registered nurse, who actively assists the patient and family to receive the most appropriate evaluation and treatment.

For more information on Barnes Psychiatric Services, or to schedule an interview with the referral nurse, call 362-6090.
Community calendar

Saturday, October 7
Vision will be the focus of a lecture and screenings at the Tesson Ferry Branch of the St. Louis County Library. Dr. Robert Munch, Barnes ophthalmologist, will discuss the diagnosis and treatment of cataracts from 10 to 11 a.m. Glaucoma screening will be conducted by Barnes professionals one hour before and after the lecture. Call (314) DOC-TORS (362-8677) for more information.

Cosmetic Surgery—Honest Expectations is the subject of a lecture at 2 p.m. at the Tesson Ferry Branch of the St. Louis County Library. Dr. John Jacobucci plastic/reconstructive surgeon, will discuss possibilities and limitations of cosmetic procedures ranging from face lifts to liposuction. To make reservations, call DOC-TORS (362-8677).

“Is Important Too!” sibling preparation classes help parents and their children ages 2 through 6 get ready for the new addition to the family. Children practice holding, feeding and diapering life-like dolls and take a trip to the nursery during this one and one-half hour class taught by nurse educators and social workers. Registration is $6 per child. Call (314) 362-MOMS.

Wednesday, October 11
An employee vision screening sponsored by the Barnes Hospital Auxiliary is scheduled from 10 a.m. to 3 p.m. in the new Health Education Center on the first floor, East Pavilion, Barnes Hospital. Call 362-1390 for further details.

Thursday, October 12
Baby Blues: Why Do I Feel This Way? is the topic of a free community seminar presented by Dr. Harold Wolff, Barnes psychiatrist. The program will begin at 7 p.m. at the Collinsville (Illinois) Public Library, 408 West Main Street. Seating is limited. For more information, call (314) DOC-TORS (362-8677).

Tuesday, October 17
Innovations in diabetes treatment is the next topic in the free fall diabetes lecture series. Dr. Robert Saltman, Barnes diabetologist, will discuss the latest treatment advances. The program will begin at 7 p.m. at the Thornhill Branch Library, 12603 Willowcreek at Free Fee Road in west St. Louis County. Seating is limited. To make reservations, call (314) DOC-TORS (362-8677).

Thursday, October 20
Practical information on breast feeding is provided in a two-hour class that teaches the art and techniques to new mothers. This program also is recommended for parents who have not yet decided on breast or bottle feeding, as an aid in the decision-making process. Call (314) 362-MOMS for information.

Monday, October 23
Prepared childbirth classes are taught by registered nurses at Barnes as a six-week program for mother and coach. The series includes information on Caesarean birth and a tour of Barnes delivery and maternity facilities. Tuesday and Wednesday classes are also available throughout the year. Call (314) 362-MOMS for more information.

Wednesday, October 25
Dental implants will be the subject of a free “Ask the Doctor” seminar at 7 p.m. in the East Pavilion Auditorium at Barnes. Dr. Allen Sclaroff, Barnes chief of oral-maxillofacial surgery, will discuss how implants can replace dentures, bridges and crowns for certain patients. Call (314) DOC-TORS (362-8677) to register.

Thursday, October 26
The basics of caring for a newborn are covered in a two-hour class for new parents. Information discussed includes bathing and dressing an infant, tips on how to soothe a fussy baby, infant safety issues, common concerns of new parents, and hints on how to play with and get to know the new addition to the family. Call (314) 362-MOMS for more information.

Thursday, November 2
“Spice up Your Holidays” is a program designed to teach diabetics how to prepare and cook healthful holiday treats. Dr. Bostwick will present the program at 7 p.m. in the Laclede Gas Home Service Building, 4418 Shrewsbury Avenue. Call DOC-TORS (362-8677) for reservations.

Monday, November 9
Sleep apnea will be the topic at a free “Ask the Doctor” seminar at 7 p.m. in the East Pavilion Auditorium at Barnes. Dr. Stanley Thawley, Barnes otolaryngologist, will discuss the cause, symptoms and treatments of this potentially-deadly disorder. Call (314) DOC-TORS (362-8677) to register.

Wednesday, November 15
Depression: Why Doesn’t It Go Away? is the topic of a free seminar presented by Dr. Marcel Saghiri, Barnes psychiatrist. The program begins at 7 p.m. at the Thornhill Branch Library, 12603 Willowcreek at Free Fee Road in west St. Louis County. Seating is limited. To make reservations, call (314) DOC-TORS (362-8677).

Saturday, November 18
Grandparents anxiously awaiting arrival of the new baby in the family can work their child care skills at an informal two-hour class led by Barnes maternity nurses. Recent trends in prenatal care, childbirth and infant care are discussed, and a Tour of the childbirth area is included. Call (314) 362-MOMS for information about charges and registration.

Media spotlight

During the “dog days” of August, Dr. Michael J. Holtzman, pulmonary specialist, discussed the effects of pollution and extreme heat on asthma sufferers, on KSUD-TV. Dr. Holtzman noted the importance of cool air circulation and limited physical activity to help control the condition.

Dr. Michael J. Gast, obstetrician-gynecologist, was interviewed by KMOV-TV, Aug. 30 about toxic shock syndrome and the need for careful labeling on tampon boxes. According to Dr. Gast, TSS is still very rare, however, absorbancy rates on tampon boxes should be carefully labeled because of the importance of these rates in relation to TSS.

History-making lung recipients. Ron Paul and Jeannie Allen were highlighted Sept. 7 on KTVI-TV. They were interviewed and shown working out in a rehabilitation room. The St. Louis Post-Dispatch also ran a story and interview with Mr. Paul and Ms. Allen, Sept. 9. Last month’s historic lung transplant was directed by Dr. Joel D. Cooper, head surgeon of thoracic surgery. For the first time in the United States, one donor supplied two lungs to two different recipients.

Dr. H. James Wedner, chief of immunology, discussed the causes of allergic reactions that some people have to carpeting on KPLR-TV, Sept. 8. Dr. Wedner cautioned that this is not a serious consumer problem and is usually caused by the presence of the chemical formaldehyde in the carpet adhesive. Cleaning the carpet with a watered solution can neutralize the chemical.

The heart condition, mitral valve prolapse made the news on KSUD-TV Sept. 12. Dr. Scott Nordlicht, cardiologist, says this type of heart murmur is common in tall, thin females, but is usually not harmful, and in fact many people never even know they have MVP.

The Barnes lung transplant team was highlighted on a segment of “Our Times,” a Boston news magazine on WNEV-TV (CBS) Sept. 16. A news crew flew in from Boston in August to follow a Massachusetts woman through her process as a lung transplant candidate. Interviews were conducted with Dr. Joel D. Cooper, Judy Boychuck, lung transplant coordinator and Tina Robertson, clinical social worker.

Employee retirements

Three long-term Barnes employees retired recently with a combined total of 55 years of service to the hospital. Elizabeth Gerard, food and nutrition, Louise Hale, medical records, and Josephine Wells, central service, each received a certificate of appreciation from hospital president Max Poll at receptions in their honor.

Mrs. Gerard joined Barnes in 1973 as a switchboard operator for Quinn Tower. But it was her subsequent position with food and nutrition, as soup cook, that gained her hospital-wide fame. “I had never cooked soup quite like that before in my life,” she said. Although she claims to have no secret recipes, she does admit to developing a knack for adjusting spices and seasonings until they’re “just right.” She looks forward to relaxing for a while, enjoying her four grandchildren and eventually visiting Las Vegas.

When Mrs. Hale began work as a receptionist in medical records 22 years ago, the department was divided between two locations. She worked in the Food Court near the old cafeteria in Barnard Hospital. Over the years, medical records moved but Mrs. Hale stayed with the department, working in research and the discharge desk. Mrs. Hale plans to use her retirement to rest and to enjoy her three children and four grandchildren.

Although she enjoyed her 17 years in Barnes Central Service, where she worked as an aide, Mrs. Wells is looking forward to a busy retirement. After a brief rest, she plans a month-long visit to her sister in Fort Lauderdale, Fla. She also is anticipating the birth of her third grandchild and is considering volunteering or taking a part-time job to help “buy my new grandbaby all those pretty things.”
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Holly Hollembe, Editor
Scott: Ragan, Managing Editor

BARNES Hospital at Washington University Medical Center

IN MEMORY OF:
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Mr. & Mrs. Clifford Axelmeier
Barnes Hospital Society
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Mr. & Mrs. G. W. Bradshaw
Dr. Robert A. Brinkman
Mr. & Mrs. Joseph Brody
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IN HONOR OF:
Donald N. Brandt's Recovery
Anne & Lee M. Liberman
Recovery of Dr. John Daniele's Father
Mr. & Mrs. zol Weilman
Nancy Foerderer
Mary Kennedy

IN MEMORY OF:
Heidi Marqart
IN MEMORY OF: Patricia D. Gray
Mr. & Mrs. James Hayes & Sons
Mr. & Mrs. Robert Rubin
LIVING TRIBUTE TO Our Son and Brother,
Jonathan Adam Jonas
Elaine Gralnick
Deborah & Fred Kraft
Mr. & Mrs. Bertram Moskewitz
IN MEMORY OF:
Kaye Hecht Janet
Mr. & Mrs. Hank Blamy
Yvelde Buchheit
Mr. & Mrs. David Cole
Ms. Mona Copeland
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Barnes Hospital Volunteer
Department
Susan Collins

Charitable giving to the Barnes Hospital Auxiliary Fund is tax deductible.

Donations to the hospital may be made through the Barnes Hospital Auxiliary or the development office. The Auxiliary coordinates the Tribute Fund, which is used for specific hospital projects.

Barnes Hospital Auxiliary
Mr. & Mrs. Ted McClure
Tom & Libby Ferguson
Mr. & Mrs. Charles E. Caspari, Jr.
Ann Taylor
Virginia Ruzicka
Mrs. Larry Tucker
Carl E. Barron
Ann B. Arnold
James A. Moore

Barnes Hospital Volunteer
Mr. & Mrs. Douglas Neiner
Ms. Mona Copeland
Mr. & Mrs. Bertram Moskewitz
IN MEMORY OF:
Kaye Hecht Janet
Mr. & Mrs. Hank Blamy
Yvelde Buchheit
Mr. & Mrs. David Cole
Ms. Mona Copeland
Mr. Douglas Neiner
Ms. Beth Rader
Mr. John Rothrock
Ms. Jane Unterreiner
CARL E. BARRON, MD
IN MEMORIAM
Mr. & Mrs. A. H. Goodman
Mr. & Mrs. Meade Summers
Kim Uden Barnett

IN MEMORY OF:
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Radiologist Dr. G. Leland Melson demonstrates the Northgate lithotripter for visiting physicians at a reception at the Gallstone Center Sept. 13.