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**ABSTRACT** Podocytes are insulin-sensitive and take up glucose in response to insulin. This requires nephrin, which interacts with vesicle-associated membrane protein 2 (VAMP2) on GLUT4 storage vesicles (GSVs) and facilitates their fusion with the plasma membrane. In this paper, we show that the filament-forming GTPase septin 7 is expressed in podocytes and associates with CD2-associated protein (CD2AP) and nephrin, both essential for glomerular ultrafiltration. In addition, septin 7 coimmunoprecipitates with VAMP2. Subcellular fractionation of cultured podocytes revealed that septin 7 is found in both cytoplasmic and membrane fractions, and immunofluorescence microscopy showed that septin 7 is expressed in a filamentous pattern and is also found on vesicles and the plasma membrane. The filamentous localization of septin 7 depends on CD2AP and intact actin organization. A 2-deoxy-D-glucose uptake assay indicates that depletion of septin 7 by small interfering RNA or alteration of septin assembly by forchlorfenuron facilitates glucose uptake into cells and further, knockdown of septin 7 increased the interaction of VAMP2 with nephrin and syntaxin 4. The data indicate that septin 7 hinders GSV trafficking and further, the interaction of septin 7 with nephrin in glomeruli suggests that septin 7 may participate in the regulation of glucose transport in podocytes.

**INTRODUCTION**

Podocytes, the visceral epithelial cells of kidney glomerulus, are terminally differentiated, highly specialized cells. They consist of the cell body and foot processes that enwrap the glomerular capillaries. Neighboring foot processes are interconnected with specialized cell adhesion structures called slit diaphragms. The slit diaphragms, together with the fenestrated endothelial cells and the glomerular basement membrane, function as a filtration barrier that prevents the passage of proteins the size of albumin and larger from the circulation into the glomerular ultrafiltrate. Upon injury, podocytes efface and detach from the basement membrane, slit diaphragms are lost, and proteinuria develops (Shankland, 2006).

Nephrin, a 180-kDa transmembrane protein of the immunoglobulin (Ig) superfamily, is the major structural component of the slit diaphragm. Mutations in the NPHS1 gene encoding nephrin result in severe congenital nephrotic syndrome of the Finnish type (Kestila et al., 1998). Nephrin associates with CD2-associated protein (CD2AP; Shih et al., 2001; Palmen et al., 2002), an 80-kDa cytoplasmic adapter protein that was originally found as an interaction partner of T-cell adhesion molecule CD2 (Dustin et al., 1998). We identified CD2AP as a gene up-regulated during mesenchymo-to-epithelium differentiation during kidney organogenesis (Lehtonen et al., 2000) and subsequently showed that CD2AP directly interacts with actin (Lehtonen et al., 2002), suggesting that...
nephrin IgG. Glomerular or HEK293 cell lysates (10 μg) are included as control. and the precipitated proteins were immunoblotted with anti-CD2AP, anti-septin 7, or anti-150 mM NaCl, incubated with CD2AP, septin 7, or nephrin GST-fusion proteins or antibodies, lysate. Isolated glomeruli or HEK293 cells were lysed in 1% NP-40, 20 mM HEPES (pH 7.5), and coimmunoprecipitates with septin 7 antibodies, but not with rabbit IgG from rat glomerular septin 7, but not GST alone, pulls down nephrin from rat glomerular lysate. (H) Nephrin (G) Pulldown assays with GST-septin 7 fusion proteins indicate that the central domain of cytoplasmic domain, but not GST alone, pulls down septin 7 from rat glomerular lysate. CD2AP are present in immunoprecipitations with normal rabbit serum (NRS). (F) GST-nephrin antibodies indicates septin 7 band immediately below the IgG heavy chain. Neither septin 7 nor coimmunoprecipitate endogenous septin 7 in HEK293 cells. Immunoprecipitation with septin 7 antibodies indicates septin 7 band immediately below the IgG heavy chain. Neither septin 7 nor CD2AP are present in immunoprecipitations with normal rabbit serum (NRS). (F) GST-nephrin cytoplasmic domain, but not GST alone, pulls down septin 7 from rat glomerular lysate. (G) Pulldown assays with GST-septin 7 fusion proteins indicate that the central domain of septin 7, but not GST alone, pulls down nephrin from rat glomerular lysate. (H) Nephrin coimmunoprecipitates with septin 7 antibodies, but not with rabbit IgG from rat glomerular lysate. Isolated glomeruli or HEK293 cells were lysed in 1% NP-40, 20 mM HEPES (pH 7.5), and 150 mM NaCl, incubated with CD2AP, septin 7, or nephrin GST-fusion proteins or antibodies, and the precipitated proteins were immunoblotted with anti-CD2AP, anti-septin 7, or anti-nephrin IgG. Glomerular or HEK293 cell lysates (10 μg) are included as control.

CD2AP may function to link membrane proteins, such as nephrin, to the actin cytoskeleton and thus stabilize the slit diaphragm (Shih et al., 2001). Mice lacking CD2AP show glomerulosclerosis and foot process effacement and die of renal failure at age of 6–7 wk (Shih et al., 1999). CD2AP has multiple protein–protein interaction domains, including three Src homology 3 (SH3) domains and proline-rich and coiled-coil regions, and it interacts with a number of proteins involved in various signaling and vesicular trafficking processes and thus participates in the regulation of cytoskeletal remodeling (Kirsch et al., 2001; Welsch et al., 2001), cytokinesis (Monzo et al., 2005), apoptosis (Schiffer et al., 2004), and endocytosis (Cormont et al., 2003).

Diabetic nephropathy is the most common cause of progressive renal damage and occurs as a complication of reduced insulin secretion (type 1 diabetes) or sensitivity (type 2 diabetes). Interestingly, recent studies have shown that podocytes are insulin-sensitive (Coward et al., 2005) and that this is essential for normal kidney function, as the podocyte-specific insulin receptor knockout mice develop significant albuminuria with histological features of diabetic nephropathy (Welsh et al., 2010). This occurs in a normoglycemic environment and suggests that insulin resistance of podocytes may initiate many of the histopathological changes observed in diabetic nephropathy (Welsh et al., 2010). In response to insulin, podocytes take up glucose using glucose transporters GLUT4 and GLUT1 (Coward et al., 2005). This requires nephrin, which facilitates the fusion of GLUT4 and GLUT1 with the plasma membrane by interacting with vesicle-associated membrane protein 2 (VAMP2) on transport vesicles (Coward et al., 2007). However, the detailed mechanisms concerning how glucose transporter trafficking, docking and fusion are regulated in podocytes and other cells remain poorly characterized. In this study we describe the identification of the small GTPase septin 7 as a novel interaction partner of CD2AP and nephrin, and show that septin 7 regulates glucose transporter trafficking.

**RESULTS**

Septin 7 forms a complex with CD2AP and nephrin

In pulldown assays on glomerular lysates, we found that the glutathione S-transferase (GST)-3.SH3 domain of CD2AP bound to a <50-kDa protein identified by mass spectrometry as septin 7 (Figure 1A). Septins are a family of cytoskeletal GTPases first discovered in the yeast as proteins required for mother–daughter separation during cytokinesis (Hartwell, 1971; Haarer....

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**Figures:**

(A) GST-fused 3.SH3 domain of CD2AP or GST alone were incubated with rat glomerular lysate, and the bound proteins were separated by SDS–PAGE, which was followed by staining with GelCode blue. The <50-kDa band detected in the CD2AP-GST pulldown was identified as septin 7 by mass spectrometry. (B) Septin 7 is pulled down with GST-2.SH3 and 3.SH3 domains of CD2AP, but not with GST alone, from rat glomerular lysate. (C) Schematic structure of septin 7 and GST-septin 7 fusion protein constructs used for pulldown assays. PB, polybasic region; CC, coiled-coil domain; FL, full-length (aa 1–418); N, NH2 terminus (aa 1–31); Center, central region (aa 32–298); C, COOH terminus (aa 179–418), and C2, COOH terminus 2 (aa 244–418). (D) Pulldown assays with GST-septin 7 fusion proteins covering full-length septin 7 (septin 7-FL), septin 7-center, septin 7 NH2 terminus (septin 7-N), and septin 7 COOH-terminal fragments (septin 7-C2 and septin 7-C) show that full-length septin 7 and the COOH terminus of septin 7 (septin 7-C) pull down CD2AP from rat glomerular lysate. (E) Two different CD2AP antibodies (CD2AP 211 and 209) coimmunoprecipitate endogenous septin 7 in HEK293 cells. Immunoprecipitation with septin 7 antibodies indicates septin 7 band immediately below the IgG heavy chain. Neither septin 7 nor CD2AP are present in immunoprecipitations with normal rabbit serum (NRS). (F) GST-nephrin cytoplasmic domain, but not GST alone, pulls down septin 7 from rat glomerular lysate. (G) Pulldown assays with GST-septin 7 fusion proteins indicate that the central domain of septin 7, but not GST alone, pulls down nephrin from rat glomerular lysate. Isolated glomeruli or HEK293 cells were lysed in 1% NP-40, 20 mM HEPES (pH 7.5), and 150 mM NaCl, incubated with CD2AP, septin 7, or nephrin GST-fusion proteins or antibodies, and the precipitated proteins were immunoblotted with anti-CD2AP, anti-septin 7, or anti-nephrin IgG. Glomerular or HEK293 cell lysates (10 μg) are included as control.

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part of the GTP-binding domain (aa 179–418) participate in the COOH terminus of septin 7 containing the coiled-coil domain and different regions of the protein (Figure 1C) indicated that the central region (aa 32–298) of septin 7 coimmunoprecipitates with nephrin in rat glomeruli (Figure 1H).

To confirm that CD2AP and septin 7 form a complex in rat glomeruli (Figure 1D).

Because CD2AP forms a complex with nephrin, we analyzed whether septin 7 is also part of the nephrin protein complex. Pulldown assay on rat glomerular lysate indicated that GST-nephrin cytoplasmic domain pulls down septin 7 (Figure 1F) and further, that the central region (aa 32–298) of septin 7 pulls down nephrin (Figure 1G). Immunoprecipitation of rat glomerular lysate with septin 7 antibodies, followed by detection with nephrin antibodies, indicated that septin 7 coimmunoprecipitates with nephrin in rat glomeruli (Figure 1H).

**Septin 7 partially colocalizes with CD2AP in human podocytes**

Septin 7 is widely expressed in human tissues (Hall et al., 2005) but has not been previously studied in the kidney. To confirm the expression of septin 7 in glomeruli, we immunoblotted isolated rat glomerular and tubular fractions and found that septin 7 is expressed in both glomeruli and tubules, and CD2AP is concentrated in glomeruli (Figure 2A). We also used immunoblotting to study the expression of both proteins in cultured human podocytes and found septin 7 and CD2AP to form a complex (Figure 1E). Collectively CD2AP and septin 7 are found in the same complex, and the SH3 domains of CD2AP and the COOH terminus of septin 7 mediate the formation of the complex.

To further confirm the physiological interaction of CD2AP and septin 7, we performed coimmunoprecipitation assays of endogenous proteins in HEK293 cells with two different CD2AP antibodies. Immunoblotting of the precipitates with septin 7 antibodies confirmed that CD2AP and septin 7 form a complex (Figure 1E). Collectively CD2AP and septin 7 are found in the same complex, and the SH3 domains of CD2AP and the COOH terminus of septin 7 mediate the formation of the complex.

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**Localization of septin 7 in podocytes depends on an intact actin cytoskeleton and CD2AP**

As mammalian septins have been reported to localize along actin filaments (Kinoshita et al., 1997), and we found septin 7 to localize in a filamentous pattern in human podocytes, we double labeled podocytes with septin 7 antibodies and phalloidin to visualize filamentous actin. In proliferating podocytes, septin 7 localized in the midbodies of cells undergoing cytokinesis (Figure 2G), and in both proliferating and differentiated podocytes, it appeared as filaments and in a punctate pattern in the cytoplasm (Figure 2, H–I).

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Septin 7 regulates glucose uptake in human podocytes and examines the expression of septin 9 and septin 11 (Figure S3D). In septin 7–depleted podocytes, septin 7 expression was reduced by 60.5% (58–62.4%), septin 9 by 64.5% (54.1–67.5%), and septin 11 by 61% (60–62%), compared with the control siRNA-transfected podocytes (Figure S3E). This suggests that knockdown of septin 7 destabilizes the other members of the septin 7 protein complex in human podocytes.

Septin 7 knockdown or alteration of septin assembly increases glucose uptake in HIRc cells and podocytes
Mammalian septins have several functions in addition to their role in cytokinesis. They are also present in nondividing neurons, in which they regulate exocytosis (Hsu et al., 1998; Beites et al., 1999). As we found that septin 7 coimmunoprecipitates with nephrin, and nephrin is known to be involved in GLUT4 storage vesicle (GSV) fusion with the plasma membrane, we speculated that septin 7 could also affect GSV trafficking and thus regulate glucose uptake. To analyze this, we used HIRc cells, rat fibroblasts stably expressing human insulin receptor. Introduction of a pool of four septin 7 siRNAs into HIRc cells resulted in an 81% (65.4–92%) decrease in the abundance of septin 7 compared with control siRNA-transfected cells (Figure 4A). Also septin 9 and septin 11 levels were reduced by 55 and 21%, respectively, in septin 7 siRNA-treated cells (unpublished data), indicating that knockdown of septin 7 in HIRc cells also destabilizes other septins in the complex.

To analyze whether the localization of septin 7 depends on CD2AP, we stained CD2AP−/− mouse podocytes and wild-type podocytes with septin 7 antibodies and phalloidin. In wild-type podocytes, septin 7 is expressed as short filaments that partially align along actin stress fibers (Figure 3, A–D), whereas in CD2AP−/− podocytes, loss of CD2AP is associated with the disappearance of actin stress fibers and septin 7 filaments (Figure 3, E–H).

Septin 7 interacts with septin 9 and septin 11 in human podocytes
Mammalian septins form homo-oligomers in vitro and hetero-oligomeric polymers in vitro and in vivo (Joberty et al., 2001; Nagata et al., 2004). Previous studies demonstrate that septin 7, septin 9, and septin 11 are components of in vivo septin complexes isolated from REF52 cells (Nagata et al., 2004). Several isoforms of septin 9 seen as multiple bands by SDS–PAGE are expressed in cultured podocytes (Figure S3A). Septin 11 antibody recognized a 49-kDa band in podocytes (Figure S3B). The possible interaction of septin 7 with septins 9 and 11 was analyzed by immunoprecipitation assay and showed that septin 7 forms a complex with septin 9 and septin 11 in differentiated podocytes (Figure S3C).

Because loss of one septin destabilizes the others (Kinoshita et al., 2002), we depleted septin 7 by small interfering RNA (siRNA) in human podocytes and examined the expression of septin 9 and septin 11 (Figure S3D). In septin 7–depleted podocytes, septin 7 expression was reduced by 60.5% (58–62.4%), septin 9 by 64.5% (54.1–67.5%), and septin 11 by 61% (60–62%), compared with the control siRNA-transfected podocytes (Figure S3E). This suggests that knockdown of septin 7 destabilizes the other members of the septin 7 protein complex in human podocytes.
Knockdown of septin 7 or alteration of the assembly of septins increases glucose uptake in HIRc cells and podocytes. (A) Septin 7 siRNA leads to 81% reduction in septin 7 expression in HIRc cells. CD2AP expression level remains unchanged in septin 7 knockdown cells. HIRc cells were transfected with rat septin 7 SMARTpool siRNA (septin 7), siCONTROL Non-Targeting Pool siRNA (control), or Lipofectamine 2000 alone (lipof.), and analyzed by immunoblotting 72 h after transfection. Actin is included as a loading control. (B) Depletion of septin 7 increases the glucose uptake activity of HIRc cells by 19% compared with the control siRNA-transfected cells (set to 100%) in basal state. (C) Knockdown of septin 7 increases the glucose uptake activity of HIRc cells by 17% in serum-starved cells (septin 7 siRNA, – insulin) and by 144% after insulin stimulation (septin 7 siRNA, + insulin). The increase in glucose uptake in control siRNA-transfected cells is 90% after insulin stimulation (control siRNA, + insulin). Glucose uptake activity of the control siRNA-transfected and serum-starved cells is set to 100% (control siRNA, – insulin). (D) HIRc cells treated with FCF show 131% increase in glucose uptake activity in basal state compared with solvent only–treated cells (DMSO, set to 100%). (E) FCF treatment increases the glucose uptake activity of HIRc cells by 56% in serum-starved cells (FCF, – insulin) and by 198% after insulin stimulation (FCF, + insulin). The increase in glucose uptake in solvent only–treated cells is 64% after insulin stimulation (DMSO, + insulin). Glucose uptake activity of the solvent only–treated and serum-starved cells is set to 100% (DMSO, – insulin). (F) Alteration of septin assembly by FCF in mouse podocytes leads to a 56% increase in glucose uptake in basal state. (G) FCF treatment increases the glucose uptake activity of mouse podocytes by 52% in serum-starved cells (FCF, – insulin) and by 235% after insulin stimulation (FCF, + insulin). Solvent only–treated mouse podocytes show a 27% increase in glucose uptake after insulin stimulation (DMSO, + insulin). HIRC cells were transfected with septin-7 siRNA (A–C) or treated with 50 μM FCF (D and E), and glucose uptake was measured as described in Materials and Methods in basal state (B and D) or after serum starvation (–) and treatment with 200 nM insulin (+) (C and E). Mouse podocytes were treated with 50 μM FCF for 4 h (F and G) and treated (+) or not (–) with 20 nM insulin (G). Bars show the mean and error bars show the SD of three independent experiments using Student’s t test.

To confirm the results, we used two individual septin 7 siRNAs and found that they reduced the level of septin 7 by 72 and 60% (Figure S4, A and B). They also reduced the level of septin 9 and septin 11 (Figure S4, A and B), and increased glucose uptake by 57% (56.3–58.1%) and 37% (34.1–41.7%) under basal conditions (Figure S4, C and D), further confirming the specificity of the septin 7 knockdown. The data indicate that septin 7 functions as a negative regulator of glucose uptake in HIRc cells.

To further confirm that septin 7 regulates glucose uptake, we used forchlorfenuron (FCF), previously shown to disrupt septin localization in budding yeast (Iwase et al., 2004) and to alter the assembly and dynamics of septins, but not of actin or microfilaments, in mammalian cells or in polymerization assays in vitro (Hu et al., 2008). Importantly, FCF treatment causes similar functional effects as septin depletion by siRNA (Hu et al., 2008). HIRc cells treated with FCF, which was followed by 2-deoxy-D-glucose uptake assay, showed a 131% (76.6–170%) increase in glucose uptake in basal state compared with solvent only–treated cells (Figure 4D). After serum starvation, FCF treatment increased the glucose uptake by 41% (36.2–45.8%; Figure 4E). Insulin stimulation increased the glucose uptake activity by 198% (196–201%) in the FCF-treated cells, whereas the increase in insulin-stimulated, solvent only–treated cells was 64% (57.3–70.6%; Figure 4E). Glucose uptake activity of the serum-starved and solvent only–treated cells was set to 100% (Figure 4E).

To analyze whether septins also regulate glucose uptake in podocytes, we treated mouse podocytes with FCF. A 2-deoxy-D-glucose uptake assay showed a 56% (33.6–64.1%) increase in glucose uptake in FCF-treated podocytes in basal state compared with podocytes treated with solvent only (Figure 4F). In serum-starved podocytes, FCF treatment increased the glucose uptake by 52% (45.6–62%; Figure 4G), and serum starvation followed by insulin stimulation led to a 235% (190–264%) increase in glucose uptake in FCF-treated podocytes, whereas the increase in insulin-stimulated, solvent only–treated podocytes was 27% (21.4–31%; Figure 4G). This indicates that septins play an important role in the regulation of glucose uptake in podocytes. We also examined whether FCF has an effect on septin organization in podocytes. FCF treatment changed septin 7 organization to bundle-like filaments that accumulated at the cell periphery. FCF did not affect actin cytoskeleton organization (Figure S5).
Septin 7 regulates glucose uptake

Septin 7 is found in cytosolic and membrane fractions

Interaction of septin 7 with the vesicle protein VAMP2 and plasma membrane protein nephrin prompted us to study the localization of septin 7 in subcellular fractions. In mouse podocytes, septin 7 is present in both the membranes and cytosol (Figure S6A), and insulin stimulation does not change the partitioning of septin 7 in the fractions (Figure S6, B and C). The effectiveness of insulin stimulation was confirmed by immunofluorescence staining showing partial translocation of GLUT4 to the plasma membrane after insulin stimulation (Figure S6, D–F). To define the intracellular localization of septin 7 more precisely and to see whether it changes upon insulin stimulation, we studied septin 7 localization by confocal microscopy in cultured mouse podocytes using flotillin2 as the membrane marker. Septin 7 was found in a filamentous and vesicular pattern in the cytoplasm and on the plasma membrane in mouse podocytes at basal state, and its localization did not significantly change after serum starvation or insulin stimulation (Figure S7, A, E, and I). Septin 7 partially colocalized with flotillin2 on the plasma membrane in basal state and in serum-starved and insulin-stimulated cells (Figure S7).

**DISCUSSION**

Septins form hetero-oligomeric complexes (Hsu et al., 1998; Kinoshita et al., 2002), and we found a complex of three septins—septin 7, septin 9 and septin 11—in cultured human podocytes. A similar septin complex was previously identified in rat embryonic fibroblasts (Nagata et al., 2004). Knockdown of one septin often leads to reduced levels of the other septins in the complex (Kinoshita et al., 2002), and we found this to be true in both podocytes and HIRc cells. The distribution of septins in HeLa cells and NIH 3T3 fibroblasts depends on an intact actin cytoskeleton (Kinoshta et al., 1997; Kinoshita et al., 2002), and our data indicate that the filamentous organization of septin 7 in podocytes also depends on intact actin architecture.

The partial overlap of septin 7 filaments with actin stress fibers in podocytes suggests that septin 7 association with actin is mediated by other molecules. Anillin has been suggested to mediate the association of septins with actin during cytokinesis (Kinoshta et al., 2002), but anillin is mostly sequestered in the nucleus during

**Knockdown of septin-7 does not affect the activity of the phosphatidylinositol 3-kinase (PI3K) pathway**

To elucidate the mechanism of septin 7 knockdown negatively regulating glucose uptake, we examined the phosphorylation of Akt, which indicates the activation of the phosphatidylinositol 3-kinase (PI3K) pathway, in insulin-stimulated HIRc cells treated with septin 7 siRNA. Depletion of septin 7 had no effect on the total level of Akt or on the insulin-stimulated phosphorylation of Akt (Figure 5, A–D), indicating that loss of septin 7 does not affect insulin signal transduction.

**Septon 7 interacts with VAMP2 involved in vesicle trafficking**

GSV trafficking consists of several steps, including targeting of the vesicles to the site of fusion followed by soluble N-ethylmaleimide-sensitive fusion protein attachment protein receptor (SNARE) complex formation between the v-SNARE VAMP2 and the t-SNAREs syntaxin 4 and synaptosome-associated protein of 23 kDa (SNAP23; Rothman, 1994; Weber et al., 1998). To analyze whether septin 7 could be involved in GSV trafficking, we performed coimmunoprecipitations on HIRc cell lysates with septin 7 antibody and found that Septin 7 coimmunoprecipitates VAMP2 (Figure 5E) and that the interaction does not depend on insulin stimulation (Figure 5, E and F). This suggests that septin 7 could be involved in regulating GSV trafficking.

**Septon 7 depletion facilitates GSV fusion with the plasma membrane**

As nephrin facilitates GSV fusion with the plasma membrane by interacting with VAMP2 (Coward et al., 2007), we went on to investigate the effect of septin 7 knockdown on the complex formation between nephrin and VAMP2. HIRc cells were transfected with septin 7 siRNA; this was followed by overexpression of nephrin by viral infection (Figure 6A). Septin 7 knockdown increased the association between nephrin and VAMP2 and also between syntaxin 4 and VAMP2 (Figure 6, B–D). This, together with the finding that septin 7 forms a complex with both nephrin and GSV component VAMP2, indicates that septin 7 may form a filamentous barrier and thus hinder vesicle trafficking, and consequently, depletion of septin 7 facilitates the fusion of the vesicles with the plasma membrane.

**Knockdown of septin 7 does not affect the activity of insulin-mediated Akt signaling pathway**

To examine the activity of insulin-mediated Akt signaling pathway, HiRc cells transfected with septin 7 or control siRNA were serum-starved and untreated (–) or treated (+) with 200 nM insulin and immunoblotted with septin 7, pan-Akt (Akt), phospho-Akt (pAkt), and actin IgG. Akt phosphorylation is unaffected by septin 7 depletion. Representative blot of three independent experiments. (B) Quantification of septin 7 level in (A) presented as septin 7:actin ratio. (C) Quantification of total Akt level in (A) presented as Akt:actin ratio. (D) Quantification of pAkt levels in (A) presented as pAkt:total Akt normalized to actin ratio. (E) VAMP2 communoprecipitates with septin 7 but not with control IgG in HiRc cells in basal state and in serum-starved and insulin-stimulated cells. Lysate, 10 μg. (F) Quantification of protein levels of three replicate blots as in (E) presented as VAMP2:septin 7 ratio showing that insulin stimulation does not affect the interactions as the difference in complex formation between different conditions did not reach statistical significance.

**Septon 7 forms a complex with VAMP2 involved in vesicle trafficking.** (A) Knockdown of septin 7 does not affect the activity of insulin-mediated Akt signaling pathway. HiRc cells transfected with septin 7 or control siRNA were serum-starved and untreated (–) or treated (+) with 200 nM insulin and immunoblotted with septin 7, pan-Akt (Akt), phospho-Akt (pAkt), and actin IgG. Akt phosphorylation is unaffected by septin 7 depletion. Representative blot of three independent experiments. (B) Quantification of septin 7 level in (A) presented as septin 7:actin ratio. (C) Quantification of total Akt level in (A) presented as Akt:actin ratio. (D) Quantification of pAkt levels in (A) presented as pAkt:total Akt normalized to actin ratio. (E) VAMP2 communoprecipitates with septin 7 but not with control IgG in HiRc cells in basal state and in serum-starved and insulin-stimulated cells. Lysate, 10 μg. (F) Quantification of protein levels of three replicate blots as in (E) presented as VAMP2:septin 7 ratio showing that insulin stimulation does not affect the interactions as the difference in complex formation between different conditions did not reach statistical significance.

**FIGURE 5:** Septin 7 forms a complex with VAMP2 involved in vesicle trafficking. (A) Knockdown of septin 7 does not affect the activity of insulin-mediated Akt signaling pathway. HiRc cells transfected with septin 7 or control siRNA were serum-starved and untreated (–) or treated (+) with 200 nM insulin and immunoblotted with septin 7, pan-Akt (Akt), phospho-Akt (pAkt), and actin IgG. Akt phosphorylation is unaffected by septin 7 depletion. Representative blot of three independent experiments. (B) Quantification of septin 7 level in (A) presented as septin 7:actin ratio. (C) Quantification of total Akt level in (A) presented as Akt:actin ratio. (D) Quantification of pAkt levels in (A) presented as pAkt:total Akt normalized to actin ratio. (E) VAMP2 communoprecipitates with septin 7 but not with control IgG in HiRc cells in basal state and in serum-starved and insulin-stimulated cells. Lysate, 10 μg. (F) Quantification of protein levels of three replicate blots as in (E) presented as VAMP2:septin 7 ratio showing that insulin stimulation does not affect the interactions as the difference in complex formation between different conditions did not reach statistical significance.
We found that septin 7 also regulates exocytosis and, specifically, we show that septin 7 inhibits GSV trafficking and glucose uptake. Glucose uptake in septin 7–depleted cells and in cells treated with FCF, affecting all septins, increased under basal conditions, but the increase was more pronounced after insulin stimulation, suggesting that septins may affect constitutional glucose transporter GLUT1 in addition to regulating insulin-stimulated glucose transporter GLUT4.

To define the mechanism of septin 7 regulation of glucose uptake, we first examined whether septin 7 ablation affects the insulin-stimulated activation of the PI3K signaling pathway, but found no effect suggesting that septin 7 regulates GSV trafficking. On targeting of vesicles to the plasma membrane, a complex of SNARE proteins, consisting of syntaxin and SNAP on the target membrane (t-SNAREs) and VAMP2 on the vesicle (v-SNARE), form a complex to promote the fusion (Söllner et al., 1993). We found that Septin 7 interacts with VAMP2 and nephrin, which are regulators of vesicle trafficking on GSVs and the plasma membrane (Coward et al., 2007), respectively, and we showed by subcellular fractionation that septin 7 is found in both cytosolic and membrane fractions in basal state, serum-starved, and insulin-stimulated mouse podocytes. Previously, two models were proposed to explain how septin-5/CDCrel-1, predominantly found in the brain in postmitotic neurons (Beites et al., 1999), could tether vesicles away from the plasma membrane. Septins could either physically restrict the movement of the vesicles to the plasma membrane by binding to v-SNAREs and t-SNAREs, or they could create a grid-like physical barrier along the plasma membrane, thus preventing fusion of the vesicles (Beites et al., 2005). Our data on podocytes and HirC cells suggest that septin 7 could function by hindering the movement of the GSVs. The interaction of septin 7 with nephrin in glomeruli suggests that they may function together in regulating GSV trafficking in glomeruli in vivo.

Podocytes are known to be targets for insulin (Coward et al., 2005) and can develop insulin resistance as podocytes isolated from db/db mice lose the ability to respond to insulin (Tejada et al., 2008). Further, the deletion of insulin receptor specifically in podocytes leads to the development of albuminuria and histological features recapitulating diabetic nephropathy (Welsh et al., 2010). The data suggest that insulin resistance of podocytes may be a causative factor initiating the development of certain pathological processes observed in diabetic nephropathy (Welsh et al., 2010). The molecular targets of insulin resistance may, in addition to the insulin receptor itself, involve its downstream signaling events or the regulatory proteins participating in glucose transporter trafficking, docking, and fusion events. Nephrin regulates glucose uptake in podocytes by interacting with VAMP2 and facilitates the fusion of the GSVs with the plasma membrane, apparently functioning as a modifying protein in the SNARE complex (Coward et al., 2007). Otherwise, the mechanisms regulating glucose transporter trafficking and glucose

![FIGURE 6: Knockdown of septin 7 increases complex formation between nephrin and VAMP2, and between syntaxin 4 and VAMP2.](image-url)
uptake in podocytes are uncharacterized. In this study, we found that septin 7 interacts with both nephrin and SNARE complex proteins and negatively regulates glucose uptake, as knockdown of septin 7 strengthened the interaction between nephrin and VAMP2, and also between syntaxin 4 and VAMP2. This, together with the previous models proposed for septin-5/CDCrel-1 (Beites et al., 2005), further supports the idea that septin 7 also may form a physical barrier that hinders GSV trafficking.

Collectively our data show that septin 7 negatively regulates glucose uptake in both HRc cells and podocytes. Septin 7 may hinder GSV trafficking by forming a physical barrier between the vesicles and the plasma membrane by associating with v-SNAREs and nephrin. Further, interaction of septin 7 with nephrin in glomeruli in vivo suggests a role for septin 7 in regulating vesicle trafficking in podocytes. These results suggest that the regulators of glucose transporter trafficking may provide suitable targets to enhance insulin sensitivity of podocytes and thus to prevent the development and progression of diabetic nephropathy.

MATERIALS AND METHODS
Preparation of tissue lysates
Glomerular and tubular fractions were isolated from kidney cortices of male Sprague Dawley rats by graded sieving (Orlando et al., 2001) and lysed in Nonidet P-40 (NP-40) lysis buffer (1% NP-40, 20 mM HEPES, pH 7.5, 150 mM NaCl) supplemented with 50 mM NaF, 1 mM Na2VO4 and 1x Complete Proteinase Inhibitor Cocktail (Roche, Basel, Switzerland) at 4°C for 30 min. Detergent-insoluble material was removed by centrifugation (16 000 x g at 4°C for 15 min).

Cell culture and preparation of cell lysates
Conditionally immortalized human podocytes (AB 8/13) were maintained in RPMI-1640 supplemented with 10% fetal calf serum (FCS) and 1% ITS (Sigma-Aldrich, St. Louis, MO) at 33°C and were shifted to 37°C for 2 wk for differentiation (Saleem et al., 2002). Mouse wild-type and CD2AP−/− podocytes and HEK293 and HEK293FT cells were maintained in DMEM containing 4.5 g/l glucose, 10% FCS, penicillin, and streptomycin at 37°C. Cell lysates were prepared as above in NP-40 lysis buffer or in 0.5% NP-40, 100 mM NaCl, 20 mM Tris-HCl, pH 8.0, and 1 mM EDTA for immunoprecipitation of VAMP2.

Pulldown assays, mass spectrometry, and immunoblotting
GST, GST-CD2AP SH3 domains (Palmen et al., 2002), GST-nephrin (Lehtonen et al., 2004), and GST-septin 7 (Nagata et al., 2004) fusion proteins encompassing the full-length protein (aa 1–418), the NH2 terminus (aa 1–31), the central region (aa 32–298), the fusion proteins encompassing the full-length protein (aa 1–418), and 1 mM EDTA for immunoprecipitation of VAMP2.

Indirect immunofluorescence
Kidney samples were fixed with 10% Formalin, dehydrated, and embedded in paraffin. Immunoperoxidase staining was performed with a VectaStain Elite kit (Vector Laboratories, Burlingame, CA). Sections were deparaffinized, antigen retrieval was done by boiling for 15 min in a microwave oven in 10 mM citric acid (pH 6.0), and endogenous peroxidase was inactivated by incubation in 0.5% H2O2 in methanol for 30 min. Sections were blocked with CAS-block (Zymed, San Francisco, CA) and incubated with anti–septin 7 antibody diluted in ChemMate (DakoCytomation, Glostrup, Denmark) and with biotinylated goat anti-rabbit secondary antibody followed by incubation with ABC reagent and AEC (DakoCytomation) color development. Sections were counterstained with hematoxylin and mounted with Shandon Immu-Mount (Thermo Scientific, Waltham, MA).

Immunoperoxidase staining
Kidney samples were fixed with 10% Formalin, dehydrated, and embedded in paraffin. Immunoperoxidase staining was performed with a VectaStain Elite kit (Vector Laboratories, Burlingame, CA). Sections were deparaffinized, antigen retrieval was done by boiling for 15 min in a microwave oven in 10 mM citric acid (pH 6.0), and endogenous peroxidase was inactivated by incubation in 0.5% H2O2 in methanol for 30 min. Sections were blocked with CAS-block (Zymed, San Francisco, CA) and incubated with anti–septin 7 antibody diluted in ChemMate (DakoCytomation, Glostrup, Denmark) and with biotinylated goat anti-rabbit secondary antibody followed by incubation with ABC reagent and AEC (DakoCytomation) color development. Sections were counterstained with hematoxylin and mounted with Shandon Immu-Mount (Thermo Scientific, Waltham, MA).

Antibodies
Rabbit anti–CD2AP 209, 211, and 1774 were raised against aa 331–637 (Lehtonen et al., 2008b), aa 1–330 (Lehtonen et al., 2008b), and aa 6–574 (Lehtonen et al., 2000) of mouse CD2AP. Rabbit anti–CD2AP (H290) and anti–septin 7 (H120) and goat anti–septin 7 (N12) were from Santa Cruz Biotechnology (Santa Cruz, CA). Rabbit septin 7 (C) was from Immuno-Biological Laboratories (Gumma, Japan). An additional rabbit anti–septin 7 was kindly provided by Christine Field (Harvard Medical School, Boston, MA) and anti–septin 9 and anti–septin 11 were kindly provided by Koh-ichi Nagata (Aichi Human Service Center, Japan). Rabbit antibody against nephrin (#1034) is described in Ahola et al. (2003). The other antibodies used were: mouse anti–Pan Akt (R&D Systems, Minneapolis, MN); rabbit anti–phospho-Akt (Ser-473) (Cell Signaling Technology, Danvers, MA); mouse anti-VAMP2 (Sypnatic System, Gottingen, Germany); mouse anti-actin and rabbit anti–syntaxin 4 (Sigma-Aldrich).

Indirect immunofluorescence
Kidney cryosections were fixed with acetone, blocked with CAS-BLOCK (Invitrogen), and stained with affinity-purified anti–CD2AP 211 and anti–septin 7 (N12) diluted in ChemMate (DakoCytomation) at 4°C overnight, which was followed by detection with Alexa Fluor 555 donkey anti-rabbit and Alexa Fluor 488 donkey anti-goat IgGs (Molecular Probe, Eugene, OR). Human podocytes were treated with 5 μM cytochalasin D (Sigma-Aldrich) for 30 min. Mouse podocytes were serum-starved for 20 h and stimulated with 200 nM insulin (NovoNordisk, Bagsvaerd, Denmark) for 15 min. HRc cells were transfected with siRNAs as described in Silencing septin 7 by siRNA, serum-starved for 16 h, and stimulated with 200 nM insulin (NovoNordisk) for 15 min. Cells were fixed with 2% paraformaldehyde for 30 min; blocked in 2% FCS, 2% bovine serum albumin, and 0.2% fish skin gelatin; and incubated with primary antibodies at room temperature for 1 h. Detection was with Alexa Fluor 555 donkey anti-mouse and Alexa Fluor 488 donkey anti–rabbit IgGs (Molecular Probes). Actin stress fibers were visualized with rhodamine phalloidin (Molecular Probes), and nuclei were stained with 4′,6-diamidino-2-phenylindole (DAPI).
visualized with Hoechst 33342 (Sigma-Aldrich). Samples were examined with a Zeiss Axiosplan2 microscope (Thornwood, NY).

**Immunoprecipitation**

Lysates were precleared with protein A-Sepharose (Invitrogen) or TrueBlot anti-rabbit or anti–mouse IgG IP beads (eBiosciences, San Diego, CA) and incubated with CD2AP 209, CD2AP 211, septin 7 (H1120), or VAMP2 antibodies and normal rabbit serum or rabbit/mouse IgG (Zymed) as controls at 4°C for 16 h. The immune complexes were bound to protein A-Sepharose or TrueBlot beads, washed with lysis buffer, and immunoblotted.

**Silencing septin 7 by siRNA**

Human podocytes and HIRc cells were transfected with 100 nmol ON-TARGET plus SMARTpool human Sept7 (L-011607-00-0005), rat Sept7 (L-093922-01-0010), or siCONTROL Non-Targeting Pool#2 (D-001206-14-05) siRNA (Dharmacon, Lafayette, CO) using Lipofectamine 2000 (Invitrogen). Cells were used for experiments after 48 h at 33°C (podocytes) or 72 h at 37°C (HIRc).

**2-Deoxy-o-glucose uptake assay**

HIRc cells transfected with septin 7 siRNA were serum-starved for 16 h and treated or not with 200 nM insulin for 15 min in Krebs Ringer phosphate buffer (128 mM NaCl, 1.4 mM CaCl₂, 1.4 mM MgSO₄, 5.2 mM KCl, 10 mM Na₂HPO₄, pH 7.4). Alternatively, starved HIRc cells were treated with 50 μM FCF (Sigma-Aldrich) or dimethyl sulfoxide (DMSO) for 4 h at 33°C and stimulated with insulin as above. Mouse podocytes were serum-starved for 20 h, incubated with 50 μM FCF as above, and treated or not with 200 nM insulin for 15 min. Cells were exposed to 50 μM oGlcH (1 μCi/ml) 2-deoxy-o-[3H]-glucose (Perkin Elmer-Cetus, Boston, MA) for 5 min at 37°C (HIRc) or 33°C (podocytes), washed with ice-cold PBS, and solubilized in 1% Triton X-100 in PBS. β-Emission was measured by Wallac 1450 MicroBeta TriLux Liquid Scintillation Counter (Perkin Elmer-Cetus).

**Retroviral infection**

HEK293FT cells were cotransfected with pKAT2 and full-length rat nephrin cDNA in pLNCX2 (Lehtonen et al., 2004) or pLNCX2 alone using Lipofectamine 2000. Medium containing the virus was used to infect HIRc cells (as in Lehtonen et al., 2004) transfected 16 h earlier with septin 7 siRNA. Cells were lysed 48 h after infection.

**Statistical analysis**

Results are presented as mean ± SD. Statistical analysis was performed using Student’s t test (Microsoft Excel, Redmond, WA).

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