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Hirschsprung-like disease is exacerbated by reduced de novo GMP synthesis

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Hirschsprung disease (HSCR) is a partially penetrant oligogenic birth defect that occurs when enteric nervous system (ENS) precursors fail to colonize the distal bowel during early pregnancy. Genetic defects underlie HSCR, but much of the variability in the occurrence and severity of the birth defect remain unexplained. We hypothesized that nongenetic factors might contribute to disease development. Here we found that mycophenolate, an inhibitor of de novo guanine nucleotide biosynthesis, and 8 other drugs identified in a zebrafish screen impaired ENS development. In mice, mycophenolate treatment selectively impaired ENS precursor proliferation, delayed precursor migration, and induced bowel aganglionosis. In 2 different mouse models of HSCR, addition of mycophenolate increased the penetrance and severity of Hirschsprung-like pathology. Mycophenolate treatment also reduced ENS precursor migration as well as lamellipodia formation, proliferation, and survival in cultured enteric neural crest–derived cells. Using X-inactivation mosaicism for the purine salvage gene Hprt, we found that reduced ENS precursor proliferation most likely causes mycophenolate-induced migration defects and aganglionosis. To the best of our knowledge, mycophenolate is the first medicine identified that causes major ENS malformations and Hirschsprung-like pathology in a mammalian model. These studies demonstrate a critical role for de novo guanine nucleotide biosynthesis in ENS development and suggest that some cases of HSCR may be preventable.

Introduction

Hirschsprung disease (HSCR) is a common birth defect (1 in 5,000 incidence) in which the enteric nervous system (ENS) is missing from distal bowel (aganglionosis). Because the ENS controls intestinal motility, HSCR causes severe constipation, abdominal distension, bilious vomiting, growth failure, and life-threatening infection (1). Survival requires surgical excision of aganglionic bowel. After surgery, however, enterocolitis (i.e., bowel inflammation (1)) occurs commonly (35% incidence), and approximately 5% of affected children still die from HSCR. Infrequently, long-segment HSCR necessitates intravenous nutrition, with accompanying life-threatening infections. Most children with HSCR (80%) have only a short segment of aganglionosis, which suggests that slightly enhanced bowel colonization by ENS precursors could prevent disease. New strategies are needed to enhance bowel colonization by ENS precursors and to reduce HSCR occurrence.

While HSCR undoubtedly requires genetic defects (2), almost all predisposing mutations have partial penetrance and variable expressivity. For example, inactivating RET mutations occur in 15%–20% of sporadic and 50% of familial HSCR, but only about half of children with inactivating RET mutations have HSCR (2). Genetic interactions also influence HSCR risk (3–6); however, much variability in occurrence and severity of HSCR and other human birth defects remains unexplained. We hypothesized that nongenetic factors might affect HSCR occurrence. If so, then some cases of HSCR might be preventable by changes in prenatal care.

HSCR is caused by failure of distal bowel colonization by enteric neural crest–derived cells (ENCDCs) during weeks 4–7 of human gestation (7–9). Normally, ENCDCs proliferate vigorously and migrate rostrocaudally to colonize the entire intestine. A similar process occurs in mice from E9.5 to E13.5 and in zebrafish from 36 to 96 hours post fertilization (hpf). Many genes (7, 10) in addition to RET are needed for ENS development, including SOX10, PHOX2B, EDNRB, EDN3, GDNF, intracellular signaling molecules (11, 12), cytoskeletal components (13, 14), and adhesion proteins (15–17). 30% of children with HSCR have additional birth defects, and at least 30 genetic syndromes are HSCR associated (2). The diverse molecular mechanisms supporting ENS development suggest that many nongenetic factors could influence ENCDC bowel colonization and HSCR occurrence by modifying the activity or abundance of needed molecules. Furthermore, chemical perturbation of the developing ENS may identify new pathways involved in ENCDC migration, self renewal, proliferation, or survival.

In order to identify medicines that might increase HSCR risk, gain new insight into HSCR genetics, and identify new modulators of ENS developmental biology, we conducted a zebrafish chemical screen. Here we show that mycophenolic acid (MPA), a commonly used immunosuppressant, caused ENS developmental defects in fish and impaired ENCDC colonization of the bowel in mice via inhibition of inosine monophosphate dehydrogenase (IMPDH), the rate-limiting enzyme in de novo GMP synthesis. Guanine nucleotides are essential for DNA replication and transcription and for >200 GTP-dependent proteins. Our findings suggested that reduced ENCDC proliferation after GTP depletion is the primary cause of MPA-induced bowel aganglionosis (Supplemental Figure 1; supplemental material available online with this article; doi:10.1172/JCI69781DS1) and showed that IMPDH inhibition greatly increased the penetrance and severity of genetic defects affecting the ENS. These studies reinforce the central role of ENCDC proliferation in bowel colonization and raise the intriguing possibility that drugs, nutritional deficiencies, or gene polymorphisms that reduce cell proliferation during early pregnancy may increase HSCR occurrence.
Table 1

Compounds that inhibited ENS development in zebrafish

<table>
<thead>
<tr>
<th>Compound</th>
<th>TD50 in zebrafish ENS</th>
<th>Cmax in mammals</th>
<th>Indication</th>
<th>Primary mechanism</th>
<th>Target molecule</th>
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</thead>
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<tr>
<td>Artesunate</td>
<td>500 nM</td>
<td>1–3 μM</td>
<td>Antimalarial</td>
<td>Unknown</td>
<td>unknown</td>
</tr>
<tr>
<td>Benzamorone</td>
<td>600 nM</td>
<td>6–8 μM</td>
<td>Analgesic/antiinflammatory</td>
<td>Inhibits uric acid reabsorption</td>
<td>URAT1</td>
</tr>
<tr>
<td>Cinchophen*</td>
<td>&lt;100 nM</td>
<td>Unknown</td>
<td>Anthelmintic*</td>
<td>Possibly cyclooxygenase inhibition</td>
<td>Unknown</td>
</tr>
<tr>
<td>Closantel</td>
<td>1.8 μM</td>
<td>82 μM</td>
<td>Coccidiostat*</td>
<td>Possibly mitochondrial uncoupling</td>
<td>Unknown</td>
</tr>
<tr>
<td>Diclofenac</td>
<td>1 μM</td>
<td>5 μM</td>
<td>Antihyperlipidemic</td>
<td>Inhibits microtubule assembly</td>
<td>β-tubulinC</td>
</tr>
<tr>
<td>Flubendazole</td>
<td>2 μM</td>
<td>20 nM</td>
<td>Antihyperlipidemic</td>
<td>Inhibits cholesterol biosynthesis</td>
<td>HMG-CoA reductase</td>
</tr>
<tr>
<td>Lovastatin</td>
<td>0.4 μM</td>
<td>0.1 μM</td>
<td>Immunosuppressant</td>
<td>Inhibits de novo GMP synthesis</td>
<td>IMPDH</td>
</tr>
<tr>
<td>MPA</td>
<td>1 μM</td>
<td>1–10 μM</td>
<td>Anthelmintic*</td>
<td>Inhibits microtubule assembly</td>
<td>β-tubulinC</td>
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<tr>
<td>Oxibendazole</td>
<td>200 nM</td>
<td>30 nM</td>
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</table>

*Dose-response studies not performed. *Veterinary. C Invertebrate.

Results

Medications that inhibit ENS development. Zebrafish were treated with 1,508 individual drugs from the Johns Hopkins Clinical Compound Library (Supplemental Table 1 and ref. 18) for the entire duration of ENCDC colonization of the bowel (34–96 hpf). Using HuC/HuD (also known as Elav/3/4) immunohistochemistry to visualize neurons (19), we identified 9 compounds that consistently impaired ENS development, were systematically administered, and were not overtly toxic at doses affecting the ENS (Table 1).

Dose-response studies permitted determination of median toxic dose (TD50) for ENS defects for these drugs. We analyzed MPA in more detail because it dramatically impaired fish ENS development (Figure 1, A–C), is commonly used in humans, has a well-understood molecular mechanism, and has a TD50 within human therapeutic levels (20).

MPA impaired mammalian ENS development. MPA inhibits IMPDH, a protein detected in all E10.5–E12.5 bowel cells (Supplemental Figure 2) that is slightly more abundant in ENCDCs than in neighboring mesenchyme. To determine whether MPA impairs mouse ENS development, we injected pregnant dams with MPA daily from E10.5 through E12.5 and analyzed fetal bowel at E13.5. Since we expected MPA metabolism and effects to vary depending on genetic background, we used both the outbred CF1 strain, due to its high fertility and large litters, and the C57BL/6 strain on genetic background, we used both the outbred CF1 strain, due to its high fertility and large litters, and the C57BL/6 strain.

MPA more consistently than drug injections permit, the prodrug mycophenolate mofetil (MMF) was given in drinking water at 1 mg/ml, a dose that improves survival in a mouse lupus model (23). B6 females mated to Wnt1-Cre Rosa26GFP/YFP males were treated with MMF from E10.5 to E13.5 and injected with BrdU 1 hour prior to analysis. MMF decreased distal colon colonization by ENCDCs (Figure 3, A–D), recapitulating the effect of injected MPA. SOX10 and RET immunohistochemistry showed that neuronal differentiation in littermate fetuses was unaffected by MMF (Supplemental Figure 6, A–C). Since MPA might affect transcription of mesenchyme-derived signals required for colonization of the bowel, we measured Gdnf, Edn3, and Ece1 mRNA levels in E13.5 bowel using quantitative RT-PCR (qRT-PCR), but found no differences (Supplemental Figure 6D).

MPA impaired development of cultured ENCDCs. MPA could reduce migration in vivo by direct effects on ENCDCs or indirect effects on other fetal cells. To study ENCDCs moving on an acellular, migration-permissive surface, we cultured E12.5 midgut slices on fibronectin (12). MPA drastically reduced RET+ cell migration out of bowel explants (Figure 2, A, B, and E) and reduced the percentage of migrating ENCDCs with lamellipodia (Figure 2, F–I). MPA also significantly reduced DNA synthesis (Figure 2, A, B, and D) and induced ENCDC apoptosis (Supplemental Figure 4).

MPA did not, however, alter neurite growth in postmitotic enteric neurons (BrdU– TuJ1+) grown in low-density dissociated cell culture (Supplemental Figure 5 and ref. 22). To confirm that MPA effects were due to reduced guanine nucleotide levels, we treated cells with guanosine to restore GTP through the purine salvage pathway. Guanosine efficiently rescued MPA’s effects on ENCDC migration (Figure 2, C and E), DNA synthesis (Figure 2D), and lamellipodia (Figure 2, F and J), which indicated that the effects of MPA are caused by IMPDH inhibition.

MPA selectively reduced ENCDC DNA synthesis in vivo. To deliver MPA more consistently than drug injections permit, the prodrug mycophenolate mofetil (MMF) was given in drinking water at 1 mg/ml, a dose that improves survival in a mouse lupus model (23). B6 females mated to Wnt1-Cre Rosa26GFP/YFP males were treated with MMF from E10.5 to E13.5 and injected with BrdU 1 hour prior to analysis. MMF decreased distal colon colonization by ENCDCs (Figure 3, A–D), recapitulating the effect of injected MPA. SOX10 and RET immunohistochemistry showed that neuronal differentiation in littermate fetuses was unaffected by MMF (Supplemental Figure 6, A–C). Since MPA might affect transcription of mesenchyme-derived signals required for colonization of the bowel, we measured Gdnf, Edn3, and Ece1 mRNA levels in E13.5 bowel using quantitative RT-PCR (qRT-PCR), but found no differences (Supplemental Figure 6D). In contrast to our in vitro data, cleaved caspase-3′ cells were rare in both ENCDCs and surrounding mesenchyme after MMF treatment (Supplemental Figure 7), but were readily detected in limb bud interdigital web. These results agree with recent studies that showed low but detectable rates of nuclear fragmentation (24) and cleaved caspase-3 (25) reactivity in WT ENCDCs. While ENCDCs also can die through unconventional, caspase-independent processes in circumstances such as partial loss of RET expression (26), ENCDCs in culture readily undergo canonical apoptosis in response to colonization, suggesting a greater effect of MPA on ENS development than on colon growth.

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MPA, so we limited our examination of cell death to cleaved caspase-3. Consistent with the effects of MPA on ENCDCs in culture, MMF reduced proliferation of colon ENCDCs. In contrast to its effects on ENCDCs, MMF actually increased the fraction of surrounding mesenchymal cells incorporating BrdU (Figure 3, E–G). Since this was unexpected, given the reduction in bowel size resulting from either MPA or MMF treatment (Supplemental Figure 3), we counted mitotic figures within these populations. The mitotic index was reduced within ENCDCs (Figure 3H), in concordance with the reduced BrdU incorporation. In contrast to the BrdU results, however, the mitotic index in the mesenchyme was not increased, which indicates that MMF-treated mesenchymal cells entered S-phase, but did not divide at elevated rates. MMF therefore selectively reduced ENCDC proliferation and distal bowel colonization in vivo without increasing caspase-mediated apoptosis or altering neuronal differentiation.

MPA reduced ENCDC migration by reducing proliferation. Guanine nucleotide depletion must underlie MPA’s effects, because guanosine rescues these effects in vitro. GTP is essential for DNA, RNA, and protein synthesis as well as for GTPases and many other proteins. To distinguish between primary effects of guanine nucleotide depletion on cell motility versus effects on ENCDC proliferation that secondarily reduce distal bowel colonization, we determined which effects of GTP depletion are cell autonomous. This is important because either reduced ENCDC proliferation or reduced cell intrinsic motility could prevent ENCDC migration into distal bowel (27). We used mice with a null mutation in the purine salvage gene \textit{Hprt} (28), which is required for guanosine to rescue GTP depletion (29). Since \textit{Hprt} is X-linked, 1 copy of the \textit{Hprt} locus is randomly inactivated in each cell of a female. Thus, in all \textit{Hprt}– male cells and in half of \textit{Hprt}–/– female cells, HPRT protein is absent, and guanosine supplementation will not rescue GTP

Figure 1
MPA inhibited ENS development in developing zebrafish and mouse. (A–C) Developing WT zebrafish were exposed to DMSO or MPA from 34 to 96 hpf. (A) Larvae (\(N > 200\)) were immunostained for neuronal marker HuC/HuD. (B) Images in A merged with transmitted light. Filled arrowheads denote most caudal enteric neuron; open arrowheads denote vents. (C) Average uncolonized distal intestine, plotted vs. MPA dose and compared with control. (D–F) MPA exposure by maternal intraperitoneal injection from E10.5 to E12.5 impaired enteric neuron colonization of the mouse hindgut at E13.5 (D), as visualized by the neuronal marker TuJ1 (left side, ileocecal junction; dotted line, colon outline). The position within each E13.5 colon of the most caudal (E) neuronal process (marked by TuJ1) or (F) ENCDC cell body (ascertained by the lineage marker EYFP or by SOX10 staining in EYFP– littermates) in each E13.5 fetus is plotted for each MPA dose and mouse strain (thick lines denote mean). Scale bars: 250 \(\mu\text{m}\) (A and B); 1 mm (D). ***\(P < 0.001\), Kolmogorov-Smirnov test (C); ANOVA and \(t\) test (E and F).
depletion. Leveraging this system to determine which GTP depletion effects are cell autonomous requires a cellular marker indicating which X chromosome is active. To achieve this, we mated male mice carrying an X-linked EGFP transgene (30) to Hprt+/– females, and E12.5 midgut explants were cultured with 5 μM MPA and 100 μM guanosine, conditions that completely rescue MPA effects in WT explants. This mating resulted in 4 possible genotypes (Figure 4A). Of these, the female X-EGFP+, Hprt+/– genotype produces an embryo containing a mixture of cells with normal HPRT activity (EGFP+) and EGFP– cells with no HPRT activity. Therefore, each

Figure 2
MPA reduced ENCDC migration, DNA synthesis, and lamellipodia in explant cultures. (A–C) Low-magnification confocal micrographs of 24-hour E12.5 midgut explant cultures immunostained for RET and BrdU (explant at left of each image). Guanosine (Guo; C) completely reversed the proliferation and migration reduction caused by MPA (B). (D) Quantification of BrdU labeling index and (E) distance migrated by the RET-expressing population after 16 and 24 hours in culture. (F) MPA reduced the percentage of cells with lamellipodia within the neural crest–derived cell population (stained with anti-p75NTR) most distant from the explant, an effect that was also reversed by guanosine. (G–J) Optical sections of p75NTR- and phalloidin-stained ENCDCs demonstrated the changes in cell shape associated with MPA treatment. Filled and open arrowheads denote ENCDCs with and without lamellipodium, respectively. Insets show details of ENCDCs at the leading edge (enlarged x1.8). Scale bars: 250 μm (A–C); 50 μm (G–J). *P < 0.05, **P < 0.01, ***P < 0.001, repeated-measures ANOVA (D and E); ANOVA (F).
explant from X-EGFP+, Hprt+/– fetuses contains a mixture of guanosine-rescuable ENCDCs (EGFP+) and EGFP– cells that cannot convert guanosine to GMP, GTP, or dGTP. The other 3 genotypes served as controls. As expected, MPA- and guanosine-treated male (Hprt–/Y) explants had much less migration, less BrdU incorporation, and fewer lamellipodia than WT explants (Figure 4, D, F, and H), which confirmed that HPRT is required for guanosine rescue. In female WT explants, ENCDCs incorporated BrdU equally within EGFP+ and EGFP– populations, as expected, whereas EGFP– cells in female X-EGFP+, Hprt+/– cultures incorporated very little BrdU compared with neighboring EGFP + cells (Figure 4, B, C, and E). These observations confirmed that DNA synthesis is cell autonomous with respect to GTP depletion and that guanine nucleotides are inefficiently transferred from rescued WT to mutant cells.

Unexpectedly, the overall migration from Hprt+/– explants was equivalent to WT levels (Figure 4F). Moreover, despite absent BrdU incorporation, within Hprt+/– cultures, HPRT-deficient ENCDCs (EGFP+) migrated indistinguishably from neighboring HPRT-expressing EGFP+ cells (Figure 4G). Furthermore, consistent with migration competence, the proportion of EGFP+ ENCDCs with lamellipodia in Hprt+/– cultures was not reduced (Figure 4I).

Thus, while DNA synthesis, cell migration, and lamellipodia were all affected by GTP depletion and required HPRT for guanosine rescue, only effects on DNA synthesis were cell autonomous with respect to GTP pools. ENCDCs with adequate GTP fully rescued the ability of adjacent GTP-depleted ENCDCs to migrate in culture. Consistent with these results, time-lapse imaging of isolated ENCDCs confirmed that MPA did not reduce cell motility. However, in explant cultures where dense clusters of ENCDCs migrate outward, time-lapse imaging confirmed slower migration of MPA-treated ENCDCs (Supplemental Figure 8). Because ENCDC proliferation also drives migration in vivo (27), these data suggest that the primary defect that causes HSCR-like delays in ENCDC migration after MPA/MMF treatment is reduced cell proliferation that secondarily reduces ENCDC colonization of distal bowel.

MMF increased penetrance and extent of aganglionosis. MPA is teratogenic (31) in humans, and some MPA-associated malformations are plausibly due to defective neural crest–derived cell development (32). However, aganglionosis has not been described in MPA-exposed children or animals. We hypothesized that MPA’s effects on perinatal ENS structure might be more dramatic when combined with predisposing but incompletely penetrant muta-
Figure 4
Mosaic analysis reveals that effects of GTP depletion on migration and lamellipodia are non–cell autonomous. (A) Mating scheme, genotypes, HPRT and EGFP expression patterns, and GTP depletion status of each population when cultured in the presence of both MPA and guanosine. These conditions create mixed cultures of GTP-depleted and EGFP-marked, guanosine-rescued ENCDCs in X-EGFP+; Hprt+/- explants, allowing migration of individual GTP-depleted ENCDCs to be examined in the context of a field of rescued ENCDCs. (B–D) BrdU labeling revealed that guanosine rescued DNA synthesis in all ENCDCs in X-EGFP+, Hprt+/- explants (B), but only rescued DNA synthesis within the HPRT-expressing ENCDCs marked by EGFP in X-EGFP+, Hprt+/- explants (C). As expected, guanosine failed to rescue DNA synthesis in Hprt–/Y ENCDCs (D). Filled arrowheads denote BrdU+EGFP+ double-positive ENCDCs; open arrowheads denote BrdU+GFP– ENCDCs. (E) Quantification of BrdU labeling in mosaic explants. (F) ENCDC migration out of explants was impaired in Hprt–/Y explants, as expected, but Hprt+/- and Hprt+/+ explants produced similar ENCDC migration distances. (G) Quantification of migration within the depleted (EGFP–) and rescued (EGFP+) populations of female Hprt+/- cells demonstrated that GTP-depleted cells did not migrate any less efficiently than rescued cells when surrounded by rescued cells. Similarly, while lamellipodia were reduced in Hprt–/Y explants (H), they were not reduced within the GTP-depleted ENCDC population in Hprt+/- explant cultures (I). Scale bar: 50 μm (B–D). ***P < 0.001, paired t test (E and I); ANOVA (F); Wilcoxon signed-rank test (G); t test (H).
tions, and that HSCR might only be induced by MPA when such mutations are present. We therefore exposed the developing ENS of Sox10LacZ/+ mice to MPA. Sox10LacZ/+ mice have partially penetrant aganglionosis and hypoganglionosis (33), modeling high-penetrance HSCR in Waardenburg syndrome type IV. Explant cultures of Sox10LacZ/+ E12.5 bowel had ENCDC migration and BrdU labeling that were equivalent to WT cultures under control conditions. Importantly, MPA had similar effects on WT and Sox10LacZ/+ ENCDCs (Figure 5, A and B). Thus, in this short-term culture, MPA was not more toxic to mutant than to WT ENCDCs.

Next, we examined the interaction between MMF and Sox10 in vivo. Since Sox10 is haploinsufficient in the developing ENS, we crossed Sox10LacZ/+ males with B6 females (34) and treated them with MMF throughout prenatal ENS development (E7.5–E18.5). We attempted postnatal evaluation, but some MMF-treated pups had exencephaly and died immediately after birth. To avoid missing more severely affected animals, we harvested E18.5 fetuses. Occasionally, control dams delivered at E18.5, but ENS structure was similar to fetuses that had not delivered. Whole-mount immunohistochemistry for neuronal processes (TuJ1) and somata (HuC/HuD) markers. The position of the most caudal soma within the intestine is plotted as a dot, and the region of hypoganglionosis is plotted as a line. Mean positions of aganglionosis are denoted by black lines. Groups without abnormal fetuses are summarized as 1 dot and number. Treatment with MMF from E7.5 to E18.5 resulted in hypoganglionosis and aganglionosis with genotype-dependent penetrance and severity. Treatment with MMF from E9.5 to E14.5 demonstrated genotype-dependent reversal of the MMF-induced developmental delays. ***P < 0.001, 2-way ANOVA (A, B, D, and E).
distance migrated, consistent with known roles for RET in ENCDC migration (11, 36) and MPA’s primary effect on proliferation. Since heterozygous null Ret mutations do not delay ENCDC colonization of fetal bowel (35) and only slightly alter adult ENS structure (37), we used a hypomorphic allele, Ret9, that causes partially penetrant aganglionosis (38) to test the effects of MMF in vivo. Ret9/+ males were bred to Ret+/− females on a B6 background, and pregnant dams were treated with MMF from E7.5 to E18.5. We expected Ret9/− fetuses to have partially penetrant aganglionosis even without MMF (26), but found no aganglionosis and only 1 mouse with obvious hypoganglionosis (Figure 5F and Figure 6B). Other genotypes did not have detectable ENS abnormalities in control fetuses (Figure 5F and Figure 6A). In contrast, 2 of 6 MMF-treated Ret+/− fetuses had hypoganglionic or aganglionic colons (Figure 5F and Figure 6C). Furthermore, MMF-treated Ret9/− and Ret+/− fetuses had longer regions of aganglionic colon than WT fetuses (Figure 5F and Figure 6, D and E), demonstrating a synergistic effect. Strikingly, all 8 MMF-treated Ret9/− fetuses had aganglionosis, often extending into small bowel (Figure 5F and Figure 6F). These findings are remarkable since the Ret9/− genotype closely mimics heterozygous RET mutations that underlie more than 25% of human HSCR. Unlike human HSCR, however, sex did not affect the penetrance or the extent of ENS abnormalities in MMF-treated Ret mutant mice. Thus, MMF treatment from E7.5 onward caused Hirschsprung-like aganglionosis that was significantly worse in genetically susceptible mice. We also tested the hypothesis that a more limited period of MMF exposure might cause permanent distal bowel aganglionosis. ENCDCs normally first enter the bowel at E9.5 (39) and reach the end of the colon by E13.5, but the colon becomes less permissive (40, 41) to ENCDC migration at E14.5. To determine whether MMF treatment during the critical period of ENCDC migration causes permanent or transient distal bowel aganglionosis, we switched dams carrying Sox10 and Ret litters from PBS to MMF for the interval from E9.5 to E14.5 and then allowed them to recover on PBS from E14.5 to E18.5. For Sox10 and Ret matings (Figure 5, C and F), the colons of all WT fetuses and intermediate Ret genotype fetuses were completely colonized at E18.5, although 1 Sox10+/− fetus had a hypoganglionic terminal colon. In contrast, aganglionosis was highly — although not universally —
penetrant in Ret<sup>−/−</sup> fetuses treated with MMF from E9.5 to E14.5 and was confined to the colon (Figure 5F). Furthermore, although the penetrance of aganglionosis in Sox10<sup>+/−</sup>; Ret<sup>−/−</sup> fetuses treated with MMF from E9.5 to E18.5 was very similar to those treated from E7.5 to E18.5, the aganglionic segments were shorter on average if mice did not receive MMF before E9.5 and after E14.5. Collectively, these data suggest that significant ENCDC migration delays may be reversible, but the most susceptible genotypes lack the capacity to recover from transient MMF exposure.

It is important to note that the preceding data described colonization of the bowel by ENCDCs derived from the vagal region of the neural crest. Interestingly, in mice with aganglionic bowel, the terminal third of the colon often had single neurons or isolated clumps of neurons (<150 neurons per colon) associated with extrinsic nerve bundles and separated from vagal ENCDCs by long segments of bowel that were completely devoid of enteric neurons. These rare neurons are likely to arise from ENCDCs derived from the sacral region of the neural crest.

In addition to ENS defects, MMF-treated mice were small and had reduced bowel length (Supplemental Figure 9), exencephaly, and congenital heart defects. MMF-induced exencephaly was unaffected by genotype, but was only present in litters treated with MMF from E7.5 to E18.5 (Supplemental Table 2). Most heart defects occurred in Sox10 or Ret mutant fetuses in the E7.5–E18.5 treatment group. Although the number of fetuses was small, the infrequent heart defects in MMF-treated control mice raises the possibility that Sox10 or Ret may have unappreciated roles in cardiac crest development that are only demonstrable with additional genetic or environmental insults. We also observed 6 MMF-exposed fetuses with orofacial clefting and 3 with iris colobomas. These defects are similar to those previously reported in MMF-exposed human infants (31).

**Discussion**

HSCR and other problems with ENS development are known to occur in individuals with many well-established genetic defects (2), which suggests that these disorders are not preventable. The gene defects and chromosomal anomalies that predispose to HSCR, however, are all partially penetrant and cause variable degrees of aganglionosis. This variation in phenotype in individuals who share the same underlying primary genetic defect is thought to occur, at least in part, because of interactions among genes needed for normal development. Our current data provide the first direct evidence that specific medicines affect ENS development, causing distal bowel aganglionosis in mice and fish that mimics human HSCR. In addition, our data showed dramatic gene-environment interactions. Importantly, these studies suggest the possibility that any factor that reduces ENCDC proliferation might increase the risk of distal bowel aganglionosis and that some cases of HSCR might be prevented by careful optimization of nongenetic risk factors during early pregnancy.

Most compounds found to inhibit distal bowel colonization by ENCDCs in fish lack obvious links to previously recognized ENS developmental pathways. Furthermore, because we tested only 1 drug concentration, many additional medications are probably detrimental to the developing ENS. Besides MPA, 2 additional medications deserve comment. Lovastatin (Mevinolin; Merck) is a commonly used inhibitor of the rate-limiting step in de novo cholesterol biosynthesis (HMG-CoA reductase), which is interesting because DHCR7 mutations disrupt the final step in cholesterol biosynthesis, causing HSCR as a component of Smith-Lemli-Opitz syndrome (42). Artesunate is a common malaria treatment that may increase ROS, and in Toc5<sup>−/−</sup> mutant mice, additional oxidative stress delays ENCDC migration (43). These findings highlight the many complex pathways needed for ENCDC colonization of fetal bowel and the potential for diverse medicine classes to increase HSCR occurrence. This is especially important since families with 1 child with HSCR have a 50- to 1,600-fold increased risk of having another child with the same life-threatening disease (2).

We investigated the immunosuppressant MPA in more detail, because it profoundly inhibited zebrafish ENS development at concentrations in the low human therapeutic range and represents the only drug identified associated with specific patterns of human birth defects (31). Despite inhibiting the ubiquitous process of GMP biosynthesis, some MPA-associated defects (e.g., cardiac defects, craniofacial defects, and coloboma) suggest that IMPDH inhibition disproportionately affects neural crest–derived cells (32). Interestingly, Drosophila IMPDH mutations (raspberry) cause mistargeting of photoreceptor axons (44), and MPA impairs cranial nerve development in rat embryos (45), demonstrating that defects in other neural cell types can be caused by abnormal purine metabolism. We are not aware of human ENS malformations reported after MPA or MMF exposure, but HSCR occurrence after exposure likely requires predisposing gene mutations. Here we showed that MPA caused dose-dependent distal ENS malformations in fish and mice, that MPA impaired ENCDC migration by depleting guanine nucleotides and reducing proliferation, and that mutations that model HSCR predisposition dramatically increased MMF’s teratogenic effects on distal bowel colonization by ENCDCs.

The unique way in which the ENS develops may explain why ENCDCs are particularly sensitive to MPA/MMF. One possibility is that the relatively high rate of ENCDC proliferation compared with that of neighboring mesenchymal cells requires ENCDCs to synthesize guanine nucleotides more rapidly via IMPDH and with the de novo synthesis pathway. The elevated levels of IMPDH observed in ENCDCs compared with adjacent cells are consistent with this hypothesis, as are the different effects of MMF in different cell types. As expected, MPA/MMF dramatically reduced BrdU incorporation and mitotic figures in ENCDCs. Remarkably, the effects of MPA/MMF in neighboring mesenchyme were more complex. In contrast to ENCDCs, a higher proportion of mesenchymal cells incorporated BrdU after MPA/MMF treatment, but without a concomitant increase in mitoses. This might occur if MMF-treated mesenchymal cells have enough guanine nucleotide to enter S-phase, but have a prolonged period of DNA synthesis because of limited dGTP availability. Alternatively, guanine nucleotide depletion could cause DNA damage, and the elevated levels of BrdU incorporation reflect DNA repair. In any case, the effect on mammalian development of blocking a ubiquitous enzyme like IMPDH depends not only on how the drug affects the biology of individual cells, but also on how important that perturbation is for particular aspects of development. For example, proliferation is essential for ENCDCs to efficiently colonize the distal bowel (27). Reduced proliferation of other cell types might lead to smaller organs, but might not cause a structural defect, because proliferation is not essential for building that structure during the interval of drug exposure.

For our present studies, it was important to determine whether distal bowel aganglionosis in MPA/MMF-treated mice occurred because of reduced ENCDC proliferation (27) or whether deple-
tion of guanine nucleotides directly affected proteins needed for cell migration. In mesangial (46) and endothelial (47) cells, for example, MPA-mediated GTP depletion led to reduced levels of active (GTP-bound) Rho-family GTPases, including RAC1, a key regulator of the actin cytoskeleton. Our experiments, however, strongly suggested that MPA/MMF in the doses tested did not directly impair cell migration. Specifically, we found that random motility of EYFP-labeled ENCDCs was unchanged by MPA (Supplemental Figure 8) when cells were cultured at a density that reduced cell-cell contact. Furthermore, using X-inactivation mosaicism, we deleted HPRT and depleted GTP in single ENCDCs that were surrounded by “normal” guanosine-rescued ENCDCs. In these cultures, the nonrescued ENCDCs remained BrdU−, excluding cell-to-cell transfer of any significant amount of guanine nucleotide, but the GTP-depleted cells appeared to migrate essentially normally. Thus, with 2 different approaches, we demonstrated that GTP-depleted ENCDCs can move at normal speeds, but fail to migrate effectively unless they are surrounded by adja-

cent normally proliferating ENCDCs. This result is conceptually related to the findings that Sox10 and Ednrb mutations have non-
cell-autonomous effects on ENCDC migration in aggregation chimeras (48, 49) and that proliferation inhibitors (27) or mechanical reduction of ENCDC density (35) can reduce ENCDC colonization of cultured bowel. The molecular mechanisms that allow ENCDCs to sense and react to local ENCDC density or that control the unpredictable trajectories of individual ENCDCs remain unknown, although in other neural crest cells, both diffusible (50) and contact-mediated (51) signals are involved.

We therefore propose that reduced ENCDC proliferation par-
simoniously explains all other observed effects of MPA on the developing ENS. These results suggest the possibility that any condition that reduces ENCDC proliferation could increase the risk of HSCR. In addition to the risk of bowel aganglionosis in WT mice after MPA/MMF treatment, our data showed dramatic gene-environment interactions between MMF and either Sox10 or Ret mutations at term. MMF caused distal bowel aganglionosis (E7.5–E18.5) or during the period of ENCDC migra-
tion (E9.5–E14.5). Interestingly, ENCDCs were able to recover from a transient MMF-induced developmental delay in WT mice and in mice with “mild” Ret genotypes, but not in Sox10lox/lox− or Ret−−− fetuses. Furthermore, MPA/MMF appeared to inhibit bowel colonization by both vagal and sacral neural crests. The sacral neural crest normally migrates proximally through terminal colon and forms 10%–20% of the distal colonic ENS (52). Although we observed isolated neurons in each aganglionic colon, sacral ENCDC derivatives, if present, are greatly diminished in number by MMF and/or the genetic lesions evaluated (i.e., less than 2% of anticipated sacral-derived neurons in this region). If the same phenomena occur in humans, then many potentially detrimental drug exposures will only cause HSCR in children with underlying predisposing mutations.

A few interesting differences were noted between in vivo versus explant culture results for Ret and Sox10 mutant animals. In vivo, Ret−−− and Ret+−− ENCDCs migrate at the same rate through the colon (35), but we noted reduced migration of Ret+−− ENCDCs from cultured gut explants compared with WT cells. This may occur because the supraphysiologic level of GDNF used in culture saturates all RET receptors, whereas in vivo GDNF is limiting even in Ret+−− mice (37). In contrast, Sox10 mutant and WT ENCDCs migrated an equal distance from gut explants in vitro, while the same Sox10 mutation impaired distal bowel colonization in vivo. This illustrates the importance of coupling in vitro and in vivo studies, since some defects will not be detected in the culture system currently in use. Differences that might be required to detect Sox10-mediated defects include the much longer ENCDC migration time in vivo; the diverse set of factors affecting stem cell renewal, differ-
entiation, and migration; and the 3-dimensional environment in vivo that requires degradation of the extracellular matrix (53) and may engage alternate integrin or adherence protein signaling.

Collectively, our results provide the first strong evidence that medicines may affect ENS development and that potent gene-envi-
ronment interactions dramatically alter the risk of Hirschsprung-like disease. Combined with our previous demonstration that vita-
min A deficiency increases Hirschsprung-like defects in concert with Ret mutations (12), the present work adds credibility to the hypothesis that unappreciated maternal nongenetic factors influ-
ence HSCR risk. Oral MMF may also be a valuable experimental tool to probe for genetic factors that predispose to ENS abnor-
malities, but are not severe enough to cause disease in the absence of additional defects.

Finally, these studies demonstrated a profound linkage among basic processes in cell metabolism and specific mammalian ENS developmental defects. This work supports the idea that any stressor that reduces the efficiency of ENCDC proliferation might increase HSCR occurrence and severity in children with predisposing mutations, even without altering “classical” ENS development-
mental pathways. De novo purine biosynthesis, for example, is a multistep process for which enzymes require nicotinamide, folate, and vitamin B12. Focused investigation of clinically relevant anti-
metabolic stressors such as folate and B12 deficiency, antifolate medicines (e.g., trimethoprim and methotrexate), and other anti-
metabolites (e.g., azathioprine and 6-mercaptopurine) may iden-
tify immediate candidate interventions for reducing the incidence and severity of HSCR in genetically predisposed children. In paral-
el with work in model systems, these studies suggest that human case-control epidemiologic investigation is appropriate and may uncover avoidable maternal exposures or health conditions that could reduce the risk of dangerous neural crest–dependent birth defects like HSCR.

Methods
Zebrfish. WT (AB) in vitro-fertilized embryos were treated (n ≥ 6 embryos per drug) with 10 μM drug and 1% DMSO in E3 Screening Media (54) from 34 to 96 hpf. 1% DMSO did not induce any defects, but may increase sensitivity, as 2% DMSO alone inhibited ENCDC migration. Distance from the most-caudal neuron (HuC/HuD+) to the bowel terminus was measured (n > 9,000 larvae) using a micrometer-calibrated eyepiece grid. Compounds were retested if mean uncolonized distance exceeded 125 μm, results were consistent between experiments, and the compound might cross the pla-
centa in mammals. Drugs causing death at 10 μM were retested at lower concentrations. Larvae with >100 μm of uncolonized bowel were consid-
ered to be affected for the TD50 calculations.

Mice. Vaginal plug day was considered E0.5. CF1 mice were from Charles River. B6 (C57BL/6j), C3Fe (C3HeBFeJ), 129X1 (129X1SvJ), Wnt1-Cre (Tg[Wnt1-cre]11Rth; ref. 55), Rosa26EYFP (Rosa26; ref. 56), and X-EGFP (Tg[CAG-EGFP]; ref. 57) were mice from the Jackson Laboratory. Other mouse strains and genetic backgrounds used were Rettm1Jmi (null allele Rettm1Jmi; ref. 57) on a B6 background, Sox10lox/lox− (null allele Sox10lox/lox−; ref. 33) on a C3Fe background (provided by M. Wegner, Fried-
rich Alexander University Erlangen Nuremberg, Erlangen, Germany, and
M. Southard-Smith, Vanderbilt University, Nashville, Tennessee, USA), and
Ret+ (hypermorphic allele Ret(+/−)Ret(+/−); provided by S. Jain, Washington University
School of Medicine, St. Louis, Missouri, USA; ref. 38) backcrossed to
129X1 for 2-5 generations. Wnt1-Cre Rosa26EGFP-YFP and Hprt+ (Hprt+/+);
provided by B.S. Mitchell, Stanford University, Stanford, California,
USA; ref. 28) were on a mixed background. PCR genotyping (58) for
Sox10lox/lox and Wnt1-Cre used previously published primers (58); other
primers are listed in Supplemental Table 3.

MPA and MMF treatment. Dams were injected daily with MPA (Sigma-
Aldrich; catalog no. M5356) in DMSO or with DMSO alone (1.24 μl/g
body weight, 31.25–250 mM MPA, intraperitoneal) or given prodrug MMF
(Accord Healthcare, NDC catalog no. 16729-094) at 1 mg/ml in 0.25x PBS
adjusted to pH 3.6 as drinking water (23). MMF and PBS groups drank
equal amounts. Cardiovascular anatomy at E18.5 was visualized under a
dissection stereomicroscope by left ventricle injection with India ink (Wind-
sworth Newton) diluted 1:10 in water.

Primary ENCDC culture. 300- to 500-μm slices of E12.5 small bowel were
cultured on fibronectin-coated (250 μg/ml; Invitrogen) Lab-Tek Permanox
slides (Thermo Fisher). Both cells and slices were cultured in phenol red–free
DMEM supplemented with B-27, 200 mM l-glutamine, and antibiotics as described
for explant cultures. Cardiovascular anatomy at E18.5 was visualized under a
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All experiments were performed in at least triplicate with separate embryos or separate pools of embryos in culture. For drug-treated pregnant mice, at least 3 litters were collected per treatment. Mean ± SEM are plotted unless otherwise indicated. Analyses were performed by observers blind to genotype and treatment status.

Statistics. We used SigmaPlot 11 (Systat Software) or R (R Foundation) for analysis. For fetal bowel colonization, Student’s t test or 1-way ANOVA was used. For WT explants, repeated-measures ANOVA was used unless otherwise indicated. For mutant explants, 2-way ANOVA was used to test influence of genotype, treatment, and interactions. Paired t tests or Wilcoxon signed-rank tests (when data were non-normally distributed) were used for mosaic analyses. Other parameters were compared with 1-way ANOVA, t test, rank-sum test, or Kolmogorov-Smirnov test as indicated. For all analyses, P < 0.05 was considered significant, and 2-tailed tests were performed. P values were adjusted for multiple comparisons by the Holm-Bonferroni procedure based on numbers of planned comparisons. When colonization was normalized to bowel length, absolute length of aganglionic (or abnormal) segments were also tested and always agreed with the normalized results.

Study approval. Animal experiments were approved by the Washington University Animal Studies Committee.

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