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Maternal metabolic syndrome programs mitochondrial dysfunction via germline changes across three generations

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**Maternal Metabolic Syndrome Programs Mitochondrial Dysfunction via Germline Changes across Three Generations**

**Highlights**
- Inbred mice fed a high-fat/high-sucrose (HF/HS) diet develop metabolic syndrome
- F1, F2, and F3 offspring from HF/HS-fed dams develop mitochondrial dysfunction
- Proteins involved in mitochondrial dynamics and ETC are misexpressed in F1–F3 pups
- Mitochondrial changes are seen in F1–F2 oocytes, suggesting germline transmission

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**In Brief**
Saben et al. demonstrate that maternal diet-induced metabolic syndrome in an inbred mouse model results in transgenerational inheritance of aberrant mitochondria. Abnormal expression of mitochondrial ETC complex and dynamic proteins are seen in F1–F3, despite the fact that they are eating a regular diet. The transmission appears to be germline and through aberrant oocytes.

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Maternal Metabolic Syndrome Programs Mitochondrial Dysfunction via Germline Changes across Three Generations

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SUMMARY

Maternal obesity impairs offspring health, but the responsible mechanisms are not fully established. To address this question, we fed female mice a high-fat/high-sugar diet from before conception until weaning and then followed the outcomes in the next three generations of offspring, all fed a control diet. We observed that female offspring born to obese mothers had impaired peripheral insulin signaling that was associated with mitochondrial dysfunction and altered mitochondrial dynamic and complex proteins in skeletal muscle. This mitochondrial phenotype persisted through the female germline and was passed down to the second and third generations. Our results indicate that maternal programming of metabolic disease can be passed through the female germline and that the transfer of aberrant oocyte mitochondria to subsequent generations may contribute to the increased risk for developing insulin resistance.

INTRODUCTION

The Developmental Origins of Health and Disease Hypothesis states that exposures during embryonic and fetal life are critical to the developmental patterning of tissues. Maternal obesity and metabolic disease are two of the most prominent of these potential exposures, as over two-thirds of reproductive-age women in the US are overweight or obese (Flegal et al., 2012). Offspring (first generation [F1]) born to obese mothers are at an increased risk for developing obesity, cardiovascular disease, and diabetes in adulthood (Carlsen et al., 2014), thus potentiating the obesity epidemic. The grandchildren (F2) and great grandchildren (F3) of obese women may also inherit risk of metabolic disease, even if they are not directly exposed to the metabolic insult. This type of inheritance occurs when phenotypes acquired from an initial exposure (in the F1) are transmitted to the next generations (F2 and F3) in the absence of any continued exposure (Skinner, 2011). To be considered transgenerational, the inherited traits must be apparent in the F3 generation because the F1 embryo and F2 primordial germ cells are directly exposed to a given environmental factor in utero. Evidence exists to suggest that the transmittance of disease risk can penetrate through both the maternal (Ponzio et al., 2012) and paternal germlines (Dunn and Bale, 2011; Song et al., 2014). However, a recent study showed that associations between maternal and offspring BMI persisted through three generations, but similar associations did not exist between paternal and offspring BMI (Murrin et al., 2012), suggesting a stronger relationship between maternal BMI and offspring adiposity.

The maternal, but not paternal, transmission of obesity risk may be explained by the fact that mitochondria, which regulate metabolism, apoptosis, cellular redox homeostasis, and numerous biochemical pathways, are maternally inherited. Although the contribution of mitochondrial dysfunction to development of metabolic disease remains in debate (Montgomery and Turner, 2015), it is clear that defects in mitochondrial health are associated with obesity, insulin resistance, diabetes, and cardiovascular disease (Crescenzo et al., 2015; Kelley et al., 2002; Montgomery and Turner, 2015). Mitochondrial health is preserved through fission and fusion, collectively called mitochondrial dynamics. Importantly, an imbalance in mitochondrial dynamics has been associated with metabolic disease (Galloway and Yoon, 2013). We previously presented evidence that diet-induced metabolic syndrome alters mitochondrial dynamics in the oocyte. Briefly, we demonstrated that female mice with diet-induced metabolic syndrome had abnormal oocyte mitochondrial morphology characterized by fewer, more-disarrayed cristae, decreased electron density of the matrix, increased swelling, and more vacuoles (Luzzo et al., 2012). Additionally, oocyte mitochondria from mice fed a high-fat/high-sugar (HF/HS) were less round and more dumbbell shaped than their chow-fed counterparts, suggesting a defect in mitochondrial dynamics (Boudoures et al., 2016). These defects in mitochondrial morphology were accompanied by impaired beta oxidation (Boudoures et al., 2016), decreased mitochondrial membrane potential (Reynolds et al., 2015), and altered ATP and citrate levels (Boudoures et al., 2016; Luzzo et al., 2012; Reynolds et al., 2015). Adult offspring born to obese mothers developed characteristics of metabolic syndrome (Junghem et al., 2010), suggesting that the maternal germline can transmit changes to offspring metabolic function. The transgenerational inheritance of altered mitochondrial phenotypes through the maternal germline has not been explored. In this study, we examined whether maternal diet-induced metabolic syndrome in an inbred mouse model can cause transgenerational...
inheritance of aberrant mitochondria. Our data show that mice with diet-induced metabolic syndrome before and during pregnancy can transmit impaired mitochondrial dynamic and complex proteins through the female germline to the F3 generation. Importantly, our study indicates that oocyte mitochondria passed from mother to offspring may carry information that programs mitochondrial dysfunction throughout the entire organism.

RESULTS

Exposure to Maternal Metabolic Syndrome Induces Peripheral Insulin Resistance in F1 Female Offspring

Female C57BL/6 mice fed a HF/HS diet (F0-HF/HS) were obese (Figures 1A and 1B), glucose intolerant (Figure 1C), and had higher fasting levels of circulating glucose (Figure 1E), triglycerides (Figure 1E), and cholesterol (Figure 1F) than Chow-fed controls (F0-Con). To test the effects of maternal metabolic syndrome on risk for developing metabolic disease in the offspring, we examined glucose disposal and insulin signaling in the F1 of female offspring bore to HF/HS-fed mice (F1-HF/HS). Although these mice (which were fed control Chow after weaning) were not obese (Figure 1G), they showed slight but significant impairments in glucose tolerance (Figure 1H) and had significantly higher fasting insulin levels (Figure 1I) than F1-Con mice. Consistent with the hyperinsulinemia, F1-HF/HS offspring had impaired basal insulin signaling in their visceral adipose (Figure S1) and mixed fiber skeletal muscle (Figure 1J) as indicated by decreased tyrosine phosphorylation of IRS-1 (Tyr895) and decreased serine phosphorylation of AKT (Ser473).

Mitochondrial Dysfunction and Imbalanced Mitochondrial Dynamics Occur in F1-HF/HS Skeletal Muscle

We hypothesized that mitochondrial dysfunction was involved in the altered insulin signaling observed in F1-HF/HS skeletal muscle. So we examined mitochondria morphology and function in soleus (slow-twitch; oxidative; type I/IIA) and lateral gastrocnemius (fast-twitch; glycolytic; type IIX/IIB; Bloemberg and Quadrilatero, 2012) muscle to determine whether or not specific muscle fiber types were affected differently by exposure to maternal HF/HS diet. Previous studies have indicated that mitochondrial dynamics are dependent on the oxidative capacity of the different muscle fibers such that fusion events are more common in oxidative fibers, creating long strings of connected mitochondria (Mishra et al., 2015). Conversely, mitochondria in glycolytic fibers have a more-punctate appearance. Ultrastructure analyses of the F1-Con soleus (Figures 2A and S2A) and lateral gastrocnemius (Figures 2F and S2B) were consistent with these morphologic phenotypes. However, F1-HF/HS mice had significantly larger mitochondria in both the soleus (Figures 2A and S2C) and lateral gastrocnemius muscles (Figures 2F and S2D) than did F1-Con mice.
In the F1-HF/HS soleus, mitochondria appeared disorganized, and macro-mitochondria were almost always associated with lipid droplets (Figures 2A and S2A). Image analysis confirmed that F1-HF/HS soleus contained significantly more intramuscular lipid than F1-Con soleus did (Figure 2C). This observation led us to hypothesize that fatty acid oxidation was impaired in the F1-HF/HS soleus. Consistent with this idea, the activity of hydroxyacyl-coenzyme A dehydrogenase, type II, the rate-limiting enzyme in beta-oxidation, was lower in F1-HF/HS soleus than in F1-Con soleus (Figure 2D). Consistent with elevated lipid and mitochondrial dysfunction, soleus muscle from F1-HF/HS contained significantly more lipid peroxide products than the F1-Con muscle (Figure 2B), suggesting a state of oxidative stress. Furthermore, ADP-dependent (state 3) oxygen consumption was significantly lower in F1-HF/HS soleus than in F1-Con soleus (Figures 2E and S3A), indicating impairments in mitochondrial respiration that were not a result of decreased mitochondrial content (Figure S2E). Consistent with impaired mitochondrial function, we also observed a trending lower (p = 0.06) respiratory control ration (RCR) in the F1-HF/HS offspring (Figure S3B).

Mitochondria in the F1-HF/HS lateral gastrocnemius were arranged abnormally. Elongated mitochondria that seemed to stretch longitudinally across the muscle fiber (Figure S2B) were observed. Additionally, mitochondria in the lateral gastrocnemius of F1-HF/HS mice showed a very distinct inner mitochondrial membrane (IMM) phenotype (Figure 2F). Cristae appeared bloated and disorganized, and the electron density of the inner mitochondrial matrix was almost completely absent (Figure 2F). Some mitochondria contained onion-shaped cristae and vacuoles (Figure 2F).

The increased mitochondrial size and abnormal cristae led us to hypothesize that mitochondrial dynamics were altered in the F1-HF/HS muscle. Thus, we examined the protein levels of the four main guanosine triphosphatases (GTPases) required for mitochondrial fusion (MFN1, MFN2, and OPA1) and fission (DRP1). Total levels of the mitofusins (MFN1 and MFN2) were equivalent between F1-HF/HS and F1-Con gastrocnemius (Figure S2), indicating that increased outer mitochondrial membrane (OMM) fusion could not explain the enlarged mitochondria observed in F1-HF/HS muscle. Conversely, activity of DRP1 was significantly reduced in F1-HF/HS lateral gastrocnemius muscle as measured by a decrease in the ratio of phosphorylated-DRP1 (ser616) to total DRP1 levels (Figure 2G), suggesting that mitochondrial fission was impaired. We next examined expression of optic atrophy 1 (OPA1), which regulates IMM fusion and...
cristae formation (Frezza et al., 2006), and found that F1-HF/HS muscle contained significantly less total OPA1 than F1-Con muscle did (Figure 2G). Finally, we observed a significant reduction in the levels of electron transport chain complex II (succinate dehydrogenase), complex III-core protein 2, and the alpha subunit of complex V in the F1-HF/HS lateral gastrocnemius muscle (Figure 2H). A reduction in these subunits suggests impairment in complex assembly, which has been associated with altered cristae formation (Cogliati et al., 2013).

Mitochondrial Dysfunction and Altered Mitochondrial Dynamics Occur in the F1-HF/HS Oocytes

To determine whether or not abnormal mitochondria could be passed to subsequent generations, we next examined the mitochondria in oocytes of F1 mice (F1 oocytes). Mitochondrial morphology in oocytes differs from that of somatic cells; they are characteristically round to oval-shaped, have a dense matrix and sparse circular cristae, and occasionally contain regular-shaped vacuoles (Wakai et al., 2014; Han et al., 2008) as observed in F1-Con oocytes (Figure 3A). We observed characteristically poor oocyte mitochondrial morphology (Han et al., 2008) in F1-HF/HS oocytes; mitochondria were significantly larger (Figure 3B) and less round (Figure 3C) than those of F1-Con oocytes, and we observed a number of mitochondria containing irregular vacuoles enclosing lamellar membranes (Figure 3A).

Given these findings and those observed in the skeletal muscle of F1-HF/HS mice, we hypothesized that expression of mitochondrial dynamics proteins would be altered in the oocytes of F1-HF/HS mice. Consistent with this hypothesis, F1-HF/HS oocytes expressed significantly less OPA1 protein than F1-Con oocytes (Figure 3D). Chronic OPA1 depletion has been shown to significantly reduce mtDNA copy number (Cogliati et al., 2013), which may impair cellular metabolism independent of changes to mitochondrial morphology. Thus, it was not surprising that F1-HF/HS oocytes had significantly reduced mtDNA copy number (Figure 3E), intracellular citrate (Figure 3G), and phospho-creatine (Figure 3H). However, ATP levels were not affected (Figure 3F).

Our findings in this section suggest that maternal HF/HS diet prior to and during gestation promotes mitochondrial dysfunction in F1 female offspring tissues. These defects are transmitted to the F2 oocytes, which have abnormal mitochondrial morphologies, decreased OPA1 expression, and impaired mitochondrial metabolism.

F2- and F3-HF/HS Offspring Inherit Defects in Mitochondrial Dynamics that Penetrate through the Female Germline and Somatic Tissue

The drastic reduction in OPA1 protein levels in F1 oocytes led us to suspect that programming of impaired mitochondrial dynamics proteins may occur in the F2 generation. Accordingly, the mitochondria in F2-HF/HS lateral gastrocnemius muscle had almost identical morphologic phenotypes as observed in the F1-HF/HS gastrocnemius (compare Figure 4A to Figure 2F).
Specifically, we observed enlarged mitochondria (Figure S4) containing aberrant IMMs and matrix that was significantly less electron dense than in F2-Con muscle (Figure 4A). Additionally, we observed lower DRP1 activity and OPA1 expression in F2-HF/HS muscle than in F2-Con muscle (Figure 4B). Similarly, we observed a significant reduction in all the electron transport chain complexes in F2-HF/HS lateral gastrocnemius muscle (Figure 4C), suggesting a reduction in complex assembly, leading to impaired cristae formation. Furthermore, F2-HF/HS oocytes had significantly lower levels of total DRP1, P-DRP1 (ser616), and OPA1 protein than F2-Con oocytes (Figure 4D), indicating that mitochondrial dynamics were likely impaired in the F2-HF/HS oocytes.

If the mitochondrial effects we observed were truly transgenerational, we would detect them in the mice whose great-grandmothers had diet-induced metabolic syndrome (F3-HF/HS). Indeed, we found that the lateral gastrocnemius muscle of F3-HF/HS offspring, we did not observe any differences in the electron transport chain complexes between F3-Con and F3-HF/HS offspring (Figure 4G). Finally, it is possible to hypothesize that the mitochondrial phenotype was merely a result of inherited hyperinsulinemia; however, these mitochondrial defects occurred in the absence of altered circulating insulin (0.33 ± 0.09 and 0.35 ± 0.05; F3-Con and F3-HF/HS, respectively).

Together, these findings indicate that maternal metabolic syndrome programs defects in glycolytic muscle fiber mitochondria that are characterized by impaired fission and decreased OPA1 expression that persists across three generations of offspring and is transmitted through the female germline.

**DISCUSSION**

Here, we used an inbred mouse model to examine the impact of maternal metabolic syndrome on health of the ensuing
generations. We found that, despite consuming a normal diet, the first, second, and third generations of female offspring developed mitochondrial dysfunction and abnormal mitochondrial morphology in their skeletal muscle. Moreover, the mitochondrial dynamic proteins DRP-1 and OPA1 were misexpressed in the skeletal muscles of F1, F2, and F3 mice, suggesting an imbalance of fission and fusion. Mitochondrial abnormalities were also present in the germ cells of F1 and F2 females, suggesting that transmission of the mitochondrial phenotype occurred through the maternal germline.

Transgenerational inheritance occurs when an environmental exposure alters the germline epigenome, resulting in altered gene expression that persists through generations that were not directly exposed (i.e., F3; Skinner, 2011). A great deal of evidence supports the notion that early life exposure to maternal obesity alters the nuclear epigenome of the exposed offspring and may promote metabolic disease (Zheng et al., 2014). However, given that mtDNA is inherited from the mother, effects of maternal obesity on germline mitochondria must also be considered as a mechanism for transmission of metabolic dysfunction. Although epigenetic modifications in mtDNA have not been explored in this context, two types of epigenetic modifications have been detected in mtDNA. First, studies in mouse oocytes demonstrated that methylation occurring at both CpG and non-CpG sites in mtDNA positively correlates with gene expression (Kobayashi et al., 2012). Second, the recently discovered epigenetic mark hydroxymethylated cytosine (5hmC) is widely distributed in all types of tissues with varying degrees of abundance, and the highest density of 5hmC was found in the mtDNA (Sun et al., 2015). Although we did not examine the epigenetic mechanisms leading to inheritance of abnormal mitochondrial phenotypes, our data showing altered mitochondrial metabolism, morphology, and OPA1 expression in offspring germ cells suggest that both modification of nuclear-encoded mitochondrial genes and altered mtDNA play a role.

Maintaining normal IMM structure is essential for mitochondrial function, as abnormal cristae formation is associated with decreased membrane potential (Bornhoff et al., 2006), altered metabolite diffusion, and impaired regulation of apoptosis (Mannella et al., 2013). Although the molecular regulators of IMM topology are still being uncovered, it is clear that OPA1 plays a dominant role (Mannella et al., 2013). Here, decreased OPA1 expression in F1-, F2-, and F3-HF/HS offspring may explain the bloated cristae phenotype, as ablation of OPA1 leads to decreased mtDNA copy number, disorganized cristae (Frezza et al., 2006), and impaired respiratory chain supercomplex assembly (Ciglioli et al., 2013). Moreover, studies from Ciglioli et al. (2013) showed a functional relationship between respiratory chain supercomplex assembly and respiratory capacity that are negatively affected by acute OPA1 depletion, suggesting a link between decreased oxygen consumption and lower OPA1 levels in F1-HF/HS skeletal muscle. Our findings that the F1- and F2-HF/HS exposed offspring have altered expression of numerous complex subunits support the idea that impaired supercomplex assembly is an underlying mechanism driving the extreme cristae phenotype in these mice. Importantly, mutations in mtDNA, mtDNA deletion, or epigenetic modification to mtDNA can lead to altered levels of complex assembly, suggesting a key role for the inheritance of aberrant mitochondria in programming mitochondrial dysfunction throughout generations.

Despite its importance, the decreased OPA1 level cannot account for all of the changes to mitochondrial morphology we observed in HF/HS offspring. Whereas OPA1 knockout causes extensive mitochondrial fragmentation (Frezza et al., 2006), we observed enlarged mitochondria, suggesting that fission may also be impaired. Consistent with this idea, cells lacking both OPA1 and Drp1 have large mitochondria with disrupted cristae structures or onion-like inner membrane structures (Otera et al., 2010). We detected decreased activation of Drp1 in F1- and F2-HF/HS muscle and decreased total Drp1 protein in F3-HF/HS muscle, suggesting a reduction in mitochondrial fission. Fission is essential for targeting and degrading damaged mitochondria through mitophagy (Rambold et al., 2011), and yeast lacking the homologs of both Drp1 and OPA1 (Dnm1 and Mgm1, respectively) have decreased mitophagy and a shorter replicative lifespan (Bernhardt et al., 2015). Moreover, the mitophagy proteins PINK and Parkin promote mitochondrial fission (Poole et al., 2008), suggesting a complex crosstalk between mitophagy and mitochondrial fission. Interestingly, impaired Parkin action results in a similar mitochondrial phenotype observed in this study enlarged (Drew et al., 2014). Although we did not address whether or not mitophagy was altered following exposure to maternal metabolic syndrome, this may be one mechanism by which damaged mitochondria are passed from one generation to the next. Future work will be focused on addressing this possibility.

In conclusion, our study demonstrates that early life exposure to maternal metabolic syndrome programs impaired mitochondrial health that is transmitted transgenerationally through the female germline. Importantly, the F1, F2, and F3 animals in our study all consumed control diets. In humans, in whom the diets of children closely parallel those of their parents, the effects of maternal metabolic syndrome may be greater than in this mouse model.

**EXPERIMENTAL PROCEDURES**

**Mouse-Breeding Scheme, Feeding Paradigm, and Metabolic Analysis**

All procedures in this study were approved by the Animal Studies Committee at Washington University School of Medicine and conformed to NIH guidelines. Four-week-old female C57Bl/6 mice were fed either a HF/HS (Test Diet 58R3; 59% fat, 26% carbohydrates [17% sucrose], and 15% protein) or standard chow (Con; PicoLab Rodent diet 20; 13% fat, 62% carbohydrates [17% sucrose], and 26% protein) or standard chow (Con; PicoLab Rodent diet 20; 13% fat, 62% carbohydrates [17% sucrose], and 25% protein for 6 weeks; Boudoures et al., 2016; Reynold et al., 2015). Con- and HF/HS-fed F0 mice were mated with chow-fed male mice to produce the F1. All offspring (F1, F2, and F3) were weaned onto chow diets and mated with chow-fed males. Serum, skeletal muscle (soleus and lateral gastrocnemius), and germinal vesicle (GV)-stage oocytes were collected in non-mated F1, F2, and F3 8-week-old mice as described in Supplemental Experimental Procedures. Denuded GV oocytes were pooled from three animals per litter for each dietary exposure. Skeletal muscle and oocytes from six to eight litters were used for the experiments described below. All metabolic parameters were determined as described in Supplemental Experimental Procedures.

**Protein Isolation and Western Blotting**

Lateral gastrocnemius tissue lysates from individual offspring bore to F0-Con or F0-HF/HS dams (n = 5–6 per group) were prepared in radiimmunoprecipitation
assay (RIPA) buffer. Oocyte proteins were prepared by boiling a pool of 200 GV oocytes (from three offspring per litter, from four litters per group) for 5 min in 2 x Laemmli buffer (Bio-Rad no. 161-0737; plus 2-mercaptoethanol (Sigma). Western blotting was performed following standard procedures. See Supplemental Experimental Procedures for details.

Transmission Electron Microscopy
Soleus, lateral gastrocnemius, and GV-stage oocytes were fixed and stained following standard protocols. See Supplemental Experimental Procedures for details. Ten images from six offspring selected from six litters per group were analyzed by three independent, blinded observers for the average mitochondrial size, mitochondrial shape, and the number of lipid droplets per image.

Hydroxyacyl-Coenzyme A Dehydrogenase, Type II Enzymatic Activity
Soleus muscles were collected from eight offspring selected from eight litters per group and homogenized with a glass homogenizer in enzyme extraction buffer (20 mM Pi buffer [pH 7.4] [16 mM Na₂HPO₄ dibasic/4 mM NaH₂PO₄ monobasic], 0.02% BSA fraction V protease free, 0.5 mM EDTA [pH 7.0], 5 mM 2-mercaptoethanol, and 25% glycerol). HADHA enzyme activity was measured by enzyme-linked cycling assays as previously described (Henricksen et al., 1986).

Malondialdehyde Quantification
Soleus lipid peroxidation was assessed using the OxiSelect TBARS Assay Kit (Cell Biolabs) per manufacturer’s instructions.

Metabolite Microanalytic Assays
GV-stage oocytes (pooled from three offspring per litter, from four litters per group) were frozen on a glass slide by dipping in isopentane equilibrated with liquid nitrogen. After freeze-drying overnight under vacuum at 35°C, the oocytes were extracted in a nanoliter volume under oil. ATP, citrate, and phosphocreatine were measured by performing an enzyme-linked assay as previously described (Chi et al., 1996).

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Preparation of Permeabilized Muscle Fibers and High-Resolution Respirimetry
Soleus muscle fibers (n = 4 offspring from four separate litters per group) were isolated and permeabilized with saponin. Mitochondrial respiration was measured using an Oxygraph 2K (OROBOROS Instruments). Cytochrome C isolated and permeabilized with saponin. Mitochondrial respiration was measured by enzyme-linked cycling assays as previously described (Henricksen et al., 1986).

Statistical Methods
Data are expressed as means ± SEM. All experiments were performed in triplicate. Differences between control and experimental values were compared using an Oxygraph 2K (OROBOROS Instruments). Cytochrome C isolated and permeabilized with saponin. Mitochondrial respiration was measured by enzyme-linked cycling assays as previously described (Henricksen et al., 1986).

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mtDNA Copy Number in GV Oocytes
Quantitative real-time PCR was used to determine mtDNA abundance in single oocytes. See Supplemental Experimental Procedures for details.

SUPPLEMENTAL INFORMATION
Supplemental Information includes Supplemental Experimental Procedures and four figures and can be found with this article online at http://dx.doi.org/10.1016/j.celrep.2016.05.065.

AUTHOR CONTRIBUTIONS

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