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Estrogen activation of microglia underlies the sexually dimorphic differences in Nf1 optic glioma–induced retinal pathology

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Children with neurofibromatosis type 1 (NF1) develop low-grade brain tumors throughout the optic pathway. Nearly 50% of children with optic pathway gliomas (OPGs) experience visual impairment, and few regain their vision after chemotherapy. Recent studies have revealed that girls with optic nerve gliomas are five times more likely to lose vision and require treatment than boys. To determine the mechanism underlying this sexually dimorphic difference in clinical outcome, we leveraged Nf1 optic glioma (Nf1–OPG) mice. We demonstrate that female Nf1–OPG mice exhibit greater retinal ganglion cell (RGC) loss and only females have retinal nerve fiber layer (RNFL) thinning, despite mice of both sexes harboring tumors of identical volumes and proliferation. Female gonadal sex hormones are responsible for this sexual dimorphism, as ovariectomy, but not castration, of Nf1–OPG mice normalizes RGC survival and RNFL thickness. In addition, female Nf1–OPG mice have threefold more microglia than their male counterparts, and minocycline inhibition of microglia corrects the retinal pathology. Moreover, pharmacologic inhibition of microglial estrogen receptor–β (ERβ) function corrects the retinal abnormalities in female Nf1–OPG mice. Collectively, these studies establish that female gonadal sex hormones underlie the sexual dimorphic differences in Nf1 optic glioma–induced retinal dysfunction by operating at the level of tumor–associated microglial activation.

INTRODUCTION

Neurofibromatosis type 1 (NF1) is a monogenic cancer predisposition syndrome that results from germline mutations in the Nf1 tumor suppressor gene and predisposes affected individuals to develop benign and malignant tumors. One of the significant clinical challenges in managing children and adults with NF1 is the extreme clinical heterogeneity of the disease. In this regard, 15–20% of children with NF1 develop low-grade astrocytomas along the optic pathway, termed optic pathway gliomas (OPGs; Listernick et al., 1994). These tumors, characterized by low proliferative indices and infiltration of microglia, lead to visual impairment in 30–50% of children with NF1–OPGs. Unfortunately, this decline in visual acuity is frequently irreversible after successful chemotherapy (Kalin-Hajdu et al., 2014). In addition, it is not clear which child with an NF1–OPG will experience visual decline and require treatment, necessitating that all young children with NF1 undergo annual ophthalmological evaluations to identify those with reduced visual acuity using age-appropriate visual tests (Listernick et al., 2007). Moreover, these assessments require that preverbal children cooperate and fully engage during the examination, which is often challenging for children with NF1 who harbor comorbid attention deficits (Hyman et al., 2005).

To identify potential risk factors for OPG-induced visual decline, we recently found that girls with NF1 are more likely to lose vision and require treatment than boys (Diggs-Andrews et al., 2014b). Importantly, when segmented by tumor location within the optic pathway, girls with optic nerve gliomas were 5–10 times more likely to experience visual decline than their male counterparts (Diggs-Andrews et al., 2014a; Fisher et al., 2014). Because boys and girls with NF1 develop OPGs at relatively similar frequencies, these findings indicate that a sexually dimorphic effect may underlie OPG-induced vision loss.

In this study, we leveraged an Nf1 genetically engineered mouse strain that similarly exhibits sexually dimorphic differences in optic glioma–induced visual acuity impairment to define the molecular and cellular basis for these effects (Diggs-Andrews et al., 2014b). We demonstrate, for the first time, that female gonadal sex hormones are responsible for increased retinal ganglion cell (RGC) loss and retinal nerve fiber layer (RNFL) thinning secondary to murine optic glioma, which reflects estrogen receptor activation of tumor–associated microglia. Together, these findings establish that
female gonadal sex hormones act as microglial activators in the pathogenesis of NF1-OPG visual decline.

RESULTS AND DISCUSSION
RGC death and RNFL loss are sexually dimorphic in NF1-OPG mice
To define the molecular and cellular basis underlying the observed sexually dimorphic visual decline in children with NF1-OPG, we used a credentialed NF1-OPG genetically engineered mouse strain (Bajenaru et al., 2003), in which optic nerve and chiasmal gliomas form by 3 mo of age, and mice exhibit decreased visual acuity in a sexually dimorphic manner by 6 mo of age (Diggs-Andrews et al., 2014b). A 56% reduction in RGC numbers (% Brn3a+ cells) was observed in female NF1-OPG mice relative to controls (NF1lox/lox mice [FF]), with only minor changes in their male counterparts (Fig. 1 A). The reduction in RGC number was caused by increased apoptosis, as indicated by a 10-fold increase in the percentage of cleaved caspase-3+ cells (Fig. 1 B). The selective death of RGCs (Fig. 1 C) reflects a predominance of NF1 protein (neurofibromin) expression in RGCs within the retina (Fig. 1 D). Consistent with RGC death resulting from axonal injury, increased phospho-neurofilament heavy chain (pNF-H) immunostaining, a marker of axonal injury (Parrilla-Reverter et al., 2009), was observed in the optic nerves of female NF1-OPG mice (Fig. 1 E).
In children with NF1, optical coherence tomography (OCT) is often used to monitor visual dysfunction secondary to OPG (Fisher et al., 2012). OCT measures the thickness of the RNFL (composed of RGC axons) and the inner plexiform layer/ganglion cell layer (IPL-GCL; Avery et al., 2011; Gu et al., 2014). Similar to the sexually dimorphic RGC effects, IPL-GCL and RNFL thicknesses were reduced by 34.2% (Fig. 1 F) and 52% (Fig. 1 G) in female Nf1-OPG mice, respectively, compared with controls. No significant differences were found between male Nf1-OPG mice and controls, as further demonstrated using retinal flat-mount preparations (SMI-32 immunostaining) and Western blotting (Fig. 1 H). Together, these observations establish that female Nf1-OPG mice exhibit greater tumor-induced axonal injury, leading to RGC loss and RNFL/IPL-GCL thinning.

Female gonadal sex hormones underlie the sexually dimorphic differences in Nf1-OPG–induced axonal damage and retinal dysfunction

Using the AOS strategy (Arnold, 2014), we first analyzed gonadal steroid hormones (estradiol, testosterone) as responsible etiologies. Although gonadal sex hormones are usually considered to function during or after puberty, there is an abundance of experimental data supporting critical roles for these hormones in brain neurons during fetal and early perinatal life in several vertebrate species (Bondesson et al., 2015). 4-vinylecyclohexene diepoxide (VCD) was initially used to chemically ablate ovarian function (Kappeler and Hoyer, 2012), which reduced RGC death (%TUNEL+ cells) by 2.97-fold (Fig. 2 A) and increased RGC numbers (%Brn3a+ cells) from 50 to 73% of WT levels (Fig. 1 A). Because VCD can have off-target effects, we performed surgical ovariectomies (OVX) of female Nf1-OPG mice, castration (Cast) of male Nf1-OPG mice, and respective sham surgeries at 6 wk of age. After male gonadectomy, serum testosterone levels decreased by 8.3-fold (Fig. 2 B); however, there was no change in RGC death (%TUNEL+ cells and %Brn3a+ cells) or RNFL thinning (Fig. 2 C). These results demonstrate that male gonadal sex hormones do not provide a neuroprotective effect for RGC survival in the setting of optic glioma. In contrast, OVX resulted in a 7.2-fold decrease in serum 17β estradiol levels (Fig. 2 B) and a 4.3-fold reduction in the percentage of TUNEL+ cells, increasing the percentage of Brn3a+ cells from ~50 to ~77% and RNFL thickness from ~46 to ~100% of WT levels, respectively (Fig. 2 D).

Because girls and boys with NF1 are equally likely to develop an optic glioma (Diggs-Andrews et al., 2014b), we examined the optic gliomas in male and female Nf1-OPG mice. No differences were observed between male and female Nf1-OPG mice with respect to tumor penetrance, optic nerve volumes, proliferation, or astrocyte number (Fig. 2 E); however, OVX significantly affected glioma maintenance. Castrated males showed no differences in optic nerve volumes or proliferation (Fig. 2 F) or pNF-H immunostaining (Fig. 2 F), but OVX Nf1-OPG females exhibited a 42% decrease in optic nerve volume, a 70% decrease in proliferation, and reduced optic nerve pNF-H staining (Fig. 2 G). Collectively, these findings establish that gonadal sex hormones are critical for optic glioma growth, axonal damage, and retinal pathology in female Nf1-OPG mice.

Optic glioma–associated microglia activation underlie axonal damage and retinal dysfunction in Nf1-OPG mice

Microglia comprise 30–50% of the cells in human NF1-associated and sporadic low-grade gliomas (Simmons et al., 2011). Although their murine counterparts have slightly lower percentages of microglia (10–15% Iba1+ cells), these Nf1 mouse optic glioma–associated monocytes (Daginakatte and Gutmann, 2007) and their secreted chemokines (Ccl5; Solga et al., 2015) are critical for tumor maintenance. Based on these findings, we focused on microglia as potential cellular mediators of the observed sexually dimorphic effects.

First, we observed that female Nf1-OPG mice harbored 2.8-fold more optic glioma–associated microglia compared with their male counterparts (Fig. 3 A). Second, microglia numbers were also elevated in female, but not male, Nf1−/− optic nerves relative to their WT counterparts, even in the absence of an optic glioma (Fig. 3 B). Third, there was greater microglial activation (Daginakatte et al., 2008) in female Nf1−/−-OPG mice, as indicated by a 3.2-fold increase in phospho-JNK+ cells, relative to their male counterparts. However, Ccl5 expression did not differ between male and female Nf1−/−-OPG mice, suggesting that this chemokine functions to support tumor growth in both males and females (unpublished data).

Because the proliferation and volumes of male and female murine optic gliomas were equivalent, we postulated that the relative increase in microglia and microglial activation might underlie the sexually dimorphic differences in optic glioma–induced retinal dysfunction. As such, previous studies have demonstrated that microglia can increase neuronal cell death and axonal injury in other experimental nervous system diseases (Neher et al., 2011; Schneider et al., 2015). Additionally, gonadal sex hormones, such as estrogen, have been previously implicated in brain microglia function (Tapia-Gonzalez et al., 2008; Sajo et al., 2011). To determine whether gonadectomy changes microglial content, we examined the percentage of Iba1+ cells after gonadectomy. Although castration had no effect on microglial content, there was an approximately twofold decrease in the percentage of Iba1+ cells after OVX, reducing microglia numbers to WT levels (Fig. 3 C). Additionally, the percentage of amoeboid-shaped (activated) microglia was reduced from 70 to 32% after OVX (Fig. 3 D).

To determine whether inhibition of microglial function could attenuate retinal dysfunction and axonal damage, female Nf1−/−-OPG mice were treated with minocycline, a commonly used microglial pharmacologic inhibitor (Tikka et al., 2001). After treatment, there was a 1.7-fold decrease in the percentage of Iba1+ cells (Fig. 3 E), decreased pNF-H immunostaining (Fig. 3 E), and a 3.9-fold decrease in the...
Depletion of female gonadal sex hormones rescues tumor growth and RGC death in Nf1-OPG females. (A) VCD treatment decreased TUNEL+ cells in the RGC layer (Vehicle, 14.8 ± 2.7%; VCD, 4.9 ± 2.9; n = 6 mice) and increased the percentage of Brn3a+ RGCs in FMC mice (Vehicle, 49.3 ± 10.8%; VCD, 73.1 ± 7.5; n = 7 mice/group). (B) Serum testosterone levels decreased after castration (Cast) of male Nf1-OPG mice (Sham, 1.19 ± 0.14 ng/ml; Cast, 0.14 ± 0.05 ng/ml; n = 5 mice/group). Serum 17β-estradiol levels decreased after OVX of female Nf1-OPG mice (Sham, 9.33 ± 2.1 pmol/ml; OVX, 1.29 ± 0.88 pmol/ml; n = 7 mice/group). (C) Castration did not change retinal apoptosis (%TUNEL+ cells; Sham, 6.53 ± 1.83; Cast, 6.25 ± 2.16; n = 7 mice), RGC loss (%Brn3a+ cells; Sham, 83.78 ± 6.7; Cast, 86.21 ± 8.1; n = 7 mice/group), or RNFL thickness (SMI-32 staining; Sham, 10.14 ± 2.35 μm; Cast, 10.77 ± 2.2 μm; n = 7 mice/group). (D) OVX reduced RGC death (%TUNEL+ cells; Sham, 13.19 ± 4.0; OVX, 2.98 ± 1.2; n = 7 mice/group), RGC loss (%Brn3a; Sham, 49.56 ± 13.9; OVX, 77.42 ± 11.7; n = 7 mice/group), and RNFL thinning (SMI-32 staining; Sham, 5.51 ± 1.6 μm; OVX, 12.2 ± 1.97 μm; n = 7 mice/group). (E) No differences in optic nerve volumes (Male, 0.087 ± 0.003 mm3; Female, 0.095 ± 0.011 mm3; n = 17 mice/group), %Ki67+ cells (Male, 3.95 ± 2.81%; Female 3.76 ± 0.81%; n = 9 mice/group), or percentage of S100β+ cells (Male, 65.35 ± 5.01%; Female, 59.81 ± 5.1%; n = 5 mice/group) were found in the optic nerves of male compared with female Nf1-OPG mice. (F) Optic nerve volume measurements (top; Sham, 0.084 ± 0.002 mm3; Cast, 0.092 ± 0.02 mm3; n = 6 mice/group), %Ki67+ cells (middle; Sham, 3.08 ± 1.1%; Cast, 3.19 ± 2.08%; n = 6 mice/group), and pNF-H staining (bottom) within the optic nerve were...
percentage of TUNEL+ cells (Fig. 3 F). In addition, the percentage of Brn3a+ cells increased from ~40 to ~70%, and RNFL thickness increased from ~38 to ~97% of WT levels, respectively (Fig. 3 F), thus establishing an essential role for microglia in mediating glioma maintenance (Daginakatte and Gutmann, 2007), as well as axonal damage, RGC death, and RNFL thinning, in response to murine optic glioma.

Estrogen acts through ERβ to activate optic nerve microglia in female Nf1-OPG mice

Estrogen can function either through its canonical (ERα and ERβ) receptors (Green et al., 1986; Kuiper et al., 1996) or via G-protein–coupled receptors (GPR30; Revankar et al., 2005). We first excluded GPR30 as a possible mediator using a selective GRP30 antagonist, G-15 (Dennis et al., 2009), and found that treatment of female Nf1-OPG mice did not change RGC apoptosis (unpublished data). Next, we focused on the ERα and ERβ receptors, which are both expressed in the optic nerve. However, ERβ is exclusively expressed in microglia (Wu et al., 2013), as confirmed herein using double-labeling immunohistochemistry (Fig. 4 A).

Two inflammatory cytokines (IL-1β and IL-6) implicated in neuronal apoptosis (Azevedo et al., 2013; Guadagno et al., 2015) are known to be regulated by ERβ engagement in brain microglia (Saijo et al., 2011). For this reason, we examined IL-1β (Fig. 4 B) and IL-6 (Fig. 4 C) levels, which were both elevated in the optic nerves of female, but not male, Nf1-OPG mice. To determine whether microglial activation, cytokine production, and subsequent neuronal damage were driven by ERβ activation, female Nf1-OPG mice were treated for 6 wk with 4-[2-phenyl-5,7-bis(trifluoromethyl)pyrazolo[1,5-a]-pyrimidin-3-yl]phenol (PHTPP), a selective ERβ antagonist (Compton et al., 2004). After treatment, there was a 2.4-fold decrease in the percentage of Iba1+ cells, 20% decrease in optic nerve volumes, and 7.5-fold decrease in proliferation (%KI67+ cells), as well as reduced pNF-H staining and IL-1β/IL-6 expression (Fig. 4 D). The observed positive regulation of IL-1β in microglia by estradiol contrasts with other studies demonstrating negative regulation (Saijo et al., 2011; Zhao et al., 2016), which we postulate may reflect different disease contexts (experimental allergic encephalomyelitis versus neoplasia) and/or divergent mechanisms of estradiol signaling (GPR30 versus ERβ) engagement.

Consistent with a critical role for microglia ERβ function in mediating neuronal cell death, ERβ inhibition decreased RGC apoptosis (%TUNEL+ cells) to WT levels, increased the percentage of RGC to 81% of WT levels, and increased the RNFL thickness from ~44 to 100% of WT levels in Nf1-OPG mice (Fig. 4 E). Although it is not possible to completely separate the effects of ERβ activation on microglia-induced tumor growth from its effects on neuronal injury, these findings support a model in which microglia are critical drivers of glioma formation and maintenance in both male and female Nf1 mice, likely through the actions of nonsexually dimorphic stromal factors (e.g., CCL5), whereas the tumor microenvironment created by ERβ-mediated release of neurotoxins (e.g., IL-1β and other inflammatory cytokines) facilitates the axonal injury, RGC death, RNFL thinning, and visual impairment observed in female Nf1-OPG mice.

In summary, these studies reveal critical roles for both estrogen and microglia in the neuronal injury response to optic glioma; however, the precise mechanism by which microglia create a neurotoxic environment, independent of tumor size, remains to be elucidated. Current studies are under way to examine specific inflammatory mediators (e.g., IL-1β and IL-6), as well as to define the transcriptional program of microglia in response to ERβ activation in the context of murine Nf1-OPG. The finding that female susceptibility to axonal injury, retinal pathology, and vision loss in the setting of optic glioma reflects estrogen activation of microglia represents one of the first demonstrations of sexually dimorphic differences in human disease. As the underlying molecular and cellular etiologies become clearer, potential neuroprotective strategies for reversing visual decline might emerge.

MATERIALS AND METHODS

Mice

Nf1flox/mut;GFAP-Cre mice (Nf1+/− mice with somatic Nf1 loss in neural progenitor cells) were generated and maintained on a C57BL/6 background (Bajenaru et al., 2003). Analysis of mice was performed at 3 mo of age using independently generated cohorts. All animals were used in accordance with protocols approved by the animal studies committee at Washington University.

Pharmacological treatments

4-vinlycyclohexene diepoxide (VCD; 160 mg/kg; Sigma-Aldrich) diluted in corn oil (vehicle) was administered by i.p. injection for 20 consecutive d. Minocycline hydrochloride (50 mg/kg; Sigma-Aldrich) dissolved in sterile PBS was administered by i.p. injection for 5 d/week (2 wk), and controls received PBS injections. The selective ERβ antagonist PHTPP (4 mg/kg body weight; Sigma-Aldrich) was dissolved in corn oil and administered i.p. for 5 d/week (6 wk to 3 mo of age). Controls received i.p. corn oil injections.
Western blotting

Retinas were microdissected and tissues were sonicated in 1% NP-40 buffer supplemented with protease and phosphatase inhibitors. Protein concentrations were determined using a BCA protein assay kit (Thermo Fisher Scientific), and Western blotting was performed as previously described using SMI-32 (BioLegend; 1:500 dilution; Daginakatte and Gutmann, 2007) antibodies and developed using chemiluminescence detection on a ChemiDoc-It Imaging System (UVP).

Retinal flat-mount staining

Eyes were fixed with 4% paraformaldehyde for 1 h and washed with PBS, and retinas were microdissected using 4 small incisions. Retinas were post-fixed in methanol and stored over...
Figure 4. Estrogen acts through ERβ to activate optic nerve microglia in female Nf1-OPG mice. (A) Immunostaining for Iba1+, ERα+ double-labeled cells in the optic nerve (bottom, arrows). Immunostaining was performed for Il-1β (B) and Il-6 (C) in the optic nerves of FF male and female mice, as well as in Nf1-OPG male and female mice. (D) Optic nerves volumes (Control, 0.089 ± 0.02 mm³; PHTPP, 0.071 ± 0.01 mm³; n = 7 mice/group) and %Ki67+ cells (Control, 4.75 ± 2.2%; PHTPP, 0.64 ± 0.59%; n = 6 mice/group) were decreased after PHTPP treatment (top). Microglia numbers (%Iba1+ cells, Control, 12.33 ± 5.9; PHTPP, 5.44 ± 1.3, n = 8 mice/group), axonal injury (pNF-H), and IL-1β/IL-6 levels were decreased after treatment with PHTPP. (E) PHTPP treatment reduced the %TUNEL+ cells (Control, 10.7 ± 0.78%; PHTPP, 1.95 ± 0.56%; n = 6 mice/group), increased the %Brn3a+ cells (Control, 49.58 ± 2.69%; PHTPP, 81.7 ± 4.9%; n = 6 mice/group), and increased the RNFL thickness (SMI-32 staining; Control, 4.5 ± 0.4 µm; PHTPP, 10.5 ± 0.5 µm; n = 6 mice/group). Data in D and E were analyzed using a nonparametric Student’s t test (Mann-Whitney). Similar results were obtained in a second independent experiment containing five mice per group. Bars, 100 µm. *, P < 0.05; **, P < 0.01; ***, P < 0.001. n.s., not significant.
night before incubation with SMI-32 antibody overnight (1:250) and immunofluorescent microscope imaging.

Castration and OVX
After anesthesia, 6-wk-old male mice were castrated by vas deferens cauterization using sterile surgical instruments in the Mouse Genetics Core at Washington University. Similarly, 6-wk-old female mice were surgically OVX and their fallopian tubes were ligated. Afterward, the skin was sutured and topical analgesics lidocaine ointment or bupivacaine were applied. Sham controls underwent identical procedures minus the gonadectomy.

Immunohistochemistry
After perfusion with Ringer’s solution containing 0.1% lidocaine, 0.25% heparin, and 4% paraformaldehyde, optic nerves and eyeballs were post-fixed in 4% paraformaldehyde overnight. Tissues were embedded in paraffin and sectioned at 5 µm for immunostaining with the antibodies the following antibodies: Brn3a (1:500; Santa Cruz Biotechnology, Inc.), cleaved caspase-3 (1:250; R&D Biosystems), estrogen receptor α (1:200; Abcam), estrogen receptor β (1:200; Abcam), Iba1 (1:200; Novus Biologicals), Iba1 (1:1,000; Wako), IL-1β (1:200; Abcam), IL-6 (1:200; Santa Cruz Biotechnology, Inc.), Ki67 (1:500; BD), Neurofibromin (1:200; Santa Cruz Biotechnology, Inc.), pNF-H (1:1,000; Abcam), pSAPK-JNK (1:50; Cell Signaling Technology), SMI-32 (1:500; BioLegend). Biotinylated secondary antibodies (Vector Labs) were used for immunohistochemistry and developed using the Vectastain ABC kit. Alexa Fluor (Thermo Fisher Scientific) secondary antibodies were used for immunofluorescent staining. Terminal deoxynucleotide transferase–mediated dUTP nick end labeling (TUNEL) labeling (Roche) was performed as per the manufacturer’s instructions.

Optic nerve measurements
Microdissected optic nerves were fixed in 4% paraformaldehyde overnight and then photographed, and diameters measured beginning at the chiasm (and subsequently up to 450 µm anterior to the chiasm) to 150, ~300, and ~450 µm anterior to the chiasm) to generate optic nerve volumes as previously reported (Hegedus et al., 2008).

Retinal analyses
RNFL measurements were performed using ImageJ (National Institutes of Health) software on sections through the plane including pupil and optic nerves. Images were taken at 20× fields from 0 to 300 µm proximal to the optic nerve head. Repeated measurements of stained axons (SMI-32 staining) were recorded and averaged for each area corresponding to each genotype.

Serum estradiol and testosterone assay
Serum was separated from whole blood after centrifugation and analyzed using 17β-Estradiol (Enzo Life Sciences) and Testosterone (Enzo Life Sciences) ELISA kits as per the manufacturer’s protocol.

Statistical analysis
Statistical analysis was performed using Prism 5.0 software (GraphPad). Analyses involving only two groups were performed using nonparametric Student’s t test (Mann–Whitney) and four groups were compared using a nonparametric one-way ANOVA (Kruskal–Wallis test) using Dunn’s multiple comparison posttest. Statistical significance predetermined to be P < 0.05 for all statistical tests.

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