

2018

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Recommended Citation

Holzem, Katherine M.; Jayarajan, Senthil; and Zayed, Mohamed A., "Surgical planning with three-dimensional printing of a complex renal artery aneurysm." *Journal of Vascular Surgery Cases and Innovative Techniques*.4,1. 19. (2018).
https://digitalcommons.wustl.edu/open_access_pubs/6750

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Surgical planning with three-dimensional printing of a complex renal artery aneurysm

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A 50-year-old woman with a solitary left kidney presented with a 1-year history of worsening left flank pain. A computed tomography angiography of her abdomen revealed a 2.8 cm left renal artery aneurysm that occurred at a distal branching point proximal to the renal hilum (A). Physical model generation, using a three-dimensional (3D) Printrbot (Lincoln, Calif), desktop printer and polylactic acid print filament, facilitated detailed inspection of the renal artery aneurysm morphology, dimensions, and location relative to afferent and efferent branches (B/Cover).

Intraoperatively, all known aneurysm-associated branches were expeditiously identified. Open aneurysmorrhaphy with patch angioplasty of the left renal artery was performed with a warm ischemia time of <14 minutes (C). Resected portions of the aneurysm were compared with the 3D printed model (D). Post-operatively the patient's renal function remained stable and she recovered well. The patient provided consent for her data to be submitted for publication.

Physical 3D anatomic models can provide significant benefit for preoperative surgical case planning when complex anatomy is involved. For example, 3D printing has recently been used to develop maxillofacial surgical implants, plan of complex tumor resections, and examine unique defects in congenital heart anatomy.¹ In vascular surgery, 3D printing is not yet widely adopted, although initial reports have demonstrated its utility in planning abdominal aortic aneurysm repairs² and anticipating abdominal aortic aneurysm neck anatomy.³

In the patient reported here, we further demonstrate the utility of 3D printing technologies in operative case planning and detailed anatomic assessments. We anticipate that as this technology becomes more widely available, it will be more widely adopted for vascular surgery operative case planning.

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Submitted Aug 29, 2016; accepted Aug 31, 2016.

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Author conflict of interest: none.

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The editors and reviewers of this article have no relevant financial relationships to disclose per the Journal policy that requires reviewers to decline review of any manuscript for which they may have a conflict of interest.

J Vasc Surg Cases and Innovative Techniques 2018;4:19
2468-4287

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<http://dx.doi.org/10.1016/j.jvscit.2016.08.004>

