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Endothelial cell CD36 optimizes tissue fatty acid uptake

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Movement of circulating fatty acids (FAs) to parenchymal cells requires their transfer across the endothelial cell (EC) barrier. The multiligand receptor cluster of differentiation 36 (CD36) facilitates tissue FA uptake and is expressed in ECs and parenchymal cells such as myocytes and adipocytes. Whether tissue uptake of FAs is dependent on EC or parenchymal cell CD36, or both, is unknown. Using a cell-specific deletion approach, we show that EC, but not parenchymal cell, CD36 deletion increased fasting plasma FAs and postprandial triglycerides. EC-Cd36–/– KO mice had reduced uptake of radiolabeled long-chain FAs into heart, skeletal muscle, and brown adipose tissue; these uptake studies were replicated using [11C]palmitate PET scans. High-fat diet–fed EC-Cd36–/– mice had improved glucose tolerance and insulin sensitivity. Both EC and cardiomyocyte (CM) deletion of CD36 reduced heart lipid droplet accumulation after fasting, but CM deletion did not affect heart glucose or FA uptake. Expression in the heart of several genes modulating glucose metabolism and insulin action increased with EC-Cd36 deletion but decreased with CM deletion. In conclusion, EC CD36 acts as a gatekeeper for parenchymal cell FA uptake, with important downstream effects on glucose utilization and insulin action.

Introduction

Long-chain fatty acids (LCFAs) provide cellular energy and are precursors for membrane components and intracellular lipid stores. Their bioactive derivatives influence gene expression and signal transduction pathways. Distribution of LCFAs among organs, especially muscle, adipose tissue, and liver, is key to maintaining metabolic homeostasis (1). In the bloodstream, LCFAs circulate as unesterified free fatty acids (FFAs) bound to albumin or as triglyceride (TG) and phospholipid components of lipoproteins. Tissue uptake of LCFAs requires transfer across an endothelial cell (EC) barrier, but the molecular events necessary for this remain unknown.

In cultured parenchymal cells, LCFA uptake occurs via a saturable receptor-mediated pathway and a nonsaturable pathway thought to reflect passive diffusion (2, 3). Several proteins have been implicated in facilitating LCFA accumulation, including enzymes involved in FA acylation and the scavenger receptor cluster of differentiation 36 (CD36) (4). CD36 (also called SR-B2) is a multifunctional protein involved in apoptotic cell uptake, signal transduction, cellular adhesion, angiogenesis, and immune function (5). It was first linked to lipid metabolism when it was shown to function as a macrophage receptor for oxidized LDL (6) and as an adipocyte receptor/transporter for LCFA (7). LCFA binding to the CD36 ectodomain is followed by FA transfer to the plasma membrane through an internal tunnel that runs the length of the protein, as shown by the crystal structure of the CD36-LCFA complex (8). CD36 also functions as a LCFA sensor, influencing activation of PPARs (9) and AMPK (10).

In mice, germline CD36 deficiency reduces acute accumulation of LCFAs in the heart, skeletal muscle, and adipose tissues (11). Moreover, Cd36–/– mice have increased fasting levels of FFAs (11, 12) and delayed clearance of postprandial lipids (11–13). The defect in LCFA uptake is also observed in CD36-deficient humans (14). Furthermore, a common haplotype at the CD36 locus is associated with greater circulating FFA levels (15). Whether the defect in FA uptake is consequent to reduced CD36 expression in ECs, parenchymal cells, or both is unknown. We bred mice with CD36 deletion specific to ECs (EC-Cd36–/–) or cardiomyocytes (CM-Cd36–/–) to determine which cell type(s) regulate organ/tissue accumulation of LCFAs and TGs. Our data show that EC CD36 is needed for optimal movement of LCFAs from the circulation to cardiomyocytes (CMs). LCFA uptake was also diminished in brown adipose tissue (BAT) and skeletal muscle, but not liver, of EC-Cd36–/– mice. Loss of EC CD36 improved glucose tolerance and insulin sensitivity and increased glucose uptake during fasting in heart, skeletal muscle, and white adipose tissue (WAT). The data reveal that CD36-mediated FA transport across ECs limits tissue FA uptake and that its loss leads to metabolic effects in parenchymal cells.

Results

CD36 is abundantly expressed in vascular ECs and CMs in human and mouse hearts. We investigated CD36 distribution in human and mouse heart tissues and assessed the fidelity of our cell-spe-
specific deletions. We found that CD36 was present in ECs and CMs in both human and mouse hearts (Figure 1A) and that staining was most intense in small blood vessels, weaker in larger arteries, and absent in total Cd36–/– mouse hearts. In WT mouse hearts subjected to Langendorff perfusion and subsequent suborgan fractionation using gradient density separation and FACS, we found that Cd36 mRNA levels were significantly higher in ECs than in CMs from both male (Figure 1B) and female mice (Supplemental Figure 1A; supplemental material available online with this article; https://doi.org/10.1172/JCI99315DS1). IISH data showed Cd36 mRNA expression in WT, but not total Cd36–/–, mouse hearts, with the most intense signals detected in capillary ECs (Supplemental Figure 1B).

Cd36 mRNA and protein are specifically reduced in EC- and CM-Cd36–/– mouse hearts. To determine the contribution of EC versus CM Cd36 to heart FFA uptake, we created a Cd36+/+ mouse line (Figure 1C). We crossed Cd36+/+ mice with Tie2-Cre mice to generate EC-Cd36–/– mice and with MHC-Cre mice to generate CM-Cd36–/– mice. Both groups were fertile and appeared normal. We used PCR to detect Cd36+/+ and Cd36–/– alleles from tail (Figure 1D) and heart (Figure 1E) DNA. PCR product sequencing from Cd36-null fragments showed ablation of exons 3 and 4 of Cd36 gene after Cre-mediated recombination. (G) Heart Cd36 mRNA in EC-Cd36–/– and CM-Cd36–/– mice quantified by qRT-PCR using primer 3 (n = 5–6, mean ± SD). Data are corrected for 18S rRNA and normalized to Cd36fl/fl controls. ImmunobLOTS show Cd36 in EC-Cd36+/– and CM-Cd36–/– mouse hearts. (H) Immunoblots of CD36 in EC-Cd36–/– muscle, WAT, BAT, and liver. *P < 0.05, **P < 0.01 and ***P < 0.001 compared with Cd36+/+ controls, 1-way ANOVA with Dunnett’s multiple comparisons test.

Figure 1. CD36 distribution in human and mouse hearts and creation of EC- and CM-Cd36–/– mice. (A) Cd36 antibody staining of CMs and blood vessel ECs from human and mouse hearts. Original magnification, ×20. (B) Male mouse heart suborgan fractionation showing Cd36 mRNA levels in different cell types (n = 12–18). Data represent mean ratios normalized to CM-Cd36+/– (set at 1.0). (C) Genomic structure of murine Cd36, the targeting vector, and the mutated allele. Gray boxes represent the numbered murine Cd36 exons. Red arrows indicate transcription orientation. Black bent arrows indicate the translation start site. PCR primers (blue arrows) were chosen to differentiate between the WT genomic allele and the homologously recombined allele. (D) PCR of tail genomic DNA (using primer 1) and (E) heart tissue DNA (using primer 2) from Cd36+/+, EC-Cd36–/–, and CM-Cd36–/– mice. (F) PCR product sequencing showing ablation of exons 3 and 4 of Cd36 gene after Cre-mediated recombination. (G) Heart Cd36 mRNA in EC-Cd36–/– and CM-Cd36–/– mice quantified by qRT-PCR using primer 3 (n = 5–6, mean ± SD). Data are corrected for 18S rRNA and normalized to Cd36fl/fl controls. ImmunobLOTS show Cd36 in EC-Cd36+/– and CM-Cd36–/– mouse hearts. (H) Immunoblots of CD36 in EC-Cd36–/– muscle, WAT, BAT, and liver. *P < 0.05, **P < 0.01 and ***P < 0.001 compared with Cd36+/+ controls, 1-way ANOVA with Dunnett’s multiple comparisons test.

To verify that Cd36 CD36 deletion did not cause off-target effects, we confirmed the presence of CD36 in CMs isolated from EC-Cd36–/– mice and analyzed the cells by Western blotting and quantitative real-time PCR (qRT-PCR) (Supplemental Figure 1G). These data proved that CD36 was deleted in ECs but not parenchymal cells.

To determine whether CD36 deletion modified the metabolic gene profile in ECs, we isolated ECs from Cd36+/+, EC-Cd36–/–, and CM-Cd36–/– mouse hearts using FACS. Genes involved in glucose metabolism were not altered significantly in ECs from the 3 groups (Supplemental Figure 1H). We also found no changes in FA oxidation genes in ECs with CD36 deletion, consistent with glucose being the primary substrate for ATP production in these cells. Thus, CD36 is not a major regulator of lipid or glucose metabolism in ECs.

We used laser capture microdissection (LCM) technology to isolate CMs and determine the expression of glucose and FA metabolism genes. Glut1 mRNA increased, while pyruvate dehydrogenase kinase 4 (Pdk4) and carnitine palmitoyl transferase 1 (Cpt1) were decreased in the EC-Cd36–/– CMs (Supplemental Figure II). These changes suggest a switch from FA to glucose use.

CD36 deletion in ECs increases plasma FFA and postprandial TG levels, while decreasing plasma glucose levels and enhancing insulin sensitivity. Deletion of EC Cd36 increased fasting plasma FFAs (Figure 3A), a phenotype similar to that of mice with global CD36 deletion (12). Fasting plasma total cholesterol (TC), TGs, glycerol, and lipoprotein lipids (Supplemental Figure 2, A–E) were unchanged in 4-month-old male EC-Cd36–/– mice compared with levels in Cd36+/+ controls. However, age-matched female EC-Cd36–/– mice showed decreased plasma glucose together with increased fasting plasma TC, FFA, and TGs associated with an increase in VLDL-TG and HDL-TC (Supplemental Figure 3, A–F). These sex differences in lipid levels might reflect previously reported sex differences in the regulation of tissue CD36 expression and muscle FA metabolism (17, 18). We found that loss of CD36 in CMs did not alter circulating levels of FFAs or glucose (Figure 3, A and B). Therefore, loss of CD36 only in ECs reproduced many of the overall metabolic effects seen with total-body CD36 KO.

Postprandial TG levels in response to fat intake were higher in EC-Cd36–/– mice. Plasma TG levels 2, 4, and 6 hours after olive oil gavage were higher in EC-Cd36–/– mice than in Cd36+/+ mice (Figure 3C). We detected a greater than 2-fold increase in the AUC for TG clearance (AUCTG) in EC-Cd36–/– mice (Figure 3C), suggesting that EC CD36 is involved in the rapid clearance of circulating TGs. In contrast, loss of CM CD36 did not alter TG excursion (Figure 3C). Slower postprandial TG clearance is characteristic of total
EC-Cd36 deletion did not change BWs compared with those of controls (Figure 4A). As with chow, HFD-fed EC-Cd36–/– mice had higher circulating FFA levels (Figure 4B). These mice also had higher plasma TC and TG levels (Figure 4, C and D) due to increases in both LDL and HDL cholesterol (Supplemental Figure 5C). Total-body Cd36 –/– mice fed a HFD had improved insulin sensitivity (20). HFD-fed EC-Cd36–/– mice had lower glucose and insulin concentrations (Figure 4, E and F) and improved OGTTs (Figure 4G) and ITTs (Figure 4H). Because we had seen such prominent changes in gene expression in the heart, we assessed insulin signaling after a fasting/feeding episode. After fasting and refeeding, EC-Cd36–/– hearts had greatly increased phosphorylation of AKT and the ribosomal protein S6 at S240/S244, both of which are downstream targets of insulin signaling (Figures 4I), whereas heart insulin receptor (IR) phosphorylation did not change. To further assess insulin sensitivity, we obtained muscle, liver, and WAT from mice after insulin injection. In EC-Cd36–/– liver, we found that phosphorylated IR (p-IR) was significantly increased (Figure 4J). Deletion of Cd36 in ECs did not change IR, AKT, or S6 protein levels in skeletal muscle or WAT (Figure 4K and Supplemental Figure 5D). To test whether improved insulin sensitivity in HFD-fed EC-Cd36–/– mice was CD36 deficiency in mice (13) and humans (19) and may reflect greater product inhibition of lipoprotein lipase (LpL) by FFAs.

Glucose levels and insulin sensitivity are altered by loss of CD36 in ECs. EC-Cd36–/– mice had decreased 16-hour fasting glucose levels and an improved oral glucose tolerance test (OGTT) (Figure 3D), as was previously found in total Cd36 KO mice (20). The AUC for OGTT (AUCOGTT) for EC-Cd36–/– mice was 24% lower than for Cd36fl/fl mice (Figure 3D). Insulin tolerance tests (ITTs) in 2-hour-fasted mice showed that the more rapid glucose removal was due to greater insulin sensitivity (Figure 3E).

We generated a second endothelial KO line by crossing Cd36fl/fl mice with VE-cadherin-Cre (VE-Cd36–/–) mice. In this model, plasma glucose levels were decreased, while FFAs were increased, similar to the effects seen in Tie2-Cre EC-Cd36–/– mice (Supplemental Figure 4, A and B).

To confirm that the changes in FFA and glucose levels were not due to off-target CD36 deletion, we created myeloid CD36-KO mice using the LysM-Cre transgene. The deletion did not reduce glucose or increase circulating FFA levels (Supplemental Figure 5, A and B).

CD36 deletion in ECs improves glucose homeostasis and insulin sensitivity in high-fat diet-fed mice. We next determined whether EC-Cd36 loss affected FFAs and glucose in high-fat diet-fed (HFD-fed) mice. EC CD36 deletion did not change BWs compared with those of controls (Figure 4A). As with chow, HFD-fed EC-Cd36–/– mice had higher circulating FFA levels (Figure 4B). These mice also had higher plasma TC and TG levels (Figure 4, C and D) due to increases in both LDL and HDL cholesterol (Supplemental Figure 5C). Total-body Cd36–/– mice fed a HFD had improved insulin sensitivity (20). HFD-fed EC-Cd36–/– mice had lower glucose and insulin concentrations (Figure 4, E and F) and improved OGTTs (Figure 4G) and ITTs (Figure 4H). Because we had seen such prominent changes in gene expression in the heart, we assessed insulin signaling after a fasting/feeding episode. After fasting and refeeding, EC-Cd36–/– hearts had greatly increased phosphorylation of AKT and the ribosomal protein S6 at S240/S244, both of which are downstream targets of insulin signaling (Figures 4I), whereas heart insulin receptor (IR) phosphorylation did not change. To further assess insulin sensitivity, we obtained muscle, liver, and WAT from mice after insulin injection. In EC-Cd36–/– liver, we found that phosphorylated IR (p-IR) was significantly increased (Figure 4J). Deletion of Cd36 in ECs did not change IR, AKT, or S6 protein levels in skeletal muscle or WAT (Figure 4K and Supplemental Figure 5D). To test whether improved insulin sensitivity in HFD-fed EC-Cd36–/– mice was...
related to reduced ceramides and diacylglycerols (DAGs), we assessed the distribution of these lipids in skeletal muscle and heart. Long-chain ceramides (Cer18:1) in the heart and very long-chain ceramides (Cer22:0, Cer24:0, and Cer24:1) in both heart and skeletal muscle were significantly reduced in EC-Cd36–/– mice (Figure 4, L and M). Cardiac and muscular DAGs were not altered (Supplemental Figure 5, E and F). Thus, EC-CD36 deletion protected mice from HFD-induced insulin resistance and was associated with reduced ceramide species.

**CD36 deletion in ECs reduces LCFA uptake by heart, skeletal muscle, and BAT.** To test directly whether loss of CD36 in ECs reduces the uptake of LCFA in vivo, we injected [3H]oleic acid and [14C]hexanoic acid, which is not recognized by CD36, into 16-hour–fasted male mice and assessed their tissue uptake. Compared with Cd36ff and CM-Cd36–/– mice, we observed that EC-Cd36–/– mice had significantly delayed plasma clearance of oleic acid (Figure 5A) and a greater than 50% reduction in oleate uptake by heart, quadriceps muscle, and BAT (Figure 5B). In contrast, uptake by liver, lung, and kidney was unchanged. We observed similar results of reduced plasma LCFA clearance and uptake into heart and BAT in female mice (Supplemental Figure 6, A and B). However, skeletal muscle uptake was not altered in female mice. The lack of significant changes in skeletal muscle uptake in the female mice are consistent with the known sex differences in skeletal muscle lipid metabolism (21). The signal in WAT was low, and uptake differences were not significant. Hexanoic acid plasma removal and uptake into tissues were similar in mice of all 3 genotypes (Figure 5, C and D). These data show that EC-CD36 is required for optimal LCFA uptake by the heart, skeletal muscle, and BAT.

We also assessed acute LCFA accumulation in the heart and other tissues in real time using [11C]palmitate PET. As found with radiolabeled tracers, EC-Cd36–/– mouse hearts had a marked reduction in tracer uptake compared with Cd36ff and CM-Cd36–/– mouse hearts (Figure 5E). We also detected significantly reduced FA uptake by skeletal muscle and BAT in EC-Cd36–/– mice (Figure 5F). In contrast to the reduction noted with EC deletion, neither [3H]oleic acid (Figure 5B) nor PET scan assessment of heart palmitate uptake (Figure 5E, right) in CM-Cd36–/– mice differed from what was observed in Cd36ff mice. Neither deletion affected palmitate uptake into the liver (Supplemental Figure 6, A and B). However, skeletal muscle uptake was not altered in female mice. The lack of significant changes in skeletal muscle uptake in the female mice are consistent with the known sex differences in skeletal muscle lipid metabolism (21). The signal in WAT was low, and uptake differences were not significant. Hexanoic acid plasma removal and uptake into tissues were similar in mice of all 3 genotypes (Figure 5, C and D). These data show that EC-CD36 is required for optimal LCFA uptake by the heart, skeletal muscle, and BAT.

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deoxyglucose (FDG) using PET in 16-hour–fasted mice and found that glucose uptake increased in heart, muscle, and WAT of EC-Cd36–/– mice compared with controls (Figure 5G). In contrast, tissues of CM-Cd36–/– mice showed no changes in glucose uptake (Supplemental Figure 6D). These data show that EC CD36 regulates the fasting-induced metabolic shift by tissues, which spares glucose use and increases reliance on FAs.

CD36 deletion in either ECs or CMs reduces heart lipid storage. The heart normally increases its lipid stores during fasting. Studies in Cd36–/– mice suggest that CD36 is required for this adaptation (4, 9, 10, 23). We fasted mice for 16 hours and assessed lipid droplet accumulation using BODIPY dye. We found that lipid droplet accumulation was significantly reduced in EC-Cd36–/– hearts (Figure 6A). Lipid droplet numbers were significantly decreased in both EC-Cd36–/– and CM-Cd36–/– hearts, as assessed by electron microscopy (Figure 6D). These data show that EC CD36 regulates the fasting-induced metabolic shift by tissues, which spares glucose use and increases reliance on FAs.

**Figure 4.** EC-Cd36–/– improves glucose homeostasis and increases insulin sensitivity in 6-month-old male mice fed a HFD for 4 months. (A–E) BW, plasma lipids, and glucose after a 16-hour fast. (F) Plasma insulin after a 16-hour fast followed by a 4-hour refeeding period. P value was determined by 1-way ANOVA. (G) For GTTs, male mice fasted for 16 hours were given oral glucose, and tail blood samples were collected for glucose measurements at 0, 15, 30, 60, and 120 minutes. Also shown is the AUC of glucose excursions. (H) For ITTs, mice fasted for 4 hours were given 0.75 U/kg BW insulin i.p. Tail blood samples were obtained at t₀ and then 15, 30, 45, 60 and 120 minutes after insulin administration. (I) Activity of IR, AKT, and S6 in Cd36fl/fl and EC-Cd36–/– mice 20 minutes after insulin injection, with densitometric analysis of heart, liver, and skeletal muscle tissue. (L and M) Individual ceramide (Cer) species in heart (n = 5) and muscle (n = 9–10). Data represent the mean ± SD. *P < 0.05 and **P < 0.01 compared with Cd36fl/fl controls; 1-way ANOVA with Dunnett’s multiple comparisons test (A–E and G–M).
ment Figure 7C). The increase in heart TGs was associated with an increase in diacylglycerol acyl transferase 1 (DGAT1) (Supplemental Figure 1E), a compensation that might have prevented the accumulation of lipids that interfere with insulin signaling (24, 25).

EC or CM CD36 deletion reduces the expression of FA metabolism heart genes and differentially alters glucose metabolism genes. We performed RNA sequencing (RNA-seq) to gain an unbiased global view of transcript expression in EC–Cd36–/– mouse hearts. Gene heatmap analysis (Figure 7) showed marked expression changes in hearts from both groups of mice. Expression of glucose metabolism and glucose signaling genes showed differential regulation. In EC–Cd36–/– mouse hearts, we detected increases in mRNA levels of genes mediating glucose uptake and oxidation such as Slc2a1 (Glut1), Slc2a4 (Glut4), Pcx (pyruvate carboxylase), Hk2 (hexokinase 2), Gck (glucokinase), and Pfkfb2 (6-phosphofructo-2-kinase/fructose-2,6-bisphosphatase 2). Decreased expression of Pdk4 (pyruvate dehydrogenase kinase 4), which inhibits pyruvate conversion to acetyl-CoA, was consistent with enhanced glucose utilization. These changes were associated with increased expression of insulin signaling pathway genes such as Irs1 (insulin receptor substrate 1), Pten (phosphatase and tensin homolog), Pik3r1 (phosphoinositide 3 kinase regulatory subunit 1, also known as p85), Foxo1 (Fox protein 01), and Mapk4 (MAPK4).

In CM–Cd36–/– mice, in contrast to EC–Cd36–/– mice, we detected reduced cardiac expression of glucose metabolism genes, while expression of genes for insulin signaling was not affected. These data suggest that CD36 deletion in ECs enhances the expression of genes related to glucose utilization and insulin action, while the effect of the deletion in CMs is opposite or neutral.

PPARs, especially PPARα, modulate LCFA oxidation in the heart. Ppara mRNA levels increased in EC–Cd36–/– hearts (Figure 7, red arrow), while levels of PPARγ and PPARβ, and PPARδ were unchanged in both EC- and CM-KO hearts. However, expression of FA metabolism genes including many PPARα targets was decreased in both groups of mice. For example, expression of Slc27a1 (FA transport protein 1), Cpt1a (carnitine palmitoyl transferase 1a), Cpt2, Acot2 (acyl CoA thioesterase 2), Acadl (acyl CoA dehydrogenase 1), Acadm (medium chain ACAD), and Hsd17b4 (hydroxysteroid 17β dehydrogenase 4) decreased markedly in EC–Cd36–/– and CM–Cd36–/– hearts (n = 4) derived from summing the uptake kinetics up to 60 minutes after tracer administration. Also shown are representative scans of FDG accumulation at 60 minutes in the hearts of control and EC–Cd36–/– 16-hour–fasted mice. Max, maximum. Data represent the mean ± SD. *P < 0.05, #P < 0.01, and §P < 0.001 compared with Cd36fl/fl controls; 1-way ANOVA with Dunnett’s multiple comparisons test.
of several PPAR and insulin signaling pathway genes such as Ppara and Glut1 were increased in hearts of EC-Cd36–/– mice, while Fas and Ampk expression levels were decreased (Figure 8C). Hearts from CM-Cd36–/– mice, like those from germline Cd36–/– mice, had higher Ampk mRNA levels (Supplemental Figure 8A) (10, 23). This contrasted with lower Ampk levels in hearts from EC-Cd36–/– mice (Figure 8A), perhaps reflecting greater glucose uptake. However, like in EC-Cd36–/– hearts, we found that expression levels of major PPAR target genes in CM-Cd36–/– hearts were decreased (Supplemental Figure 8B). These data were confirmed by qRT-PCR (Figure 8C). We also observed decreased expression of Pdk4, Cpt1, and Aox mRNA in female EC-Cd36–/– mouse hearts (Supplemental Figure 8C).

**Discussion**

Delivery of LCFA to parenchymal cells in tissues that do not have fenestrated capillaries involves transfer from the circulation to parenchymal cells. This movement of LCFA requires their transfer either through or around ECs. CD36 has been reported to mediate LCFA uptake into muscle and adipose tissues (11, 12) and LCFA accumulation in CMs (28) and other cells (29), but its role in ECs had not been directly studied. We show that ECs robustly express CD36 and that EC-specific CD36 deletion reduces acute LCFA uptake into heart and other tissues. Moreover, EC-Cd36–/– mice have increased insulin sensitivity and lack myocardial lipid droplet accumulation with fasting. Reductions in ceramides might have contributed to the improved insulin sensitivity. The reduction of FA uptake into BAT might have important implications for thermogenesis. In this regard, Bartelt et al. (30) have shown that both LpL and CD36 affect BAT uptake of FAs during cold exposure.

Several reports have suggested that ECs are a major regulator of tissue LCFA metabolism. These reports did not directly investigate EC CD36, but some included indirect evidence that is consistent with our current findings. Deletion of EC PPARγ increased circulating LCFAs (31) and reduced expression of several PPARγ gene targets in ECs, including CD36. Mox2/Tcf15 heterodimer transcription factors (TFs) in ECs have been reported to regulate FA transfer across the cardiac capillary endothelium (32) and to affect the expression of FA-metabolizing genes, including Cd36. Deletion of EC VEGF-B (33) was reported to cause changes in EC LCFA uptake as a result of transcriptional regulation of vascular-specific FA transport proteins 3 and 4, but this was not confirmed by others (34). A recent report showed that a metabolite of branch chain ami-
Robust CD36 expression in capillary 
ECs (37) is found in tissues that are most 
active in circulating LCFA extraction 
and that also express LpL and its EC 
anchoring protein glycosylphosphatidy-
linositol-anchored high-density lipopro-
tin binding protein 1 (GPIHBP1). This 
expression pattern suggests that CD36 
is important in LCFA trafficking across 
smaller blood vessels and capillaries, 
where most nutrient uptake occurs. ECs 
are not major sites of FA oxidation, so 
CD36 in capillaries is likely to be more 
important for LCFA transport than for 
LCFA-derived ATP production. This 
conclusion is supported by our data 
showing that lack of CD36 expression 
does not change EC mRNA levels of FA 
or glucose metabolism genes.

The lack of lipid droplet accumu-
lution with EC and CM CD36 deletion 
shows that CD36 expression at both 
sites is required for optimal delivery 
of LCFAs to the heart. The defect in 
uptake into EC-Cd36–/– mouse hearts 
was evident using 2 types of tracer 
kinetic studies: radiolabeled LCFA and 
[11C]palmitate PET. Both of these tech-
niques assess the rapid accumulation 
of LCFAs and, for this reason, might 
have failed to show a defect in LCFA 
uptake into CM-Cd36–/– hearts; CM 
CD36 is well established as a media-
tor of LCFA accumulation in cultured 
CMs (38, 39) and as a provider of sub-
strates required for the response to 
acute afterload (40). In addition, our 
studies highlight important differenc-
es in the contribution of ECs versus 
CMs to FA metabolism in the heart, 
and additional studies are needed to 
understand the mechanisms underly-
ing these differences.

Loss of EC CD36 led to improved 
insulin action and glucose disposal, 
which we demonstrated using cardiac 
gene expression, OGTTs, and ITTs. 
These effects were confirmed in HFD-
fed mice. Improvements in OGTTs and 
ITTs were similar to those observed 
with PPARγ (41) or GLUT4 deletion (42). In addition, circulating 
glucose levels were reduced, as was found with some (43), but not 
all (44), genetic mutations that reduce FA oxidation. FDG PET 
showed increased glucose uptake into heart, skeletal muscle, and 
WAT with EC CD36 deletion. CM-Cd36–/– mice did not have sim-
ilar effects.

Figure 7. Heart tissue mRNA expression in mice with EC or CM CD36 deletion. Clustered heatmaps from 
RNA-seq data showing differential expression profiles for Cd36fl/fl, EC-Cd36–/–, and CM-Cd36–/– mice. Red 
indicates overabundant expression; blue indicates underabundant expression.

no acids modulated both LCFA movement across ECs and insulin 
sensitivity (35). Interestingly, the molecular mechanisms mediating 
FA uptake by EC CD36 might differ among tissues. Salameh 
et al. recently reported on a mechanism specific to adipocytes, 
describing a prohibitin–annexin A2 complex that increases CD36 
mediation.
Figure 8, KEGG analysis of insulin signaling and PPAR pathways. KEGG analysis of (A) insulin and (B) PPAR signaling pathways. (C) qRT-PCR analysis of heart mRNAs in Cd36fl/fl, EC-Cd36–/, and CM-Cd36–/– mice (n = 5–7). Data are shown as the mean ± SD. *P < 0.05 compared with Cd36fl/fl controls; 1-way ANOVA with Dunnett’s multiple comparisons test.

similar improvements in insulin action or glucose metabolism, and, instead, hearts from these mice had downregulated expression of some glucose uptake genes, opposite to what would be expected with reduced lipid uptake. These changes might reflect myocyte-autonomous actions of CD36 that regulate insulin signaling (45). These separate effects on parenchymal biology could explain the propensity to develop insulin resistance in humans with CD36 mutations (46).

In humans, CD36 deficiency has a prevalence of 0.3% to 9%, with a higher incidence in Asian and African populations. Individuals with complete CD36 deficiency have higher serum levels of fasting TGs (47) and chylomicron remnants (19). These lipid abnormalities likely reflect defective tissue FA metabolism, as CD36-deficient individuals show markedly reduced LCFA uptake by the heart (14, 22) and have enhanced myocardial glucose uptake (22).

In summary, our data show that ECs are major sites of regulation of LCFA uptake and, in turn, tissue lipid metabolism and insulin sensitivity. By regulating heart and skeletal muscle FA delivery and glucose utilization, EC CD36 is a major factor affecting tissue fuel selection and systemic metabolism. Whether EC CD36 actions are beneficial for normal or diseased hearts is uncertain (48–50) and probably depends on the physiologic situation. Reduction of LCFA uptake leads to impaired energy production during fasting or exercise, but also protects against excess lipid accumulation (lipotoxicity) (51) and improve glucose utilization during hypoxia (52). The vascular endothelium represents an important and accessible therapeutic target (53), and our findings suggest that targeting EC CD36 could be a means to influence tissue FA uptake and prevent or treat a variety of diseases caused by abnormal lipid utilization.

Methods

Generation of Cd36fl/fl mice. A Lox (L83) site and Frt-Neo-Frt-LoxP (FNFL) cassette were engineered to flank a 1.7-kb sequence with exons 3 and 4 of CD36 to generate a floxed/Neo CD36 allele on a bacterial artificial chromosome (BAC). A gene-targeting vector was created by retrieving the 2-kb short homology arm (5′ to L83), the floxed sequence containing exons 3 and 4, the FNFL cassette, and the 10-kb-long homology arm (end of FNFL to 3′) into a plasmid vector carrying a diptheria toxin a (DTA) chain negative selection marker. The FNFL cassette conferred G418 resistance during gene targeting in KVI (129B6 hybrid) embryonic stem (ES) cells, and the DTA cassette provided autonomous negative selection to reduce random integration. Identified targeted ES cells were injected into C57BL/6 blastocysts to generate chimeric mice. Male chimeras were bred with homozygous ACTB (Flpe/Flpe) C57BL/6 females to remove the neomycin cassette and transmit the floxed CD36 allele (Flpe recombinase). The mice were then crossed with Tie2-Cre and MHC-Cre mice (C57BL/6) to generate EC-Cd36–/– and CM-Cd36–/– mice and with LysM-Cre mice to create myeloid cell deficiencies. Found-
Lipoprotein isolation. Plasma was pooled from EC-Cd36\textsuperscript{–/–} mice fed chow or a HFD. Lipoprotein fractions were separated by a previously described method (55).

OGTT. Cd36\textsuperscript{+/-}, EC-Cd36\textsuperscript{–/–}, and CM-Cd36\textsuperscript{–/–} mice fasted for 16 hours were given 2 g glucose/kg body mass intragastrically. Tail blood samples were collected and glucose measured 0, 15, 30, 60, and 120 minutes after gavage.

Plasma insulin measurements. Cd36\textsuperscript{+/-} and EC-Cd36\textsuperscript{–/–} were fasted for 16 hours and refed for 2 hours. Blood was collected from the retro-orbital plexus, and plasma insulin levels were measured using a mouse ultrasensitive insulin ELISA kit (ALPCO).

ITTs. Mice were fasted for 4 hours and then given human insulin (Eli Lilly, 0.75 U/kg BW) intraperitoneally. Tail blood was obtained 0, 15, 30, 45, 60, and 120 minutes after insulin injection.

Insulin signaling test. For insulin-induced changes, 2 different methods were used to assess insulin signaling in 3-month-old male mice fed a HFD for 6 weeks using. Changes in the heart were most evident when assessed after fasting (16 h) followed by refeeding (2 h), after which hearts were harvested and used for Western blot analysis. Other tissues were studied after i.p. insulin injection (0.50 U/kg BW human insulin, Eli Lilly). Skeletal muscle, liver, and WAT were harvested 20 minutes after insulin injection and then used for Western blotting.

Lipid droplet staining. Cardiac ventricular tissues from 4-month-old male mice were embedded in Tissue-Tek OCT Compound (Sakura). Frozen sections of myocardium (5-μm thickness) were fixed in 10% formalin for 30 minutes at room temperature and then washed 3 times in PBS. The fixed sections were then incubated with 4 μM BODIPY 493/503 dye (catalog D3922, Invitrogen, Thermo Fisher Scientific) for 30 minutes at room temperature. After washing, sections were stained with ProLong Gold Antifade Mountant with DAPI (Thermo Fisher Scientific) and covered with glass coverslips (VWR, Avantor). The digital images were obtained with a Leica confocal microscope.

Postprandial lipemia. After a 16-hour fast, mice maintained on a chow diet received an intragastric bolus of 0.3 ml olive oil. Tail blood samples were collected before and 2, 4, and 6 hours after gavage. Plasma TG concentration was assayed with an Infinity Kit (Thermo Fisher Scientific).

EC isolation. Lungs harvested from Cd36\textsuperscript{+/-} and EC-Cd36\textsuperscript{–/–} mice (Tie2-Cre) were minced and enzymatically digested in MACS C-tube (Miltenyi Biotec). Cells were centrifuged, resuspended in PEB buffer (1× PBS, 0.5% BSA, 2 mM EDTA), blocked with FcR blocking reagent (Miltenyi Biotec), and then incubated with CD31 conjugated microbeads for 15 minutes at 4°C. The cell suspension was passed through a MACS separation column, the column was washed with PEB buffer (3×), and the cells eluted and plated onto gelatin-coated coverslips in 6-well plates.

Heart suborgan fractionation. Cardiac cells were dissociated as described previously using Liberase TH (0.125 U/ml) (MilliporeSigma) (56). The cell suspension was filtered through a 100-μm strainer and centrifuged at 50 g for 5 minutes. Cells were pelleted and subjected to Percoll density gradient centrifugation (1,200 g for 30 min) for RNA and protein isolation. Non-CMs in the supernatant were centrifuged at 500 g (10 min) and prepared for FACS. RBC in non-CMs were lysed and pelleted resuspended in staining buffer (2% PBS/PBS, 2 mM EDTA, and 100 U/ml RNase inhibitor; catalog M0314L, New England BioLabs). Incubation with calcine AM (100 nM, room temperature, 30 min) and then with CD45 and CD31 antibodies (catalogs 103114 and 102508, BioLegend) on ice (30 min) was followed by 7-AAD (5 μg/ml) for an additional 10 minutes before the end of the incubation. Cells were pelleted, resuspended, filtered (70-μm Flowmi cell strainer), and sorted on a FACSARia Fusion (BD Biosciences). Singlet cells were gated by forward scatter area (FSC-A) and forward scatter height (FSC-H). Additional gating of live (calcine AM\textsuperscript{+/-}) cells was performed. CD45 CD31\textsuperscript{+} EC fractions were collected for RNA isolation.

ISH. CD36 mRNA expression was detected in frozen sections via ISH using probes and the QuantiGene ViewRNA tissue assay (Affymetrix) according to the manufacturer’s instructions. No probe controls or tissues from Cd36-KO mice were used for negative controls.

LCM. Mouse heart tissues were filled with OCT compound. Polyethylene naphthalate (PEN) membrane glass slides were prepared for cryosectioning. The tissue block was cryosectioned entirely at 10 μm and stained with H&E for histomorphologic identification of cardiomyocytes. A Leica DM6000 B microscope was used for cardiomyocyte harvesting. Captured cardiomyocytes were subjected to RNA purification (ARCTURUS PicoPure RNA Isolation Kit, Applied Biosystems, Thermo Fisher Scientific) and cDNA amplification (The Ovation Pico WTA System V2, NuGEN).

Tissue gene expression. Four-month-old mice were fasted for sixteen hours. Total RNA was prepared using a Pure Link Micro-to-Midi Total Purification Kit (Invitrogen, Thermo Fisher Scientific). RNA (1 μg) was treated with DNase I (Invitrogen, Thermo Fisher Scientific) for 15 minutes and reverse transcribed using the ThermoScript RT-PCR Kit (Invitrogen, Thermo Fisher Scientific). An ABI 7700 system (Applied Biosystems, Thermo Fisher Scientific) and SYBR Green PCR Master Mix (Applied Biosystems, Thermo Fisher Scientific) were used for qRT-PCR. For analysis, we used Sequence Detection Software (Applied Biosystems, Thermo Fisher Scientific) and standard curves generated using undiluted and diluted (1:1, 1:100, and 1:1,000) cDNA heart tissue samples. Correlation coefficients were 0.98 or greater. Data were normalized to 185 rRNA.

RNA-seq data analysis. Raw sequencing data were received in FASTQ format. Read mapping used TopHat 2.0.9 against the mm10 mouse reference genome. The resulting BAM alignment files were processed using the HTSeq 0.6.1 python framework and respective mm10 GTF gene annotation (UCSC database). The Bioconductor package DESeq2 (3.2) was used to identify differentially expressed genes (DEGs) and for statistical analysis based on a negative binomial distribution model. The resulting values were adjusted using the Benjamini-Hochberg method for FDR determination. Genes with an adjusted P value of less than 0.05 were determined to be differentially expressed, and KEGG Analysis was performed to identify top canonical pathways being altered. RNA-seq data were deposited in the NCBI’s Gene Expression Omnibus (GEO) database (GEO GSE116350).

Electron microscopy. Left ventricles from 16-hour–fasted 4-month-old male mice were fixed with 2.5% glutaraldehyde and 2% paraformaldehyde in 0.1 M sodium cacodylate buffer (pH 7.2) for 2 hours and then postfixed with 1% osmium tetroxide (1.5 h at room temperature), processed, and embedded in EMbed 812 (Electron Microscopy Sciences). Ultrathin sections (60-nm) were cut (Leica UC6 microtome), mounted onto 200 mesh copper grids, and stained with uranyl acetate and lead citrate. Stained grids were examined with a Philips CM-12 electron microscope and photographed with a Gatan (4 K×2.7 K) digital camera. Lipid droplets were counted in random 100-μm\textsuperscript{2} areas.

Uptake of \textsuperscript{1}H\textsuperscript{2}oleic acid and \textsuperscript{14}C\textsuperscript{2}hexanoic acid. Cd36\textsuperscript{+/-}, EC-Cd36\textsuperscript{–/–}, and CM-Cd36\textsuperscript{–/–} mice (4-month-old, 16-hour–fasted) were injected i.v.
with 100 μl PBS containing 1 × 10^6 dpm of [1H]oleic acid and 1 × 10^6 of \([14C]\)hexanoic acid (PerkinElmer). Mouse plasma volume was estimated as 0.55 ml/kg BW (57). Plasma radioactive concentration was calculated by BW (mg) × (0.55 ml/1,000 mg) × 10^{-6} (dpm). Blood was collected 0, 30, 120, and 300 seconds after injection for radioactive counts (10 μl plasma). The heart vasculature was perfused with 10 ml PBS via cardiac puncture 5 minutes after injection. Tissues were excised and accumulated radioactivity measured. Tissue oleic and hexanoic acid uptake was adjusted by plasma metabolism at 30 minutes and normalized to that of littersmate controls.

PET studies. Differences in FA metabolism and FDG were evaluated with PET imaging of 4- to 5-month-old 16-hour–fasted mice using \([14C]\)palmitate and \([18F]\)FDG as previously (58). The uptake and transport of tracer were visualized and quantified by summing the uptake kinetics up to 60 minutes after tracer administration. All images and corresponding data were normalized to the dose and weight of the animal and presented as the standardized uptake value (SUV = activity × weight/injected dose).

Statistics. Results are expressed as the mean ± SD. Significant differences between groups were determined by an ANOVA t test or a 1-way ANOVA multiple comparisons test. The AUC value was evaluated using the trapezoid method. A P value of less than 0.05 was considered significant.

Study approval. The IRBs of Columbia University and New York University Medical Center approved all study protocols. Generation of the mice and all metabolic and genetic studies were reviewed and approved by the IACUCs of New York University and Washington University.

Author contributions

NHS, NAA, and IJG designed the study and wrote the manuscript. NHS created the targeting constructs for the genetically modified mice and performed experiments assessing gene expression, plasma metabolites, and tissue analysis. TAP assisted with construct design and validation of the mouse models. FW, XF, and SQY performed the radioactive FA uptake experiments. HRC created the LysM-Cre C366- mice and obtained data on their circulating lipid and glucose levels. D. Basu, D. Scerbo, TAP, STY, VSP, FS, SB, and LAH performed experiments. KIS performed and analyzed the PET studies. D. Scerbo and TL contributed to data analysis and discussion. KD, AEM, and KIS performed ISH and heart cell fractionation studies. NG edited the manuscript. KK assisted with Western blotting for insulin signaling analysis.

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