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Graft-versus-host disease (GVHD) in the gastrointestinal (GI) tract remains the major cause of morbidity and nonrelapse mortality after BM transplantation (BMT). The Paneth cell protein regenerating islet-derived 3α (REG3α) is a biomarker specific for GI GVHD. REG3α serum levels rose in the systematic circulation as GVHD progressively destroyed Paneth cells and reduced GI epithelial barrier function. Paradoxically, GVHD suppressed intestinal REG3y (the mouse homolog of human REG3α), and the absence of REG3y in BMT recipients intensified GVHD but did not change the composition of the microbiome. IL-22 administration restored REG3y production and prevented apoptosis of both intestinal stem cells (ISCs) and Paneth cells, but this protection was completely abrogated in Reg3g−/− mice. In vitro, addition of REG3α reduced the apoptosis of colonic cell lines. Strategies that increase intestinal REG3α/y to promote crypt regeneration may offer a novel, nonimmunosuppressive approach for GVHD and perhaps for other diseases involving the ISC niche, such as inflammatory bowel disease.

Introduction

Acute graft-versus-host disease (GVHD) is the most serious complication of allogeneic BM transplantation (BMT) and was noted in animal models more than 6 decades ago (1, 2). Acute GVHD predominantly involves the skin, liver, and lower gastrointestinal (GI) tract (3).

Without rigorous depletion of donor T cells from the graft, this complication occurs in 30%-70% of patients after allogeneic BMT (4–6). Standard treatment of acute GVHD is the administration of systemic corticosteroids and additional immunosuppressive agents; only half of patients who develop acute GVHD will have a complete response to corticosteroid therapy, although the numbers vary widely between studies (7). The outcome for patients with severe GVHD of the lower GI tract is poor, with 25% overall survival (8). We undertook this study to understand the biologic role of regenerating islet-derived 3α/γ (REG3α/γ) in GI GVHD.

Results

An elevated REG3α blood level is a strong indicator of GI GVHD that drives transplant reported mortality (9–12). We observed that increased blood levels of REG3α in patients with GVHD inversely correlated with the number of Paneth cells (Figure 1, A–C) and observed a similar inverse correlation in 2 mouse models of GVHD (Figure 1, D–I, and Supplemental Figure 1; supplemental material available online with this article; https://doi.org/10.1172/JCI99261DS1). This inverse correlation continued over time and increased with GVHD severity independently of BMT conditioning (Figure 2). IL-22 induces REG3γ (13–15), and the production of IL-22 decreased very rapidly during GVHD (Figure 2). Increased Reg3γ expression was not observed in any other tissue, including lung, liver, and pancreas (data not shown), suggesting that damage to the GI crypt resulted in the loss of REG3γ into the systemic circulation. REG3α serum levels remained elevated, often by an order of magnitude, after 1 week of systemic steroid therapy in patients with GI GVHD and predicted increased nonrelapse mortality, confirming the significance of continued serum elevations with respect to long-term clinical outcomes (Figure 3 and ref. 16).

We next investigated the role of REG3y in GVHD using REG3γ-deficient (Reg3γ−/−) mice as BMT recipients. Reg3γ−/− mice experienced more severe clinical GVHD and greater mortality...
than WT mice in 2 GVHD models (Figure 4, A–C). The histologic severity of GVHD, as measured by Paneth cell apoptosis and loss, also increased in Reg3g−/− BMT recipients; so did the number of crypt cells expressing cleaved caspase-3, a hallmark of apoptosis (Figure 4, D–F, and Supplemental Figures 2 and 3). Reg3g−/− allogeneic BMT recipients also exhibited significantly more CD8+ IFN-γ effector T cells in the lamina propria as well as increased hepatic infiltrates, confirming greater histologic damage in the absence of recipient REG3γ (Supplemental Figures 3 and 4). The composition of fecal microbial communities did not differ significantly, however, between WT and Reg3g−/− BMT recipients either before transplant or during GVHD (Figure 4, G–I, and Supplemental Figure 5).

Although IL-22 has pleiotropic effects and can increase GVHD severity in some models (17, 18), prophylactic administration of IL-22 prevented GVHD and increased REG3γ production in the ileum as previously reported (15) while simultaneously decreasing production in the colon (Figure 8, E–G, and Supplemental Figures 13 and 14). We then directly evaluated the antiapoptotic properties of REG3α in intestinal epithelium in vitro. Addition of REG3α in vitro to colonic epithelial cell lines undergoing apoptotic stress reduced the cleavage of caspase-3, caspase-8, and PARP and increased cell viability in a dose-dependent manner, confirming its role as a survival factor for intestinal stem cells (ISCs) (Figure 8, B–D, and Supplemental Figures 13 and 14). We then directly evaluated the antiapoptotic properties of REG3α in intestinal epithelium in vitro. 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ISCs and Paneth cells. Administration of IL-22 restores GI epithelial integrity and reduces GVHD because REG3α/γ acts as a survival signal for ISCs and Paneth cells, preventing their apoptosis both in vitro and in vivo. The requirement of REG3α/γ to repair damaged GI epithelium treatment indicates a previously unknown function for this protein in GI crypt homeostasis.

These results suggest the possibility of a more physiologic approach to the prevention and treatment of GI GVHD through restoration of the GI mucosal barrier rather than intensified systemic immunosuppression. Paneth cells, the “guardians of the crypt,” secrete multiple antimicrobial peptides, including REG proteins, that help to generate the chemical/physical barrier of the GI mucosa (23). A disrupted microbiome constitutes a significant risk factor for both experimental and clinical GVHD (24, 25) and might amplify GVHD by exposing enterocytes to Gram-positive pathogens (26). But analysis of the fecal microbiome demonstrated that the absence of REG3γ produced no significant difference in the microbial community architecture either before or during GVHD even though it caused greater crypt destruction and significantly increased the loss of ISCs and Paneth cells. This discrepancy suggested that the antimicrobial activity of REG3γ was not primarily responsible for its protective properties. Absence of host REG3γ thus amplified GVHD by accelerating apoptosis of the crypts, allowing microbes to break the mucosal epithelial barrier and activate antigen-presenting cells that attracted and stimulated alloreactive donor T cells, furthering crypt damage (27).

Previous experiments with cultured pancreatic acinar cells and hepatocytes suggested that expression of REG3β could reduce the apoptosis mediated by TNF-α, an important mediator of GVHD (28, 29). Our results directly demonstrate a survival function for REG3α/γ that is key to restoration of epithelial integrity during GVHD. A recently published approach to GVHD prevention is the promotion of Paneth cell development from ISCs through the administration of R-spondin-1, a Wnt agonist (30). It is unknown whether R-spondin-1 requires REG3γ to increase Paneth cell number as does IL-22. In this regard it is interesting to note that although IL-22 increases ISC number in vivo and stimulates organoid growth in vitro, it does not act as a mito-
without GVHD had a histologic grade of 0, and the median time of biopsy was day +37 (range 15–78); all those with GVHD had a histologic grade of 3, and the median time of biopsy was day +65 (range 13–138).

Mice. C57BL/6 (B6; H-2b, CD45.2+), B6-Ly5.1 (H-2b, CD45.1+), B6 × DBA2 F1 (B6D2F1; H-2b/d), and BALB/c (H-2d, CD90.2+) mice were purchased from Charles River Laboratories. C3H.SW (H-2b, CD45.2+) mice were purchased from The Jackson Laboratory. Reg3g−/− (H-2b) mice were obtained from Lora V. Hooper (26). B6-Lgr5-EGFP-IRES-creERT2 (Lgr5-EGFP+) mice were a gift from Linda C. Samuelson (University of Michigan, Ann Arbor, Michigan, USA). Reg3g−/− mice were bred with WT Lgr5-EGFP+ mice to generate dual Reg3g−/−/Lgr5-EGFP+ mice (B6 background). For BMT experiments, WT and Reg3g−/− recipient mice were cohoused for a minimum of 2 weeks, in order to reduce heterogeneity in the microbiota between the strains. All animals were cared for under the regulations reviewed and approved by the University Committee on the Use and Care of Animals, per University Laboratory Animal Medicine guidelines at the University of Michigan or the Icahn School of Medicine at Mount Sinai.

BMT. BMT was performed as previously described (32, 33). Briefly, BM cells were collected from the femurs and tibiae of euthanized donor mice. Donor T cells were obtained from the spleens of donor mice by positive selection using CD90.2 magnetic beads (Miltenyi Biotec), according to the manufacturer’s instructions. Unless otherwise stated, B6D2F1 recipients were given a total of 1,250 cGy total-body irradiation, split into 2 doses separated by 4 hours on day –1, and then injected with 2 × 10⁶ to 4 × 10⁶ splenic T cells and 5 × 10⁶ BM cells from allogeneic B6 donors on day 0. B6 recipients were irradiated with 1,100 cGy total-body irradiation, as a single dose on day –1, and then injected on day 0 with 50 × 10⁶ whole splenic cells and 5 × 10⁶ BM cells from MHC-matched, minor antigen–disparate C3H.SW donors or 5 × 10⁶ whole splenic cells and 5 × 10⁶ BM cells from MHC-mismatched BALB/c donors.

The potential limitations of this study should be noted. First, the mechanistic insights derive from mouse models and cell lines that cannot reproduce the complexity of human disease. Despite many tight correlations between human and murine data, some experiments do not and cannot have precise human equivalents, e.g., quantification of ISCs through a green fluorescent protein. Another important limitation relates to differences along the axial geography of the bowel. Both the large and the small intestine contain Lgr5+ ISCs, but Paneth cells are largely absent in the colon, where the stem cell niche is supported by deep secretory cells that possess some similarities to Paneth cells (31). Experiments are currently in progress to determine whether REG3γ also acts as a survival signal for colonic ISCs in vivo. If restoration of the survival signal provided by REG3γ can repair damaged intestinal epithelium of both small and large intestines, this approach may offer a novel, nonimmunosuppressive strategy not only for GVHD but for other immunologically mediated diseases of the bowel.

Methods

Patients. Patients were studied with the approval of the Institutional Review Boards at the University of Michigan, and all patients gave written informed consent in accordance with the Declaration of Helsinki. Twenty-eight patients, who consented to a prospective observational trial of allogeneic BMT complications and underwent allogeneic BMT from 2002 to 2007, were available for analysis; samples were obtained from patients who developed GI symptoms and had a duodenal biopsy and plasma collection at the time of onset of symptoms. All patients without GVHD had a histologic grade of 0, and the median time of biopsy was day +37 (range 15–78); all those with GVHD had a histologic grade of 3, and the median time of biopsy was day +65 (range 13–138).

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Figure 3. Serum REG3α levels and correlates with nonrelapse mortality in patients with GI GVHD. Patients with GI GVHD (n = 145) who were treated with systemic steroids for at least 7 days provided blood samples for biomarker analysis and were divided according to biomarker probabilities into low (blue) and high (pink) groups as previously published (16). Twelve-month nonrelapse mortality and REG3α serum levels are shown for test (n = 71) (A) and validation (n = 74) (B) cohorts. **P < 0.01, unpaired 2-tailed t test. Data are expressed as box-and-whisker plots.
To investigate the effect of treatment with IL-22 after development of GVHD, mice received i.p. injections of 10 μg of IL-22 in PBS, or PBS as a control, starting on day +7 after BMT. Mice were given either 3 daily doses (when GI tissues were analyzed on day +10) or a total of 7 total doses on days 7, 8, 9, 11, 13, 15, and 17 (for longer-term GVHD studies). All animals were individually ear-tagged before BMT (4 animals per cage). At the time of randomization to receive IL-22 or PBS alone (day 0 for prophylaxis experiments and day 7 for treatment experiments), the first 2 mice were assigned to the IL-22 group and the second 2 mice were assigned to the PBS group. For experiments evaluating treatment beginning on day 7, animals with severe GVHD (weight loss of more than 20% after day 0) were euthanized. Small intestine crypt cells were isolated and analyzed by flow cytometry. Small intestine sections were stained by immunochemistry. Quantification of Paneth cells and quantification of Paneth cells undergoing early apoptosis by annexin V staining were performed. Cleaved caspase-3+ cells per crypt of ileum sections were measured by flow cytometry. Microbiome composition of fecal samples from WT and KO mice 1 day before BMT (Pre-BMT) or day +7 after BMT (Post-BMT) were analyzed by principal component analysis.
25%) were excluded before randomization. This criterion was established before BMT and the subsequent development of disease.

5-Ethynyl-2′-deoxyuridine incorporation in vivo assay. ISC proliferation was determined using 5-ethynyl-2′-deoxyuridine (EdU) incorporation into DNA. Lgr5-EGFP + mice were injected i.p. with 200 μl of 5 mM EdU solution (Invitrogen) in PBS 2 hours before small-intestinal samples were collected. EdU was detected with the Click-iT Plus EdU Flow Cytometry Assay kit according to the manufacturer’s instructions (Invitrogen).

Histopathology and immunohistochemistry. For pathologic analyses, samples from patients (duodenal biopsies) and mice (distal ilea and livers) were fixed in 10% neutral-buffered formalin, embedded in paraffin, sectioned, slide-mounted, and stained with H&E (12). Paneth cells were identified by their eosinophilic granules by an experienced observer blinded to the treatment groups, in at least 3 high-power fields (HPFs) with an Olympus BX51 microscope. Using a highly reproducible technique (12), HPF was defined as a ×40 objective with a field of 0.345 mm². The counts from each HPF were averaged to give the number of Paneth cells per HPF.

Immunohistochemistry was performed with polyclonal rabbit anti-REG3α (Abcam, ab134309) at a 1:200 dilution for human samples and rabbit anti-REG3γ from the Lora V. Hooper laboratory (26) at a 1:8,000 dilution or rabbit anti–cleaved caspase-3 (clone 5A1E, Cell Signaling) at a 1:400 dilution for murine samples using a DAKO AutoStainer Link; slides were subsequently coated with a goat anti-rabbit IgG HRP conjugate (DAKO) at a 1:200 dilution and finally a diaminobenzidine (DAB) dilution to generate brown-colored signals. Slides were counterstained with Harris hematoxylin. Semiquantitative REG3α expression from duodenum biopsies was scored on a 0–2 scale for 3 parameters: Paneth cells, epithelial cytoplasm, and stromal cells. Pictures from tissue sections were taken using a digital camera (DP70, Olympus) mounted on a microscope (BX51, Olympus) or an EVOS XL Core Imaging System from Life Technologies.

Quantitative PCR. Total RNA was isolated from the small intestine using the RNeasy RNA Isolation Kit (Qiagen) and was used to synthesize cDNA with the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems). Quantitative PCR analysis was performed using the SYBR Green Master Mix (Invitrogen) and specific primers. Signals were normalized to Gapdh levels within each sample, and normalized data were used to calculate relative levels of gene expression using ΔΔCt analysis. Details of all primers used can be found in Supplemental Table 1.

ELISA. REG3α in human plasma was quantified with the REG3α ELISA kit (MBL International, Japan) as described previously (11). REG3γ in mouse serum was measured by a REG3γ ELISA Kit (Cloud-
Clone Corp.) according to the manufacturer’s protocol. Absorbance was measured with a SpectraMax M2 (Molecular Devices), and results were calculated with SoftMax Pro version 5.4 software (Molecular Devices).

**Western blot.** HT-29 cells were treated with human recombinant REG3α protein (5940-RG-050, R&D Systems) (1,000 ng/ml) followed by treatment with birinapant (10 nM) and recombinant human TNF-α (rhTNF-α; 10 ng/ml) for various time periods (4, 8, and 16 hours). Cells were lysed in RIPA buffer containing protease and phosphatase inhibitors and sonicated with Bioruptor (Diagenode). Analysis was performed on total cell lysate. Protein was quan-

**Figure 6. IL-22 treatment reverses GVHD.** B6 mice received BM and T cells from C3H.SW donors (GVHD +) treated with PBS (black circles) or IL-22 (blue circles) from day +7. As a control, mice received BM only (No GVHD, –, white circles). (A and B) Clinical GVHD score (A) and survival (B) of mice after BMT (PBS, n = 14; IL-22, n = 13; no GVHD, n = 5). Samples were analyzed on day +10. (C) Serum REG3γ protein. (D) Small intestine tissue Reg3γ mRNA. *P < 0.05, **P < 0.01, unpaired 2-tailed t test (A), 1-way ANOVA (C and D); **P < 0.01, log-rank test (B). Data are expressed as mean ± SEM.

**Figure 7. IL-22 requires REG3γ to reduce GVHD.** (A) Survival of WT B6 and B6-Reg3γ−/− (KO) mice received PBS or IL-22 injections from day +1 after BMT from C3H.SW donors (WT-PBS, black circles, n = 9; WT-IL-22, blue circles, n = 8; KO-PBS, red squares, n = 8; KO-IL-22, blue squares, n = 7). (B) Survival of WT B6 and B6-Reg3γ−/− (KO) mice received PBS or IL-22 injections from day +1 after BMT from BALB/c donors (WT-PBS, black circles, n = 10; WT-IL-22, blue circles, n = 11; KO-PBS, red squares, n = 10; KO-IL-22, blue squares, n = 11). *P < 0.05, log-rank test. (C and D) WT B6 and B6-Reg3γ−/− (KO) mice (Lgr5-EGFP+) received PBS or IL-22 injections from day +1 after BMT from B6-Ly5.1 donors (GVHD –) or C3H.SW donors (GVHD +). On day +7 after BMT, small intestine crypt cells were analyzed by flow cytometry. (C) Quantification of Paneth cells (GVHD –: WT-PBS, empty black circles, n = 8; WT-IL-22, empty blue circles, n = 4; KO-PBS, empty red squares, n = 8; KO-IL-22, empty blue squares, n = 6; GVHD +: WT-PBS, filled black circles, n = 13; WT-IL-22, filled blue circles, n = 9; KO-PBS, filled red squares, n = 13; KO-IL-22, filled blue squares, n = 10). (D) Quantification of Paneth cells undergoing early apoptosis by annexin V− staining (GVHD –: WT-PBS, empty black circles, n = 5; WT-IL-22, empty blue circles, n = 5; KO-PBS, empty red squares, n = 6; KO-IL-22, empty blue squares, n = 5; GVHD +: WT-PBS, filled black circles, n = 7; WT-IL-22, filled blue circles, n = 9; KO-PBS, filled red squares, n = 10; KO-IL-22, filled blue squares, n = 12). NS, P > 0.05; *P < 0.05, **P < 0.01, unpaired 2-tailed t test. Data are expressed as mean ± SEM.
Lamina propria lymphocyte (LPLs) from small intestines were isolated as described previously. On day +7 after BMT, small intestine crypt cells were analyzed by flow cytometry, and Reg3g mRNA was measured by qPCR. (A) Quantification of ISCs from mice in Figure 7. (B) Quantification of ISCs undergoing early apoptosis by annexin V staining in the mice from Figure 7. Data are combined from 3 separate experiments. (C) Quantification of EdU+ ISCs in syngeneic recipients (GVHD −): WT-PBS, empty black circles, n = 3; WT–IL-22, empty blue circles, n = 4; KO-PBS, empty red circles, n = 5; KO–IL-22, filled red circles, n = 5; naive WT (downward triangles, n = 5), naive KO (upward triangles, n = 5) controls. (D) Correlation of ISCs and Reg3g mRNA expression in WT mice from 2 of the 3 experiments shown in A (n = 25), as calculated by the Pearson correlation coefficient. (E–G) HT-29 cells were cultured with recombinant Reg3g protein and apoptotic stimuli as described in Methods. Data are representative of 3 independent experiments. (E and F) Cell lysates were collected after 16-hour cell culture for Western blot analysis. Quantification of cleaved caspase-3 (E) and cleaved caspase-8 (F) expression. (G) Quantification of cell viability by CellTiter-Glo 2.0 assay after 24-hour cell culture. *P < 0.05, **P < 0.01, unpaired 2-tailed t test. Data are expressed as mean ± SEM. ND, not detectable.
dihydrochloride (Thermo Fisher Scientific) and 0.5 mM N-acetylcysteine (MilliporeSigma).

Flow cytometry. After isolation, LPLs were further incubated with Cell Stimulation Cocktail (eBioscience) for 4 hours, and 1 × 10^6 cells were subsequently surface-stained with CD4, CD8, and TCRβ antibodies. For detection of polarized T cell subsets, cells were incubated overnight at 4°C in 400 μl of Fix/Perm solution (BD Biosciences), and then stained in Perm/Wash buffer (BD Biosciences) with IFN-γ, IL-10, and IL-17A antibodies. For detection of Tregs, surface-stained LPLs were stained with FoxP3 antibody using the FoxP3/Transcription Factor Staining Buffer Set (eBioscience). Isolated, dissociated intestinal crypt cells were surface-stained with EpCAM, CD45, CD31, TER-119, and CD24 antibodies. Apoptotic intestinal crypt cells were detected using the Annexin V Apoptosis Detection Kit (eBioscience). DAPI, 7-aminoactinomycin D, and Fixable Live/Dead Cell Stain Kits (Invitrogen) were used for viability staining. All flow cytometry was performed using FlowJo software (Tree Star). Full details of all antibodies used are in Supplemental Table 1.

16S sequencing. DNA from fecal pellets of individual mice were frozen until DNA was extracted by mechanical disruption ( bead-beating) in phenol-chloroform. The V4–V5 region of the ribosomal RNA gene was amplified, sequenced, and computationally analyzed as described (56, 37).

Statistics. Statistical analysis was performed and graphs were generated using Prism software (GraphPad). Survival curves were plotted using Kaplan-Meier estimates and compared using the log-rank test. For survival experiments, a sample size of 7 per group provided 80% power to detect survival benefit of at least 40% with an α of 0.05. For comparison of 2 groups, an unpaired 2-tailed t test was used for parametrically normal-distributed data. A Wilcoxon test was used for comparison of percentages. Differences were considered significant when the P value was less than 0.05. Data are always presented as mean and SEM for the different groups. Unless otherwise specified, all studies for which data are presented are representative of at least 2 independent experiments.

Study approval. Study of human blood samples was approved by the Icahn School of Medicine at Mount Sinai (IRB 15-0093). The mouse research project was approved by the Icahn School of Medicine at Mount Sinai (IACUC 2014-0202).

Author contributions

DZ, YHK, and JLMF designed the study. DZ, YHK, SJ, JKG, MSC, MH, ERA, MMMVDB, JUP, ALCG, AES, MJD, ACH, JEL, UO, TSS, AVH, TCL, and PR performed the experiments and analysis. LVH provided key reagents. DZ, MSC, and JLMF prepared the manuscript with input from all authors.

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