

1 **SUPPLEMENTAL APPENDIX**

2
3 **LINKS BETWEEN MUCUS PLUGS, EOSINOPHILIA AND AIRFLOW OBSTRUCTION IN**
4 **ASTHMA**

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6 Eleanor M. Dunican, Brett M. Elicker, David S. Gierada, Scott K. Nagle, Mark L. Schiebler,
7 John D. Newell Jr., Wilfred W. Raymond, Marrah E. Lachowicz-Scroggins, Selena Di Maio,
8 Eric A. Hoffman, Mario Castro, Sean B. Fain, Nizar N. Jarjour, Elliot Israel, Bruce D. Levy,
9 Serpil C. Erzurum, Sally E. Wenzel, Deborah A. Meyers, Eugene R. Bleecker, Brenda R.
10 Phillips, David T. Mauger, Erin D. Gordon, Prescott G. Woodruff, Michael C. Peters, John V.
11 Fahy for the National Heart Lung and Blood Institute Severe Asthma Research Program.

12
13 Corresponding author. Email: john.fahy@ucsf.edu

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51

52 1. METHODS

53 1.1 Study Design

54 SARP is a 3-year longitudinal cohort study. Asthma patients and healthy controls were
55 recruited as part of the Severe Asthma Research Program (SARP)-3 cohort across 7 centers.
56 The clinical centers in the network were Brigham and Women's Hospital, The University of
57 California at San Francisco, the University of Pittsburgh, The University of Virginia, the
58 University of Wisconsin, Wake Forrest School of Medicine, and Washington University in St
59 Louis (with co-investigators at the University of Iowa). All centers used the same
60 characterization procedures and all assessments adhered to standardized protocols and
61 techniques ensuring uniformity of data and adherence to safety precautions. The protocol
62 includes three baseline visits in which asthma patients undergo detailed characterization,
63 including sputum questionnaires, maximum bronchodilator reversibility tests, a systemic
64 corticosteroid responsiveness test, and an optional multi-detector computed tomography
65 (MDCT) scan of the lungs (Figure S5). Data reported here are from patients that had MDCT's
66 as part of their characterization. Healthy subjects for MDCT scans were recruited at a single
67 center (Washington University in St Louis) and for sputum cell analyses were recruited from all
68 SARP-3 centers.

69

70 1.2 Asthma Patients

71 658 asthma patients were enrolled to the Severe Asthma Research Program (SARP) from
72 November 1, 2012 to October 1, 2014 by eleven clinical research centers across the United
73 States. 146 of the 658 subjects underwent multidetector computerized tomography (MDCT) of
74 the lungs (Figure 1, Table S1). Among 146 asthma patients who had MDCT scans as part of
75 the SARP-3 protocol, 25 patients also had MDCT lung scans available from their participation

76 in SARP-1 or SARP-2 protocols. These patients were enrolled at 3 sites (University of
77 Pittsburgh, University of Wisconsin, and Washington University) and scans were performed 2-
78 9 years prior to the SARP-3 MDCT scans (Table S2).

79 Inclusion criteria for SARP mandated that at least 60% of the asthmatic patients meet the
80 American Thoracic Society/European Respiratory Society (ATS/ERS) definition for severe
81 asthma¹. All patients were non-smokers (<10 pack-years of tobacco use if >30y of age; <5
82 pack-years if <30y of age) and were required to have evidence of bronchial
83 hyperresponsiveness (defined as a PC20 methacholine < 16mg/mL) or reversible airflow
84 obstruction, as evidenced by an increase in FEV1 of ≥12% following albuterol inhalation (up to
85 720ug) with or without additional ipratropium bromide inhalation (136 mcg). Patients were
86 excluded if they were pregnant or breastfeeding during the initial characterization period, had a
87 history of premature birth (<35 weeks' gestation), or had a diagnosis of any other chronic
88 pulmonary disorder, which, in the opinion of the investigator, contributed significantly to the
89 patient's respiratory symptoms.

90
91 Patients completed comprehensive phenotypic characterization, including a physician-directed
92 history, Asthma Control Test, spirometry, maximum bronchodilator reversibility, corticosteroid
93 responsiveness, complete blood count with cell differential, induced sputum cell counts, serum
94 IgE measurements, and FeNO measurement. In addition, subjects completed extensive
95 questionnaires that characterized asthma symptoms, sputum symptoms, quality of life,
96 medication use, and health care utilization (Figure S5). All subjects signed informed consents
97 approved by their local institutional review boards.

98

99 **1.3 Healthy Subjects**

100 Adult healthy subjects were recruited at Washington University in St Louis (Table S1).

101 Inclusion criteria were as follows: non-smokers (<10 pack-years of tobacco use if >30y of age;
102 <5 pack-years if <30y of age), and normal lung function (pre-bronchodilator FEV/FVC >0.70
103 and <12% increase in FEV1 following 4 puffs of albuterol). Subjects were excluded if they were
104 pregnant or breastfeeding, or had a diagnosis of any lung disease.

105

106 **1.4 Lung Function Testing**

107 Spirometry, lung volume measurement, and maximum bronchodilation procedures were
108 conducted according to a SARP manual of procedures, which conformed with ATS/ERS
109 guidelines for spirometry ² and lung volumes measurements ³. Total Lung Capacity (TLC) and
110 Residual Volume (RV) were measured by body plethysmography. A pant rate of <1 Hz was
111 used during the mouthpiece occlusion, which was activated after the subject had attained a
112 stable end-expiratory volume for at least 4 breaths; after the brief occlusion, subjects exhaled
113 maximally to RV and then inhaled maximally to TLC. Subjects were asked to withhold
114 bronchodilator medications prior to spirometry and plethysmography testing.

115

116 **1.5 Procedures for withholding asthma and allergy medications**

117 Subjects were asked to hold their bronchodilator medications prior to spirometry testing. The
118 medication holds for SARP were as follows; short-acting beta agonists - 4 hours; short-acting
119 anticholinergics - 6 hours; long-acting beta agonists - 12 hours; long-acting muscarinic
120 antagonists - 24 hours; and leukotriene modifiers - 24 hours.

121

122 **1.6 Multi Detector Computerized Tomography (MDCT) Protocol**

123 MDCT was performed within 2 hours following maximal bronchodilation according to a
124 standard protocol monitored by a SARP imaging center at the University of Iowa with
125 institutional review board approval. The same scanning protocol was used in both asthma

126 patients and healthy controls. Before beginning the MDCT scan, patients were carefully
127 coached using standardized breathing instructions administered by the technologist and
128 images of the lungs at Total Lung Capacity (TLC) were obtained from a single breath-hold at
129 full inspiration. The MDCT parameters for each scanner model used are listed in Table S6.
130 BMI (3 categories), lung volume (e.g. TLC) and scanner model were used to determine the
131 CTDIvol and subsequently the effective mAs or mA settings appropriate for each subject
132 (Table S7). Scanners at each center were regularly calibrated with a phantom (COPDgene®
133 Phantom Model CCT162, The Phantom Laboratory - [http://www.phantomlab.com/other-
134 catphans/](http://www.phantomlab.com/other-catphans/)) and all scans were evaluated for protocol adherence by the SARP Imaging Center
135 at the University of Iowa. De-identified image data (in standard digital format) were distributed
136 to the radiologists for scoring. To blind the readers to the disease status of the subject, healthy
137 subjects were given a SARP identification number and the scan date of the healthy scans were
138 shifted forward 3 years to match the scanning period of the asthmatic scans. Evaluation for
139 mucus was performed on scans taken at total lung capacity using a standard window width of
140 1200 HU and level of -600 HU⁴.

141

142 **1.7 Automated CT analysis**

143 Quantitative airway morphology was measured from MDCT scans using automated,
144 quantitative software that was designed to reliably label and segment the first five to six airway
145 generations, and to allow the accurate measurement of airway walls and lumen diameters
146 obtained perpendicular to the long axis of each airway (Apollo 1.2; VIDA Diagnostics; Iowa
147 City, IA). Airway measurements of RB1, RB4, RB10, LB1, LB4, LB10 (4th generation) were
148 made at each centerline voxel and were averaged over the middle third of the segment. The
149 specific MDCT scan measurements used included airway wall thickness (WT), percentage of
150 WT (WT%), wall area (WA), percentage of WA (WA%), luminal area (LA) and percentage of

151 LA (LA%) (Figure S6). The calculations are as follows: WT: average outer diameter - average
152 inner diameter; WT%: (WT/average outer diameter) x 100; WA: total area (TA) - LA; WA%:
153 (WA/TA) x 100; and LA%: (LA/TA) x 100. WA%, LA% and WT% were used in analysis, as
154 these account for differences in airway size. Airway measurements of RB1, RB4, RB10, LB1,
155 LB4, LB10 were averaged to give a summary estimate for each patient. WT% was reported in
156 results but all 3 measurements gave similar results.

157

158 **1.8 Development, application and validation of the MDCT Mucus Score**

159 A scoring system to quantify mucus plugs in lung images generated using multi-detector
160 computerized tomography was developed by a mucus score team (ED, JF, BE, DG, SN, MS,
161 and JN). The scoring system was based on bronchopulmonary segmental anatomy. Each
162 bronchopulmonary segment was given a score of 1 (mucus plug present) or 0 (mucus plug
163 absent). The segment scores of each lobe were summed to generate a total mucus score for
164 both lungs, yielding a mucus score ranging from 0-20. The score was tested and refined using
165 25 scans from patients with severe asthma recruited at UCSF for SARP. During development,
166 the score was tested and modified twice to yield the final version as shown in Figure 1D and
167 further explained below.

168

169 Final scoring system applied in this study:

- 170 1. Mucus plugs were defined as complete occlusion of a bronchus, irrespective of generation.
171 When parallel to the scan plane, mucus plugs were recognized as tubular densities with or
172 without branching. When oriented obliquely or perpendicularly to the scan plane, they were
173 identified as oval or rounded opacities seen on sequential slices and differentiated from
174 blood vessels by their continuity with non-impacted portions of the bronchial lumen and
175 their position relative to adjacent blood vessels.

- 176 2. A 2 cm peripheral exclusion zone confined to the costal and diaphragmatic pleura was
177 excluded from evaluation as the small caliber of these peripheral airways makes occlusion
178 by mucus difficult to ascertain. The 2 cm peripheral zone adjacent to the mediastinal pleura
179 was *not* excluded from evaluation owing to the larger airways adjacent to the mediastinum.
- 180 3. Use of a standard window width of 1200 HU and level -600 HU for bronchial wall
181 evaluation.

182

183 Application and validation of the CT Mucus Score:

184 Before application of the scoring system to the SARP cohort, a teleconference was held which
185 included a slide presentation with detailed description of the final scoring system followed by a
186 1-hour consensus reading session using a training-set of 3 CT scans. Five radiologists with sub-
187 specialty training in thoracic radiology scored the MDCT's. To generate the mucus score, two
188 radiologists were randomly assigned to independently score each scan. Each radiologist was
189 provided with their individual set of scans in digital format. The radiologists entered the mucus
190 score data in real-time into a secure online survey (Research Electronic Data Capture) (Figure
191 S8). The average score of both raters was used to calculate the CT mucus score for each
192 subject. This generated a continuous score ranging from 0 to 20 increasing in increments of 0.5.
193 The validity of the mucus score was tested by analyzing for inter-rater bias followed by inter-
194 rater and intra-rater agreement. Bias between raters, where one rater consistently over- or
195 underscores relative to the other rater, was tested using paired analyses. No significant bias and
196 was found between any of the pairs of raters ($p>0.05$). Once absence of bias was confirmed,
197 inter-rater agreement of the CT mucus score could be assessed by intraclass correlation
198 coefficient (ICC). An initial check of inter-rater agreement was made after half of the scans were
199 scored, with a plan to recalibrate any rater(s) with outlying scores to the group mean. The ICC
200 at interim analysis was 0.69 and retraining was provided in one instance. At the end of the study,

201 the ICC for agreement between readers was 0.80 (95% CI 0.74 to 0.85) for all 171 scans and
202 0.79 (95% CI 0.72 to 0.85) for the 146 asthma scans alone. In addition, the intra-rater agreement
203 for a random subset of 14 scans (3 healthy, 11 asthma) that was scored twice by each of the
204 five radiologists was 0.99 (95% CI 0.99 to 1.00).

205

206 **1.9 Sputum induction**

207 Sputum induction was performed on visits 2 and 3 (Figure S6). For safety, induced sputum
208 was only performed in patients with an FEV1 was > 50% predicted after albuterol pretreatment
209 (360ug). Sputum was induced over 12 min with using hypertonic saline. Induced sputum was
210 processed and analyzed at two SARP centers. The Wake Forest University center generated
211 the sputum cell differential counts for SARP, and the University of California at San Francisco
212 center extracted the RNA and measured gene expression for SARP. Total and differential cell
213 counts were quantified in SARP subjects using methods previously described^{5,6}. Gene
214 expression of IL-4, IL-5, IL-13, and for airway gel-forming mucins (MUC5AC, MUC5B) and
215 housekeeping genes were measured from RNA isolated from induced sputum cell pellets from
216 77 asthma subjects using previously described methods of real-time Taqman-based
217 quantitative PCR (qPCR)⁷. The details of the specific design of the primers and probes are
218 shown in Table S8.

219

220 Sputum quality systems:

- 221 1. Cell counts: Sputum samples were deemed of sufficient quality if squamous cell count was
222 <80%.
- 223 2. qPCR: Only sputum samples with adequate cell counts were analyzed for qPCR. RNA
224 quality was measured with the Agilent 2100 Bioanalyzer (Biogen, Weston, Mass), which
225 performs electrophoretic separations according to molecular weight. The RNA integrity

226 number (RIN) was measured for each sample^{8,9} and only samples whose RIN value was
227 >5 were considered adequate for gene expression profiling⁷.

228

229 **1.10 Questionnaires**

230 Sputum and Cough Questions

231 Questionnaires that were completed by asthma patients at study entry. Chronic mucus
232 hypersecretion was defined using the ATS/WHO definition of chronic bronchitis, which
233 assesses chronic cough and sputum production in the preceding 2 years¹⁰. The specific
234 question used was: “*Have you had cough and sputum production on most days for at least 3*
235 *months a year for at least 2 consecutive years*”. The answer options were: Yes, No, or Don’t
236 Know. The subjects that answered “Don’t know” were recoded as “no”.

237

238 Some patients did not have data for chronic mucus hypersecretion. Initially, the chronic
239 bronchitis was a sub-question of the question “Have you ever had bronchitis?” Patients who
240 answered “no” to this question were directed to skip the chronic bronchitis and this data was
241 therefore not collected. This skip logic was removed in October 2013, and chronic bronchitis
242 became independent question going forward. For this reason, data for “chronic bronchitis” are
243 missing in 25 patients (17.1%).

244

245 Asthma Control Test (ACT)

246 This is a validated self-administered tool for identifying poorly controlled asthma^{11,12}. ACT
247 assesses the frequency of shortness of breath and general asthma symptoms, use of rescue
248 medications, the effect of asthma on daily functioning, and overall self-assessment of asthma
249 control in the previous 4 weeks rated using a 5-point scale. The score ranges from 5 (poor
250 control) to 25 (complete control of asthma). An ACT <20 indicates poor control.

251

Table S1. Characteristics of Healthy and Asthma Subjects				
Characteristics	Healthy		Asthma	
	MDCT analysis (n=22)	Sputum analysis (n=35)	MDCT analysis (n=146)	Plethysmography analysis (n=43)
Mean age (years)	29.5 ± 11.5	39.2 ± 12.6	46.8 ± 16.0	51.1 ± 14.3
Female sex - no. (%)	15 (60.0)	21 (53.9)	91 (62.3)	26 (60.5)
Race, no. (%)				
American Indian or Alaska Native	0 (0)	0 (0)	0 (0)	0 (0)
Asian	1 (4)	3 (7.7)	10 (6.9)	1 (2.3)
Black or African American	3 (12)	6 (15.4)	34 (23.3)	5 (11.6)
Caucasian	17 (68)	25 (64.1)	90 (61.6)	36 (83.7)
Native Hawaiian or Pacific Islander	0 (0)	0 (0)	0 (0)	1 (2.3)
Mixed race	1 (4)	5 (12.8)	12 (8.2)	0 (0)
Unknown/refused to answer	3 (12)	0 (0)	0 (0)	0 (0)
Spirometry data				
FEV1 (% predicted)	98.2 ± 9.3	98.1 ± 11.3	72.2 ± 20.6	74.3 ± 22.3
FVC (% predicted)	100.1 ± 10.3	99.8 ± 13.3	85.5 ± 20.6	84.6 ± 17.5
FEV1/FVC	0.84 ± 0.03	0.98 ± 0.57	0.83 ± 0.13	0.86 ± 0.13
History of atopy	4 (16)	(0)	110 (75.3)	34 (79.0)
History of smoking [‡]	0 (0)	(0)	0 (0)	0 (0)

Data reported as mean and standard deviation unless otherwise indicated. CT scans of healthy controls from SARP II and SARP III. Sputum measurements of healthy controls from SARP III. CT scans and plethysmography of asthma subjects from SARP III.

[†]Predicted values missing in one healthy male subject for sputum analysis (age 23 years; FEV1 4.65L, FVC 5.81, height measurement missing).

[‡]Smoking history refers to >5 pack years

Table S2. Characteristics of Asthma Subjects with repeat CT scans across SARP studies

Characteristics	Time points	
	SARP-1/ SARP-2	SARP-3
Mean age (years)*	44.3 ± 10.3	49.5 ± 11.7
Female sex - no. (%)	13 (52)	13 (52)
Spirometry data*		
FEV1 (% predicted)	67.7 ± 19.5	67.5 ± 20.8
FVC (% predicted)	80.4 ± 16.1	81.2 ± 17.2
FEV1/FVC	0.67 ± 0.11	0.81 ± 0.13
Max FEV1 (% predicted)	81.4 ± 21.1	77.9 ± 20.7
Max FVC (% predicted)	91.7 ± 15.5	89.2 ± 14.9
Sputum cell counts (%)		
Eosinophils	0.3 (0.001, 3.2)	0.6 (0.2, 2.4)
Neutrophils	62 (32.2, 76.3)	68.9 (42.9, 77.8)
FeNO (ppm)‡	22 (10.3, 39.6)	22 (14, 46)
Blood cell counts (x10 ⁶ /L) †		
Eosinophils	259 ± 232	313.5 ± 409.6
Neutrophils	4782 ± 2819	4599 ± 2106
Mucus Score, segments	2 (0,9)	6 (1,12)
Mucus Score, categories		
Zero	10 (40)	5 (20.0)
Low	4 (16)	4 (16.0)
High	11 (44)	16 (64.0)

Data reported as mean and standard deviation unless otherwise indicated.

* Age and spirometry data for SARP1-2 missing in 1 patient

† Spirometry data for SARP-1/-2 missing in 3 patients

‡ FeNO data for SARP-1/-2 missing in 8 patients

§ Sputum cell count data for SARP-1/-2 missing in 15 patients and for SARP-3 in 5 patents.

Table S3. Characteristics of Subjects with Asthma across Mucus Score Categories

Characteristic	Mucus Score			
	All (n=146)	Zero (n=61)	Low (n=45)	High (n=40)
Mucus score	0.5 (0-4.5)	0 (0)	1.5 (0.5-2.5)	9.5 (6-12)
Spirometry - pre bronchodilator				
FEV1(% predicted) ^{†‡}	72.2 ± 20.6	81.0 ± 16.2	74.5 ± 20.8	56.1 ± 17.4
FVC (% predicted) ^{†‡}	85.5 ± 17.9	89.3 ± 14.0	88.3 ± 19.4	76.7 ± 19.0
FEV1/FVC (predicted) ^{* †‡}	0.83 ± 0.13	0.90 ± 0.10	0.83 ± 0.11	0.72 ± 0.11
Spirometry - post bronchodilator				
FEV1 (% predicted) ^{†‡}	82.7 ± 20.9	90.7 ± 15.9	85.3 ± 21.3	67.7 ± 19.3
FVC (% predicted) ^{†‡}	92.8 ± 17.0	95.1 ± 13.8	95.2 ± 17.9	86.6 ± 19.2
FEV1/FVC (predicted) ^{†‡}	0.89 ± 0.12	0.96 ± 0.09	0.89 ± 0.10	0.78 ± 0.11
Sputum cell counts (%)				
Neutrophils	58 (35,78)	62 (37,83)	60 (35,79)	47 (31,70)
Epithelial cells	4.7 (2,11.5)	4.3 (2.3,11.5)	4.3 (2.3,5.9)	6.9 (1.9,17)
Blood cell counts (x10 ⁶ /L) [¶]				
Neutrophils	4286 ± 2350	4569 ± 2951	4030 ± 1934	4134 ± 1592
Total white blood cells	7279 ± 2548	7534 ± 3149	6953 ± 2138	7255 ± 1827
Total IgE (IU/mL) [¶]	150 (52,363)	126 (32,482)	150 (74,335)	181 (79,363)
Exacerbations in last 12 months – no. (%)	74 (50.7)	29 (47.5)	23 (51.1)	22 (55.0)
Nasal polypectomy – no. (%) [†]	21 (14.4)	1 (1.6)	8 (17.8)	12 (30.0)
Sinus surgery – no. (%) [†]	19 (13.0)	3 (4.9)	8 (17.8)	8 (20.0)
ABPA - no. (%) ^{**}	3 (2.1)	0 (0)	2 (1.4)	0 (0)

Data reported as mean ± standard deviation or median (interquartile range). Zero represents the “mucus absent” group (mucus score=0). Low represents the group with mucus scores 0.5-3.5 and high represents the group with mucus scores ≥4, based on the median score of 3.5 in the “mucus present” group.

* p<0.05 for comparison of *zero* and *low* scores

† p<0.05 for comparison of *zero* and *high* scores

‡ p<0.05 for comparison of *low* and *high* scores

|| Sputum cell counts were not available in 40 subjects due to ineligibility for sputum induction or because the induced sputum not meet quality metrics.

¶ Blood eosinophil measurements were not available for 2 subjects. Serum IgE was not available for 1 patient.

** Diagnosed using elevated total IgE, specific IgE to Aspergillus fumigatus, systemic eosinophilia, and radiographic changes consistent with ABPA.

Table S4. Aeroallergen Sensitivity				
Allergen	All (n=144)	Mucus Score		
		Zero (n=61)	Low (n=44)	High (n=39)
Fungal				
Aspergillus fumigatus, no. (%)	30 (20.8)	11 (18.0)	11 (25.0)	8 (20.5)
Cladosporium herbarum, no. (%)	21 (13.9)	8 (13.1)	9 (20.5)	4 (10.3)
Alternaria alternata, no. (%)	37 (25.7)	15 (24.6)	15 (34.1)	7 (18.0)
Furred animal				
Cat dander, no. (%)	82 (56.6)	32 (52.5)	28 (62.2)	32 (56.4)
Dog dander, no. (%)	78 (53.8)	33 (54.1)	26 (57.8)	19 (48.7)
Mouse urine proteins, no. (%)	16 (11.0)	6 (9.84)	7 (15.6)	3 (7.7)
Rat urine proteins, no. (%)	21 (14.5)	10 (16.4)	7 (15.6)	4 (10.3)
Mites and insects				
Dermatoph pteronyssinus, no. (%)	70 (48.3)	31 (50.8)	23 (51.1)	16 (41.0)
Dermatoph fariane, no. (%)	71 (49)	32 (52.5)	24 (53.3)	15 (38.5)
Cockroach, no. (%)	29 (20.1)	16 (26.2)	7 (15.9)	6 (15.4)
Plant				
Ragweed, no. (%) *	44 (30.6)	25 (41.0)	13 (29.6)	6 (15.4)
Weed mix, no. (%)	41 (28.5)	23 (37.7)	12 (27.3)	6 (15.4)
Grass mix, no. (%)	42 (29.0)	18 (29.5)	13 (29.0)	11 (28.2)
Tree mix, no. (%)	45 (31.3)	20 (32.8)	14 (31.8)	11 (28.2)
Aeroallergen sensitization defined as specific IgE >0.35 IU on Immunocap test (Phadia, Uppsala Sweden)				
Blood measurements were not available for 2 subjects.				
* P<0.05				

Table S5. Characteristics stratified by chronic mucus hypersecretion and mucus plugging

Characteristic	Chronic mucus hypersecretion*		Mucus plugging	
	Absent (n=80)	Present (n=41)	Zero (n=61)	High (n=40)
Anthropometrics				
Mean age (years)	44.3 ± 16.5	52.4 ± 15.3 [†]	43.3 ± 15.4	52.2 ± 16.5 [†]
Female sex - no. (%)	53 (66.3)	27 (65.9)	43 (70.5)	22 (55.0)
Body Mass Index (kg/m ²)	31.2 ± 8.7	34.5 ± 9.4	34.3 ± 9.9	30.7 ± 6.3
Asthma control and Exacerbations				
Asthma Control Test score	20 (16, 21)	15 (10, 19) [‡]	19 (15,21)	16.5 (13,19) [‡]
High dose inhaled steroids use - no. (%)	53 (66.3)	31 (75.6)	36 (59.0)	36 (90.0) [‡]
Chronic systemic steroids use - no. (%)	6 (7.5)	5 (12.2)	3 (4.9)	9 (22.5) [†]
Exacerbations in last 12 months - no. (%) [¶]	28 (35.0)	29 (70.7) [§]	29 (47.5)	22 (55.0)
Spirometry				
FEV1 (% predicted)	77.6 ± 18.8	67.2 ± 21.9 [‡]	81.0 ± 16.2	56.1 ± 17.4 [§]
FVC (% predicted)	90.1 ± 16.3	81.6 ± 18.2 [‡]	89.3 ± 14.0	76.7 ± 19.0 [‡]
FEV1/FVC (predicted)	0.85 ± 0.12	0.81 ± 0.14	0.90 ± 0.10	0.72 ± 0.11 [§]
Inflammation				
Airway measures				
FeNO (ppm)**	20 (12,35)	20 (11,29)	18 (10,27)	28 (19,40) [‡]
Sputum eosinophil count (%) ^{††}	0.7 (0.2,3.5)	0.6 (0,4.5)	0.2 (0,0.9)	7.3 (1.5,21.4) [§]
Sputum neutrophil count (%) ^{††}	59 (33,77)	66 (42,83)	62 (37,83)	47 (31,70)
Blood measures ^{‡‡}				
Blood eosinophil count (x10 ⁶ /L)	284 ± 202	338 ± 347	209 ± 153	459 ± 349 [§]
Blood neutrophil count (x10 ⁶ /L)	4278 ± 2541	4450 ± 2258	4569 ± 2951	4134 ± 1592
Total IgE (IU/mL)	138 (46,306)	129 (35,406)	125 (32,482)	181 (79,363)
Sputum cell gene expression				
IL-4	15 (13, 17)	15 (12, 17)	15 (14, 17)	17 (15, 18)
IL-5	18 (16, 21)	18 (17, 20)	17 (15, 19)	20 (18, 22) [‡]
IL-13	20 (17, 21)	20 (18, 21)	19 (17, 21)	22 (20, 22) [†]
IL-17	18 (18,20)	19 (17,20)	18 (17,20)	18 (17,19)
MUC5AC/MUC5B	0.99 (0.9,1.1)	0.99 (0.9,1.1)	0.95 (0.86,1)	1.1 (1.0,1.2) [‡]
CT Findings				
Bronchiectasis on CT - no. (%)	15 (18.8)	9 (22.0)	7 (11.5)	11 (27.5)

Data reported as mean ± standard deviation or median (interquartile range).

* Questionnaire data for chronic bronchitis are available for 121 patients (see supplementary appendix)

† $p < 0.05$ for comparison between absent and present or zero and high groups

‡ $p < 0.01$ for comparison between absent and present or zero and high groups

§ $p < 0.001$ for comparison between absent and present or zero and high groups

|| Pre bronchodilator

¶ Exacerbations defined as taking a short course of oral corticosteroids for asthma (min. 3 days) in the last year

** Fraction of nitric oxide in exhaled breath (FeNO) was not measured in 4 subjects.

†† Sputum cell counts were not available in 26 subjects due to ineligibility for sputum induction or because the induced sputum not meet quality metrics.

‡‡ Blood measurements were not available for 1 subject

Table S6. CT parameters: Total Lung Capacity (TLC) protocol

Scanner Model	SIEMENS Definition (AS Plus) 128 slice	SIEMENS Definition (DS) 64 slice	SIEMENS Sensation 64 slice	GE VCT 64 slice/ Discovery STE	GE Discovery CT 750HD 64 slice	PHILIPS Brilliance 64 slice
Scan Type	Spiral	Spiral Single Source	Spiral	Helical	Helical - Standard	Spiral Helix
Scan FOV	No selection	No Selection	No selection	Large	Large	No selection
Rotation Time (s)	0.5	0.5	0.5	0.5	0.5	0.5
Det. Configuration	128x0.6	64x0.6	64x0.6	64x0.625	64x0.625	64 x 0.625
Pitch	1.0	1.0	1.0	0.984	0.984	0.923
kVp	120	120	120	120	120	120
Effective mAs	S-90 M-110 L-165	S-85 M-105 L-150	S-80 M-100 L-145	S-145 M-180 L-270	S-145 M-180 L-270	S-105 M-130 L-190
Dose modulation	Care Dose OFF	Care Dose OFF	Care Dose OFF	Auto mA OFF	Auto mA OFF	Dose Right (ACS) OFF
Std. Algorithm	B35	B35	B35	Standard	Standard	B
Lung Algorithm	B30	B31	None	Detail	Detail	YB
Additional Image filters	No Selection	No Selection	No Selection	No Selection	IQ Enhance OFF	Adaptive Filtering OFF
Thickness (mm)	0.75	0.75	0.75	0.625	0.625	0.67
Interval (mm)	0.5	0.5	0.5	0.5	0.5	0.5
Iterative reconstruction	IRIS OFF	IRIS OFF	No Selection	ASIR OFF	ASIR OFF	iDOSE OFF
Scan Time (Sec) 30cm length	<10	<10	<10	<10	<10	<10
Recon Mode	N/A	N/A	N/A	Plus	Plus	N/A
Smart mA	N/A	N/A	N/A	OFF	OFF	N/A

* Effective mAs: Siemens = Eff. mAs, GE = mA setting, Philips = mAs. S= small, M= medium, and L= large. BMI categories as defined in Table S7.

Table S7. CTDIvol as a function of BMI		
Body Size	BMI Range	CTDIvol (mGy)
Small	15 to 19	11.4
Medium	20 to 30	7.6
Large	>30	6.1

Table S8. Gene Primers and Probes

Gene Primers	Sequence
PPIA-outer forward	ATGAGAACTTCATCCTAAAGCATACG
PPIA-outer reverse	TTGGCAGTGCAGATGAAAAACT
PPIA-inner forward	ACGGGTCCTGGCATCTTGT
PPIA-probe	ATGGCAAATGCTGGACCCAACACA
PPIA-inner reverse	GCAGATGAAAAACTGGGAACCA
GAPDH-outer forward	CAATGACCCCTTCATTGACCTC
GAPDH-outer reverse	CTCGCTCCTGGAAGATGGTGAT
GAPDH-inner forward	GATTCCACCCATGGCAAATTC
GAPDH-probe	CGTTCTCAGCCTTGACGGTGCCA
GAPDH-inner reverse	GGGATTTCCATTGATGACAAGC
YWHAZ-outer forward	CTTCTGTCTTGTACCAACCATTC
YWHAZ-outer reverse	CAACTAAGGAGAGATTTGCTGCAG
YWHAZ-inner forward	TGGAAAAAGGCCGCATGAT
YWHAZ-probe	TGGCTCCACTCAGTGTCTAAGGCACCCT
YWHAZ-inner reverse	TCTGTGGGATGCAAGCAAAG
PSMB2-outer forward	CCATATCATGTGAACCTCCTCCT
PSMB2-outer reverse	GTCGAGGATACTGAGAGTCAGGAA
PSMB2-inner forward	TCCTCCTGGCTGGCTATGAT
PSMB2-probe	ACAGCGCTGGCCCTTCATGCTC
PSMB2-inner reverse	GGCTGCCAGGTAGTCCATGT
IL4-outer forward	GGGTCTCACCTCCCAACTGC
IL4-outer reverse	TGTCTGTTACGGTCAACTCGGT
IL4-inner forward	GCTTCCCCCTCTGTTCTTCT
IL4-probe	TCCACGGACACAAGTGCGATATCACC
IL4-inner reverse	GCTCTGTGAGGCTGTTCAAAGTT
IL5-outer forward	GCCATGAGGATGCTTCTGCA
IL5-outer reverse	GAATCCTCAGAGTCTCATTGGCTATC
IL5-inner forward	AGCTGCCTACGTGTATGCCA
IL5-probe	CCCCACAGAAATTCACAAAGTGCA
IL5-inner reverse	GTGCCAAGGTCTCTTTACCA
IL13-outer forward	CAACCTGACAGCTGGCATGT
IL13-outer reverse	CCTTGTGCGGGCAGAATC
IL13-inner forward	GCCCTGGAATCCCTGATCA
IL13-probe	TCGATGGCACTGCAGCCTGACA
IL13-inner reverse	GCTCAGCATCCTCTGGGTCTT
IL17-outer forward	ACTGCTACTGCTGCTGAGCCT
IL17-outer reverse	GGTGAGGTGGATCGGTTGTAGT
IL17-inner forward	CAATCCCACGAAATCCAGGA
IL17-probe	CCCAAATTCTGAGGACAAGAACTTCCCC
IL17-inner reverse	TTCAGGTTGACCATCACAGTCC
MUC5B-outer forward	TACATCTTGGCCCAGGACTACTGT
MUC5B-outer reverse	AGGATCAGCTCGTAGCTCTCCAC
MUC5B-inner forward	CATCGTCACCGAGAACATCC
MUC5B-probe	CTGTGGGACCACCGGCACCAC
MUC5B- inner reverse	AAGAGCTTGATGGCCTTGGA
MUC5AC-outer forward	TGTGGCGGGAAAGACAGC
MUC5AC-outer reverse	CCTTCCCATGGCTTAGCTTCAGC
MUC5AC-inner forward	CGTGTTGTCACCGAGAACGT
MUC5AC-probe	CTGCGGCACCACAGGGACCA
MUC5AC- inner reverse	ATCTTGATGGCCTTGAGCA

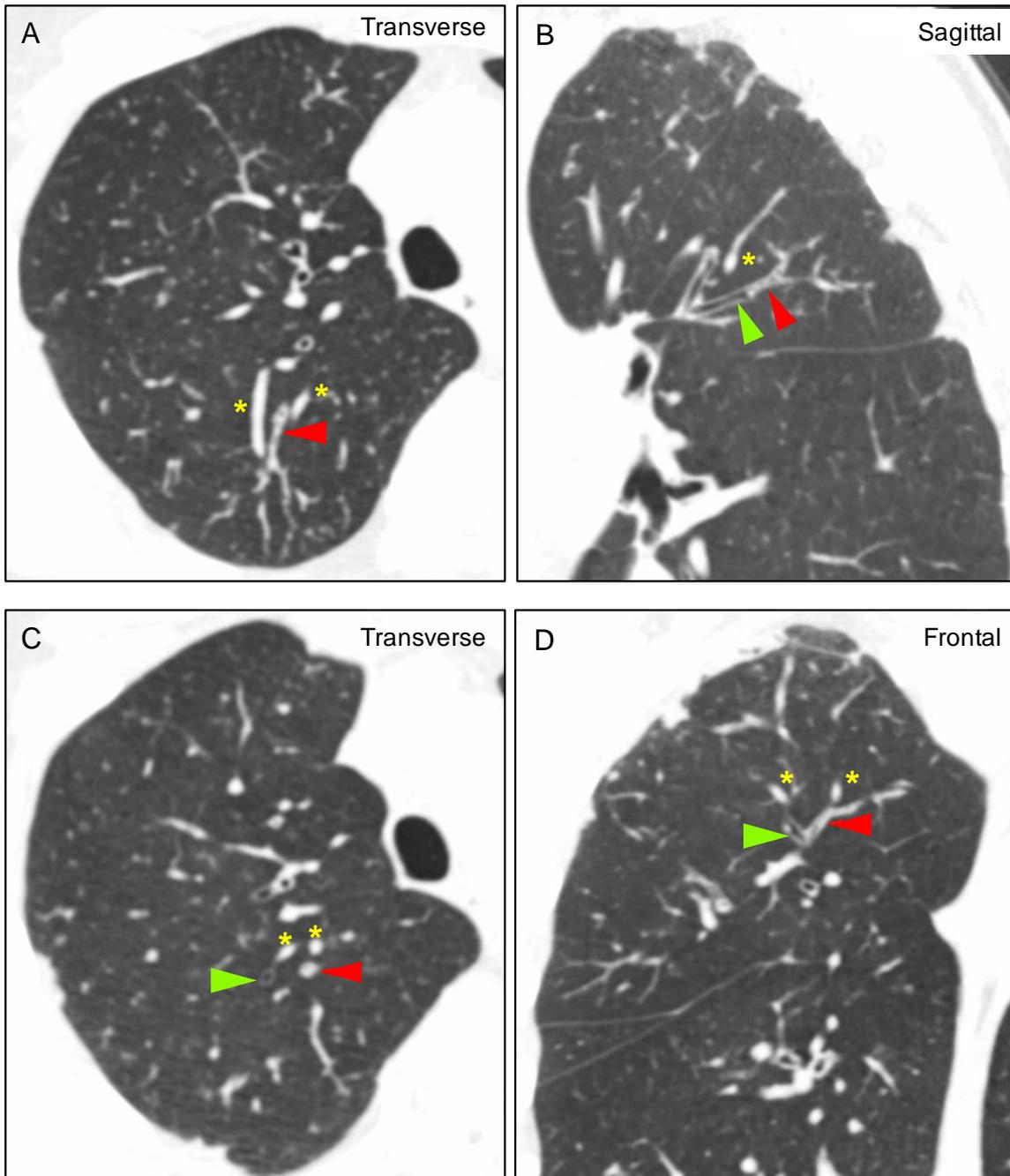


Figure S1. Examples of mucus plugs shown in different planes on MDCT.

(A) Transverse plane: Intraluminal mucus plug (red arrow) in longitudinal section on transverse plane. The accompanying bronchopulmonary vessels are indicated with yellow asterisks. **(B)**

Sagittal plane: The mucus plug in (A) is now seen on the sagittal plane (red arrow) with patent

airway lumen (green arrow) visible proximally. **(C) Transverse plane:** Intraluminal mucus plug in cross section appears as a rounded opacification (red arrow) on transverse plane. Adjacent patent

airway (green arrow) and bronchopulmonary vessels (yellow asterisks) are also shown. **(D) Frontal plane:** The plugged airway in (C) is now seen in longitudinal section as a tubular opacification (red arrow), and a patent airway (green arrow) is seen branching off proximally.

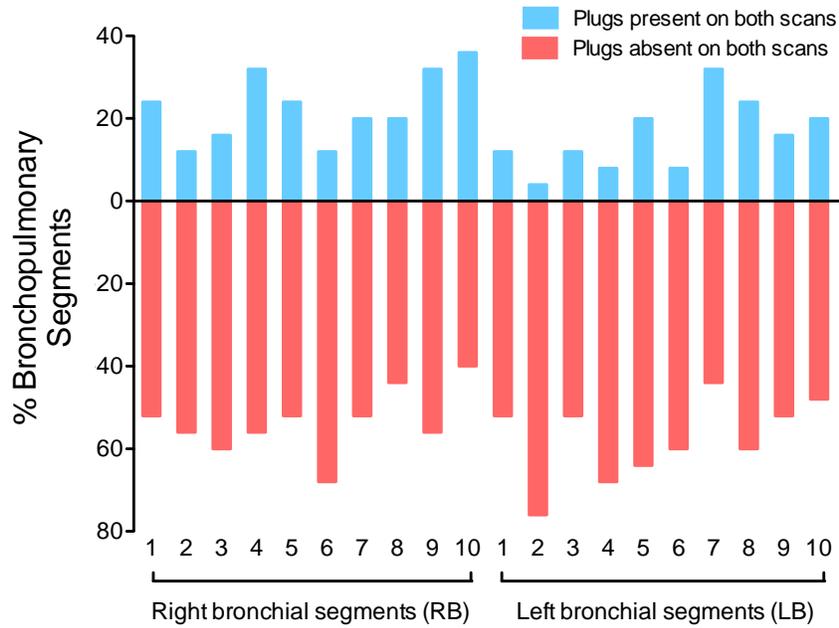


Figure S2. Persistence of mucus phenotype by bronchopulmonary segment.

Persistent presence or absence of mucus plugs from first to second scan, while very variable, were seen with similar frequency across all bronchopulmonary segments. There was no apical or basal pattern of involvement.

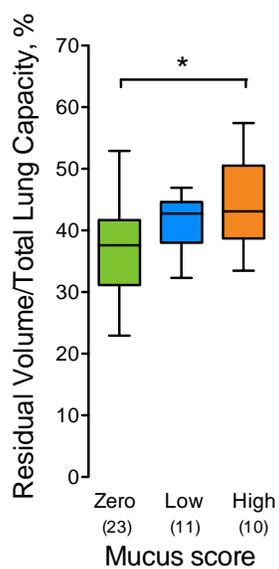


Figure S3. Mucus plugging is associated with air-trapping.

The RV/TLC % was higher in patients with a high-mucus score than patients with a zero-mucus score. Data was performed by body plethysmography and represents post-bronchodilator values. * indicates $p < 0.05$.

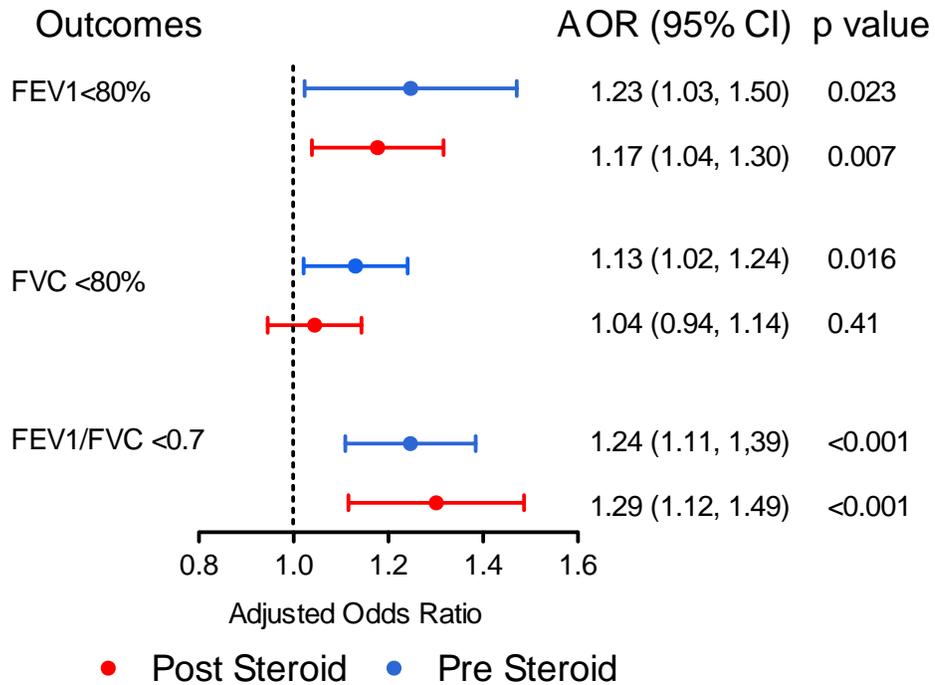


Figure S4. Logistic regression of the effects of mucus score on lung function

Forrest plot of the association between mucus plugging and lung function outcomes in asthma. Associations were derived from multivariable logistic regression models. Shown in the figure are the adjusted odds ratios (aOR) for subjects having FEV1 <80%, FVC <80% and FEV1/FVC <0.07, predicted by the mucus score (ranging 0-20). Age, gender, and wall thickness (surrogate for airway remodeling) were included in the model as covariates.

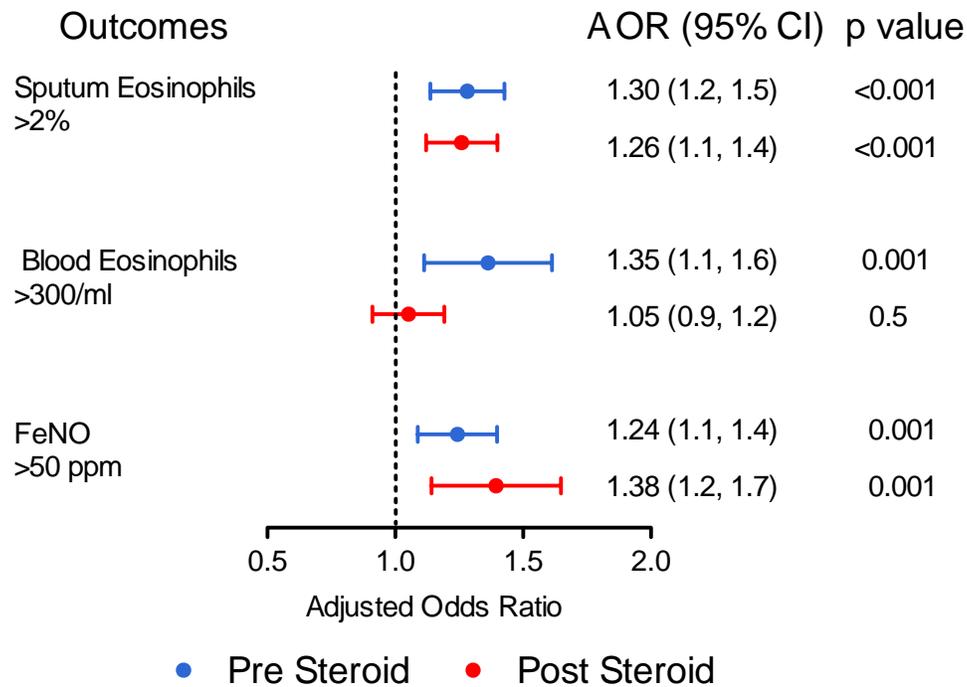


Figure S5. Logistic regression of mucus score on markers of type 2 inflammation. Forrest plot of the association between mucus plugging and markers of type 2 inflammation before and after steroid treatment in subjects with asthma. Associations were derived from multivariable logistic regression models. Shown in the figure are the adjusted odds ratios (aOR) for subjects having sputum eosinophilia (>2%), blood eosinophilia (>300/mL) or high FeNO (>50ppm), predicted by the mucus score (ranging 0-20). Age and gender were included in the model as covariates. Analyses were confined to subjects that had paired pre and post steroid data. Sputum eosinophil% = 90 subjects, Blood eosinophils = 73 subjects, FeNO=136 subjects.

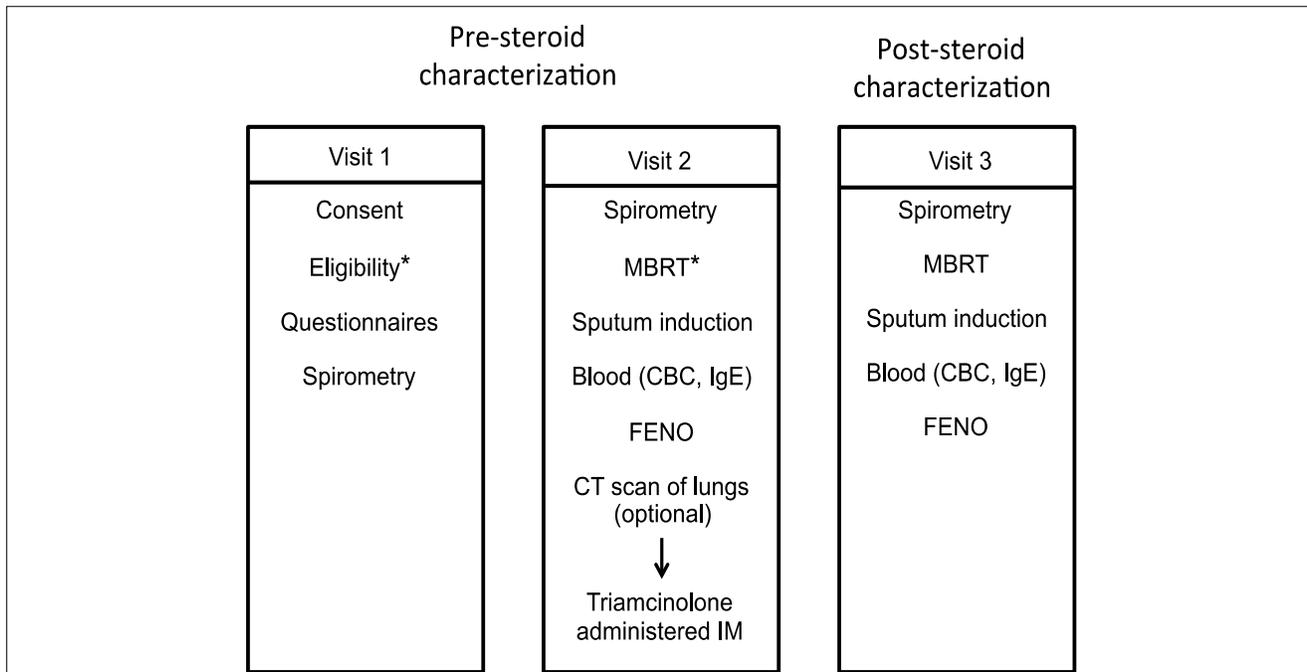


Figure S6. Visit procedures for patient characterization at baseline in SARP. Eligibility was determined by maximum bronchodilator reversibility test (MBRT) or methacholine challenge on visit 1. If MBRT was performed more than 6 weeks before visit 2 it was repeated at visit 2. Visit 3 was 18 ± 3 days after visit 2.

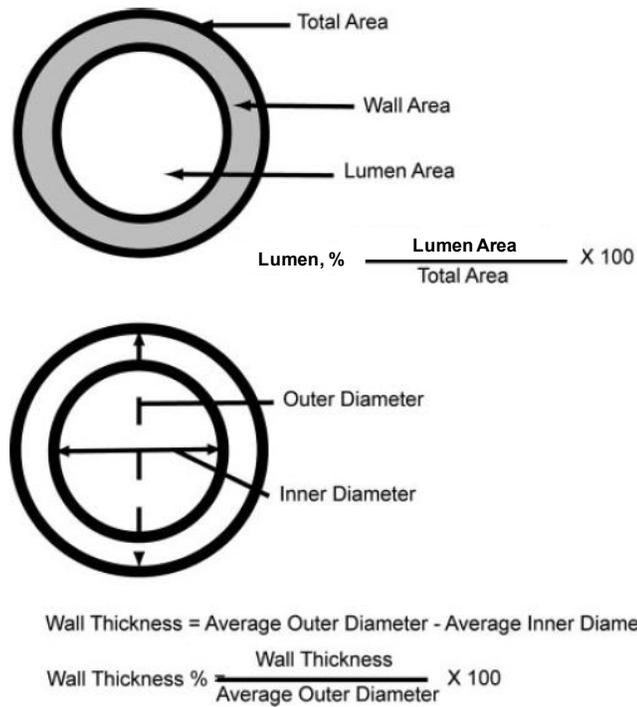


Figure S7. Airway measures by MDCT scan. The specific MDCT scan measurements used included airway wall thickness (WT), percentage of WT (WT%), luminal area (LA) and percentage of LA (LA%).

CT Case Report Form

Please complete the survey below.

Thank you!

Survey Start Date/Time

  M-D-Y H:M:S

Patient ID: (*NOTE)

*SARP 3: enter 8 digit ID e.g. 80-841-005. SARP 1/2: enter 5 digit ID e.g. 0643P

CT date

  M-D-Y

RIGHT UPPER LOBE segments

	Mucus plugs absent	Mucus plug(s) present	
Apical	<input type="radio"/>	<input type="radio"/>	<input type="button" value="reset"/>
Posterior	<input type="radio"/>	<input type="radio"/>	<input type="button" value="reset"/>
Anterior	<input type="radio"/>	<input type="radio"/>	<input type="button" value="reset"/>
Bronchiectasis	<input type="radio"/> Absent <input type="radio"/> Present		<input type="button" value="reset"/>
	Bronchoarterial ratio >1.5		
Comments	<input type="text"/>		

Figure S8. Modified web-based data capture tool used for longitudinal measurements in a subset of the SARP cohort with repeat MDCT scans. The figure shows a screen capture of the web based survey form that was modified from the original data capture tool to measure mucus plugging at a segmental level for comparison within the same patient over time. The same scoring criteria were displayed at the top of the form and the radiologists entered the data into the data fields as shown here. The data capture shown here is for each segment of right upper lobe – additional fields were available in the tool for the segments in other lung lobes.

3. SUPPLEMENTAL VIDEO

Video S1: CT scan demonstrating mucus plugs in relation to anatomical features in the right upper lobe. A patent sub segmental airway and 2 adjacent segmental bronchopulmonary vessels are labelled. Over sequential HRCT slices, airways that have patent lumens proximally (indicated by green arrow heads) are seen to transition into opacified airway lumens (red arrow). These opacified lumens meet the criteria for mucus plugs in the scoring system.

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SUPPLEMENTAL ACKNOWLEDGEMENTS

A. Severe Asthma Research Program (SARP): We thank the investigators and coordinators in the SARP (Table) who contributed to this manuscript by recruiting and characterizing participants, collecting biospecimens, developing systems for lung imaging and analysis, and coordinating data collection and analysis.

Table: NHLBI Severe Asthma Research Program

(i). SARP Data Coordinating Center	
Pennsylvania State University, Hershey, PA.	Brenda Phillips and David Mauger.
(ii). SARP Clinical Centers	
University of California San Francisco, San Francisco, CA.	John Fahy, Eleanor Dunican, Michael Peters, Erin Gordon, Prescott Woodruff, Kelly Wong McGrath, Jennifer Soh, Alexandra Perri, Nathalie Y, Gina Evans Young, Andrew Manies and Sheena Kerr.
Kaiser Permanente Division of Research, Oakland, CA.	Carlos Iribarren and Gabriella Sanchez.
Brigham and Women's Hospital and Harvard Medical School, Boston, MA.	Elliott Israel, Bruce Levy, Juan Carlos Cardet, Nawal Ali, Carrie Nettles, and Gabriela Sauza.
University of Pittsburgh, Pittsburgh, PA.	Sally Wenzel, Merritt Fajt, Anne Marie Irani, Joseph Leader, Louise Martin, and Jenelle Mock.
Washington University, St Louis, MI.	Mario Castro, Rebecca Schutz, Rachel Weaver, Alicia Cross, Michael Harrod, Jim Kozlowski, and Bori Oginni.
Cleveland Clinic, Cleveland, Ohio.	Serpil Erzurum, Benjamin Gaston, Elise Baldarelli, Marybeth Boyle, and Michelle Koo.
Wake Forest University, Winston-Salem, NC.	Eugene Bleecker, Deborah Meyers, Regina Smith, Annette Hastie, and Wendy Moore.
University of Wisconsin, Madison, WI.	Nizar Jarjour, Ron Sorkness, Loren Denlinger, Mark Schiebler, Sean Fain, Holly Eversoll, Jan Yakey, Evelyne Falbene, Maranda Hyde and Michele Wolf.
(iii). SARP Imaging Core	
University of Iowa, Iowa, IA.	Eric Hoffmann, Mark J. Escher, Jered P. Sieren and Ching-Long Lin.
(iv). SARP Imaging Working Group	
University of Iowa, Iowa, IA.	Eric Hoffman and Ching-Long Lin.
Washington University, St Louis, MI.	Mario Castro and David Gierada.
University of Wisconsin, Madison, WI	Nizar Jarjour, Mark Schiebler and Sean Fain.
University of Pittsburgh, Pittsburgh, PA.	Merritt Fajt.
Brigham and Women's Hospital and Harvard Medical School, Boston, MA.	George Washko.
Cleveland Clinic, Cleveland, Ohio.	Jason Lempel.
University of California San Francisco, San Francisco, CA.	Eleanor Dunican, John Fahy.
(v). SARP CT Mucus Score Development Group	
University of California, San Francisco, San Francisco, CA.	Eleanor Dunican, Brett Elicker, and John Fahy.
University of Wisconsin, Madison, Madison, WI.	Mark Schiebler, Scott Nagle.
Washington University, St Louis, MO.	David Gierada.
University of Iowa, Iowa, IA.	John Newell.

B. Financial Support: This work was supported by the following grants from the National Institutes of Health: P01 HL107201, R01 HL080414, U10 HL109146, U10 HL109164, U10 HL109172, U10 HL109086, U10 HL109250, U10 HL109168, U10 HL109257, U10 HL109152, P01 HL107202, UL1TR0000427, UL1TR000448 and KL2TR000428.

C. Other Acknowledgements:

- We thank Michael Kohn, M.D., M.P.P., John Boscardin, Ph.D., Homer Boushey, M.D., Stephen Lazarus, M.D., Nirav Bhakta, M.D., Ph.D. and Stephanie Christenson, M.D., M.A.S., all at UCSF, for their helpful discussions about study design and data interpretations.
- We thank all of the volunteers who participated in the severe asthma research program.

STROBE Statement—Checklist of items that should be included in reports of *cohort studies*

	Item No	Recommendation	
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract (b) Provide in the abstract an informative and balanced summary of what was done and what was found	✓ ✓
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	✓
Objectives	3	State specific objectives, including any prespecified hypotheses	✓
Methods			
Study design	4	Present key elements of study design early in the paper	✓
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	✓
Participants	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up (b) For matched studies, give matching criteria and number of exposed and unexposed	✓
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	✓
Data sources/ measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group	✓
Bias	9	Describe any efforts to address potential sources of bias	✓
Study size	10	Explain how the study size was arrived at	✓
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	✓
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding (b) Describe any methods used to examine subgroups and interactions (c) Explain how missing data were addressed (d) If applicable, explain how loss to follow-up was addressed (e) Describe any sensitivity analyses	✓ ✓ ✓ ✓
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed (b) Give reasons for non-participation at each stage (c) Consider use of a flow diagram	✓ ✓
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders (b) Indicate number of participants with missing data for each variable of interest (c) Summarise follow-up time (eg, average and total amount)	✓ ✓ ✓
Outcome data	15*	Report numbers of outcome events or summary measures over time	✓
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included (b) Report category boundaries when continuous variables were categorized (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	✓ ✓

Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	✓
Discussion			
Key results	18	Summarise key results with reference to study objectives	✓
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	✓
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	✓
Generalisability	21	Discuss the generalisability (external validity) of the study results	✓
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	✓

*Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at <http://www.strobe-statement.org>.